

Three Crowns, five stars



Yesenia Sanchez
Opinion Columnist

Nearly every incoming first-year shares a simultaneous heart-drop during the last month of their high school senior year when Gustavus mails one more envelope requesting yet another seemingly life-changing decision to be made: Three Crowns program or Liberal Arts curriculum?

For many admitted first-years, the choice is not crystal clear. There are undefined benefits and restrictions to each program, which future Gusties have no knowledge of. However, it is clear to assert that as a high school student, making college choices is overwhelming. It may even feel as if your answer will affect every aspect of college: your education, your friendships and your college experience.

As a first-year, I can attest to this reaction. I was unaware that Gustavus offers two curriculums, let alone that I had to select one for myself. It was impossible to make an educated choice when I had little information on the difference between the programs. I recall spending a few days panicked about the approaching decision deadline; I spent those days texting upperclassmen at Gustavus from my hometown and discussing each curriculum with equally panicked first-years in a maximum occupancy Snapchat group. It came to my surprise that, as brand-new Gusties, we were all clueless and terrified of making the “wrong” decision.

Ultimately, I was drawn away from the Three Crowns program by my hope to graduate a semester early and the inability to transfer outside credits onto my transcript. Fortunately, I have fallen in love with the compatibility and compassion of my First Term Seminar classmates; unfortunately, we have only two more months of class together.

First-year Ellie Hartmann, however, has a different experience. Hartmann chose to enroll in Three Crowns and, like myself in choosing the Liberal Arts curriculum, has no regrets. As a double major in English and Political Science revolving

around pre-law, Hartmann values a curriculum that is more discussion and writing based. “Law schools want someone who can talk and write,” Hartmann adds. The Three Crowns program provides what Hartmann is hoping to attain from the Gustavus experience—skills for her future.

Although Hartmann has benefited from the Three Crowns curriculum, she recognizes that enrollment is not practical for every Gustie. The curriculum is unable to accommodate for the requirements of every major because through Three Crowns, half of students’ classes are pre-selected. This does not allow the schedule and registration flexibility that many majors require, therefore excluding some Gusties from the program by the means of scheduling restraints. She suggests that the program develop a more inclusive structure, so Gusties of all majors can experience Three Crowns if they so wish.

Reflecting on his years of Three Crowns experience, Senior Lucio Gonzalez, a Political Science and Philosophy double major, agrees with Hartmann’s initial reactions to the program. Originally, Gonzalez was drawn to the program because of its emphasis on an education dedicated to the arts, as well as history and politics. Then, Gonzalez’s eagerness to learn flourished as his professors expressed an undying passion toward teaching.

Gonzalez notes that it is very common for first-years to join and drop the program after finding its incompatibility with their major. “Sometimes, Three Crowns just isn’t someone’s cup of tea. And that’s okay, there is no shame in dropping the program, because it is a part of the college experience—trying new things just to find out if they’ll work,” Gonzalez said.

In reviewing the difference between the Liberal Arts curriculum and Three Crowns, I became concerned that spending four years with the same group of peers might become strenuous, especially if there are conflicts and discrepancies among students. Gonzalez agrees that conflict is unavoidable, but that conflict is healthy in the classroom. In Three Crowns, there are plenty of opportunities for discussion. Over the four years together, Three Crowns students learn how to have civil debates while building friendships. “You’re all in the same struggle together with one outcome—to learn” Gonzalez said.

Neither Hartmann nor Gonzalez have regrets in joining Three Crowns. At such different stages of their Gustie experience, both Three Crowns students are enjoying the benefits of the program. At the same time, I am enjoying the benefits of the Liberal Arts curriculum. To reiterate what both Three Crowns students have observed, the Three Crowns program is not for every Gustie,



Three Crowns students on a visit to the Minneapolis Institute of Art

Submitted

nor is it shameful to reject or drop the program. That is why Gustavus has two curriculums—to offer the educational variety necessary to support thousands of students’ unique learning methods.

For every prospective or questioning Gustie, this article is for you. I am hopeful that each year, fewer Gusties encounter my confusion about Gustavus’s curriculums—and, that more Gusties feel comfort-

able in their decision, for it is not as fearfully life-changing as it may appear to be.

The Good, the Bad, and the Meh



Fall Break, no gimmicks or jokes. Just Fall Break.



You have twelve essays due today...and you’re only in four classes.



The Caucus is coming up and you still don’t know what that word means.

