

Five Fun Fall Festivities

Mikayla Kvittum-Barr
Features Editor

Fall is in full swing and with the sudden abundance of sweaters, pumpkin spice flavored lattes, and crisp leaves, it's the perfect time of year to spend outside.

St. Peter and the surrounding areas offer many fun fall activities, so grab a friend and take a trip to ValleyScare (4) in Shakopee, Minnesota! Or

make the short drive down Highway 169 to Emma Krumbee's Apple Orchard (2) and pick some apples to turn into delicious cider.

Visit the pumpkin patch off of Highway 22 and support locally grown goods. Then try your hand at pumpkin carving for some fall decoration!

If you don't want to leave campus,

take a walk down one of the beautiful trails in the Arboretum (3) or throw on some Gustie gear and cheer on the undefeated football team! (1)



1



2



3

Photo By: Megan Quirk



5



Living in the Gustavus Bubble

Zainab Ferrer
Opinion Columnist

The Gustavus bubble is real. Without buses, subways, or any other way of public transportation, carless Gusties are trapped on campus. Part of this problem is that 83 percent of the student population comes from within the state, and so the Campus Services are designed to cater to the majority of the students, in this case, Minnesotans.

That being said, as campus safety states, 1029 students have purchased parking permits this year, proving that a significant portion of the student body owns a car, allowing them to leave campus and explore if they wish to do so on the weekends.

But what about that 17 percent of out-of-state students? What about the international students who've flown across the globe to attend Gustavus? For some of us, it is our first time in the United States, are we expected to purchase a car in order to see beyond the miniscule town of St. Peter?

Providing transportation would be beneficial not only at a personal and social level, but also career wise, making better-rounded, independent Gusties.

I apologize for the great deal of questions picking at your brain right now, but this transportation thing is becoming an issue that may not have been as



In many of the red parking permit lots students have a hard time finding a spot close to the residential hall they live in.

Dennis Lee

evident in previous years. As Gustavian diversity grows, it is definitely something that the College should take a look at.

This year we've had the largest number of incoming freshmen international students, and after talking to many of them about this issue, they feel the exact same thing: trapped.

A couple of days ago I was hanging out with a senior who, of course, doesn't have a car, and she said she couldn't "wait to get out of this place" because she was lacking freedom to try new things, and get more 'crazy' college experiences, that didn't necessarily occur on-campus.

Students want to go to the

Mall of America to buy their winter clothes, or grab Sushi in Mankato to try something different from the cafeteria. But honestly, not being able to move around, just makes one feel like a little kid, asking mommy to please drive you somewhere, if you have a friend that might do you the favor.

Fortunately, there is the Land to Air express and Taxi service, but those can realistically only be used for emergency situations or to go to the airport on holidays. On a college student budget, we can't afford to pay a \$25 cab fair to Mankato or a \$50+ round trip to the Twin Cities.

Trying to expand our horizons and learn about our surroundings outside of the tiny town of St. Peter isn't too much to ask for. But truth be told, without four wheels, these simple activities, which most locals might do on the weekend, become impossible.

Not only is this an issue which disregards the Gustie minority, but it limits crucial experiences which are educational, and should be part of the college experience and independence.

Yes, the events on campus are great, and the feeling of a small community comforts us all. Nevertheless, in an 11,000 population town, with only a couple of coffee shops, a bar, a few little restaurants, and no entertainment, what can we do for a change, to try new things?

What about the international students who've flown across the globe to attend Gustavus? For some of us, it is our first time in the United States, are we expected to purchase a car in order to see beyond the miniscule town of St. Peter?

After months of school, everything becomes repetitive; the dive, Saturday night at Lund, the movies. Let me point out that I'm not bashing the school nor these events, because they are good events, but after doing something a few times, anything becomes monotonous and uninteresting.

That being said, Gustavus does offer transportation to big events such as "The Little Mermaid" but it does not do it enough. These events occur every few weeks, and take students to an event and right back to campus. Most times, students stay together, and don't get that sense of freedom I was talking

about earlier. It's like they take "The Bubble" with them.

This year we've had the largest number of incoming freshmen international students...they feel the exact same thing: trapped.

This is why, if the school would be able to implement a bus system, similar to the Gus Bus, which only students could use to be taken to the cities, even if it's twice a week, then this would open a lot of doors to travel outside of "The Bubble". Having a chance to explore, and get an insight of what great opportunities and diversity the metropolis has to offer.

