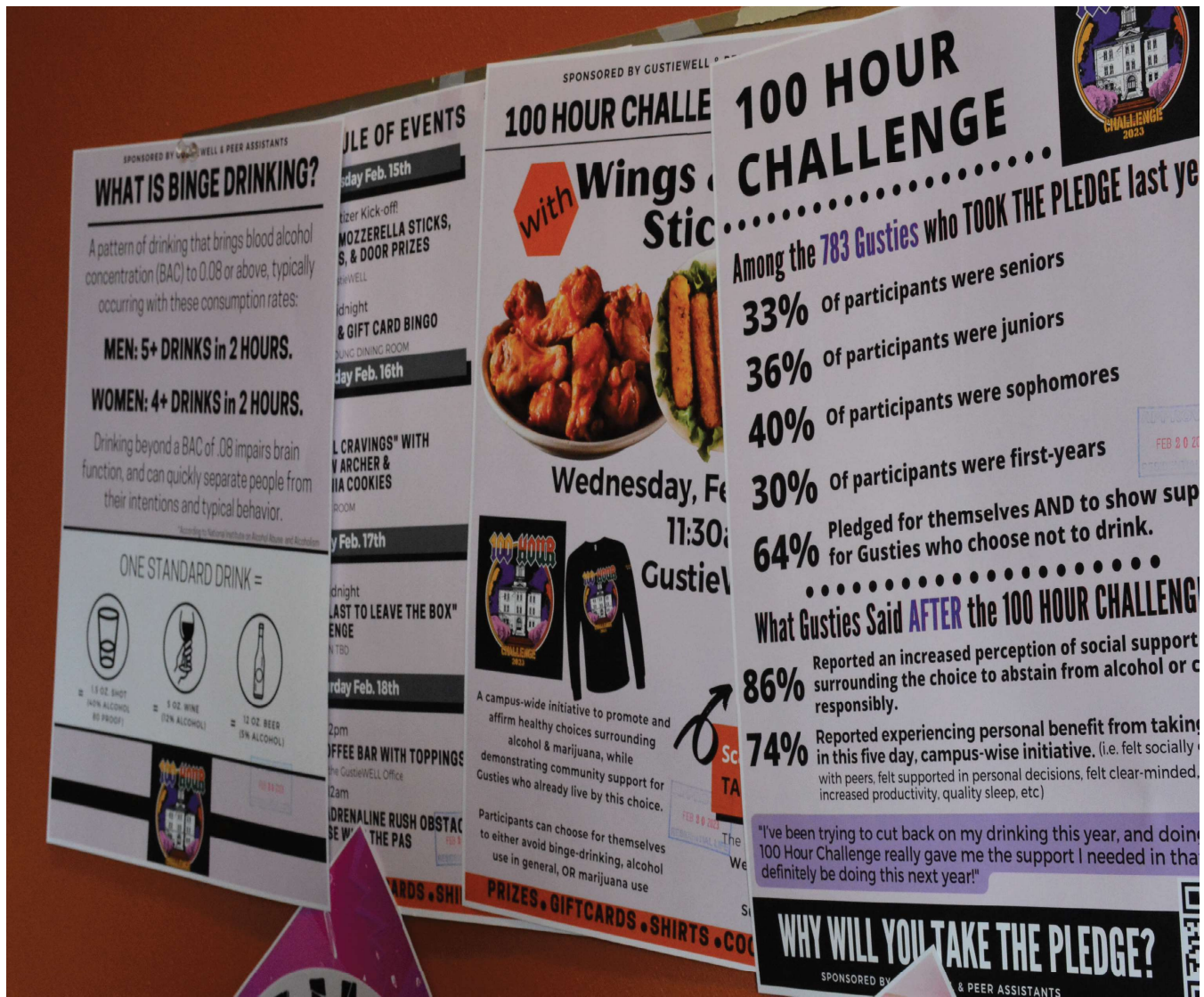




PAAs Kick Off 100 Hour Challenge



100 Hour Challenge signs

Parker Tewes

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Published weekly on Fridays, except during academic breaks, by the students of Gustavus Adolphus College. Subscriptions are available from THE GUSTAVIAN WEEKLY for \$50 per year.

Opinions expressed here are not necessarily those of the institution or of its student body. The editors assume full responsibility for editorial and unsigned material.

Letters to the Editor can be sent to lettertotheeditor@gustavus.edu.

