

THE GUSTAVIAN WEEKLY

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Spotlight on art minor's exhibit



VARIETY - PAGE 5

The importance of Christmas in Christ Chapel



OPINION - PAGE 12

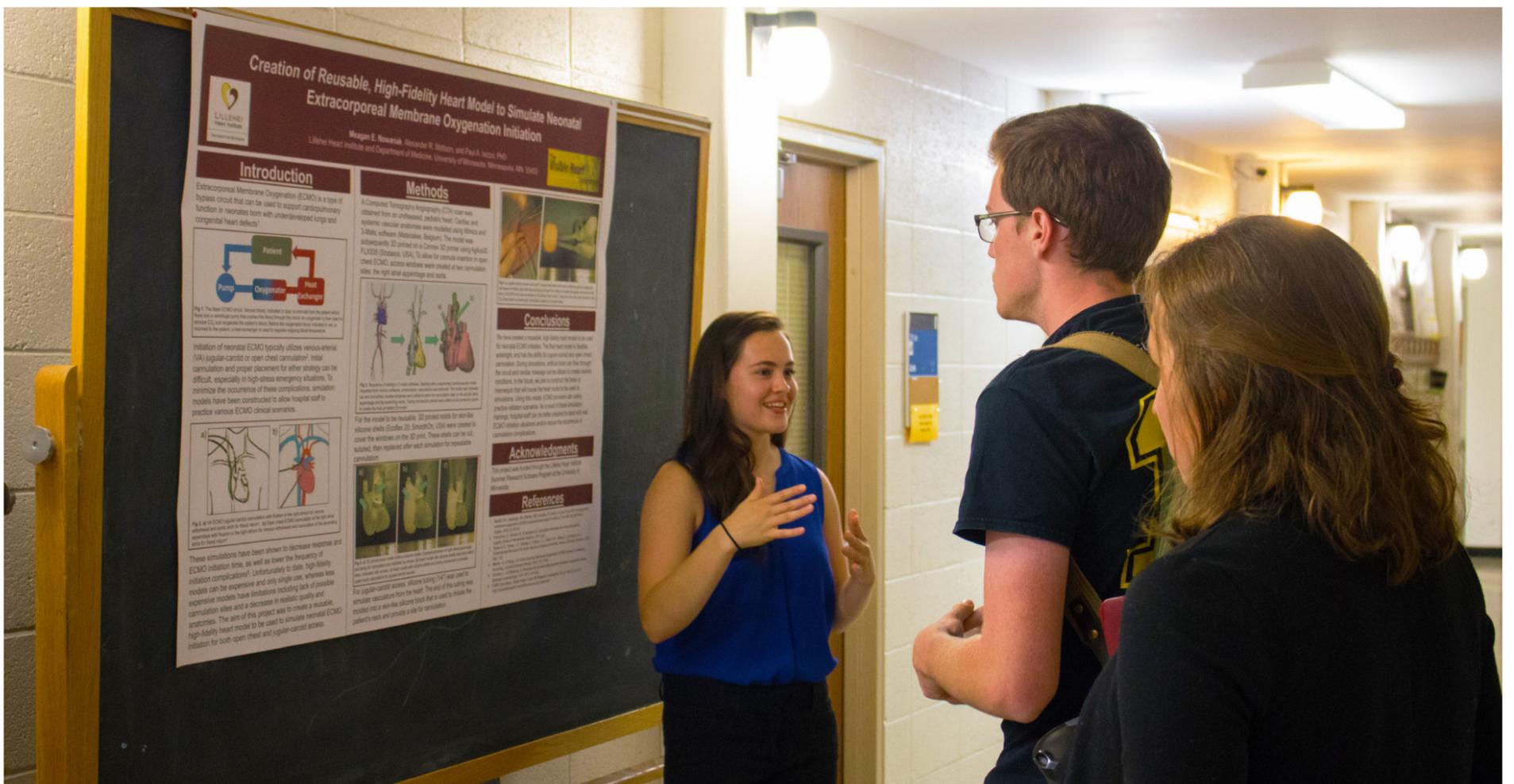
Women's hockey sweeps Bethel



SPORTS - PAGE 16

Religion Department seniors showcase their research

Senior Seminar poster session allowed for research presentations and feedback



Senior religion majors shared their research from their senior thesis projects and received feedback from their peers.

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Elsa Beise
Staff Writer

On Thursday, December 6, the Religion Department hosted a Senior Seminar, where senior majors in the department receive the opportunity to share information on their senior thesis projects.

Students have chosen the topics on their own, offering the chance to be fully invested and interested in the topic.

Senior religion majors are required to take this seminar course, offering everyone the chance to delve into a topic of their choosing.

Senior Hailey Campbell found herself interested in religion in order to prepare herself for a future career.