Now, when I use the words "explore" I don't necessarily mean hiking around, going to the movies and visiting the aquarium, although that would also be fun, but rather something as important as networking, getting internships, and perhaps even working, allowing us to get a sense of "the real world".

Whether it's making a deal with Land To Air or even Grayhound, providing support for students to get more life experience and knowledge of the Minnesota landmarks should be affordable for this private college.

Providing transportation would be beneficial not only at a personal and social level, but also career wise, making better-rounded, independent Gusties. So what are we waiting for, let's get out there and get ourselves some Gustavian wheels!

The Good, the Bad, and the Meh



All the leaves are changing color, the weather is cool, and campus is beautiful.

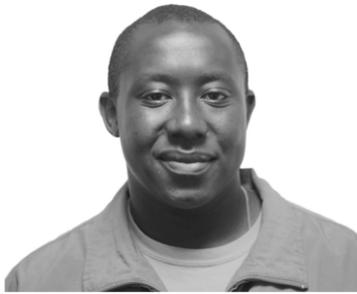


Semester is halfway over...



Midterms have begun, and Fall Break seems so close yet so far.

Got Grace?



Logan Boese
Opinion Columnist

As I read through my social media feeds I tend to see very happy individuals out doing things they love. Activities such as apple picking, hanging out with friends, eating lots of Domino's, and for some reason even more apple picking dominate my news feeds.

However, when I pick up Yik Yak and scroll through I tend to read a lot of sadness, confusion, frustration, and anger towards the author and each other.

At the beginning of October, I was able to give a homily in Chapel on the topic of grace. What follows is a summation of that homily, but it is mostly a reflection on how hard we can be on ourselves. When it comes down to it, grace is something that we Gusties need more of, for others and especially ourselves.

Until this year what it had meant to be a Christian had seemed pretty straightforward. I have the theological education, have taught confirmation, pre-



Images of a dove are often associated with Grace in many Christian denominations.

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sented on my faith story more times than I can count, and have the pedigree of being a pastor's son. Moreover, I have been in a very comfortable place where I know people, have support, can expand, and feel safe. Now, my world is changing around me faster than I know and it is hitting me very hard. As the pressures to do more, be more, and represent more have increased I have struggled to make sense of what is happening. How does one handle being a full time student, employee, job hunter, grad school searcher, and friend at once?

What I have discovered is that in our pursuits to be something other than who we are we must come across the sense of "despair" that Kierkegaard refers to. Now wait a minute. How

can a Christian despair, and especially someone who has so much going for them? More so, what does this despair even look like?

Now, looking back I recognize that I have created those molds for myself through my attitudes and perceptions of what it means to be all of those things that I used to define myself earlier. I created a frame and called it goals. Slowly throughout the past three years I have placed myself comfortably where I want to be, and now I feel myself pushed out of that space and as I am sure many of you can attest to, it is both scary and exciting at the same time.

This is where the Apostle Paul's words of grace and faith in the books of Romans and Galatians come in so clearly.

I was meeting with Chaplain Brian earlier this year and he asked me why it was that I attend Chapel.

Without hesitating I answered that it was for the message of grace that is missing from other parts in my life. Paul states that we are justified by faith and no longer by the law. This sounds simple enough, but everyone struggles with it. Luther himself was tormented and this led him to some of his most brilliant writings and reflections on the importance of grace. Kierkegaard, Bonhoeffer, and just about every individual who has turned to grace has done so due to the torment that has haunted them.

When I reflect upon the message of grace I cannot help but to think about how difficult

of a thing it is for someone to both give and even more so to receive. How often do we hold something against someone, simply because we felt insulted or even just uncomfortable? Or why is it that when we cannot take the pressures of our life that we choose to pile on more and in essence not allow ourselves the opportunity to reflect inwardly? I know I certainly am guilty of this.

The reason that I appreciate the books of Romans and Galatians so much is that Paul truly lays out the framework for justification by grace that later reformers would pick up on. The power of the law to inhibit and constrain is no longer an issue. Instead, we must move towards faith, and let me tell you, this may be the most difficult of them all.

Grace is something that weaves into the wellbeing of our campus community. When I read about my peers crying multiple times each day, feeling as though their life has no direction, or they do not belong here it hurts me as a member of this community.