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Events Calendar

Last to Leave the Box Challenge
 February 17 6:00 p.m. - Midnight
 Alumni Hall

90's Kickback
 February 17 8:00-11:00 p.m.
 Center for Inclusive Excellence

PA Open House
 February 20 6:30-8:00 p.m.
 GustieWELL

Gustie Greeter Open House
 February 20 7:00 - 9:00 p.m.
 Gustie Den

**Thomas Jefferson: Apostle of Liberty or
 Father of American Racism?**
 February 20 7:00 - 8:00 p.m.
 Alumni Hall

SWANK Movie Night
 February 24 8:00 - 11:00 p.m.
 Courtyard Cafe

Daily Sabbath Calendar

Academic Convocation:
 Tuesdays (Christ Chapel)
 10 - 10:20

Morning Praise:
 Wednesdays (Christ Chapel)
 10 - 10:20

Holy Communion:
 Thursdays (Christ Chapel)
 10 - 10:20

Musical Showcase:
 Fridays (Christ Chapel)
 10 - 10:20

Sunday Worship Community:
 Sundays (Christ Chapel)

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email gkearney@gustavus.edu

Campus Safety Report

Thursday, January 12, 2023

- On Thursday, January 12, 2023, a facilities worker called to report that they damaged a student's bicycle while removing snow by the Southwest parking Lot (H).

Thursday, January 19, 2023

- On Thursday, January 19, 2023, Campus Safety came upon 4 vehicles driving recklessly in Stadium Lot (F).

Sunday, January 22, 2023

- On Sunday, January 22, 2023, a non-Gustavus student was taken into custody by the SPPD for trying to break into a Chapel View apartment.

Saturday, February 4, 2023

- On Saturday, February 4, 2023, Campus Safety responded to a fire alarm at Sohre Hall. A student was cooking and set off the alarm.

Monday, February 6, 2023

- On Monday, February 6, 2023, a student slipped and fell on a campus sidewalk and was injured.

Tuesday, February 14, 2023

- On Tuesday, February 14, 2023, Campus Safety reported a stalking incident in Old Main.

Contact the Campus Safety office 24 hours a day at 507-933-8888.

The 100 Hour Challenge

Elliot Steeves
Staff Writer

The 100 Hour Challenge, an initiative designed to promote on-campus reduction in individual alcohol consumption and marijuana usage, kicked off once again on Wed Feb. 15.

Students who register for the initiative will either spend 100 hours away from binge drinking or abstain completely from alcohol. Similarly, they can either reduce or eliminate usage of marijuana. The challenge is described by the Gustavus Adolphus website as, “a campus-wide initiative to promote and affirm healthy choices surrounding alcohol, while demonstrating community support for Gusties who already live by this choice.”

In order to promote this year’s launch, the Peer Assistants ran a table outside the GustieWELL office from 11 a.m. to 1 p.m., serving wings and mozzarella sticks as a bonus to encourage registration.

The Peer Assistants held several other promotional events for the challenge over the course of a week. The LineUS Improv Comedy troupe made an appearance with a game of bingo in the Evelyn Young Dining Hall on Feb 15. Winners of bingo were given different gift cards of their choosing. Additionally, there was a digital health workshop entitled, “Digital Cravings” on Feb 16 in the Heritage Room, with Andrew Archer from Minnesota Mental Health Services presenting. On Feb 17, there was a co-planned event with the Campus Activities Board entitled “Last To Leave The

Box.” Finally, a Make Your Own Coffee Bar is planned for Saturday, Feb 18, outside the GustieWell which will be followed by an open inflatable obstacle course in the Lund Center.

“It’s affirming to know that there are lots of students who look forward to the 100 Hour Challenge,” Junior Jacob Duncan said. Duncan has been a Peer Assistant since 2021. “[We] get a few hundred participants each year consistently,” he said.

The challenge has found many results from students seeking to lower their alcohol usage. As noted on one of the event’s many informational posters, 86 percent of the 783 undergraduate students who took the pledge reported an “increased perception of support,” for students who do not drink, and 74 percent reported “personal benefits,” from the decision not to drink over the duration of the 100 hours. Of further note was the diverse array of students that took last year’s pledge; with 30 percent of participants being First-years, 40 percent Sophomores, 36 percent Juniors, and 33 percent Seniors.

Duncan believes that the choice students have of how much to abstain from either alcohol or marijuana is a key to the program’s success. “There are people ranging from abstaining completely, to people who choose to just stop binge drinking. There is a wide range of what people can choose to do,” Duncan said.

