



THE GUSTAVIAN WEEKLY

ESTABLISHED 1891

OCTOBER 15TH, 2021

ISSUE 6



Pride Edition



Pride Edition



Pride Edition



Gusties celebrate Coming Out Week



*Gustieware is
back in the Caf*

After a long COVID-19 break, Gustieware has returned and Compostable To-Go containers are now 0.50

Anna Edblad



Students celebrate Coming Out Week.

Luke Yang

*"Coming Out Week"
article
on page 3*

Note from The Weekly Staff

Dear reader,

As we celebrate National Coming Out Day at Gustavus, THE GUSTAVIAN WEEKLY staff wants to thank our LGBTQ+ editorial staff, writers, photographers, and readers. Coming out takes courage and we encourage you to celebrate that. However, we also want to take time to acknowledge and support those who have not been able to come out. Wherever you are on your journey, we at THE WEEKLY value and support you.

Thank you again for your support as we celebrate our 100th anniversary and National Coming Out Day.

In celebration,

THE WEEKLY Staff

Resources:

The Trevor Project (866) 488-7386
24/7 support for LGBTQ+ persons through phone (see above number), internet messaging, and text messaging (text START to 678-678).

Trans Lifeline (877) 565-8860
A hotline and non-profit organization "offering direct emotional and financial support to trans people in crisis - for the trans community, by the trans community".

Human Rights Campaign www.hrc.org
An online resource for LGBTQ+ people.

WEEKLY Scan

A preview of this week's top news and more

News

Blast from the Past: Coming out Week... **Page 4**

Variety

Gustie of the Week...
Page 5

Feature

Coming out Week... **Page 8-9**

Opinion

Get the ghost out of Uhler ... **Page 10** Swim and Dive... **Page 14**

Sports

Entertainment

Movie review ... **Page 13**

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Published weekly on Fridays, except during academic breaks, by the students of Gustavus Adolphus College. Subscriptions are available from THE GUSTAVIAN WEEKLY for \$50 per year.

Opinions expressed here are not necessarily those of the institution or of its student body. The editors assume full responsibility for editorial and unsigned material.


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Campus Safety Report

Saturday, October 2, 2021

- Campus Safety came across a suspicious incident in the Jackson Campus Center.
- Campus Safety responded to a fire alarm in Rundstrom hall.

Monday, October 4, 2021

- Campus Safety provided a medical transport to the E.R. for a student in North Hall.

Tuesday, October 5, 2021

- Campus safety responded

to a suspicious circumstance in Norelius Hall.

Saturday, October 9, 2021

- Campus Safety responded to a report of property damage on the second floor of North Hall.
- Campus Safety responded to a medical amnesty call at Chapel View Townhomes.

Sunday, October 10, 2021

- Campus Safety took a report from a Professor in

the Fine Arts Music building. They stated that two of their keys were stolen.

Tip of the Week:

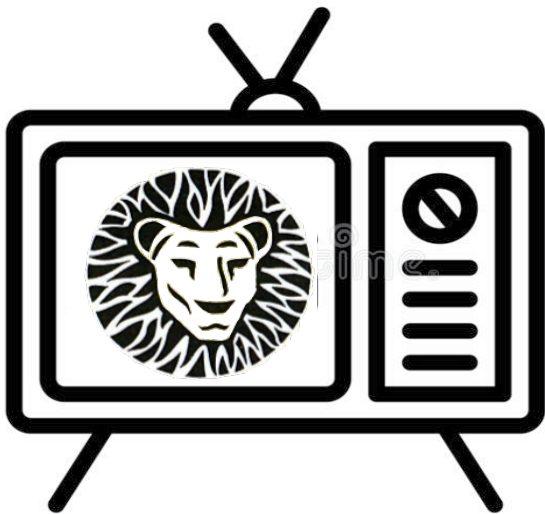
Run, Hide, Fight...Do you know what it means?

Run, Hide, Fight, is a national campaign that Gustavus uses in providing notification during an active threat situation on

campus. Basically the run part is that your first option is to get away, get as far away from the threat as you can. Second, if you can't, then you hide. You barricade yourself wherever you are. You often see the words shelter in place, when it comes to the hide element. You shelter in place to try and keep yourself away from that threat. The last is if you just have no other option, that you can use your mental and physical capacities

to defend yourself. That as a last resort to save your life, there may be a need to fight. For more information about using Run, Hide, Fight in an active threat situation, watch the short video posted on the Campus Safety website in the right hand toolbar under "Safety Training Videos."

Are you interested in placing an ad in *The Weekly*?



Contact our ad manager
admanager@gustavus.edu

Daily Sabbath Calendar

Open Space- Tuesdays (Christ Chapel)
Come to Christ Chapel for an unstructured time of prayer, meditation, reflection, or rest. Light a candle for the healing of the world.

Morning Praise- Wednesdays (Christ Chapel)
Join together with Gustavus Choirs to sing the Morning Praise liturgy. Coffee and pastries await you at the end of the service. Morning Praise is also live streamed on the Chaplains Office Youtube Page.

Holy Communion- Thursdays (Christ Chapel)

October 13th, 2021

- Morning Praise

October 14th, 2021

- Holy Communion

Gusties celebrate Coming Out Week

Lauren Ruth
Staff Writer

Gustavus is hosting Coming Out Week as a celebration of LGBTQIA+ community. Gustavus has been taking part in the day of LGBTQIA+ awareness for years. The week coincides with National Coming Out day on Monday, Oct. 11. This week particularly focuses on the coming out process and recognizes its significance. "The celebration is a way of telling our community and the world that we are not ashamed of our identities," said Assistant Professor in Physics and Gender, Women and Sexuality Studies and Queers and Allies advisor Darsa Donelan.

National Coming Out day was inaugurated in 1988, the anniversary of the National March on Washington for Lesbian and Gay Rights in 1987. Activists at

the time felt it was important to maintain positivity and celebrate coming out. National Coming Out Day is a reminder for LGBTQIA+ students that one of the most basic and powerful tools is coming out.

This week is spearheaded by the Queers and Allies student organization on campus. Queers and Allies is a group that connects LGBTQIA+ students to new friends and gives those students an outlet to express themselves and their experiences.

The group also provides educational opportunities not available in classrooms.

Coming out is a process of understanding, accepting, and valuing one's sexual orientation and identity. It is a process that involves "both exploring your identity and sharing it with others". Coming out may look different for certain people. Sometimes coming out can be a gradual process or one that

happens all at once.

Coming out can be a difficult process. "You may feel ashamed, isolated, and afraid," said Donelan. Our society enforces strict codes of behavior regarding sexual orientation and gender identity. Most people receive the message that they must.

Although coming out may be difficult, members of the LGBTQIA+ community also say it can be a liberating and freeing process. Members feel that by coming out they can finally be authentically themselves and are able to find a community of people for support.

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liberating and freeing process.

Gustavus has done many things to support LGBTQIA+ students and community. It was imperative that LGBTQIA+ students have physical space to gather, study, and access resources. The Center of Inclusive Excellence was created for that purpose, among many others. Gustavus also funds and supports programs such as Queer & Questioning to aid in the self-discovery and coming out process.

Queers and Allies recommend that each member of the community also does their part in supporting and recognizing the LGBTQIA+ community at Gustavus. Club members recommend posting safe space signs in one's offices and dorm rooms. This designates the area as a "safe zone" where discrimi-

nation is not tolerated. It is also important to stand up against homophobia and hold people accountable for their actions by speaking up.

The club also urges professors to integrate LGBTQIA+ topics into their curriculums to educate. Community members can also take steps to be an ally to the LGBTQIA+ community.

Being an ally means so much more than just tolerating members of the LGBTQIA+ community. "An ally is someone who has a genuine, strong concern for the well-being of LGBTQIA+ people," said Donelan. An ally not only supports and accepts LGBTQIA+ people but also advocates for equal rights and fair treatment.

Gusties acknowledge Indigenous People's Day

Mel Pardock
Staff Writer

As a school built on Dakota land, Gustavus is taking steps to strengthen its relationship with and invest in local Dakota communities. In an email sent to the student body on September 24, President Rebecca Bergman announced the creation of the President's Council for Indigenous Relations, which will convene later this month, showcasing the steps our community is taking to recognize and respect the history and importance of our local Indigenous communities.

Every year on the second Monday of October, people in the United States observe Indigenous Peoples' Day, a holiday that celebrates and honors the history, culture, and historical contributions of Native American individuals. The holiday also emphasizes the fact that thousands of Native Americans were displaced and decimated by European explorers that reached the continent, most notably Christopher Columbus. This year, 2021, marked the first year that the holiday was recognized by the President of the United States, with President Joe Biden issuing a proclamation from the White House a few days before the holiday.

"Our country was conceived on a promise of equality and opportunity for all people — a promise that, despite the extraordinary progress we have made through the years, we have never fully lived up to. That is especially true when it comes to upholding the rights and dignity of the Indigenous people who were here long before colonization of the Americas began," President Biden said.

