



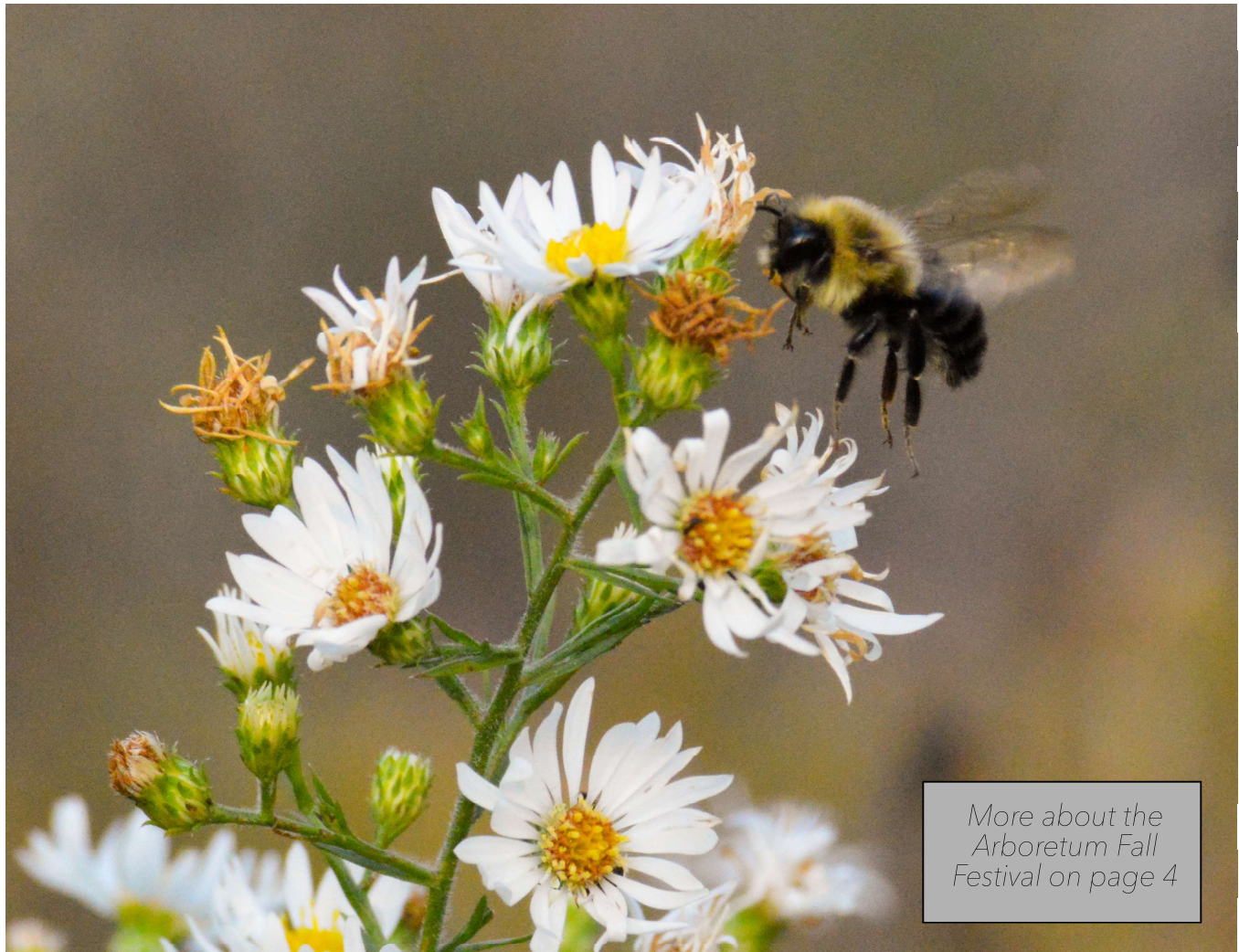
# THE GUSTAVIAN WEEKLY

ESTABLISHED 1891

SEPTEMBER 30TH, 2022

ISSUE 4

## Festival bee-falls the Arb



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# The Gustavian Weekly Staff

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## Campus Safety Report

### Friday, September 13, 2022

- On Friday, September 23, 2022, Campus Safety conducted a welfare check in Norelius Hall.

### Tuesday, September 27, 2022

- On Tuesday, September 27, 2022, Campus safety was called to Pittman Hall for suspicion of alcohol.

