

# The Rocky Horror Picture Show community



**Emily Seppelt**  
Opinion Columnist

This past weekend, CAB hosted its annual showing of the film Rocky Horror Picture Show. Being a first-year, this was my first year attending the event, but also the first time ever seeing the movie. I was totally blown away by the enthusiasm that everybody showed as well as the fantastic preparation on the part of CAB. Not only was the event amazing, but it also was a real comfort to know that there so many LGBTQ+ people and allies here at Gustavus.

Lots of people came all dressed up for the event, and even the people who didn't dress up were totally enthusiastic to be taking part. CAB provided all of the tools and props necessary to participate (rice, glitter, toast, etc.- you'll understand if you attended or ever do end up attending). Throughout the film, people were laughing, commenting, and singing along. The great thing was the veterans of the event helped people who have never come before (namely, First-years), understand what to do and made sure that they felt like they were being included.

Even the people who attended the event were very diverse. People of all gender identities, sexualities, races, and ethnicities attended. Some may have even been surprised about how many different types of Gustavus students that were in attendance, from active members of organization such as Queers and Allies and the WAC, to people who are less involved with activist or diversity groups on campus.

Having events such as Rocky Horror are essential to creating a LGBTQ+ friendly environment and community at Gustavus and on any campus in general. Knowing that other students on campus care about things that are a part of LGBTQ+ pop culture, such as this film, makes queer

students feel welcome and accepted. The event also allowed for younger students, or even older students who were just accepting themselves, know that there are other students at Gustavus who identify in a similar way to them and/or that there are plenty of people around them who will accept them as well.

While the actual film Rocky Horror Picture Show may have some problematic themes (concerning things such as consent and outdated trans vocabulary), overall the message of the movie is one of diversity and accepting oneself as well as the other people around you. All the people at Dr. Frankenstein's home as well as Franky himself were radical people to include in a movie at the time of movie's release as well even arguably now.

The theme of openness and focus on happiness and uniqueness even for queer people is awesome. Songs such as Don't Dream It, Be It, and Over at the Frankenstein Place tell the viewer, respectively, that they should be who they are and go for what they want to do, and that there is always a positive side to life that they could look towards.

Other than the positive message of the film, the total craziness and silliness of the movie brings joy not only to people who identify as LGBTQ+ and their allies. Liking the movie is almost like being in a club, simply because there is no discernable plot and the actual story of the movie is so odd. It takes a unique kind of person to enjoy the film, so having this movie can give somebody even more of a sense community and togetherness. As I have discussed before, having representation (no matter how limited it is in Rocky Horror) can be so validating and helpful to somebody of a minority.

Overall, the event was one of the best events that I have attended on campus so far this year. It was fun, inclusive, and the perfect introduction to Rocky Horror Picture Show. CAB did an amazing job of making everyone feel welcome and made sure that everything ran smoothly. Seeing all the different arrays of students who attended was an uplifting experience. The movie itself is a great representation of LGBTQ+ culture both historically and today. I would highly recommend attending the event next year, as it is an annual event. It will expose you to a culture that you may have never encountered before, and I can guarantee that you will enjoy yourself.



The film has recieved a cult following and fans have several in jokes about the characters and scenes.

Creative Commons

## Advice for the floundering first-year

Dear first-years,



**Marie Osuna**  
Copy Editor

By now, you are probably sick. Or you know someone that's sick, meaning you are about to get sick. And let me tell you, the first time you get sick away from home is probably going to be awful. It's a true adulting moment when you feel absolutely terrible but you still have to take care of yourself and get things done. We've all been there.

Luckily, I have a couple of tips that will help you feel just a little better.

My first piece of advice? Avoid junky foods. When you are sick, it is especially important to fuel up on healthy foods that will help your body heal. Just remember: the more fruits and vegetables you eat, the less time you will be sick.

Also along those lines, let me tell you a well-kept secret:

the soups in the caf are incredible. There are many different kinds on rotation, even including vegetarian and vegan options, and I've never been disappointed by them. If you're really needing to soothe your soul, the soups won't disappoint. When you are sick, make sure to be getting enough sleep. I know that you have tons of homework and are feeling stressed, but if you aren't sleeping enough, you're not going to be feeling like your normal self again for a long while. School needs you to give your 100%, and you can't do that if you're not well-rested. Additionally, don't be shy about going to health services. My first year, I never went, but I've found it to be a helpful service now. This year, I have gone for a basic checkup and a strep test when I was feeling particularly nasty. Both times I have found the staff to be friendly and it's better know if you have something more serious than a cold.