Some may wonder why it is important to celebrate this holiday. They may wonder, "Well, what about Columbus Day?" which happened to fall on the same day as Indigenous Peoples' Day this year. In short, it is important and vital to remember and reinforce the fact that people lived, made families, built homes, and developed communities on this land long before it was "discovered" by Europeans.

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ople lived, made families, built homes, and developed communities on this land long before it was "discovered" by Europeans.

"The name Minnesota itself is derived from an Indigenous word. We have so many counties and cities named after Native American tribes and words, and few people actually know why they have these names or their significance. They know the white history, but not the Indigenous history. This holiday is important because we need to understand that white individuals were not the first people here, and there are marginalized people who deserve to have their history not only learned, but respected," said senior Dylan Berg, who spent this past summer researching the impact of the expulsion of Native Americans, mostly focused on the Mdewakanton Dakota people, and their interactions with European settlers upon the area that is now St. Peter alongside former Gustavus professor

Misti Harper.

"Together, we have continued to listen to Dakota scholars, elders, and leaders, and paid attention to the intersection of the College's founding and the forced removal of Dakota people from their homelands in Southern Minnesota following the Dakota-U.S. War in 1862. It is clear to me that we all still have a lot to learn, that we are asking good questions about these histories and what they mean for us today, and that we have willing organizational and Native partners here in our region. Based on all of these conversations, and in response to the sincere and growing interest on campus in addressing this history and building relationships with Dakota communities, I have decided to form a presidential council for Indigenous relations," President Bergman said.

While Gustavus has already taken measures to build relationships between our community and local Dakota communities, more can be done to make for a more just, understanding community. This past summer, Chaplain Siri Erickson, alongside some Gustavus professors, attended some Dakota events and spoke to tribe members

about their experiences and thoughts, most notably where we can go from here.

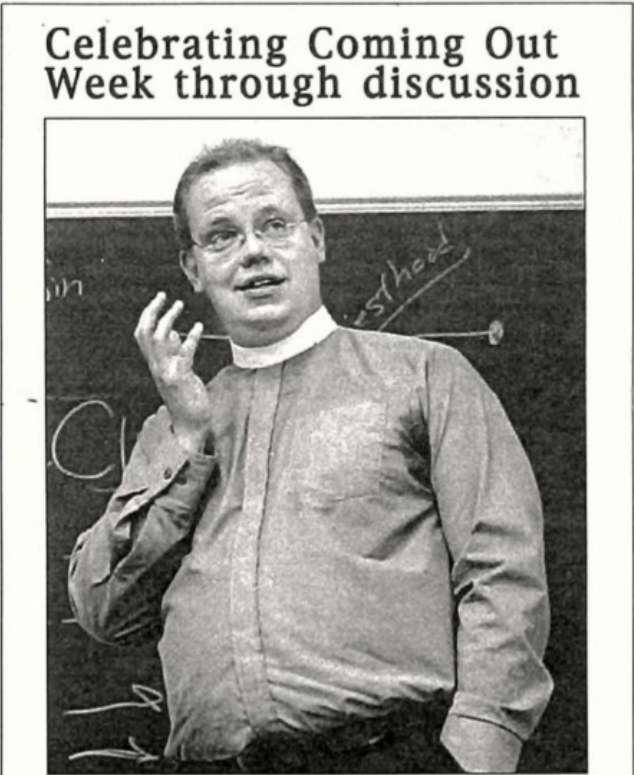
"There were three themes I noticed while speaking with Dakota individuals this summer regarding what more we as a community can do. The first one being that we need to take the responsibility to educate ourselves and those around us on this history. The second theme I observed is that Native Americans want us to know that they are still here - they are our relatives. While it's important to focus on the history, it's also important to focus on getting to know each other and building relationships now. Third, we must work together to create a more just and equal world for not only ourselves, but for the planet as well. It is important to note that we cannot assume what our Dakota community wants us to do, we must ask," Erickson said.

As Indigenous Peoples' Day gains more recognition and attention, more and more Gusties argue that we as a campus must note that while it is important to have these days, the history, culture, and contributions of Indigenous people are always to be shared, learned, respected, and honored.

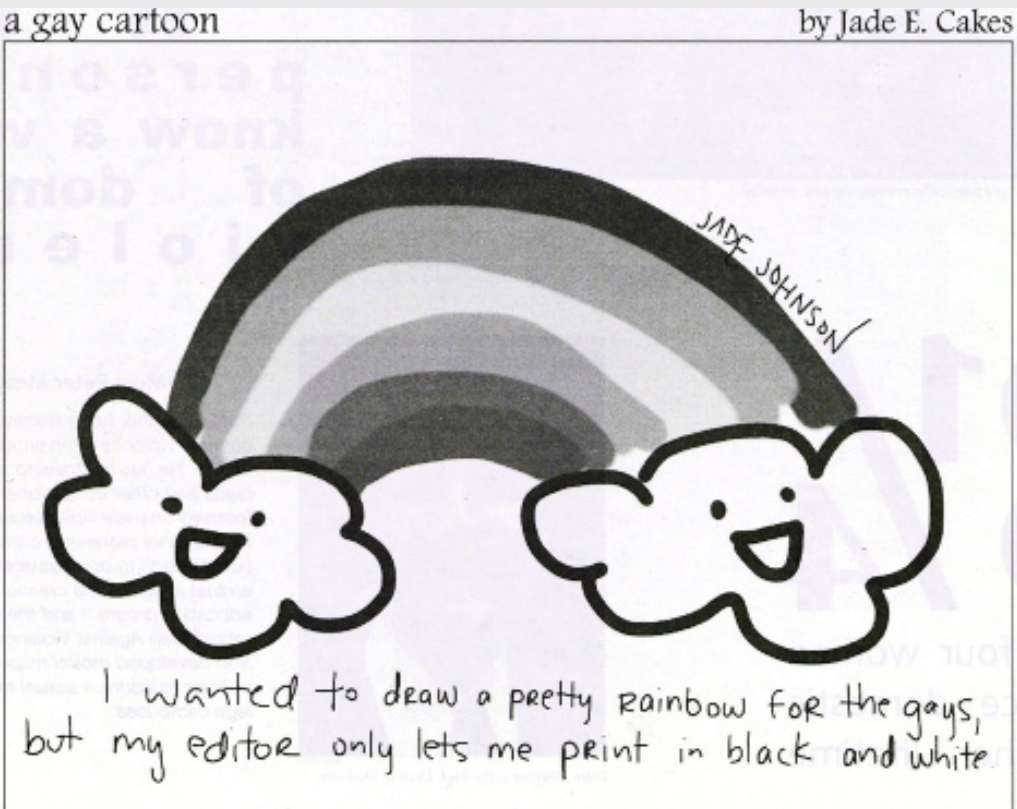
The Weekly archives is full of pride (and outdated Will & Grace references)



Gustavus Queers and Allies gather for a picture after walking in an annual AIDS walk in Minneapolis. From October 5, 2001, Gusties show their pride.



Celebrating Coming Out Week through discussion
Chaplain Brian T. Johnson shared his experiences as a chaplain and supporter of the gay rights movement with students. His lecture, held Monday, Oct. 13, was one of many campus wide activities which celebrated Coming Out Week. (photo by Michael Strona)
From 1997, hey, the chaplains are doing this on TikTok now.



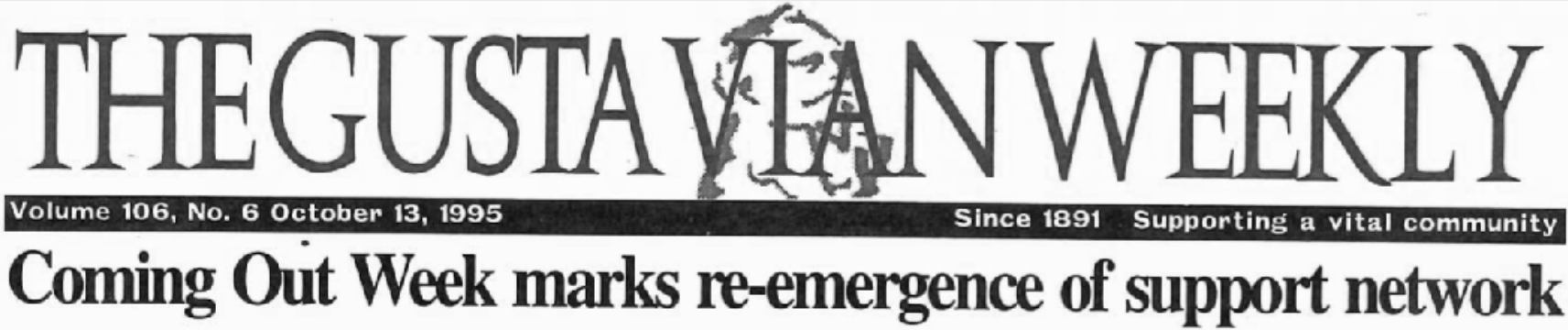
a gay cartoon by Jade E. Cakes
I wanted to draw a pretty rainbow for the gays, but my editor only lets me print in black and white.

On the lighter side... The Gay Agenda

From February 13, 2009, a favorite past article of the current Weekly staff is "The Gay Agenda". We encourage our readers to visit the college archives website to ensure their values align.

