



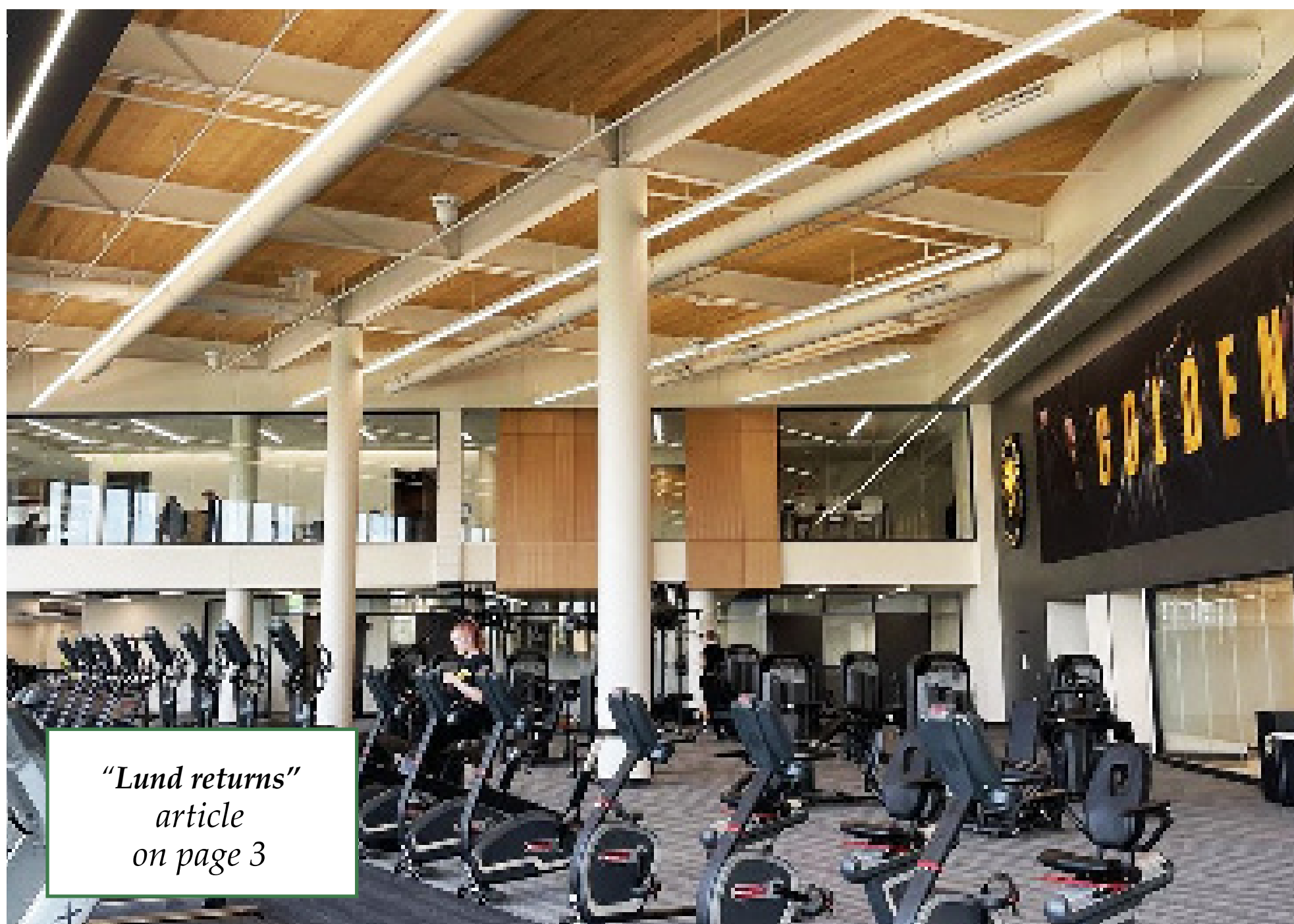
# THE GUSTAVIAN WEEKLY

ESTABLISHED 1891

MAY 6, 2022

ISSUE 24

## Lund Center returns with soft open



*"Lund returns"  
article  
on page 3*

A picture of a section of the new Lund Center.

Submitted

### WEEKLY Scan

A preview of this week's top news and more

#### News

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Campus Safety Report

**Sunday, May 1, 2022**

- On Sunday, May 1, 2022, Campus Safety responded to a vehicle fire on South Ring Road.

**Sunday, May 1, 2022**

- On Sunday, May 1, 2022, Campus Safety responded to a medical assist in College View.

**Tuesday, May 3, 2022**

- On Tuesday, May 4, 2022, Campus Safety observed a suspicious vehicle moving from different locations and parking on college grounds.

**Tuesday, May 4, 2022**

- On Tuesday, May 4, 2022, Campus Safety responded to a Welfare

Check in Norelius Parking Lot (B).

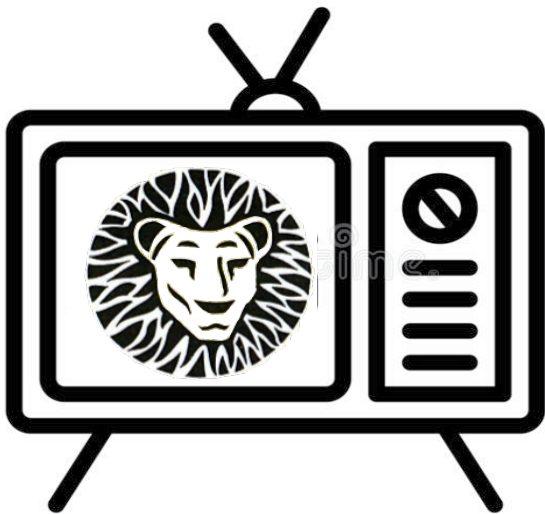
**Tip of the Week:**

Have you lost an item? Campus Safety is in charge of lost and found. Please do not contact Campus Safety to ask about

a lost item! Please go to the Campus Safety website and fill out a Lost Property Report to report the lost item. Be sure to give specific details of the item lost, there is no such thing as too much information. We try to do weekly pick-ups to collect lost and found items from

each building, so an item may not always make it to our department right away. If we get an item that has a name connected to it like an ID, wallet or paperwork, we will email that person right away.

Are you interested in placing an ad in *The Weekly*?



Contact our ad manager  
[admanager@gustavus.edu](mailto:admanager@gustavus.edu)

**Daily Sabbath Calendar**

*Prayer around the Cross - Mondays (Christ Chapel)*  
Gather to pause for reflection, music, lighting candles, and prayer.

*Chapel and Chill - Tuesdays (Christ Chapel)*  
Meet in Christ Chapel for a coffee bar and easy going conversation (or not).

*Morning Praise - Wednesdays (Christ Chapel)*  
Join together with Gustavus Choirs to sing the Morning Praise liturgy.

*Holy Communion - Thursdays (Christ Chapel)*

*Musical Showcase - Fridays (Christ Chapel)*  
We gather for inspiration as we celebrate the many talented musicians at Gustavus.

**CAB Calendar**  
*Gusties After Dark: Speakeasy - May 6, 9 PM - 12 AM, CIE*

# Lund Center returns with soft open



A shot of the newly renovated Lund Center; a banner labeled "GOLDEN GUSTIE".

Submitted

**Kendra Smaby**  
Staff Writer

The annual MAYDAY! Peace Conference took place this week at 10 a.m. in Christ Chapel on Wednesday, April 27. This year's conference was titled "Growing Peacebuilders" and featured the co-founders of the non-profit organization Ceeds of Peace, Dr. Maya Soetoro and Dr. Kerrie Urosevich '93, as keynote speakers. The conference was also live-streamed and can be found on the Gustavus website.

This year's conference was the first to host in-person speakers since the 2019 conference, titled "War on The Press" featuring author and journalist Thomas Friedman. 2020's conference was completely canceled due to the COVID-19 pandemic and re-scheduled to 2021. The 2021 conference was focused on student activism, titled "Voices of Change: Our Generation of Student Activism" and was held on Zoom.

This year's conference began with a welcome from Reverend Siri Erikson, followed by an invocation and greeting delivered by President Bergman. Bergman hoped that the conference would "...inspire attendees to take action. Actions for justice and peace throughout the world," Bergman said. Glenn Krinking, Director of the 2022 MAYDAY! Conference, Associate Professor of History and Scandinavian Studies, and advisor to the Weekly, then introduced Soetoro and Urosevich, listing off their long list of accomplishments and involvements.

Ceeds of Peace aims to "raise peacebuilding leaders", centered around the seven values of courage, critical thinking, compassion, conflict resolution, commitment, collaboration and connection. Ceeds of Peace "believe[s] peace is more than just a feeling, more than just knowledge, more than just a lofty goal," according to the MAYDAY! Program.

