

# THE GUSTAVIAN WEEKLY

Established 1891

March 18th, 2016

Issue 17

## Gustavus welcomes new student organization Connecting Clouds on campus



The idea for starting Connecting Clouds was inspired while the founders were abroad in Ireland.

Submitted

**Deven Kelley**  
News Editor

From Communications Club to Greek Life to all the clubs and organizations in between, how many of them really gear directly towards achieving happiness in life? Connecting Clouds is a brand new student organization founded by Junior Psychological Science major, Allison Birnschein, Senior Psychological Science major, Jordan Gette and Senior Communications major, McKayla Murphy, that hosts and sponsors events that are entirely for fun and enjoyment.

*"It's about spreading joy and finding the happiness in the little moments"*

—McKayla Murphy

"I was definitely on board with helping the Gustavus campus de-stress a little bit, remember what's really important, being engaged with each other instead

of being engaged with their to-do list," Treasurer of Connecting Clouds, McKayla Murphy said.

The mission of Connecting Clouds is to inspire the Gustavus community to appreciate and enjoy life. The founders of Connecting Clouds were originally inspired to form the organization when they were abroad. While studying abroad, they quickly realized how much more leisurely time they had and were then able to enjoy the simple things in life without all the stress and expectations their lives at Gustavus elicited.

They were able to enjoy life a little bit more, which prompted their efforts to bring the fun and joy they experienced abroad back to the Gustavus campus. In order to create Connecting Clouds from an idea to a student organization they needed to find advisors, apply to get organizational status, go through the training, funding, recruiting members and the rest of the steps in the process to getting established as an organization. Once recognized as an official student organization, they began to create events.

"We're hosting a Gusties After Dark event on April 8, where there will be

body painting, pictures and a bunch of fun things to remind me people of the joy with making friends and being silly," Secretary of Connecting Clouds, Jordan Gette said.

*"We're not a traditional organization where we'll have regular meetings or expect people to contribute money or plan on these big events, we just want people to participate more than anything and have fun"*

—Jordan Gette

Connecting Clouds has already recruited some members, but are always looking for more people to help out with events and participate. However, they don't take after other organizations that require a lot of members' free time.

"We're not a traditional organization where we'll have regular meetings or expect people to contribute money or plan on these big events, we just want people to participate more than anything and have fun, so there's no target interest group," Gette said.

The organization is there strictly to remind people of the happiness and joy in life and all there is to enjoy. They'll continuously be putting on events and fun activities for people in order to relieve students of stress and inspire more fun all while distressing from their academics.

"I think the main purpose of Connecting Clouds is to remind people what's really important and how joy and happiness sometimes take the backseat in our really busy student lives, it's about spreading joy and finding the happiness in the little moments," Murphy said.

Connecting Clouds will be hosting various events throughout the spring semester for students to partake in. Also, more information can be found on the Gustavus webpage for those who are interested in getting involved in the organization and helping set up events.

## The Gustavian Weekly Staff

Caroline Probst Editor-in-Chief  
 Matt Glaser Managing Editor  
 Deven Kelley News Editor  
 Rachael Manser Variety Editor  
 Mikayla Kvittrem-Barr Features Editor  
 Amy Leininger Opinion Editor  
 Tanner Sparrow Sports & Fitness Editor  
 Cameron MacDonald Entertainment Editor  
 Jeremy Pastir Photography Editor

Brady Lass Copy Editor  
 Miki Mir Copy Editor  
 Emily Knutson Copy Editor  
 Konnor Tranoris Business Manager  
 Konnor Tranoris Advertising Manager  
 Cameron MacDonald Graphic Designer  
 Cameron MacDonald Web Editor  
 Glenn Kranking Adviser

Published weekly on Fridays, except during academic breaks, by the students of Gustavus Adolphus College. Subscriptions are available from THE GUSTAVIAN WEEKLY for \$40 per year.

Opinions expressed here in are not necessarily those of the institution or of its student body. The editors assume full responsibility for editorial and unsigned material.

Letters to the Editor can be sent to [lettertotheeditor@gustavus.edu](mailto:lettertotheeditor@gustavus.edu).

