## Colin it like I see it Avoiding the Job Trap



Colin Reike Opinion Columnist

Not some one when we meet new people we ask, "so what do you do?" We ask some one what his or her job is because we want to know more about him or her.

They usually respond something like: I am a painter. I was a cook. I am an accountant. I was a banker. I am a doctor.

One potential reason why we ask such a question is because jobs are always on our mind. Employment dominates our lives if you think about it. Having a job is almost a necessity nowadays because we need to make money to live a good life. That's the way it is. We also get in the habit of judging others based on their job position and on how much money they make, usually because that's what we're used to doing.

Imagine you meet two new people. You don't know either of their jobs. Both individuals are very nice and sincere, and both seem very sophisticated. Would you be surprised if you found out one was an established doctor and the other a cashier at a fast-food restaurant?

We put so much into trying to land a job, and once we have one, then we're always looking to upgrade to a higher-paying one. I guess this goes to show how focused we are on the almighty dollar. But is your job really about the money, or is it about something else?

about something else? Do we "work" so that we can put bread on the table? Or do we work because our job is something we like to do? Is what you "do" for yourself? Or is what you "do" for the benefit for others? Furthermore, is what you "do" your job title? Or is what you "do" the actual things you perform at your job? We need to ask ourselves

We need to ask ourselves these questions because if we don't, we could let the obsession with jobs get the best of us. Too often we meet individuals who are unhappy with their job, or who get stuck with a job that they don't like and are never able get out of it. I call this the "job-trap."

A classic example of the jobtrap is the middle-aged adult who after some 10-30 years of work finally realizes what they have been doing has left them unsatisfied and unfulfilled. Getting caught in the job-trap is not the same as struggling to find a job in the first place. It's one thing to have limited choices regarding employment. It's an entirely different thing to have choices but to still choose a job that will leave you unsatisfied.

# NOW HIRING! Job: Cashier Pay: \$7.25 What we are looking for: Someone who needs the cash, who hates going to work, and is willing to let their job title define who they are.

*Do you see anything wrong in this job posting?* 

When you do this, and become content with being discontent, you fall into the trap.

Getting caught in the job-trap has to do with the understanding of what a job is. Too many of us think of our job solely as a means to put bread on the table. We view our job as a task, an obligation we have to complete in order to get the paycheck. Work is work. You find a job that's halfway decent and then grow into it. This traditional view of a job is fine for many of us, that's just the way job is and always has been. But is it still fine when at age 50 you realize what you've been doing has not made you happy, that you gave up on your dreams?

Our view of jobs needs to be something that goes beyond "work." We need to start viewing employment as more than just a means to the almighty dollar. We need to remember that our job can be something we enjoy and gain meaning from. We need to start seeing our job not as service to our wallets, but as service to mankind. We also need to view a job as an available outlet for us to experience vocation.

Maybe we should be less willing to take what comes along and more willing to chase our dreams. Maybe we should choose a job in which the things we would do on the outside would match up with who we are on the inside. Maybe we should dare to step away, just for a moment, from the traditional view of a job. Maybe we should step towards a new view, in which the world is a happier place because you are a happier person, because you are happy with what you do.

Maybe we should also be reasonable.

It's great and fun to be idealistic and say all this stuff, but let's also be real. Just because you want a job that will make you happy doesn't mean you always end up with one that does. And that's okay!

The thing about the job-trap is you don't necessarily have to change jobs to get out of it. You can change your attitude. Whatever job we have, we have a choice to view it first and foremost as service. Your job is not a name, nor a title. It is what you do for others. If we choose to view our job this way, we realize there is no small job.

## Roland in the Deep Middle East Policy



David Roland Opinion Editor This was extremely important in a world that had just been ravaged by global warfare. However, just like in *Risk*, Russia and Siberia are extremely difficult to hold, which lead to the implementation of the Rimeland Theory, or the idea that with specifically placed outposts, bases, and well-controlled areas you can surround and control the heartland, and thus control the world.

