

# Calling out a Christmas song



Lizzy Woerpel  
Opinion Columnist

This fall John Legend released a new and revised version of “Baby It’s Cold Outside,” originally written by Frank Loesser. Though this song originated as a playful song between Frank Loesser and his wife, under a modern light, the back and forth banter of the song and its lyrics take a much darker turn. Since the early 2000’s, people have been debating the darker implications in the lyrics with the repeated insistence from the male voice in the duet, the female’s eagerness to leave the house and most importantly, what modern listeners believe to be a rape reference. Legend’s revision of the song exemplifies the importance in our modern society

to revise our use of language in everything from our daily speech to the lyrics of songs, no matter their original intentions. In addition, Legend also proves that as a society, we can correct ourselves while still staying positive and lighthearted.

*“Legend’s revision of the song exemplifies the importance in our modern society to revise our use of language in everything from our daily speech to the lyrics of songs, no matter their original intentions.”*

Legend revised almost all of the male voices lyrics and a few of the female lines. The female lines were mostly just revised to modernize the song. The male lines, however, were revised in order to change the male character and his responses to the female character. In the original, the conflict was external with the woman wanting to leave while the man pressured her to



Christmas in Christ Chapel is the biggest Christmas music event at Gustavus.

Nate Habben

stay. In the revised version, the conflict is internal for the female character. She knows she should leave, but she doesn’t want to. And the male character stays supportive of the woman for the whole song. This distinction, though seemingly insignificant, carries large weight in exemplifying the appropriate response to a situation like this. It no longer fantasizes pressuring

women and instead maintains the flirty and fun attitude, while the male character supports and respects the woman’s decisions and ultimately leaves the decision whether to stay or leave to her. Legend accomplishes this effectively by introducing the cab driver into the song. After the first time Legend says “Baby it’s cold outside,” Kelly Clarkson, who sings the female lines, responds with, “I’ve got to go away” instead of insisting that she should stay like in the original; Legend instead offers to call a ride for her. This gives her the option and safe ability to leave the situation if she wants. This is quality content, unlike the questionable “consent”

to what and how much alcohol was in a drink. Now, however, since the #Metoo movement, lines like these strongly imply the use of a date rape drug in her drink and her inability to leave even if she really wanted to. Even though this is very much not an implication that the author of the song would have ever thought of, it’s still important to correct the lines in our current social climate. Legend seamlessly modernizes these lines while maintaining the authors original flirty intent and also adding in important points for our current time. The female instead says, “what will my friends think? If I have one more drink? Ooh you really know how to cast a spell,” and the male replies to each of these lines with, “I think they should rejoice. It’s your body and your choice”. This again reinforces that it’s her choice to drink or not while omitting the questioning of the drink. With all of the changes to the lyrics, Legend is still able to maintain the funny and flirty tone of the song and he’s able to add new, funny moments. This proves that changing and updating things can be fun, even if the update comes from serious topics.

*“This is quality content unlike the questionable “consent” given in the original after repeated pressuring from the male character.”*

given in the original after repeated pressuring from the male character. The other majorly problematic lines were changed from the original and a few lines from the woman that were changed were the lines: “Say what’s in this drink?” and “I wish I knew how to break this spell”. At the time the song was written, these lines had no negative implications and were a simple and common inquiry to whomever made the drink as

## The Good, the Bad, and the Meh



First-years, you can finally put away your fans and bask in the coldness.



The time between Thanksgiving and Christmas feels like the last lap in Mario Kart where the music gets faster and really stressful.



The semester is over and you don’t have to deal with professors anymore— but now you have to deal with your parents.



# Give us a break over Thanksgiving



**Grace Worwa**  
Opinion Columnist

It's the week after Thanksgiving and all throughout campus, Gusties are talking about what they did, the food they ate, the people they saw and all the homework they had to do (or forgot to do).

It's certainly nice to get away from campus for a few days over Thanksgiving break, but lately, these "breaks" are beginning to feel less like time off and more like extended at-home study sessions. Students spend the better part of November looking forward to a relaxing Thanksgiving spent with loved ones, and yet, by the time break finally comes along, they are so laden with assignments that they hardly have time for anything else.

