

ESTABLISHED 1891

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Issue 7

Gustavus offically changes Arboretum name



Linnaeus name removed from Arboretum sign.

Korri Wojack

WEEKLYScan

A preview of this week's top news and more

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Campus Safety Report

Saturday, October 9, 2021 •

- Campus Safety responded to a report of property damage on the second floor of North Hall.
- Campus Safety responded to a medical amnesty call at Chapel View Townhomes.

Sunday, October 10, 2021

Campus Safety took a report from a Professor in Fine Arts Music, they stated that 2 of their keys were stolen.

Wednesday October 13,

Campus Safety responded to Norelius Hall for a medical as-

sist. Tip of the Week:

Run, Hide, Fight...Do you know what it means?

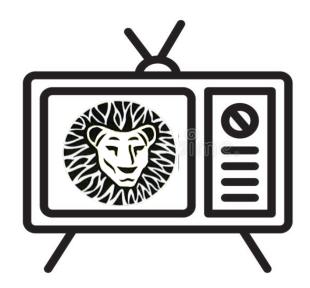
Run, Hide, Fight, is a national campaign that Gustavus uses in providing notification during an active threat situation on campus. Basically the run part is that your first option is to get away, get as

far away from the threat as you can. Second, if you can't, then you hide. You barricade yourself wherever you are. You often see the words shelter in place, when it comes to the hide element. You shelter in place to try and keep yourself away from that threat. The last is if you just have no other option, that you can use your mental and physical capacities

to defend yourself. That as a last resort to save your life, there may be a need to fight.

For more information about using Run, Hide, Fight in an active threat situation, watch the short video posted on the Campus Safety website in the right hand toolbar under "Safety Training Videos."

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Daily Sabbath Calendar

Open Space- Tuesdays Christ Chapel) Come to Christ Chapel for an unstructured time of prayer, meditation, refleciton, or rest. Light a candle for the healing of the world.

Morning Praise-Wednesdays (Christ Chapel)

Join together with Gustavus Choirs to sing the Morning Praise liturgy. Coffee and pastries await you at the end of the service. Morning Praise is also live streamed on the Chaplains Office Youtube

Holy Communion-Thursdays (Christ Chapel)

October 20th, 2021

Morning Praise

October 21st, 2021

Holy Communion



Formally known as the "Linnaeus Arboretum" the Arb will now be called "The Arboretum at Gustavus Adolphus College".

Arb name changes to 'The Arboretum at Gustavus Adolphus College'

Mel Pardock Staff Writer

of Tuesday, October 12th, the arboretum loated on Gustavus' campus has been renamed from "The Linnaeus Arboretum" to "The Arboretum at Gustavus Adolphus College." This name change came after a process of deliberation that involved campus associates, a look into hisforical perspectives and collaboration with Swedish historians, and board conversations. The Board announced the creation of the Linnaeus Deliberation Circle in December 2020, and the circle has since done a deep-dive into how the values of Swedish botanist Carl Linnaeus compare and contrast with the core values of Gustavus: justice and

community. President Rebecca Bergman discussed this name change in an email sent to the student body on October 18th.

"Carl Linnaeus, an 18th-century Swedish botanist, is best known for creating a classification system for all living things - both plants and animals - that is still used today. His classification of humans (Homo sapiens) into four "varieties" became, over time, one of the origins of scientific racism. While the word "race" has not been found in any of Linnaeus's writing, he based his four "varieties" of humans on geography, skin color, and perceived physical and moral characteristics,' President Bergman said.

The push to rename the arboretum began in June 2020, when student organization

the Radicals generated a petition calling for the removal of Linnaeus' name from the arboretum, which gained over 200 signatures from students, faculty, and alumni. As concerns of racial injustice grew in the summer of 2020, the push became even larger. By the end of the year, an email had been sent from the Radicals to leaders, who generated ideas about how to approach the issue, and Board of Trustees chair Scott Anderson appointed Siri Erickson and Ron White to co-chair the Linnaeus Deliberation Circle. The chairs worked with the Deliberation Circle to generate ideas, then the chairs presented these ideas to the Board of Trustees in May 2021. A timeline of these events can be found on the Gustavus

"The circle's work started in January of 2021, meeting January through May. We did a lot of research, took additional input from students, the national advisory board of the arboretum, faculty, and from a lot of alumni, connected with scholars of Linnaeus in Sweden, did some digging through the Gustavus archives to see how the arboretum came to have Carl Linnaeus' name on it, and we did a lot of listening and research as well as deliberation. The Circle's job was to generate different decision making scenarios for the Board of Trustees to consider," Circle co-chair Siri Erickson said.

This name change has been vital in fostering a more inclusive, accepting community on the Gustavus campus. In a 2020

resolution on racial justice and inclusion, the Board of Trustees resolved to affirmed the college's commitment to racial justice and inclusion, as well as work alongside President Bergman and her cabinet to create a more diverse, equitable, and inclusive Gustavus community. The change of the arboretum's name has continued this resolu-

"If we are to create a welcoming environment and a sense of belonging here at Gustavus, now that the Linnaeus name and bust have been removed from the arboretum, we believe that we have now created a space in which we all have that sense of belonging, irrespective of your identity," Circle co-chair Ron White said.



Lawen Mohtadi

Submitted

Q&A with the Artist-in-residence: Lawen Mohtadi

Emily Seppelt
Staff Writer

This year marks the return of the week long Out of Scandinavia Artist-in Residence-program sponsored by the Scandinavian Studies department. This years guest is writer and filmmaker Lawen Mohtadi. Mohtadi is most well known for her biography of Roma civil rights activist Katarina Taikon and the subsequent documentary Taikon: The Untold Story of a Roma Freedom Fighter. Mohati immersed herself in the Gustavus campus and culture from October 15-21. At the start of the week, staff writer Emily Seppelt sat down with Mohati in the Swedish House and conducted an exclusive interview for the Weekly.

This visit has been postponed since March of 2020 due to the COVID-19 pandemic. Do you feel that your approach to the residency has changed since then, and if so, is this due to the events of the past 1.5 years?

1.5 years?

"It is changed in the way that I appreciate it more now. Because of the isolation of CO-VID. It also sort of gives me the chance to see things with new eyes a little bit. So I'm just

happy to be in a place where I can engage with people again and we can exchange things. I get to talk about something that I really care about."

What are your goals, intentions, hopes, etc. for this week

on our campus? To get a sense of what it's like to live here and study here. I am mostly interested in students. For me, coming from Sweden, it is a pretty small country, it's a small language, so to me I am really interested in what does Sweden mean for people outside of Sweden, and especially here in Minnesota? That is a conversation that I am really curious about. There is so much great literature, culture from Sweden- it fun to talk about that and to hear what the students, what they care about when it comes to Śweden. My goal is to immerse myself as much as I can, just go to events and talk to people. I am eager to hear about , as I share my work on Katarina Taikon, to also hear about how that resonates with people here."

So far, what is your impression of Gustavus? "

We grow up with a lot of American culture, so to us that's also something that feels both exotic but also somehow familar. It was a little bit like the movies. But I think, you know being here, what I really can sense is that the students here are really engaged. That's the only word I can use. In their whole existence here. The studies, the activities, and then also the sense of community. I really like that. I think that that is something that we're not as good at in Sweden as you guys are. That community is important, you know, when you are in place, you share with other people. So, relationships are important. I would have loved to have had that college or university experience."

The Gustavus Arboretum was recently stripped of its former name, Linnaeus Arboretum. What is your perspective, as a Swede, of the controversy around the dedication of public spaces to racist people in history? Especially because Linneaus in such a Swedish icon

"Yes, absolutely. And from my hometown! What happens when we start investigating historical figures, is that yes, we're going to discover that very central scientists and people who put forward really important ideas also contributed to what we would call scientific racism.