That's one of the biggest reasons the U.S. has so many bases and outpost in that part of the world.



global oil prices (such as the case with the Arab oil crisis of the 1970's). So from this, and the desire to contain communism and maintain our leverage over global markets, created a will to do what is necessary to "get the job done."

This lead to the United States using unethical and sometimes illegal methods to ensure that resource rich countries were still "on our side."

This is just one flavor of U.S. foreign policy, albeit one of the most bitter ones.

In the lecture, Dr. Zunes disussed the emergence of secular democratic groups in the Middle East that challenge both Western Imperialism and religious extremism. He argued that the best solu-tion for these groups is to work with these groups to empower home rule and create lasting diplomatic bonds, as opposed to backing oppressive warlords who can be bought. Either way, the only way to a sustainable future is through mindful and peaceful reconciliation and a rejuvination in diplomatic practices at home and abroad.

In the aftermath of World War II, two theories on international relations were put to the test: the Heartland Theory and the Rimland Theory.

Anyone who has ever played the board game *Risk* knows that whomever controls Russia has the most bonus points and an entrance into almost every part of the world. This in essence is the Heartland Theory, or the idea that whoever controls the heartland (the majority of Russia and Siberia) controls the world. This past Tuesday, the Wallenberg memorial speaker, Dr. Stephen Zunes, talked about the U.S.'s foreign policy in the Middle East. The lecture, focusing mainly on Iraq and Syria, emphasized that the majority of the problems that we face in the Middle East come from a vicious cycle of violence perpetuated by imperialism.

It is, or rather should be, well known by now that the foreign policy of the United States has been extremily brutal. Since our rise to power as the new Rome in the aftermath of World War II, we have manipulated and It's much easier to build a democracy with dialogue than violence. Agustine Murillo

toppled governments that, either ideologically or otherwise, do not align with our interests, and have done so both with the use of direct military force as well as with covert operations.

Initially, this was a part of a series of programs designed to prevent the spread of communism by backing regimes that remained in our sphere of influence, who were often times brutal right-wing dictators.

This was done primarily out of the fear of communism that was instilled in the United States, which created the perfect breeding ground for the mentality "the ends justify the means." Since the discovery and exploitation of Middle-Eastern oil, it has become one of the key regions in the world to control because it connects with both European and Asian markets. Even though we do not directly consume a substantial amount of Middle Eastern oil, there is still enough produced in that region to greatly impact Mason Kruize

**Opinion Columnist** 

eligible to vote. If you're atten-tive of your ability to use that right, you'll also know that election day is Nov 4, just a few days away

Though most young Ameri-cans are able to vote, many

Several incentives to abstain

are that some believe their vote

is so insignificant it may as well not count, or the predicted

result leans so far one way that

going against the likely outcome

Some even more ominous no-

tions are that your voice doesn't

count unless you're rich and

white, the elections are rigged,

and it's annoying to be asked

after how you voted afterward.

Perhaps the one that induces

days away.

decide not to do so.

seems foolhardy.

olitical views aside, it's likely that you're eighteen years of age or older and

## The Kruizer Report Voting: Your Most Basic Right

the most teeth grinding among those of us who understand the importance of voting, is that some don't care about the issues or candidates, so they decide to remain ignorant and uninvolved.

This lethargy is debilitating to our society. So many people will fervently argue about politics or have something they need to get out regardless of the information they contain, yet a large portion of our age group decides not to go to the ballot box despite complaining about how our government runs. If you don't vote, you lose your

right to complain. You can't expect people to care about your concerns or arguments if you decide not to participate by performing your most basic, American right: suffrage.

Your vote is just as significant as Bill Gates' or Bill O'Reilly's. It's just as significant as the vote of arguably the most powerful person in the United States, President Barack Obama.

Of course, it's true that there are those who possess more are those who possess more influence in government from their wealth, the media, and even because of their race, but in the end you owe it to yourself to remain knowledgeable about issues and understand that every vote is equal in its ability to give representation of America's values and political desires.