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Students are gradually being deprived of the break that they are promised on the semester calendar, and this is problematic because true time off from schoolwork is proven to be beneficial to students in terms of both academics and health. As such, I argue that students should not be assigned any homework over Thanksgiving break so that they may reap the benefits of spending more time with loved ones, catching up on sleep and relieving some stress.

For starters, the primary purpose of Thanksgiving break is to allow students to celebrate



A student revising an essay for one of their class's major projects.

Katie Mattinen

the holiday with their loved ones. Assigning them homework intrudes on that family time which is already too rare. As Gustavus students, we invest the majority of our time in on-campus activities, so we need this break in order to reinforce relationship bonds with people at home and to remind ourselves that, despite our crazy stressful college lives, we still have that support.

In addition, not having homework over break allows students to catch up on much-needed sleep. It's no secret that college students are sleep-deprived. According to the University of Georgia Health Center, they get an average of 6 to 6.9 hours per night when they really need 8 hours. Giving out assignments over break only perpetuates this pattern because, according to writer for the West Ottawan Journal, Cory Ives, students will just repeat their school habits of procrastination and end up staying up late to finish homework anyway, even though they may have more time on their hands.

As a result of getting more sleep, Gusties will return to campus and perform better academically in their upcoming finals. According to the University of Georgia Health Center, "Research has shown that students who get 6 or fewer hours of sleep have a lower GPA than those who get 8 or more."

This is true because sleep is a restorative process that en-

hances multiple bodily functions that are essential to the processes of learning and test-taking.

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For example, sleep strengthens the immune system, enabling students to attend and focus on learning without the hindrance of a cold or the flu. Sleep also heightens brain function and memory by sorting through and storing what you have learned that day so that it may be easily recalled later on, as well as allowing you to make connections between new and past information that you wouldn't have made while awake. Sleep even improves mood, alertness, and concentration throughout the day, elements that are crucial to test-taking.

In addition, no homework over Thanksgiving break gives students the opportunity for stress relief. As Gusties well know, chronic stress is a deep-

seated problem in the college environment. While being involved on campus certainly has its rewards, it can often be overwhelming and a break offers students a necessary safe haven. Assigning homework is to overload a student's already busy Thanksgiving schedule, which often includes spending time with family and friends, preparing for Thanksgiving dinner, and working an at-home job.

Stress relief, even over a short Thanksgiving break, is essential for physical and mental health. Stress is the body's natural alarm system, designed for short-term activation in response to threats of danger. According to WebMD, small doses of stress may be natural, but "we are not equipped to handle long-term, chronic stress without ill consequences." Long term stress is associated with depression, anxiety, heart disease, high blood pressure, memory and concentration impairment, obesity, sleep problems, and digestive problems. In order to stay healthy, Gusties need to be allowed breaks from the stress of school over the semester and that means no homework over Thanksgiving.

One might argue that a break offers both professors and students the opportunity to make up for lost time. After all, wouldn't a student's stress decrease if they had less class work to do when they get back? Well, yes and no. It's

true that the student would not have those particular tasks to worry about when they return, but the fact is, there will always be the next assignment to fret over. At least in my experience, the stress never really disappears, and break is a chance to freeze your on-campus responsibilities for a few days in order to take a moment to breathe so that you can come back refreshed. This way, Gusties will be able to pick up where they left off and prepare for finals with greater energy and motivation.

Everyone wants to do well in school, but that doesn't always mean sitting at your desk twenty-four hours a day. What it really means is time management and the ability to prioritize your personal health when need be, a necessary skill that is sadly lacking in today's society. Homework schedules should be designed to support student health, and no homework over Thanksgiving break is a major step toward this.



# You cannot compost this



**Cadence Paramore**  
Opinion Columnist

First impressions can be really deceiving. That's what a lot of other first-years like me have said since starting college here at Gustavus. Don't misunderstand; I'm not bashing Gustavus. On the contrary, I want to help it be better. College is where you can explore, learn, and grow; so why shouldn't the institution that helps shape us grow with us? As students, we learn from college just as college learns from us. It's still discovering what works, what doesn't, and how it can become better. Don't take that to mean that Gustavus is a horrible place because it isn't better right this very moment. Every institution has flaws, just like you and me. What I mean is that we need to help it, and this week I'm focusing on composting.