### Tip of the Week:

- Three-flags circle is no parking any time, even with flashers on (\$50 citation).
- Green permit parking is no parking 2am-7am, 7 days a week (\$30 citation).
- All parking in the

Stadium/Beck parking lot is No Parking 2am-7am, 7 days a week (\$30 citation).

- There are 14 red parking lots, you may have to search more than one lot to find an open parking space.
- Visitor parking is closed to students and staff at all times (\$30 citation).

- A vehicle is not registered until the permit is properly displayed on the vehicle (\$30 citation).
- Temporary Permits: hanging from the rear view mirror, with vehicle information outside

Contact the Campus Safety office 24 hours a day at 507-933-8888 with any parking related.

**WANTED**

Features Editor, Distribution Manager, and Business Manager for the Gustavian Weekly

Requirements:

- cool
- ready to have fun
- will respond to emails

Inquire by email at [cparamor@gustavus.edu](mailto:cparamor@gustavus.edu)

**REWARD: \$10.33/hr**

### Daily Sabbath Calendar

**Academic Convocation:** Tuesdays (Christ Chapel)  
10 - 10:20

**Morning Praise:** Wednesdays (Christ Chapel)  
10 - 10:20

**Holy Communion:** Thursdays (Christ Chapel)  
10 - 10:20

**Musical Showcase:** Fridays (Christ Chapel)  
10 - 10:20

**Sunday Worship Community:** Fridays (Christ Chapel)  
6:30

### CAB Calendar

**Alex Ahn the Violinist**  
Oct. 1st, 8-10 p.m.

**Window Painting Contest**  
Oct. 3rd, 6-8 p.m.

**Dodgeball Tournament**  
Oct. 5th, 6-10 p.m.

# George Ault at The Hillstrom

Colin Maiwurm  
Staff Writer

As the new semester kicks off, there have been a multitude of events taking place. Of the events, one which is currently in progress is the exhibitions at the Hillstrom Museum of Art feature works.

The museum is located right by the Bookmark in the lower floor of Jackson Center and is open annually during a certain time period only in the fall. This year it opened up on Monday, Sept. 19 and will be closing on Sunday, Nov. 6. During the three months the museum's doors are open, there is quite a bit to see and learn within its walls.

The museum features 4 exhibits that can be viewed by the public. One of these exhibits is called the FOCUS IN/ON project which consists of the works of one artist, while the other three exhibits featured are grouped together as a trio focused exhibit, combining all of the artwork from the three artists. Don Myers, the Hillstrom Museum of Art Instructor, explains that the FOCUS IN/ON project explores the

worlds of artist George Ault.

This artist's work represents the chronic mental health issues that plagued him throughout his career. Myers added that Ault suffered many traumatic incidents that continued to plague him throughout his life. Out of all of them, the most memorable and poignant for Ault was the loss of all three of his brothers and sister-in-law to suicide. Ault's own sudden death was ruled a suicide due to all the traumas he was plagued by.

*"This artist's work represents the chronic mental health issues that plagued him throughout his career."*

Myers then introduced the trio exhibit with art from Ralston Crawford, Stuart Davis, and Oscar Bluemner: "The Foundation seeks to raise awareness of immigrant contributions in the United States and to foster appreciation of the arts and sciences. The Foundation also uses its art collection as an expression of

its commitment to diverse perspectives, principally through art exhibitions," Myers said.

Two of the three artists in the triad exhibit were immigrants and communicated their experiences through art, fulfilling Gustavus' commitment to placing a spotlight on diverse perspectives. All four of these artists for the exhibits are no longer alive, yet their work is still shedding light to their causes and hardships.

Ault's work is very relevant to the campus as the 58th Nobel Conference, *Mental Health (In)Equity and Young People*, is taking place during the period of Ault's exhibition. While raising awareness about the mental health struggles of young people is very important in our present climate, Ault's work makes it apparent that people of all ages, all throughout history need mental health resources.

*"People of all ages, all throughout history need mental health resources."*

When looking into the artists

separately, each had their own unique style represented in the museum. Myers also states that the FOCUS IN/ON exhibit focuses on Ault's drawing called Lower Broadway. Within the trio's exhibit, each artist has their own section to showcase their own works. The Ralston Crawford exhibit includes three oil paintings, a lithograph, a drawing, and six photographs.