To those who suffer in silence



Emily Seppelt
Opinion Columnist

After the coldest week of the year so far, I'm sure that we're all looking forward to the rest of fall and eventually the holiday season. But for many students on campus, including myself, the colder season and overcast skies bring back unwanted feelings of anxiety and depression. Seasonal Affective Disorder (SAD) is seasonal depression that can come in many forms.

Most often SAD shows up around the autumn or winter months and recedes once spring comes around. Often, students who experience SAD for the first time don't know what to do or who to turn to for help.

SAD can be difficult to diagnose in oneself due to the timely nature of the symptoms and difficulty separating simple tiredness and negative emotions from ongoing symptoms of depression or just a bad few days.

According to the Mayo Clinic, some of these symptoms include having low energy, having problems with sleeping,

experiencing changes in your appetite or weight, feeling sluggish or agitated, having difficulty concentrating, and feeling hopeless, worthless or guilty.

Personally, January is the hardest month of the year. There are significantly fewer on campus, and there is almost no sunlight everyday.

This makes it more difficult to come back ready, motivated, and excited for spring semester. Having never experienced any symptoms of depression before, I wasn't sure what to do. As our campus is in one of the coldest parts of the country, I feel that SAD should be discussed more with all students.

While there are many resources on campus already to help manage SAD, I feel these resources are not well known enough or destigmatized in a way where all students on campus feel like they can use them. The GustieWELL office and Peer Assistants are two of the great resources. Other offices such as the Counseling Center and Health Services are also good places to turn if you feel you would like help.

One of the innovative resources are the light therapy desks that can be found in the library because one of the causes of SAD can be a lack of sunlight and Vitamin D. Light therapy using special lamps can help curb the affects of the symptoms from the condition. Making sure that you have quality social time with friends or loved ones can also help you from isolating yourself or feeling that you have no one to turn to.

Both Gustavus as a whole and the American society have made plenty of progress on ending the stigma around mental health, but it is in no way totally gone. Suffering in silence is obviously not fun and totally unnecessary.



Light therapy boxes to help with SAD can be found in the library.

Nate Habben

By not speaking up, one more person may feel like they are alone in their feelings or their symptoms, creating a vicious cycle of silence and pain.

Not seeking help can make symptoms get progressively worse over time and cause depression. Seeking help and overriding our inclination to hide our feelings due to shame or embarrassment will, in the end, be much less painful than never saying anything at all.

It has always seemed odd to me that we feel embarrassed or shameful of the fact that we have feelings of sadness, fear, or depression. In the end, these

feelings are part of who we are and shape us as human beings. So while they may not be pleasant at the time we are feeling them, looking back they will either show us a time of growth in our lives or something insignificant in the span of our entire lives.

If starting with something big can be too much, even just taking the one small step of talking to a friend about how you are feeling can make all the difference in the end. Taking a small break from work to sit under the light therapy desks in the library could be another one of those small steps.

These small steps can build up towards real progress, and before you know it winter will be over, the sun will be peeking out from behind the clouds and spring will be around the corner. Everything passes, and eventually SAD will too.

Letter to the Editor

Submitted by
Adam Hoff

Parking on college campuses can be a huge issue, and here at Gustavus it has been an ongoing issue that needs to be solved. Personally, the parking situation at Gustavus has been anything but great from the four years I have been attending. Struggling to find parking each year has become the big trend and challenge on campus. It is almost like a mini celebration when you find parking in the lot outside of your dorm building.

Gustavus has two parking lots for three dormitories: Uhler, Coed and Complex. These two lots are not adequate enough for all of the students living there; one lot is small with two rows of parking and the other has four rows.

When this problem occurs, the students must then drive to

other dorm parking lots, and a domino effect occurs of people not being able to find parking in their lots.

If they do not find parking in the lots then they take the risk and park in other lots such as the visitor lot and the green permit parking lots which will result in a ticket from Campus Safety that costs \$30.

Gustavus has also been seeing an increase in the student body, this year they brought in over 600 new students.

This is great for the college and for the students to meet new people and have them join their organizations.

However, this is not a great thing for parking because a lot of these incoming students will bring a vehicle to campus with them, which will make the parking issue much worse.

With the increasing class sizes, the parking situation is getting worse with each year. Students sometimes have to park on the opposite side of campus or even

off campus, which is fine until the harsh winter hits on the hill and you're blasted with snowy wind while walking to your room or class.

Gustavus students pay a lot of money for parking permits, \$280 a year, just to end up not finding parking in the lots they live next to.

People living off campus struggle with the parking situation too. Those who commute must park in the Beck parking lot, which has limited space, or try and find parking in one of the dorm parking lots.