Gustavus advertises that its an environmentally conscious campus, and while many of its students and faculty do care

about the environment, that's not enough. "Believing" and "doing" are not synonymous with one another. If I believe that I will get an A on my U.S. Politics and Government final, that doesn't mean a single thing if I don't study for it. Just like if we believe that Gustavus is a sustainable campus, that doesn't mean anything if we don't keep working to improve its sustainability.

Imagine this: You've just bought your second cup of coffee from the Courtyard, and it's only 10 AM. Why? Because finals are approaching, you haven't slept since your three-hour nap which was a day ago, and you just found out that you have a ten-page research paper to write on top of all of your other exams. You're downing your coffee on your way to your next class, but what do you do once it's empty? You're not in the campus center anymore, and you're not going to Old Main. That means that once it's time to dispose of your cup, there won't be a compost bin around. You'll probably just throw it away. Don't be ashamed. I've done that too. What else are we supposed to do?

The Environmental Action Coalition (EAC) is just one of multiple organizations working to improve sustainability on campus. I talked with Collin Carlson, a member of EAC and a sustainability intern, who shed some light on what's been discussed about composting on campus and why there aren't more compost bins within a wider variety of buildings. According to Carlson, sustainability interns are constantly looking for new ways to im-



Some of the to-go containers in the cafeteria are compostable.

Katie Mattinen

prove the quality and efficiency of composting on campus, like transporting compostable materials and expanding the number of bins, but there are logistical problems halting the process.

"We do want to put composting bins in all the res halls and academic buildings. However, there are a lot of issues that we would run into if we tried to do this" Carlson said. The main issue he brought up is transportation. Since Gustavus doesn't currently use compostable bags, and can't use them because the bags would get caught on the composter's auger. The compostable con-

tents need to be dumped out of the bags and into a separate container which creates "a lot of extra work for the physical plant" Carlson said. While I admire not wanting to create even more work for the physical plant than they already have to do, this seems a little silly. The second problem is that the compost bins may get contaminated from improper use. The cardboard bins in the basement of Co-ed were contaminated at the start of this year by other recyclables because many students didn't know any better. Were these bins removed? No. The students were better reminded. The students were

educated. I believe, and therefore I will strive to prove (as many others will), that we can educate ourselves to know the difference. And I believe that if Gustavus, all of Gustavus, continues to have this conversation we can create a solution to the issue of transportation. Instead of blaming Gustavus, we educate Gustavus. We become educated ourselves. We have a responsibility (yes, another responsibility on top of all our other ones), as a community and an institution, to the world, to each other and to ourselves.

## The question behind rat poison

**Krishna O'Brien**  
Guest Columnist

A common household cleaning item or a toxic hazard? Anticoagulant rodenticides (ARs) are a common household product many people use to kill unwanted, invasive rats. Rats can be dangerous to human health as they carry many diseases and can cause household destruction. Unfortunately, too many people are unaware of the dangers that rodenticides pose. According to the National Pesticide Information Center (NPIC), rat poisoning is extremely toxic when eaten, touched, or breathed in, and humans (especially small children) can suffer serious effects from just one dose. There is debate over rat poisoning as some see it as a safe, everyday pest control product, while others see it as having significant health risks and consequences.

Anticoagulant rodenticides (ARs) are a common tool used in household rodent control.

Anticoagulant products thin the blood of whatever ingests it. Based on research from the National Poisons Information Service (NPIS), rodenticides fulfill their task by preventing the flow of vitamin K, which is vital in causing blood to clot. Any human or animal that ingests enough of this poison, depending on their size and the amount consumed, will be stricken with symptoms ranging from hemorrhaging, bleeding from the mouth, coma and death. This condition is called rodenticide toxicosis.

Some rodenticides are so dangerous because of their effects on species that they did not intend to target, such as predators that consumed the infected vermin. Since the poison typically takes several days to kill its target, owls and other birds of prey eat mice, rats, voles, lemmings and other rodents and later suffer and die as a result. Though there is an antidote of vitamin K, owls would need to be brought in to raptor treatment centers in order to receive proper care.