Finally, take your medicine and don't be ashamed to call your mom. Love can be the best medicine sometimes, so if you need to call home and be reminded that you are incredible, do it. Being sick is the worst, and hearing from those you love can make that all better. Just don't be ashamed to admit what you need. During your first year, everything can seem more difficult, and sickness often comes hand-in-hand with homesickness. Just admit that, at least to yourself, and call someone. You don't have to be alone.

**I hope this helps you feel a little better. Stay strong and healthy, Gusties!**

# The power of protest



**Ella Napton**  
Opinion Columnist

their dorm room doors in favor of their political views.

It seems as though everyone on campus falls on a spectrum of opinions pertaining to protest: many falling on one of the polarizing ends of being completely for protest and completely against. In light of this, I believe it is important for everyone to be a proponent for change and action through peaceful protest. If one is supporting the first amendment and the free speech it grants us as American citizens, there is no fundamental reason to be against those utilizing their first amendment rights through the form of protest. This being even more so if those criticizing the use of protest make use of the free speech granted to them through the first amendment by expressing their own opinions.

Recently, there was a teach-in about the legacy of protest in various academic fields for the 50th anniversary of the 1968 protests. These protests being important due to their widespread influence around the globe and their main topic: military imposition and bureaucratic-focused politics and influence.

It has been 50 years since these incredibly influential series of protests, and the importance of protest as a form of social change is as important as ever. And the ability to protest is a right that we, as Americans, should utilize in the best way possible. In light of our current social and political climate, this is more important than ever.

But it is important to note

As students at Gustavus, we are not unfamiliar to protests and their use for changes in various capacities. After the election of our current president, there were protests that, very keenly, looked forward to what our future as a nation could be. Upon the decision of Gustavus becoming a tobacco-free campus, students protested the various effects this rule would impose on students. During homecoming week, just a few weeks ago, there were protests that stemmed from a polarizing window painting in the cafeteria. And as we near the incredibly important election day of November 6, students are taking an interesting spin on protest and posting things on

## The Good, the Bad, and the Meh



You can gorge yourself on half-priced Halloween candy.



It smells like fertilizer all over campus, so that's fun.



Midterm grades are in. Now you must fight for a better grade.

that the right to protest and free speech should not be an excuse to impose xenophobic, racist, homophobic, sexist, and any other elitism thought upon others. Protest and free speech are components to positive change: not the spread of the negative thought-groups that are ever-prevalent today. It is increasingly important to cover one's bases and protest in a way that is safe for all those involved, for and against.

There is enough substance in today's media, social and otherwise, to give one reason to protest each and every day. It is

participating in today: refusing to use plastic straws and, in turn, their effect on the environment. It can even be argued that simply going out and voting on November 6 is a form of protest in an incredibly organized way. This being a protest against our current political leaders and taking a decisive step towards change through our vote.

Protesting is not something to be looked down upon. We are guaranteed the right to free speech and a component of this is the ability to protest things that we feel are wrong and require change. Protests bring

important issues to people's attention, many of whom may have been unaware of the need for change prior to seeing or hearing about a protest. Not only can protesting be used to campaign for change, but to educate an uninformed audience as well.

So here is a challenge: the next time you come across a protest, ask those engaging in protesting what they are advocating for and why they felt compelled to do so instead of giving in to a knee-jerk reaction of judgment.