Before Soetoro and Urosevich began their talk, they performed a Lei Ceremony

for the organizing committee of the conference which was composed of President Bergman and Chaplain Erikson and family members of the conference's late organizers, Florence and Raymond Sponberg. In this ceremony and subsequent welcome portion, Urosevich read from a prepared statement, telling the audience that "we acknowledge that what affects you, affects us", connecting the mission of Ceeds of Peace to Gustavus's five core values of justice, service, faith, excellence and community. In their lecture, Soetoro and Urosevich focused on how to work towards peace through practical action and thoughtful planning, calling peacebuilding "critical, hard, and joyful".

Soetoro argued that many people think of concepts such as peacebuilding and love as soft and abstract concepts. In reality, Soetoro shared, love and peacebuilding are both soft and hard, like water that freezes and melts over and over again as necessary depending on the situation.

The speakers then asked

the audience to ask themselves and their neighbors what their definition of peacebuilding was, then shared what they found with the rest of the audience. Soetoro and Urosevich asked the audience to do this multiple times throughout the lecture, creating an atmosphere of collaboration and openness.

The co-founders also touched on what inspired them to create their organization Ceeds of Peace as well as exactly what they do on a day-to-day basis. Both highly educated in topics such as multicultural education and peacebuilding, Soetoro and Urosevich wanted to teach the skill sets needed for conflict resolution and peacebuilding to both children and adults. They sat down together and made a list of all the peacebuilders they could think of, listing each of their skills. These lists of skills helped the co-founders to create their mission statement and focus.

Soetoro and Urosevich ended their lecture with a call to action, asking the conference participants to brainstorm how you can "instigate the social change

you want to see". Encouraging the participants to "lead from the behind, the side, and the back." The speakers argued that conflict can and should be productive and needed when each of us use our "superpowers" or skill sets.

Later in the day, Soetoro and Urosevich both held "interactive" and "hands-on" workshops for guests to attend, focused on issues such as education and peace at 2:30 p.m. and climate-justice and peacebuilding at 3:30 p.m.. Later in the evening at 7:00 p.m., both co-founders hosted a workshop together titled "The Activist: Staying Steady in the Storm". These workshops were held across campus in locations such as the Edwards Atrium in Anderson Hall and the Center for Inclusive Excellence.

Those curious about Ceeds of Peace and/or Soetoro's and Urosevich's mission can find more information at [ceedsofpeace.org](http://ceedsofpeace.org).

# Gustavus seeks workers for summer jobs



A student working as part of the Culpeper Crew.

Izabela Taylor

**Mel Pardock**  
Staff Writer

As the year draws to a close and Gusties head home for the summer, campus won't be as empty as you'd think. Just as Gustavus offers summer jobs and internships, some departments offer summer jobs - available for all Gusties who would like to make further connections in these departments and make some extra cash. Two of the many departments that offer summer jobs are Dining Services and Gustavus Technology Services - although GTS has completed the hiring process for this summer.

Some of these jobs available over the summer are different from ones offered during the school year, while some are the same or quite similar. What jobs do GTS and Dining Services offer?

"During the summer GTS typically hires a handful of students to work as consulting assistants and staff the helpline during the summer months. Since much of the college is still opening and running over the summer months, the helpline still needs to be available to support our campus community members who do work full time," Brianne Twaddle, Technology Helpline Coordinator and Purchasing/Licensing Agent for GTS said.

Dining Services is open at Gustavus over the summer in

order to provide meals for those that attend camps on campus while students are gone. Jobs are very similar, but not the same.

"Because we are feeding a different age group every week due to different types of camps, we often change the menus of the stations to accommodate that age's taste. So employees are basically doing the same thing, but often with different products. Summer employees often work 30-40 hours per week, where during the school year, the average employee works 8 hours," Kevin Birr, Assistant Director of Dining Services said.

While these jobs are quite similar to work study jobs offered during the school year, departments downsize over

break, meaning they rely more on student employees to take care of business. While this can be a large responsibility, it can provide for even more learning and experience than students would get while classes are in session.

"Our summer student employee positions are 40 hr/week commitments; 8 hours a day and 5 days a week. Our expectation is that our summer student employees are using this opportunity to its full advantage; learning what they can about technology at the college, taking on leadership and project management roles and constantly improving their customer service and communication skills," Twaddle said.

"Because we only have 20-30

student employees in the summer vs 300 in the school year, we rely more on the students. As in the school year, we expect them to treat this as a real job, to show up on time, work while here, and have some fun as well," Birr said.

Gustavus summer jobs provide students with further opportunities and connections within their departments, as well as something to do while classes are out. Not to mention, they give Gusties a great way to make some extra money for the upcoming school year. For further information on summer jobs in Dining Services and general employment opportunities in GTS, be sure to contact Kevin Birr and Brianne Twaddle. Get that cash Gusties!



# Gustavus supports the 97%

**Leah Thompson**  
Staff Writer

IGNITE, WAC and SRF joined together from 6:00 p.m. and 8:00 p.m. on Friday, April 29 at the Lund Forum to present their 2nd annual 97% Event. The 97% Event is based on a study done in the UK that revealed 97 percent of women in that region were sexually harassed during their life.

The data for the study was collected in early 2021 and published in March of the same year, further revealing that young women between the ages of 18 and 24 had experienced the highest rate of sexual harassment. However, 70 percent of women, regardless of age, had experienced sexual harassment in public in the UK.

The 97% Event was the final event of a week-long program hosted by the three organizations, which aimed to provide awareness surrounding sexual assault on campus while offering a safe space for survivors.

*"The 97% event was the final event of a week-long program hosted by the three organizations which aimed to provide awareness surrounding sexual assault on campus while offering a safe space for survivors."*

This year the event had a guest speaker, Sabrina Mercedes, who owns Safe Relations, an organization based in Mankato that teaches wellness, art, and empowerment. Mercedes gave

information as someone with an outside perspective who has studied and done the work.

Mercedes gave a presentation about taking care of yourself, setting boundaries and understanding trauma. Afterward, they led a yoga workshop for everyone, regardless of physical abilities. Like most events, there was food from Erberts and Gerberts, cookies and beverages provided along with a t-shirt giveaway.

One of the planners for the week of events was Regina Olono. She is a Senior Political Science major who is the Gustavus IGNITE President and the Student Senate Co-President.

IGNITE is a "movement of young womxn who are ready and eager to become the next generation of political leaders". The group has also played a major role in influencing and planning the 97% Event both last year and this year.

One of IGNITE's biggest focuses on campus is to give more political power to women of color, who have been historically underrepresented in both government and politics. With IGNITE National's help, there have been many opportunities and internships given to students in all chapters across the country, including women at Gustavus.

Olono explained that after the presentation students in attendance were able to ask questions and receive meaningful responses.

She said that there were specific questions surrounding "setting boundaries within the family" and how to "create meaningful and helpful routines for your health". Mercedes had also placed an emphasis on being able to personalize your own wellness.

"Students typically stop going to events during this time, so the turnout was pretty good. There was about 30 people and it was a really fun time," Olono said.

Student organizations, including IGNITE and SRF, knew that they wanted to make an event regarding sexual assault for Sexual Assault Awareness Month (SAAM) and that's how



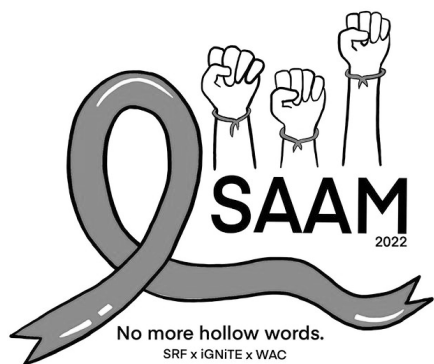
Signs created at an event hosted by SRF and the Radicals.

Submitted



Students doing yoga, hosted by IGNITE.

Submitted



Advertisement for SAAM.

Submitted

everything started. The event was given its title because of the sheer number of women who experience sexual harassment or assault in their lifetime.

For their first annual event, the two organizations put up cardboard signs with statistics on them about sexual assault. In addition to the signs, many students protested against sexual assault on campus during the days leading up to the first ever 97% Event.

The cardboard signs and protests were only a part of last year's event. "A talk was

given in the Arb by History Professor Misti Harper and over one hundred people showed up to listen," Olono said.

However, this year Olono detailed that the three student orgs wanted to focus on "shifting gears and providing a safe space for healing and community," and with the help of Mercedes, this was accomplished.

Another change between the previous year's event and this one, was that this year's event was the concluding event of an entire week of programming. Last year the 97% Event

was one of the only events for SAAM, but this year the three organizations decided to host a SAAM Week of educational programming for students.

Although Olono is graduating this year, she hopes to see the other student groups become more intersectional in the future. This intersectionality would allow for a better sense of understanding and community amongst womxn on campus; and would allow for larger events if more organizations were able to collaborate with one another.