How can one expect anything



No matter how you start your election day, make sure you end it wearing something like this.

to get done unless people vote? This country is a democracy, founded on the belief that the people dictate the way we are to do things to create change or continue American traditions. How can someone not want to influence that? It's incomprehensible that anyone can give up that power and right. If you won't do it for yourself,

do it for the men and women who died so you could vote. Do it for the men and women who were imprisoned, tortured, beaten, slandered, and put through myriads of struggles so that every American can participate in elections. Susan B. Anthony and Eliza-

beth Cady Stanton gave over fifty years of their lives argu-ing for women's suffrage, both dying before the nineteenth Amendment was passed. Most of you are only about twenty or so. Try to imagine fighting for something so important to you that you'd spend more than double the amount of time you've been on this earth to achieve.

Suffrage was important in the Revolutionary War. Suffrage was important still after the Civil War. The right to vote, the ability to have a voice and say in how the government works; no matter how small you may think your ability to participate in our country, it's critical to understand that you have as much potential and sway as any other voter. Become involved in local legislatures. Become involved by briefly perusing headlines and taking the time to think on what issues matter to you so

you'll know what candidates most embody your similar concerns.

Voting is your most basic, inalienable right. You pay taxes, put up with the chaos of the American legal system, and live in this country. Don't turn your back on the struggles of past generations, and don't dare ignore your posterity by ignoring the issues concerning modern today. Why should you be content in listening blindly to the views of authoritative figures? Learn to think for yourself and take the time to fill out a simple online ballot if you can't get somewhere in person. You cannot complain and expect something to happen unless you take it upon yourself to create change.

## Old MacDonald had an Opinion Yik Yak: Taking College By Storm

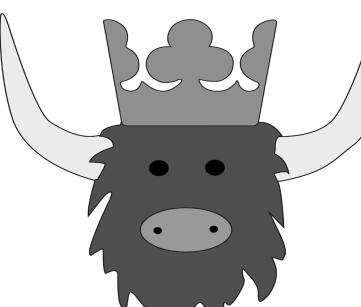


**Cameron MacDonald Opinion Columnist** 

y now, most people have

a lot of everything on it, including: gossip, fishing for compliments, shout-outs, or public posts trying to sell something or meet up. That little yak is already gaining some widespread recognition, and with it comes both fame and infamy. It has a pretty strong presence at Gustavus Adolphus. The question is: How is it affecting the college and the community?

"It's the users who have the power to make it good, bad, or even obsolete. In the meantime, try to keep it clean and watch what you post. The Internet



a bunch of people feel good. It also shows a lot of people being grateful for their friends, as well as just talking about how much fun they might be having or how much they enjoy hanging out with someone. Some people also really know how to get a laugh out of you!

Yik Yak also has an interesting section where you can check out what's going on in other locations, even by specific schools. A recent update has narrowed the list because now it has "Peeks" which are areas you can check in on based on a point you select on a map. You could set it up to keep up with events in your homefown if you're not from St. Peter, or maybe even a larger metro area like the Twin Cities.

heard of a new app that's sweeping the nation called Yik Yak. For those who don't know, Yik Yak is an "anonymous messaging app" where you can upload a limited character post, similar to twitter, and it is posted based on location and region, usually within a ten-mile radius.

People can use it however they choose, add their own names or labels to the "Yaks," and give up-votes or downvotes to posts they like or dislike.

The number of users for this app skyrocketed this year. It has

isn't written in pencil, it's written in ink."

One thing to remember with the Internet and apps, especially "anonymous" apps, is that people are much more willing to be mean or aggressive due to the impersonal nature of the Internet and online posting. Another thing about the Inter-net that people tend to forget is that "anonymous" barely even adheres to its annotative definition anymore. You can track nearly anything down that has been posted on the Internet.

Is Captain Yak-Sparrow going to sink the ship of Gustavus or save it?

Yik Yak's own legal page states that "Yik Yak does maintain a log, however, of the following information for each message posted: The IP address from which the message was posted; The GPS coordinates of the location from which the message was posted; The time and date when the message was posted." So before you post anything you might regret, remember that it's completely

traceable.