Those figures were never in the margins- they were at the center of the institutions that produce knowledge. As somebody who has looked a lot at the Swedish 20th century, you come to a point where you have to try and look at the way that we have told certain stories. And look at them with a critical eye and confront that. And so I'm not surprised that somebody like Carolus Linnaeus is being confronted in this way. To me, he is an example of something that we are going to probably wrestle with for the next 100 years."

What inspired you to write about Taikon, and later to make a film about her?

"I had this encounter where I saw an image of her. It was a very striking image and made me interested about 'who is she?' and 'what's going on?'. It led me to try and find out more about her, and as I tried to do that I discovered there is nothing written about her. That was the beginning of me wanting to know more about Katarina Taikon. One thing led to another, I met her older sister, Rosa Taikon. My first meeting with Rosa was absolutely eyeopening to me. I just thought this has to become larger story.

That's how the idea for the book was born. Since then I have been working on her legacy."

As a Swedish American institution, what can Gustavus learn from Taikon's work and legacy?

"Hopefully add nuance to the often-told success story that Sweden is abroad. I think what Katarina Taikon shows through her work is that, while Sweden was becoming one of the most egalitarian societies in the world, the most modern country, there was also this other thing that was going on. There was institutional discrimination against certain people in society. I think that is important for understanding the dynamics of Swedish society. That part to me is important."

Is there anything you'd like to say to the Gustavus community as a whole?

"I am sure by the end of the visit that I am going to feel so inspired by so many really engaged students. And then also- it is really fun for me to see that there is an interest in Swedish culture. That is one of my main interests in life. That gives me the feeling that what we {Swedes} do also matters in other places."

Annual DLC carnival returns

Korri Wojack Staff Writer

The Diversity Leadership Council put on their carnival Wednesday October 20 in Alumni Hall. The carnival is held every year so that the campus community has an opportunity to see and learn about all of the organizations that are a working part of DLC during the year, and to see some of the people from the organizations themselves. It's held as a second chance after the involvement fair for students to get involved with organizations they may not know about, and to get a sense of what events the organizations may have in store for the year.

The Diversity Leadership Council is a collection of 27 student organizations and 8 executive members that advocate for on-campus diversity initiatives by abiding to their core values of community, equity, transparency, and intersectionality.

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DLC works to support over 25 organizations that are advocates of diversity and social dialogue at Gustavus Adolphus College, and they act as a collective voice in order to recognize the need to promote, preserve, and protect on-campus diver-sity. "We help connect campus organizations to each other and to resources, and also to connect students to the organizations and resources that may help them find a place on campus that feels like a community to them,"

"We help connect campus organizations to each other and to resources, and also to connect students to the organizations and resources that may help them find a place on campus that feels like a community to them,"



PAs pose with Gus at the DLC carnival.

Jayne Mapstone

DLC Co-chair junior

Geena Zebrasky said.
If there is one thing that is as important on a college campus as the actual academic education itself, is social education. "Education within a diverse setting prepares students to become good citizens in an increasingly complex, pluralistic society; it fosters mutual respect and teamwork, and it helps build communities whose members are judged by the quality of their character and their contributions.," wrote the American Council on Education. Diverse college campuses offer more worldviews for students to consider and engage with. College students can learn from peers with different perspectives shaped by a variety of experiences.

The Diversity Leadership Council interacts with students on campus by helping support organizations that create events for students on campus. These orgs support and promote cultural and ethnic celebration, interfaith partnership, gender and sexual advocacy, and political and social dialogue.

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The DLC also listens to what the organizations may think students on campus need. "We also have community resources, like a form on our websitewhere students, or anyone on campus, can submit something for us to talk about in our meetings, and perhaps address in a broader sense," Zebrasky said.

The carnival garnered a large population. Carnival games, food, and conversation was everywhere. Student orgs were

able to interact again with current and prospective members, while students learned more about orgs and how they supported diversity on campus. Conversation, crepes, cotton candy and caramel apples, along with classic favorites such as nachos and snow cones were had by all. Students participated in carnival activities like Planko, face painting, a photobooth, and spin the wheel. Hopscotch, cornhole, spikeball and bag racing required a bit more technical skill, and classic elementary school games were present as well.

Like many events on campus, there was a chance for a prize. If a student visited 10 or more different organization's stations and got a punch in the punch card that was given upon entrance and the student was automatically entered into a drawing for one of three Amazon gift cards - and the first 180 that finished the punch card automatically got a full size candy bar. The carnival has been held for years,

though last year was cancelled due to COVID restrictions. The Diversity Leadership

Council is eager to help individual students and larger organizations alike support diversity and equity in any way they can. They are able to be reached through general committee meetings, or through office hours that each member has, located in the CIE. Anyone can come and reach out to them for any questions.

GUSTIE of the WEEK

Kevin Birr

Zhipeng Li Staff Writer



Serving for the Gustavus community as the Assistant Director of Dining Service for more than a decade, Kevin Birr has much more of an interesting story to tell. A Minnesota resident who was born and raised in Mankato, After an adventurous four years in college, Kevin eventually becomes a District Manager of a chain restaurant. Having said that, It is not all that ideal for Kevin at that time.

"I was spending one-third of the time of each year traveling and sleeping in the hotel room being a district manager, and I realize maybe it's time for a more stable position close to

home," Birr said.

Eventually, an old pal of Kevin introduces an opportunity for Kevin to be a Gustie, and that is how the magical journey begins. Starting working as a supervisor here in the dining service, Birr has quite a lot of chances to actually engage with students. When he was asked what he liked the most about the Gustie community, Birr answered without hesitation.

"As you said, this is a community, I have never felt this kind of atmosphere anywhere else. Homecoming is always a good time, and years later when some Gusties Alumni go back on campus, there is always a good conversation to be had." Birr said.

Many students are concerned about the return of the daily buffet, Birr naturally knows the answer.

"Because of the COVID hit, we had quite a bit of a staff member change. And right now, we are short of staff to actually do the preparation demanding work for the daily buffet, and we are continually looking for hirings. If everything goes ideally and we get all the staff we need, the buffet should be coming back next spring," Birr said.

As one of the crucial members for making sure the dining service functions well and provides the food Gustie needs, especially during COVID special time, extra working endeavour for Birr is inevitable.

"During the covid time, everything is changing on a daily basis. We used to arrange the working schedule for the staff weeks in advance, and during COVID we have to make daily changes and collaborate with colleges policy and government health officials, as well as working with other colleges in Minnesota. So yes, Definitely, it is not easy. This year in particular, we are short of student staff, we used to have much more student staff on duty," Birr said.

In his free time, Kevin played

In his free time, Kevin played the sport of Curling competitively and earned four Minnesota State Championships, Fourteen National Championship appearances, playing in the National Final Four nine times, medaling six times including winning Bronze at the 2010 Olympic Qualifier. And countless other matches and honors. When Birr was asked about his curling career, he gazed at his framed jersey shirt rather proudly.

"My dad was the one who led me into curling since I was a kid. Not only is he the best dad, but he pushes you forward for progress as well. He does not push you too much so you would feel against it. Curling is not all about competition like some other sports, it's about sportsmanship. We had a good team while playing curling, moreover, we had a fun team. We traveled to Japan, Canada---countless times, Europe of course, and one time I had heard there was someone calling my name in a metro transit station about that. Turns out, It was another team from Scotland," Birr said with a smile.