Our culture has taught us to be harder on ourselves, to blink back the tears, and to not let anyone know what is going on. In doing this we also deny ourselves the opportunity to open up for healing and instead bury our problems. Once one can recognize that they cannot always make themselves or others happy then they can move towards a healthier and more peaceful state of mind.

Columbus Day Shouldn't Be a Holiday



Hannah Silva-Breen
Opinion Columnist

Columbus Day: no parades, no parties, and depending on where you live, you may or may not get a day off of school. It doesn't really seem like a big deal, just another event reminder on your Google Calendar.

So who was Christopher Columbus? Children in the public school system all learn, "in fourteen hundred ninety-two, Columbus sailed the ocean blue," and that he is some sort of national hero.

If you're of European descent, you may still believe this to be true. However, to the descendants of the native people that were already living here, in the land Columbus believed to be India, he is quite the opposite. In fact, Christopher Columbus was a racist who instigated genocide



Columbus Day is heavily celebrated in some communities and cities.

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of the Native American people. In 1492, Columbus landed in what is now Cuba, and met the people living there who were friendly and willing to trade with him. Unfortunately for them, Columbus had some different ideas. If you were to do some quick research, you would find that in his own personal diary he wrote, "they do not carry arms or know them....They should be good servants." Columbus kept with

that promise, enslaving the island's population and cutting off their limbs for punishment if they didn't meet expectations. That was just the beginning of his first voyage.

But if he was so terrible, why did America celebrate this man in the first place? Well the basic answer is that history is written by the winners - in this case the Europeans. When listing their accomplishments, they probably didn't want genocide

and slavery on that list. So for a long time Christopher Columbus was an American hero for "discovering" America and that's it. For example, if Adolf Hitler had never been stopped during WWII, Germany would probably have a "Hitler Day".

But this isn't breaking news. It's common knowledge that Columbus isn't the hero people once thought him to be. So why is Columbus Day still observed? In general, it can be hard for someone to own up to their mistakes. In this instance, white people don't like owning up to the mistakes of past white people. To change Columbus Day, many still need to affirm the fact that there was genocide and that Columbus was the beginning of it all.

Not that long ago, U.S. History textbooks brushed over, or completely ignored the fact that Americans shipped over and sold Africans as slaves. Now, it's a slightly more expansive part of the curriculum, but Columbus' genocide of the Native American people is still being brushed over. It may be mentioned, but it's not a prominent part of U.S. History, which is odd because Columbus is literally the start of U.S. History.

As much as it's a step in the

right direction, making Columbus Day simply go away would not solve everything. In fact, letting Christopher Columbus just disappear from everyone's radar would be a bad thing, allowing people to simply forget about this point in history. Without Columbus Day, we never would have had Indigenous Peoples' Day.

Indigenous Peoples' Day is a fairly new unofficial holiday, observed on the same day as Columbus Day in various locations around the United States, including St. Paul. This holiday commemorates Native American history and promotes Native American culture.

What will taking one holiday away, then adding another even solve? If Indigenous Peoples' Day were to become a federally recognized holiday, it would have to be talked about in schools. Conversations in communities would include the real story behind Columbus, and Native American history would become a more prominent subject. Education is always the first step in change. Change in this case is ending the racial and cultural inequalities that are still prevalent in our country today.

Mental Illness Doesn't Carry a Gun



Emma Schmidtke
Opinion Columnist

World Mental Health Awareness Day was held last Saturday and I celebrated by being mentally ill. That's a bad joke, sorry. I'm mentally ill every day of the year, but I felt just a little bit more bitter about it on that day because simple "awareness" of mental illness isn't a problem in our country.

Our major news outlets and our politicians have no problem discussing individuals with mental illness whenever there's a mass shooting (which is often). Mental illness is very much alive in the general public's perception as the rabid beast that can't be stopped from its violent tendencies.

Despite this overwhelming awareness, being mentally ill in this society creates isolation. The majority of us, those with a variety of psychological disorders who are just trying to lead functional lives, have no space within the discussion.

The media constructs an us versus them mentality, the crazies versus the normals. We must hide our panic attacks and depressive episodes lest we become part of the crazies. For people to ever be able to speak openly about their mental health needs, we as a society have to shift the conversation from mental illness as cause of violence towards the treatment of and those living with psychological disorders.