However, Yik Yak can have some positive effects. People can come together to support each other and maybe spread some good feelings and wis-dom. There have been some posts that have just been along the lines of "Keep it up" or "Feel good about yourself," which can really help someone, regardless of whether it was just for them or posted to make

Creative Commons

There are tons of options for you to look at.

Overall, Yik Yak has its good times and its bad times. The app is still very much in its youth and is updating and expanding and seeing more and more users joining it. Whether or not it will survive for very long, or have a positive or negative impact has yet to be seen. However, it's the users who have the power to make it good, bad, or even obsolete. In the meantime, try to keep it clean and watch what you post. The Internet isn't written in pencil, it's written in ink.

# Fancy Ain't it? Welcome to the Neighborhood



Ashley Nickel Opinion Columnist

e all know what it is like to have that neighbor. You know, that one that does the weirdest things, who keeps things totally meticulous or untamed, the one that has odd company over at all hours of the night, or perhaps the one that never leaves his house.

Or maybe your neighbor is always dropping off religious pamphlets and pocket-sized New Testaments. Leaving you with the uncomfortable feeling that they are watching you all the time, judging you, and making a statement by pointing their "Mary in a bathtub" in your direction to stare you down.

Either way, whatever neighbor you have, it has the potential to ruin the quality of your neighborhood, especially when said neighbor is unconcerned and unwilling to compromise. It is for this reason that neighborliness is a love-hate relationship. It bounces between genuine friendship, strained polite pleasantries, and downright resentment. Which conveniently brings us to North Dakota.

As strange as it seems, our nearest neighbor to the west has been soaking up the limelight these past couple months. Unfortunately for our near and dear (and sometimes infuriating) North Dakota, the sudden spotlight reveals something none too flattering. Socially, economically, and now even legislatively North Dakota has been catapulted into the top five worst states for women to live. And if you've been keeping up with the latest news, it's no wonder.

Now as far as neighbors go, North Dakota is generally a quiet, private sort of neighbor, one that we love for it's compassion, work ethic, and moral stability.

North Dakota may be exhibiting behavior we have yet to observe or expect from the humble, timid state: an unanticipated hostility toward women.

There is some seriously disturbing legislation that is projected to pass during the November elections. The most harmful of these is Measure 1, or the "Personhood amendment," as it is being called by the media, which is expected to pass in North Dakota and subsequently make history as the first law of its kind to exist in the United States.

The vaguely worded amend-



Women's rights are human rights, there is no difference.

ment would protect life at all stages of development, but without any real guidelines and strictures on what "protection" entails, who should do it, and how. This was obviously written without any forethought for those it would harm most (i.e. everyone).

This measure is not just about delegalizing abortions, which seems to be the only part of the measure getting any attention from voters. It is about so much more, and affects men, women, children, and family life.

Measure 1 will prevent couples from having fertility treatments, or from undergoing in vitro fertilization, essentially taking away one of the most significant options for families who cannot conceive themselves.

It will mean potentially fatal harm to women whose pregnancies go wrong at any stage of gestation. It will mean that doctors will not be able to help patients who have ectopic pregnancies (when the embryo becomes attached to the fallopian tube, or uterine lining), which will likely end in the miscarriage of the embryo and the possible sterilization, or even death of the mother. If doctors intervene in such a situation, they could be fired, investigated, and charged by a court of law.

It means that all and any miscarriage will also be open for investigation, and could possibly end in legal repercussions for the mother's OB/GYN or even for the mother herself. As a result, doctors and nurses all over the Fargo area will loose their jobs, as fertility clinics will close effective immediately after Measure 1 is passed. It means that North Dakota

It means that North Dakota healthcare will change and drop all of their services related to any of these health concerns, and will even affect insurance holders who move out of state and still use North Dakota insurance.

