



Audience returns to Christmas in Christ Chapel



Gusties gear up for Christmas in Christ Chapel.

Luke Yang

WEEKLY Scan

A preview of this week's top news and more

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Campus Safety Report

Friday, November 5, 2021

- Campus Safety was informed of property damage to a door in the Dining service area.
- Campus Safety responded to a medical assist at Arbor View east apartments.

Sunday, November 7, 2021

- Campus Safety responded to a medical amnesty in Rundstrom Hall.
- Campus Safety responded to a missing bicycle at College View Apartments.

Monday, November 8, 2021

- Campus Safety transported a student from Sohre Hall to Urgent Care.

Saturday, November 13, 2021

- Campus Safety responded to Southwest Hall for a medical amnesty.

Note: Case dispositions are available online by viewing the daily crime log on the Campus Safety web page: <https://gustavus.edu/safety/incidents/index.php>

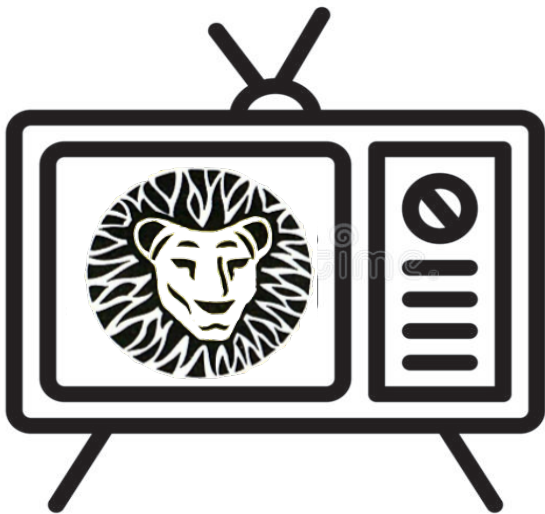
Tip of the Week:

Run, Hide, Fight...Do you know what it means?

Run, Hide, Fight, is a national campaign that Gustavus uses in providing notification during an active threat situation on campus. Basically the run part is that your first option is to get away, get as far away from the threat as you can. Second, if you can't, then you hide. You barricade yourself wherever you are. You often see the words shelter in place, when it comes to the hide element. You shelter in place to try and keep yourself away from that threat. The last is if you just have no other option, that you can use your mental and physical capacities to defend yourself. That as a last resort to save your life, there may be a need to fight.

For more information about using Run, Hide, Fight in an active threat situation, watch the short video posted on the Campus Safety website in the right hand toolbar under "Safety Training Videos."

Are you interested in placing an ad in *The Weekly*?



Contact our ad manager
admanager@gustavus.edu

Daily Sabbath Calendar

Open Space- Tuesdays (Christ Chapel)
Come to Christ Chapel for an unstructured time of prayer, meditation, reflection, or rest. Light a candle for the healing of the world.

Morning Praise- Wednesdays (Christ Chapel)
Join together with Gustavus Choirs to sing the Morning Praise liturgy. Coffee and pastries await you at the end of the service. Morning Praise is also live streamed on the Chaplains Office Youtube Page.

Holy Communion- Thursdays (Christ Chapel)

December 2nd, 2021

- Holy Communion

December 3rd, 2021

- Handbell Ensemble Showcase

Audience returns to Christmas in Christ Chapel



Gusties gear up for Christmas in Christ Chapel.

Submitted

Carter Brown
Staff Writer

Christmas in Christ Chapel has officially arrived once again on campus, this time with added precautions for COVID-19. "Christmas in Christ Chapel...places our stories of lament and meaning-making among the stories of the Divine," states the Gustavus website page for Christmas in Christ Chapel (CinCC). "Through the

hope of nativity, we journey to a place of inspiration and good courage..."

Starting on Thursday, Dec. 2, C in CC will begin this "journey" and will continue on for four days, ending on Sunday, Dec. 5. Each performance will begin at 7:30 PM CST, with the exception of the last performance on Sunday, which will begin four hours earlier at 3:30 PM CST.

For those unfamiliar, the performance will consist of the

Gustavus Choir, the Choir of Christ Chapel, Christ Chapel Ringers, Gustavus Symphony Orchestra, Lucia Singers, and dancers. A more detailed program is available for download on the Gustavus webpage for CinCC as well.

As with all things that have in-person attendance, the presence of COVID still looms over events heavily, especially with the emergence of the Omicron variant. Due to this, CinCC has taken some measures to ensure

a safe viewing experience for those interested in attending in person in recognition of the concern for safety.

According to the Gustavus website, seating capacity will be reduced to seventy-five percent (75%) to allow for spaced seating, proof of a Covid vaccination or negative test results must be produced by audience members aged twelve and up. In addition, there will be no buffet and a face mask is required. On the website page for CinCC,

there is additional information on their Covid policies in addition to a FAQ.

The accommodations for the in-person audience will be accompanied by a livestream provided by Heroic Productions and those in CinCC of the performance on Saturday, Dec. 4 in order to provide viewing experiences for those who are unable to attend. This livestream will be archived on the Gustavus website and will be accessible for later viewing.



Gustie choirs practice for Christmas in Christ Chapel.

Submitted

CinCC as told by The Weekly archives



December 4, 1992, Gustie choirs sing in CinCC.

Submitted



The sound of handbells rings through Christ Chapel every Tuesday night. (photo by Dan Egley)

From 1986, The Handbells practice for C in CC.

Submitted



Chapel Choir performs during C in CC.

Photo by Byron Backus

C in C C sellout success

From December 8, 1981, Chapel Choir practices.

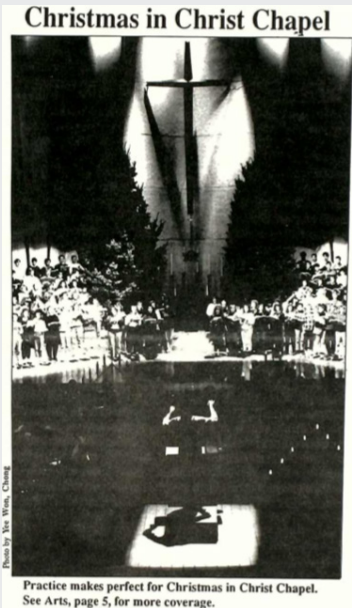
Submitted



The "Christmas in Christ Chapel" celebration last week performed to 6000 people.

From December 12, 1975, draws in an audience of 6000.

Submitted



Practice makes perfect for Christmas in Christ Chapel. See Arts, page 5, for more coverage.

December 4th, 1992, Gusties practice for CinCC.

Submitted

Christmas in Christ Chapel again a sellout

by Lisa Engquist

As something new this year, the music for the performance

November 24th, 1981, CinCC sells out.

Submitted

Christmas in Christ Chapel performers convey a message of peace

Emily Knutson
Copy Editor

Headline from December 4, 2015 about CinCC.