Gustavus must address this situation so that students can be able to park in the lots next to their dorms. One of the ways they can help solve this issue is by building more parking lots on campus.

Gustavus has space to build or expand previous parking lots, and some students have even suggested making a parking ramp of about two levels where the Coed parking lot is.

A parking ramp would greatly help in that area of campus, and would allow a lot more of the students that live over there to park close.

Another possible solution is for Gustavus to not allow first-years to bring cars on campus.

This is a controversial solution, but upperclassmen have jobs off campus, internships, and more difficult classes which may require traveling such as nursing students who have clinicals two to three times a week.

This solution does save Gustavus the most money and does not require them to build any new ramps. The administration must find a solution whether they take funding from somewhere else or use tuition money to pay for it.

Gustavus could fight back though and simply tell people to walk across the small campus and off campus students to use public transportation.

Gustavus is not that large of

a campus and can be walked across in about ten minutes depending on where you live and how fast you walk. Off campus students can take public transportation or walk from their house if they are close enough.

In conclusion, Gustavus must figure out a way to address the parking problem on their campus, not only for off campus students, but for students who want to park next to their own dorm rooms.

Once they solve this problem, students will be happier, and will not be getting tickets from Campus Safety. Students will also be safer in the harsh winter weather.

The period problem



Lizzy Woerpel
Opinion Columnist

Saturday, Oct. 19 is National Period Day and in heart of this, there will be a rally in Minneapolis along with several other cities around the nation. National Period Day and the rallies associated with it work for three main goals: to destigmatize periods, to educate citizens on menstrual health in a non-cisgender, normative way and end period poverty and period tax.

Periods have been stigmatized for centuries, despite the fact that half the population menstruates. Menstruation is a natural bodily function and many young people who menstruate are made to feel disgusting and less human because of it.

We hear period jokes in our daily lives and are told that they make us weak, crazy and dirty. And to cope with these stigmas many people who menstruate especially young

people go to great lengths to hide their periods.

When walking to the bathroom we hide tampons and pads in our sleeves, pockets, bras or anywhere else we can stuff them. When talking to friends we have come up with “code words” to avoid actually talking about our periods in public. Every friend group has their own words for period like, “aunt flow”, “that good friend that visits every month” or in my high school friend group “shark week” and we have an equal amount of ways to talk about menstrual products as well. This stigmatization only leads to unnecessary anxiety and insecurity.

As you were reading this article you may have noticed that I’ve been using words like “people who menstruate” instead of women. This is because not all who menstruate are women. Transgender men and nonbinary people who were born female can also menstruate and they are extremely underrepresented in the minimal discussion on menstruation.

Details like referring to all people who menstruate as women or calling menstrual products “feminine” products may seem like small details to cisgender people, but are often a large source of discomfort for non-cisgender people. In addition to the current discussions and education on menstruation being extremely cisgender orientated, education on menstruation is also very sparse and unspecific.

Health classes in public schools often don’t clearly, if at all, explain how and why a

period happens and the effects of the period beyond bleeding. Most who menstruate say that a period entails a lot more than just bleeding and periods are not a choice. We cannot choose if or when we get our periods.

The third main goal of National Period Day and the rallies is to protest period poverty and the pink tax. This is probably the issue that most people hear about, but don’t necessarily know the full extent of the effect it has on our economy.

According to NPR news, 49 states still tax menstrual products as luxury items. Personal hygiene and menstrual health are not luxuries, but a human right that everyone should have without question. Buying menstrual products every month is a large expense that many people who menstruate struggle to afford or are completely unable to afford.

At Target, period products range from around \$4 to \$13 per box and if people wish to use products that don’t contain chlorine, alcohol or paraben, the range is closer to \$6-\$13 a box.

It’s because of these high prices, in addition to the tax on these items that make them hard for people to afford and when they can’t afford them, they are forced to miss work or school until they can either get menstrual products or their period ends. People should never have to jeopardize their education or job because of a normal bodily function.

I talked to the leader of the Students for Reproductive Freedoms organization here at Gustavus, Emily Falk ’22, to get a better sense of how these



Health Services gives out some free hygiene products.

Katie Mattinen

problems effect Gustavus.

She pointed out that Gustavus used to provide menstrual products in all of the bathrooms, but stopped because people were “taking them”. The pay machines on campus also refer to menstrual products as “feminine” which is trans exclusive language. With tuition on campus being as high as it is, students are often on a tight budget. The expense to break their budget should never be their period.

“If the college is invested

in their students that they will have menstrual products in all the bathrooms and get rid of the transphobic terminology” Falk said.