When Birr initially became a

certified wild mushroom identification expert, There was only a handful of them in Minnesota. When Birr was asked about why makes him specialize in a rather niche area, Birr said:

niche area, Birr said:

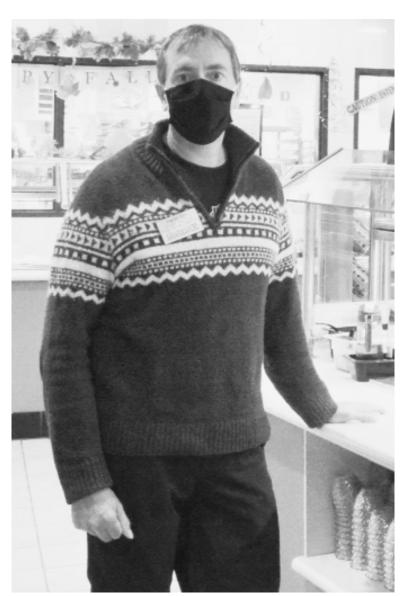
"I like to walk in the woods, to me walking in the woods is always relaxing. When I was a kid, Family time was not about watching TV. We were going out doing outdoor activities, sometimes in the woods, and I have been familiar with mushrooms ever since. When my boss introduced me to a Gustavus-sponsored course on mushroom identification, I immediately registered, and subsequently, I got certified."

"We were going out doing outdoor activities, sometimes in the woods, and I have been familiar with mushrooms ever since. When my boss introduced me to a Gustavus-sponsored course on mushroom identification, I immediately registered, and subsequently, I got certified."

When being further asked on advice for amateur mushrooms seekers, Birr answered:

"Nowadays it is not as easy to just find a piece of public land and do it as the old days, and you may find some books or apps to help you out, but when you actually encounter them, it is still confusing if there isn't an experienced person to point out the difference to you," Birr said.

Therefore, Gusties, Go talk to Kevin if ever need guidance related to wild mushrooms, or simply just go talk to Kevin.



Kevin Birr

Ellie Gundurson

Do you have a suggestion for a Gustavus student, professor, or staff member who could be our next Gustie of the Week?

If so, send their name, position on campus, and a short description of why you think they should be recognized to

weekly@gustavus.edu for a chance to be featured!

A representative from the Gustavian Weekly will be in contact with you via email if your suggestion is chosen to be featured in an issue of the paper.

Q&A hosts 17th annual drag show

Emma Kelsey Staff Writer

ueers and Allies is a student-led organization here on the Gustavus campus, dedicated to fostering positive relationships within and among students of LGBTQIA+ identity and allies. The group seeks to raise awareness on issues affecting the LGBTQIA+ community, be a resource for those questioning or not yet out, create an inclusive and enjoyable environment for everyone, and make changes where they are most needed.

Q&A puts on a number of events for members and students on campus to enjoy. Most recently a drag show was held last Friday, October 15th. The seventeenth year of the annual event consisted of seven performers. The organization brought in three professional performers: Victoria DeVille, Zon Legacy Phoenix, and alumni Ty Torres ('14). These performers put on a dazzling display of talent, each with 3 performances to showcase. Equally intrigued, Gustavus students also participated in the event - Robin Hyde ('25), Flannel Jack ('24), and Sen

('22) each put on a sensational spectacle themselves. The show also consisted of a secret professor performance, whose stage name was "Tomboy Cruise". Their identity is to remain clandestine, but a source has given the tip that this person holds a PhD in physics. Otherwise, the mystery remains.

The show ran from 8pm to 10pm, and it was a reported success. There were a few technical difficulties but the show must go on. A decent audience turned out to witness the drag show magic; the dining hall was over half full. Zach Kacmarynski ('22), President of Queers and Allies, held the performers in high praise, expressing how amazing the show was.

The judges consisted of Professor Richard Lietch, Chaplain Maggie Falenschek, Darsa Donelen, the advisor of the Q&A organization, and Area Coordinator Abbey Lane. The \$50 gift card prize and tiara were awarded to the night's winner, Sen, for their outstanding performance

Q&A's events don't stop with the success of the drag show this past week. The organization has many other events in store for students. In October they have trick-or-treating for non-perishable food items which they will then donate to a food shelf. The last time they were able to do this, they collected just shy of 300 pounds of food to donate to those in need.

Q&A will also be putting on Thanksgiving and winter holiday meals, for students who aren't able to be out at home or can't return at all. These events are made to create a family setting students can feel comfortable and supported in, especially for those who don't otherwise have that.

Later this school year, for the the first time ever, the Q&A organization is planning a "Gay Prom", aimed for students who were unable to be out for their high school prom. While it is created for those who missed out on formal events because of their identity, all will be welcome.

Queers and Allies meets in the Center of Inclusive Excellence on Mondays from 7pm to 8pm. Meetings vary in structure: the group may discuss event planning, current events affecting the LGBTQIA+ community, or have game nights or movie nights. The meetings are not very formal, rather a space that fosters inclusivity and flexibility. All students are welcome at any time, and anyone, regardless of identity, is encouraged to attend. "We want to foster a sense of community between the LGBTQ+ community and the rest of the campus; when we work together is when we get things done," Kacmarynski said.

The Q&A organization does even more than support students who need it. The group also pushes for that same support to be extended by the school and those in power. They advocate for queer representation here on campus and work with members of administration to make sure needs of queer students are being met.

"They advocate for queer representation here on campus and work with members of administration to make sure needs of queer students are being met." Furthermore, they send messages to state, local, and federal representatives to demand the queer population be accepted, and their rights ensured through legal protection and representation.

In order to support the queer students here on campus, fellow students are asked to listen, learn, and act.

"In order to support the queer students here on campus, fellow students are asked to listen, learn, and act".

Allies are asked to listen and learn about the queer community's struggles rather than assuming, and act alongside them whenever possible in order to make change. "We will never be able to truly understand each other without communication, and without that understanding, we cannot effectively vanquish the discrimination and hatred on this planet," Kacmarynski said.

Andy Stoll comes to Gustavus

Kaitlin McCoskey Staff Writer

ave you ever wanted to travel? Have you studied abroad? Do you want to travel after graduation?

Andy Stoll came to campus on Tuesday, October 19 to discuss these topics. A world traveler himself, Stoll was invited by CAB to speak to Gustavus students about his experience traveling and the value he has found in it.

Katie Ashpole is a 9th semester senior and co-president of CAB. She planned the event with Andy, and shared what the process was like. "This has been a long process. He was supposed to come last year, and three days before he emailed us saying he was notified he was a close contact of someone who tested positive for Covid. Because it was an in-person event, we wanted to make sure that it was safe for students to attend and that we could have a good number of them show up," Ashpole said. "Stoll is here to talk about why traveling is so beneficial, and why one should do it. To combat any fear people have, as well as "the benefits of embracing different cultures and learning about different places and how much that can help you grow," Ashpole said. Another member of CAB

Another member of CAB who played a role in bringing Andy to campus is senior Abdel Mahgoub, a member of CAB on the culture and diversity board. Mahgoub verified that this event was supposed to hap-

pen last year, and that due to the pandemic it was cancelled. "Basically, the board that I'm on, they have the work from last year that they're going to do this year," said Mahgoub, and that the planning last year was done by " someone else in this position alongside me, and they worked on doing this event in person. Katie [Ashpole] did too". Overall, the two CAB board members were curious about what Andy Stoll's talk would consist of. "I'm just interested in what specifically he's going to talk about and his experiences," Mahgoub said, adding that not knowing exactly what to expect from Andy's talk gives 'an element of surprise"

On Tuesday night, Andy Stoll came to Gustavus to speak. He was invited to campus to share with students about his life story and encourage students to find their passions and consider traveling the world. Stoll began his talk by saying, "I'm going to share with you four stories about my four year, 40 country trip around the world after I graduated". Going more in depth, Stoll then described stories from his grade school and college days

"Stoll then described stories from his grade school and college days." in which his plan for life did not go as he planned it to. From this, Stoll shared that he learned that these diversions from the path we plan for ourselves are okay. "I want to try to convince you that this thing, where we check the boxes off until we win, doesn't actually exist", he said. Stoll added, "My primary message that I want you to take home is that life is organic, not linear".