Next is the Oscar Bluemner exhibit which includes 11 drawings. The last of the trio, Stuart Davis, includes in his exhibit two paintings and a drawing. All together, there are 26 pieces of artwork from these four artists in the Hillstrom Museum of Art.

The Hillstrom "exists as an integral part of the education of Gustavus Adolphus College students, as a caretaker of the Museum's Collection and Holdings, and as a cultural presence in the local and regional community . . . To fulfill these purposes, the Museum presents owned, curated and borrowed exhibitions of both historical and contemporary significance, supplemented with a variety of educational programs such as lectures, symposia, gallery talks, readings and publications."

*"The Hillstrom 'exists as an integral part of the education of Gustavus Adolphus College students . . . as a cultural presence in the local and regional community."*

Unlike most museums, the Hillstrom Museum of Art requires no entry fee. They encourage all who have some spare time to come by and look at the art. Whether it be a brief visit to just glance at the artwork or a longer trip to become fully immersed in the artists' world's. The length of the visits is irrelevant as long as it is within the hours which are Monday through Friday, 9:00 a.m. to 4:00 p.m. and weekends, 1:00 to 5:00 p.m.

The main audience for the museum are the students on campus. While this may be the most frequent case, any member of the public is welcome to stop by and view the artwork in the museum free of charge.



Some art from the Hillstrom.

Kaitie Doolittle



# Festival Befalls the Arb

**Mel Pardock**  
Staff Writer

The Arboretum Fall Festival is a celebration held at the Arboretum on the Gustavus Adolphus College grounds yearly. This year it is taking place Saturday, Oct. 1, from 11 a.m. to 4 p.m. This Saturday is also falling on Family Weekend, allowing the family members of Gustavus students to explore the Arb and take part in the festivities.

"There will be fall-related activities, crafts, and snacks. We'll have alpacas, nature presentations, and environmental programming for all ages. There will also be an opportunity to help us with flower bulb planting to celebrate the Arb's 50th Anniversary next spring," alum and staff member Samuel Scott Mendoza said.

The Festival is also following this year's Nobel Conference, and the Arboretum staff believes that the Arb can be a great place for Gusties to go to take a load



*Sun shining beautifully down on the Arb.*

*Iza Taylor*



*Path you can take for a walk in the Arb.*

*Iza Taylor*

off and put themselves at ease.

"Our Nobel Conference this year has taught us so much about the importance of mental health, and we see the Arb as an important part of the discussion for our community. It's a place that's open to everyone, no matter your background. You aren't expected to do anything or be anyone," Mendoza said.

*"It's a place that's open to everyone, no matter your background. You aren't expected to do anything or be anyone."*

This Fest provides the community a way to experience the Arb and learn how important it is to the community. This is also one of the first events to be held in the Arb since it was renamed last year.

"Fall Festival is a great way to experience the Arb with the community. We see the Arb as the 'front porch' of Gustavus, the natural place where we welcome and interact with the wider Saint Peter community," Mendoza said.



# Students take the stage in *Resonance*

Emma Kelsey  
Staff Writer

This year's Nobel Conference met the issues of mental health inequity head-on. There were multiple distinguished speakers, Q&A panels, and lectures filled with relevant and crucial content about mental health.