If interested in publishing an ad, please contact our ad manager, Konnor Tranoris, at [admanager@gustavus.edu](mailto:admanager@gustavus.edu)

50¢ First copy free

Email: [weekly@gustavus.edu](mailto:weekly@gustavus.edu)

Web site: [weekly.gustavus.edu](http://weekly.gustavus.edu)



# Campus Safety Report

Monday, March 07

- Campus Safety responded to a medical assist call in the International Center.
- Campus Safety received a report of a sexual assault that occurred in February 2015 in a campus Residential Hall.
- A student reported the theft of personal property from an unlocked locker in the Lund Center.
- Campus Safety responded to a call for a medical assist in Norelius Hall.

Tuesday, March 08

- Campus Safety responded to a medical assist in Norelius Hall for an injury that occurred earlier in the Jackson Campus Center.
- Campus Safety responded an alcohol violation in Uhler Hall. One student was transported to the hospital by ambulance.

Wednesday, March 09

- Campus Safety responded an alcohol violation in Uhler Hall. One student was transported to the hospital by ambulance.

Thursday, March 10

- Campus Safety responded to Pittman Hall for a welfare check.

Saturday, March 12

- Campus Safety responded to an of-age alcohol violation on College grounds involving three students.
- Campus Safety responded to a report of graffiti on a bathroom wall in the Jackson Campus Center.

Sunday, March 13

- Campus Safety responded to a noise complaint in Sohre Hall involving five students. Campus Safety referred three students to the campus conduct system for underage consumption of alcohol. Four students were referred for underage possession of alcohol. One student was referred for a 21 and over alcohol violation. Five students were referred to the campus conduct system for possession of marijuana and paraphernalia. Two students were referred to the campus conduct system for failure to comply with a campus official.
- Campus Safety responded to an alcohol violation on College grounds. Two students were referred to the campus conduct system for underage consumption and possession of alcohol.
- Collegiate Fellows responded to a noise violation in Sohre Hall involving three students and two non-students, and also discovered a College policy violation of a lit candle.
- Campus Safety responded to a student of concern in North Hall.

Note: Case dispositions are available online by viewing the daily crime log on the Campus Safety web page: <https://gustavus.edu/safety/incidents/index.php>

Tip of the Week:

Statewide tornado drills are scheduled for Thursday, April 14, 2016 at 1:45 P.M. and 6:55 P.M.

Minnesota Severe Weather Awareness Week is April 11 - 15, 2016

According to the National Weather Service, Minnesota experiences an average of 40 tornadoes per year. In 2012, 37 twisters touched down. A record was set in 2010 with 104 tornadoes across the state.

Understanding this threat and knowing what to do when a tornado is approaching can save lives.

Take advantage of Severe Weather Awareness Week to review your own and your family's emergency procedures and prepare for weather-related hazards.

Each day of the week will focus on a different topic:

- Monday — Alerts and Warnings
- Tuesday — Severe Weather, Lightning and Hail
- Wednesday — Floods
- Thursday — Tornadoes (with statewide tornado drills)
- Friday — Extreme Heat

Two of the most important events during Severe Weather Awareness Week are the annual statewide tornado drills when sirens across the state will sound off. These drills are scheduled for Thursday, April 14, 2016 at 1:45 p.m. and 6:55 p.m. Outdoor warning sirens and NOAA Weather Radios will sound in a simulated tornado warning.

Check the Campus Safety web page for severe weather information (<https://gustavus.edu/safety/tips/weather.php>) and for a post each day of Severe Weather Awareness Week (<https://campussafety.blog.gustavus.edu/>).

\*The report contained within the Gustavian Weekly is not a full report. The full Daily Crime Log can be found online at <https://gustavus.edu/safety/incidents/index.php>

**Godfather's Pizza**  
 PHONE: 507-931-6140  
 6 Inch Pizza & Drink \$4.49  
 FREE Party Rooms  
 Nightly Specials / Value Deals  
 FREE WiFi  
 Daily Lunch Buffet  
 Receive Hot Specials Via Text Message!  
 Text: gopizza To: 69302  
 225 SOUTH MINNESOTA, ST. PETER  
 ORDER ONLINE [www.Godfathers.com](http://www.Godfathers.com)  
 2 Buffets with 2 Drinks 13.98  
 Large 1-Topper & a Monkey Bread 11.99  
 Caramel, Cinnamon, Italian or Streusel Monkey Bread  
 Offer good with this coupon through 5/31/14 at participating locations. Not valid with any other coupon or special offer.