"The reason I chose to major in religion was because I found it incredibly interesting and I wanted to understand religious

beliefs that differ from my own. I plan to go into therapy, so understanding how spirituality shapes people's lives is very important in understanding their mental well-being and how best to achieve it," Campbell said.

"I [was] looking forward to feedback on what people think of my topic, as well as what types of questions still need to be answered regarding it."

-Hailey Campbell

At the event, students presented their research that had been done so far, as well as answered questions from at-

tendees.

"At the event on Thursday, each of the seniors [gave] a brief presentation about their research. After that, people [were] able to talk to the seniors about their research and findings," Sarah Ruble, Associate Professor in the Religion Department, said.

In addition, the event included good food and good conversation.

According to Ruble, topics included the ELCA and ecology, faith among emerging adults, teaching about religion in public schools, ways of understanding sin that make sense in light of people's struggles with anxiety and depression, the role of free will in salvation, and self-regulating bodies in Muslim-majority countries.

Campbell's project is based on the concept that pride is the universal sin of humans and she argues that social media can cause one to lose their own

sense of who they are.

"Historically theologians and the Church has focused its teachings on sin as pride, I argue that there is another form of sin, self-abnegation (dependence on others for one's own self-definition or people pleasing to the extent that one loses their own sense of self) which is a growing problem do to technology and social media," Campbell said.

Prior to the event, she was excited to be able to receive comments and engage in conversations about her project.

"I [was] looking forward to feedback on what people think of my topic as well as what types of questions still need to be answered regarding it," Campbell said.

Senior Zach Croonquist, religion major, is basing his project off of the Atonement Theology (looking at Jesus' death and resurrection and the value of it) and looking at how it can combat a recent trend in

Christian youth.

"These findings suggest that a significant majority of American youth have reduced religion and spirituality to a code of ethics centered on being "nice", and a means to acquiring happiness and security. The God of Moralistic Therapeutic Deism created the world as we know it but is distant and only relevant when God is needed to solve a problem. All that said, in my project I use atonement theology to combat [this trend]," Croonquist said.

Ruble has been overseeing the projects throughout the semester and had helped to ensure that the event ran smoothly. She was excited for the event to be mainly student-led.

"Throughout the semester, I have been helping students with

"Religion Senior Seminar" continued on page 4

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Campus Safety Report

Monday, November 26

- Campus Safety and Res Life staff investigated an odor of marijuana. Campus Safety referred one student to the Campus Conduct System.
- Campus Safety discovered some vandalism in Gibbs Hall.

Tuesday, November 27

- Campus Safety took a report of stolen property from a student.

Wednesday, November 28

- No incidents reported

Thursday, November 29

- No incidents reported

Friday, November 30

- Campus Safety responded to a medical assist in Lund Center. A student was transported to the hospital for further evaluations.
- Campus Safety responded to Christ chapel for a medical assist for a person having a possible heart attack. This person was transported by Ambulance to Rivers Edge Hospital.

Saturday, December 1

- Campus safety responded to the lot by Olin Hall for a motor vehicle accident involving a GAC plow vehicle.
- Campus Safety responded to a medical assist at the Music Building.

- CF's noticed a hole in the wall in Sorensen Hall (end of hall near Gibbs). No one was around at the time.

Sunday, December 2

- Campus Safety responded to a suspicious male trying to open a window to an apartment at Arbor View East. One student referred to the campus conduct system.
- Campus Safety was called to the International House for a report of a suspicious person entering a student's room. The individual was unable to be located.

- Campus Safety responded to a call for the smell of Marijuana in Sohre Hall.

Note: Case dispositions are available online by viewing the daily crime log on the Campus Safety web page: <https://gustavus.edu/safety/incidents/index.php>

Tip of the Week:

The holidays are a great opportunity to enjoy time with family and friends, celebrate, and reflect. Here are some holiday tips to support your efforts for health and safety this season.

Lock the doors and windows to your residence hall, house, apartment or office and take all keys with you.

Take valuable personal prop-

erty home with you. If you leave anything of value in your home or office, secure it in a locked closet or cabinet. Store your bike in a legal and secure location using a U-lock.

Prepare your vehicle for any road trips and check for any safety issues like fluid levels or tire pressure. If you're leaving a car on campus, be sure you are parked in designated break parking.

Talk to your roommates about when everyone is coming and going.

If you stay on campus, keep an eye out for any suspicious persons or activities and call Campus Safety (507-933-8888) if you see anything that doesn't seem quite right.

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Gustavus Holiday Angel Tree donates to families and children of the community



The Holiday Angel Tree can be found outside the Community-Based Service and Learning Center in the Johnson Student Union.

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Jack Wiessenberger
Staff Writer

The Gustavus Holiday Angel Tree outside the Community-Based Service and Learning Center (CBSL) recently put up “showcases the love that Gustavus and the Saint Peter community share,” Sophomore Holly Fitterer, Angel Tree coordinator, said.