“ We must make Gustavus our home and a place where every day is Coming Out Day. ”

From October 17, 1997, Gusties have celebrated Coming Out Day since the dawn of time.



From 1995, normally you would see this at the top of the page, but this week to confuse you, we put it at the bottom.

Exploring peace across Latin America

Emma Kennedy
Staff Writer

There are over five million refugees and migrants from Venezuela running from violence and lack of survival necessities across the world, according to The UN Refugee Agency. The 2016 Colombia peace deal has faltered three years later, resulting in the rise of gang activity and drug trafficking, says The Atlantic.

Peace in Latin America has been abominable as of late, and this is something Dr. Vilma Balmaceda has recognized and researched for years. Along with working as the associate director at Duke's University Center for Reconciliation, Dr. Balmaceda is the president of Peace and Hope International. This non-profit focuses on preventing injustice for the unprotected across Latin America.

Along with working as the associate director at Duke's University Center for Reconciliation, Dr. Balmaceda is the president of Peace and Hope International.

These qualifications, along with receiving her master's in International Peace Studies and her experience working in the human rights field, makes Dr. Balmaceda the perfect speaker for the upcoming Wallenberg lecture: Peacebuilding and Social Transformation in Latin America.

Dr. Balmaceda "has worked across multiple Latin American countries over the past few decades, organizing around human rights issues and working for more peace and just political and social order," Event coordinator Mimi Gerstbauer said.

Dr. Balmaceda has done more recent research that has focused on the social transformation of various Christian groups across Latin America, and each of their differing understandings. Much of her life has been dedicated to traveling across Latin America in order to educate others and attempt to build strong networks to create successful peace work.

Dr. Balmaceda has done, and currently does work that could be of interest to any student, but to be even more precise, Gerstbauer recommends this lecture specifically to students who may be "interested in Latin America, in religion and ethics and in peace and social justice issues". In regards to peace and social justice issues, some topics may include things like women's rights issues, nationwide peace protests and even concern for displaced persons or refugees, according to Gerstbauer.

What might this lecture spe-



Dr. Vilma Balmaceda.

Submitted



Dr. Mimi Gerstbauer

Submitted

cifically be about? Gerstbauer and others have been anticipating this lecture for a few years now, as it has been on hiatus for a while. Students should look forward to hearing about "examples of the work for peace and justice in Latin America, for example with the Venezuelan refugee crisis, domestic violence against women, the Colombian peace accords and more," Gerstbauer said.

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in Latin America."

Dr. Balmaceda will also be touching on some of the differences in how churches handle social justice issues in the United States vs Latin America. Students can also look forward to hearing Dr. Balmaceda share her many stories from her travels and experiences from her various fields of work.

These past few years social justice has played a huge part in everyday culture. Racial justice, women's rights and many more injustices have been brought to the forefront. These matters are extremely prevalent in the United States, but what issues are being fought for across Latin America? Dr. Balmaceda will be



Central and South America.

Submitted

able to highlight many of the current problems that have arisen in Latin America, and many of them are the same issues that the United States continues to grapple with. Americans are lucky to have laws protecting their freedom of speech rights, but this is not the case for the people of Latin America. Women specifically are unable to stand up for themselves and speak against injustice in Latin America, and this is something that Dr. Balmaceda has had to experience firsthand in her travels and field of work, and something that she will be able to touch on during the lecture.

The issues regarding peace in Latin America have been ongoing and intense for years now.

Dr. Balmaceda is ready and willing to educate the students of Gustavus on what exactly those issues are, and how we can focus on rebuilding that peace. Whether students are interested in becoming an activist, or are just interested in becoming more educated on matters regarding injustices outside the United States, this lecture will provide all those things and more.

Stop by at 4-5 p.m. on Monday Oct. 18, 2021 in Olin 103 to hear Dr. Balmaceda discuss Peacebuilding and Social Transformation in Latin America.

GUSTIE of the WEEK

Carley Swanson-Garro

Michaela Woodward
Staff Writer

Originally from Bemidji, Minnesota, this Gustie of the Week came to Gustavus because of their long-held passions and has discovered plenty of new ones during their time here.

Junior Carley Swanson-Garro was looking for an institution where she could continue to be a part of a music ensemble without studying music.

"I was looking for somewhere that I could do music and not be a music major, and Gustavus is really great at that, so I'm in [the Gustavus Symphony Orchestra] right now," Swanson-Garro said.

Though music is not Swanson-Garro's primary focus, she brings a positive attitude to rehearsals.

Dr. Ruth Lin, the director of the Gustavus Symphony Orchestra, has grown to know Swanson-Garro through her participation in this ensemble.

"Carley is a great human being who enjoys learning as much as she can and always approaches everything with an open mind and a hard-working attitude. It's been lovely getting to know her, and I cannot believe that she is a junior already," Lin said.

"Carley is a great human being who enjoys learning as much as she can and always approaches everything with an open mind and a hard-working attitude. It's been lovely getting to know her, and I cannot believe that she is a junior already."

Swanson-Garro knew she wanted to be an English major before coming to Gustavus, but early on she discovered interests in Communication Studies and Scandinavian Studies.

"I have been writing for a super long time and love doing that, so coming in, doing an English major just kind of made sense, and I love how varied the department is and how many different paths you can take with English. Everybody thinks all English majors are English teachers and that's not true. English majors go into every field. For Communication Studies, I actually went to a college fair in Bemidji before coming to Gustavus, and there was a representative from the Communication Studies department, a student, and he actually talked about Gustavus having a grant writing course, which I was super interested in. Coming in as a freshman I said 'I'm going to try it out, and if I don't like it I can switch to another major with my English major.' I took Patty English's Interpersonal Communication class my first semester freshman year and I really loved it," Swanson-Garro said.

Scandinavian Studies was an area of interest that took her by surprise.

"The Scandinavian Studies minor was kind of an accident, because I came in and needed a language and I decided to take Swedish. I loved the [Scandinavian Studies] department so much that I decided to minor in it. I finished my minor last semester and I'm going to Sweden for a semester in the spring, at Uppsala," Swanson-Garro said.

"Uppsala is kind of special because their courses are not offered simultaneously. They're three to four weeks at a time taking one class and then you switch to another class. Studying abroad, I just want to do as much as possible and get a bunch of intercultural experiences. Also, taking Swedish language courses in Sweden to increase my fluency and working towards that. That's what I'm looking forward to," Swanson-Garro said.

Aside from her academic interests, Swanson-Garro has many involvements on campus. She is Vice-President of Thrifty Gold, a student organization that began as an off-shoot of the Environmental Action Coalition

and focuses on making students conscious of fast-fashion and how they can be more sustainable. She is also the Secretary for Viking Society, which is the Swedish club on campus, and they host Fika weekly.

Swanson-Garro encourages anyone interested in the Scandinavian Studies program, or students who just want to meet new people, to attend Fika.

She is also a part of the Gustavus Mentoring Program and is a Student Representative on the Global Engagement Committee, which discusses and approves travel courses and faculty led J-term experiences.

As a writer and poet, Swanson-Garro is also a member of the new student org Dead Poet's Society, where students can read their originally poetry or bring a different poem to read.

As a writer and poet, Swanson-Garro is also a member of the new student org Dead Poet's Society, where students can read their originally poetry or bring a different poem to read.

This org meets 7-8 in the Arb.

Swanson-Garro also received a grant to work on a blog, and her work is accessible here: <http://www.currentlycarley.com/>.

Through her time at Gustavus, Swanson-Garro has learned the value of getting involved and reaching out to others, which is what she advises her fellow students to do.

"Don't be afraid to reach out to people; say hi to me if you want. Everyone here is super welcoming. Just don't be afraid to get involved on campus" Swanson-Garro said.



Jayne Mapston

Gustie of the Week Carley Swanson-Garro.

Do you have a suggestion for a Gustavus student, professor, or staff member who could be our next Gustie of the Week?

If so, send their name, position on campus, and a short description of why you think they should be recognized to weekly@gustavus.edu for a chance to be featured!

A representative from the Gustavian Weekly will be in contact with you via email if your suggestion is chosen to be featured in an issue of the paper.

Cornhole and camaraderie

Korri Wojack
Staff Writer

The Campus Activities Board is hosting a tournament this coming Friday in the Southwest Field, where teams of two will compete against others to win the grand prize.

The event starts at 4 pm on Friday, Oct. 15, and students can register their teams via SignUp Genius by accessing the QR code from one of the posters all over campus. This is indeed a tournament, so CAB has created a 32 team roster with both a winners and a losers bracket. Each team can expect to play at least two games, and if their skills are on point, hopefully many more. This will be the third Cornhole tournament that CAB has hosted, and they hope to keep the tradition alive and well as the years go on.

This will be the third Cornhole tournament that CAB has hosted, and they hope to keep the tradition alive and well as the years go on.

That's right folks. We're talk-

ing about Bags, or as most of the world likes to call it, Cornhole. A classic yard game played at tailgates, cookouts and senior grad parties everywhere. However, Cornhole has come a long way since its humble beginnings.