# Documentary opens new perspectives

## “I Am A Girl”

**Alexis Sienczak**  
Staff Writer

A typical day starts with sleeping past your alarm, grabbing food in the Caf, and attending class half-asleep, but this is not the typical day for women our age in Afghanistan, Papua New Guinea, Brooklyn, Sydney, and Cameroon. They wake up to the sounds of crying, growling stomachs, and a society that expects them to fulfill their maternal roles as mothers, wives, and subordinates. They aren't expected to indulge in education, self-fulfillment, or fight back against their projected roles.

*I am a Girl* is a documentary about the social injustices that girls around the world face. Children, as young as twelve years old, are being betrothed to adult men, experiencing birth, and denied post-secondary schooling. But they fight back against these injustices to stake their claim in the world as humans. This 2013 documentary opens doors that we, as Gusties, may never open but need to look into.

There are only six girls in the film but there are millions more behind the scenes suffering the same fate.

It's important to think about these issues because the people suffering these injustices are human. We have to let go of our prejudices and realize that underneath they're just like us.

One of the girls from the documentary, Aziza from Afghanistan, lost her father because of the Taliban. Now she is threatened with gunfire if she decides to go to university. We're aware of the bigger issue surrounding Aziza and that is because of the Taliban. The "smaller" issue that we're unaware of is Aziza's desire for education. The fight for educa-



*"I Am A Girl" opens opportunities for different perspectives and allows people to put themselves in others places.*

Submitted

tion is not just in Afghanistan. Educated girls outside of the United States, are less likely to be child brides, earn 20% increase in income, increased infant survival rate, and are more likely to send their children to school (ABC News Top 10 Facts you don't know about Girls' Education).

One woman fighting to bring awareness to the gender education battle is Malala Yousafzai. Malala stands on all social margins as a young female Pakistani adult. She has survived numerous assassination attempts and continues

to advocate for female education. The imminent threat of death doesn't deter one individual to talk about these issues so why don't we talk about them?

One reason might be the "importance" of other issues in the United States; immigration, war, the economy, the Kardashians next Instagram post. The United States emit this energy that we're immune to various issues. The United States isn't eradicated of any issue, we're a melting pot of issues.

*I am a Girl* challenges the boundaries that society has put up to protect us

from touchy issues. The girls inside the documentary fight their predisposed role along with other individuals like Malala Yousafzai.

Gusties, along with the rest of the world, need to take the first step of acknowledging their struggles and working together to solve these problems. Women across the world going through these situations are humans along with the rest of us and deserve to be treated as such.

THE GUSTAVIAN WEEKLY is looking to fill several positions!

Advertising Manager  
Business Manager  
Editor-In-Chief  
Managing Editor

If any of these interest you, contact us at weekly@gac.edu! These are paid positions!

Nominate your favorite professor to receive:  
**The Edgar M. Carlson Award for Distinguished Teaching**

**WHO** challenges you to excel in class?  
**WHO** encourages your curiosity for new knowledge?  
**WHO** has become a mentor to you?  
**WHO** has gone the extra mile to support your learning?  
**WHO** has excited you about a topic that can change your entire life?  
**WHO** has urged you to expand, grow, and change the way you see your world?  
**WHO** is the professor you admire most?

**Nominations are due by 15 April 2016**

Nominate online at: [www.gustavus.edu/provost/awards/emcarlson.php](http://www.gustavus.edu/provost/awards/emcarlson.php)

## Nafisa Farah talks health and more

Deven Kelley  
 News Editor

Somali Activist, Nafisa Farah, will be visiting Gustavus' campus next Wednesday, March 23, in Confer room 127. This event is open to the Gustavus community to attend. She will speaking about the health and diet of Somalians and the cultural aspects it entails.

Minnesota has one of the highest populations of Somalian immigrants in the nation and what some immigrants don't take into account is their shift in diet when immigrating to the United States or another country for that matter.

Farah will discuss the changes Somalians have to undergo in their diets, which in turn can cause health issues as they are not used to eating certain foods and/or withdrawing from others.

With Minnesota being one of the leaders in the Somalian population, health issues have potential for larger concern. Nafisa Farah will help identify those issues, target the source of the problems and what can be done in terms of better health

throughout the Somalian population.