Submitted

Tips and tricks for finals

Korri Wojack
Staff Writer

It's no big surprise that finals are a huge source of stress for most students. With many students it can make or break their final grade, and with the average of 3-4 finals per student, that is a lot of pressure. This stress is often worsened by inadequate coping techniques and pressure from both internal and external sources. Lack of sleep, unhealthy eating habits, excessive amounts of caffeine, and lack of relaxation can all cause a student's brain to not function at its best.

The GustieWELL office, located in the lower level of the Campus Center, serves as a center to connect students with helpful information and resources related to stress management, physical health, mental health, and more. GustieWELL offers options for every type of student, ranging from peer-led workshops and support, to 24/7 online cognitive behavioral courses through Learn To Live, and also professional staff appointments. During this stressful time, the GustieWELL office is well versed in stress management techniques.

First, not all stress is bad, as Director of GustieWELL Laura Herbst-Johnson reminds us. "While stress isn't typically a comfortable feeling, it can actually serve a valuable purpose. We actually perform best under medium levels of stress, because it helps us focus and stay motivated (this is called eustress)," Herbst-Johnson said. While eustress can be very beneficial, the other hand is distress. Ongoing high stress can negatively impact cognitive function and daily tasks. "Maintaining mental, emotional and physical reserves are essential to preventing distress. The first step to stress-management is prioritizing basic self-care habits, such as moving your body (even just 5-10 minutes is beneficial), aiming for 7-8 hours of sleep and staying hydrated are crucial to helping your body endure stress," Herbst-Johnson said.

The PAs also chimed in, relaying their tips and tricks for stress management. "[Try] getting outside for a walk, journaling, talking with someone you trust, and taking study breaks" said junior Keely Schuck, followed by senior Alex Chou, who took more of a mental approach to managing stress. "Given how it is crunch-time, re-outlining one's to-do-list for these last three weeks would serve as a "reset" for every student. Expressing gratitude (write 3 things you were grateful for before going to bed), and watching your internal dialogue/manifesting positive energy will definitely help in the long run," Chou said.

Here on campus there are many places you can go to in order to receive help before finals, or any time really. The Academic Support Center is a fantastic re-



Students collaborating on homework.

source, and so is the GutieWELL office, and by extension, going and visiting with a PA. There is also the Writing Center for those students that have a final paper instead of a final exam, and different departments have specific tutors to help students understand the material better.

For those with testing anxiety or other testing related issues, the Academic Support Center is a fantastic resource. In many cases they can help students get the help they need by allowing extended time for tests, pencil and paper tests vs. online tests, etc.

So, what are some tips and tricks?

Number one: Avoid procrastination! This natural tendency seems

to define the college experience with some students even boasting about their ability to survive all-nighters. We've all been there. In reality, however, procrastination is not cause for celebration, it can hurt your grades. This harmful practice stresses students out and almost always leads to worse scores because the material is all crammed into your short term memory, and not etched into your long term.

Number two: create a study space!

Nothing is worse than trying to study and getting distracted every five seconds. There are plenty of spaces on campus that are all built for studying. Tablespace, quality lighting, comfy chairs, and relatively no distractions from people or your

phone is ideal. Still, if you do struggle with winding up back on your phone when you study, don't worry! Try plugging it in across the room, turning it all the way off, or even setting reminders that will appear to remind you to get back to studying.

Number three: your body is your best friend!

Sleep, movement, hydration, and food are the most important things to keep your body happy, and by extension, the mind. Cramming everything into an all nighter means your body isn't getting enough sleep, and you'll be exhausted before your final. Instead make sure to get adequate amounts of sleep, and avoid caffeine before bed. In the morning and throughout the day, snack and drink water, it

will help you stay alert and keep your brain functioning properly.

Most importantly, breathe! Remember that you got this, and even if your grade isn't what you wanted, it's not the end of the world. There are plenty of Gusties and Gustie resources that are here to help and support you both before, during, and after finals. Good luck Gusties!

Izabela Taylor

GUSTIE of the WEEK

Habeke Bekele

Michaela Woodward
Staff Writer

This Gustie of the Week came to Gustavus seeking a welcoming community and a new atmosphere, and that is exactly what she found.

Senior Habeke Bekele was born in Ethiopia before her family moved to Washington D.C. in 2008. Now, she calls both D.C. and Minnesota home.

"I was very adamant about pursuing higher education just because my parents did not, so having that kind of push made me look into liberal arts... making sure I establish a sense of community and a niche within the environment and feel as though I can have the one-on-one engagement and have the personal relationships rather than just being a number at a big school. I was very adamant on just exploring more [and] not just staying on the East Coast, even though it is very beautiful and chaotic. I did want a little bit more of just a calm, quiet, peaceful environment, and I think Gustavus fosters that, and has allowed me to thrive in that community," Bekele said.

Bekele is pursuing an individualized major in public health policy, but that was not always the plan. As a First-year she intended to pursue biochemistry, but quickly found herself burnt out, which led her to look into other areas of study.

"If you can see my transcript, I can tell you at least one class from... almost each department in this campus. ...There was a sense of struggle, but I think looking back it just tells a wonderful story of how I have a very well-rounded curriculum and background," Bekele said.

Sociology and Anthropology was the path that stuck, until conversations with peers who were studying individualized majors opened Bekele up to that option.

"I was actually intending on majoring in Soc/Anthro. I believed that that was closest to my public health love and at the time I was minoring in Public Health, and so I was very intrigued and still am interested in the human interactions and human behaviors that help foster social norms and things of that sort. But I was having a conversation with one of my peers in the PA office... and she mentioned that she's doing an individualized major, and here, as a senior, last year, I'm thinking to myself, 'wow, if only I could do that.' And so... I said

'you know what, I'm going to do something I love. It's okay if I stay one more semester, maybe even make it two!' I love what I do and I couldn't be any more proud that I made the switch at [the] last minute possible. Having to go through [the process of applying for an individualized major] has also allowed me to kind of advocate for myself," Bekele said.

Bridging her passion for public health and her campus involvements, Bekele takes on many roles in her position as a Peer Assistant.

"I think for me is... in anything I do I want to help somebody. I hope to one day get my community health working certificate and just be a liaison for specific diaspora communities and just help to curb different... health related issues that come with misinformation or cultural differences or linguistic differences. And of course that's a different setting compared to Gustavus, but within this setting I believe that the resources that we have... in the PAs and in the GustieWELL, not only are we leaders, we're also friends, we're also advocates, we're also educators," Bekele said.

Her colleagues have seen her grow from and fulfill these roles in her time as a PA.

Director of the GustieWELL Laura Herbst-Johnson has advised Bekele as a PA since she joined her junior year.

"I've had the pleasure of serving as an advisor to [Bekele] for three years in her role as a Peer Assistant. To say Habeke's personal growth, leadership and commitment to our community has blossomed over that time would be an understatement. Being able to witness her incredible development and compassion with my own eyes makes my heart so full," Herbst-Johnson said.

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Fellow PA Junior Zach Gbor notes Bekele's personal attributes that make her successful in this position.

"Habeke is an extremely passionate person. She has great

energy and amazing ideas when collaborating with her as a PA," Gbor said.