# GUSTIE of the WEEK

## Jasper Gantriis

**Emma Esteb**  
Staff Writer

Jasper Gantriis ('23), Gustie of the Week, is a personable and well-spoken individual who is from Mahtomedi, Minnesota. Gantriis is a Business Management major with a minor in Statistics. On campus, he is a member of Kappa Sigma Chi fraternity, where he has created lifelong friendships. The purpose and mission of the fraternity itself is to "come together to develop camaraderie which in the face of adversity shall remain strong and will uphold the morals and values of the fraternity, college, and community by creating relationships and promoting respect between these institutions" according to the Kappa Sigma Chi Fraternity Statement of Purpose.

*"On campus, he is a member of the Kappa Sigma Chi fraternity, where he has created lifelong friendships."*

He is the sergeant in arms for the Kappas which means that he is the mediator of problems and makes sure all of the risk factors for the fraternity are in check. He was also in charge

of recruitment this past spring. Gantriis joined this year and already understands the importance of brotherhood as he said "not all of us get along all the time but at the end of the day, you really just know that when your back is against the wall those guys are gonna be there."

As a brother, Gantriis has been able to participate in many events on campus such as the first annual All Greek Lip Sync Battle on April 12. This event was a huge success that brought not only all of the Greek Life fraternities and sororities together, but a lot of supportive students in the crowd. The Kappas had one of the larger groups performing on stage as they "practiced for about an hour each time and met about six times, making it a total of six hours rehearsing," Gantriis said. As one of the larger fraternities that performed at this event, Gantriis said that was one of the reasons why he loves the Kappas as they are all willing to go out and do stuff together as a group. The Kappas are also hosting a car smash event on May 11 which is important for philanthropy, with the funds supporting an anti-bullying organization.

These events and activities contribute to their purpose of being able to facilitate positive self-growth through various social and community activities. As a brother in this fraternity, they must promote the positive aspects of each in-

dividual. With that, one of his fellow brothers, Junior Zach Standley said that Jasper is a "very friendly person, he's very good at carrying a conversation, and is comfortable in front of people."

*"As a brother, Gantriis has been able to participate in many events on campus such as the first annual All Greek Lpi Sync Battle on April 12... The Kappas are also hosting a car smash on May 11th."*

These attributes can contribute to his future career paths with his Business Management major and Statistics minor. He is currently interviewing for marketing and advertising internships because those two fields are his interests post-college. His favorite class that he has taken at Gustavus is Intro to Marketing with Cathy Harms. He is also choosing to take the 9th semester that Gustavus is offering. He wants to experience life on the hill a little longer and has spread out his classes with a more relaxed semester in order to do this.

As COVID has changed quite a bit of his college experience, Gantriis wants to stay and take advantage of another semester. He also wants to just stay in college for a little longer and escape the "real world" for a few extra months.

*"[Gantriis] is also choosing to take the 9th semester that Gustavus is offering... As COVID has changed quite a bit of his college experience, Gantriis wants to stay in college for a little longer and escape the "real world" for a few extra month."*

Gantriis chose Gustavus due to his strong family lineage to the school. His parents met



*Gantriis enjoying the spring weather.*

*Jayne Mapstone*

at Gustavus and spoke highly of it which urged Gantriis to attend. His favorite thing about that school is the people he has met throughout the years. Even with a few dampered years of COVID, he feels as if he has made lifelong friends.

With the end of the year approaching, he was able to reflect on the past eight months and was overall content with his junior year. Next fall, he is ready to continue to be an active member of Kappa Sigma

Chi Fraternity and work towards his degree in Business Management and Statistics. As a son of two Gustavus Alumni, Gantriis is on his way to becoming a part of that legacy soon.



*GOW Jasper Gantriis outside by Old Main.*

*Jayne Mapstone*

**Do you have a suggestion for a Gustavus student, professor, or staff member who could be our next Gustie of the Week?**

If so, send their name, position on campus, and a short description of why you think they should be recognized to  
**weekly@gustavus.edu**  
for a chance to be featured!

A representative from the Gustavian Weekly will be in contact with you via email if your suggestion is chosen to be featured in an issue of the paper.



# Gusties recognize Denim Day

Emma Kelsey  
Staff Writer

On the last Wednesday of every April, Denim Day takes place as a part of Sexual Assault Awareness Month. This day promotes action and awareness on the topic of sexual assault, especially as it relates to victim blaming. People are encouraged to wear denim, not only as a promotion of the movement, but a stand in solidarity with victims who are blamed for sexual assault.

*"People are encouraged to wear denim, not only as a promotion of the movement, but a stand of solidarity with victims who are blamed for sexual assault."*

This year, Denim Day took place on April 27, and Gustavus orgs like the PAs (Peer Assistants), IGNITE, SRF (Students

for Reproductive Freedoms), SART (Sexual Assault Response Team), and WAC (Womyn's Awareness Center), came together to make a day where Gusties could participate in and support the movement.

Ellie Hartmann ('23) who is a part of the SRF org describes the event as a time where Gusties had the opportunity to participate in a multitude of activities in the CIE including "painting denim patches, donating denim clothing, sharing in community with one another to support sexually assault survivors, and eating great food." Additionally, a table stood outside the Gustavus Wellness Center throughout the week, with pamphlets and squares of denim, which some Gusties opted to pin on their bags in a way to support the movement.

"Denim Day is a day to support survivors of sexual assault, end victim blaming, and come into community to stop sexual violence through education, community, and political action," Hartmann said.

Denim Day came into exis-

tence as a result of a 1999 Italian Supreme Court case where an 18-year-old girl was sexually assaulted by her 45-year-old driving instructor. The judge ruled that the girl had to have consented to this assault, since her pants were tight jeans; the judge believed that she must have had to help her assaulter take her pants off, therefore consenting to the assault. Her assaulter was released from jail, the prosecutor went free, and the victim of assault was blamed for the violation committed against her.

*"Denim Day is a day to support survivors of sexual assault, end victim blaming, and come into community to stop sexual violence through education, community, and political action."*

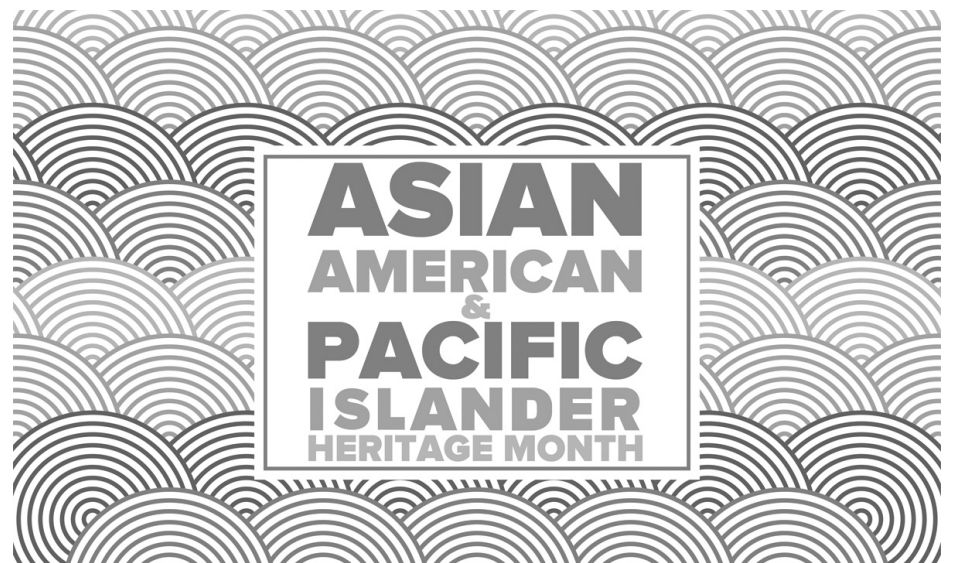
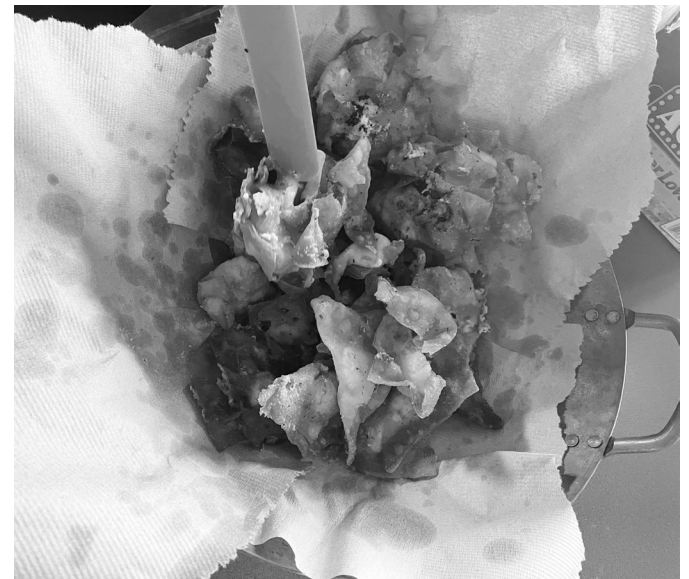
This injustice lit a fire around the world on the issues of sexual assault and the false narratives regarding victims and consent. Women in Italy and soon across the world were enraged by this verdict and protested by wearing jeans as a symbol of solidarity with the victims of sexual assault, and as an act of resistance against the mainstream narrative that victims are to blame for sexual assault. Denim Day has continued as a national and international day of recognition, resistance, education, and support around issues of sexual assault. It fights against assumptions often made about sexual assault, consent, and victims.