Some believe Cornhole originated in Germany, where in 1325, a cabinet maker named Matthias Kuepermann watched children in his village throw stones into a dugout hole in the dirt.

The children would often injure themselves from a misthrow, or from the stones bouncing off of the ground and up to their shins. Kuepermann was said to have invented a less dangerous way to play by using a box made of cabinet materials lying around the shop and grain-filled bags. This may be an early version of the game, although nobody is quite sure. However, it seems people often love a sport involving getting handheld things into random objects, such as hoops, holes, goalposts, endzones, etc, so perhaps the general idea of Cornhole was a widespread human achievement.

However widespread it may be, though, the name has quite often changed. In Illinois, Wisconsin, Minnesota, and Michigan, a good percentage of the

population call it Bags. The rest of the country is pretty even about calling it Cornhole, however, there are some rarer monikers used when referring to the classic game, Baggo, Sack Toss, Faba Baga, and Indiana Horseshoes, to name a few. No matter where in the United States you are, though, the game of bean bags and wooden boards is no stranger.

Cornhole's popularity spread widely within the past twenty years or so, especially in the midwestern states consisting mostly of farmland because if my hypothesis is correct, corn is quite an abundant resource around here. Cornhole frenzy soon took off, becoming a staple of barbecues, family game nights, local bar league games, and campgrounds across the nation.

Bars across the United States now host regular Cornhole tournaments. The pastime has slowly turned itself into a sport over the years, even being featured on ESPN for national tournaments, where a participant missing the hole is a rare sight. (Meanwhile, some of us still struggle to even land it on the board).

The great thing about a game like Cornhole is that anyone can do it, the rules are simple, and because of how it's played it is



Cornhole Tournament 2020.

Luke Yang

perfect to chat while you play and make some friends.

The great thing about a game like Cornhole is that anyone can do it, the rules are simple, and because of how it's played it is perfect to chat while you play and make some friends.

Still, why should you spend your precious Friday evening out in the fresh fall air and sunshine, surrounded by fellow Gusties and friends? Well, besides those reasons, the winners will receive either a Fire Cube TV or an Air Fryer, and both members of the team will get a prize. Spectators are more than welcome to come and cheer on their friends while enjoying an amazing day out on the Hill. Good luck Gusties!

Proclaim on campus

Emma Kelsey
Staff Writer

Proclaim is a unique and welcoming christian organization here on the Gustavus campus. Student led and inter-denominational, students attend when they want and when they can. No matter one's attendance, though, any student is always welcome.

Student led and inter-denominational, students attend when they want and when they can. No matter one's attendance, though, any student is always welcome.

The meetings take place every Tuesday night from 9pm - 10pm in Alumni Hall, where students gather to worship, sing along to songs, mingle, and grow in their faith.

To experience first-hand the experience, I attended the Proclaim meeting on October 12 in Alumni Hall. I was greeted

enthusiastically at the bottom of the stairs in the Student Union by two students, and once I climbed the stairs, was offered a snack at the entrance to Alumni Hall. As I entered, I took in the room. Students munched on their bowls of pretzels, mini marshmallows, golden grahams, and popcorn while visiting with one another.

The theme of the night was campfire, so the room was illuminated by orange lights and a video of burning logs on the projectors, together casting a warm glow in the room. I was immediately greeted by students who showed genuine excitement upon each student's arrival. I mingled among the groups until the service started, making conversation with friendly fellow-students. I could already feel this was a group that envelops kindly with open arms any first-timer.

When we were greeted by the first speaker and the band was introduced, attendees were encouraged to participate in worship in any way they wish, and in whatever form would help them connect in the best way with God. They also offer a Prayer Ministry - two students on either side

of the room are open for any student to come to if they feel the need.

The band opened up with a song, their space surrounded by string lights. Three guitar players, two singers, a percussionist, and the audience all singing along created resonating melodies of music and reverberating chords of community.

Once the first song was finished, we were asked to mingle with someone new, and to share our answer to the question "what happened lately that made you smile?" Immediately conversations sprang and connections were made throughout the room. Not only are relationships with God fostered at these services, but also relationships within the community and among one another.

About halfway through the meeting, a student speaker took his place at the front of the room, and spoke on the chosen proverb of the evening: "For whoever has will be given more, and they will have an abundance. For whoever does not have, even what they have will be taken from them." Matthew 25:29. The speaker went on to say what he believes this

proverb means. He explained it is not only talking about gaining or losing riches or possessions, but one's own talents and how they use them.


People have nothing not because they are born with no talents, but because they do not recognize them. Furthermore, they are given more not because they have many talents, but because they utilize the ones they recognize. Accompanying his words was a slideshow of different graphics that not only helped students understand the message, but also evoked a humorous response. It not only made the speech meaningful, but entertaining as well. When the speaker finished, students applauded earnestly, leaving me to believe the message was well-received throughout the room.

Throughout the meeting, songs were played by the band: some slow and soothing, others upbeat and uplifting. Students swayed, danced, hooted, clapped, or harmonized with the music.

Throughout the meeting, songs were

Throughout the meeting, songs were played by the band: some slow and soothing, others upbeat and uplifting. Students swayed, danced, hooted, clapped, or harmonized with the music.

Amid the glow of soft orange light and graceful music carrying the words "Lord you know just where I've been / so light the fire in my heart again", I truly felt the effects of such a peace brought on by this weekly practice. Coming in need of peace, faith, love, and hope in a swath of people seeking and offering the same things, it is a truly valuable experience.



Coming Out Week

Hello Gusties, and happy Coming Out Week!

If you don't already know, Coming Out Week is a week of encouragement, celebration, and visibility for many LGBTQIA+ folks. Coming Out Week can even be empowering for some, giving people the opportunity and courage to be seen for who they really are.

However, there are many people in the LGBTQIA+ community who experience Coming Out Week much differently than it is experienced by some and portrayed by others.

There can be a lot of pressure on folks during Coming Out Week to out themselves, and there can even be a lot of guilt when people choose not to come out. This can include thoughts such as, "I'm not actually (identity) if I don't 'come out.'"

People choose not to come out for a plethora of reasons, some including very real danger to their emotional and physical wellbeing. While our society is improving greatly and it's wonderful that much of our campus allows many of us the opportunity to feel comfortable enough in being our most authentic selves--there is still great risk in coming out.

It's important to remember that coming out is an individual CHOICE.

AND that just because someone is out to you, that doesn't mean they're out to everyone!

Personally, as a member of the LGBTQIA+ community, I don't see the need to "officially" come out. I'll mention aspects of my identity casually as any straight person would because straight cisgender people aren't expected to "come out," their sexuality and gender identity are seen as the norm.

While I know some LGBTQIA+ people agree with this view, there are also many who would LOVE to come out but are not ready or comfortable doing so-- and they need to be celebrated too! (Not just this week, but every week).

So while it's important to celebrate our friends, family, and peers as they come out during this time-- it's equally as important to acknowledge and celebrate those who aren't coming out this week. And to keep in mind that we are valid all year round-- no matter what our identities are, when we figure them out or when we choose to let those around us know.

Also remember that we are creatures who are ever-changing, evolving, and learning. If you are questioning your identity for the first time or the hundredth time-- you are valid.

Written by Cadence Paramore,
Assistant Editor-in-Chief

"AND that just because someone is out to you, that doesn't mean they are out to everyone!"

"It's important to remember that coming out is an individual CHOICE."



Get the ghost out of Uhler Hall



Jonas Doerr
Opinion Columnist

The brick walls of Uhler Hall loom over the Gustavus campus like a Transylvanian manor. The rooms are irregular with its mix of quads, triples, and doubles, and the hallways in the basement form a labyrinth all types of spookies could hide in. *Dracula* was written in 1897; Uhler Hall is only thirty years younger. So it's not that surprising that Uhler, in fact, is haunted. The first inkling I had of the ghost was as I was reading in my dorm alone one night. I heard a pounding on the door, and asked, "Who is it?" No one answered. I got up slowly and looked, and no one was there.

I figured it probably was just some hooligans up to no good, so I went back to my book, but sat next to the door in case it happened again. It did. "Bam bam bam" went the door. I leapt up and flung it open. Nobody. At this point I knew something strange was going on, and I decided to investigate. It turns out I wasn't the only Uhler resident experiencing strange things. The first thing roommates Emma and Sophie noticed was "rattling and scratching" coming from the ceiling. Of course, the floors are thin in Uhler, so it could have just been their upstairs neighbors if that was the only odd occurrence. But then their decorative lights began "flickering aggressively" even though they were completely plugged into the wall. After some time of this the lights went out. They were still plugged in. The lights didn't stay off, though. Some time later, the lights suspiciously turned back on on their own. Now, this could all be completely normal still; except there's more. Another resident, who wished to remain anonymous, said via email that they saw, "An apparition so pale

and unsavory it stopped my breath in my throat. Its eyes were crimson, its form was otherworldly, and it emitted an air of gloom - pervasive and complete." Unfortunately, they could not produce photographic evidence of the alleged spooky encounter. However, who knows if the ghost would even show up on a camera? Yet another resident, Claire, was showering late at night with just one light on. No one else was around. Suddenly, the shower curtain was swept aside and remained "like someone was holding it there," she says. Soon after, it returned to its prior position. There was no one around who could have pulled a prank like that. Who, then, is this ghost? Is it a friendly ghost, like Casper? Maybe a troublemaker, like a ghost from Harry Potter? Or is it something more sinister, waiting for an opportunity to strike? Either way, something needs to be done about this ghost. Even if it is not evil, it brings up a host of other problems. Take, for example, privacy. Everyone knows that locked doors are no barrier to a ghost. How can this be allowed? What if the ghost finds out

some dirty secret about me, like that I'm a Packers fan? This would be unacceptable (the ghost part, not the Packers part). At the very least, the ghost needs to be restrained. And what about the annoying noises? For those who do not own noise-cancelling headphones, constant clanking and rattling is unbearable. If anyone really wants to listen to obnoxious sounds, they don't need a ghost. They can just put on country music. Most of all, having the ghost around is simply unjust. Why should all the other residents have to pay room and board while the ghost gallivants around for free? It probably skipped housing assignments and has no valid roommate, and yet it gets to cavort in our beautiful hallways free of charge! It is completely unfair.