Bekele considers the PAs to be her family on campus.

"I think somebody, one of my friends commented and said, 'Habeke, you look so [much] better, like, you look happier.' And I said 'yes, I've found my group, I've found my community, I found my family.' It just goes to show that first gen, only child, came from DC, knows nobody in Minnesota - I have no family here - but to be a part of a group like the Peer Assistants, that I call family, and then to actually engage in planning, and having fun education events for students, just makes my heart warm," Bekele said.

Bekele is also involved in the Pan-African Student Organization (PASO) and sees that community as a safe space to explore her identity.

"I love my Pan-African brothers and sisters and the community we fostered, and not only like learning about each other, but also our diaspora stories and building a stronger connection on what it means to be a [Person of Color] at a PWI (Predominately White Institution). Being a member of PASO has also helped me and allows me to understand different ways in which race and different issues related to race can be impacting and just having a support family and group of that sort has been very helpful and a really good transition for me," Bekele said.

Through her time at Gustavus, Bekele has also been involved in the Lucia Singers choir, a CF and a dispatcher with Campus Safety. Her hobbies and outlets include napping, being in nature, and listening to music, all activities that allow her to take time for self-care or to ground herself.

Coming to Gustavus and seeking a community, Bekele found that and more; through her contributions and involvement she is able to continuously work to better the lives of herself and her peers.



Korrie Wojack

GOW Habeke Bekele.

Do you have a suggestion for a Gustavus student, professor, or staff member who could be our next Gustie of the Week?

If so, send their name, position on campus, and a short description of why you think they should be recognized to
weekly@gustavus.edu
for a chance to be featured!

A representative from the Gustavian Weekly will be in contact with you via email if your suggestion is chosen to be featured in an issue of the paper.

Rededicating the light of Hanukkah

Emma Esteb
Staff Writer

The Multifaith Leadership Council (MLC) hosted a Hanukkah event at 5:00 p.m. on Nov 30 in the Heritage Room. The event consisted of a small Hanukkah celebration. They lit the Menorah which signifies the creation of the earth in seven days, with the center light representing the Shabbat. The Menorah is made up of seven lamps which emphasize human knowledge and the light of God. At the event, students explained the importance of the Menorah and the history behind it.

The meaning and Hebrew definition of the word Hanukkah is “dedication.” Contrary to popular belief, Hanukkah is a “minor holiday in Judaism and it is emphasized today more than historically because of its proximity to Christmas” according to Interfaith Program Coordinator in Chaplains’ Office and Visiting Assistant Professor Dr. Broida.

The eight days of Hanukkah “follow the Jewish calendar, which is partly lunar, so the dates move around each year” according to Broida. The holiday began at sunset on Nov. 28 and will end on sunset Dec. 6. For the event that took place on Nov 30, the MLC not only lit the Hanukkah candles but they also played with a dreidel and passed out goody bags with chocolate coins.

The MLC “promotes interfaith leadership, learning, and cooperation” according to the Gustavus website. The group focuses on inclusivity and creating a place where all students of all faiths feel comfortable and appreciated. The MLC decided to host this event and come together as a community to “empower Jewish students as they often feel like a minority religion here on campus,” junior MLC co-president Shannon Halen said.

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The history behind Hanukkah focuses on a conflict between the Jews and the ruler of the Seleucid Empire during the mid-2nd century BCE. The ruler of this empire ultimately did a number of things that instigated a rebellion by a group of Jews called the Maccabees. The Jews during this time period would



Happy Hanukkah sign in the Caf.

practice specific rituals at their Temple which the Seleucid ruler forbade.

During the war the Seleucid army overtook their Temple but the Jews reclaimed and rededicated it, naming it Hanukkah as dedication. According to tradition they needed specially prepared oil to keep the eternal light in the Temple. They had only found enough oil for one night.

But amazingly, the oil lasted them eight days and even produced more oil after. The Jews understand and celebrate this holiday as a remembrance for God’s miraculous intervention. The menorah has eight candles representing the eight days of oil, with each night of Hanukkah having a candle lit.

“The Jews understand and celebrate this holiday as a remembrance for God’s miraculous intervention. The menorah has eight candles representing the eight days of oil, with each night of Hanukkah having a candle lit.”

With Christmas in Christ Chapel and other Christmas related events happening on campus, Halen said the MLC wanted to acknowledge Hanukkah and the Jewish students at Gustavus. With that, the Chaplain’s office will also be posting information and sponsoring events for the major Jewish holidays according to the Gustavus website.

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The Chaplain’s office has resources for students interested in celebrating Shabbat and holidays.

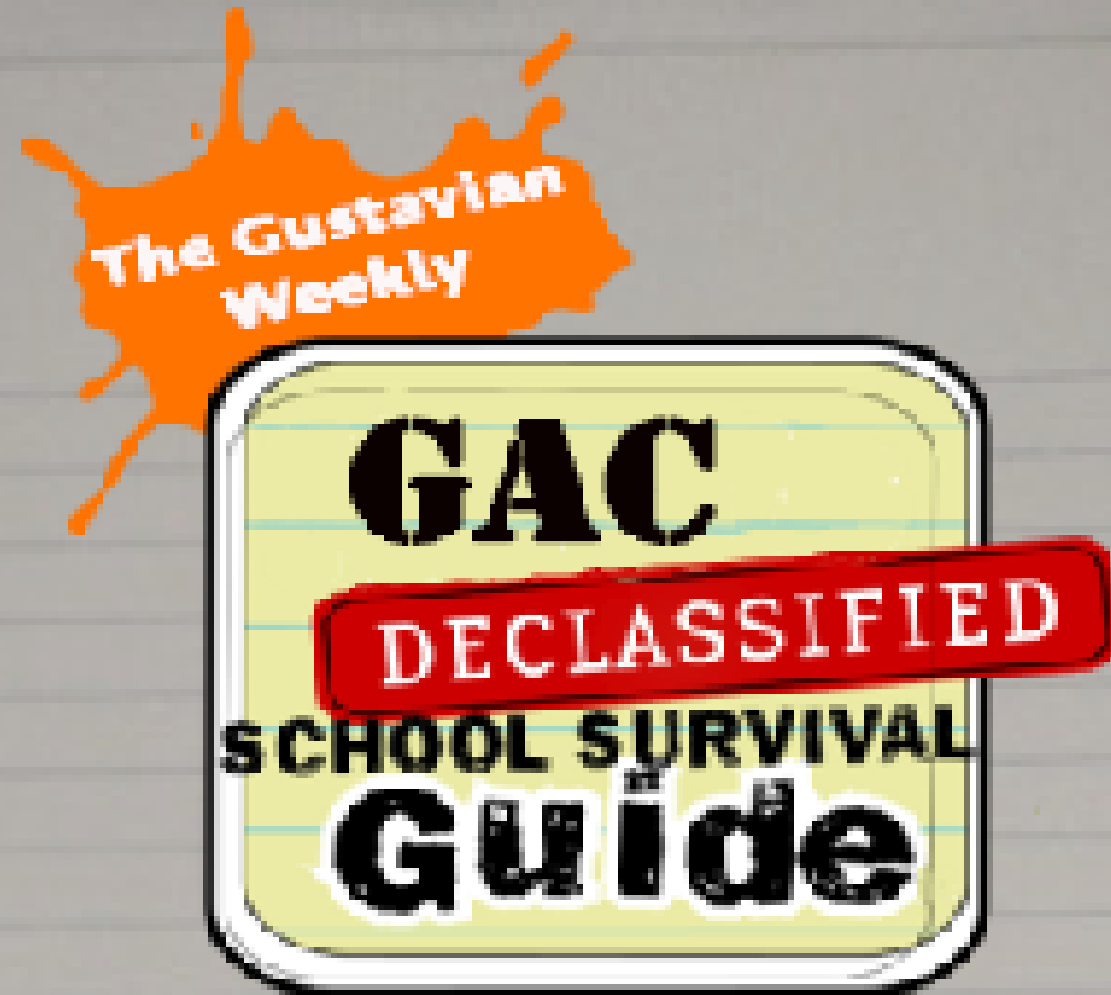
The Bonnier Multifaith Space has “candles, juice, and copies of the Mishkan T’filah for Gatherings siddur (prayer book), candlesticks and lighter” for students interested in celebrating the Shabbat according to the Gustavus website. A hanukkiyah (menorah) will also be available in the Bonnier Multifaith Space. For the holiday of Passover, Seders-in-a-box will