Gustavus's Counseling Center provides services to many gusties, and even offers 12 free sessions to Gusties who want help with anything from mental illness issues to the general stress of being a college student.

Megan Quirk

In reality, there is no us versus them. The mentally ill do not live apart from "normal" life. According to the National Institute of Mental Health, 1 in 5 adults in the U.S., about 43.7 million, experience mental illness within any given year. 1 in 25, about 13.6 million, experience severe mental illness (bipolar disorder, schizophrenia, major depression and anxiety etc.).

People who struggle with mental illness go to school with us, work with us, are part of our social circles, families, and relationships. Mentally ill people are more likely to be victims of violence than to be perpetrators of it. Yet we continue to magnify the extreme cases, reporting on mental illness only if it comes

with a body count.

Our society doesn't talk about the survivors. We don't talk about the girl who wanted to kill herself but managed to call her best friend instead. We don't talk about the boy who hated how numb his bipolar medication made him feel but he took it anyway. We don't talk about the girl who hasn't cut herself in two weeks and is so scared she's going to relapse but she makes it another day.

These stories just aren't sexy. There's no blood or guts, no screaming at the sky in anguish. Recovery and coping is a series of small victories mixed with many relapses. The general public doesn't have the attention span. The consequence is that both those with and without

psychological disorders begin to believe that the only way to exist with mental illness is to exist at the extreme, to do harm onto oneself or others. I've been of the mindset that the only way to get people to pay attention to my mental illness was to seriously hurt myself. It's a scary place to be.

Yet we continue to magnify the extreme cases, reporting on mental illness only if it comes with a body count.

This way of thinking is emphatically not true. Once I started treating my anxiety disorder, I began to gain perspective on just how much support was

around me. People I would have never expected, friends, family, classmates, had first hand knowledge about what I was going through. There are people who had dedicated their whole lives to helping people like me. I'm lucky. Not everyone knows about or has the same access to these resources, which is precisely why our conversation needs an update.

So this is my contribution to the humanization of mental illness, my "success" story (let's refer to it as "in progress"). I've suffered from Generalized Anxiety Disorder all my life. At its worst, I hurt myself and everyone close to me. I lashed out, screamed at and blamed those who tried to help me.

I'm still making amends for that time. I went to therapy. I take medication. I have a job. I have a major. I love my family. I miss my dog. I have two amazing roommates who put up with both my panic attacks AND my bad puns. I talk to my best friends from back home every single day. My mental illness does not define me, but my ability to recognize and treat it is what helps me be the happiest, healthiest version of me.

If you or a friend is in need of help, the counseling center here on campus is available for confidential, one-on-one appointments. If you are having thoughts of suicide, please call the National Suicide Prevention Lifeline at 1-800-273-TALK. There is help available for you. You are not being over-dramatic or attention seeking. You are worthy of treatment and support.

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**We're hiring new writers to write their
opinions and put them out there for
others to see!**

**Send us an email at weekly@gustavus.edu
if this is right up your alley!**



BENEATH THE CROWN



What makes you happy?

"Dance! The way I move my body to music, and stuff like that. When I dance, I feel happy and...like I could do anything."

How would you describe happiness?

"You feel light on the inside, and energetic. At least that's how I feel when I dance."

How did you get into dance?

"I started when I was 3. My parents signed me up. I never had a problem liking it. I always loved it, since the beginning. I started competition in second grade, and before that I would just dance in the studio. So after that I went into competition and then competing in three dances turned into competing in eight dances over the years, so I was doing eight dances a year before I left to join a dance team when I was a sophomore. I was on varsity all three



AnnMarie Engebretson

CameronMacDonald

years that I was on the team, and I grew to like it even more as I did it with my team."

Were there any challenges or struggles that you had to deal with while you were competing and learning to dance?

"Ballet, definitely. In seventh grade, I was awful at it. My instructor actually

approached me and said that I wasn't doing very well, and they pulled me back for ballet because I wasn't doing well enough. It made me think and realize "Oh wow, maybe I'm not as good as I thought I was." But I pulled through and in eighth grade I got bumped up to the top and you know how the rest went!"

- AnnMarie Engebretson

Beneath The Crown is a project created by Nick Theisen ('15). It is inspired by Humans of New York (HONY) and aims to bring the community of Gustavus Adolphus College closer together by providing the perspectives of the many different people who live and work at the school.