It means that anyone with special post-death instructions, even legally written in their living will, could be investigated, questioned, and revoked by the court of law. It could interfere with those on life support, forcing doctors and family members to keep a patient alive, even if it is against his or her own wishes. This is not just bad for women. Any man who wants, has, or cares for his family and himself will be affected by this measure. The health and safety of mother and child

will both be in critical danger as hospitals will no longer be able to take appropriate action if one or the other's condition becomes critical. Even more generally, putting aside any women's issues, hospitals universally will become less trustworthy, less efficient, and more liable if anyone, of any gender, of any stage of life becomes fatally sick or injured. If someone dies on the operating table,

"Measure 1 will prevent couples from having fertility treatments, or in vitro fertilization, taking away one of the most significant options for families who cannot conceive themselves."

doctors could still be at fault

under Measure 1.

The politically, economically, and socially hostile environment is lethal for everyone in North Dakota, Minnesota, for the Midwestern neighbors, and all the people in the country. It puts everyone's health and safety at risk with its vagueness. It promotes the ideology of gender roles, and influences the minds of the people who trust their lawmakers, teachers, and employers to act on their benefit, who expect them to fight for them, not against them. It is very sad to see the toxicity of all of these issues hitting our country where it is extremely vulnerable. If this happens in North Dakota, it will cast a negative reflection on the whole Midwestern neighborhood. It will become an unwanted prec-edent. And that is a fact that, like a bad neighbor, is just too close for comfort.

# The Good, the Bad, and the Meh



If the Eppie SNL is half as spooktacular as last year, maybe the smoke alarms won't go off.



The awkward patches of warm weather almost immediately followed by bitter cold.



The joy of Netflix binging is only matched by the fury brought on by poor wi-fi quality.

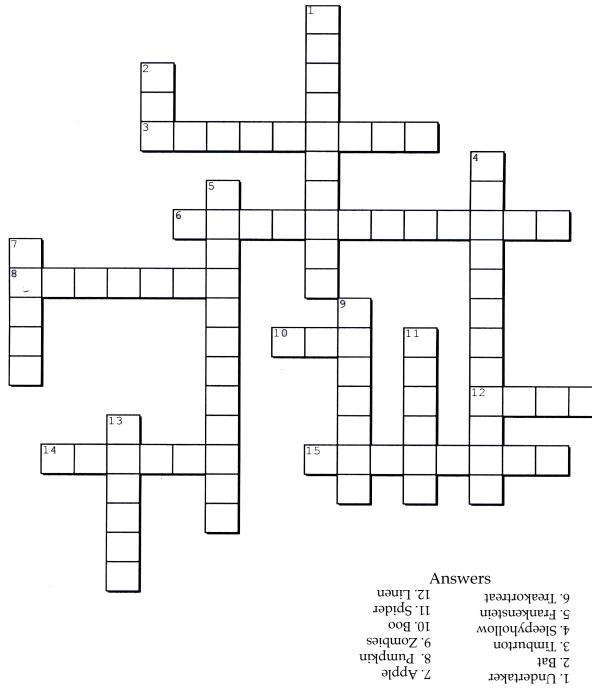
entertainment

THE GUSTAVIAN WEEKLY



"Terror is the desire to save your own a\*\*, but horror is rooted in sympathy." - Joe Hill

# **Halloween Crossword**



#### Across

**3.** Creator of *The Nightmare Before Christmas* 

6. What costumed kids say for candy

**8.** This carved vegetable represents the souls of the dead

10. Ghost in Mario

**12.** Mummies were wrapped in this type of bandage

**14.** Vehicle type that transports the deceased

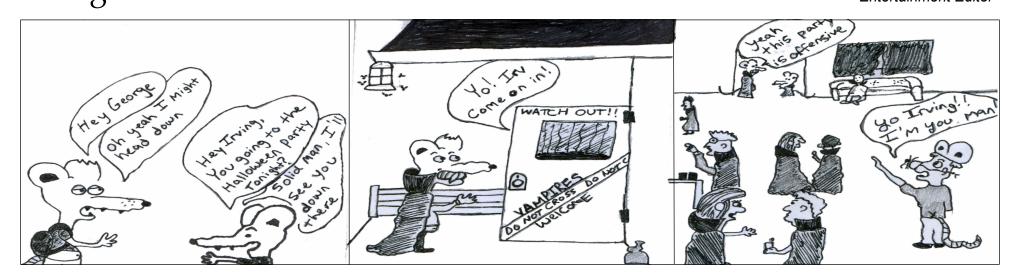
**15.** Transforms when the full moon shines