Students of all gender identities should feel welcome on campus and no student should have to worry about how they are going to afford menstrual products let alone miss classes due to their period. Join the nation in support of the eradication of period poverty, pink tax and the stigmatization of periods.

Letters to the editor (continued)

Submitted by
Tegan Rodriguez

With the evolution of social media and access to creative outlets such as YouTube, there’s no doubt the makeup industry is booming with eager young adults looking for ways to express themselves or recommendations for quality products. Because of the global efforts surrounding recent brands who have taken a stand against animal testing the question of why some brands are continuing to harm innocent animals is now beginning to affect consumers and their choice of products.

Approximately 100,000-200,000 animals suffer and die from cosmetic testing every year world-wide and the Federal Food, Drug and Cosmetic Act does not require that testing on animals be done to prove that cosmetics are safe for consumers. This law makes it easy for companies to not disclose information on whether or not they are testing on animals. This leaves it in consumers’ hands to do background research on their own and to

question if the products they are buying are environmentally and ethically conscious. As a consumer, we should care about where our money goes, the brands we support, and the ethical decisions made by companies. It’s also important to be aware that this problem does not only exist within the cosmetic industry, but others as well. These include fragrances, laundry products, and hygiene and dye companies that all test on animals and research must be done to be an informed, responsible buyer.

Many consumers believe supporting companies that follow similar morals and ethics to their own comes with a high price tag. This is not true. There are many drugstore makeup brands that label themselves as “animal friendly”.

There are many companies who are affordable, animal friendly, and produce high quality makeup products including: EcoTools, Milani, NYX, E.l.f etc.

Submitted by
Deanna Giles

Minnesota’s minority population is rapidly growing. Since 2010, the black community has jumped 31 percent, the Hispanic population 20 percent and the Asian population 30 percent. The Gustavus student body will continue to diversify along with Minnesota. Now more than ever, minority professors and staff are a necessity in our diverse world. They are important not just in the places that encourage diversity, but also in places that promote psychology research, writing, and most importantly administration offices. You have professors and co-workers that look like you, shouldn’t that be the same for everyone?

I am not here to bash the administration due to low minority representation. I wish to clearly state that having minority representation benefits students of every background. Stereotypes are minimized along with microaggressions seen and felt on campus. Students of color are constantly singled out in the classroom

because it is assumed they fit the scenario of violence by professors. One person of color is not responsible for speaking on behalf of the entire brown community. Lastly, all students acquire cultural awareness, not through textbooks, via face to face contact. Every career will have intercultural interaction, the path towards our students’ successful future starts here.

I am not here to bash the wonderful professors Gustavus has welcomed into the community. I want to shed light on the problems faced by students of color because there isn’t enough representation. I understand a smaller proportion of students of color are showing less interest in teaching and leaving the profession sooner. Or, professors of color wish to not continue teaching in the state of Minnesota.

Certainly, it will take time to have professors who resemble the diverse student body but efforts need to be made. Efforts should not just done by minorities, but the entire Gus-

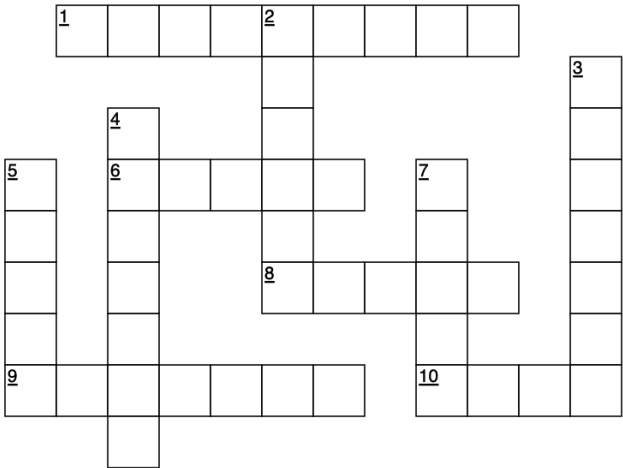
tavus community. I want to ensure future generations get the opportunity to be taught by someone who parallels them. My purpose is to spark a conversation amongst the Gustavus community that will involve all voices. Have students sit in on meetings surrounding recruitment process. This has become a community problem.

Just because I missed out, doesn’t mean future students have to as well.

I am an African-American junior attending Gustavus Adolphus College, a predominantly white institution.

Crossword

The Solar System



ACROSS

- 1 All nine planets can be seen through a _____.
- 6 The planet that we call home.
- 8 Jupiter has about 63 different _____; the biggest one being Ganymede.
- 9 The _____ of Mars is red and rocky.
- 10 The sun is the biggest _____ in our Solar System.