Fortunately, Uhler Hall president Christian Ash has also heard about the ghost and plans to do something about it. "As president of Uhler Hall, I find these supernatural occurrences deeply disturbing, both for the sanctity of the hall community and for the safety of the residents. With help from the public and my associates, I plan to formulate a solution to this issue once and for all," said Ash. Hopefully Ash can reach into his vast supply of resources as Hall President and create a solution towards this ghost problem. It is entirely inconceivable that this ghost should remain on Uhler Hall premises. If anything, it should go on a rotation and visit Southwest or Pittman every now and then. Usually I support school spirit, but this one has to go.

Have a missed connection?

Email:

missedconnections@gaconline.com

Dreaded gap year



Hailley Brune
Opinion Columnist

We’ve all heard someone say, “if you take a year off you won’t go back to school.” The phrase used to make me mad, but after taking a year off I relate with it to a certain extent. I didn’t take my gap year after high school and didn’t plan to take one at all. Then Covid and online classes happened. I went from loving to learn and never considering taking a break, to knowing that I had to leave for a year. The uncertainty was strong before I decided to take a break, and got even stronger when I did come back.

Now I understand why a lot

of people don’t go back to school after taking a gap year. It’s sort of disheartening. Suddenly all the people your age are ahead of you, so you have to join classes with people a year or two younger than you. The friends you had made are gone now, or leaving soon since you left for a while. For me it made me feel disconnected from school, friends, and my determination. I constantly felt like I was getting behind or being left behind while I was gone. When I came back that feeling grew tenfold.

It always used to infuriate me when people would say that you won’t go back after a gap year. After taking a gap year it still makes me mad, but I see where the idea comes from. During a gap year you have a lot of time to think about what you want to do. You start asking yourself if school is a good idea and if it’ll actually take you anywhere. I’m very determined and set on a career, yet I still considered not coming back. You take the year off and you have so much more free time. Sure, you have to work a normal full time job every day, but all your free time doesn’t go

to homework.

“During a gap year you have a lot of time to think about what you want to do.”

By the end of the summer I found myself already sad that things were changing. I got used to visiting my sister every day and watching anime together. I got comfortable having my own apartment, throwing small parties with my friends, and having extra money to spend when I wanted. I didn’t want to be at home, but at the same time I didn’t want to leave either.

I’m sure a lot of people take that gap year, and get used to their routines- I know I did. School also has its own stresses that you don’t have during a gap year. I found myself experiencing a loss of motivation. Of course everybody’s gap years are very unique and different. If you have a very positive year off with supportive people, maybe you’d be more motivated to seek out their

dream. Others may find out they like just working and that’s why they don’t seek out education. In the end I knew I didn’t want to just join the workforce. My gap year made me tired of being in the work force and influenced me to travel and escape.

In the end there is a little truth to the thought that you won’t go back after a gap year, but it’s more individualistic than that. It’s a negative thing to say, because it breeds uncertainty and doubt in young students. During my year off I constantly thought about what others thought of me, and how I knew there were many who didn’t believe I’d go back. I had friends start assuming I’d given up and telling me what my next step should be now that I wasn’t a student. It’s hard to have confidence in decisions when you don’t know where they’ll take you or what might happen. I run purely off spite, so their disbelief in me forced me to go back. Others feel unsupported and have a lot of anxiety around the subject of school. I was uncomfortable even talking about school with people, because I knew they

didn’t believe I would make it back.

After coming back to school and feeling like an outsider. I asked a few friends how they felt after taking some time off. A few had anxiety over the sudden age difference and being further behind compared to others. Most of them felt nervous or had mixed feelings about going back to school. Part of this I think aligns with the fear of the unknown, failure, and change. With things like school there’s always a chance you’ll fail a class, or something will go wrong. Maybe you’ll even find out you hate your intended major and will have to make a big path change.

Gap years can be good, and sometimes necessary, but they can also be really hard. A lot can happen in a year, and it can make you stronger or isolated. Giving yourself time to adjust is important, and sometimes that can take a while. It’s been a month already and I still haven’t fully adjusted, but just like the routine you made during your gap year, one can be made here too.



Having adventures while on a gap year

Hailley Brune

Cue the wanderlust



Bella Loxtercamp
Opinion Columnist

I've known that I wanted to study abroad since I was a freshman in high school. When I first visited Gustavus, I met with Bryan Messerly from the Study Abroad Office, and he informed me of different programs available. I left that meeting walking on air with a resolve to schedule an advising meeting the first day on campus. It didn't quite play out like that.

The first weekend was extremely busy with orientation events, so I decided to push it back to the following week. I wanted to go to the Study Abroad Office to schedule the meeting, so I asked around to figure out where it was. Over the next week, I was sent on a wild goose chase. Nobody I asked, students or faculty, knew where the Study Abroad Office was.

As a First-year, I had no idea what the different buildings were, so when someone told me it was in Anderson, I didn't doubt them; I went to Anderson. The Academic Support Center (ASC) sent me to the administration building. All that was there was the Registrar's office. They sent me to the International Center (IC), which I visited after class the next day. I entered on the side where the residents live and

explored the creepy, dark basement to see if it was similar to Campus Safety. It was not.

After leaving, I checked the campus map, and it wasn't even listed. The website said it was in the CICE--was that the same as the CIE? I checked the Dive. It was not. I double-checked all the offices in the Campus Center to see if I had just missed it the first time. I had not. At the beginning of my search, someone at the information desk had questioned whether it was even in existence. I was beginning to wonder that myself. Finally, ages later, I decided to go back to the IC, this time walking around the building, and lo and behold, I found a sign welcoming me to the CICE.

While this wild goose chase was a great way to explore campus and orient myself, why was it so difficult to find this office? There's a chance that I just caught a case of the Confused and Lost First-Year, but why didn't anyone know where it was, or if it even existed? I have been looking forward to studying abroad since I was in middle school. I've been saving money for it, using it to guide my decision for which college to attend. That the office is shoved at the far end of campus and not in the campus center is perplexing, but the fact that so many people are unaware of its existence is mind-blowing.

I interviewed Kendall Harvey, class of 2022, worker in the study abroad office, about her frustrations with the program. Her main frustrations are that not many students know it's up and running. COVID has shrunk it. "People want to travel post-covid, but they won't," Kendall said.

A lot of people are concerned about catching something or bringing something back. People are hyper-aware of their surroundings. A cough



Student on a study away program in Brazil

Submitted

doesn't mean someone has a tickle in their throat anymore, it means they could have COVID. Fear is a powerful motivator and has kept many people from traveling when COVID wasn't canceling everything. It canceled Gustavus's programs last year and given that most people study abroad while upperclassmen, many who studied abroad graduated. There were six workers last year, four of which were seniors, and now there are two seniors. Being a worker means advising students on possible programs and answering general questions. When I visited Kendall, she was excellent in informing me about programs and helping me plan next steps.

College is one of the best times to travel. You aren't tied down by a job, loan payments, or a family--in other words, you're in limbo between adulthood and youth. With study abroad, you have the support of an entire institution (sometimes two, depending on the program you select). They assist you with housing, finances, and emotional support. Gustavus has a wide range of

programs, from the shorter J-term experience to the semester-long programs.

There are faculty-led programs, exchange programs, and provider programs, where you study at an institution abroad. Each one will offer a different experience, and each one will be life-changing. "You can learn a lot about yourself," said Harvey. Studying abroad exposes one to new cultures, difficult challenges, and amazing new experiences.

Common worries I've heard are that it'll be too expensive or that it won't work with their schedule. Kendall advises that "If you're debating [study abroad], go to the office. Come talk to one of us." Depending on the program, study abroad can definitely be expensive--or it could end up being cheaper than a semester at Gustavus. There are also many scholarships available--from the college and the community. As for extra schooling, while study abroad can be tricky to fit in, there are so many programs available.

Early advising is key. Talk to your advisor to see which

year or semester will work best to study away, and then pick programs available during that time. The earlier you start planning to study abroad the better--First-years, this includes you. If you want to study abroad, schedule an appointment ASAP. The more information you get and the earlier you begin, the better experience you'll have.