The Angel Tree has become a great annual tradition here at Gustavus.

Beginning over thirty years ago, a group of Peer Assistants decided to begin and promote the Angel Tree Project.

They thought being on the hill, a lot of students may not have contact with children in the community.

“The assistants felt the holiday season was a time for sharing and caring for others,” Judy Douglas, former Director of Alcohol and Drug Education, said.

The tree presents the opportunity for everyone at Gustavus to give back.

“An opportunity to think and do something for someone else while thinking of the motto, ‘so in giving, you receive,’” Douglas said.

“The goal of all the programs within the CBSL office are to connect Gustavus students with the community they are living in,” Amy Pehrson, Interim Director of the CBSL Office, said.

Gustavus partners with the Head Start Program, within the Minnesota Valley Action Council, in Saint Peter.

The Head Start Program promotes the school readiness of young children from income

eligible families in the Nicollet County.

One of their missions is to encourage the role of parents as their child’s first and most important teacher.

The program continues to build relationships with families that support positive parent-child relationships.

“We are thankful for the help from the Gustavus community. The outreach isn’t just St. Peter born families and include all kinds of cultural people benefiting from the generosity,” Jody Leighton, Director of the Head Start Program, said.

“It does show how a Gustavus student with an idea and support can make a lasting difference.”

-Judy Douglas

Through the Angel Tree, gifts purchased by the Gustavus community are provided for children ages birth through 12 years old in the Saint Peter community.

Most of the time, the kids are not asking for toys or anything fancy, but necessities such as warm clothes and books.

Planning for the Holiday Angel Tree started in October and the action began the full week before Thanksgiving break.

“It is a long week of work, but it always pays off,” Fitterer said.

Because members of the entire family are so important to

a child’s development, siblings are also included in the Angel Tree.

This year, the tags were put out before Thanksgiving break, earlier than previous years, and were all taken within the first couple of days of being put on the tree.

This gives the Gustavus community time to do holiday shopping and make it a little brighter for a child in Saint Peter.

“Each year, the gift of giving is a fabulous turnout. This year, we have over 100 tags for approximately 45 different families,” Pehrson said.

When gifts are not returned by the deadline, cash donations are asked for to purchase the remaining gifts.

Once the gifts are returned to the CBSL office, they are taken to the Community Center to be distributed to the families that are involved.

“I have met a few of the kids who are on the receiving end of the tree. The kids have so much energy, and it makes me happy knowing that we are able to support them in their development and learning,” Fitterer said.

Gustavus encourages the gift of giving and continues to provide opportunities to further tie the Gustavus and Saint Peter communities together.

The Angel Tree meets the needs of parents who have to funnel their money in different directions for certain circumstances.

“It is a very heart warming and wonderful experience,” Leighton said.

If you are still looking for ways to give, there are two Holi-

day Sharing Trees in Saint Peter.

One located at Nutter Clothing and the other at First National Bank. Both locations are accepting gifts until December 14.

These programs are administered by Nicollet County Social Services and for Blue Earth County in Mankato, through the Salvation Army.

Stop by the CBSL office and take a tag.

“It is truly Magical,” Fitterer said.

Gifts need to be returned to the CBSL office by Wednesday, December 12.

“It does show how a Gustavus student with an idea and support can make a lasting difference,” Douglas said.



Gifts are donated to the community center and then distributed to families in the community.

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The Diversity Center holds sit-in to protest expansion

Samantha Walters
News Editor

On Wednesday, November 28, the Diversity Center staged a sit-in during Chapel Break to publicly protest their desire to expand their offices on campus.

The sit-in was organized by the D-Center and the Diversity Leadership Council.

The Diversity Center is located in the lower level of the Campus Center.

It advocates diversity, equity, and inclusion, and promotes self-discovery and success.

There were “lots of students who attended the event,” Sophomore Kati Williams said.

Gustavus alumna and Assistant Director of the Diversity

“If administration truly cared about diversity as much as they claim to, expanding the D-Center would be their top priority...”

-Signe Jeremiahson

Center Janet Jennings spoke, and then opened the floor for President Becky Bergman, who spoke to the students involved and then opened the floor for questions from students.

“The whole time, I felt like students were giving a clear idea of what they expected

from administration... it felt like [President Bergman] was impatient and had other places to be” Sophomore Signe Jeremiahson said.

“We suggested turning the Dive into the D-Center, since it is already used for so many events and would have plenty of room to meet the needs of students, but she never gave a clear answer as to why this wasn’t an option,” Jeremiahson said.

Both the Diversity Center and Campus Safety are interested in expanding, which raises the question of how the space in the Dive will be used.

Currently, there is no word on whether either group will be utilizing the space, or if the space is currently up for grabs.