be offered in the weeks before the holiday and an opportunity to attend a seder with a host family are available with the help of Assistant Professor of Religion, Dr. Sammuel Kessler.

The Gustavus website provides information and links to religious services of synagogues that are holding virtual Sabbath services. The website also gives additional virtual resources and community resources for the Jewish community at Gustavus to use. Different Hanukkah events will be taking place on campus Nov 28-Dec 6 with specific details to be announced.

The push for these events is creating a diverse and welcoming community at Gustavus that encompasses all religions. The opportunities to learn about other religions helps students be educated on different faith practices. The diverse faith community that Gustavus has created is shaping our school for the better.

Jayne Mapstone



Survival Guide to: Finals and Finals Prep

Talk to Your Professors

Asking for help is terrifying and it's easy to let that fear keep you from asking for help until you've broken down crying in your professor's office. Surprisingly enough this isn't the best method. Gustavus professors really don't want to fail their students and even more so care about their students' academic and personal wellbeing. They are indeed humans too, even if they don't always seem like it, so go to their office hours, fill their inboxes, talk to them after class, ask all the questions and if you need help, just ask.

Sleep is More Important than Studying

We've all attempted the all-nighter at least once in our college lives but if we're all being honest it rarely goes as planned. The plan always starts with something like, "I'll stay up and finish it, take a short nap and then show up to class/take the test/give the presentation...ect" but there are so many ways this plan can crash and burn. Your body needs sleep and if you don't allow yourself enough sleep your body will demand it. You'll become the student sleeping sitting up, sleeping in class, or worse just sleeping though all your alarms. If you don't sleep enough to function the next day it doesn't matter how much you got done that night you'll still sleep through your final.

Don't Forget to Eat

Again, you have a body which requires care to function. It's easy to get distracted and forget to eat or to skip a meal because you "don't have time to eat". Not eating will creep up on you without you realizing it. Low energy level? Low motivation? Hard to focus? Foggy brain or memory? Irritable? Light headed? Have you eaten at least three times today because maybe you should. It doesn't have to be a full home cooked meal at mealtime but eat something.

Move Your Bo

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Move Your Body at Some Point

You might not have time for a full work out at Lund, but you should still move around throughout the day. Take a lap around campus, walk the halls of whatever building you're in, walk to the caf or the Steamery. Do something to get blood flow back to your feet and brain. Have fun with it; play tag with friends, challenge your roommate to a pushup contest, take a walk in the arb. Your brain needs blood flow and a short study break will help clear your mind and wake you up a bit.

See The Sun

We might feel like nocturnal vampires or undead zombies during finals but we are indeed still living which means you need sunlight. Take a walk, sit outside or, my personal favorite, sit yourself in front of a window like a cat and study there. The sun will help give you energy and improve your mood. If you need a little extra boost you might want to talk to your doctor about vitamin D or look into getting a happy light.

Talk to Other People

This one is more for your own sanity than anything. Though during finals it's important to focus on school work and keep the partying and social activities to a minimum you still need human interaction. It's easy to isolate yourself on campus but talking to other people can help you feel more motivated, alleviate stress and increase your energy levels. Find a study body, take a coffee break with friends, or call your family. You may also want to ask someone for a hug-within COVID-19 guidelines of course. We could all use a little more love and affection in the world and a hug from a friend especially during the chaos that is finals always helps.

Talk to the Librarians

I'm sure you've heard this one before and probably brushed it off because you don't need help and you can find stuff in a library by yourself. While this might be true the librarians and other library staff do actually know a lot of stuff and probably a lot of things you don't know. In addition to being incredibly helpful they are also really nice.

Use the Tutors

Again, one we've all heard several times but it's true. The tutors are students just like the rest of us which makes them extra understanding. They know the prof, they've probably taken that class already, and they again do know what they're doing. It's also important to remember that you're not bothering them. If no one shows up to tutor hours they still have to stay and sit there by themselves, so go talk to them.

Drink Water

We now return to the demands of having a human body. As you are again still human you require water. Water is not coffee, soda, energy drinks, tea, ect. You need actual water and lots of it. Keep a water bottle with you. If you're someone like me who forgets to drink water or who doesn't like drinking water download an app to remind you, get a reusable straw or try flavoring your water with fruit. My go to is lemon juice and ginger which both improves the taste and adds some important nutrients.

In a baffling move, Gustavus punishes first-years for things that they did



Jonas Doerr
Opinion Columnist

Gusties have been doing some awful, awful things. Or so it would seem, since they are being denied basic rights given even to prisoners of war. They are doing awful things like leaving their garbage in the bathroom and stealing exit signs - truly despicable. Clearly the hoodlums causing this mischief deserve to be punished, but the way it happens is terrifying.

In both instances, a large number of people were threat-

ened with punishment even though most of them were innocent. An entire floor was faced with a fine if garbage kept appearing in the bathroom instead of the dumpster where it belonged. Even though all the dutiful students who took their trash outside already had to suffer by smelling rotting food every time they chose to brush their teeth, they now had to pay a fine on top of that. Last year an exit sign was stolen in Co-Ed. Even though their safety had already been endangered by the removal of the sign, all the guiltless residents would have paid a fine along with any guilty residents except that the culprit was barely found. And now this year fines were actually collected from Co-Ed residents due to damages caused by a small group of people. There is a long history of fining victims along with culprits at Gustavus.