DOWN

- 2 Our Solar _____ has nine known planets.
- 3 The largest planet in our Solar System.
- 4 The closest planet to the Sun.
- 5 In 1610, Galileo discovered that Saturn has many _____.
- 7 The second planet from the sun and is known as Earth's sister planet.

Cryptogram

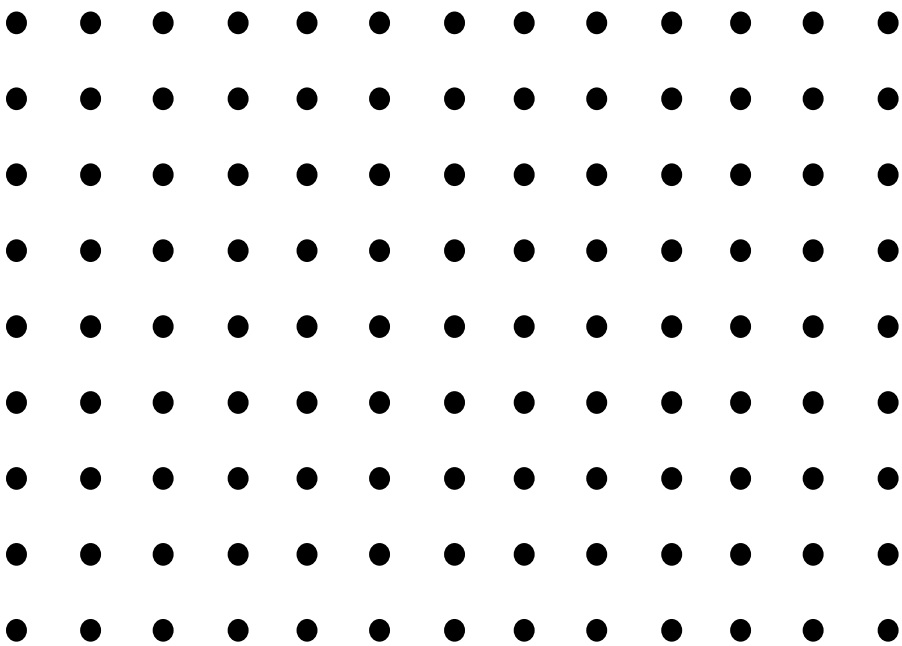
Replace letters with other letters to solve the puzzle and reveal the secret phrase!

ALIENS IN THE UNIVERSE

WDCNL YZLTL KTL EDAADPCW KCS EDAADPCW PX WYKTW DC YZL
FCDOLTWL DY DW ADBLAQ YZKY YZLTL KTL PYZLT MAKCLYW ADBL
LKTYZ YZKY NKC WFWYKDC ADXL. EFY, DY DW OLTQ FCADBLAQ
YZKY IL IPFAS LOLT KNYFKAAQ RLLY KADLCW SFL YP YZL OKWY
SDWYKCNL PX WMKNL.

Dots & Boxes

Take turns drawing one line. If that line completes a square, write your initial in the box and draw another line. Continue until all dots have been connected. The player with the most boxes wins!

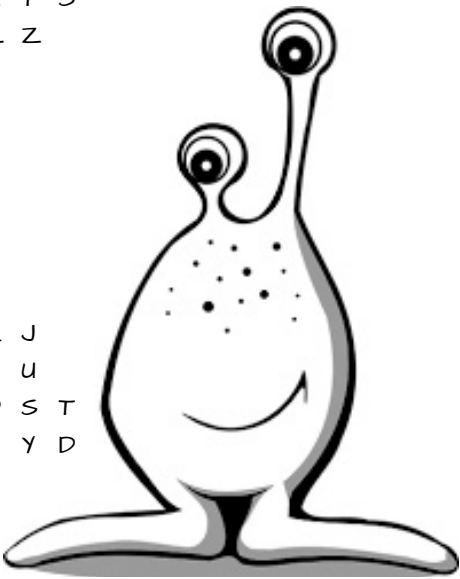


Word Search

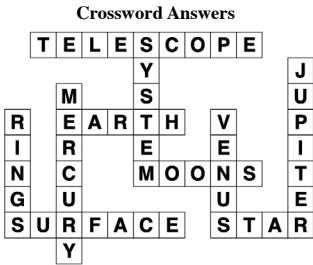
Space

R L
Q C
L O C X
C I R F
P D K P B Z
W J A B S I
P Q U P X B L M Q L R A E T X W C S I E
E W P L N O R U K I O T W Z Z Q R A T S
B F U L D E T P E W U W H S S G Z Z
J T O X T M L N D R S P A C E Y
O W G I S A O B N H W S A Q
J A L J N J P A U I G C
V K L L N E R E T I P U J X
I Q A E S T Z A N L E D M L
O J V X T R V K H Q U V A D D E
M E K Y A A C W M S S R E E
E N O O M S M K T I Q T R J
U Z Q P O H K A H U
S L H Y W D S T
Y M Y D