Although her talk primarily focuses on Somalian immigrants and the health issues they face as a population, the talk is beneficial to everyone. People will learn more about the struggles immigrants face, their culture and how they adapt to new environments and cultures while still keeping faithful to their cultural practices.

"I encourage people to attend because it's a unique opportunity and learning experience," Professor of French, African, Caribbean Studies in Modern Languages and, Literature and Cultures, Paschal Kyoore said.

Farah's talk is something to take advantage of as it's a new opportunity to learn more about the people in your community, school, church, etc. and understand a different culture, and the challenges faced. Her talk will also help audience member examine their own health habits and routines and see if there's any room for improvement or adjustment.

Farah's talk can only help improvement understanding in multiple areas.

## Gustavus hosts 2nd annual Chinese Tea Ceremony

Kristi Manning  
 Staff Writer

Gustavus is a college that desires to get students, staff, and the St. Peter community involved with events on campus, especially with events that promote diversity and opportunities to learn about different cultures.

Last Friday, the PanAfrican Student Organization (PASO) hosted African Night to promote African culture at Gustavus.

The Department of Literatures, Languages & Cultures, along with Global China Connection are aiming to do something similar to promote Chinese culture at Gustavus by hosting a Chinese Tea Ceremony on Monday, March 21, in the St. Peter Banquet Room.

The Chinese Tea Ceremony occurred for the first time at Gustavus last year, and was a success, bringing it back again this year for the second time. Junior Chemistry / PreChemical Engineering Major McKenzie "Mac" Lafferty attended the event last year and is excited about attending the event again this year.

"The ceremony last year was very calming and beautiful. I believe other students would find it very interesting," Lafferty said.

The Department of Literatures, Languages & Cultures, and Global China Connection are also bringing in a guest Tea Master just for the occasion. Peiju Liu Picard is an expert in tea and was trained as a tea master in Taipei, Taiwan.

According to Senior Economics Major, and one of the coordinators for the event, Haiyun Liang, "the Tea Master, Peiju Liu Picard, will provide audiences with thorough introduction of tea culture, Ch'a Tao, and traditional process of making a cup of Chinese tea." The audience will be interacting with Picard, and joining her in the process of tea making by using many of their senses including sight, smell, hearing and taste to fully engage in the process.

*"The ceremony last year was very calming and beautiful. I believe other students would find it very interesting"*  
 —McKenzie Lafferty

Visiting Assistant Professor in Modern Languages, Literature, and Cultures and Chinese Nan Li said, described a traditional Chinese Tea Ceremony.

"During the Tang Dynasty, tea was said to have certain virtues and drinking tea was a habit or hobby for noble scholars. However, in some places the tea ceremony has a religious meaning," Li said.

Although tea, and tea ceremonies can be associated with religion in various Asian cultures, it has other specific purposes as well.

"Tea can keep you healthy, purify your mind, and help



The Chinese Tea Ceremony will take place Tuesday, March 23, in the St. Peter Banquet Room.

Submitted

with meditation and reflection on your inner world." Li said.

Liang explained why she thinks this is an important event for Gustavus students, staff, and the St. Peter Community to attend.

"One of the goals developed by Gustavus the mission statement is "developing an international perspective". Tea culture is an essential component of Chinese / Asian culture. I believe this event will better the Gustavus community's understanding of Asian cultures and sense of diversity." Liang said.

The Chinese Tea Ceremony will bring many people together and can provide a calm environment for reflection to those who seek it.

*"Tea can keep you healthy, purify your mind, and help with meditation"*

—Nan Li

"Tea can purify your heart and can promote a harmonious relationship among people."

Li said.

Haiyin Liang and Professor Nan Li are both looking forward to the event and have high hopes for the outcome.

"I hope participants can "find a new peace of mind and walk into the world with peaceful thoughts".

Culture is not just knowledge and information that we need to take in. It is something that we can use to grow into better individuals by digesting and processing it in our own way." Liang said.

# GUSTIE *of the* WEEK

**Jaurdyn Dobler**  
Staff Writer

As a child, Ted Rosenback's father taught him that grey is not a color. Now the Marketplace Supervisor at Gustavus, Ted understands the meaning of his father's lesson and continues to live by it.