*"Denim Day has continued as a national and international day of recognition, resistance, education, and support around issues of assault."*

"The Gustavus Denim Day event joins into a greater movement of student organizations working at all times to support survivors, provide education on consent, and fight the victim blaming attitudes that contribute to situations like the 1999 court decision," Hartmann said.

April 27, 2022, was a day for Gusties to join in on a movement that extends beyond campus—one which connects generations of women and victims throughout time, and across campuses, states, countries, and the world. This day is a chance for the Gustavus community to be a part of something bigger, and Gusties who enthusiastically participated have shown what it means to be a part of this movement.

## ASU celebrates AAPI month



The Asian Student Union kicked off their weeklong celebration of Asian American and Pacific Islander month with a movie night in the International Center on Tuesday, May 3rd (left). Food, including fried wontons and Thai milk tea, were provided (top right). On Thursday, May 5th, they hosted an Asian Game/Trivia Night in the Courtyard Cafe, featuring Kahoot, chopstick relay, and Asian foods and snacks. To end the week, there will be an Asian Night Market outside the Johnson Courtyard from 6-9 p.m. where students can win food, snacks, and drinks as well as a variety of activities. The week's celebrations end with a special performance from ASU members.

AAPI Month advertisement.

Izabella Taylor  
Submitted



# Closing Time

Senior Studio Art Majors Exhibition 2022

May 7 Through May 21 - Opening May 7, 4-6pm



**Greta Van Ess-**

"In my four years, I have been able to develop a practice and a way of life that has made me a stronger, more capable person."

**Sanjeeda Shutrishna**



**Geneva VanWyk**

**Sophie Seivert**

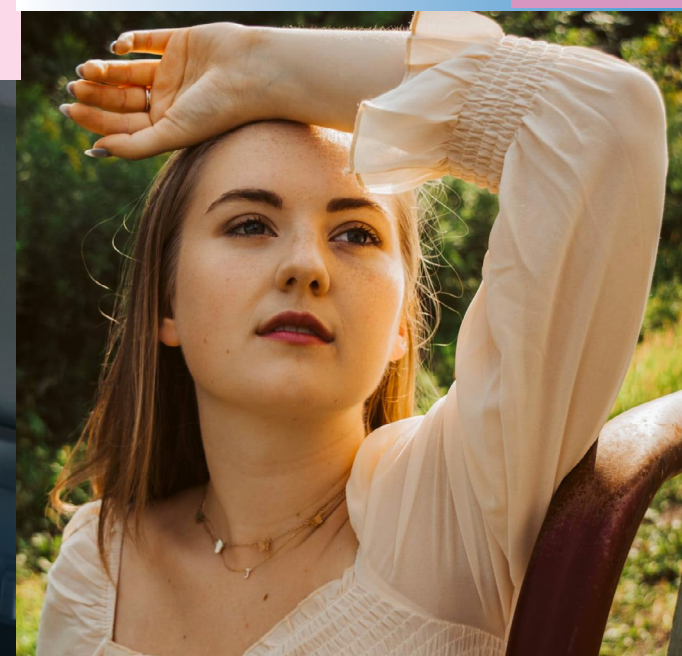
"I am a senior studio arts major with a minor in arts administration. I declared my major in the arts my sophomore year and it was the best decision I ever made! I have enjoyed meeting new friends with the same interests as me, as well as creating a connection with my professors. My time at GAC has been the best time of my life, and I am so grateful for all of the experiences I have had here. Truly a bittersweet feeling!"



**Heather Holten**

"Coming from Los Angeles, I've found it easy over these past four years to grow into the messages I find important to speak on, especially on this campus. Gustavus has given me a great environment to learn how to express my messages of equality and misogyny, and hope Gusties can both appreciate the introspection and discomfort my art can offer."

**Jenny Stageberg**



**Preston Hanstad**

**Livija Shaeffer**

"My name is Livija Shaeffer from Lincoln, Nebraska. Some things I have been involved in are that I am apart of the Tri Sigma Sorority, I was on the cheer team and I am a part of A Moment of Magic."



**Gigi DeGrood**

"I am from Minnesota's most beloved city, Edina, and came to GAC with the intention of getting an art history degree, but then decided to give studio art a try as well. Throughout my time at GAC I have grown to love painting and develop a brand for myself. I would like to thank the art department for helping me grow as an artist, and Trish at Embassy Bar for the vodka lemonade after the show opening."



**Megan Aber**



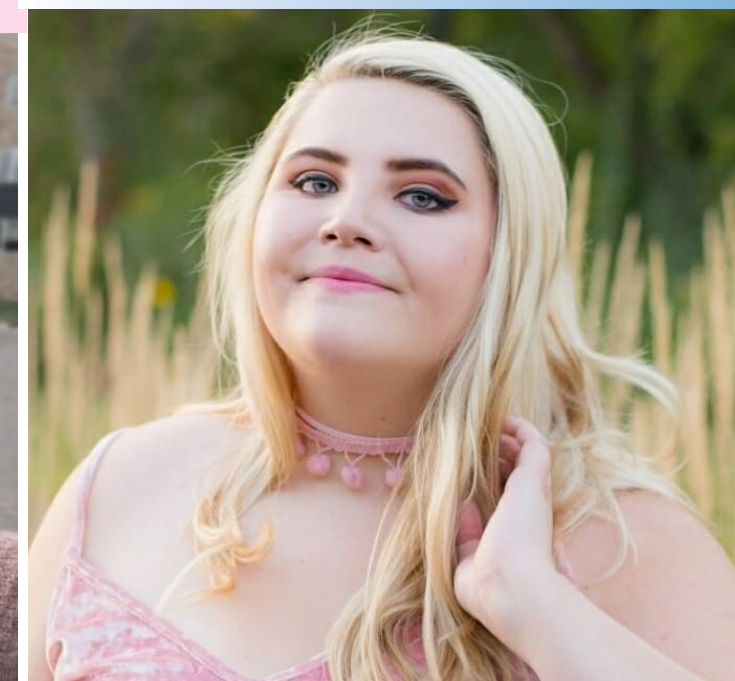
**Anne-Olivia Machado**

"My intentions with the artworks in this exhibition are to create a tension between the installation and the viewer. The piece, This is a sign!, mimics commercial and consumer culture that overwhelms. The color choice and the very forceful language urges the viewer to follow its directions. This is meant to highlight how the viewer is made to feel subordinate, as if they had no choice but to buy into a scheme and reflect on their decision to participate."

**Serena Small**

"It was a interesting four years (-.-) // <3 xoxo "

**Hannah Reckinger**





# The disappearances in Lund



**Jonas Doerr**  
Opinion Columnist

The disappearances started a couple weeks ago. At first they started slow, and then they started vanishing in bunches.

I would walk into Lund Center and sense a certain emptiness, knowing somewhere another exercise machine was missing. The 3rd floor was hit first. I didn't even get to say one last goodbye to the chest press and seated row machines. One day they were there, and the next they were not.

Soon the 2nd floor started to get patchy, too. No longer could our latissimus dorsi enjoy the pull-down machine nor our quadriceps the leg extender. Dumbbells started disappearing as well.

The cardio area didn't last much longer. When the treadmills vanished, the empty spots where they had been made it seem like they had finally run off, tired of being run on.

Only the weight room was spared. Its iron squat racks imposingly remained, as if daring the culprit to pilfer them too.

My workouts were impacted. I had to cut out large portions of my routine, since I didn't have the right equipment to do the exercises. I was also emotionally impacted, as I had grown attached to these machines over the years.

I wasn't the only one impacted by these disappearances. Distraught Gusties would stop by the Lund Information Desk asking about the machines. I could almost see tears in their eyes when I told them the machines were gone.

*"Distraught Gusties would stop by the Lund Information Desk asking about the machines. I could almost see tears in their eyes when I told them the machines were gone."*

How were Gusties supposed to exercise? How could we stay in shape without our equipment? How can students carry their overloaded backpacks (and schedules) without being able to strengthen themselves?

I resolved to get to the root of this weighty problem. Was someone heaving the machines over their shoulder and toting

them out the front door? And if they could do that, why would they even need the machine to get any stronger?

It didn't take long to discover what was going on. New equipment was being acquired for the Lund expansion project, and the old stuff had to go. It was all being moved or sold. That was what had been happening to all the machines.

Although Gusties have been inconvenienced for a bit, the new expansion will hopefully make everything right. New squat racks, new weights, and new views from the treadmills all await eager students. Gusties will have over a week and a half to enjoy the new facilities before the semester ends.