- Alien
- Earth
- Galaxy
- Jupiter
- Mars
- Moon
- Orbit
- Planet
- Pluto
- Satellite
- Saturn
- Space
- Star
- Sun
- Venus



"Midterm Hurdles" by Bryanna Filip



Cryptogram Answer

Since there are billions and billions of stars in the universe it is likely that there are other planets like earth that can sustain life. But, it is very unlikely that we would ever actually meet aliens due to the vast distance of space.

Men's Soccer improves to 11-2

Gusties ride a four game winning streak

Eli Dotson
Staff Writer

The Gustie Men's soccer team extended their winning streak to three games this past week with gritty victories over two conference foes.

Last Wednesday, Gustavus hosted St. Olaf in a makeup contest and secured a close 1-0 victory. The Oles threatened several times early in the match, including a shot that glanced off the post, but managed just 4 shots in the game compared to Gustavus' 18.

The lone goal of the game came at the 22-minute mark when First-year Raphael Cattelin notched his seventh goal of the season, with assists going to Sophomore Cole Schwartz and Junior Matthew Gibbons.

The Gusties dominated possession in the second half, though St. Olaf did manage to get two good looks at the net late in the contest. First-year Wesley Sanders made two saves in the contest and Gustavus held on for the victory.

On Saturday, Gustavus travelled to Collegeville for a grudge match against Saint John's.

Gustavus came out of the gates hot, jumping onto the scoreboard just three minutes into the contest with a nice goal from Shwartz, his 13th of the year.

Cattelin got the assist on the goal and then went on to chip in a goal of his own in the 23rd minute on a lofty corner kick from Gibbons.

Gustavus outshot the home team 12-6 and took a 2-0 lead into halftime, and it appeared as though the Gusties might cruise to another easy victory.

However, persistence is a hallmark of the Saint John's team, and the Johnnies didn't succumb easily.



Gustavus Sports Information

First-year Palden Choesang fights for possession of the ball against a St. Olaf defender. The team currently holds a record of 11-2.

"We knew their whole game plan is to just keep grinding and keep high energy the entire game," Senior defender Will Richards said.

Saint John's struck early in the second half at the 47-minute mark, and then again in the 67th minute to even things at 2. A tense and scoreless 23 minutes followed, and regulation ended in a stalemate.

Saint John's was the first opponent to take Gustavus into overtime this season.

In the first half of overtime, the Gusties showed no qualms

in this high-pressure situation, outshooting the Johnnies 4-1, but were unable to muster a goal.

The second overtime period was also dominated by the Gusties, and as the momentum mounted a goal began to feel inevitable.

Finally, in the 107th minute, Junior Scott Heinen lined up for a corner kick and sent the ball sailing towards the goal. Senior defender Joe Brandel muscled his way into position and headed the ball into the net.

"We did well in overtime to earn some big scoring chances off of corners, and [Brandel] did super well on the goal to be physically dominant in the box and put the ball in the net. We were extremely proud after that game knowing that we have the ability to match and even outwork a team whose entire game plan relies on being the high energy team," Richards said.

Head Coach Tudor Flintham was energized after the close victory.

"Another massive MIAC

win and three points. Saint John's is always kind of the same because you just have to grind them out and no win is an easy win. Our scout was good and our plan was good and it was the game that we expected it to be," Flintham said.

Sanders got his 10th win of the season in net, allowing two goals while making five saves.

Raphael Cattelin's performances in the past week earned him Athlete of the Week honors for MIAC men's soccer. The First-year forward played an integral role in the team's victories and currently ranks third in NCAA DIII men's soccer with 12 assists.

Most recently, the team took on Bethel University at home Oct. 16.

After a slow start, the Gusties and Royals went into halftime tied 0-0. However, a flip switched for the Black and Gold in the second half as they went on to win the contest 4-0.

Cattelin got the scoring started at the 57-minute mark. Junior Leo Spry then left his impact on the game, notching two goals in succession during the 72nd and 76th minute. Schwartz rounded out the scoring for the team with a goal in the 82nd minute off an assist from First-year Nick Katzman.