However, there are many strong opinions coming from students about a D-Center expansion.

“I think if administration truly cared about diversity as much as they claim to, expanding the D-Center would be their top priority aside from finishing the Nobel project,” Jeremiahson said.

“This would show both current students and prospective students that they truly care about diversity. Words mean nothing if they don’t bring them to fruition. Saying they care about diversity is one thing, but doing something about it is another” Jeremiahson concluded.

Assistant Director of the Diversity Center Janet Jennings was unavailable to comment.



The Diversity Center is a popular place for students to hang out with their peers and do homework.

Nate Habben

“Religion Senior Seminar” continued from page 1

their research. On Thursday, my role was comparatively small. I [was] in charge of making sure that the technology worked, the posters were hung, and the food [was] plentiful. The event is really about the students and their very good work,” Ruble said.

Professor Ruble views this event as a great opportunity for students to be able to share their work and engage in a dialogue with others about their research.

“One of the hallmarks of a liberal arts education is the ability to ask good questions, explore them, and then present your argument in ways that engage an audience. These students have done that work and this event gives our students an opportunity to demonstrate those skills,” Ruble said.

Another opportunity that this seminar can give to students is the idea that these topics are asking about questions that are important to everyone.

“These students are asking questions that matter, both to the field of religion and beyond



Research was presented in the 3 Crowns Room on December 6.

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it. They are thinking about how to move people to action in response to the ecological crisis, how the United States should engage with Muslim-majority countries, and what all high school students should learn about religion in order to live well in the world (to take only three questions). Part of what makes the event exciting is the conversations that happen

among people with different disciplinary backgrounds...The event is a great opportunity for people with different disciplinary backgrounds to think about questions that matter to all of us,” Ruble said.

Students have put in almost a year’s worth of work on these projects.

“This is an important event because it showcases the work

of the students enrolled in the class. There are seven of us in the class currently...and all of us began work on our respective theses last spring when we took the sources and methods class. That said, it has been nearly a year since we began working on our projects and this event is a wonderful culmination of all that work,” Croonquist said.

This event allowed for a

wide variety of interests in those attended and offered many different topics of study.

“Each of us presenting [had] very different topics, so [for those who] are not personally interested in self-abnegation [were] discussions on a lot of other important issues related to religion and education regarding religion,” Campbell said.

Spotlight on: Art Minor Exhibit

Anh Tran
Staff Writer

From Nov. 15 to Dec. 10 2018, the Art Department presents the Art Minor Spotlight Exhibition in the Schaefer Gallery.

This exhibition features artworks crafted in and out of the classroom by Art Minors: Senior Biochem and Molecular Biology and Chemistry Double Major Ashley Studsdahl, Senior English Major Brenna Tuttrup, Junior Nursing Major Caden Killion, Senior Biology Major Cassaundra "Cassie" Juberien, Senior Art History Major Emma Gasterland-Gustafsson, Senior Political Science Major Emma Jones, Sophomore Classics Major Signe Jane Jeremiason, and Junior Psychological Science Major Yesenia Hidalgo.

Artwork in the exhibition spreads across a wide range of expression, mediums and subjects. The Art Minor Spotlight features pieces from ceramic, bronze, oil, acrylic on canvas, and water color, charcoal, gold leaf, colored pencil, illustration marker, and India ink on paper.

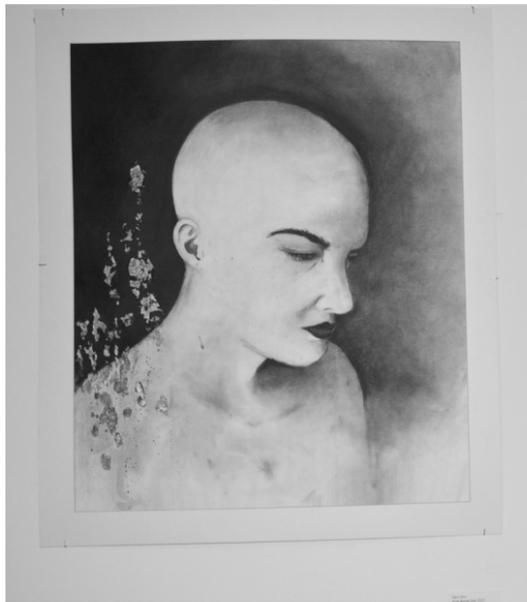
Most of the art pieces are created for class assignments and projects, with advice and supervision by professors from the Art Department. Some pieces are experiments in the artists' free time and grow to be complete artworks. Whether they are created in a class setting or not, these artworks are drawn from the artists' personal experience and serve as their unique self-expressions.

The exhibition occupies all three levels of the Schaefer Gallery. The first level features bronze sculptures by Killion, oil on canvas paintings by Juberien, and sgraffito on ceramics, a bronze sculpture, and oil and canvas paintings by Studsdahl.