The worst part of it all is that this type of punishment is not even allowed for prisoners

of war. The Geneva Conventions were several international gatherings where most countries agreed on a set of boundaries to protect certain people during wartime. The rules included protecting hospitals and Red Cross personnel as well as strict limits for treatment of prisoners. Rule 103 of the conventions says that, "No general penalty, pecuniary or otherwise, shall be inflicted upon the population on account of the acts of individuals for which they cannot be regarded as jointly and severally responsible." What this means is that it is forbidden to punish a group of people for the actions of a small number of people when it cannot be shown that the group is just as responsible for the wrongdoing. It also specifically mentions monetary punishments (that's what pecuniary means), which is directly related to what Gustavus has been doing to students.

It is ridiculous that Gusta-

vus is doing something to students that cannot be done to prisoners of war. Students are paying thousands of dollars to be at Gustavus, and yet their basic rights are taken away? Whatever happened to innocent until proven guilty? An entire dormitory of people is presumed to be guilty since it is not proven that they weren't a thief or vandal?

Imagine a murder scene for a moment. A large number of people attend a dinner party. Someone slips poison into the host's drink, and he dies. The police arrive at the scene and cannot even determine a single suspect, so they arrest every guest at the party, dozens in all. The police demand that someone confess or reveal who did it or else everyone will split the penalty of a lifetime sentence, leading to two years in prison for everyone. No one confesses, and they are all imprisoned.

Of course, the stakes are higher in this hypothetical, but is it otherwise any differ-

ent from what is happening at Gustavus? People cannot be punished without any evidence of guilt. It is ludicrous, unjust, and unethical.

Certainly, Gustavus has few choices to deal with these situations. They perhaps see it as the only alternative to letting a criminal walk free. Maybe they do not plan on receiving the fine most of the time because they hope that someone will turn in the hoodlum. Maybe anger at the disrespectful acts of some students cause the school to take measures it otherwise would not.

Nevertheless, it is better to be just and let a hundred criminals get away than to be unjust and catch every single one. Gustavus proudly displays "Justice" on its walls as a core value yet neglects it towards its own students. Gustavus needs to refine its policies because while these fines may be fine for its finances they are not fine with supporters of justice within its confines.



The trash that takes all our money.

Chicago: the best city



David Eide
Opinion Columnist

I'll just come right and out and say it, Chicago is one of my all-time favorite cities. In fact, I'd go as far as to say that it's my favorite city overall. I was recently in Chicago for a Model United Nations conference, and it only reinforced my love for the windy city. So, without further ado, here is why I think Chicago is the best city in the world and why you should think that as well.

First things first, before we get into the cityscape itself, I think it's important to establish the fact that Chicago has some of the best symbols out of any of the cities in the United States. Chicago has one of the best flags of any city in the US, better even than 90 percent of the states. It is simple yet distinctive, the red and light blue creating a delightful contrast that sticks with the viewers long after they stop looking at the flag. Furthermore, the symbolism of the flag is in-

credibly meaningful, with each of the four stars representing a major event from the city's history such as the great fire of 1871 or the Columbian exposition of 1893. Compare this to the flag of New York City which is simply a derivative of the flag of the Netherlands with the NYC city seal stamped onto it. I think it's plain to see which flag is the superior design.

The greatness of Chicago's flag provides a good representation of the greatness of the rest of the city. One aspect of the city's greatness that will be immediately noticed upon arrival is the skyline. There is a vast diversity of skyscraper design within Chicago, from the towering monoliths of the 1970s and the 1980s to the more post-modern skyscrapers of the 1990s and early 2000s to the oddly shaped glass structures of our modern times. One of note is the Sears Tower, technically named the Willis Tower, but no one calls it that, the tallest building in Chicago and perhaps the most well-known skyscraper in America behind the Empire State Building. Of course, the greatness of Chicago's skyline makes sense, considering it is the birthplace of the skyscraper in the first place.

While the beautiful skyline is all well and good, I think that the culture of Chicago is what truly makes it my favorite city. Chicago is without a doubt one of the most diverse cities in the United States and probably the world as well, containing multi-

tudes of different ethnic groups and cultures. From Irish Americans who brought the tradition of dyeing the Chicago River for St Patrick's Day, Mexican Americans bringing the tradition of celebrating Cinco de Mayo, Polish Americans bringing their distinct form of theatre, and African Americans fleeing racial violence in the south bringing a rich cultural heritage that ended up sparking a renaissance rivaling that of Harlem's. In this sense, Chicago is like dozens of different cities all woven into one massive tapestry. Many cities are diverse, but Chicago has a special atmosphere to its multiculturalism that I really appreciated on my first and subsequent visits. The traditions brought to Chicago and their various interactions and combinations have given us some of America's most famous cultural products, Jazz, the Blues, and Deep-Dish Pizza.

Chicago also plays host to several of my all-time favorite locations. There is Millennium Park with its famous Bean sculpture that has become synonymous with Chicago itself. I can still recall my excitement the first time I saw the bean. It might not seem very impressive based on photos but the actual impression you get when you see it reflecting the sky and the ground with its unique curvature is just awe-inspiring. There is also the Chicago History Museum located in Lincoln Park, which is one of the best history museums I have ever had the pleasure of visiting.

I would say that it's the closest a normal museum has come to capturing the magic feeling I got at the Smithsonian Museums, it really is that good in my opinion.

I've only listed a few of my reasons for loving Chicago but if I had to boil down what I

love about Chicago into a short statement it would be: from its skyline to its culture, Chicago is the epitome of everything great about American cities. I love Chicago, and I love it more with every visit I make to it, and I could foresee myself eventually living and making my career there.



Chicago skyline.

David Eide

College literature for those who read too much for college already



Clare Greeman
Avid Succession Watcher

This isn't about dark academia, so don't get excited. Off the back of my DWMs article (*see last issue- Clare) I will now show you the many wonders of the campus novel, despite the fact that I'm sure all of us read too many "campus novels" to begin with. I assure you that these are not homework assignments or untruths about the novelties about college or college life. I rather see these books as an ode to academia. A love letter to higher education.

The premise of these novels are very classist within themselves, as all of us are privileged to have access to higher education at all, and on the flipside, don't necessarily want to sing the praises of our thousands in dollars of debt, or constantly being buried under a pile of assignments, extracurriculars, and job(s). Only those that can afford "free rides" and don't take any pride in their education have the freedom to lose themselves in books, day in and day out. In this way I see campus novels as an artifact of a lost time, or even a utopian society wherein there are no downsides or outside sources of stress in academia for those who truly love it— the protagonists we see are moored in a space where everywhere they turn they are face with their great love and passion: academia.

Some or most of you might not see the merit in this, but if we can't romanticise some aspect of our lives, what do we really have going for us at the present moment?

Stoner by John Williams

was my first introduction to the genre and the most exemplary example I will be discussing. Stoner is a man who is born on a rural farm and discovers his love of literature at college. He loves it so much that he becomes a professor. He marries an unstable woman who turns his daughter against him and has a fallout with this colleague that puts his career in jeopardy. The only bright spots in his life are his affair and his love of learning. Stoner, though surrounded by sadness, has a love for literature and academia that transcends the page and leaves the reader in rapture. John Williams' masterpiece was recently rediscovered by scholars and hasn't faded from view since. It's a beautiful endearing book and since reading it, campus novels have never left my heart.