The expansion is incredible. First of all, there is far more space in every area. Gusties no longer have to breathe down the neck of the neighbor while running on a treadmill or weave around the people doing lunges.

*"The expansion is incredible. First of all, there is far more space in every area. Gusties no longer have to breathe down the neck of the neighbor while running on a treadmill or weave around the people doing lunges."*



Old Lund.

Luke Yang

All of the equipment is new. The weight room is full of gold and black Gustavus-themed weights, and there is a wide variety of treadmills to run on. There is also a huge assortment of other machines to isolate certain muscle groups with.

On the third floor, there is an extremely comfortable seating area for students to relax in. Ergonomic yellow and black chairs are fantastic to sit in and provide a breathtaking view towards the west side of campus.

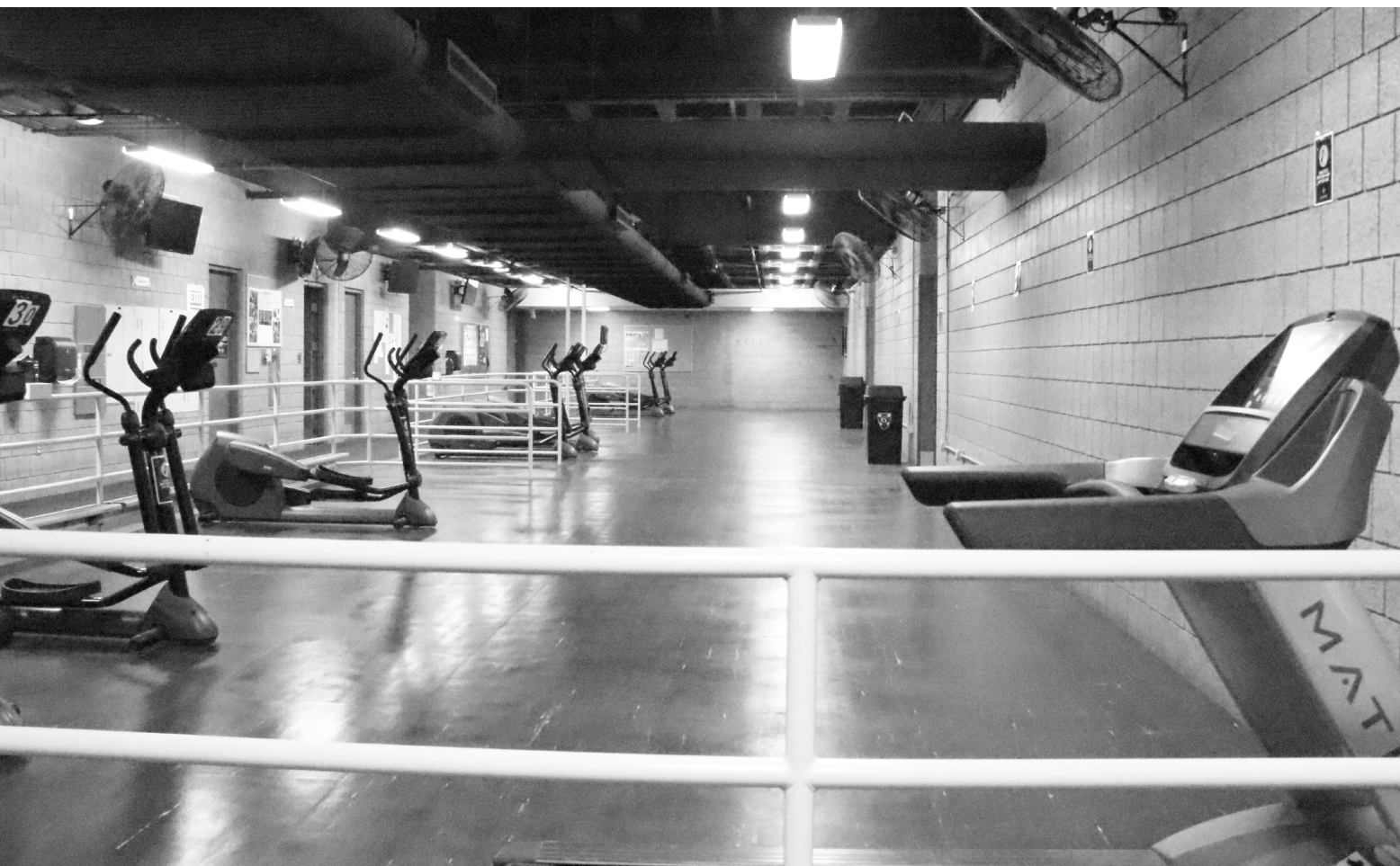
Best of all, there are plenty of mirrors. For all the people making huge gains, they can enjoy their progress thanks to the easy access to places to flex at themselves.

Perhaps some have thought thus far, "I don't have that kind of relationship with the equipment at Lund. In fact, I have not even made the acquaintance of those machines you were so sad to see go. Why would I be sad about the old machines or excited about the new ones?" This is legitimate. However, these people are missing out.

Working out has lots of benefits. It helps people live longer and happier. It makes one's heart healthier and makes everyday tasks easier. Working has been directly shown to improve one's mood. And doing something difficult like working out makes people feel good about themselves.

With all this in mind, why not start a brand-new friendship with the brand-new equipment at Lund? Everything is fresh and shiny, making it the perfect time to start a new habit. Try running, lifting weights, or other activities to finish the semester strong.

While it was initially sad to see the old machines go, it prepared the way for this new chapter of the Gustavus Exercise Experience (GEE!). Students familiar with the old facilities will appreciate the upgrade, and perhaps others will begin a new routine. Either way, don't sweat it - new machines are here to stay.



Old Lund.

Luke Yang



# The library deserves a renovation



**David Eide**  
Opinion Columnist

This week, the new Lund expansion officially opens for public use which has prompted some thought on my part regarding the future of other Gustavus buildings. Of course, the renovation of Lund is not done and likely will not be done for several more years but still I found my curiosity was piqued. On the Show the World fundraising campaign website there are short little write-ups detailing plans for future renovation projects including Christ Chapel and the Schaefer Fine Arts music building which I think everyone can agree are well overdue for a

renovation. However, I couldn't help but notice the absence of a building that I think is deserving and in need of an update, namely the Folke Bernadotte Memorial Library.

This is not to insult the library, far from it, the library is one of my favorite spaces on campus and I've been spending a great deal of time there this semester as I find it to be an excellent study location. However, this semester has also highlighted to me some of the aspects in which the library is beginning to show its age. The current library complex opened in 1972 and has had little change since then, with new carpets and windows being added in the aftermath of the 1998 tornado that damaged much of the campus. I do appreciate the sense of history that comes along with this 50-year-old building but at a certain point retro can easily cross over into dated and I fear that has happened with the library.

There are a couple of major issues that the library faces as a result of its increasing age. The first and perhaps most important to address are the layout issues arising from the time in which the library was built. The study spaces in the library

are some of my favorite places to go get some work done or attend my various Zoom meetings and classes, however I often run into the issue of them quickly filling up rather early in the day. It is clear that there is a large demand for these study rooms and any renovation to the library would surely need to add a few more simply to meet this demand. A more minor issue related to the study rooms is that many of them lack natural lighting that could be alleviated by the placement of a window.

Personally, this is not an issue that bothers me but I've talked to a couple of people who have said that they were turned off from the library study rooms due to this attribute. There is also the simple wear and tear that accumulates over time as a building continues to age, whether that be stains on the carpeting, wall damage, or increased exposure to the outside which increases the risk of certain animals getting in. I have personally experienced the latter a couple while in the study rooms where a bee or a wasp would fly out of seemingly nowhere which was kind of freaky. Gustavus buildings overall do seem to have a problem with keeping out wasps and

bees oddly enough.

These thoughts are not new however, in fact in 2013 this very paper reported that there were plans afoot for a major library renovation. This renovation would have added more study rooms and greatly increased the amount of natural present in the library while also making major layout changes that would have totally changed how Gusties interact with the library. As I'm sure you've noticed however, this project ended up falling through due to fundraising issues as well as the feeling among the library committee that some of the layout changes would have harmed the libraries overall mission and visibility on campus. I am inclined to side with the library committee as after all, they do spend quite a bit more time there than me so they would know best. However, I am still a bit disappointed as some of the proposed designs are very nice from an architectural perspective.

I really can't think of a reason why the library isn't a major priority when it comes to renovation. Lund was built in 1984 more than a decade after the library and Schaefer was only built a year before the library so

there's no argument from an age perspective. While the library isn't the focus of major programs like athletics or theater it's still a common space utilized by basically everyone who goes to Gustavus so it's clearly important. I think that ultimately the state of a library is a very good indicator of the state of an overall community, and I think that if we want to show that Gustavus is a truly strong community we need to place more emphasis on taking care of our library. As I said before, it is one of my favorite spaces on campus and I greatly appreciate the work its staff do for us. I still have a lot of hope that someday soon the library will see a similar renovation to the ones promised for Lund, Christ Chapel, and Schaefer, it deserves it.