Walking into the first level of the Schaefer Gallery, visitors will notice, first and foremost, the bronze sculptures of mystic creatures popular in legendary novels and television shows: *Dragon* by Studsdahl, and *Rising* and *Dragon Eggs* by Killion. These sculptures are projects from bronze casting classes. Studsdahl's *Dragon* recreates the shape of a tiny dragon which comes to life through sharp meticulous details. The legendary creature embraces what resembles a dragon egg as if it is protecting the egg.

Killion's *Rising* takes the shape of a phoenix which has continuously been Killion's longtime inspiration. "I just started to sculpt [the phoenix] from what was in my head, and that's what was created. I am currently in bronze casting for the semester and I have done several other sculptures with the subject being a phoenix. So hopefully there will be another show that I can put those in because I personally think that I have gotten better at it and have further developed the form," Killion said.

The Junior Nursing Major has devoted time and effort



A few of the pieces on display in the exhibit.

Katie Mattinen

to practice and improve his artistic expressions. Fans of the TV series *Game of Thrones* would find Killion's *Dragon Egg* most fascinating. These eggs are inspired by the ones that frequently appear on the TV show, according to Killion. "To make the dragon eggs I was inspired by *Game of Thrones*. I was taking a bronze casting J-term and decided that I would try and make my own dragon eggs... My favorite piece in the exhibit would probably be the *Dragon Eggs* because I think they turned out the best for being my second project in bronze.

They are also just a more unique piece because they are bronze and if you watch *Game of Thrones* that just makes them that much more interesting," Killion said. Directly referring to pop culture, his sculpture must appeal to most young people, especially those who watch *Game of Thrones*.

Displayed next to the *Dragon* is the *Nature* series by Studsdahl, a collection of ceramic sculptures on which the senior performed sgraffito. She said: "the *Nature* series was made using a technique called sgraffito. The technique is something that I really enjoy as it involves covering the whole work in a color and then etching out a pattern or design. The process allowed me to just focus on the work that

I was creating, which is why I believe that it would be my favorite work as it had all of my attention when I was creating it."

Besides her sculptures, Studsdahl also has two of her oil on canvas paintings displayed on the first level of the Gallery: *From the Ashes Start of Creation*. *From the Ashes* portrays a powerful source of energy rising from a sea of fire or lava. This rising entity resembles a human body in some aspect, from shape to shade, and it is contrastingly peaceful and tranquil, as opposed to the raging bed of flames.

"I hoped to show a sense of calm within a storm, that even in the turmoil and chaos of life there can still be a sense of peace. When I was working on *'From the Ashes'* and *'Start of Creation'* I was having health problems but was still pushing through for the semester, and even with the problems I still felt at peace and I feel as if those works of art hold that feeling that I had personally when I made them," Studsdahl said.

The artist connects her own personal experience with the sublime images of nature in her artistic expression.

Other oil on canvas paintings on the first level of Schaefer are by Senior Juberien: *Midnight Chaos* and *Water Painted Memories*. She said: "*Midnight Chaos* is inspired by a text written about

the creation of earth and painted mostly with a pallet knife.

Water Painted Memories is inspired by the lake view at my cabin and painting styles from Vincent Van Gogh; it's painted mostly with a pallet knife and some brush for the finer details."

These two paintings are her favorite pieces to feature in this exhibit. While *Midnight Chaos* appeals more through the color and visual aspect, *Water Painted Memories* carries Juberien's sentiments.

Occupying the most part of the wall on the second level is the self-portrait titled "*Sum Aurea Lux*" by Sophomore Classics Major Signe Jane. The title means "I'm Golden Light" in Latin.

"It's the first portrait I've done of myself with no hair. I've had alopecia my whole life and when I finally shaved off the rest of my hair, it was a very liberating experience. At this point where I am okay with going bareheaded without wigs or anything, it's just been a big journey for me. It's also very liberating to be able to express that in my self-portrait," Signe Jane said.

Signe Jane used mainly charcoal for this self-portrait as she considers it a special material which is "fun to play with." In other words, it allows her to customize her expressions in various ways while requiring her to be careful. The artist

marks the portrait with gold leaf, constituting a sprinkled array of golden light. Portraying herself with arrays of golden light has marked Signe Jane's growth in self-acceptance, self-care, and self-liberation.

Surrounding Signe Jane's self-portrait are her watercolor paintings on paper: *Mourning Dove Feather* and *Downy Woodpecker Feather*. These pieces resemble the actual shapes and sizes of real feathers.

They highlight Signe Jane's intense attention to details and her ability to copy real objects on paper. Choosing watercolor, Signe Jane challenged herself to meticulously craft these pieces, since watercolor are very difficult to fix.