Campus novels, as seen through the eyes of people who worship academia, can provide us with an even deeper love of the things that we are surrounded by at Gustavus. Reading academia through the eyes of Stoner, a man to whom

knowledge was his one true love, makes the reader find little dapples of light in their own academic pursuits. Everytime I treat myself to a reread or a new campus novel, I find a renewed sense of wonder with the work I'm surrounded by as well as the things that make college life a privilege.

I also think that for that reason, it's a good reminder to the privileges that allow us to be in higher education. Rather than taking them for granted, which I can't blame any of us for, we can find ways to truly count ourselves lucky.

Campus novels can be a little less intense than Stoner by way of truly being a campus novel, but all allow the reader to live the lives of people who are immersed in academia and revel in it. The Idiot by Elif Bautman (which is also a great DWM) shows a coming of age in the first year of college. Real Life by Brandon Taylor shows our protagonist healing, grieving, and fostering meaningful relationships in grad school.

I love The Secret History despite its faults, and perhaps more for them. Our protagonist is a slave to school like Stoner is, and his academic pursuits lead him down a dark path along with the other students in his classics class. However, unlike Stoner I felt hatred for the protagonist rather than a slightly begrudging sympathy. All the characters' relationships are wildly flawed, along with the logic that allows the sinister events in the book to unfold. Donna Tartt shows us the underlying evil in elitism, which is why I find it so ironic that people love this novel for its "dark academia vibes". It's a deliciously misogynistic and wild crashshoot that's a good hate-read or just a read-read.

So go out and pick yourself up a campus novel if you're feeling a little disillusioned with college life, or better yet, pick one up if you miss it over break.

Ben and Jerry's



Hailley Brune
Opinion Columnist

I'd never given ice cream manufactures much thought. Over the summer I was with my sister and she went to buy some Ben and Jerry's ice cream. At first I judged her, verbally of course, for buying such expensive ice cream. She argued back saying how it tastes better, they have good morals, and the ice cream is more expensive so they can pay their employees more. This did peak my interest because I didn't know anything about Ben and Jerry's, except that I couldn't afford it. After doing some digging, I've found them to have an interesting history.

Ben Cohan and Jerry Greenfield were the founders of the ice cream company. Jerry was struggling to get into medical school while Ben was a dropout who took a course on ice cream making. Ben also had a lack of smell, which was the

reason they made ice cream with chunks, for the texture purposes. They opened their first ice cream shop in Vermont in 1978. Fun Fact, Ben and Jerry's ice cream was used to make the largest ice cream sundae in 1983. The original owners wanted their stores and factories to be positive places. They always stepped up and expressed their opinions on social issues through ice cream and support. During their time under the original owners Ben and Jerry were known to receive high wages. In 1995 the starting pay for an entry-level employee was \$12. Today the highest paying Ben and Jerry's is in Vermont, and they pay \$18. They strived to make sure their higher ups weren't getting overpaid and the entry level employees underpaid.

In 2000 Ben and Jerry sold the company to Unilever with the agreement that they would hold up their values. Under new management they've publicly kept this promise. In 2006 the U.S. Senate proposed opening Alaska to oil drilling. Ben and Jerry's launched a protest by making the largest Baked Alaska. Baked Alaska is an ice cream dessert with a type of baked meringue on top. Their Baked Alaska weighed 900 pounds and was placed in front of the capitol building. They've shown support for eco friendly packaging, GMO free products, and transparency for

milk production.

So, to the public it seems they've kept their promise, but what about behind the ice cream. What's happening with the workers and in the factories? While under the ownership of Ben and Jerry they were always very open and transparent with their wages. While under Unilever their wages have become more hidden. Whether that's because they lowered them, or other reasons I can't say. If you look up their wages you get anywhere from \$11-\$15. It's known that their Vermont workers are paid higher, in the \$18 range. They haven't given a reason for this but assume it's because Vermont is their beginning. Their headquarters and main factory are also located in Vermont. While there are some discrepancies in their wages there are other benefits. They have a progressive benefits package plus paid family leave and health club memberships. Factory employees also get to take home three free pints of ice cream or frozen yogurt every day. Which I think is a pretty sweet perk to making ice cream.

Overall even after the switch of ownership Ben and Jerry's keeps their good reputation. In general they're said to be a fun place to work for and they have a good reputation from their workers. There's some parts of the business that don't



Ben and Jerry's.

Submitted

come off as genuine as they originally did. Keeping their wages more closed off, and the differences in pay between places. We also live in a capitalist society so we have to expect foul play from everyone, just to cover the bases. It's always when you don't expect a com-

pany to be skeezy, that's when they are. Big picture wise, Ben and Jerry's seems like a sweet place to work. A place where you can feel a little more confident that they are supporting your values, and the values of others.

Time in a bottle



Marcjanna Taylor
Opinion Columnist

Der Amerikanische Musiker Jim Croce ist ein Genie mit der Gitarre. Er hat viele gute Lieder geschrieben. Zum Beispiel, Er hat den song Time in a bottle, Bad Leroy Brown, Operator und I Have a Name geschrieben. Er ist ein Folk und Soft Rock Musiker. Ich fokussiere mich auf sein berühmtes Lied Zeit in einer Flasche. Jim Croce hat das Lied für seinen sohn geschrieben nachdem seinen frau ihm gesagt hat, dass "Sie schwanger ist." Das Lied ist über sich und seine Zeit mit seinem Sohn. Das Lied wurde nach seinem Tod her-

ausgegeben. Er starb in einem Flugzeugabsturz. Welches das Lied sehr traurig gemacht hat weil Jim Croce nicht mehr am Leben war und das Lied über die Zeit mit seinem Sohn geht. Lieder hat Jim Croce nie seinen Sohn treffen können, da er vorher starb.

Die Lied ist langsam und traurig. Der Liedtext ist "Wenn ich Zeit in eine flasche sparen konnte, Wurde Ich jeden tag für immer sammeln für dich." Jim Croce benutzt nur eine guitar, Wo mit das Lied noch trauriger macht. Mit dem wissen, dass das Lied für seine tod veröffentlicht wurde, macht es umso trauriger. Ich glaube sein Lied wurde interessante und trauriger nachdem, Ich erfahren das Er gestorben ist.

Meiner Meinung nach ist Jim Croce ein guter Musiker weil Er gut singen kann. Und seine Lieder gute Geschichten haben. Seine Musik ist toll weil es viele Person gibt, die sich mit seine Musik identifizieren können.

Seiner Lieder haben sehr gute Liedtext und harmonisieren mit der Musik. Time in a

bottle struktur ist einfach, Da es nur ein instrument gibt und den sänger. Meiner Meinung nach ist das Lied, schwer als gedacht weil Jim Croce es nie für seinen sohn singen konnte.