After this, Andy shared the details of his travels, along with a video montage of pictures of him from around the world. Stoll described his decision to leave America and travel, saying "I had just graduated college, I was bright eyed and bushy tailed, and I wanted to change the world. The problem was that I'd never been in it. I was in a classroom. So, I quit my job, I sold my stuff, and I booked a one way ticket to China. I had never left the country before. I meant to be gone for a year, and I ended up being gone for four." Stoll described his experiences from making Bollywood films in India, to farming maise in Zambia, to living in a Buddhist temple in South Korea. From all these experiences, Stoll said that he learned a lot of valuable information about what he wants to do in life, that "half of figuring out what you want to do is figuring out what you don't."

Overall, Andy Stoll had an inspirational message for students, encouraging them to lis-

Overall, Andy Stoll had an inspirational message for students, encouraging them to listen to and explore themselves. "There's a lot of voices in our lives. There's a lot of voices telling us what we should and shouldn't do. There are voices in our own head. The difference between you and me may be that I listened to the voice in my head that said I should travel," Stoll said.

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Andy Stoll giving a talk in the Couryard Cafe.

Ellie Gundurson

FEATURES

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Out of Scandinavia Artist-in-Residence Lawen Mohtadi

After two years of waiting, this week the Scandinavian Studies department was finally able to welcome their artist-in-residence, Lawen Mohtadi, to campus. Lawen is a Swedish author, journalist, editor and screenwriter. She is best known for her work bringing the life and story of Katarina Taikon back to the public through her book, "The Day I Am Free" and its corresponding documentary, "Taikon". Mohtadi spent the week attending events including Fika at Swedish House, several meals with different groups on campus which all crescendoed the excitement leading into the Monday night showcase of her documentary. Following the showing Mohtadi gave a short lecture on Katarina and hosted a Q&A session for the audience. Since 2005 Mohtadi has been working to collect all the pieces of Katarina's story and bring all aspects of her life and career which includes her books but also her extensive work and importance in the fight for the rights of the Romani population in Sweden.

Katarina dedicated her life to the fight for equal housing and education for Romani people and in doing so helped secure housing for numerous Swedish Romani people, refugee status for Romani fleeing France and Germany after WW2, and the right to education for Swedish Romani children. The last project in her life was "Katitzi". These were her children's stories based on her and her siblings' lives as Romani children. This was a part of her effort to shift her focus to the next generation in hopes of setting them up for a better and more inclusive future.

Along with speaking on Katarina's life Mohtadi also spoke about her own work and her process from deciding to look into Katarina Taikon to now having the chance to share Katarina's story with the world and more specifically students like us. When thinking about why she chose Katarina Taikon to focus on, Mohtadi spoke on the importance she serves to both Swedish and Romani history simply saying "we need her in our history". Though simple this statement encompasses the unhesitant energy pushing authors, historians and other researchers all around the world to dig back into our histories and bring back with us the stories of people who have been forgotten and left permanent gaps in our history without them.

Throughout her stay here at Gustavus Mohtadi enthusiastically taught us about her work which she's dedicated so many years to but also took a great interest in the lives of the students here and what our lives and studies are like. Mohtadi enjoyed getting to know students, getting to see our excitement to learn from her and even signing our copies of her book. Though it's sad the week went by so fast, having Mohtadi here was the perfect way to reintroduce students to the exciting parts of the academic world and the excitement of getting to talk to people who are so passionate about their work, so knowledgeable but also endlessly kind. Mohtadi left us with a lot of knowledge, Katarina's story, a small part of the history of the Romani people in Sweden but she also left us with a much needed positive energy for academics, hope for our continued fight for equality for all people globally and for our individual futures.





Students meet with Lawen Mohtadi during Fika at the Swedish House.

Submitted



Katarina Taikon

Submitted

How to walk past "friends"



Friends walking to the library



Jonas Doerr Opinion Columnist

They're everywhere. The Caf. The library. The sidewalks. Even bathrooms sometimes. The only way to escape them is to hole up in one's dorm, and even that's not foolproof. What is this menace that lurks on the Gustavus campus? "Friends."

As the saying goes, there are three types of people in the world: friends, not-friends, and "friends." Everyone knows who their friends are; they are people one chooses to spend time with. They are the type of people who help get those cheese curds when the ol' meal account is running low and the pal who consoles you when Gus the Lion walks past without giving you a high five.

Not-friends are pretty

straightforward. Most of the time one does not even know their name, or they are the sort of person who does not wait five seconds to hold the door for people or don't say "Ope" when they accidentally run into somebody. Maybe they are even so vile that they eat the cookie, frosting, and sprinkles separately from a Frost-Your-Own. Not many of those people exist, however. Most non-friends are just random people.

friends are just random people. "Friends," on the other hand, are the dangerous type. They are the people that you sort of know, but not really. You probably know their name, and maybe they sat behind you in your First-year seminar, but you have never talked to them outside of class. Or maybe they picked up the fork you dropped, but the passionate, thankful eye contact afterwards is a distant memory

But why are these people dangerous? What could be wrong with having acquaintances? Imagine this scenario: You are walking innocently down the sidewalk when seemingly out of nowhere "Bob" appears. You only know him from that one club - should you wave? Smile? Cry? Does he even remember you? Panic overtakes you and you stare

furiously at the sidewalk and walk as fast as possible past "Bob".

Does this sound terrifying and all too real? It happens to hundreds of Gusties to some extent every day. But how can one deal with this awkward situation? How does one walk past these "friends" successfully?

With non-friends it is very simple. Just keep walking. And with friends it is quite easy as well; of course you say hi. Maybe you even give them a big hug and start a conversation that neither of you really have time for but is still worth it because you are friends.

With "friends", however, everything is risky. Ignoring them seems cold and heartless. Giving them a big hug is wildly uncalled for and slightly creepy. Staring down at a phone raises the danger of crashing into people, light posts, or the random cement cylinders that seem to serve no purpose around campus.

The course of action that would make the most sense would be to look at them, smile, and say hi. Friendly people are popular, and who doesn't like being smiled at in a pleasant way? If they are paying attention, they will probably say hi back.

There are legitimate concerns about this approach, though. For example, what if they just ignore you? What if they think you are weird? What if you get their name wrong?

they flink you are weird? What In they think you are weird? What if you get their name wrong?

However, most of these fears are just the result of overthinking everything. If they ignore your friendly wave, probably they just did not see you. In general, it is extremely rude to ignore someone waving and to not wave back, so that scenario seems pretty unlikely unless they are simply not paying attention.

And almost certainly they will not think that you are weird. Think about when acquaintances waved at you. Most likely, you did not think the person was weird for saying hi. Maybe it was even kind of nice to feel popular. Most people would appreciate the friendly gesture of a wave and greeting.

It is still possible to get their name wrong, though. Messing up someone's name is a very awkward situation, but there are a few solutions. The first option is to only say hi and smile without saying their name. This approach could reveal that you do not actually know their name, especially if they show that they clearly know your name. It is very uncomfortable to have a name dancing around in your head that is probably the right name but maybe not. The best approach is to be direct about it and just say their name, or whatever you think it is. That way either Voila! You are right! Or else they correct you and you get it right in the future.