*"I really can't think of a reason why the library isn't a major priority when it comes to renovation."*



The Library.

Izabela Taylor



# A lesson in composting



**Cadence Paramore**  
Assistant Editor-in-Chief

All around campus there are numerous bins for Gusties to dispose of their waste. We have your typical garbage and recycling bins, though the disappointment of the recycling bins not adhering to your anticipated “blue” is unsatisfying. And finally our green compost bins which are the most misunderstood.

With Gusties being “undeniably” smart and, more-than-not, environmentally conscious--it’s baffling how these bins can confuse some of our peers more than biochemistry or where to find the clit (if you’re struggling with the latter, I highly recommend giving *The Principles of Pleasure* a watch on Netflix.

With biochem, you’re on your own). So why is composting so difficult for some students?

*“... it’s baffling how these bins can confuse some of our peers more than biochemistry or where to find the clit.”*

Around elementary school, I remember learning how to sort my waste. And even if you were denied the pleasure of learning this (haha, get it)?, or just weren’t paying attention, there are signs near almost every set of bins to show you just what goes where. How handy!

Unfortunately, these signs aren’t enough for some of our peers-- and I’m fully aware that the ones who struggle won’t even pick up a copy of the Weekly, let alone read this article. If you ask them about this, their response will probably even be, “We have a campus newspaper?” And although I won’t give them crap for not knowing about us, I will dedicate this article to the ones who don’t know how to sort their crap.

Lesson one, Waste. While this bin is pretty straight-forward, as trash cans are almost every-

where in the world, it’s apparently not user-friendly enough for some. “Waste” or “Garbage” bins are labeled as such all around campus, and this is where you dispose of your plastic packaging items such as, but not limited to: those pesky bags that come around nearly every item you’ll receive inside those highly anticipated packages you splurged on at 1 am while online shopping, plastic shopping bags, pizza boxes (yes, even pizza boxes), disposable masks, empty chip bags or juice boxes with the cute little straws that temporarily make you feel like you’re 6 again and not failing classes that you pay thousands of dollars for, and any plastic cup or container that you don’t feel like washing to place in the recycling.

This may seem obvious to some, but if you aren’t going to wash food or drink items out of something that’s recyclable, DON’T RECYCLE IT. This leads into our second lesson, Recycling. The recycling bins, labeled as such around campus (although still black in color) are where your cardboard and paper products go, as well as rinsed out plastic containers such as soda bottles. You can even recycle your rinsed out White Claw cans from your weekend shenanigans! However, DO NOT RECYCLE PIZZA BOXES! Why,

you might ask? Because there are food particles in it, silly. But, don’t mistake that for something you can compost either!

Next lesson, composting. This might seem contradictory to some, but if you’re unsure what goes where-- just throw it in the waste bin! It’s much better to throw something away that might have been recyclable or compostable than to contaminate an entire bin with something that should have just been thrown away. However, if you know that something is compostable (hint hint: every item of Gustavus’ to-go packaging is compostable), then compost it! These items include: straws, to-go cups, napkins/paper towels, to-go containers, and to-go utensils. Even if there are food or drink remainders on them, because, guess what, food is compostable! Nice, right? Those pastry wrappers from the STEAMery or Courtyard are, say it with me, compostable! And those banana peels are, you guessed it, compostable!

*“every item of Gustavus’ to-go packaging is compostable.”*

But what about those “Gustie ware” bins, you may be ask-

ing? Those are ONLY for plates/silverware/reusable containers from the caf THAT ARE CLEANED! Bonus lesson-- when food sits, it starts to smell. The more you know! I cannot tell you how many times my nostrils have been assaulted by the smell of rotting food in our handy-dandy Gustie ware bins. No, they are not trash cans (it says so right on the side in BIG white letters, and if you’re in college then I can guarantee that you know how to read), and it’s not anyone else’s job to clean up after you (shocking to some, I know. It’s okay, you’ll get through this. Practice makes perfect).

Now, are you finishing this article even more confused about how to sort your waste than when you started? Or, more likely, do you think that sorting your waste is just a waste of your precious time (haha, get it)? Then maybe rethink if college is for you. It’s okay to drop out, I promise. No shame here. Your peers will completely understand, and our lovely custodial staff will appreciate your sacrifice. You’ll be remembered as brave. A hero, even.

So, to conclude our Lesson in Composting, I’m assigning you homework (hey, I saw that, don’t roll your eyes)-- learn how to sort your waste, or rethink if college is the right path for you.

**Have a car and wanna make some extra cash?**

Consider applying to be our distribution manager!



email all inquiries/applications to  
kranking@gustavus.edu

**ONE OF US!  
ONE OF US!  
ONE OF US!**

(we’re not a cult, I swear)  
(unless)



email all inquiries/applications to  
kranking@gustavus.edu

Movies From Swank: *John Wick: Chapter 2*

Will Sorg

Director and veteran stuntman Chad Stahelski understands action better than almost any other filmmaker in the industry. His direction for *John Wick* was a seminar on fight sequences. Each stylish, heart pounding, bloody minute of the first film in the action series was choreographed to near perfection and shot with a level of professionalism that showed Stahelski knew exactly what he was doing- just getting started.

*John Wick: Chapter 2* is a clear escalation of scope compared to its predecessor. Here the titular super assassin is no longer contained to the streets of New York, instead fighting Russian criminals due to a personal vendetta. Keanu Reeves' unstoppable widower travels to Italy to fulfill a favor owed to a fellow power-hungry assassin. After he is betrayed by this assassin, it becomes overwhelmingly clear that the retired John Wick may never get to escape from his life of violence. The story remains similar to the first film: Wick has something taken from him, he wants revenge against the person that took it, and he kills tons of people to get what he wants. Now, however, there is a whole layer of plot on top of it. A secret society of assassins, which was already built up in the previous film, serves as the center of the film's plot. This serves as a double edged sword.

On one hand, this world of assassins is perfect for a film like this. It allows the protagonist to face off against multiple enemies who pose a real threat to his life. This also adds a level of intrigue and mystery that gives the viewers a desire to learn more about the world the film is built around. On the other hand, this expansion of the importance of the secret society muddles up the story a bit. The first film was incredibly straightforward and that meant it could lean on action and spectacle to tell its story. Now with all the new information, the pace and structure is slowed down. The movie is considerably longer than the first, but not much of the added length feels necessary. The first half of the film, especially the scenes in Italy, are filled with exposition, set up and a lot of rather inconsequential action sequences. It is easily the weakest part of the film, a far cry from the hardly-a-dull-moment energy of the first film.

By the time the third act kicks in, however, everything is different. It is easy to lose yourself in pure adrenaline. The action is just as masterful as ever. Each punch, each bullet, each knife fight, is its own story. Stunt work in film is a deeply underappreciated art. These films are so incredibly fun because of Stahelski and his crew's love for stunt work. So when an audience member gets to see that art in front of them they can start to understand why it needs to be appreciated more.

## WHAT IS SWANK?

Swank is a free movie service provided through CAB. Access it by going to [www.gustavus.edu/moviestreaming](http://www.gustavus.edu/moviestreaming)



Jayne Mapstone

## Horoscopes

Aquarius (Jan 20 - Feb 18)

I know you think you can make it through finals without studying, but you should at least take a look at your notes. Make a Quizlet or something.

### Pisces (Feb 19 - Mar 20)

Okay, so the stars said to tell you that your outfit looks really nice today, but I'm pretty sure that's a typo on their part.

Aries (Mar 21 - Apr 19)

Eat a vegetable. Even just, like, one singular carrot. Please.

Taurus (Apr 20 - May 20)

$\frac{1}{\sqrt{\pi}} \int_{-\infty}^{\infty} f(x) e^{-x^2} dx = \frac{1}{\sqrt{\pi}} \int_{-\infty}^{\infty} f(x) e^{-x^2} dx$   
 $\frac{1}{\sqrt{\pi}} \int_{-\infty}^{\infty} f(x) e^{-x^2} dx = \frac{1}{\sqrt{\pi}} \int_{-\infty}^{\infty} f(x) e^{-x^2} dx$   
 $\frac{1}{\sqrt{\pi}} \int_{-\infty}^{\infty} f(x) e^{-x^2} dx = \frac{1}{\sqrt{\pi}} \int_{-\infty}^{\infty} f(x) e^{-x^2} dx$

### Gemini (May 21 - June 20)

Make sure all your friends know to wish you a happy birthday even when we're not on campus. If you give them your home address, they can send you a present. Or an assassin, but hey, you might just have to take your chances with that one

Cancer (June 21 - July 22)

Friday, May 13, 7 PM, Arb. Scream.

Leo (July 23 - Aug 22)

Yes, studying for finals is very important and I'm very proud of you for doing your work, but it *is* okay to take a break every once in a while. Go watch an episode of The Office or do some yoga or put on a face mask or dye your hair or something, I don't know, just relax for a minute.