There are valid reasons people don't study away, such as family commitments or health concerns, but fear, cost, and timing should not dictate travel. What's the harm in at least getting more information? Schedule an appointment, pick up some brochures, follow @gustavusinternational on Instagram, where you can see what current Gusties abroad are up to.

Study abroad is an amazing opportunity and in my opinion, just as important as joining clubs and organizations or doing an internship. There's so much out there--get in touch with your wanderlust and go explore it.

A trip down memory lane



Tegan Hirman
Opinion Columnist

It has come to my attention this past weekend that the American Girls Doll store in the Mall of America, no longer exists. I don't know about you, but since I started college, I have been feeling extremely nostalgic. My plans for next weekend were to visit the American Girl Doll store, to

reminisce of all of the cold winter afternoons I spent braiding their hair. Or going to elementary school back in the early-mid 2000s showing off my new doll. Be it Molly or Kit, I was so proud. But, no, kids don't play with toys like that anymore.

I looked at their website online and guess what I found... dolls with purple, blue, even green hair. Not your classic doll that came with dorky round glasses and a plaid sweater vest. These dolls...actually look trendy. I'm sorry, but when I was in elementary school, I was not that cool, let me tell you that. We all got the short end of the stick when it came to fashion statements. The feathers or rainbow tinsel on our hair, headbands that tied at the nape of our necks, tee shirts plastered with brand logos (I was partial to Aeropostale), and let's not forget the low rise jeans! No, not only toys but the whole vibe of kids today has changed.

Rarely will I see a child in a restaurant playing with coloring books or action figures any more. Tablets have become their version of fun. My first cell phone was a Verizon flip phone that I got at 12, which I wasn't allowed to text due to data limits. Today, do we have to worry about data limits anymore, click a character 3 times to get the right letter or have a song play when you power up your phone or computer?

I cannot be the only one who has also been rewatching childhood favorite TV shows. Do you all remember iCarly, Zoey 101, Victorious, Sweet Life of Zack and Cody? Or perhaps the tried and true cartoons like Jimmy Neutron, Danny Phantom, Kim Possible, or The Fairly OddParents? A walk down memory lane, especially now when this would be the time back in 2010 when I would scan the channels for the Halloween episodes (which are the best). Monster

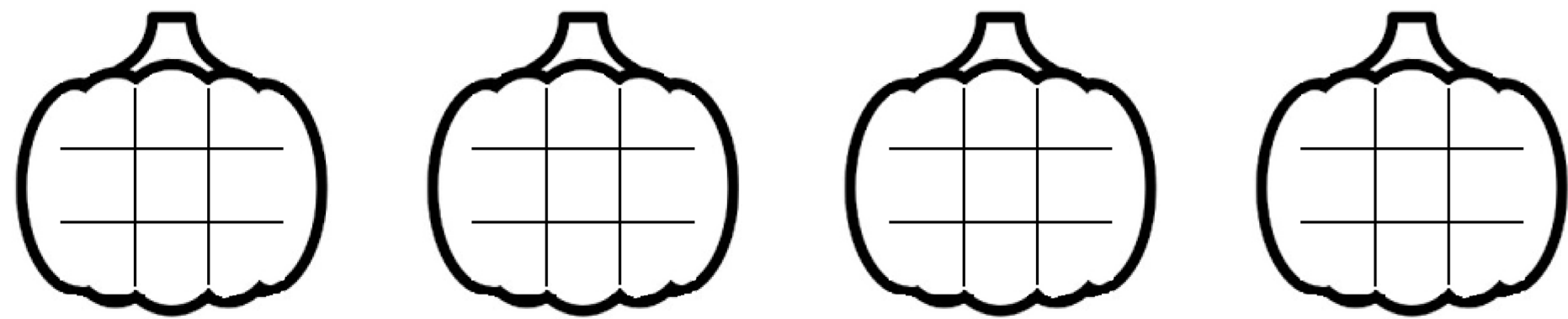
House, ultimate favorite kid halloween movie. If any of you see me on campus, please stop me and tell me what your favorite childhood Halloween movie was?

"I think it's important to look back on memories. They bring me back to earth for a bit..."

The Holiday season is ripe with nostalgic memories. Wearing your winter coat over your Halloween costume so you could go trick or treating. Having your mom inspect the candy (actually frightening looking back on it), getting ready for Christmas right on November 1st, and drafting your list to Santa Clause. My favorite Christmas tradition is on Christmas Eve, my mom would huddle my younger sis-

ter and I into her wrap up in a thick blanket, stop by Caribou and get us a hot chocolate, and we would drive down to Plymouth, Minnesota to look at the grand Christmas light displays. Coming home all ready for bed because Santa was coming, and of course waking up extra early to sneak a peek at this year's Christmas gifts. I would always be hoping for a Barbie Christmas Special Edition. (I do have 2007 and 2008 if you are curious)

I think it's important to look back on memories. They bring me back to earth for a bit and help me wind down. I'm looking forward to making memories here at Gustavus. I wonder what Halloween would be like, the lead up to the Holidays, traveling back home for our breaks. It all sound so weird and different, and kinda scary. I wish I could go back in time, just for one day, and experience that pure excitement all over again.



Jayne Mapstone

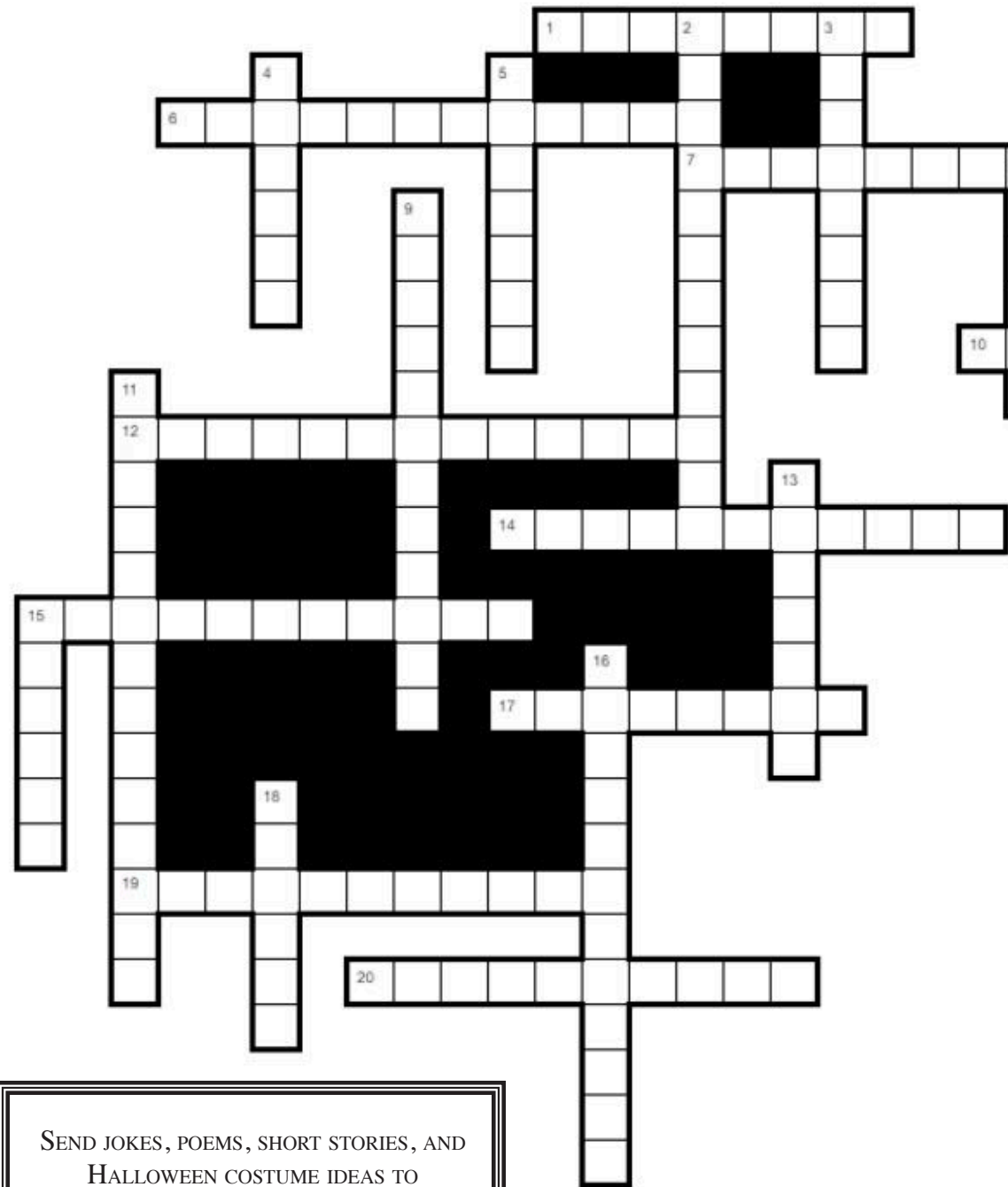
Parents' Weekend Movie: *Raya and the Last Dragon*

by Will Sorg

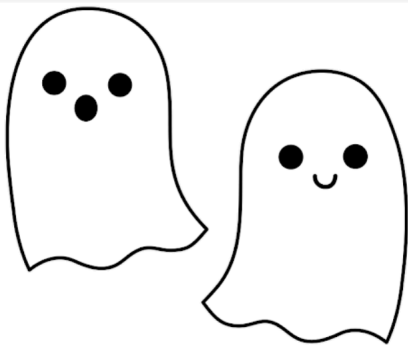
Over Parents' Weekend, I was able to catch one of the two on-campus showings of the 2021 Disney movie *Raya and The Last Dragon*. This film is, in many ways, the archetypal modern Disney cartoon, with all the good and bad that entails. On one hand, the dedication and mastery Disney has attained make this movie look and feel incredible. Certain landscape shots look nearly photorealistic and the water and clothing animations are leagues ahead of anything from even just a few years ago.