For Duncan, another part of the success of the challenge was how students could take their own initiative. “It’s zero pressure, it gives students full control over how they want to go

about it, and how they want to define it,” Duncan said.

The Gustavus Peer Assistants (in a post on Instagram promoting the challenge) discussed binge drinking and its effects on students. They wrote that binge drinking is defined as any level of alcohol consumption that elevates blood alcohol content above .08 in under two hours. This normally consists of five drinks in two hours for those born male and four drinks in the same time frame for those born female.

A pair of informational posters in Jackson Campus center detailed the negative effects of smoking marijuana on student academics. Some key information from the posters is that marijuana directly affects several areas of the brain responsible for functions such as memory, learning, and coordination. Additionally, it noted that 62 percent of Gusties have

never used marijuana.

Meghan Rhuble, the Interim Director of Wellness Education, commented that while improvements have been made in terms of on-campus health around alcohol and marijuana, it is still a real problem.

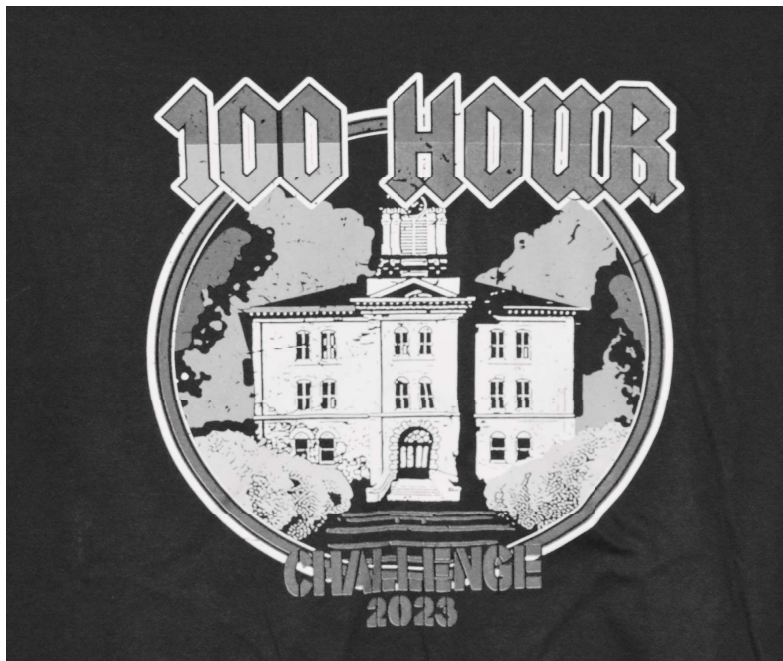
“Since the pandemic, and maybe the year before... there has been a real shift,” Rhuble said. “My first couple of weeks here, every weekend we were spending time with someone in the campus safety office... that does not happen much anymore. I do not want to minimize it, it still happens.”

Rhuble also had access to the official results breakdown from the 2022 challenge. In addition to much of the information that went up on the posters from the Peer Assistants, there were many quotes from students who participated, all of whom had glowing feedback. “I felt less inclined to drink

because my peers were not. Also, I had better sleep because I wasn’t woken up by drunk yelling students outside,” one student said.

So, does the data indicate that the 100 Hour Challenge helped increase healthy usage of alcohol and marijuana on campus? “The answer is yes,” Rhuble said. All of the data on the official results breakdown confirmed this, and was the same as the data featured on the posters.

On their website page, the GustieWELL describes the Peer Assistants as an, “elite group of student leaders... dedicated to promoting a culture of well being by providing quality wellness education and resources that support and enhance the lifestyles of our students.” This elite group of leaders looks forward to once again piloting Gustavus students through another successful 100 Hour Challenge this February.



2023 100 Hour Challenge Shirt

Letter from the Editor

Grace Kearney
Editor-in-Chief

Welcome back to the Hill, Gusties! As spring semester gets underway, we at the Weekly would like to offer all of you, our readers, good luck on this new semester- for some of you, your last before graduating and moving on to the next stage of your lives.

My name is Grace Kearney, and I am the new Editor-in-Chief here at the Gustavian Weekly. Unlike many of our past Editors-in-Chief, I am not an English major, or anything in that realm. While this fact may give pause to some, I choose to see it

as demonstrative of how much I love and care about being with the Weekly. I believe this passion is what will drive the Weekly to new heights, even as other newspapers around us die.