According to the Environmental Protection Agency, the Office of Pesticide Programs (OPP) regulates the manufacturing and usage of rodenticides to regulate their strength and amounts to protect the health of consumers. The OPP provides protection for those who work with and manufacture rodenticides. According to the EPA, in 2006 they made two decisions regarding the laws of rodenticides. One was to limit the amount of exposure children have to rodenticides by the EPA requiring that rodenticide bait products can only be sold in bait shops. To prevent wildlife and ecological risks, the EPA is trying to prevent consumers from purchasing rodenticides that are the most dangerous to consumers by having stricter laws regarding sales and distribution. When a manufacturer produces a new chemical pesticide, they must register it with the EPA.

Aside from the EPA, the Federal Insecticide, Fungicide, and Rodenticide Act (FIFRA) is the current federal law meant

to regulate the sale and use of certain dangerous chemicals in order to protect both consumers and the environment. In the case of FIFRA, the regulation prevents toxins from being used in pest control. These chemicals must not result in any harmful effects on the environment. The law defines "harmful environmental effects" as any unreasonable risk to humans or the environment, or causing dietary risk to humans that do not fall in line with section 408 of the Federal Food, Drug and Cosmetic Act.

Discovered by the NPIS, a particularly deadly form of ARs is the Second Generation type, which entered the market in the 1970s as a response to resistance by some rodents to the

Based upon studies conducted by the NPIC, there are other ways to minimize rodenticide dangers for those who regularly use the product. Rodenticides should always be placed in spots that are inaccessible to children, such as the top of the cupboard or inside a closet. To learn more about pest

control options, consumers can call their local extension office. Other options include using pet traps instead of rodenticides and/or removing dead rats immediately to prevent them from being eaten by pets.

All in all, are rodenticides a cleaning item or a toxic hazard? The answer is different for each individual consumer, and studies and legal policies demonstrate that there are alternatives for those who are against rodenticides, and measures to drastically minimize potential health threats by taking safe, preventative actions.

Word Search

Choir Terminology

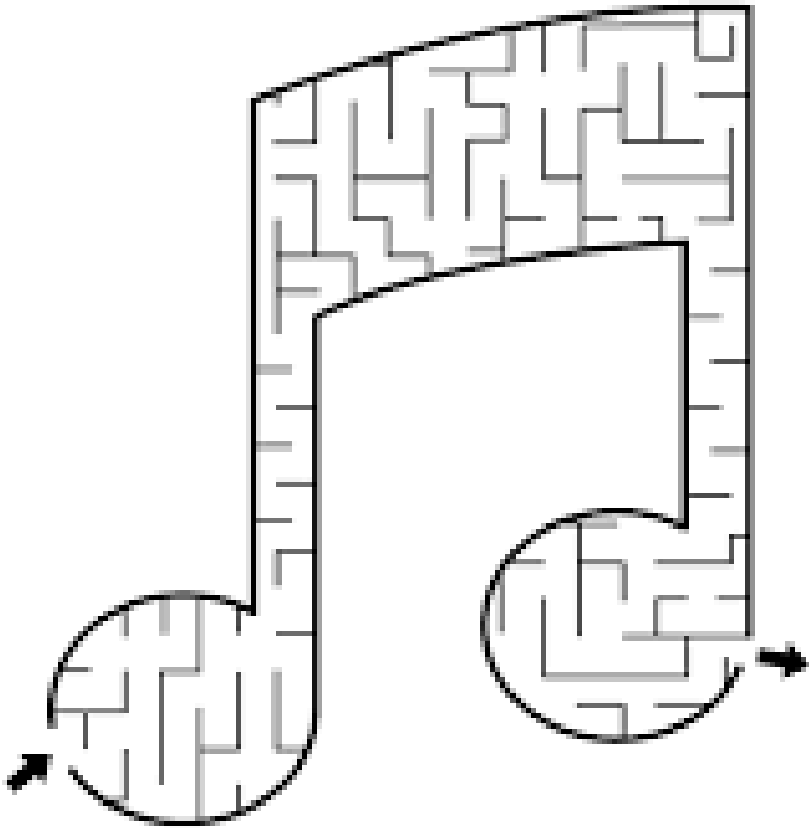
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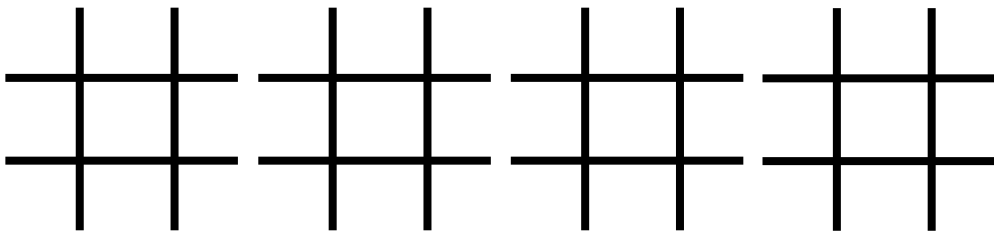