With these wins, the Gusties move to 11-2 and are currently tied for first place in the MIAC with St. Thomas.

They are next in action 1 p.m. on Saturday, Oct. 19 at the Gustie Soccer Field when they face Carleton College, one of the most competitive teams in the MIAC.



Gustavus Sports Information

Junior Trace Dobson keeps the ball from a St. Mary's defender.



Gustavus Sports Information

First-year Raphael Cattelin was named the MIAC Athlete of the Week.

Football defeats Concordia 35-28

Kirk tallies 233 yards, second most in program history



Gustavus Sports Information

Senior Josh Kirk was the driving force in Gustavus' success against Concordia. His 233 receiving yards, second most in program history, earned him MIAC Athlete of the Week honors.

Gabe Schneider
Staff Writer

The Gustavus Football team won in dramatic fashion on Saturday by a score of 35-28.

The ending of the game resembled the Minneapolis Miracle, the game in which the Vikings beat the New Orleans Saints in the 2018 NFC divisional playoff game on the last play of the game to punch their ticket to the NFC Championship game.

In cold and snowy conditions, the Gusties traveled to Moorhead to take on the Cobbers.

The Gusties started slow in this one, with a fumble on the second play of the game. The Cobbers returned it to the one-yard line, and scored to go up 7-0.

The next possession ended in a punt for the Gusties, and Concordia ended up scoring once again to increase their lead to 14-0.

The Cobbers stuck to their game plan and ran the ball on all 11 plays of that drive.

Gustavus bounced back with a 12-play, 75-yard drive capped off by a one-yard touchdown run from Sophomore David Peal.

After stopping the Cobbers on their next drive, the Gusties put together another good drive and tied the score up at 14-14 with a touchdown pass to Senior Brice Panning.

Concordia couldn't put up any more points as the first half ended, with the score tied at 14-14. Gustavus out gained the Cobbers 128-88 in the first half.

Concordia received the second half kickoff and stormed down the field on a 7-play, 70-yard drive to take the lead 21-14.

Senior quarterback Michael Veldmann was intercepted on the next drive. However, the Cobbers were deep in their own territory, and the Gusties forced a three-and-out.

Starting in good field position, the Gusties went on a 10-play, 45-yard drive to even up the score at 21-21. The drive was finished off by first-year running back Dalton Hermes' first collegiate touchdown.

After forcing a punt, Gustavus scored after two big passing plays. One for 50 yards to Senior Josh Kirk, and the other a 30-yard touchdown to Panning.

This gave the Gusties their first lead of the game, but unfortunately the extra point was missed.

Concordia got the ball back down 27-21, with just under nine minutes left in the game. They weren't able to score any points, and Gustavus got the ball back with a chance to pad their lead.

However, another Veldmann interception gave the Cobbers good field position. They took advantage, and scored with 1:08 remaining.

The Gusties were down 28-



Gustavus Sports Information

Senior Michael Veldman avoids pressure and prepares to throw a pass downfield to one of his receivers.

27 and had almost the entire length of the field to go. After two penalties, they were forced back even farther to their own 7-yard line.

Veldmann connected with Kirk for a 15-yard gain, putting the ball at the 22-yard line.

This was when the miracle play happened, as Veldmann scrambled to the left and heaved a pass 50 yards in the air to Kirk, which he caught and ran in for a score.

Panning caught the two-point conversion attempt, and the Gusties took the lead 35-28. The Cobbers only had eight seconds to do something, and were unable to gain any yards

on their two attempted plays.

Veldmann set the Gustavus record for passing yards at Concordia, as he was 21-32 with 395 yards and three touchdowns.

The Gustavus defense allowed only 228 total yards, and did not allow a single completed pass.

Playing a team that so rarely attempted a pass was a unique challenge for the Gusties, but they were ready for it.

"It's classic, old school football. It demands that everyone on defense do their job, and any mistake can go for a big gain. It definitely has its own set of challenges," Senior Jake

Boykin said.

Boykin and Sophomore Zach Jakes led the defense with eight tackles each.

Head Coach Peter Haugen was happy with his team's effort and resiliency on Saturday.

"Great effort today by our players," Haugen said. "We stayed positive and poised after some adversity. Concordia was strong all day but were able to hang in there and play big in the fourth quarter. Today was a total team effort."

The Gusties improved to 3-2 overall and 1-2 in the conference with the win. They will look to keep it going when they host Hamline Oct. 19 at 1 p.m.