Virgo (Aug 23 - Sept 22)

For the love of God, please go to bed before 4 am at least once this week

Libra (Sept 23 - Oct 22)

You may be a handful sometimes, but that's okay!  
There's a reason we have two hands <3

Scorpio (Oct 23 - Nov 21)

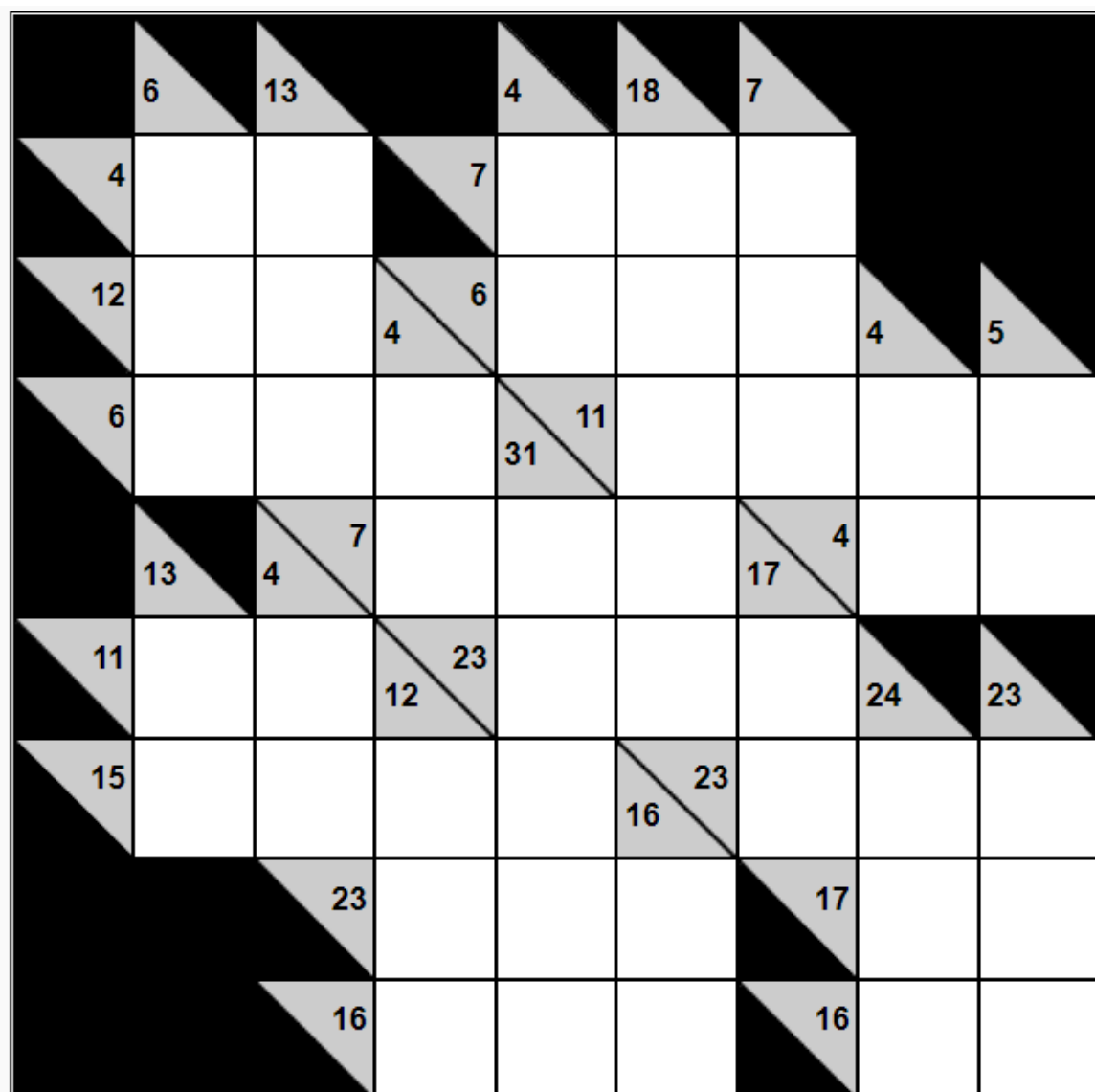
<https://youtu.be/WlEI0irx1ks>

### Sagittarius (Nov 22 - Dec 21)

Please wash your bedsheets. Please. It's disgusting.

Capricorn (Dec 22 - Jan 19)

Whatever you do, don't major in Poli Sci. If you already have, I am so sorry.





# Baseball takes on St. John's, St. Scholastica

## Gusties lose three of four against tough MIAC competition

**Alli Joerger**  
Staff Writer

As Gustie baseball approaches the end of its season, the team entered two important games this week with the obvious goal to win and maintain their dominance in the conference as the number three seed. The Gusties were only partly successful in this matter as they lost to St. John's University 4-13 and 11-23 on May 1, and then split the double header with the College of St. Scholastica with scores of 7-1 and then 2-3 on May 3. The baseball team honored its nine seniors in the games against St. Scholastica, and are preparing for three more regular season games before the MIAC Playoff Tournament.

The Gustie competition against number two St. John's University proved to be a difficult match up of a high scoring game. The Gusties were overall unable to maintain momentum and often found themselves unable to capitalize on opportunities to score. The Johnnies were more prone to have offensive momentum throughout both of the games. In the first game of the double header, the home team also struggled on the mound, with First-year pitcher Luke Siegle enduring his first pitching loss of the season.

The second game showed more offensive promise as the Gusties took some level of control in the third inning, but the promise early on proved to be somewhat short lived as the Johnnies pulled away and increased the deficit over the course of the remaining innings.

As this was an important conference game, it was important for the Gusties to redeem themselves against St. Scholastica after a very tight



Luke Siegle loses his hat to the wind while delivering some heat to a Johnnie batter.

Gustavus Sports Information

turnaround between the two MIAC matchups. The Gusties did not allow the sweep against St. John's to influence their confidence, and rather focused on their own game as they prepared to face their next opponent. Head Coach Bradley Baker explained that the team stuck to their usual game plan of adjusting as needed. "The game is all about making constant adjustments, but our process stays the same. It's worked well for us to date and we won't let a couple crazy games change what we do," Baker said.

Rather than being frustrated by the quick turnaround, the team chose to embrace the

challenge and accepted that "It's the beauty of baseball: there's always a new game to play. We have to have short memories and move ahead," as Coach Baker said.

Against St. Scholastica, the team showed a renewed sense of purpose and determination as they held their opponent to only one run. Coach Baker explained that an important cause of the change from facing the Johnnies to the Saints was the pitching, with all of the pitchers throwing well over the course of the two games.

Another important factor was the offensive effort, with Sophomore Drake Siens scoring a home run in the first in-

ning for his 37th home run of the season, thus tying the program record. After a clean seven inning game, the Gusties faced a battle in the second game of the double header as the game went to 13 innings. After a long stretch of the game being tied at two runs each, the Saints took the lead in the top of the 13th inning, which the Gusties were unable to respond to.

Despite the losses, the Gusties still have a lot to be proud of from their efforts and from the seniors that have offered their leadership over the course of four or five years, and may continue to do so in a fifth year. The seniors have been not

only important for the success of the program, but also for the success of the athletes becoming mature and confident individuals while being part of Gustavus baseball.

"This group of seniors has been instrumental to the success of our program. They have had a significant impact on our team on the field but equally important is their leadership in how they mentor our younger players. Excited to see what they can do to finish the year!" Assistant Coach Andrew Woitas said.

Coach Woitas has also had an important relationship with this year's senior class. Since he joined the Gustavus baseball coaching staff in 2018, he has been able to watch this year's class grow from freshmen to the seniors and men that they are today. "It has been really cool to see this group on a daily basis and see them develop as baseball players and young men. They have had an impact on me and the people around them. Feels like yesterday they were getting here as freshmen! The time has flown by. I am excited to see what this group will do in the next chapter of their lives," Woitas said.

The Gusties will be back on the field on May 4 to face Crown College at home, and then will travel to St. Olaf College and Concordia College later this week before the MIAC Playoff Tournament begins on May 12. The Gusties hope to maintain or improve their position as the number three seed in the MIAC to further solidify their entry into the Conference Tournament.



Patrick Timmer digs at a pitch.

Gustavus Sports Information



Luke Johnson slings the ball to first base.

Gustavus Sports Information



# Softball sweeps St. Scholastica

## Gusties secure number six seed heading into MIAC playoffs

**Parker Burman**  
Staff Writer

The Gustavus softball team wrapped up a busy week of conference play on Monday with a double header sweep of conference rival St. Scholastica. With the victories the Gusties improved to 15-21 on the season and 10-12 in conference play. After picking up the win in game two Gustavus punched their ticket to the MIAC playoffs securing the No. 6 seed, their first appearance since 2016.