We all know print mediums, particularly newspapers, are fading quickly in our new era of fast-paced electronic communication. Yet for those of us here at the Gustavian Weekly, nothing will compare to the joys of seeing our work in paper, the trials of Wednesday nights and the spinning rain-bow wheel of death, the rewards of seeing empty newspaper stands, issues in the hands of enthusiastic students and parents.

The Weekly strives to not only inform our community of the goings-on around campus but to reflect and celebrate the voices of everyone in the Gustavus community, no matter who you are or what your views may be. Everyone is encouraged to write, to voice their opinions, to make themselves heard. We welcome and encourage guest writers. Anyone who wants to be featured in the Weekly is more than welcome to email us, and if you don't think you can write, you can send in ideas for stories, movies to review, Gustie of the Week, new sections we should introduce, and anything else

your wonderful minds can think of. The Weekly is a publication free from censorship and meant not for pushing an agenda, but for sharing the stories and ideas of everyone in the Gustavus community. Yes, sometimes this includes stories some of us may not want to hear, but it is our duty to bring the most important events and stories on campus to light and combat misinformation.

The Gustavian Weekly is dedicated to open collaboration and communication between every member of our community.

Just as Yale Professor of History Timothy Snyder comments on the

importance of reading and being informed, "Believe in truth. To abandon facts is to abandon freedom. If nothing is true, then no one can criticize power, because there is no basis upon which to do so. If nothing is true, then all is spectacle."

We thank you, our readers, for supporting us in our mission to create an inclusive community and a pathway for everyone to make their voices heard.



The Gustavian Weekly office

Submitted

A new exhibit featured at the Hillstrom Museum of Art

Emma Kelsey
Staff Writer

This week, two concurrent, unique art exhibits opened at the Hillstrom Museum of Art here on campus. The works will be on display from Feb 13 through Apr 23. One is called *Improvised Structures: Recent Sculptural Works* by Nicolas Darcourt, and the other: Elizabeth Catlett in the Hillstrom Museum of Art.

Nicolas Darcourt is a faculty member here at Gustavus, having taught ceramics in the Art and Art History Department since 2012, and serving as the studio and visual arts programs manager for the department. In the brochure for his exhibit, readers can learn more about Darcourt's unique background and discovery of his love for art, specifically clay and ceramics.

"Darcourt's ceramic works use press-molded objects and hand-built shapes to focus on a mix of architectural ornament, exposed layers of earth, engineered forms, monument, and manufactured byproduct. These



Darcourt answers questions about his work.

Submitted.

coalesce into accumulations that express abstract notions of the confluence of memory, geography, and society," the publicity

statement for this exhibit says.

"Darcourt's ceramic works use press-molded objects and hand-built shapes to focus on a mix of architectural ornament, exposed layers of earth, engineered forms, monument, and manufactured byproduct..."

The *Improvised Structures* works are all from 2020 or later and include wall reliefs, three-dimensional tableaux, and garniture sets, all on display. Most of the works are also available for purchase, directly from the artist.

The Elizabeth Catlett in the Hillstrom Museum of Art exhibit considers the African American artist Catlett (1915-2012) through the works recently acquired by the Hillstrom Museum of Art and through new works of poetry by exhibition collaborator Professor Philip S. Bryant, a faculty member in the African/African Diaspora Studies Program and the English Department at Gustavus.

According to the publicity statement, one of Catlett's works, a color linocut entitled *I Am the Black Woman* (1946-

1947) is featured in the exhibit. "In some ways the image is emblematic of the artist, considered by many to be the most significant Black female artist of her period. The early years of her long career were spent in the US until she moved to Mexico in 1946, where she lived the rest of her life. Catlett took her own culture as an African American woman as her primary subject matter, adding to it her adopted Mexican culture when she moved there, married Mexican artist Francisco Mora (1922-2002) and raised a family with him," the publicity statement says about the exhibit.

"In some ways the image is emblematic of the artist, considered by many to be the most significant Black female artist of her period..."

Visitors can now see the incredible work of this influential artist right here on campus.

"Catlett's artworks and Bryant's poetry are supplemented by paintings by Catlett's contemporaries, African American artists Jacob Lawrence (1917-2000) and Eldzier Cortor (1916-2015), lent by the Art Bridges Foundation,"

the publicity statement says.

"Catlett's artworks and Bryant's poetry are supplemented by paintings by Catlett's contemporaries, African American artists Jacob Lawrence (1917-2000) and Eldzier Cortor (1916-2015)..."