Next to Signe Jane's work is Senior Emma Gasterland-Gustafsson's watercolor on paper paintings: *Untitled Blue* and *Untitled Red*. She shared: "The inspiration came from going through old notebooks, I found two sketches of friends that I had done last year when I asked people to pose for me, and I ended up really loving them and wanted to work on them more so that they didn't have to end as sketches. My favorite part was making the outlines! Seeing how my sketches became complete and recognizable figures! I really like *Untitled blue*, there's a tenderness and warmth to it that I enjoy, I also love the shadows."

The two paintings play with tender colors and explore the human form. Gasterland-Gustafsson said: "[The paintings convey] tranquility. Nudity is a very comfortable state of being and I hoped to make something that could be viewed as solitary and calm pieces of being comfortable with oneself. Because these were just sketches at first, I wanted to bring something to them that made them feel less like studies and more like final pieces."

Like other artists in the exhibition, Gasterland-Gustafsson draws direct inspiration from her personal life and sends an empowering message through her work, a medium that expresses beyond words.

Pursuing the art minor, every artist in the collection has mixed feelings; they are initially nervous and yet increasingly proud of their work and themselves. To most of them, having their artworks on an exhibition is a special moment that marks their status as an artist.

It is a start, a basis for them to continue creating and sharing their work with others. They are not only bringing something beautiful to the world, they are communicating with the world, through art.

GUSTIES of Alex Theship-Rosales

Parker Lindberg
Staff Writer

Alex Theship-Rosales is a Senior Environmental Studies minor and Religious Studies minor. Theship-Rosales is described as “epitomizing the Gustavus core values we all strive to live out each day in every setting he’s involved with here on campus” by co-worker Jeannie Peterson.

Throughout his college career, Theship-Rosales has strived to take every opportunity that he can to better himself. One of the opportunities that he’s taken is studying abroad in New Zealand during the Spring 2018 semester with a program called “New Zealand Culture and the Environment: A Shared Future” through the HECUA organization.

The program focused on social justice and the environment in New Zealand, taking into account the indigenous peoples of the islands. Theship-Rosales spent the second half of the semester completing an internship as part of an education team and taught school-age kids about endemic species.

Theship-Rosales remembers one of his favorite memories of the experience when, toward the end of the trip, he took an early morning run through the hill country and saw the breathtaking landscape as well as some local livestock.

Overall, he says, “the experience was very adventurous, affirming and life-changing.”

On campus, Theship-Rosales is about as involved as any Gustie. He holds a leadership

position within the Environmental Action Committee. He is also a member of the Gustavus Youth Outreach, leading kids in games, studies, and other activities. He also works in the library as the Academic Assistant, is a member of the Gustavus Wind Orchestra, and is a Gustie Greeter.

Outside of organizations, Theship-Rosales is working on an independent film project that he hopes to complete by the end of January. The film reflects his interests in

“I found a sense of affirmation from [choosing my major] and knew that it was the right thing for me to do.”

both environmental causes and religious study. For the project, Theship-Rosales has talked with people from a variety of faith backgrounds about environmental issues like climate change. The film aims to look at how religion informs a person’s caring about the environment. Theship-Rosales says that the project is a sort of culmination of his time at Gustavus.

Theship-Rosales has a very passionate interest in environmental issues and sees it as a fundamentally moral and ethi-

cal issue. One of the ways that he thinks Gustavus is contributing toward a solution is through its composting program, which he believes should continue to be improved upon.

As far as his favorite part of his Gustavus experience, Theship-Rosales remembers his declaration of his major and minor in the fall of his sophomore as one of the best decisions he’s made. “I found a sense of affirmation from it and knew that it was the right thing for me to do.”

Chaplain Siri Erickson has been a large influence on Theship-Rosales throughout his time at Gustavus. He says that she has provided him with opportunities to explore his faith on campus and put it toward useful means as well as to grow himself in new ways. He enjoys their one-on-one chats and remembers her influence all the way back to his first year.

As for Theship-Rosales’s post-grad plans, he plans to take a gap year to use as a year of service or a year traveling abroad. After that, he plans on going to seminary school and then taking on the challenge on combining divinity and environmental sustainability to help the world as much as he can.

The biggest goal that Theship-Rosales has for the rest of his time on campus is to strengthen the relationships and friendships that he has made in the last few years.

He hopes to be able to spend as much time with people as possible and to keep the friendships going long after graduation.



Submitted

Theship-Rosales studied abroad in New Zealand during this past spring.

Do you have a suggestion for a Gustavus student, professor, or staff member who could be our next Gustie of the Week?

If so, send us an email with their name, position on campus, and a short description of why you think they should be recognized to

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for a chance to have them featured!

If your suggestion is selected, a representative from the Weekly will be in contact with them to move forward with the interview process.