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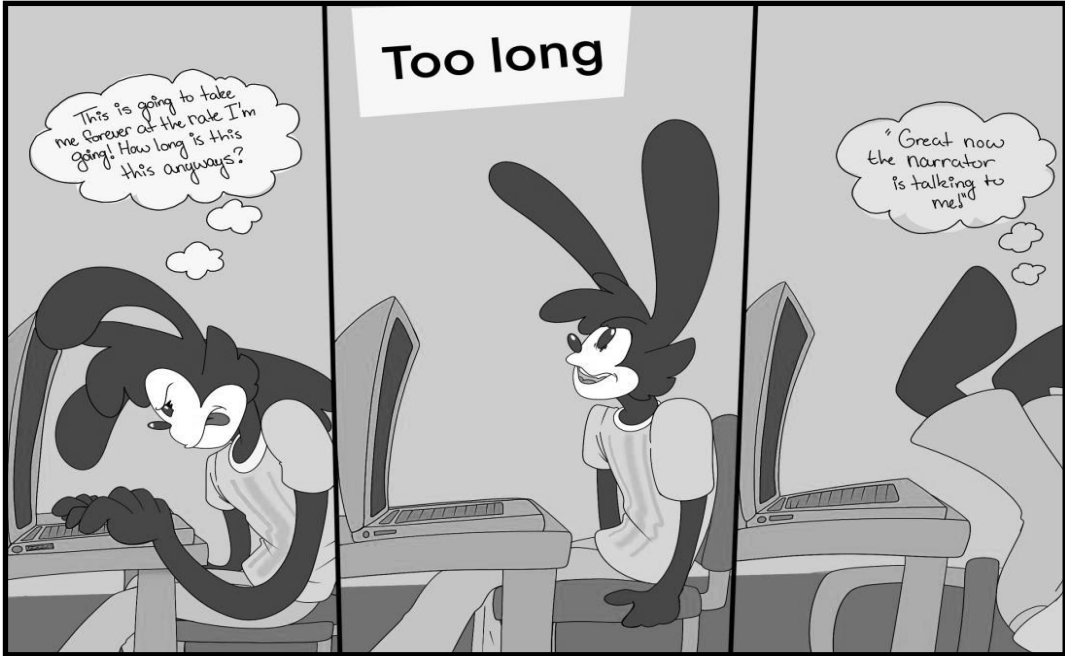
FIND YOUR WAY OUT OF THE MUSIC NOTE!



Tic-Tac-Toe!



“Project Stress” by Bryanna Filip



“SAD Light Surprise” by Bailey Hoff





# Men's Basketball wins first MIAC contest

## Gusties start season with 1-3 overall record



Gustavus Sports Information

Junior Isaac Douglas keeps the ball from a Buena Vista opponent during a match earlier this season. Despite a slow non-conference start, the team found its stride in its first MIAC matchup.

**Gabe Schneider**  
Staff Writer

On November 23rd, the Gustavus Men's Basketball team opened MIAC play with a home win against Macalester.

The win was a result of offensive discipline and a barrage of three-point shooting. The Gusties had only eight turnovers and hit 12 three-pointers.

Junior Logan Rezac poured in 24 points, while Sophomore Benji Lundberg added 23. Both players shot over 50 percent in the game.

Lundberg went 5-for-6 from three-point range, while also adding a game-high seven assists.