Sudoku

1.

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|---|---|---|---|---|---|---|---|---|
| | 1 | | 8 | 3 | 9 | | | |
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| 1 | 2 | | | 5 | | | | 9 |
| | 7 | | | | | | 5 | |
| 9 | | | 6 | | | 1 | | 7 |
| | 5 | 7 | 1 | 3 | | | | |
| | | | | 5 | | | | 8 |
| | | 1 | 8 | 9 | | | | 3 |

3.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | | | | | 3 | | 1 | |
| | 8 | | 9 | 1 | | | | |
| 3 | 1 | 5 | | 4 | 7 | | | |
| | 2 | 5 | | | | | | |
| | | 7 | 1 | | 5 | 8 | | |
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2.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | 1 | | | | | |
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| | | 6 | | 9 | | | | 7 |
| | 3 | | 8 | | 2 | | 6 | |
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| | | | | | 7 | | | |

4.

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| | 8 | | 1 | | 6 | | 5 | |
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| 1 | | 4 | | | | | | |
| | 1 | 7 | 9 | | 8 | | | |
| | 5 | | | | | | 8 | |
| | | | 4 | | 1 | 7 | 9 | |
| | | | | | | 8 | | 2 |
| | | 8 | | 2 | 9 | | | 1 |
| 7 | 1 | | | 3 | | | 4 | |

Puzzle 1 (Medium, difficulty rating 0.5)

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 4 | 5 | 2 | 8 | 9 | 1 | 7 | 3 |
| 1 | 7 | 3 | 6 | 7 | 5 | 8 | 9 | 2 |
| 2 | 9 | 8 | 1 | 4 | 3 | 6 | 5 | 7 |
| 9 | 6 | 7 | 1 | 5 | 2 | 3 | 8 | 4 |
| 8 | 1 | 2 | 7 | 3 | 9 | 5 | 6 | 4 |
| 3 | 5 | 2 | 8 | 9 | 6 | 7 | 4 | 1 |
| 7 | 2 | 6 | 5 | 3 | 4 | 1 | 9 | 8 |
| 4 | 8 | 9 | 1 | 4 | 7 | 2 | 3 | 6 |
| 5 | 3 | 4 | 8 | 9 | 1 | 2 | 6 | 7 |

Puzzle 3 (Medium, difficulty rating 0.5)

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| 8 | 6 | 5 | 9 | 7 | 2 | 7 | 1 | 3 |
| 2 | 1 | 6 | 8 | 7 | 5 | 9 | 4 | 3 |
| 3 | 9 | 1 | 5 | 2 | 4 | 6 | 7 | 8 |
| 5 | 7 | 6 | 8 | 2 | 9 | 1 | 3 | 4 |
| 9 | 1 | 7 | 4 | 9 | 5 | 6 | 8 | 2 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 1 |
| 7 | 8 | 6 | 1 | 3 | 2 | 5 | 4 | 9 |
| 4 | 9 | 8 | 7 | 2 | 3 | 6 | 1 | 5 |
| 6 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |

Puzzle 2 (Medium, difficulty rating 0.5)

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| 9 | 4 | 6 | 7 | 2 | 3 | 8 | 5 | 1 |
| 1 | 5 | 8 | 9 | 6 | 3 | 7 | 2 | 4 |
| 3 | 2 | 7 | 1 | 8 | 5 | 6 | 9 | 4 |
| 8 | 3 | 5 | 1 | 4 | 7 | 2 | 6 | 9 |
| 6 | 9 | 2 | 2 | 7 | 8 | 1 | 3 | 5 |
| 7 | 1 | 2 | 3 | 6 | 9 | 8 | 5 | 4 |
| 4 | 8 | 1 | 5 | 6 | 9 | 7 | 3 | 2 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 1 |
| 5 | 4 | 1 | 5 | 9 | 6 | 8 | 2 | 7 |

Puzzle 4 (Medium, difficulty rating 0.5)