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Theship-Rosales plans to take a gap year, then attend seminary school.

Submitted

the WEEK

& Amanda Hoffman

Sofia Boda
Section Editor

By 6:30 a.m. on a typical weekday, driven and vivacious Junior Amanda Hoffman's day is already in full swing.

While most college students would appreciate the extra shut-eye, Hoffman sees her unusual morning routine as an opportunity to set herself up for success by preparing her meals, organizing her schedule, and getting ready for class.

Especially as a busy communication studies major, Hoffman's love for the early hours of the morning allow her to make the most of every day.

Her gift for time management began when she was a student at Sheboygan South High School in her hometown of Sheboygan, Wisconsin. As a high school student, she was heavily involved in theater and musicals, as well as holding the position of speech team captain during her junior and senior years.

In addition to maintaining good grades and participating in extracurriculars, she also held multiple jobs during her high school years, including working at a consignment boutique.

Despite her hectic schedule, she still found time to remain close to her family. Back in Sheboygan, she lived with her

mother and father, as well as her two beloved dachshunds Hershey (10) and Kessler (9).

Her parents were a great source of motivation for her when it came to applying for college. Both of Hoffman's parents are graduates of technical school, and went on to pursue jobs in public service and engineering.

But, with Hoffman's great gift for public speaking and performance, they encouraged her to broaden her horizons and apply for college, making her the first individual in her family to attend a four-year college.

Hoffman first fell in love with Gustavus as an attendee of the Gustavus Summer Speech Institute program, or GACSSI. This program provided high school students with the opportunity to earn a scholarship towards Gustavus tuition based on their skills in the area of speech and debate.

Her success in the competition, combined with her stellar grades and impressive extracurriculars made her a perfect addition to the Gustavus community.

"I came to Gustavus to be on the speech team because I appreciated how well the program was managed, and I really liked the idea of going to a private, out-of-state college with smaller class sizes," Hoffman said.

Once she arrived on campus,

Hoffman jumped right in to campus life.

She got a job at the Telecommunications Office, where she does administrative work, and began to participate in the speech and debate team. She also decided to narrow her academic focus to communication studies.

"Majoring in communication studies was a natural choice for me. After taking the required public discourse course, I knew this was where I belonged.

With my speech and debate background, it was easy to pick. My favorite class so far has been Social Media with Professor Phil Voight," Hoffman said.

Last year, when the campus's formal speech and debate team was discontinued, Hoffman decided to take matters into her own hands and fight to preserve the tradition of speech at Gustavus.

In response, she became the president and co-founder of the Speech and Debate Club, which functions similarly to the old team except it is entirely organized by students.

"The student run speech and debate team allows for more opportunities or student leadership and input. Our group is unique because it runs exactly the same as any traditional-speech and debate team, but it provides a chance for students to experience a leadership role



Nathan Habben

Outside of school, Hoffman enjoys learning about and working with cars.

and have more responsibility," Hoffman said.

Aside from being a stellar student leader, Hoffman also has a rich and fulfilling personal life. On campus, she is a part of the Viking Society, and lives in the Swedish house.

Last summer, she moved to Manhattan, Kansas to live with her boyfriend of over a year, Adam.

Adam is a 2017 Gustavus alumni, and met Amanda during her first year on campus. "Adam has taught me a lot about being an adult, and always provides me with different perspectives and ideas to consider.

Living away from home with him has really helped me to develop life skills like cooking, organization, being assertive, and money management," Hoffman said.

In the future, Hoffman looks forward to pursuing a career as an internal communication specialist, helping organizations refine and organize their communication strategies.

However, one of her ultimate career aspirations is to work as a speech writer. She also looks forward to getting a dog, specifically an Italian Greyhound, with

her boyfriend Adam.

Though she has just one year left on campus, Hoffman is determined to leave a positive

mark on the Gustavus community. "For younger students, I think it's important that they understand that their thoughts and emotions are valid, even when someone else doesn't think they are.

They should try to join activities that will benefit them throughout their whole lives or give them tangible skills, and don't overload themselves," Hoffman said.

It is certain that Hoffman's legacy will live on at Gustavus long after she graduates, especially through her initiative to save the Speech and Debate program.

However, her reputation of being positive, humorous, and inspiring to everyone she meets will follow her wherever she goes.

This is best said through the words of Hoffman's friend and fellow communication studies major Skylar Abrego; "I have never seen Amanda not smiling. She brings so much drive and positive competition into the classroom, and is always hilarious," Abrego said.



Hoffman has been brewing her own homemade kombucha tea for the past few months.