Macalester started hot in this one, getting out to a 11-5 lead about midway through the first half of play.

The Gusties responded quickly with nine unanswered points to take their first lead. However, the Scots were able to retake the lead with about five minutes remaining in the half.

The Gusties came back with a 16-6 run to close out the half. This left them with a 37-21 lead going into halftime.

Gustavus came out firing in the second half, as they started with a 10-2 run in the first three minutes. They made 5-of-6 shots in that span.

The Gusties led by 19 with just over nine minutes left in the game. However, the Scots went on a 15-1 run over the next five minutes. This cut the Gustie lead to five.

The Gusties were able to

hold the Scots off and increase their lead to double digits, and secure the win.

Gustavus shot 42.2 percent from the field, while also shooting 12-of-31 from three and 13-of-18 on free throws.

"I thought we rebounded alright, we only gave up a couple offensive boards," Head Coach Mark Hanson said. "I thought we should have had a few more offensive rebounds of our own. Their defensive zone, not surprisingly, we weren't real smooth against it. We knew they had one but they probably played more zone today than their first five games, which is because they had a hard time guarding us. I liked our attitude and energy. We certainly needed a win but mostly needed to fix a few things. We'll see if they were fixed but I know they were improved."

The Gusties next scheduled game was against Concordia, but it was postponed to Saturday, December 14th.

Therefore, the next game they played was November 30th when they traveled to Iowa to take on Central.

The Gusties lost this game by a score of 89-79.

The teams traded buckets for about the first ten minutes, until the Gusties scored 19 unanswered points to take a 29-13 lead midway through the first half.

They continued to play well throughout the half, and took a 50-35 lead into halftime. The Gusties shot 57 percent from the field in the first half, while they held the Dutch to 38 percent.

The Gusties reached their

largest lead of the day at 64-46 with about 14 minutes left in regulation, but the Dutch eventually came back to tie the score at 77.

After the Gusties missed two three-point shots in the final minute, the game went to overtime.

The Dutch held the Gusties to just two points in the extra frame, and were able to secure the comeback win.

Junior Isaac Douglas led Gustavus with 15 points, while Sophomore Marten Morem added 13 off the bench.

Sophomore Jake Guse finished with 10 points and 10 rebounds.

"The game didn't end how we wanted by any means, we were up big and ended losing in OT, but we realize what lost us the game," Lundberg said. "We had way too many turnovers and committed too many fouls in order to win. However, those are two areas we are in control of, we just need to make smarter decisions on both ends of the floor."

With the loss, the Gusties fall to 1-3 overall. However, there is still plenty of hope and optimism for the season.

"The season is still relatively early, and we are just trying to figure each other out and build our team chemistry on the court. The main point of emphasis is just focusing on the little things on defense and offense; which we have been continually improving on in each of our first four games," Lundberg said.

The Gusties will host Hamline for a 7 p.m. showdown on Wednesday.



Gustavus Sports Information

Junior Peter Lundquist looks to pick out a pass to a teammate.



Gustavus Sports Information

Sophomore Jake Guse wins the tip-off against a Macalester opponent.



# Swimming wins Grace Goblirsch Invite

## Multiple Gusties earn MIAC Athlete of the Week honors



Gustavus Sports Information

Members of the Gustavus Men's and Women's Swimming and Diving teams cheer on their teammates during a meet earlier this season. Both teams took home first at the Grace Goblirsch Invite.

**Michael O'Neil**  
Staff Writer

Before taking a weekend off for the Thanksgiving holiday, the Gustavus Men's and Women's Swim and Dive Teams produced convincing wins on two straight weekends.

On November 16th, the two teams both took down a trio of MIAC opponents before returning to St. Peter on the 23rd to win the Grace Goblirsch Invitational.

On the 16th, the teams both competed in split squad action, with some Gusties traveling to swim at Macalester against the hosts and St. Mary's. A separate group traveled to Hamline.

On the men's side, the Gusties won 11 events at Macalester and nine at Hamline.

At Macalester, the team of First-years Teddy Johnson and Erik Small, and Juniors Nolan

Larson and Josh Muntiferer earned first place in the 400 medley relay and each member found success individually as well.