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| 8 | 1 | 7 | 9 | 6 | 8 | 5 | 2 | 3 |
| 5 | 2 | 9 | 4 | 7 | 3 | 1 | 6 | 8 |
| 1 | 4 | 3 | 8 | 6 | 1 | 5 | 2 | 7 |
| 3 | 7 | 9 | 8 | 2 | 4 | 6 | 5 | 1 |
| 6 | 5 | 8 | 1 | 3 | 7 | 9 | 4 | 2 |
| 2 | 4 | 1 | 7 | 9 | 8 | 3 | 6 | 5 |
| 7 | 8 | 2 | 9 | 5 | 1 | 6 | 3 | 4 |
| 9 | 6 | 3 | 5 | 4 | 1 | 2 | 7 | 8 |
| 4 | 3 | 7 | 2 | 8 | 6 | 9 | 5 | 1 |

Comic



Created by Carly Maslowski

Women's Cross Country eyes MIAC meet



Gustavus Sports Information

Excluding the Alumni Meet at the beginning of the year, the Women's Cross Country team has finished in the top third of the table two out of three races this year. The team hopes to continue their positive form as conference, regional and national meets lurks the corner.

Emily Knutson Copy Editor

The Gustavus Women's Cross Country team's season is quickly wrapping up with only one invite, conference, and nationals left. Head Coach Dale Bahr briefly recapped the season.

"We were second at the River Falls meet behind Carleton who is ranked in the nation. We ran very well there and put together a good race as a team. We went to Saint Olaf and didn't have the best of races but we still ran okay. We just had a meet at Carleton last weekend where the ladies came back and ran well," Bahr said.

Senior Marit Sonnesyn is optimistic about the rest of the season.

"We've had some ups and downs in our race performances as a team, but we're hoping to put all the pieces together when it counts - at MIAC," Sonnesyn said.



Gustavus Sports Information

Marit Sonnesyn continues to be one of the strongest runners on the team. At the Carleton Invite, she led the Gusties with a second place finish after beating her season best, crossing the finish line in 22:31.8.

In order to win as a team you want the lowest score possible. The first five finishers from each team count for the team's score. All five scores are added up and that is the team's score. The sixth and seventh place

finishers can push other teams back a few places. Any runner finishing eighth or beyond does not count for the scoring.

The top seven runners will compete at regions. All of the women on the team run the 6k at the same time. With only nineteen women on the team it is a smaller team than last year.

"Even though we are a little bit smaller than we have been in previous years, I think it worked out well because everyone who is here is very dedicated and focused on what we want to do and what we want to achieve," Senior Lauren Shurson said.

The team is committed to their goal of finishing in the top three of the conference. There is a positive environment generated by the team.

"The fun thing is on runs we always talk to each other. We get to know each other and we are a tight knit group," Shurson said. "Whenever I go to practice I let go of whatever I'm thinking about for homework later."

The team has fun during practice but they put in a lot of work to be successful during their competitions.

"We were second at the River Falls meet behind Carleton who is ranked in the nation. We ran very well there and put together a good race as a team. We went to St. Olaf and didn't have the best of races but we still ran okay."

—Coach Dale Bahr

"I truly believe all the ladies are on board with what the captains and the team wants to do. It makes coaching a lot of fun and it makes coaching very easy when everyone understands and everybody buys into what

we are doing," Bahr said. "I'm very proud of what the team is doing so far. Now it's just exciting to see how it all plays out and how all the hard work comes together and how we finish at the conference meet."

Staying healthy is key to have a great season. So far the Gusties have managed to stay on top of injuries and illness. Along with being physically ready for the races the team has to be mentally prepared.

"One of the things we talked about is believing in each other and focusing on running as a team not as individuals. That's going to make us stronger. We've got a good team we just haven't put all of it together at the same time," Bahr said.

If any students are interested in joining the Cross Country team they should contact Dale Bahr to learn about expectations and get more information for next season. Good luck to the Women's Cross Country team in their upcoming competitions.

GUSTAVUS VOLLEYBALL WINNING STREAK

1. 3-1 vs. Ripon College
2. 3-0 vs. Westminster College
3. 3-0 vs. Western Connecticut State
4. 3-0 vs. Salve Regina University
5. 3-1 vs. Connecticut College
6. 3-2 vs. Roger Williams University
7. 3-1 @ Bethel University

8. 3-2 vs. UW-Stout
9. 3-0 vs. Luther College
10. 3-0 vs. St. Olaf College
11. 3-0 vs. Bethany Lutheran College
12. 3-0 @ St. Catherine University
13. 3-1 vs. Augsburg College
14. 3-0 vs. University of St. Thomas

15. 3-1 @ Martin Luther College
16. 3-1 @ Waldorf College
17. 3-0 vs. Carleton College
18. 3-0 vs. UW-Superior
19. 3-1 vs. Macalester College
20. (current record, set by 1984 team)

19
GAMES



Men's Hockey begins tryouts



Gustavus Sports Information

The Men's Hockey team will hit the ice in the Don Roberts Ice Rink on Monday, Oct. 19. The team hopes to come back from a rough season, in which they missed the playoffs.