So why aren't you already going outside and saying hi to people? Never avoid your "friends" again; just look them in the eye, smile, and wave your awkwardness goodbye.

Have a missed connection?

Email:

missedconnectionsgac@gmail.com

Where can I get the best pumpkin spice latte in St. Peter?



Emma Pufahl
Opinion Columnist

Ilove fall and all of its foods and drinks. Pumpkin pie is my favorite pie so naturally Pumpkin Spice Lattes are a seasonal must. Don't worry Gusties, I tried every (hot) Pumpkin Spice Latte in St. Peter so you don't have to.

Coming in last... River Rock... They don't have Pumpkin Spice Lattes but their own special "Harvest Spice" syrup. It was a 2/10 for pumpkin spice flavor. One of the spices in their syrup was similar enough to pumpkin spice that I didn't rate this drink lower. Because this isn't a true PSL, I decided that I should also rate the drink overall. This drink itself has a rating of 5/10. The flavor was great but only a hint of it. When I order a flavored drink, I'm expecting it to be the main flavor of the drink, not the 'background' flavor. This drink needed more of an umph. If I were to order it again, I would need to have double the amount of syrup, which would be unfortunate because I thought that this drink was the perfect level of sweetness.

In second was the Courtyard

Cafe. Which was a complete shock to me. It lacked any flavor. It was a good latte but not a good PSL. The amount of espresso was great, but there wasn't much else notable about this drink. I could have been convinced that it was a dirty chai latte (which is definitely not a compliment, I think that Oregon Chai is extremely weak). My original rating was a 3.5/10 but the drink redeemed itself in flavor when I got to the bottom of the cup, so I give this location a 4/10 (just make sure to grab a stir stick).

The STEAMery placed higher than the Courtyard Cafe. The STEAMery and Courtyard have the same exact syrups, but taste testing Pumpkin Spice Lattes made me question if they really do have the same syrups. I could taste the spice in the drink, but the espresso was kind of weak. It tasted like milk with a splash of espresso (which is one of the reasons I never get hot drinks from the STEAMery). I had a tough time ranking this drink because when I would take a sip, I would get hit with the spice flavor, but the aftertaste was bland. This was a good drink while drinking it, but somewhat disappointing once it was gone. 5/10.

Starbucks, the creator of the PSL, didn't make the top three. I went to the Hyvee location, and I'm not sure if it was because I got a hot latte over a frappuccino, or if it just isn't that good of a pumpkin spice latte, but this drink was kind of a disappointment. I really thought that Starbucks would have been in first or second place for best St. Peter location, but it just didn't hit the mark. It definitely smelled the

best out of all the lattes: it was creamy, full, and tasted like coffee. It was just very sweet and it just didn't taste the best. It fell flat when it came down to pumpkin spice. It was a good latte, but not a good Pumpkin Spice Latte.I didn't think it was worth the almost \$5.50 that I paid. 7/10.

Diamond Dust is third place in this competition. It had a strong pumpkin spice flavor. Like I mentioned before, I want to be hit with the flavor of my flavored latte, so I was very excited. The flavor wasn't overpowering either. It had a full flavor and feel to it. I would definitely get it again. It was barely too sweet for my taste, but everything else was pretty spot on. 8.5/10.

I was torn on which location to put in first place. My dilemma is that when I order pumpkin spice, I want to taste pumpkin and spice. Every drink except for one only hit the spice category.

The best pumpkin spice latte... Dunkin' Donuts. This latte had the best pumpkin flavor of anywhere that I went. This drink was full and rich. The texture and flavor was like a pumpkin hot chocolate, minus the chocolate, yet I could still taste the coffee. It was pretty sweet, but significantly less sweet than I expected from Dunkin. I was shocked that this drink was among the best PSLs but it got a 9/10.

Rounding out first place is... Caribou! It had a great flavor profile. I could taste the coffee and I could taste the pumpkin spice. It was not too sweet, which surprised me because Caribou's drinks tend to be on the sweeter side. When I got my first PSL of the season from Caribou, I was

at home. They gave me a plain latte. I almost didn't go to Caribou to try again, but I figured that I should try again because the Caribou Cabin deserved a shot. I am very glad that I tried again because this was the best drink of them all. 9.5/10.

Every drink was between \$4-\$5.50 for a 16 oz drink. Dunkin' and on campus options stayed around the four dollar mark, while almost everywhere else was around five bucks. Going into this, I did not expect the results I got. I did hot lattes because I think that it says more about a coffee shop if they can make a good hot latte than a good iced latte. I hope that this guide helps lead you away from the worst Pumpkin Spice Latte. Get outside and enjoy the best season while sipping your favorite caffeine hit!



Jayne Mapstone

The vibes Are immaculate

Enjoying a PSL in the Arb at GAC

It was a sunny day with a lovely breeze that kept me cool but not too cool. I brought my poetry notebook with me as well. I prepared so I could write a chapter, a Weekly article, a poem, or to simply lie down and read a book.

Step two is to pack a blanket. There are benches and places to sit, but that's not where you're going to get the best vibes from. Benches are lovely, but the Arb is really more suited for picnics. So bring a blanket because we're sitting in the grass, baby.

Step three is to wear something comfortable, or get all dressed up. Why? Because we all deserve to feel lovely on the outside as well as on the inside.

Step four is to feel out the area that has the energy you're looking for. For me this was during Fall Fest so there were a lot of people wandering around. I started off my journey by just going down a path the others weren't going down. I didn't have a full plan, just an idea. I followed the trail trying to find the spot that I was craving.

the spot that I was craving.

At that point I found the bungee cord swing. So, of course I sat for a good half an hour and just swung. There's always time to swing. After I felt satisfied with my swinging adventure,

I moved back on the path. I'd planned to follow the trails and sit by the large field or by any of the large open areas off to the side of the main trails. My plan was to get away from the bustle of people. That's when I felt the right energy; there was a spot with three trees together creating a lovely shaded spot.

I decided not to stop yet because of all the people. So, I journeyed farther down the path. The whole way I kept thinking about how nice it would be to sit in the grass and how hot I was from my backpack. So I made up my mind and followed the trail and looped back over to a grassy area. When I made it back there were a lot of people doing the scavenger hunt. So I stopped under a tree by the little house in the Arb.

Step five is to lay out your blanket and get comfortable. I chose the shade under a tree and laid out my soft stitch blanket. You have to be careful how you pick your spot. If it's a chillier day than pick a spot in the sun. If it's a hot sunny day then you want to pick a spot in the shade. Each area in the Arb has its own vibe and feeling and each area has a lot of space which means many options. You want to pick

a spot that is going to compliment your energy and mood, as well as the optimal place to

channel the Arb's energy.

Step six is to choose the right music. The music should speak to you similar to the rest of our adventure. Some songs from my Arb session are "A Moment Apart" by ODESZA, "Dreamer" by Ozzy, and "Brandon" by Motley Crue. Pick a playlist you like and skip around until you resonate with the music. Or, you can listen to the sounds of the Arb if that's the energy reaching out to

Step seven is to get to work. The energy from the Arb should inspire you to do one of the activities you brought. For me, after sitting down I was ready to write some more of my chapter. So I pulled out my laptop and started typing away at my character's lives. There was a lot going on, but I didn't feel crowded. The activities didn't disturb my energy; they lived in harmony together.

I sat for a good hour or so and the entire time I felt like I was being recharged. I highly suggest going and sitting in the Arb. If you'd like to get rid of some bad energy, take up a nice spot and soak up the sun. Want

to get some work done but keep avoiding it? Make an event out of it by going to the Arb. Make it feel like a picnic and vibe with nature and the fresh air. Some days your dorm room or the library are perfect places to get work done and be productive.