Small and Larson dominated the freestyle events, with Small taking the 100 and 200 yard races while Larson won the 50 yard event.

Muntiferer won the 400 yard IM and the 200 yard backstroke while Johnson took home the 200 yard butterfly.

First-year Callen Zemek found success in the long distance races, finishing first in both the 500 yard and 1000 yard freestyle events. Zemek also led the 400 yard freestyle relay team to victory.

Over at Hamline, the Gusties were led by First-year Dane Hudson, who led the Gusties to victory in the 200 medley relay and won the 50 yard freestyle and the 200 yard butterfly individually.

Senior Will Clark and Junior

Matt Allison also won multiple events.

Clark took part in the 200 medley relay and the 200 freestyle relay, while Allison participated in the 200 medley and won the 100 yard freestyle.

The Gustavus Men topped Macalester 183-47, St. Mary's 195-12, and Hamline 157-102.

For his efforts, Hudson was named MIAC Men's Swimmer of the Week.

On the women's side, the Gusties earned nine first place finishes at Macalester and 12 at Hamline.

At Macalester, the team of Junior Hailey Auran, First-years Abby Yartz and Ellen Hofstede, and Senior Alyssa Lokensgard won the 400 medley and dominated a number of other events.

Lokensgard won the 100 freestyle while Hofstede won the 50 freestyle and both participated in the Gustie team that won the 400 freestyle relay.

Auran also won the 400 IM and the 200 breaststroke.

Junior Amelia Bjorklund also took part in the 400 freestyle relay and won the 200 backstroke.

Finally, Senior Allie Mayfield took home both the 500 and 1000 yard freestyle events.

Over at Hamline, the 200 medley relay for Gustavus led the way. The team of Seniors Maddie Westendorp and Alyssa Kohorst, as well as Junior Hana Pokornowski and First-year Mikayla Zaske all dominated their respective events.

Kohorst won the 50 and 100 yard freestyle while Westendorp took home the 100 yard backstroke and Pokornowski won the 100 backstroke.

First-year Annika Johns also won the 200 yard freestyle and 200 yard backstroke.

The Gusties topped Macalester 160-75, St. Mary's 198-34, and Hamline 189-94.

"I was very pumped with how we swam at both sites. We came away with some great swims and a lot of people who don't normally score came up big today. Overall it was a great day," Head Coach Jon Carlson said.

After a strong weekend away, the Gusties returned home to host Luther, Morningside, Hamline, Augsburg, and Macalester for the Grace Goblirsch Invite. Gustavus dominated the meet, more than tripling the point total of the second place team on both the men's and women's side.

The Gustie women won 17 events, led by Hofstede who took first in all five of her events. Hofstede competed individually in the 50 and 100 freestyle, and the 100 butterfly

as well as the 200 medley and 200 freestyle relays.

Five other Gusties won multiple events: Auran won three events, Johns won 4 events, Lokensgard won 3 events, Kohorst won 2 events, and Yartz won two events.

In addition, Junior Sophia Steinberg won both the 1-meter and 3-meter diving competitions.

On the men's side, Zemek and Small highlighted the meet. Small won four of his five events, including the 100 freestyle and 100 butterfly individual races. Zemek destroyed a pool record in the 1650 yard freestyle beating the previous mark, set in 2008, by more than a minute.

"I never thought that in my first year I would set a new pool record. I knew heading into college that the practices were going to be harder and would push me to better my swimming, which I believe has made me a better swimmer overall," Zemek said.

Larson and Hudson also won four events, First-year Andrew Becker won three, and Allison won two. Senior Logan Bican won both diving events as well.

For their efforts, Hofstede and Small were both selected as MIAC Swimmers of the Week. The Gustie men have claimed all four MIAC Swimmer of the Week Awards this season.

"I think the main reason we are having lots of success is because of how close we are as a team. We all know each other's goals and push each other to get better," Zemek said.

The Black and Gold will return to action on December 6-7 at Grinnell College in Iowa.



Gustavus Sports Information

Junior Nolan Larson competes in a butterfly event during a meet earlier this season.