Jessica Yang
Staff Writer

Last season, the Men's Hockey team did not make it to playoffs after they fell to Bethel. Their record did not meet their standards, tying in 7 of their 25 games. Many of their star players suffered injuries that took them out for the majority of the season.

This season there are only two seniors leading the young squad. It leaves the returners and coaches nervous, but they are up to the challenge. The team is getting more excited as the season begins in two weeks.

"I learned alot from the seniors last year, so I'm bringing that into this season. We have a large core group coming back this year despite only having two seniors."

—Jake Bushey

Sophomore Jake Bushey, a Financial Economics major, made a name for himself last season as a first-year defender. He starred in 23 of the 25 games, scoring a total of 14 points. In the Men's MIAC post seasons award, he made the All-Rookie team.

"I learned alot from the seniors last year, so I'm bringing that into this season. We have a

large core group coming back this year despite only having two seniors. I think we will surprise a lot of people, but we'll do well—not only this year, but the in coming years ahead of us," Bushey said.

The hockey team started captain's practice two weeks coming into the school year, and they take advantage of open hockey in Mankato. Their first official practice date starts on October 19th, just 11 days before their first game.

"I'm getting really anxious—nervous and excited. I know talking to the other guys and captains, they all feel the same way. We have a really close group this year," Bushey said.

Since the Men's Hockey team graduated 8 seniors last year, it has undoubtedly left the team to be unsure in their standings.

"We're moving forward. We will be very young. I always get nervous around this time of year whether I'm confident about the team or not. It's exciting when you have as many new faces as we do; there's certainly a level of concern because we will lack experience, but that's normal when you go through as many changes as we did," Coach Peterson said.

Although the start seems to be shaky, the team is much more serious this season. There are shoes to be filled, and a lot to accomplish.

"I'm excited to work with our new young guys who haven't been in our program before. The fall for us brings hope. We're

excited to get going to see what we have, we know we'll go through some growing pains, but that's alright, we've done it before and we'll go through it again," Coach Peterson said.

"I'm excited to work with our new yong guys who haven't been in our program before. The fall for us brings hope. We're excited to get going to see what we have."

—Coach Brett Peterson

One of the dozen goals Coach Peterson focuses on is helping the seniors graduate, he finds it important to be a student before an athlete. That is one of the many reasons why Division III athletes do well. Another goal is for the team to stay healthy, but it's almost impossible with hockey being a full contact sport.

Although last season did not prove statistically that they were the best team, they had a few games that gave them potential. The team is hoping to go all the way in, winning the MIAC championships.

Sophomore Tim Donohue from Bloomington is just as excited for the season to start as the rest of his teammates. He will be one of the players to look

out for on the ice this season, as he returns much more fierce and hungry for the win.

"I think we are ready for the season. It's hard to tell when you don't play games, but our freshman can definitely contribute to winning games. Even if we don't win games—that doesn't matter all the time. As long as we can work as a team and be on the same page, we will be successful," Donohue said.

Their first game is against Saint Mary's on October 30th, at 6:30pm held in Blaine. They will also spend their Halloween going against Hamline University at 7:30pm also in Blaine. Both of these are apart of the MIAC showcase, kicking off a fast-paced season. Their first home game will be against the Tommies on November 14th.

SPORTS SCHEDULE

Saturday, Oct. 17

Cross Country at UW-La Crosse Invite
10:30 a.m.

Volleyball hosts Simpson College
noon

Football at Saint John's University
1 p.m.

Men's Soccer hosts Bethel University
1 p.m.

Volleyball hosts Loras College
3 p.m.

Women's Soccer hosts Bethel University
3:30 p.m.

Monday, Oct. 19

Men's Soccer hosts Bethany Lutheran College
4 p.m.

Wednesday, Oct. 21

Women's Soccer hosts UW-Stout
4 p.m.