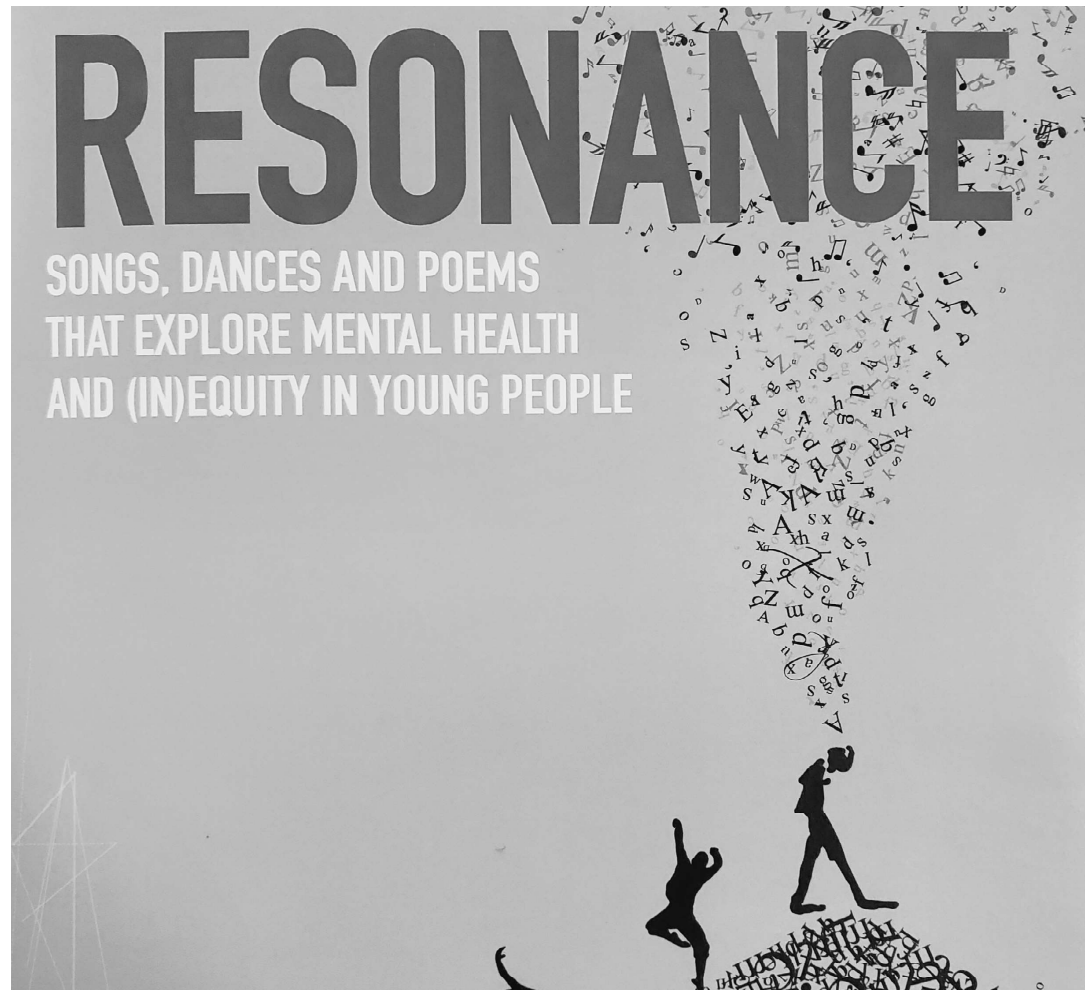
Alongside these fundamental events of the conference, there was a different kind of intellectual opportunity for students—the Nobel Concert, composed of songs, dances, and poems which expressed and communicated the topics relating to this year's conference in unique ways.

The Resonance concert featured dance, song, and poetry pieces, chosen and performed by Gustavus students and student groups like the Gustavus Women's A Cappella group, G-Sharp, and LeGACy.

"In this conference about young people... I wanted their voices to be in it," Michele Rusinko said. Rusinko, who organized the concert, explained how she hoped to bring, alongside the other aspects of the conference, another plane of understanding that would allow students to communicate their own take and experience with the topics of mental health and mental health inequity. Through these different mediums of art, these students were able to add another dimension to the conversations of this year's conference.

"When people can perform... the audience is able to embody that feeling of what the performer is trying to express – because embodying and feeling that experience is so much different than just talking about it, thinking about it – it adds another way of knowing," Rusinko said. She explains this experience as an "intellectual embodied investigation," that goes beyond the cognitive activity involved in other parts of the Nobel Conference.

This event strived to provide a supplementary source from which people can gather understanding on experiences relating to mental health in young people. Senior Cascade Oppitz, a dancer in the piece *My Brain and My Heart Divorced*, explains the nature of this specific performance, one of many in the concert. The dance was performed alongside a spoken poem, where different parts of the body affected by mental



Resonance program.

Cadence Paramore

illness were personified. Each dancer performed the part of a different organ, and the final dancer recites the poem and represents the body as a whole.

"This dance does a perfect job of encapsulating and displaying the different functions, both perceived and real, that body parts fulfill in the body regarding mental health and how you can change your focus and mindset within your body to alleviate symptoms of mental illness," Oppitz said. This parallels with Rusinko's goal of this concert, which was to communicate all the different levels of feelings experienced by young people as it relates to mental health.

"I hope people will leave this performance remembering to breathe and seeing that there is a sense of beauty and connectedness in the wonderful com-

plexity that is the human body," Oppitz said. They said that this performance is especially meaningful to them because they themselves struggle with mental health and have a passion for advocating for other people and their mental health needs.