# Gusties' perfect start lengthens to 7-0

## Women's Hockey ranked No. 4 in most recent national poll

Eli Dotson  
Staff Writer

The Women's Hockey team continued their hot start to the season this past week with two victories against Augsburg.

The squad is currently undefeated at 7-0 overall and 4-0 in the MIAC, which has earned the Gusties the No. 4 ranking nationally.

Hamline and St. Thomas are two other MIAC schools looming ahead on the Gusties' schedule who are also ranked in the top ten at numbers eight and nine, respectively.

The Gusties opened up this series against the Auggies before Thanksgiving break on Friday, Nov. 22, travelling to Ed Saugestad Rink in Minneapolis.

The Auggies threatened early with a couple of strong power plays, but nice saves from First-year goalie Katie McCoy staved off the onslaught until the Gusties could get their offense going.

First-year Hailey Holland started the scoring for the Gusties with a nice goal at the 11:49 mark, her second of the season. Augsburg then netted the equalizer with 2:29 left in the period and the teams headed into the first intermission tied.

"The youth on this team is something that we are trying to use to our advantage because they are fresh and eager to learn," Head Coach Mike Carroll said. "They've been working hard and it's good to see them have these results. What was really cool to see after the first period was how we responded because Augsburg got two power plays right away, which took our flow away, but we killed those off and got a goal and escaped the first period 1-1. The resiliency the kids showed in the second and third



The Gustavus Women's Hockey team is currently ranked No. 4 in the nation and have a 7-0 overall record and 4-0 record in conference play.

Gustavus Sports Information

is something you'd expect from a veteran team. That was really encouraging."

The second period saw the Gustie offense begin to blossom, as First-year Alaina Halverson scored her first collegiate goal 4:26 into the period, with First-year Molly McHugh and Sophomore Kristina Press assisting. Sophomore Jamie Byrne hopped into the scoring party with a nice goal with just over two minutes remaining in the period, assisted by Sophomore Grace Schulte.

The final period once again saw both teams notching one goal. Gustavus struck first, as

Press added the insurance goal with the help of McHugh for a 4-1 lead. Augsburg scored another goal late in the game with an extra attacker, but it was too little too late and Gustavus emerged with the 4-2 victory.

The Gusties accrued four tripping penalties throughout the match and spent eight minutes in the penalty box, but killed off all four Auggie power plays to remain perfect on the penalty kill this season.

Game flow was crucial, as the first and third periods were statistically even but Gustavus put the pressure on in the second with a 14-2 shot advantage and ended the game with a 29-25 lead in shots.

The next day both teams met again at 2 p.m. at Gustavus' Don Roberts rink.

Both teams were sluggish out of the gate and the first period passed without a goal being scored. The second period was a different story, as Gustavus came storming out of the locker room and scored the game's only goal just 2:06 into the frame. First-year Clara Billings did the honors unassisted, her team-leading fifth goal of the season.

"I was really happy with how we played in the second period because we did not start fast in the first," Head Coach Mike Carroll said. "The effort, attitude, and grit were awesome in the second. We're a little inconsistent but I guess that's to be expected with all the younger players that are play-



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First-year Hailey Holland prepares for the puck to be dropped during a faceoff.

ing major minutes."

In a desperate attempt to even the score Augsburg pulled their goalie in the waning minutes of the game, but a smothering Gustie defense and strong play from Sophomore goaltender Emilia Helms-Leslie doused the flames of any potential rally. Helms-Leslie made 20 saves in goal, and the Gusties secured their seventh victory in shutout fashion.

The Gusties have been dominant on both ends of the ice this season, outscoring opponents 20-4. "We can't let our hot start stop us from getting better each and every day. Even though we haven't lost a game yet, we've still had our ups and downs and we continue to strive for

consistency. We have a young team with a lot of depth, which allows us to really push each other in practice. All three of our goalies have been playing for us and performing amazingly. This team has also been doing well with facing adversity, as we always pick each other up in the locker room and on the bench when things aren't going our way," Sophomore forward Jamie Byrne said.

The Gusties had their matchup with UW-Superior on Nov. 26, 2019 cancelled due to inclement weather, and take the ice next on Friday against Saint Mary's.



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Sophomore Emilia Helms-Leslie defends the net for the Gusties.