The American musician Jim Croce is a genius with playing guitar. He wrote a lot of good songs. For example, he wrote the song Time in a bottle, Bad Leroy Brown, Operator and I Have a Name. He is a folk and soft rock musician. I focus on his famous song Time in a Bottle. Jim Croce wrote the song for his son after his wife told him "She is pregnant." The song is about himself and his time with his son. The song was released after his death. He died in a plane crash. Which made the song very sad because Jim Croce was no longer alive and the song was about the time with his son. Jim Croce never got to sing his song to his son because Jim Croce died before that.

The song is slow and sad. The lyrics are "If I could save time in a bottle, I would collect for you every day forever."

er." Jim Croce only uses one guitar, which makes the song even sadder. Knowing that the song was released for his death makes it all the more sad. I think his song got more interesting and sadder after I found out that he died.

"The song is slow and sad. The lyrics are "If I could save time in a bottle, I would collect for you every day forever."

In my opinion, Jim Croce is a good musician because he can sing well. And his songs have good stories. His music is great because there are a lot of people who can relate to his music.

His songs have very good lyrics and harmonize with the music. Time in a bottle struc-

"In my opinion, Jim Croce is a good musician because he can sing well. And his songs have good stories. His music is great because there are a lot of people who can relate to his music."

ture is simple, because there is only one instrument and the singer. In my opinion the song is harder than I thought because Jim Croce could never sing it for his son.

Overall Jim Croce is a good musician whose songs are timeless. I only wish for more people to listen and witness his masterful songwriting and singing abilities.

[illegible]

Men's basketball wins against Bethany Lutheran College

Gustavus remains 1-1 in MIAC

Autumn Zierman
Staff Writer

The Gustavus men's basketball team traveled to Mankato on Monday night for a non-conference game against the Bethany Lutheran Vikings and took a 66-62 win. With the victory, the Gusties move to 3-3 overall and remain 1-1 in the MIAC. This victory comes after a very close loss to the St. Olaf team on Tuesday the 23.

"It was a great feeling to pull off the win. Our first 7 games are on the road and no matter the team it is always tough to find a win on the road. Also, it was a great bounce back after a close loss and got us back on track going back into conference play," junior Jake Guse said.

The Vikings got out to an early 12-5 lead, before the Gusties responded with a 15-9 run and took their first lead with ten minutes left. The score evened at 28-28 and the Vikings held a one-point lead at the 31-30 halftime. Gustavus had an advantage over Bethany close to the basket with a 26-21 edge in rebounds and outscored the Vikings in the paint 24-18. Senior Kaleb Feahn led with eight points and First-year Spencer Swanson recorded seven rebounds.

"I felt very confident going into the game. We didn't execute as we would have hoped in some areas, but we played extremely hard and resulted in a win. The expectations for the year and season are high for us, because we believe we are near the top of the MIAC and have a great chance to win the confer-



Senior Jake Guse dunks.

Gustavus athletics page

ence," senior Benji Lundberg said.

"I hope we can grind because that's what our schedule is. It's early, and I still think we're finding ourselves a little bit, but it would be nice if we can grind," head coach Mark Hanson said.

Right into the second half the Gusties reestablished a 33-31 Gustie advantage. The Vikings tied it at 37 and went on a 10-6 run before senior Nolan Malo made three jump shots for a 49-47 Gustavus lead. The back and forth continued, each

team following up the others small victories, but ultimately Gustavus pulled out the win. The Vikings did not go down easily as they ran up a final 8-1 run with eight seconds remaining, senior Pete Lundquist and senior Jordan Schommer closed the door going for a perfect 4-4 from the line to seal the Gustie victory.

"We all felt pretty confident going into the game, knowing our abilities and talents gives us a lot of confidence in what we can do as a team. Our expectations this year are to be

one of the top teams in the MIAC," Schommer said.

Long days full of practice are sharpening the team's skill as the semester continues.

"We could have closed it out stronger if we had made a couple more free throws and not turned the ball over. Some of the more high pressure, intense situations are hard to simulate in practice so these in-game lessons are valuable," coach Hanson said.

Like most other competitive sports, however, the GAC men's basketball team was

happy to be back on the court after last year's inconsistent schedule, full of cancellations and empty stands.

"The highlight for us this season is just being able to be with all the guys and having fun out on the court, also being able to have a normal season compared to last year is a great thing as well," Schommer said.

Also pushing the guys through this season is the close community that accompanies training and competing together.

"Family. We try to stick to this because the closer you are and know more about each other it makes for better communication when out on the floor. Also, trying to stick as one helps when things are not going our way and we don't have just a couple people trying to do it all. We all try to fight as one to make the best team we can," Guse said.

Competitiveness and camaraderie are the foundation of the team and with Gustavus cheering their victory, the men's basketball team have their eyes on the prize.

"Playing 'above the rim' — meaning keeping a level head and not letting negative emotions dictate what we do or how we react to situations. Team aspirations for the season are to win a conference championship!" Lundberg said.

The Gusties return to conference competition Wednesday, December 1 traveling to Carlton.



Senior Pete Lundquist blocks a shot.

Mankato Free Press



Senior Kaleb Feahn defends the ball from Bethany players.

Mankato Free Press

Lund Center construction continues

Phase 1 of construction continues

Alli Joerger
Staff Writer

As the first semester of the 2021-2022 school year begins to see its end, projects on campus are also looking for their stopping points going into the second semester. One particular project making immense progress at this time is the Lund Center construction project. The project is expected to maintain its correct course of construction and stay on the proper timeline moving into the spring.

The project is currently in what is referred to as Phase 1, which is on course for its completion in the spring. "Kraus Anderson [construction company for project] is projecting the Phase 1 Expansion to be completed by mid-April 2022," Gustavus Director of Athletics, Tom Brown explained. Because of its steadfastness to the timeline, Phase 1 is, "coming along quite well," Brown said. The building is now enclosed and has heat, which enables construction to begin to shift more towards the interior aspects of the construction. These aspects include walls, flooring, furnishes, and others, according to Brown.

While this interior construction may give the impression that the construction is quite close to completion, it is important to note that this current stage of construction is what Facilities Director Travis Jordan calls the "rough in" phase. This means that the project is still going through the process of, "installing all of the mechanical, electrical and plumbing infrastructure systems to support the building," as well as, "drywall framing/rough in," Jordan said. However, this stage of the construction is still important as it demonstrates the progress that has been made. It would be difficult or impossible to begin construction on the interior if the building had yet to be enclosed and heated, which is especially important as temperatures begin to cool and exterior construction becomes more difficult to achieve.

Both Brown and Jordan find this stage of construction to be a particularly exciting time for the project, especially based on the interior construction and its promise of progress. Brown explained that he is excited "to see the spaces come to life" in light of the walls and furnishings previously described. Jordan agrees with this idea and explains that it is becoming easier to see everything coming together with the shift towards the interior aspect of Phase 1. Specifically the, "installation of the glass in the wellness areas as it overlooks the football stadium and the stone work



Construction continues on Lund.

front" to be "a visual sign of the great progress of the project," Jordan said.