Other days everything is distracting you and nothing is holding your attention. I can't say the Arb won't be distracting, but I know I enjoyed myself while I got some work done. In an hour I wrote around 1,000 words or about 3 pages. I'm now halfway down with something that's not due till Saturday. You can even go just to reset your own energy and recharge, because the vibes really are immaculate.

you stronger or isolated. Giving yourself time to adjust is important, and sometimes that can take a while. It's been a month already and I still haven't fully adjusted, but just like the routine you made during your gap year, one can be made here too.



hile it was still warm, I took a walk in the Arb after my classes were over. It was lovely. I haven't spent a lot of time in the Arb, so I haven't seen a lot of it. What I learned was that the Arb is really big and there's a lot to see. So I decided to go soak up the Arb's energy the next day while I did some work. I will provide a list and description on how to ab-

First step is to pack. You need to go into this with a plan. If you're not sure exactly what you want that direction to be then just bring a variety of supplies. My plan was to go and write next week's chapter for my book.

sorb the Arb's divine vibes, pref-

erably before the snow comes.

The beauty of spooky season



Bella Loxtercamp Opinion Columnist

t's fall, y'all, and I don't know about you, but I have ■been Stressed with a capital S. Midterms are over, but we're still in the thick of things. Club meetings, papers, tests, projects, classes, work, eating, so-cializing, sleep, and it goes on and on and on, yeah. I throw my hands up in the air, sometimes mid-way through writing my second paper of the day, sometimes studying a concept I still can't quite understand. Maybe it's the stress that's making me

the Weekly articles about Pillow Pets and old TV shows, or maybe it's just the fact that summer is officially coming to an end. Whatever the cause, all I want to do right now is trickor-treat, roll around in a leaf pile, and watch cartoons till the turkeys come home.

There seems to be a general belief among most of the adults I encounter that young adults should be leaving behind their inner child and embrace the adult world with open arms. While I understand the need to take on more responsibility, why does this mean we need to abandon activities that bring us joy? What gives people the right to judge others for what they do? I carefully nourish my inner child. I love playing on playgrounds, building with Legos, trick-or-treating, playing in the rain, making snowmen, impromptu snowball fights, watching cartoons, coloring in coloring books and more. Many of the activities done by children are creative,

feel nostalgic, or maybe it's all expressive and freeing. These are all especially important when the assignments I do rarely fall into those categories, vet, for me, being able to have a creative outlet is so im-

I feel judgment, not usually from my peers, but from adults, when I do these things. Maybe it's just a generational difference, but what's so bad about these activities? They're fun and relaxing. Playing on the playground, for example, reminds me of the freedom of being a child, flying on the swing and jumping off at the highest point. Coloring gives my brain a break from the difficult assignments that require critical thinking and problem solving. I usually only play in the rain leaf piles with my nephew, but even then, it's physical activity and gets me outside. In my opinion, adults could use more childish activities in their lives.

This fall, get in touch with your inner child. Dress up for Halloween. Watch all the Halloween movies you watched as a kid--Monster House, Coraline, Spooky Buddies, and It. Perhaps more controversially, go trick-or-treating if you want to. Free candy, getting to know the community of St. Peter. I also highly recommend going to the arb, finding a quiet, secluded space, laying on a blanket, and just observing--the sky, the colorful trees, the crazy squirrels. You can bring your homework out there, too, but be sure to take some time to do nothing

Walk in the grass instead of the path on your way to classes and enjoy the sound of dried leaves. Drink hot apple cider, go to Sever's Fall Festival and go to the Halloween events on campus. I think the best part of Halloween and fall is being allowed to reintroduce ourselves to our more childish side. Also great is the excuse to willingly participate in scaring ourselves, like in the Haunted Arb Walk, Valley Scare, and Dead End Hayride. It's a good way to see how long we would

survive in a horror movie. I'm pretty sure I would die within the first twenty minutes--I'd be the one who wanders off in the woods, trips on twigs, investigates the sound, splits away from the group, screams so loud it alerts the monster of my presence. Maybe I'd survive slightly longer in an older horror movie, but I don't think I have what it takes to survive very long in a new horror movie. I can hardly watch them without passing out from fear.

Personally, I prefer either animated horror movies for children such as Spooky Buddies or old horror movies where the graphics make it obviously unrealistic. While I see why others like the more terrifying horror movies, I'm too faint of heart to watch and enjoy them. Still, the possibilities for a good horror movie are endless, just like the possibilities for fall fun.

Are your student loans really being forgiven?



Marcjanna Taylor Opinion Columnist

tudent loans have been around since the 60s60's, but student debt wasn't as high as it is today. So what changed? Who's to blame? During the 80s The Reagan administration pushed through Congress a bunch of tax and or budget cuts so that the states would have to pay so much money towards college. During the 60s-70s states paid about 65% of college costs, by 2013 they paid about 30%. Which seems strange- why would they cut college funding? Well the Reagan administration was trying to bring back steel and coal work, so having states fund college didn't seem necessary. Along with inflation, and other factors, the student debt crisis we face today was born.

You may be wondering if the Biden administration plans to reverse some of the tax and budget cuts of the Reagan administration? Short answer: no. The Biden administration does however plan to expand the Public Service Loan Forgiveness to be more inclusive and less complicated than previous years. Through the Education Department's new limited "PSLF Waiver" initiative, the Biden Administration will make some of the requirements

temporarily lax. By expanding the eligibility of loans and payment plans, the Education Department believes that more than 600,000 student loan borrowers will be one step closer to student loan forgiveness.

But does that mean that your loans will be forgiven? No, not necessarily, unless of course you fulfill the Biden Administration narrow quirements to receive loan forgiveness under the Education Department's new PSLF. I understand I had just said that the Education Department expanded the PSLF, but 600,000 loans! 600,000 out of 42.9 million loan borrowers that are closer to loan forgiveness. In my opinion, the Student Department hasn't expanded the PSLF enough or even better yet had not done enough to bring about student loan forgiveness. Most people who are serving in office went to college during a time when states had to pay 63% of college costs. For those same people to receive those benefits but not at least try to give us the same benefits is ridiculous. I understand that the Biden Administration has been in office for a short period of time but couldn't they do more? Considering about 92% of student loans come from the Education Department, shouldn't the Biden administration take funds from another department and put it towards education? Because the current loan forgiveness program feels like they're putting a band aid on a bullet hole.

It feels as though no administration has looked out for the middle class or working class. And if they had, they didn't do enough. I understand that administrations have to deal with opposition. But previ-

ous administrations have also done things without consulting the opposition. So couldn't the Biden administration do the same? To fight the Cubans, Reagan essentially committed treason. Couldn't Biden do something drastic to expand the PSLF? What happened to the days where presidents could just pass legislation that actually accomplished something instead of their administration causing the capitol to shut down?

I would like to see the Biden administration pass some bills expanding the fund for education by taking from the mili-tary budget. The US's spendequivalent to the spending budget of 12 countries and about 10% of the federal budget is spent on the military. Shouldn't the military budget be cut a fraction instead of cutting education? Couldn't the Biden administration pass legislation to decrease the military budget and or transfer that excess to the Education Budget. Or pass legislation that reverses what the Reagan administration had passed. For more if they wanted to. instance, increasing state taxes so that the state can cover more of college expenses like they did in the past. Or better yet tax the rich to cover college ex-

ing budget for the military is penses-taxing Jeff Bezos alone could probably give loan relief to every loan borrower in the

> In conclusion the loan relief program from the Biden administration will do little to nothing for most student loan borrowers. For the select few, however, it will get them closer to having their debts relieved. In my opinion the Biden Administration should do more for debt relief and could do



Financial Aid office

ENTERTAINMENT

Jumble

Unscramble the Sweden-related words,

then unscramble the letters in the boxes to

reveal the answer to the joke!