### Down

1. One whose job is to take care of the dead

- 2. Dracula transforms into this
- **4.** Where "The Legend of the Headless Horseman" arose.
- **5.** Mary Shelley's famous horror novel
- 7. These get dipped in caramel
- 9. Enemies in The Walking Dead
- 11. Shelob, in The Lord of the Rings
- 13. Vampires are repelled by this

Irving the Rat



# **Doubles team competes in South Carolina**



The partners Motasem Al-Houni and Andres Saenz combined for a great performance when they won the Midwest Regional Championships. Their teamwork will be put to the test again when tennis resumes play in the spring.

#### Will Metcalf Staff Writer

The Gustavus Men's Tennis team won both the doubles and singles titles at the Intercollegiate Tennis Association Midwest Regional

Championships. The tourna-ment was held Sept. 26-28. In a singles tournament which drew over 100 of the Midwest's top players, three of four semifinalists were Gusties. Senior Motasem Al-Houni took the individual title.

To do so, Al-Houni defeated his younger brother, First-year Mohanad Al-Houni, in the final by a score of 7-5, 6-4.

"Playing my [younger] brother was a fun experience for me. Both of us enjoyed it, and I'm proud of him for making it to paired well in the final match.

the finals as a freshman," Motasem Al-Houni said.

That wasn't the only success of Motasem Al-Houni's weekend. He and Sophomore Andres Saenz went on to win the doubles title on the final day of the tournament.

The pair rallied to win the title, following a 5-7 defeat in the first set. They won the second set and ten-point tiebreaker 6-1, 10-5.

Andres and I worked pretty hard as doubles partners before coming to the tournament, because we didn't play with each other last year. So we worked twice as much to have a good chemistry and communication with each other," Motasem Al-Houni said.

Despite their short time as doubles partners, the players

"Andres kept me calm during the match and always remind me to have fun and enjoy the game and smile between points," Motasem Al-Houni said.

'And Mota brings the energy," Saenz added, reflecting their complementary roles as doubles partners.

Going into the doubles finals we knew that I would be tired and energy would be low. That's what happened during the first set-we weren't communicating well. Going into the second set, I told Andres, 'Let's enjoy it'," Al-Houni said.

To advance that far in both the singles and doubles draw, the whole team had to be involved.

'We worked hard conditioning-wise coming to this tournament, because we knew that it would be a tough task to keep the same level for three days, Saenz said.

Their teammates expressed their pride in observing the match team. "It was really great to see them dig deep for that extra push that let them win the match," Senior tennis player Sam Hjelm said. Winning the USTA/ITA Midwest Regional Championship earned Motasem Al-Houni and Seanz a spot in the USTA/ITA Small College Championship in Sumter, South Carolina The tournament took place Oct. 9-12, where Al-Houni and Saenz achieved sixth place out of eight teams. Al-Houni placed eighth out of eight in the singles draw.



This recurring segment will highlight a senior Gustavus athlete each week.

## Heather Goff

Women's Soccer - the defensive minded midfielder from Eagan, Minnesota, believes the style of soccer the team is playing this year is more enjoyable to play and watch.

Q: What positives do you take from this season?

A: This season has been a wonderful season of true soccer play for our

underclassmen, I've enjoyed my role as a mentor and leader and feel proud of how we've grown as a team both on and off the field.

#### Q: What is your best athletic memory?

A: There have been good wins, and hard losses during my time at Gustavus, but I think what I'll always remember most is the practices. Playing things like "Burg-er Ball",

compet-ing for Da' Bosses Cup, taking awkward family photos, running "Magooches", eating at pasta feeds, and generally having fun



BORED? NOTHING TO DO IN TOWN?

We've found our style of play and are consistently possessing the ball and working it around rather than playing bootball. This has made it not

only fun to play, but also fun to watch. Being a team of mostly

with the team are memories I'll carry forever.

Q: Why would you recommend Gustavus?