## Land To Air Express As Low As \$15 to Minneapolis

**Convenient, affordable shuttle bus service from Gustavus to Minneapolis and the Minneapolis/St. Paul Airport. Two Services:**

- **HIGHWAY 169 SERVICE TO MINNEAPOLIS**
  - 2x daily service between Gustavus and Minneapolis (Hawthorne).
  - **Only \$15 each way to/from Minneapolis**
  - Purchase directly through [landtoairexpress.com](http://landtoairexpress.com)



GUSTAVUS – MINNEAPOLIS		
Northbound	Depart	Arrive
401	7:35 AM	9:30 AM
402	3:00 PM	4:45 PM

MINNEAPOLIS – GUSTAVUS		
Southbound	Depart	Arrive
411	10:30 AM	12:05 PM
412	6:15 PM	7:50 PM

- **MSP AIRPORT EXPRESS SERVICE – TERMINALS 1 & 2 AT MSP**
  - 6x weekdays; 3x weekends
  - **Discounted fare of \$25 each way (\$45 RT)** when you purchase a voucher in advance through the Jackson Campus Center Information Desk. Regular fare is \$35 each way.



**Book Now: [landtoairexpress.com](http://landtoairexpress.com) | 507-625-3977**

# The hype around pumpkin spice



**Cyan Spicer**  
Opinion Columnist

Welcome to the season of pumpkin flavored everything. Of course, this welcome is a bit late as we are well into the excitement, with more and more pumpkin related things continuing to pop up. Pumpkin candles, cakes, candy, pie, decorations, and, of course, the famous pumpkin spice latte.

Now, everyone loves a good seasonal drink. You can swoon over the cute, heart shaped things in your red colored drinks during Valentine's, be pumped for green colored drinks that surround St. Patrick's day, show your patriotism with tons of red, white, and blue in July, and even warm yourself up with a hint of peppermint during the winter

holidays.

But there is nothing that gets even close to as much attention as the pumpkin flavored season that is fall. It's a frenzy of excitement for everyone, producers and consumers alike.

Pumpkin is a good flavor for many things—pumpkin bread, pumpkin cake, pumpkin seeds—but personally, I don't enjoy it in my coffee. I find the hype of pumpkin spiced lattes and coffees to be good for businesses that are able to take advantage of it, and if you enjoy the flavor, then of course it is a good season for you, but in general it's completely exaggerated.

The over-excitement is exhausting to be around, and often overstays its welcome. The same excitement is not seen for other seasonal flavors. There isn't an overwhelming abundance of peppermint flavored, scented, shaped things, for example.

So, is this excitement for pumpkin a good thing or should we all take a step back? "I personally think it's a good and bad thing. It keeps the coffee fanatics happy, and it tastes good in certain baked treats, but pumpkin spice season sometimes lingers a little too long. By the time fall is over, I never wanna see another pumpkin again," Senior Annie Vang told me. For those who witness the excitement first hand, such as baristas, it is especially taxing.

The abundance of pumpkin spice has grown overwhelming, turning itself into a dreaded season for some. There are many people who refuse to even try anything pumpkin because of the overexcitement.



Fall makes us bring out the sweaters, boots, and the pumpkin spice.

Abby Anderson

Where did this over-excitement even come from? There are plenty of fall related flavors that, in my opinion, are much more worthy of the hype. Maple, for example, or even apple cider, is much more worthy of my time and excitement, and quite honestly both flavors are very underappreciated, swept under the bus by pumpkin lovers. At the very least there should be an equal excitement for all the flavors and scents of fall.

To add to it, pumpkin spice lattes have become tied to stereotypes of over-excited blonde, white girls who drink too much Starbucks and love to wear oversized sweaters. At face value, the stereotype isn't a bad thing, but people generally hate

being tied to stereotypes, and therefore often end up seeing pumpkin spice as a guilty pleasure, or refuse to try it in order to avoid such stereotypes.

Therefore the abundance of pumpkin spice, in my opinion, is overall a bad thing. The season is more than just a flavoring to add to your coffee, or a scent to fill your home with. There are things that become intertwined when over-excitement is involved, and that often causes people to lose enjoyment in such stuff.

Enjoying pumpkin flavored drinks or food becomes difficult when people tie that flavor to stereotypes, and other flavors are hard to find when producers only want to feed into the trend

of pumpkin.

There isn't a problem with enjoying pumpkin, or promoting the flavor over the season, but it is overwhelming, and would probably be for the best if everyone calmed down a bit on the subject. Although, I acknowledge that this excitement will most likely continue through the years as it has been. An abundance of people love pumpkin flavors and scents, therefore an abundance of pumpkin will be produced.

So if you like pumpkin, feel free to ignore me and enjoy the limited time you have with the flavor. The rest of us will be silently enjoying maple and apple cider, waiting for peppermint and heart shaped candies.