Art Bridges is the vision of Alice Walton, a philanthropist and arts patron, who founded the renowned Crystal Bridges Museum of American Art. The mission of the foundation is to expand access to American art in all regions across the United States. "It has also supplied a generous grant to produce a brochure for the exhibit, to support outreach for the exhibition, and to support the visit to campus by Catlett scholar Melanie Herzog, who will present a lecture titled *Elizabeth Catlett: Kinship*."

Herzog's lecture will be presented along with a reading of poetry by Philip S. Bryant in a program on Sunday, Feb 26, 4:00-5:30 p.m. in the Wallenberg Auditorium.



Students look at Darcourt's work.

Submitted

GUSTIE of the WEEK

Austin Adler



Austin Adler works in the woodshop.

Soren Sackreiter

Kaitlyn Doolittle
Staff Writer

As most Gusties are aware, our initial plans for the future tend to switch once we arrive at The Hill. Some change throughout their career while others, like Austin Adler '23, combine their childhood dreams with their newfound passions to create a bright new duality.

From performing on the stage to working behind the scenes, Adler proves that success in the theater is limitless.

In his home town of Plymouth, Minnesota, Adler quickly found his love for the performing arts. "I have been very interested in theater since [middle school] and knew that it was what I wanted to do with my life since my very first production."

"I have been very interested in theater since [middle school] and knew that it was what I wanted to do with my life since my very first production."

In his pursuit, Adler turns to his loved ones for encouragement. "My family is one of my biggest supporters and are there for me when I need them. I could not have made it as far as I could have without them," Adler said.

The determination to be in the spotlight soon took a turn when Adler arrived on campus back in 2019. "I did not expect technical theater to become my main focus as I only ever performed before arriving here," Adler said. However, Adler was able to balance his newly found passion and long-term dreams of being a performer.

In this time, Adler began to explore the different areas of technical theater like carpentry, scenic design, 3D modeling, video and sound editing, all in addition to CAD (computer-aided design).

Within months of his undergraduate career, Adler had to adapt his art to a virtual platform. "Two of my years were spent with Zoom but because of how active the Theatre Department is, it forced us to get creative with our art," Adler said.

Once able to return to the theater, Adler was able to pick up where he left off in his early Gustie days; "I spent the vast majority of my time at Gustavus in the theater constantly working on either the scenic elements or my performance abilities," Adler said.

From working as a supervisor in the Theatre & Dance Scene Shop to involving himself in every Gustavus production, Adler's adoration for the stage doesn't stop there. In addition to his other roles, Adler leads as the President of the USITT Chapter (United States Institution for Technical Theatre).

The USITT is an organization dedicated to improving the skills in theater, entertainment, and the performing arts. The organization hosts an annual conference for students and individuals in the field to further develop their abilities and gives an opportunity to network with seasoned professionals.

"I am involved with USITT because the event itself is a phenomenal opportunity for any student or professional who is interested in technical theater in any way, shape or form," Adler commented.

Adler's drive within USITT is noticed and appreciated by Professors and peers alike. "Austin's time at Gustavus has been a non-stop exploration of what he can learn and apply to his next endeavor. His passion for his work has inspired many other students who see him

as a mentor and leader in our program," said Matthew Rightmire, a Professor of Technical Direction.

"Austin's time at Gustavus has been a non-stop exploration of what he can learn and apply to his next endeavor."

Away from campus, this past summer Adler had the opportunity to share his talents at one of Missouri's oldest professional regional theaters. "I worked as the Lead Carpenter for The Arrow Rock Lyceum Theatre in Missouri and it was amazing top to bottom. I worked with a close team of four other carpenters and we cranked out five full productions in three months," Adler said.

Upon reflection, Adler describes his performance evolution throughout The Last Days of Judas Iscariot along with his audio work done on The Murder Mystery Radio Play as some highlights during his time at Gustavus.

Currently Adler is working on his Theatre Honors project. The project contains in-depth creative research that culminates within a student's experience of the Theatre and Dance program. "The process is providing for some memorable moments," said Adler.

With graduation around the corner, Adler has bright plans for his future. "[I want to] work at the Guthrie Theatre, go on tour, visit Germany again, meet new people, try new experiences, and see more of the world while I can."

Based on his experiences, Adler advises students to take the necessary leap towards their dreams, even if it's a small move in the right direction. "The most important step you can take is always the next one," Adler advises.