President Bergman comments on UST verdict

St. Thomas receives invitation to join D1 Summit League



Junior Kate Holtan attempts a kill against two St. Thomas defenders. On Oct. 4, St. Thomas announced it had received an invitation to join the D1 Summit League.

Gustavus Sports Information

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Staff Writer

The University of St. Thomas announced on Friday, October 4th that it has received an invitation to join the Division I Summit League.

Although this is an important step forward in their search for a new conference, they require a waiver from the NCAA to transition directly to Division I.

This saga began last May, when the University of St. Thomas was involuntarily removed from the MIAC. This was the result of extensive conversations among the presidents of the 13 MIAC schools.

According to the MIAC press release, "while no formal vote was held, all 13 MIAC presidents agreed to a transition that will end St. Thomas' membership in the conference by the spring of 2021".

The cited reason for this decision was athletic competitive parity.

"If you have a larger institution you have more student athletes to choose from. You're able to utilize enrollment in different ways. And typically, enrollment brings more funding. So I think that was another catalyst as well," MIAC commissioner Dan McKane said.

Although St. Thomas wanted to remain in the conference, other presidents were steadfast in their desire for change.

An FAQ published by St. Thomas states, "other MIAC presidents communicated their intentions to leave the conference if St. Thomas remained. There was consensus that the conference would cease to exist

in its current form if St. Thomas remained".

"It became clear that there was no path forward that preserved the MIAC in its current form. In the end, all 13 MIAC presidents agreed to a transition plan where St. Thomas would leave the conference within two years," Gustavus President Rebecca Bergman said.

Bergman serves as the Chairperson of the Minnesota Intercollegiate Athletic Conference Presidents' Council that ultimately came to this decision.

"Throughout the discussions concerning the future of the MIAC, I was sensitive to how my role as chairperson impacted the decision-making process, while at the same time making sure that in representing the College, I put the student athlete experience at the center in considering how to best move forward," President Bergman said.

After this decision was made, St. Thomas assembled an advisory committee to examine options for new conferences.

Ultimately, the St. Thomas Board of Trustees submitted an application to join the Division I Summit League.

Upon receiving this application, the Presidents of the Summit League Institution unanimously voted to extend a formal invitation to the Tommies to join the league.

The Summit League is comprised of the University of Denver, University of Nebraska Omaha, University of North Dakota, North Dakota State University, Oral Roberts University, University of South Dakota, South Dakota State University, Western Illinois University and

University of Missouri – Kansas City (joining 2021).

The NCAA currently has a rule that states that Division III schools can only reclassify to Division II and then later to Division I.

Under the current protocol, a move from DIII to DI takes about 12 years.

In an effort to expedite this process, St. Thomas has submitted a request for a waiver that would allow them to join the Summit League beginning in 2021.

"NCAA members are currently evaluating whether or not there needs to be a process by which a Division III school could move to Division I directly," NCAA spokesperson Meghan Durham said.

"I put the student athlete experience at the center in considering how to best move forward."

—President Bergman

If the NCAA denies the request for a waiver, St. Thomas will continue evaluating other options in Division II and III.

The Summit League does not sponsor competition in football or hockey, so St. Thomas will actively pursue affiliate memberships in other Division I conferences.

St. Thomas Athletic Director Paul Esten told the Star Tribune that St. Thomas is pursuing the Pioneer League, a non-scholarship Division I conference, for football as well as the Missouri

Valley Football Conference.

In hockey, Esten has mentioned the Women's WCHA and a group of seven men's teams scheduled to leave the WCHA after the 2020-21 season as potential landing spots.

"To this point, everything has been what I would consider informal conversations. But I would anticipate that ramping up. There's a lot of intrigue from our league about what they would look like as a member of the WCHA," Esten said.

This change marks the first membership change in the MIAC since St. Ben's joined in 1985, marking the fourth-longest streak in all of college athletics.

"Gustavus has long appreciated its rivalry with St. Thomas on the athletic field, and we have always considered them a respected and worthy opponent. Our focus will be to forge ahead and continue to give our coaches and student athletes the resources and support they need to have a meaningful Division III athletic opportunity that will supplement their world class educational experience," Bergman said.

Although this situation has attracted extensive news coverage, the experience of Gustavus student athletes will not change dramatically.

"I would ask the students, parents and fans to join me in celebrating the short-term and long-term future of the MIAC, the amazing Golden Gusties, and, most of all, the student athletes throughout our Conference who compete at a high level and model both good sportsmanship and high academic accomplishment," Bergman said.



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A Gustie football player goes in for a tackle against a St. Thomas opponent.