**Opinionated?  
Ready to fight for it?**

**Then you would be a great fit in our  
Opinion Section!**

**We're hiring new writers to write their  
opinions and put them out there for  
others to see!**

**Send us an email at [weekly@gustavus.edu](mailto:weekly@gustavus.edu)  
if this is right up your alley!**



# Crossword

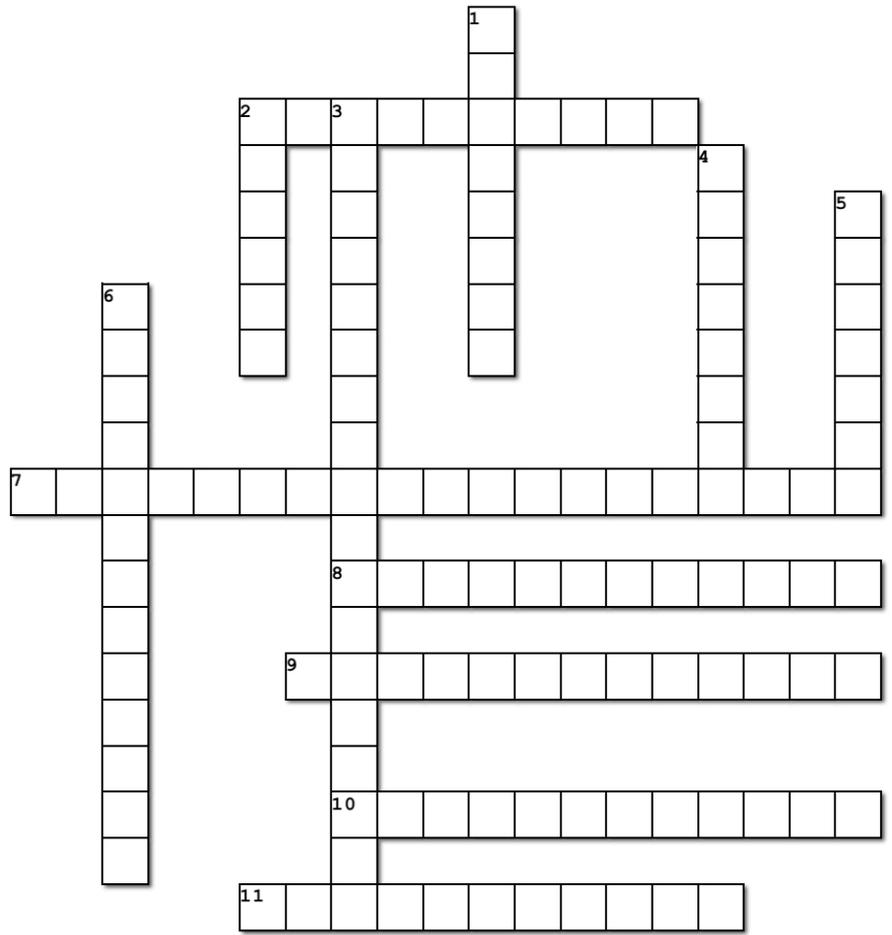
## November at Gustavus

### Down

1. You've gotta get out of classes before this deadline on Nov. 9th
2. Men's Hockey hosts \_\_\_\_\_ on Nov. 30th
3. Gustavus \_\_\_\_\_ performs their Fall Concert on Nov. 3rd
4. \_\_\_\_\_ are celebrated on Nov. 12th
5. Women's Hockey hosts \_\_\_\_\_ on Nov. 16th
6. Nov 8th is Give to Gustavus Day, where donations support the \_\_\_\_\_