Do you have a suggestion for a Gustavus student, professor, or staff member who could be our next Gustie of the Week?

If so, send their name, position on campus, and a short description of why you think they should be recognized to

cparamor@gustavus.edu
for a chance to be featured!

A representative from the Gustavian Weekly will be in contact with you via email if your suggestion is chosen to be featured in an issue of the paper.

Students prepare for the opening of *Spring Awakening*

Michaela Woodward
Staff Writer

Feb 23 2023, marks the opening night of the Theater & Dance department's production of *Spring Awakening*, a 2006 Broadway rock musical with music by Duncan Sheik, and book and lyrics by Steven Sater.

Director Kimberly Braun and Choreographer Jeffrey Peterson spent J-Term rehearsing and preparing for the production with a cast and crew of Gustavus students.

"It is a delight to watch the students grow as actors and fully embody these roles," Braun said.

Braun also notes that the choreography is a standout of this production.

"There is more dancing in our version! Jeffrey Peterson's choreography takes this production to the next level," Braun said.

The musical is based on German playwright Frank Wedekind's 1891 play of the same name. The story follows the coming-of-age of a group of schoolchildren as they learn and face the hard truths of the world around them.

"Spring Awakening explores coming-of-age and autonomy

through love and friendship. A heart-wrenching tale of censorship and access to healthcare, *Spring Awakening* delights the senses with gorgeous music and dancing," Via the Gustavus Ticketing page for the event.

Junior Cristina Sirbu has been involved in the Theater & Dance and Music departments in her time at Gustavus and will be playing Hanschen in this production.

"I would say *Spring Awakening* is a coming-of-age show that embodies the fact that children must be taught the true colors of the world and most especially, sexual education, otherwise they will go out and be careless of themselves without knowing the dangers of sex, abuse, loss of childhood, etc.," Sirbu said.

The complex themes were a highlight and a challenge for students involved in the production.

Sophomore Houston McLaury has been involved in past theater productions and is playing Herr Gabor in *Spring Awakening*.

"For me, the production was very long. Just, long hours over the J-Term semester where we really dug into the meat of the play and talked about the themes, and how we individually interpreted the play. All this going on while we practiced the



Rehearsals continue as the opening night comes closer.

Katie Doolittle

show or learned new dances every day. But during this time we were able to get to know each other as castmates, and bond over the work we were

putting into the production," McLaury said.

In addition to the long hours, the production has demanded openness and emotional depth.

"This play, for me, is about vulnerability. Vulnerability of not knowing, of being known by another person, and the vulnerability and fear of never being known by anyone. And you have these parental figures who are meant to nurture or ebb away at these fears, but more often than not do the exact opposite, letting their fears burst out and ruin these children's lives," McLaury said.

While the plot of the show is based in the past, First-year Theater major Caroline Butler notes that the themes are still relevant to audiences today.

"The show takes place in the 1890s, and opened on Broadway in 2006, but the topics covered in our show are still conversations we are having now. Our cast has had conversations about the material and how we are able to make these characters' stories heard and real without using our own personal pain onstage. It can be a heavy show, but I believe it is one that needs to be told," Butler said.

Despite the heavy topics, the cast and crew's bond with each other has been a source of strength and community.

"I am so grateful to have gotten to know the cast and to have been able to see what we were able to do as the month progressed. I cannot wait to

show the Gustavus community the show, and I hope they get as much out of it as we have to put the show on," McLaury said.

"The show was so fun to put together, all crew members and staff were so respectful and down to earth. We've done a lot in just a couple of weeks and I can say that we are all very excited to show everyone what we've been working on," Sirbu said.

This is a show no one will want to miss – not only to recognize the hard work of everyone involved but for the important themes and messages that the show discusses.

"In my opinion, I would say that GAC students should come to the show in order to understand why it's important to educate future generations about the world we live in. Also, who doesn't like watching a good show for free?" Sirbu said.

"This is the hottest ticket in town. The singing is dynamite and the dancing is superb. Don't wait until closing; you will want to see this more than once," Braun said.

Audiences should be aware of heavy themes such as abuse, death, and sexual assault. Please see the event page for more information. Tickets can be purchased at <https://gustavustickets.universitytickets.com/w/>

Spring Awakening runs Feb 23-24 at 8:00 p.m. and Feb 25-26 at 2:00 p.m. in Anderson Theater.



Students rehearse on stage.

Katie Doolittle