"Obviously he knew that grey is a color, but he wanted to teach me to believe that there isn't room for middle ground. There's a right and a wrong and I should always do the job right the first time. He molded me into the person I am today both in my career and outside of it," Ted said.

July will mark his third year working in the Marketplace. Within that time, he's secured a highly positive reputation for himself both with colleagues and students.

*"He's obviously not just here for the paycheck, he's here because he loves what he does."*

—Marlys Huber

"He's always had such a funny, happy, and caring personality at work. I don't think I've ever seen him in a bad mood. It's been great working with him," Marketplace Cashier Becky Blomgren said.



Ted has been working in the food industry since college.

Caroline Probst



Caroline Probst

As Marketplace Supervisor, Ted is always happy to jump in wherever help is needed in the caf.



Ted's positive personality and strong work ethic has earned the respect of co-workers and students alike.

Caroline Probst

Ted says it's easy for him to maintain his positive personality at work because he simply loves his job.

"Building and maintaining happy relationships with co-workers and students is a huge part of why I love my job. I believe that it doesn't matter how much money you make, if you don't love your job it isn't worth it," Ted said.

For those who know him, it's always been obvious that he doesn't come to work simply to make money.

"He legitimately cares for his job and the people he helps. He's obviously not just here for the paycheck, he's here because he loves what he does," Marketplace Cashier Marlys Huber said.

Ted says his passion for the food industry has persisted from an early age. In college, he worked as a waiter, moving later to a career at the City Center Hotel as the Food and Beverage Director for three years.

"It's apparent that he knows what he's doing and enjoys it. He always puts a lot of effort into doing a good job and reaching out to others. On top of that, he handles any issues in the Marketplace wonderfully and makes an effort to connect with students" Huber said.

His effort to connect with students is one that hasn't gone unnoticed.

"He always cracks jokes and asks how I'm doing. He even recognized my high school sweatshirt one day and complimented me on it. No one else had. I feel like he's the person in the cafeteria who will always make your day better when you're least expecting it," Junior

Samantha Heggem said.

Following his belief in "doing the job right," Ted is passionate about creating and maintaining an atmosphere in the caf that everyone will enjoy.

"A lot of people don't know about the heart and passion that goes into the process of putting food on their trays. I think for some, it would be an eye opener to learn that a lot of us really care about creating an atmosphere and experience in the caf in order to make it one of the best places to be on campus. We aren't perfect, but we're sure striving for it," Ted said.

*"I think for some, it would be an eye opener to learn that a lot of us really care about creating an atmosphere and experience in the caf in order to make it one of the best places to be on campus. We aren't perfect, but we're sure striving for it."*

—Ted

In the future, he hopes to continue to inch the Gustavus Marketplace toward perfection. Seventh in the nation is impressive, but for Ted, it's still in the grey area.

# Staying at home beats seeing *Daddy's Home*



Office of Marketing and Communications

Will Ferrell and Mark Wahlberg team up once again for a classic dad vs step-dad story, but the results are not nearly as charming or funny as their buddy-cop movie *The Other Guys*.

## Brady Lass Staff Writer

Will Ferrell's comedies tend to be pretty unpredictable in quality. When it's good, it's hilarious, like *Anchorman* or *Elf*. When it's bad, we get eye rollers like *Land of the Lost* and *Bewitched*.

It ultimately depends on the director and material he's given, as he isn't as dominant in the directing and writing process as some other comedians are, which is by no means a bad thing. If Adam Sandler's last decade is anything to go by, sometimes comedians do need help to balance out their products so they don't go completely off the rails. That balance in most of Ferrell's best work was writer and director Adam McKay.

Unfortunately, during the filming of *Daddy's Home*, McKay was too busy making his first Oscar-nominated movie *The Big Short* and just helped out by lending a few bucks.

Does director, producer, and writer Sean Anders make a good

substitute in Ferrell's reunion with Mark Wahlberg in *Daddy's Home*?

Ferrell portrays radio executive Brad Whitaker, a mellow man who is having a hard time being a stepfather to the two children of his wife Sara.

Things start looking up for Brad's relationship in the family, but their biological father Dusty Mayron comes to visit and intends to reclaim his family and take them from Brad. This of course results in whacky hijinks as the two dads compete for both the kids and Sara's affections.