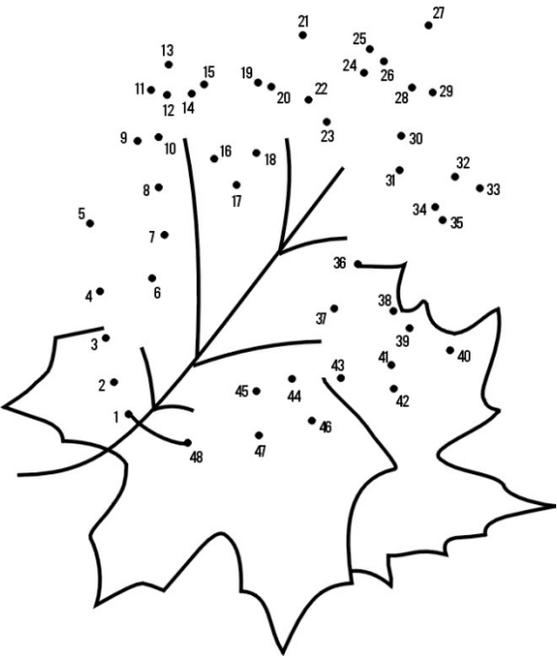
### Across

2. Men's \_\_\_\_\_ hosts Northwestern on Nov. 17th
7. The Shakespeare play being performed by Gusties this month!
8. Sign up for your Spring classes starting the 5th!
9. Christmas in \_\_\_\_\_ begins on the last day of November
10. Holiday on the 22nd
11. *The Avengers*, \_\_\_\_\_ and the Hulk share a birthday on the 22nd



Down  
1. Withdraw  
2. Basketball  
3. Symphony Orchestra  
4. Veterans  
5. Hamline  
6. Gustavus Fund  
Across  
7. Measure for Measure  
8. Registration  
9. Christ Chapel  
10. Thanksgiving  
11. Black Widow

## Connect the dots!



## Riddle of the week

You are on an island of knights and knaves. On this island, knights always tell the truth and the knaves always lie. You are approached by two people. The first one says to you, "we are both knaves." **What are they actually?**

Answer: The first person cannot be a knight. Knights always tell the truth, so if he were a knight, he would tell you so. Instead he says, "we are both knaves." If the first man is a knave, then he must be a liar. This means they cannot both be knaves. So, since we've established that the first man is a knave and a liar, the second man must be a knight.

## "Funky Daniel" by Vin Branom



# Football holds four game winning streak

## Gusties host Senior Day Saturday against St. Thomas



Gustavus Sports Information

The Gustie offensive line sets up to snap the ball during a game against Augsburg. The team is currently on a four game winning streak heading into their game this Saturday against the Tommies.

### Eli Dotson Staff Writer

This past Saturday, the Gustie offense unleashed an air assault on the Carleton defense that proved to be far too much for the Knights to handle.

Senior quarterback Michael Veldman manned the helm for the Gustie offense and continued his stellar play, throwing for a whopping 417 passing yards and tossing three touchdowns.

The deep ball was the name of the game for Veldman as he completed 22-of-33 passes for a yards per attempt mark of 12.6, a figure higher than any NFL quarterback's average this year.

The sticky-handed duo of Josh Kirk and Brice Panning served as Veldman's top targets, as they combined for 14 receptions, 290 yards, and all three touchdowns. It was Panning's first entrance into the endzone this season.

Head Coach Peter Haugen was impressed with Veldman's distribution and the team's catching abilities.

"The thing that impressed me most today was that we made some really big plays in key moments. We had some big catches on third down with our guys going up for the ball," Haugen said.

Not to be outdone, the Gustavus running game also forged stoutly ahead for 138 yards and five touchdowns.

First-year running back David Peal continued his strong opening campaign, notching 11 carries for 90 yards and three touchdowns.

"He's starting to show more confidence and is getting more acclimated to what we're doing and learning a ton of football this year. I'm just proud of his efforts," Haugen said of the Massachusetts native.

Veldman tacked the other rushing touchdowns on with two short scampers in the first half, giving him five total touchdowns on the day.

His performance was enough to earn him MIAC Football Offensive Player of the Week honors, and probably made you wish you had him on your fantasy team.

On the other side of the ball the Gustie defense also got the job done, limiting the Knights to 14 points in each half. This performance led to the lopsided final score of 62-28.

Senior linebacker Matt Berkner led the defense with eight tackles and a sack, and Carleton was limited to just 48 rushing yards on the day.

Senior Brady Miller and First-year Landon Rauen were both able to infiltrate the passing lanes, landing an interception a piece.

As for the flow of the game, Gustavus actually trailed 6-7 after the first quarter, but rallied back with 28 points in the second half.