*"I hope people will leave this performance remembering to breathe and seeing that there is a sense of beauty and connectedness in the...human body,"*

Senior Zoe Zarth, co-president of GWAC and LeGACy, says that the pieces they will be performing were nominated and

voted on by the members of each group, with intentionality of the messages in them as it relates to the topic of the conference.

"Having a conference centered around young people and being offered the chance for us young people to share this message has been such an honor. All of our members are very excited to perform alongside such talented poets, dancers, and speakers at this concert and we are just so grateful to be a part of this important message," Zarth said.

*"Having a conference centered around young people and being offered the chance...to share this*

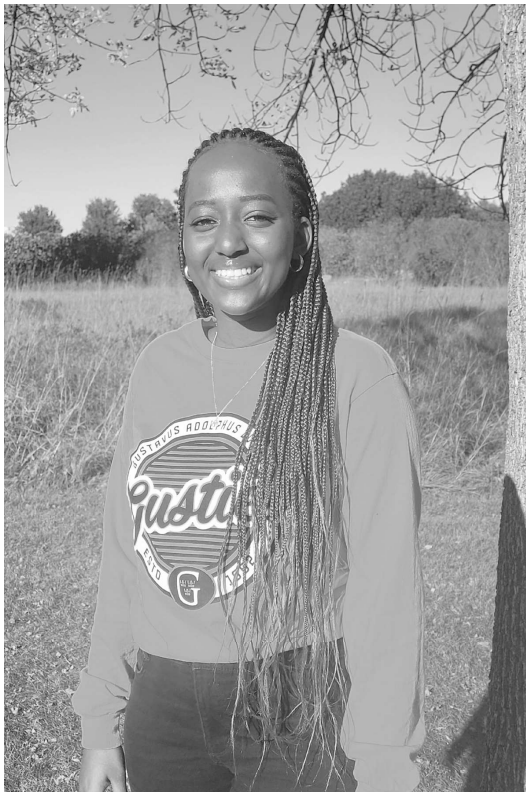
*message has been such an honor."*

Rusinko recognizes the students involved in these performances and all that they give to make them happen. She has noticed this year specifically that students are having a hard time, and praises them for coming together to share these struggles with a greater audience.

"I'm particularly grateful for all the students who have dedicated time to doing this, and I want to commend their courage, to be that transparent and that vulnerable in front of an audience...it's just phenomenally brave."

# GUSTIE of the WEEK

## Bella Nduwayezu



Bella Nduwayezu stands in the arboratum.

Hailey Brune

**Kaitlyn Doolittle**  
Staff Writer

The beginning of Senior Bella Nduwayezu's journey at Gustavus was not always smooth sailing. But with perseverance and determination to find her place on the hill, Nduwayezu was able to make the most of her time in the Gustavus community.

"I challenged myself to get out of my comfort zone. I got involved and took leadership positions in student organizations, which was not easy at the beginning, but I had friends to encourage and support me," Nduwayezu said.

Originally from Bujumbura, Burundi, in Eastern-central Africa, Nduwayezu felt like a fish out of water in Saint Peter, Minnesota.

"I was very shy my first year. I was scared to get involved and my excuse was that everything was new to me, [a] new country, language, culture, but I also wanted to get to know people and build relationships," she said.

Though she was unfamiliar with the Minnesotan environment, Nduwayezu did have a

family connection that brought her to the Gustavus community.

"My brother Hubert Ngabirano [Class of '18] encouraged me to apply to Gustavus when I finished high school, and I am glad I did," said Nduwayezu.

The support from friends and family gave Nduwayezu to hold various leadership positions on campus, such as serving as a Collegiate Fellow, being acknowledged as a member of the Saint Lucia court, serving as a Parliamentarian in the Diversity Leadership Council, and helping to lead Prepare Ministries.

"It is always a day brightener when I have the opportunity to see Bella, her smile and enthusiasm are contagious. I admire her tenacious positive attitude toward life!" The Assistant Director of Church Relations, Jodi Maas said.

*"It is always a day brightener when I have the opportunity to see Bella, her smile and enthusiasm are contagious."*

Nduwayezu also volunteers for a non-profit organization that works directly with teenagers and their faith.

Outside of Nduwayezu's extracurriculars, she holds an equal amount of experience in regards to her International Management major.

"This summer I had an internship with Northmarq, a commercial real estate company as an insurance intern. It was a great opportunity to gain professional skills that I look forward to using after graduation," Nduwayezu said.