Nathan Habben

How to reuse your old Weeklys: **SURVIVAL EDITION**

Aside from being excellent reading material, *THE GUSTAVIAN WEEKLY* can serve as a survival tool. Whether you are on a camping trip or just got lost in the Arb, carrying a copy of *THE WEEKLY* could be the difference between life and death. Newspapers, surprisingly, can be used as a substitute for insulation, kindling, and even for dinnerware. *WEEKLYS* are by far the perfect publication when in a pinch. This guide will show you how to reuse your old *WEEKLYS* to survive in any situation.

DRYING CLOTHES

Newspaper can also be used to dry wet socks and boots by crumpling the newspaper around your feet. The newspaper will absorb any excess water.



PROTECT YOUR FOOD

Your *WEEKLY* can be used as a barrier between your food and the outside world. Wrap up any food to keep out dirt and bugs.



USE YOUR WEEKLY AS DISHWARE

According to SurvivalFrog.com, newspaper can be used instead of plates and bowls. SurvivalFrog provides instructions for how to create some last minute dishware:

“First tear the newspaper into large segments (about half a page). Lay these pieces inside a colander so they line the inside of the bowl. Make sure to cover the rim as well (you’ll need to pinch along the sides to make sure it forms with the shape of the colander).

Do this until you have a few layers in the colander (so it’s thick). Then place the colander in your sink, and let the faucet drench the paper. Keep the shape of the bowl by continually pounding the bottom, pressing against the sides, and pinching the edges.

Now add even more segments of dry newspaper, and repeat the process of wetting it down and pressing it to the previous layer. This way the newspaper will begin to stick/form together.

Leave the paper in the colander for a couple days to let it dry completely. Once it’s dried, you’ll be able to take out the paper, and you’ll have a hard, durable bowl to use for eating your survival food.”

USE THE WEEKLY TO START A GARDEN

Imagine you’re stranded on an island and are in desperate need to start a small farm. SurvivalFrog.com gives instructions on how to use newspaper for gardening.

“The use of a survival garden is essential for survival; however, it can be tough to do when the soil near your home isn’t fertile. However, newspaper can help with that.

First, lay four sheets of newspaper on the grass/soil and cover them with 4-5 inches of bark mulch and shredded leaves. Take a hose or bucket of water, and douse the paper and mulch/leaves until it’s completely soaked.

Once Spring rolls around, these doused materials will have covered the ground, giving you a prime space to start your own mini garden.

Before you begin planting, make sure to dig your new compost into the ground, churning it with the old soil and disposing of any rocks you come across. Smooth the top of the soil, and presto – you can now plant your survival seeds in a thriving soil.”

Composting is an excellent way to use your old copies of *THE WEEKLY*. Starting a garden can be the perfect survival tool when you find yourself stranded on an island for an extended period of time.

THE WEEKLY is especially absorbent, and you can use newspaper to soak up water to water your survival garden. Either use the paper to create a bowl device to carry water back and forth from your nearest water source. Or use the *WEEKLY* as a sponge-like tool and use that to water your garden.

USE YOUR WEEKLY AS KINDLING

Perhaps the most practical use for your *WEEKLY* is to use it as kindling. Consider bringing several *WEEKLYS* on your next camping trip or perhaps consider bringing them on your next visit to the Arb (in case you get lost).

Here are several uses for newspaper when trying to build a fire: Try tearing the newspaper into five long strips. Tie the strips into a knot, and use this for the base of your fire. This will help the fire burn longer.

When building a traditional fire, you can use your old *Weeklys* to supplement your other kindling.

Make sure not to use any *WEEKLYS* with water on them because that can hinder their ability to burn. Make sure to keep your copies dry when camping.

USE YOUR WEEKLY AS BEDDING

If you forget to pack a blanket and pillow, use a copy of *THE GUSTAVIAN WEEKLY* for bedding. The newspaper can serve as a pillow by crumpling it up and using it as stuffing.

Newspaper can also serve as a blanket. Newspaper works well for insulation, so consider turning your *WEEKLY* into a make-shift quilt.

USE THE WEEKLY TO HIDE FROM ANIMALS

THE WEEKLY, thanks to its wholesome nature, serves as an excellent form of camouflage. Just cover yourself beneath several copies to hide from any dangerous animals you may come in contact with while out in the wild.

USE THE WEEKLY TO BUILD A LEAN-TO

A lean-to is a small shed supported by a tree or post that can be used as make-shift shelter. Use multiple stacks of the *Weekly* to create a strong roof for your lean-to.

USE THE WEEKLY AS A RAIN PONCHO

THE GUSTAVIAN WEEKLY is the perfect way to stay dry during a rainstorm. Consider cutting a hole in multiple pages of the *Weekly* and stacking them so the poncho has many layers. The more layers the better. Layers help keep in warmth and can keep you dry when caught in a rainstorm.

USE YOUR TO MAKE PAPER MACHE

Paper mache can be made into anything that you may need to survive in the wild so use your imagination.



USE YOUR WEEKLY AS FOOD

Desperate times call for desperate measures.