The character designs are immaculate, with Raya especially feeling unique and instantly iconic in her design as well as her mannerisms and animation. I also have to applaud the casting of actors who are of Asian descent for all of the characters. Everyone involved- from the animators to the actors to the instrumentalists- clearly put a lot of care and talent into this movie.

However, "modern Disney personified" is not all pleasant. The story of the movie is frankly, quite derivative. Raya is in many ways taking up the same type of challenge as Moana, *Frozen's* Anna and over half a dozen other Disney protagonists. A tragedy befalls the protagonist, so they search for something or someone who will help them and they meet a whole cast of quirky, marketable characters along the way. *Raya* is a movie that time and time again almost takes a risk, and then backs up and takes the predictable choice.



WHY DID THE GHOST GET IN THE ELEVATOR?
To lift his spirits!



- ACROSS
- 1. Gomez Addams' wife
 - 6. Famous escape artist who died on Halloween 1926
 - 7. Halloween is America's second-largest commercial holiday after _____
 - 10. New Hampshire city currently holding the world record for most lit jack-o-lanterns at one time
 - 12. A more formal name for Halloween
 - 14. Song that was a "graveyard smash"
 - 15. Original name of candy corn.
 - 17. Creature that transforms with the full moon
 - 19. Say his name three times and he'll appear
 - 20. Witches famously ride around on these

- DOWN
- 2. Dressing up and going door-to-door for candy
 - 3. State that, at over 500 million pounds, produces the most pumpkins in the USA
 - 4. Mr. Krueger of Elm Street
 - 5. The first jack-o-lanterns were made of these root vegetables
 - 8. You may bob for them in a tub of water
 - 9. A carved pumpkin
 - 11. The fear of Halloween
 - 13. Most famous vampire
 - 15. Ghost known for his amiability
 - 16. Victor who built a monster
 - 18. Alternate name for fall

SEND JOKES, POEMS, SHORT STORIES, AND HALLOWEEN COSTUME IDEAS TO gkearney@gustavus.edu

Swim and Dive hosts alumni meet

Team comes together for Family Weekend competition

Autumn Zierman
Staff Writer

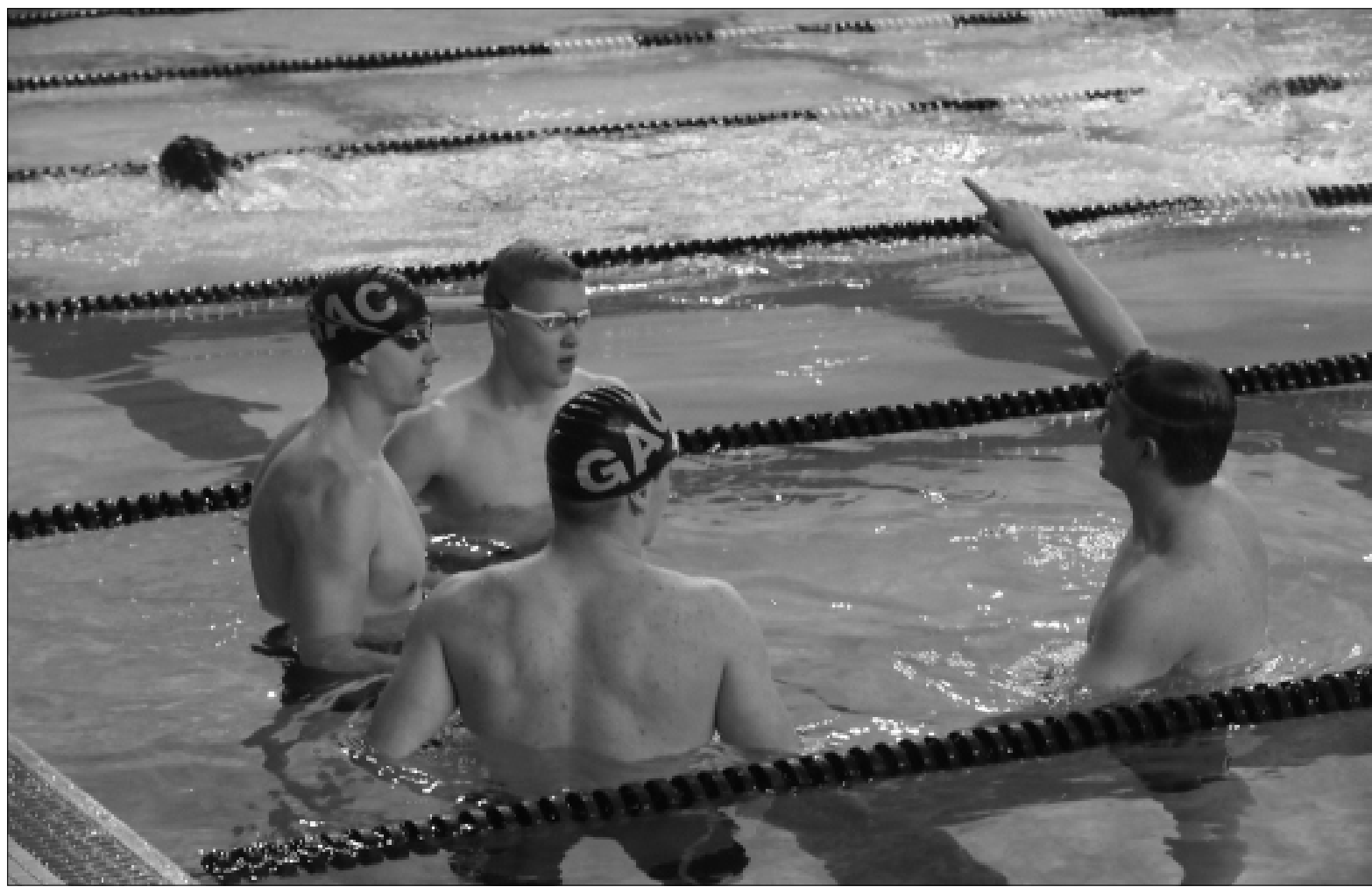
The Gustavus Adolphus Men's and Women's team opened their practice and pre-competitive season this last Saturday, October 9 in the Lund Center with an intra-squad meet that invited alumni. Alumni and students were invited to partake in either a 50 of each stroke or the 100 IM, or cheer on Gusties old and new from the sidelines. Turnout for the alumni was high and the alumni present represented various classes in each of the past 4 decades from '91 to '21.

"It's always a pleasure to see the faces of those who have helped shape the program into what it is today. It was an added bonus to be able to invite families and spectators back into the stands for the first time in over a year and a half during Family Weekend at Gustavus," Head Coach Jon Carlson said on the Gustavus Swim and Dive Facebook page.

"I think we had almost 30 alumni come back and swim with us at that meet, which was awesome because some of them were teammates that I swam with in previous years, but there were also some I've never met before, so it was just an overall cool experience and opportunity to interact with people that are still passionate about the program," Senior Ella Benoit said.

While the competitive season for the teams doesn't start until Oct. 30, with a meet against Morningside University taking place at the Gustavus Lund Center, the team is still hard at work practicing.

"It felt so nice to come back to GAC after being away for the summer. It's a totally different mindset from summer



Gustie swimmers gather in the Vic Gustafson Pool.

Gustavus Sports Information

work, but it feels good to be back in the rhythm of things. It especially feels good to be back in the pool. We started official practice the last week of September.... It's been a tough few weeks of training, but it feels good to be doing it with the whole team again," Senior Lillie Ortloff said.

Even with the tough practice schedule, the team will be rewarded in the competitive season when fans are allowed to return to the stands to cheer them on—a change from the previous year of COVID-19

policy.

"We just started our lifting program last week, so I've been majorly sore, but it feels good to be back at it. Our first meet on Oct. 30, against Morningside at home! I know my parents are especially excited to be able to watch meets in person again," Benoit said.

The intense practice is building up to a hard and long competitive season; all of November consists of meets against MSU Mankato, UW Stevens Point, St. Olaf, Hamline and other schools both in and out-

side of the MIAC. The return of the Swim and Dive season to a more normalized schedule also means more competition.