"It's a big deal for us to make it to the conference tournament for the first time since 2016 so we are riding this high as far as we can. We know our potential is there and we just want to keep fighting for our seniors and our team as a whole," said First-year outfielder Greta Dahlen said.

In game one Gustavus received a strong performance on the mound from Sophomore pitcher Piper Otto who threw six scoreless innings. The offense led by Junior Kayla Rudd showed up too as they managed to put seven runs on the board in the 7-6 victory.

"We really love playing at our home field and didn't get as many opportunities this season due to the weather. We just wanted to end on a win at home and that's what we did. Seeing everyone in the stands and just being able to play on our home field is a very comforting feeling for us," Otto said.

In game two Otto started again, this time going four and giving up three runs on four hits. On offense the Gusties kept humming along as they scored nine runs on nine hits and four walks. Senior third baseman Kaylyn Leonard went 3-4 with four RBI's on the day while Dahlen went 2-3 with



Kate Murray stands in the batters box waiting for the pitch.

Gustavus Sports Information

two runs knocked in, in the 9-4 win.

Gustavus started fast in the first game as Sophomore outfielder Madelyn Mueller led off the inning with a triple. She was quickly knocked in by Rudd on an RBI single for the 1-0 lead. Dahlen would further extend the lead with her RBI double to score Rudd and push

the lead to 2-0.

Throughout the next two innings the Gusties kept the offensive pressure on while Otto continued to hold St. Scholastica scoreless. In the second Mueller registered her second extra base hit in as many innings to extend the lead by a run. Senior Kenzie Skuza singled in Rudd in the third for

the 4-0 lead. Gustavus would add three more insurance runs in the fifth to further expand their lead to 7-0.

St. Scholastica would get to the Gustie bullpen in the seventh after Otto had been replaced. The bullpen surrendered six runs in the frame, on just five hits, before getting out of the inning to complete the win.

"I am a nervous person so I always have nerves going into a game but I just tell myself to do my best. All I want is to have fun and play with no pressure. I also remind myself that it is not just me out there I have the defense behind me to make the plays I know they can make. My team depends on me so I must depend on them," Otto said.

Unlike in game one, in game two St. Scholastica gained the early 2-0 lead off of Otto in the first inning. However, this deficit would quickly disappear after Gustavus got back to the bat rack. Leonard singled home Mueller after she reached base on a walk, and moved into scoring position on a wild pitch. Three batters later Dahlen would notch another RBI as she drove in Leonard.

The lead returned to St. Scholastica in the third on a solo home run over the center field wall. Looking to tie the game and take a lead Gustavus

did just that in the fourth as Leonard ripped a bases cleaning, three run double down the right field line to give Gustavus a 5-3 lead.

Gustavus would pick up four more insurance runs over the next two innings to expand the lead to 9-3. St. Scholastica attempted to make a comeback in the seventh, after managing to scrap a single run across, but were unable to tie the game.

Coming off a series sweep and going into the playoffs the Gusties are excited and hungry to show what they can do. "Going forward I think we are looking to make the most out of whatever games we have left. If we want to keep going this season we need to play as a team and play the way we know we can play," Leonard said.

"Overall we are all really excited for the playoffs. This is the first time that anyone on the team will be playing in a playoff game, so we are all super excited for this opportunity and we are ready for the challenge. We want to give our seniors the best sendoff that we can since they won't be with us for too much longer, so we are ready to compete and play our game," Rudd said.



Piper Otto manages a huddle with her infielders.

Gustavus Sports Information



# Gustavus track stars smash records

## Teams find success during a busy three-meet week

**Luke Siegle**  
Staff Writer

The Gustavus Men's and Women's track teams had a busy past week of competitions as they hosted the Gustie Twilight, had the Drake Relays, and also hosted a Drake Alternative meet. It was an outstanding week for the Gusties as they performed both individually and collectively as a team.

Sophomore Birgen Nelson led the way as she snatched two stadium records and also helped lead the women's sprint medley team to a championship victory at the Drake Relays. "This week was super surreal for me. I have this big long checklist of goals that I am trying to get through in my time at Gustavus and all in one week I got three of those goals which was just a cherry on top of everything," Nelson said.

Senior Elizabeth Donnelly, also on the medley relay, ran her fastest 800 M time to anchor the win. On the men's side, Senior Wyatt Quiring won the 200 M dash with a time of 21.92. Junior Dominic Flentje also had success as he helped the Men's 4\*100 relay team to a fourth-place finish in the Drake Alternative meet.

The Gusties kicked off the week as they hosted three teams at the Gustie Twilight meet this past Wednesday. To get the team going, Nelson won the 400 Meter hurdles while setting a stadium record of 1:01.93. Sophomore Ally Rakow won the 100 Meter Dash with a final time of 13.62. That was followed by First-year Kailyn Walukas, winning the 800 Meter run after securing a time of 2:31.53. Sophomore Madi Kes won the



Gustie sprinters fill the lanes for the 100m dash during the Gustie Twilight.

Long Jump after recording a jump of 5.17 M in the final. Junior Annika Poe placed second in both the Women's Shot Put and Discus Throw with a throw of 13.87 M in the Shot Put and 40.78 in the Discus.

For the men, Wyatt Quiring got off to a good start in the 100 Meter Dash with a time of 11.09 which was good for a 3rd finish. He then won the 200 Meter

Dash to continue his success. Other notable times in the short sprints were by Junior Seth Zeitchich who finished 6th in the 100 Meter, First-year Nathan Le who got 7th, and Sophomore Matthew Skelly who finished 8th. Moving to long-distance, Junior Henry Hinchcliffe won the Men's 1500 Meter run with a final time of 4:10.75.

Next up was the Drake Relays where the Gusties could not have performed any better. Donnelly led off for the Gusties as she competed in the 800 Meter Run on Thursday and finished 7th with a time of 2:10.68 which nearly set a new personal record for her. Placing seventh was especially impressive as five of the six runners who finished in front of her were from high-level D1 programs.

"It felt like a good race, it was exciting to be up there with all the D1 and D2 girls and knowing that I could compete with them," Donnelly said. On Friday, things got even better for Donnelly and her teammates as they won the Women's Sprint Medley with a time of 3:59.32 to narrowly beat some of the best teams from around the country. Apart of the medley team were first years Kate Carlson and McKenna Huettner who ran the 200 Meter legs, followed by Nelson who ran the 400 Meter, and Donnelly who finished off the victory with a PR time in her 800 Meter leg.

"It was super exciting, I felt like everyone else on my

relay just set me up perfectly to chase down Augustana and run a great race. I ran my best 800 time ever in my relay split, a 2.09 which was fun, and then finding out we won was an unreal moment," said Donnelly. For Nelson things did not end there, as she still had the 100 Meter Hurdles to run. In that event, she placed 11th with a time of 14.16, which like Donnelly, was exceptional given the field was mainly D1 runners. "I ran against 32 girls, most of them D1, one girl got second in indoor D1 nationals so that was the sort of caliber of athlete I was up against, so to take 11th and being the top non-D1 finisher and really holding my own against the D1 girls was super awesome," Nelson said.

For the men, First-years Tyler Smith, Blake Fuller, Marcus Rupnow, and Senior Dylan Gast placed 15th in the 4\*800 relay with a time of 7:58.62. Then, Zeitchich, Quiring, Gast, and Smith competed in the Men's Sprint Medley and closed out Friday with a 14th place finish and a time of 3:32.52. On Saturday, the last day of the Drake relays, Senior Jack Degonda, Fuller, Rupnow, and Junior Tucker Wallin closed with a 14th place finish in the Men's Distance Medley Relay and a time of 10:38.52.

Back in Saint Peter, the Gusties were once again hosting, this time in the Drake Alternative Meet. Nelson continued her outstanding week by setting

a stadium record of 14.12 in the 100 Meter Hurdles. Additionally, the Men's 4\*100 relay team featuring Sophomore Grant Baker, Junior Dominic Flentje, First-year Micheal Broad, and Senior Jack Wiessenberger finished 4th securing a time of 46.67.

"That's one of my favorite relays because I was with a bunch of my friends and it was really just an enjoyable moment to run it with three of my friends. We didn't even really worry about the time, even though we still did really good. Really happy with the results," Flentje said.

All in all, it wrapped up an amazing week for the team as they battled through multiple meets and were able to secure records along the way. Additionally, many Gusties have secured their spots in the conference meet which takes place in just over a week. "A lot of people have their conference time secured so what they're trying to do is just focus on staying in shape and obviously not getting injured right before conference," Flentje said.

"It's just exciting to go into conference with such strong talent across event groups. It'll be fun to see what people can do," Donnelly said. With the team morale at an all-time high, their mindset is to win. "Hungry, that's how I would describe people. We have a ton of momentum," Nelson said. The team will look to fulfill that hunger in the coming weeks.



The Gustavus sprint medley team holds their championship flags at the Drake Relays.

Gustavus Sports Information