ANUSA
HGYEG
AILYTDCUSIANA
OTHMSOLKC
SELBALMAT
AIKF
DMUIMMRES
NOSW
NTORRENH



Why did the vampire like to eat Scandanavians?



Jayne Mapstone

Poll of the week:

Who is the best Disney villain?

"College"

by Tessa Pieper, Tessa Longshore, and Cadence Paramore

almost read textbook
all cry
yell in void
explore bed
snore
drool
languid future
is wish



Movies from the Library: *Dracula*By Will Sorg

One of the most persistent figures in popular culture since its inception is the vampire. A mythical creature that has been ingrained into the human psyche since the 18th century. The name itself conjures a wide range of images from the grotesque Nosfaratu, to a sparkling, shirtless Robert Pattinson. However, often the portrayal that is remembered most is from the 1931 Universal Pictures film adaptation of Bram Stoker's Dracula.

In this version of the classic novel we see the undead count of Transylvania being portrayed by the Hungarian actor Bela Lugosi. In a performance that is now iconic, Lugosi strides through the film with a foreboding walk and extravagant physical acting. His hands grip his cape and he makes vast sweeping movements with his arms as he beckons the female characters to join him as an undead servant. His unblinking eyes have a piercing intensity, when the camera focuses in on them it almost feels as if he is looking through the film into the audience.

His commanding stage presence sells a huge portion of the movie. He plays Count Dracula as a sinister yet coldly charming aristocrat. If not for his corpse-slow pace of speaking and the ominous castle that he inhabits one could almost mistake him for a living being. His accent, while a bit goofy, has become the standard for what Dracula sounds like. In fact, practically everything from his wardrobe to his widow's peak has had a profound influence on the character as well as the cultural perception of vampires.

This handsome creature of the night is, of course, only a piece of the film. The mood and visuals of the film are essential to the film. The vast castle of Dracula looks incredible for the 1930s, with some well crafted background paintings adding a sense of vastness to the desolate place. The fog that rolls into London when Dracula is stalking his prey adds to the already gothic setting of the city. The characters all act very theatrically but there is something very charming about the old fashioned, 1930's feel. The black and white helps make the shadows pop out even more than usual, seeing the silhouette of Dracula or his servants creates such a classic feeling of old fashioned monster movies.

Dracula is a great little film to check out this time of year. It has the atmosphere of horror, but if scary movies aren't really your thing it never really goes out of its way to try and terrify you. The special effects are charming in their simplicity and it's always a fun time to try and figure out what they did to create some of them like the giant flying bats or the hypnotic gaze of Dracula. So if you take a chance and check out Dracula it will give you a great look into the past of horror to see what delighted and spooked the audiences of the time.

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Memorized monologue preferred (but not required)

Men's soccer loses winning streak

2-4 loss against St. Olaf

Allison Fajt Staff Writer

¬he Gustavus men's soccer team suffered a disappointing loss Saturday Oct. 16 against St. Olaf at Northfield. With a 2-4 final score the chance to win the regular season MIAC was gone. Yet Sunday they redeemed themselves with a 1-0 win in an intense home game against

UW Whitewater.

"It's a little difficult playing back to back games but we've done it before and it took the whole team to push through the tiredness and exhaustion we all had," Junior Ethan Glissendorf said.

"It's a little difficult playing back to back games but we've done it before and it took the whole team to push through the tiredness and exhaustion we all had."

"Tudor tries to make it feel like an NCAA tournament weekend because he believes that we can do great things this year and thinks that that's the level we should be at. So it's a little tough but it's where we want to be and it's good practice," Senior Trace Dobson said.

In their first game the Gusties dominated in the first half against St. Olaf with Senior Matthew Gibbons scoring 16:57 in with an assist from Senior Cole Schwartz. The Oles



Gusties run the down the field.

Luna Walker

quickly tied the game 1-1 a few minutes later. Yet Junior Otis Anderson brought the score to 2-1 with a penalty kick ending the first half in the lead.

We made some mistakes but at the end of the day we just didn't come with our A game, if we all came with our A game we would've put them away. And if we came stronger off in the second half we would've done better as well," Sophomore Alexander Krume-

While dominatinating in the first period, in period two

the Gusties lost their winning energy and St. Olaf took the lead. With a switch from 9-4 shots on goal in the first to 7-16 in the second, the Gusties couldn't compete with the Oles who now remain undefeated in the MIAC. Junior Goalie Wesley Sanders had 5 saves in

the game.
"We just didn't keep our momentum going in the second half and our energy kinda fell off a bit and we just coasted in the second half of the game and thought we had the win,"

"The loss against St. Olaf puts us in a bit of a tough spot because it pretty much secures the title for them for the regular season. So it makes us more motivated come playoff time to get our revenge against them. We also gotta win now to try to get the national bid if possible," Dobson said.

""The loss against St. Olaf puts us in a bit of a rough spot because it pretty much secures the title for them... so it makes us more motivated come playoff time..."

Tensions were high the next day in the game against Whitewater Warhawks, the ref gave out multiple yellow cards, one to Anderson and one to Gibbons, and then a red card for Glissendorf. Still the Gusties persevered and won the game.

"There was a big touch by a player and I went to challenge him for it. I ran with him and he ran into the back of me and we ended up going into each other; I jumped and went to the side and the ref gave me a red because they thought I went studs up into the players leg, Glissendorf said.

"We both came off a loss and wanted a win and this would help both teams with their national ranking and their

at-large bid for the national tournament. So both teams had something big to lose and something big to win," Glis-sendorf said.

Though it was a low scoring game the Gusties kept control over the ball with 15-4 shots on goal. While First-year Goalie Egan Bedwell had one save in goal. With the first half of the game scoreless the Gusties had to make their move. Finally Dobson assisted by Sophomore Owen Johnson scored the only goal of the game in the second

"I'm talking about one of the best players on the field when we played St. Olaf. And not to mention after absolutely putting in a shift against Olaf, running on tired legs Trace Dobson gets the only goal against Whitewater," Senior Scott Heinen said.

"I think we just need to improve our intensity in games and work as one unit instead of separately like we did the last couple of games." dorf said. And with the regular season coming to an end with only four games left, the team will be preparing for the MIAC playoffs and to get a bid for the national tournament.



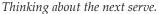
Gustavus team prepares to kick.

Luna Walker

Aney and Buddle qualify for ITA Cup

Pair travels to Georgia to compete







Preparing to serve the ball.

Submitted

Alli Joerger Staff Writer

fter the 2021 ITA Midwest Region Championship, the Gustavus Tennis team was dissatisfied with not qualifying athletes for the ITA Cup. Nonetheless they are content with their overall performances and are currently gearing up for the spring season. In a turn of events, doubles semi finalists at the Region tournament Senior Nick Aney and Junior Alex Budde were told four days prior to the national competition that they were now eligible to compete. Despite the surprise and the quick turnaround, the pair traveled to Rome, GA to compete amongst the best 56 Division III doubles teams in the nation, with Aney and Budde eventually falling in the quarter final round.

"In a turn of events, doubles semi finalists at the Region tournament Senior Nick Aney and Junior Alex Buddle were told four days prior to the national competition that they were now eligible to compete"

Having the opportunity to compete at the national level was a culmination of the pair's goals from this season as well as last spring. After competing at the NCAA Tournament this spring, Aney and Budde felt that they had unfinished business and more goals to achieve this fall

"Having the opportunity to compete at the national level was a culmination of the pair's goals from this season as well as last spring"

"It was kind of the end goal for the fall," Budde said, and Head Coach Tommy Valentini reiterated. With the fall season being so short and less intense, it was important for the doubles team to keep their goals in sight and carry over their high expectations for themselves into the fall.