"The biggest change this year competitively will be having have more teams to compete against. Teams like Macalester and St. Olaf didn't have seasons, so now we have more competitors! And we get to travel this year to Grinnell and Stevens Point for overnight meets again," Ortloff said.

A strong upcoming competitive season will not deter the Gusties though. If anything,

they are more determined now to run a strong season and finish off at Conference.

"Personally, in the pool I'm hoping to make it back onto our Conference roster since we'll be having that meet at the end of the season for the first time since 2020. I'm also looking forward to getting to know my teammates more. With the pandemic last year, we were always so split up. Team bonding should be even better this year," Ortloff said.

The team is taking advantage of being all back together again after a summer apart and a past year of number restrictions and individual emphasis.

"My favorite motto from the team is, 'swim smart, swim with all your heart, swim as a team and swim to inspire', because it is the phrase that our coach, Jon Carlson, says to us before every single meet. I think that team unity is as strong as ever going into this season. We're a tight-knit group, you get close with each other quickly when you are swimming and lifting for multiple hours a day. It feels great knowing that there are nearly 100 teammates who have my back," Benoit said.

With another upcoming intra-squad meet, and a packed competitive season, the swim and dive team dedicate themselves to their motto. With restrictions lifted on observation this year, Gusties will be there to cheer them on as they do.



Both teams meet on the pool deck following the Alumni meet.

Gustavus Sports Information



Lillie Ortloff's roster photo.

Gustavus Sports Information

Women's Soccer snaps losing streak

Rodriguez' late goal pushes Gusties past Cobbers

Allison Fajt
Staff Writer

A four game losing streak by Gustie women's soccer was broken by First-year Gabriela Rodriguez on Saturday as she scored with 10:25 minutes left in the game. With the final score 2-1 the team beat the Concordia Moorhead Cobbers in a MIAC game at their home turf. The win leaves the Gusties with a 5-7 record.

"During training we push one another to try new things but also gain that confidence of knowing that you're on the team for a reason and that we're all very talented. So I think building that trust between one another really helped us connect passes better and have an overall better flow to the game than we previously had," Senior Katie Ashpole said.

"Building that trust between one another really helped us connect passes better and have overall better flow..."

Not only did the Gusties end their losing streak, but also broke their no-score streak in the previous four games. At Saint Benedict they lost 0-5, a 0-1 home loss against Saint Mary's, then two 0-2 losses to St. Catherine and UW-La Crosse.

"Coming off of a couple of tough losses, we have really been excited and been looking forward to a win. I think in these last two weeks we've been focusing on just building confidence in one another," Ashpole said.

The Gusties started their comeback fast with a 4:05 goal by Senior Page Cocciarella with an assist from Ashpole. Their



Members of the team embrace one another prior to the start of the game.

Gustavus Sports Information

four game no-score streak finally ended.

"We had just won the ball and we were dribbling into our attacking third and one of my teammates played the ball in between two of their defenders and I got on it and pretty much dribbled at the goal towards the end line. Then I cut it back and passed it across in between the six and the goal and Page was there and she just got a foot on it, and pretty much passed it in," Ashpole said.

Concordia wasn't going to give them an easy win, tying up the game the Cobbers scored in the first half to make

the score 1-1. The Gusties had to make a goal in the second half in order to break their losing streak. "I went in there and we only had ten minutes left - And going in you know you have to make something out of the remaining time," First-year Lillian Selberg said. With an assist from Selberg, Rodriguez's winning shot brought the Gusties ahead to a score of 2-1.

"They were a pretty good team. It was hard to move up the ball at times but I think when we focused on our principles and our possession and passing with each other we were able to show that we were the dominant team," Rodriguez said.

It was a memorable win for the First-year duo. Not only was their goal a game winner but Selberg's first collegiate assist and Rodriguez's first collegiate goal.

"It's all in the moment, I remember hearing on the sidelines hearing my teammates saying 'You're gonna get a goal, you're gonna score now' and then we got the opportunity, Lillian crossed it in front of the goal. When I hit it and saw it go in, it was just an amazing feeling," Rodriguez said.

"In the past few games we had been struggling to get the results we wanted. And going up to Concordia has always been a tough game because the weather's not always great and the refing isn't always good either. As well as the four hour drive. It was really good for us



Gabriela Rodriguez' roster photo.

Gustavus Sports Information

because we hadn't scored in a while either so to get two goals in and then come out with a win was great," Selberg said.

"There definitely was a mental component to it all. Just trying to get over that barrier but what we decided on as a team was that we were just going to focus on what we were good at and like why we enjoy playing soccer. I think that really helped us get this win," Rodriguez said.

The Gusties are currently 2-4 in the MIAC with five conference games left to play. "Everyone makes it in the playoffs so we still have a second chance. We know what we did wrong in these last few games," Selberg said.



Lillian Selberg plants her foot and prepares to make a pass to her teammate.

Gustavus Sports Information

Gustie Football runs over St. Scholastica

Breitbach and Konde star in record-setting game

Brady Boie
Staff Writer

Coming off of their first loss of the season, the Golden Gustie football team traveled to Duluth, Minnesota to take on the St. Scholastica Saints. Going into the game, the focus was to take the game at a slower pace and to execute better.

"Our focus going into the week was to take it one possession at a time. Last week we had a few turnovers and I think it was because our expectations were too high. This week we took it one possession at a time and it worked out much better," Sophomore running back Rohee Konde said.

To say that this change in focus worked out "much better" is an understatement. The Gusties posted one of the most dominant performances in school history, crushing the Saints by a 72-7 margin. In the process, the Gusties also broke the school record for most yards gained with 730 total yards.

"That's pretty sweet. It's pretty cool to be a part of a record-breaking performance. It was a team effort and it all started out upfront by getting the running game going. You know when you are getting fifteen or twenty yards a pop in the run game, the passing game is pretty much wide open (as well)," Sophomore quarterback Jake Breitbach said.

"That's pretty sweet. It's pretty cool to be a part of a record-breaking performance."

The Gusties jumped on the



Rohee Konde breaks a tackle as he makes his way towards the endzone.

Saints right from the get-go. On their first possession of the game, Breitbach found Senior tight end Ethan Sindelir in the end zone for a 16-yard touchdown pass. The Gustie defense forced a quick stop and the Gustie offense capitalized. On the first play of the drive, Breitbach hit Sophomore wide receiver Matthew Kipper for a 43-yard completion that put the ball at the Saints' six-yard line.

Sophomore Dalton Thelen punched the ball in on a run the very next play to put the Gusties up 14-0. Thelen added to his touchdown count only a

few minutes later, as he caught a swing pass and made a great move to find the endzone from 22 yards out. The Gusties closed the dominant quarter with a 16-yard touchdown run by Senior running back David Peal, which made the score read 28-0 at the end of the first quarter.

"It was a fun game... we scored a bunch of quick touchdowns early in the game and just kept the momentum rolling from there," Breitbach said.

The momentum continued early on in the second quarter. Breitbach dazzled with a 43-yard run and finished the drive

with an 8-yard touchdown rush of his own. The score put the Gusties up 34-0 and highlighted Breitbach's athleticism.

"Even though he (Breitbach) is our quarterback he is probably the most athletic dude on the team. He is fast, strong, and can jump out of the gym, and when you combine all that at the quarterback position, the question is what can't he do?" Konde said.

After Breitbach's touchdown run, Senior defensive back Ezekiel Sundburg snagged an interception. This turnover led to yet another Gustie touchdown, as Peal found the end zone only a few minutes later on a four-yard rush. Breitbach added to the first-half onslaught with a six-yard touchdown strike to Zach Jakes. Jakes, who is listed as a defensive lineman, lined up as fullback for the score that extended the Gustavus lead to 48-0.

With the game essentially out of reach, the Gusties pulled Breitbach at halftime. He completed 13 of 15 passes for 181 yards and three touchdowns and added fifty-one yards and another on the ground. Although he was thrilled with his own performance, Breitbach emphasized that his teammates are what allowed him and the team to be successful.

"The offensive line and running backs (were our key to success in the game). Running can be super dominant when you have a good offensive line and running backs, and that is what we have. It is really hard to stop smash-mouth football,"

Breitbach said.

"Running can be super dominant... It is really hard to beat smash-mouth football."

Saturday was a perfect example of smash-mouth football's effectiveness. The Gusties racked up 472 yards on the ground and averaged nearly eight yards a carry. With this proficient run game, the Gusties were able to completely control the clock, holding the ball for over 41 minutes. They allowed the Saints to possess the ball for a mere 5:17 of the second half and completely dominated the line of scrimmage. Konde led the rushing attack with 18 carries, 164 yards, and a touchdown.

"Konde ran super hard and super well and he was breaking a lot of tackles. It was great to see," Breitbach said.

The Gusties hope to carry the momentum from this victory into the rest of the season. They host Hamline this coming week, and have MIAC championship aspirations in their sights.

"The goal for the rest of the season is still going to be Getting 23. With that being said we can't look ahead and we have to take it week by week in order for that opportunity to come," Thelen said.



Rohee Konde takes the handoff from Jake Breitbach and punches it in for a touchdown.

Zoe Haugen