Overall, the Gusties have an abundance to continue to be thankful for on campus, especially related to the new developments of the Lund Center. This project is one of massive scale which requires strong leadership and a focus on the long-term visions and goals of the project for our campus and community. "We broke ground last April and it has been exciting to see the project come from a hole in the ground to an almost fully enclosed building. We have been thoroughly impressed with our architectural firm, BWBR, and our construction company, Kraus Anderson, as both groups have been tremendous to work with and have shown great leadership," Brown said.

Not only can Gusties extend their thanks to the groups on the forefront of construction, they can also be thankful and excited for the many new improvements that will be available to them at the end of Phase 1. The expansion and improvement of Lund Center is something that is advantageous for not only the student-athletes but also for every student on campus seeking to improve or maintain their physical well-being. "When it opens, our students, faculty, and staff will have full access to the Wellness Center, Weight Room, and

Student Lounge. There will be five athletic team locker rooms, visiting team locker room, official's locker rooms, and the men's and women's coaches locker rooms completed, as well as the athletics office area," Brown said.

Looking forward beyond Phase 1, there are several other improvements that Lund Center hopes to make that are

contingent on needed funding. Gustavus is hoping to renovate the current Lund Center and also construct a new Field House, Brown explains. However, the college is still working on raising funds to complete these goals. "Once we reach our fundraising goals, the college will share the renovation plans for the current Lund and the timeline for the Field House

construction," Brown said. In combination with the progress in Phase 1, the renovations and the Field House addition will create even more opportunities for students at Gustavus and physically embody the Gustavus goals to improve and provide an excellent learning and living environment for students.



Construction crane outside Lund.

Ellie Gunderson

Stumbo finishes strong

Cross-country season draws to a close at nationals

Brady Boie
Staff Writer

Senior cross-country runner Andrew Stumbo is known for finishing his races strong. And much like how he finishes his races, Stumbo finished his running career at Gustavus with an impressive performance. As he took the field in Louisville, Kentucky to represent the Gusties one last time at the Division III national championships, Stumbo was experiencing an array of emotions. After having a disappointing showing at the MIAC championships, Stumbo was determined to redeem himself and represent his team in the best way he could.

"You know, MIACs was a rough day for the team as a whole. We ran it to win it and paid for it in the second half of the race. Personally, it was probably my worst race of the season. I took from it a bit of fire that I'd been missing this last year or two of cross country and really let myself be willing to hurt at regions and nationals if it meant I ran quickly," Stumbo said.

Stumbo started off the race hot, clocking in at 3:06 for his first kilometer. He then settled into his pace and focused on executing his race plan.

"(Going out fast) was pretty much the strategy! I was hoping for an All-American finish, and I knew to do that, I couldn't get buried behind 200 other people, because there's only so much make-up you can do over the course of an 8k," Stumbo said.

Stumbo kept up this blistering pace and ran with great pas-

sion. As he passed the 3k mark, Stumbo's timer read 9:13.9. Even though the race wasn't halfway over, Stumbo knew that he was within striking distance of achieving one of his lifelong goals of breaking 25 minutes in the 8 kilometer race. Even with this excitement growing in the back of his mind, Stumbo maintained his composure and did his best to stay in the moment.

"I repeated 'It's okay to hurt' and 'this is your last race as a Gustie' to myself probably a thousand times each just to desperately remind myself that I was tough enough to hurt during the race and run fast anyway...I'm not used to running in the middle of a huge pack, and all the nationals race is just one huge pack. That was the toughest part to stay calm about," Stumbo said.

"I repeated 'It's okay to hurt' and 'this is your last race as a Gustie' to myself probably a thousand times each just to remind myself that I was tough enough to hurt during the race and run fast anyway..."



Stumbo competing at a cross-country meet.

Gustavus athletics Instagram

As the race wore on, Stumbo found a way to dig deep and hold onto his current pace. His 5k split of 15:43.5 gave him a good shot at finishing his career as an All-American. He pressed on and gave everything that he had. He crossed the finish line with a time of 24:55.5. As one would expect, Stumbo became emotional after the race.

"Knowing that that was the end of my collegiate running career was really hard to accept and a few tears were definitely

shed. At the same time, it was also a little relieving," Stumbo said.

Stumbo's time placed him in the top half of all runners at nationals and was a personal best. More impressively, his finish was the third fastest time in Gustavus program history and solidified Stumbo's place on Gustavus's cross-country Mount Rushmore. Stumbo is the first runner in program history to earn All-Conference honors in all four years and joined

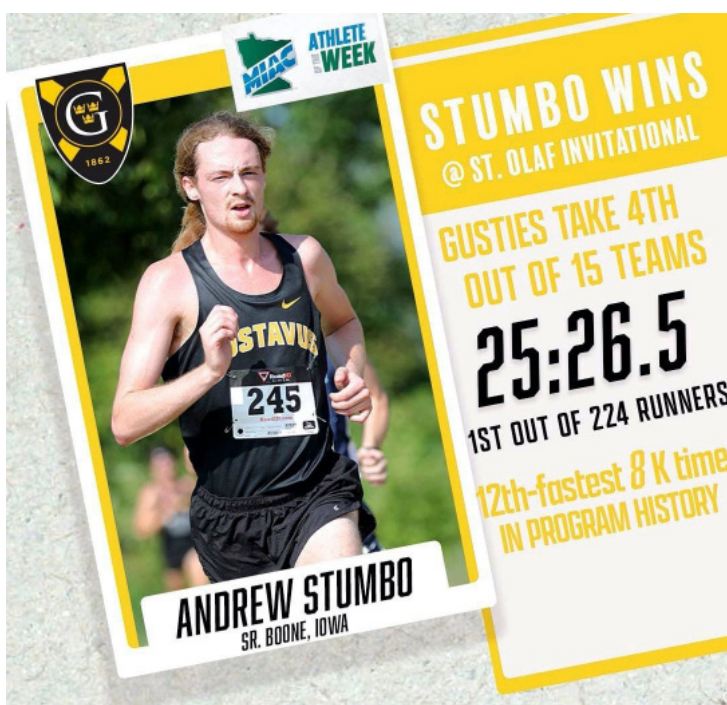
elite company by competing in nationals three of the four.

"He's going to go down as one of the best runners in program history," head coach Brenden Huber said.

Coach Huber was especially proud of Stumbo's performance given the challenges that Stumbo had to face this year. Stumbo plans on becoming a teacher after college, and student-teaching often prevented him from training with the team.

"He ran a really strong race... We were managing new things this year... working through those new stressors was difficult. When we look back at what he actually accomplished, we were very happy with that," Huber said.

All things considered, Stumbo ended his stellar career on a high note. He handled the season's adversity with ease and took everything that happened to him in stride. Stumbo plans to keep his competitive juices flowing by picking up either rock climbing or weightlifting after the academic year draws to a close.



Picture of Stumbo from win against St. Olaf.

Gustavus athletics Instagram



Stumbo running with the Gustavus cross-country team.

Gustavus athletics Instagram