Following graduation, Nduwayezu will be joining Northmarq as a full-time Insurance Analyst.

Even though it is Nduwayezu's last year on campus she is ready to enjoy every moment that Gustavus has to offer.

Nduwayezu is also ready to help first-year students and their college life transition.

"Get out of your comfort zone and get involved, especially International students. The transition can be hard but believe me, everything will be okay. I feel like I stressed on things I shouldn't have in my first year. Whatever you feel like you want to do that will challenge you and help your growth, go for it," said Nduwayezu.

Do you have a suggestion for a Gustavus student, professor, or staff member who could be our next Gustie of the Week?

If so, send their name, position on campus, and a short description of why you think they should be recognized to [weekly@gustavus.edu](mailto:weekly@gustavus.edu) for a chance to be featured!

A representative from the Gustavian Weekly will be in contact with you via email if your suggestion is chosen to be featured in an issue of the paper.



Bella Nduwayezu sits on a bench in the sun.

Hailey Brune



# The Day Course: Using real-life materials to help foster self-reflection

**Leah Thompson**  
Staff Writer

Nobel Conference 58 happened on Wednesday, Sept. 28, and Thursday, Sept. 29, and focused on “mental health disparities and their effects on youth, with a particular emphasis on the significance of identity, trauma and technology,” according to the 58th Nobel Conference page on the Gustavus website. This Nobel was broken into four different sessions, each exploring different topics related to mental health inequities and young people.

During the conference multiple workshops were held, including one titled Mental Health and the Visual Language, presented by Associate Professor of Art and Art History, Kristen Lowe.

Professor Lowe’s workshop focused on artwork from Professor Lowe’s class “The Day Course,” which she has taught for many years. The workshop dove into the details of The Day Course and how each semester’s topics vary from one another based on what the students decide on.

In addition to a lecture on her course, Lowe also provided many examples of student artwork that her students have made in The Day Course in past semesters.

The Day Course is a class that Professor Lowe helped co-create many years ago with the intention of focusing on internal aspects of the students’ lives. The course allows students to focus on their emotional inner life and things that are important to them.

“Rather than handing down critical theory to them, I promote their capabilities to topics [or concepts] that my students are interested in,” Lowe said.

*“Rather than handing down critical theory to them, I promote their capabilities to topics [or concepts] that my students are interested in.”*

While many art classes give students typical materials to create their pieces, students in The Day Course are encouraged to use materials that they see in everyday life.

Although The Day Course is one of the requirements for the Art Studio major, the class is open to all students at Gustavus and covers the ARTSC general education requirement. It’s a class that allows students to communicate through visuals.



Kristen Lowe speaks at her workshop for the 2022 Nobel Conference.

Izabela Taylor

The first day of the class involves all of the students coming together and brainstorming concepts that they’d be interested in creating art about. With concept lists reaching upwards of 100 items, the students must collectively decide which four concepts they would like to focus on for the semester.

This semester Professor Lowe’s students in The Day Course have four projects. The topics for this semester include The Day of Nostalgia, The Day of Bullshit, The Day of Demons, and The Day of Dreams.

For The Day Course, students are tasked to complete individual research on contemporary artists that generally are doing work on the class’ chosen topics.

Students in this course learn how to develop an active voice and self-accountability through self-reflection and their openness to public critique.

Professor Lowe’s workshop about The Day Course and the mental health crisis that many young people are facing tied in perfectly with Nobel 58: Mental Health (In)Equity and Young People.

Art allows students, especially those taking this course, to express themselves while also fostering a sense of self-realization that’s embedded into materials.

“Art gives people an opportunity to have an expansive amount of time for self-reflection. It’s not just self-expression, its self-realization embedded into materials,” Professor Lowe said.

*“Art gives people an opportunity to have an expansive amount of time for self-reflection. It’s not just self-expression, its self-realization embedded into materials,”*

In the past students have created various forms of art, with one particular example being a Day Course student who had a table set up on campus that allowed students to write something that caused them pain. This project, which was for “The Day of Pain,” allowed students to anonymously admit some of their deepest emotions onto paper without worrying about judgment from others.

“[I want] my students to seek to support one another by creating a safe environment, with no judgment. It’s important to hear how people [decide] what’s most important to them,” Lowe said.



Kristen Lowe leads her workshop.

Izabela Taylor