*The movie is tame, all things considered, and doesn't really cross any boundaries.*

Unfortunately, the plot and the comedy itself is by-the-numbers.

It's predictable with what path the characters will take

and doesn't allow for many outrageous moments aside from a few forced physical comedy bits.

It's one of the many cases where they spoil all the funny parts in the trailer. The movie is tame, all things considered, and doesn't really cross any boundaries aside from a scene involving basketball.

The selling point of this movie was bringing Ferrell and Wahlberg back together, as they previously starred in the buddy-cop movie *The Other Guys*.

The differences between their characters in these two flicks greatly summarizes how that was better than this.

Here, Ferrell is cast as the straight man and uncool dad who desperately wants to keep his family by attempting stupid tricks that get himself hurt. Basically, Will Ferrell plays Will Ferrell.

Wahlberg plays the tough guy who acts cool and dominant while displaying a number of talents and acting like a prick to make sure the audience doesn't

completely like him, which is no different than 80% of his other roles.

It's typecasting in mediocre fashion, as their characters are predictable, and there's nothing that makes them stand out from their other similar roles in the script. *The Other Guys* essentially made the two parodies of these types of characters and succeeded.

There are a couple of celebrity cameos thrown into the mix, but it's disappointing to see Linda Cardellini's character wasted. Being stuck between these two as the wife/step-wife, she could have been given more to do and better material.

The only thing that does stand out is the chemistry between Ferrell and Wahlberg, as they still carry a similar charm in their interactions that they had in *The Other Guys*.

If you want to see *Daddy's Home*, you're better off seeing the Youtube trailer at home. It has the only funny moments and summarizes why Wahlberg and Ferrell make a great team.

Unfortunately, their second outing couldn't hold a candle to their first one. The story and characters are very predictable while offering no twist or comedy to the "Dad vs Step-Dad" formula.

*If you want to see Daddy's Home, you're better off seeing the Youtube trailer at home.*

Hopefully after recovering from award season McKay can get back with Ferrell to do some less by-the-numbers comedies. I wouldn't mind them bringing Marky Mark along for the ride either.



# Gustavus to host a capella group Six Appeal



Office of Marketing and Communications

*Founded ten years ago at Concordia College in Moorhead, Minnesota, the now Minneapolis-based a cappella group Six Appeal has released two albums and tours nationally, performing around 200 shows a year. They combine comedy with the energy and musical vitality of a rock band, all without any use of instruments. They will be performing for Gustavus students Friday, March 18 at 8 p.m. in Alumni Hall.*

THE GUSTAVIAN WEEKLY is looking for more Variety writers!

We also are looking for a new Variety Editor to start in Fall 2016! InDesign experience not necessary but appreciated.

Do you like writing about the events that are put on by the campus? Do you like movies and reviewing them?

Or do you like editing page spreads and helping create the newspaper itself?

If either of these sound awesome, send us an email!

[weekly@gac.edu](mailto:weekly@gac.edu)

These are paid positions!