Carleton posed one last challenge late in the third quar-

ter by scoring 14 unanswered points to make the score 41-28, but the Knights were thoroughly routed in the fourth by a strong 21-0 finish by the Gusties.

This was a welcome development for Gustavus, as we entered today's matchup without a single point scored in the final frame yet this season.

Momentum is a critical component of any late-season push, and with four wins in a row Gustavus is one of the hottest teams in the MIAC.

After two poor showings earlier in the year against Bethel and Saint John's, the Gustie offense has caught fire, averaging 43 points per game during their winning streak.

Fanning the flames of desire even more is this week's opponent, as perennial MIAC powerhouse St. Thomas looms ahead.

Gustavus currently sits at fourth place in the conference, but a win against the Tommies would push us into playoff contention.

The game takes place Nov. 3 at 1:10 p.m. and is also Senior Day at Hollingsworth Field, which gives the team more motivation for a win with nine senior starters.

Senior Dutch Claybaugh noted the team's goals and expectations leading into this big game on Saturday.

"[Our goal is to] play one speed and hit Saturday full blast, taking the momentum from our last four wins and playing fast, smart, and together," Claybaugh said.



Senior Michael Veldman looks downfield to complete a pass.



Gustavus Sports Information

First-year David Peal carries the ball for the Gusties during a game Oct. 20.

# Cross Country races at MIAC Championships

## Pederson medals and earns MIAC Athlete of the Week



Gustavus Sports Information

Junior Haley Anderson competes in the Gustie Invitational last season. The women's team finished sixth in the conference this past weekend at the MIAC Championships.

**Michael O'Neil**  
Staff Writer

The Gustavus Men's and Women's Cross Country teams competed in the MIAC Championships last weekend in Northfield, MN. Both teams finished in sixth place overall.

The event consists of a 6k race for the women, which translates to roughly 3.7 miles, and an 8k for the men, or just short of five miles.

The women, who finished fourth in the MIAC last year, were led by familiar faces. The consistent leadership and strong running of junior and senior leaders was on full display last weekend.

Seniors Lotus Schifsky and Abbie Schnabel and Juniors Gabriela Passmore and Tierney Winter, as well as Sophomore Kourtney Kulseth and First Year Iliana Ramon have been blazing the trail for the Gusties all season long with strong finishes in each meet.

This weekend it was Tierney Winter leading the way with a strong 21st-place finish in a time of 23:31.9. She was followed closely by Gabriela Passmore, who finished in 31st place with a time of 23:58.7.

Lotus Schifsky and Iliana Ramon were the next Gusties to cross the finish line. After going back and forth throughout the race and always remaining within three seconds

of each other, Schifsky finished in 24:02.9 and Ramon finished in 24:03.7. The two finished in 35th and 36th place overall.

Kourtney Kulseth rounded out the top five Gustavus runners with a time of 24:07.0 and a 38th place finish.

"We ended up being four points out of fourth today, so we were right there. Our girls went out and competed hard and stuck together, and it was a lot of fun to see. We just needed our runners to slide up a few more spots, and we would have been right where we wanted to be in the top five," Head Coach Brendan Huber said of the women's results.

Abbie Schnabel and Junior Haley Anderson also finished in the top 50, with times of 24:21.1 and 24:21.3, respectively.

Junior Sarah Anderson, Sophomore Josie Blake, and First-years Lily Engebretson and Mackinzee Miest also finished in the top 100 in a race that featured 208 competitors.

"We took our shot today, and it didn't pan out our way, but the girls competed really hard and loved it," Huber said.

On the men's side, Sophomore Andrew Stumbo cruised to a 15th-place finish in a time of 26:21.2. Stumbo's performance was good for All-Conference honors for the second straight year.

A trio of First-years in Ben Wicklund, Jack Degonda, and Garet Grant were the next three



Gustavus Sports Information

Senior Tyler Stordahl runs in the Gusties Invitational. The men's team also posted a sixth place finish this past weekend.

finishers for the Gusties. They finished with times of 27:21.6, 27:26.7, and 27:34.2, respectively. All three finished in the top 50.

"Our freshman were flying today so it was fun to see that we've got some good youth coming through our program," Huber said.

Fellow First-year Noah Johnson wasn't far behind, and finished in 52nd place with a time of 27:36.7.