Friday, Oct. 23

Volleyball at Concordia College
7 p.m.



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Women's Tennis wraps up fall season



Gustavus Sports Information

Katey Aney competed in both singles and doubles during the 2015 ITA Regional tournament. Together with her partner Sidney Dirks, she reached the quarterfinals of the doubles tournament.

Jacob Woodrich
Staff Writer

The Gustavus Women's Tennis team has enjoyed their rather short fall season. The fall season consisted of

some practices, a few weekend trips, and a Midwest Regional Championship meet which was hosted here at Gustavus. There have been multiple highlights throughout the short season.

The team has only participated in a handful of competi-

tions this fall, including matches against Division I and Division II teams. Competitions this fall included the University of Northern Iowa Invite, as well as the Augustana College Invite, among a few others. The team will have a fuller season this

upcoming spring. The team also had some beneficial practices this fall, as well.

The fall season has been backed by strong performances from many members of the team. Junior Michaela Schultz and Sophomore Ally Baker made it to the quarterfinals in the USTA/ITA Midwest Regional Championships doubles tournament.

"Ally Baker and I fell short by only a few points to a team that eventually won the draw unseeded. We made them earn the match they played against us and really played some impressive GAC doubles," Schultz said.

Schultz also had an extremely strong day in the singles portion of the tournament, making it all the way to the semi-finals.

"Even though I fell short to the eventual champion, I gained a lot that day. It was an amazing day to have the support and love of family, friends, teammates and coaches. That day is a day I will never forget and will hold near and dear to me for a long time," Schultz said.

The members of the team are all looking forward to the spring season. Graduating only one senior last spring, and adding some first-years to the team this year, there are some high expectations for the spring.

The general goal of the team is to win the MIAC conference, as well as make it to nationals.

"We had a great group of freshman last year and a great group of freshman again this

year. Our team is going to be very strong. We took the MIAC title last spring, but I really do believe we can make it to nationals this year," Sophomore Taylor Shortly said.

There is a lot of chemistry on the team, as well.

"We have such a wide variety of personalities yet we all get along so well. I don't think I have ever been on a team that cares for one another like the team we have now. It is definitely a blessing and I couldn't pick a better group of girls to spend my senior season with," Senior Sidney Dirks said.

Dirks is one of three seniors on the team, so she has a bit of a different outlook on this season.

"Before every match I just tell myself that I don't get to compete at this high of a level for much longer. I just want to have as much fun playing the sport I love while I can still do it at a competitive level. I know I will miss it so much," Dirks said.

As the snow will start to fall, the Gustavus Women's Tennis team will be hard at work preparing for the spring.

"I expect us to be ready to go this spring, I know the girls will be working hard in the off season and be ready to go," Schultz said.

The team looks forward to spring and the preparation that it will take to fulfill the goals that have been set.

Senior Spotlight

Lindsey Hibbard
HOCKEY

Besides hockey, Hibbard is part of the Army ROTC program. Upon graduation, the 5'6" goalie from Princeton, Minn. will be able to service as an officer of the US Army.

Q: What are your expectations for the season?

A: To win the MIAC and to play our best hockey by the end of the season. The biggest thing we need to work on is consistency when it comes to playing easier teams. We have a tendency to play down to their level instead of playing our game. We are able to compete with some of the best team's in the nation, but then struggle with some of the teams that don't do quite as well in the MIAC. In addition, we need to



focus on scoring more goals so we have less pressure on us at the end of the game. In order to peak at the end, we need to maximize our time on and off the ice and reward any type of improvement.

Q: What is your best athletic memory?

A: Being able to play at nationals as a freshman. It was

special to me because it was something we worked so hard for. The atmosphere was unlike anything I had previously been a part of. It was really cool to see all of the teams competing for the same reason. Although the end result wasn't what we were hoping for, it was an experience that I will forever remember.

Q: Why would you recommend Gustavus?

A: I would recommend Gustavus because it's an excellent school and an even better place to compete in athletics and all of the opportunities to be a part of something bigger than yourself. From clubs, to intramural sports, to sororities and fraternities, we seem to have it all. I am personally involved in the Army ROTC program in Mankato that partners with Gustavus. It's a program that allows students to get school paid for, learn leadership skills for future careers, and commission as an officer in the United States Army upon graduation.