spring

break



Gus the Lion



# Pinterest

All Pins

Your Pins

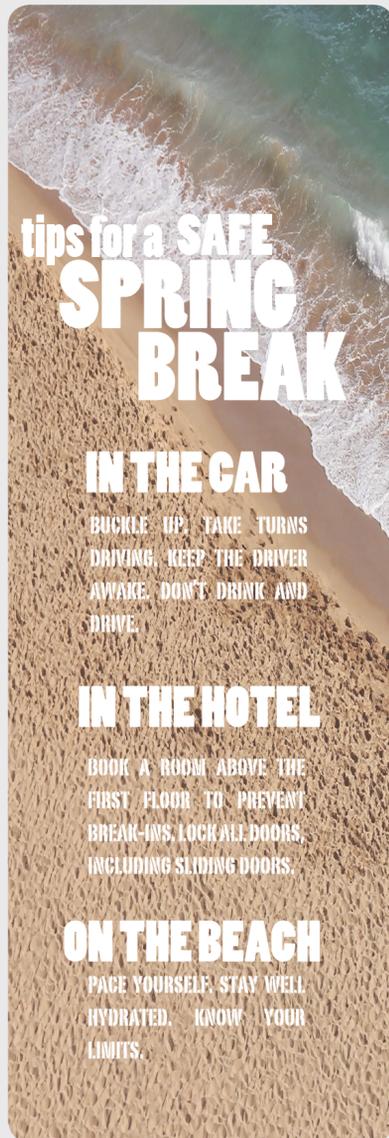
Pinners

Boards



## Spring Break Statistics

- 1.5 million students go on Spring Break every year
- Panama City Beach hosts approximately 500,000 tourists each year
- 2,500 American citizens are arrested abroad
- College students spend more than \$1 billion every year
- 95% of travelers will share hotel rooms with friends, 12% with more than seven to a room
- Over 40% of travelers admit to going over 24 hours without sleep
- 50% of students will choose to drive rather than fly
- The average cost of a trip for two, including airfares and seven nights in a hotel is between \$2,000 and \$3,000
- Every year, at least one spring breaker dies from falling off a balcony



## tips for a SAFE SPRING BREAK

### IN THE CAR

BUCKLE UP. TAKE TURNS DRIVING. KEEP THE DRIVER AWAKE. DON'T DRINK AND DRIVE.

### IN THE HOTEL

BOOK A ROOM ABOVE THE FIRST FLOOR TO PREVENT BREAK-INS. LOCK ALL DOORS, INCLUDING SLIDING DOORS.

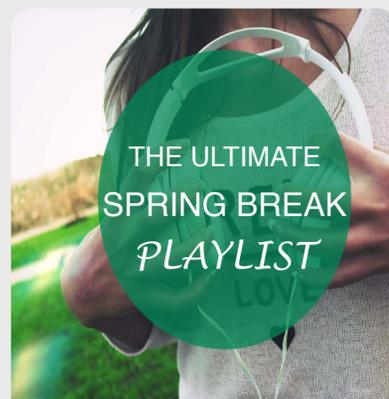
### ON THE BEACH

PACE YOURSELF. STAY WELL HYDRATED. KNOW YOUR LIMITS.



## Top Spring Break Destinations of 2016

Cancun, Mexico; Nassau, Bahamas; Panama City Beach, Florida; South Padre Island, Texas; Punta Cana, Dominican Republic



## The Ultimate Spring Break Playlist

Whether you're roadtripping to Florida or flying to Cancun, mix together some new artists with the ones that made middle school life worth living!



## Spring Break Alternatives

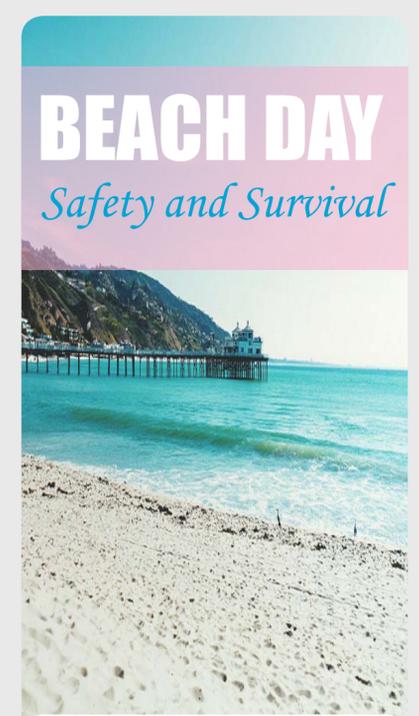
Many colleges and organizations offer volunteer oriented spring break trips! Gustavus offers two through Gustavus Habitat for Humanity and Students Today Leaders Forever. These trips encourage community, compassion, service, faith and teamwork.



## 15 Things You Actually Need to Pack for Spring Break

No matter where you're headed, make sure to put these easy-to-forget items in your suitcase!

1. Sunscreen with more than 15 SPF
2. Dry Shampoo
3. Copy of Passport
4. Extra Money
5. Reusable water bottle
6. Antibacterial gel
7. Sunglasses
8. Pepper spray
9. Advil
10. Portable Charger
11. Chapstick
12. List of emergency numbers and fellow travelers' numbers
13. Ziploc bags (for makeup, sunscreen, lotions, or wet bathing suits)
14. First-aid kit
15. Insect repellent



## Staying Safe and Smart

Nothing says spring break quite like heading to the beach. Remember to tan safely, apply sunscreen, be aware of the ocean's swimming conditions, drink plenty of water, create a safe word between friends, and stay near friends.