Senior Captain Alex Wis-

chnack, who is consistently one of the Gusties' top three runners, had the 31st fastest time in the first mile of the race, but ended up finishing 70th in a time of 27:59.0.

The Gusties had seven more runners in the top 100, which speaks to the potential of the team moving forward.

"It was really competitive this year. Our guys stuck their nose in it and tried to compete. Today the effort was really awesome, we encouraged

some people to stick their nose where it didn't belong just to see if they could do it and we're just really happy with how hard they competed," Coach Huber said of the Gustie Men.

The men's sixth place finish was an improvement upon their eighth-place finish a year ago.

Both teams will look ahead to the Saint John's Fall Finale meet on November 2nd and the NCAA Central Region Meet on November 10.

# Volleyball goes undefeated in the MIAC

## Gusties earn program's sixth MIAC Championship title



Gustavus Sports Information

Senior Brittany Leuthmers celebrates with her teammates after winning a point. Leuthmers recently earned the honor of MIAC Defensive Player of the Year for the second consecutive year.



Gustavus Sports Information

Sophomore Kate Holtan prepares to spike the ball during a game Oct. 20.



Gustavus Sports Information

Members of the Gustavus volleyball team celebrate after earning a point.

### Skylar Abrego Staff Writer

For the sixth time in its programs history, Gustavus Volleyball holds the Minnesota Intercollegiate Athletic Conference Championship title.

Last Friday, the Gustavus Women's Volleyball team finished out their last match of the season with a perfect conference record by defeating St. Mary's with a four-set win.

The Gusties started off the game strongly, winning the first two sets with scores of 25-15 and 25-19.

After dropping the third set by a score of 17-25, the team thundered back in the fourth closing the game off with a score of 25-18.

The Gusties closed with an overall record of 25-2 and undefeated with an 11-0 record in the MIAC, this included six shutout wins and zero five-set matches. This is a stellar improvement from last season's record with an 8-3 in the MIAC and a 26-7 overall.

The team continued to bring their strong offense with a .374 hitting percentage. Sophomore Kate Holtan continued her offensive hot streak by leading the team with 15 kills and .367 attack rate with 15 digs on the back line for her 14th double-double of the season.

Senior Brittany Leuthmers finished out her last regular

season match with the Gusties by leading the defense with 20 digs.

Senior Nora Holtan, just coming off of being the first Gustie to get AVCA Player of the Week honors, made a notable 47 assists in the match.

The MIAC currently boasts six of the top ten teams in the region, with Gustavus holding the No. 1 spot, so to go undefeated speaks volume to the team's abilities this season.

Holtan and fellow Senior Lauren Hanson spent some time reflecting on this past season, from obstacles, injuries, new faces, and the bittersweet ending of their volleyball careers.

"We're really excited going into playoffs in the first seed, like every team we have overcome obstacles towards the middle of the season while balancing midterms and learning to push through and be in the moment," Hanson said.

Hanson said she was impressed with the chemistry the team had from the beginning of the season and the way they integrated the new players into the team.

"We're also proud of our First-years for adapting to the team and having an amazing season. They came in and learned a lot and became a prime piece of motivation for our upperclassmen to perform even better. All of them play a crucial role," Hanson said.

Nora Holtan also was proud of the team's resiliency to close out the season in such a strong manner and push through the difficulties the season brought.

"So far we've had a really successful season after overcoming some injuries which can bring some pressure, but we've done a great job to not let that pressure of wins or losses get to us which will help us in whatever happens postseason. We're at a good mindset with giving our all, but not getting ahead of ourselves," Holtan added. "I can't believe it's my last season, I'm just trying to enjoy every moment."

Head Coach Rachele Sherden, who recently received the honor of MIAC Volleyball Head Coach of the Year for her efforts in leading the Gusties to an undefeated MIAC record, is taking the approach of focusing on one game at a time as the team heads into postseason.

"I'm proud of the team on their last performance and overall in MIAC play," Sherden said. "This conference is so tough and to go 11-0 is quite special. Now it's time to refocus and plan for next week. The goal is a one-day-at-a-time mentality and making the most of every opportunity at practice and during competition from here on out. The team plans to really enjoy their time together and work hard to continue to get a little better each day."