In addition to the general team priority placed on the tournament, the 2021 ITA Cup had a special place in the heart of the senior competitor. "Competing in the ITA... has been a dream of mine since my freshman year," Aney said. After narrowly missing opportunities to compete at the tournament in his first two years and it being canceled in 2020 due to COVID-19, Aney was extremely thankful for the abrupt opportunity to compete this year.

In the eyes of their support systems, Aney and Budde were an excellent representation of upperclassmen leadership. "They handled the ups and downs with a great deal of poise and stuck together beautifully. In their first match they showed incredible focus and

guts to hold serve as often as they did, and to see them come through in the clutch moments at the end of the match - winning the last two points of the 3rd set Tiebreak to defeat the #1 seed and become All-Americans for the second straight year - was a thrill," Valentini

Despite the importance of this tournament to themselves and the program, Aney and Budde were given almost no time to mentally or physically prepare given their short notice for qualifying. While this may seem intimidating on the surface, the pair took the obstacle in stride and turned it into an opportunity for mental toughness. "Mentally, it honestly kind of helped us because it didn't really feel like we were there yet. We didn't have time to think about it," Budde said.

""Competing in the ITA... has been a dream of mine since my freshman year""

Aney added that the pair told themselves the tournament was "bonus tennis" and was simply another opportunity they had to improve and compete after what they thought was the end of their season. Physically, the doubles team had already begun their off season and were only able to have two days of practice and one practice session in Rome before the matches began on October 14th. However, Aney and Budde utilized the competition they faced during the season as a reminder of their athletic talent and mental

toughness, and used their emotions from the Region Championship and the spring season to guide their focus going into the ITA Cup

the ITA Cup.

Coach Valentini also explained that much of the preparation for the tournament was more rushed than anyone would have wanted. Instead of having typical preparation, "...we tried to sharpen up their game, and prepare with a number of conversations about our gameplans, tactically, mentally, and emotionally for the event," Valentini said. Aney explained that these tactical conversations were built on areas of potential improvement exposed by the intense competition at

by the intense competition at the Region Championship.

Moving forward, the pair has their sights set on the 2022 NCAA Tournament and plans to use their results from the ITA Cup to guide both themselves and the team through the off season and into the spring. While off season training for the tennis team is more individualized, the team as a whole recognizes the importance of starting early and committing to the process in order to see results.

"Moving forwards, the pair has their sights set on the 2022 NCAA Tournament"

Aney and Budde's short notice qualification after general team dissatisfaction with performances at the Regional Championships has provided the team with a replenished motivation and, "the energy to get back into it," Budde said. Not only that but the ITA Cup exposed what Aney describes as a "team first attitude" that is representative of Gustie tennis. "Individual awards and accolades are fun, but the more I mature the more I realize that I care so much more about team success," Aney said.

success," Aney said.

Overall, Aney and Budde's opportunity at the ITA Cup and their ability to capitalize on it is indicative of the excellence on the team and the pride that Gustavus Tennis takes in competing every day. The pair now has new goals for themselves and their team and Coach Valentini views their success as an incredibly positive indicator of the team's overall potential.

"They [Aney and Budde] represented our program beautifully throughout the event. They know who we are and are great caretakers of our culture - along with the rest of our upperclassmen. Their experience at the ITA Cup and the way they will grow from it moving forward will have a big impact on the team we can become this spring," Valenti said.

Cross country at full speed

Strong showing in lacrosse meet has Gusties ready for conference

Luke Siegle Staff Writer

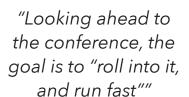
The Gustavus men's and women's cross country team headed to Lacrosse last Friday Oct. 15 to compete in their final meet before conference. Runners for both the men and women teams ran some of their lifetime personal records which led to top-five finishes for both teams. The high finishes for both are very encouraging, but they are determined to build off this meet and get even faster in the coming weeks.

The women's cross country team finished fourth overall this past Friday, with Junior Elizabeth Donnelly racing her way to a 17th place finish with a personal record of 22:46.21 (6k race) to lead the Gusties. "We hit 5k and the last 800 and I was thinking, ok let's go, and I started to push harder. When I got close to the finish line there was a huge pack of girls in front of me...and I got them right before the line which was fun, Donnelly said.

Some other key runners for the women's team were Senior Lily Engebretson who took 25th with a 22:57.57 time, First-year Evelyn Villalobos who placed 27th with a time of 22.59.97 and Junior Mackinzee Miest who finished in 28th with a time of 23:03.97. Rounding out the top five for the Gusties in 69th place was First-year Aubrey Mair who finished with a time of 24:04.70.

'Having our top three girls go under 23 minutes for the first time was really cool and we had a really solid pack which made it super fun," Junior Mackinzee Miest said. Having that pack is something the Gustie women have really taken pride in this year, especially when it comes to their top 6 runners. "Our coach has been encouraging us to swarm people this year. So when we pass people we pass on both sides and move as a unit which is really cool," said Miest.

Looking ahead to conference, the goal is to "roll into it, and run fast," said Donnelly. Additionally, conference is special because it is the last time the team is allowed to bring all of their runners. Once they head to regionals they will only be able to take the top 8. "This team is like my family and we definitely lean on each other both inside and outside of cross country. I think we are going to have a really successful final season. I know we have another level and I can't wait to see what we can do at conference, regionals, and hopefully nationals," Mi-



The men's cross country team finished fifth overall in the meet behind the efforts of senior Andrew Stumbo who blazed through the course with an 8k time of 24:59.12. This time was one of the fastest times in Gustavus history and time of 26:46.16, all while run-5th overall in the meet. Junior ning with only one shoe after Garet Grant and Senior Bryce Knutson also performed well



Gusties hit the ground running.

with Grant placing 20th with a time of 25:30.24 and Knutson finishing in 23rd with a time of 25:38.0. Senior Casey Olson finished fourth for the Gusties and 49th overall with a time of 26:17.0. Sophomore Henry Hinchcliffe rounded out the top five with a 50th place finish overall and a time of 26:20.16. Another noteworthy performer for the Gusties was Freshman Tyler Smith who grinded out a his other fell off early in the race.

"I thought the team per-formed really well given the

point of the season. We competed well with a lot of schools that are nationally ranked and we finished higher than we have in a long time," Knutson said after the race. This top finish for the Gusties is a huge accomplishment, but many of the runners have even bigger goals.

"This top finish for the Gusties is a huge accomplishment, but many of the runners

have even bigger goals"

"The team mentality is that a conference championship is well within our grasp. There's no reason it shouldn't be us this year," Knutson said.

That statement was echoed by Senior Josh Wilson."This team is the most dedicated team I have seen in my past four years at Gustavus. It's been inspiring to see everyone step up and every person is contributing and collaborating and working together," Wilson said.

The Gustie men will look to continue working together and running faster for their goal of a conference championship and then hopefully regionals and nationals as the season comes to a close. "The resilience, goofiness, and energy of the group sets this team apart." Knutson said when reflecting on the season so far.

As both the men's and women's teams enter their final stages of the season they are set up for success. Now it's time to go execute, stride for stride with whoever they face. The conference meet will be held at St. Olaf on Oct. 30 at 11 a.m. for the men and 12 p.m. for the women.



Gusties round a corner at Alumni meet prior to competition.



Gusties hit their stride at Alumni meet.

Submitted