A: Gustavus is a great place to call home for your four years of college. The sense of community is overwhelming, and you have the opportunity and freedom to be involved in whatever you want. Especially as an athlete, I've enjoyed the tremendous support of my professors and peers to pursue my academic and athletic goals.

## **Health and Wellness Club makes exercise fun**

#### Jessica Yang Staff Writer

f you are looking to stay fit through exercise that is enjoyable, the Health and Wellness club can is great place to start. There are many different activities the Health and Wellness Club hosts: zumba, water aerobics, cardio dance and much more.

Cardio dance is typically hosted on Sunday nights from 7p.m. to 8 p.m. The objective of cardio dance is to repeatedly perform upbeat movements that focus on core and strength.

"Cardio dance is a great way to relax and people don't judge you if you're bad at it. It's an all inclusive and cheerful environment. Everyone is essentially dancing their hearts out, some of us are less proficient compared to the others, like me, but it's nice to bounce around and enjoy myself," Junior Hannah Walters said.

I use a lot of current top charts songs to keep everyone engaged so the participants say 'Oh my gosh, I've heard this song!'" —Gabe Grosshuesch

There are some instructors who are certified and professional, some who are not, but all are very motivated and passionate about what they do.

ate about what they do. "The instructor [of Cardio Dance] is really good at keeping the class going and engaged. He's very cheerful and ener-getic," Walters said. Sophomore Gabe Gross-



*The Health and Wellness Club offers a variety of fun, exciting group activities. One of the more popular is Cardio Dance, held by Gabe Grosshuesch at 7 p.m. on sundays.* 

huesch is one of many motivated and cheerful instructors. The way he teaches his Cardio Dance class is very versatile and open for moderation.

"I incorporate a lot of Zumba, but I also incorporate a lot of strength and endurance exercises. Some songs we focus on legs and sometimes break out the weights. It's different varieties of styles I choose to do. I use a lot of current top charts songs to keep everyone engaged so the participants say 'Oh my gosh, I've heard this song!'" Grosshuesch said.

Grosshuesch mentioned that he tries to adapt each song and exercise for everyone, no matter his or her experience, and that anyone interested should try it

Gustavus Alum wins Mankato Marathon

out, regardless of gender.

The Health and Wellness Club promotes healthy lifestyle through exercise and exercise behaviors. Throughout the year, the club host events, their most recent being a yogurt parfait bar to promote nutrition and healthy eating habits. "We host a lot of things that

will make people conscious and aware of the little things they can do to make their lives a little healthier," Senior Health Fitness Major and President of the Health' and Wellness Club Gunnar Boettcher said.

Boettcher and other club members have been working on other activities and events to offer Gustavus students, but have yet to reveal them. One upcoming event currently in the works is a "female power hour"

in the weight room. "We are trying to get a female weight lifting hour because we recognize there is a big issue with females feeling uncomfortable going into the weight room. I'm a guy and I recognize both sides. Girls don't want to go into the weight room because there is the football or hockey team in there, and it's so small and cramped. We can't officially kick guys out of the weight room if they want to come in at that hour, but we can promote women to come in together." Boettcher said.

This is just a glance at a few things put on by the Health and Fitness Club. There are all sorts of fun in the aerobics room, fun in the swimming pool, and fun while staying fit is what the Health and Wellness club is all about. All Gustavus students should take a class, especially because they are free and taught by instructors that make it all the more comfortable and exciting.

#### **SPORTS SCHEDULE**

Friday, Oct. 31

Men's Hockey vs. Bethel University (MIAC Showcase)

7 p.m.

#### Saturday, Nov. 1

Men's Soccer at Hamline University

1 p.m.

Women's Soccer hosts Hamline University 1 p.m.

Football hosts Bethel University

1 p.m.

Swim and Dive hosts Saint John's, Saint Benedict's and **UW-Eau Claire** 

1 p.m.

Women's Hockey hosts Alumni game

2 p.m.

**Cross Country at Conference Championship** 2:15 p.m.

Volleyball at Saint Mary's University

3 p.m.

#### Wednesday, Nov. 5

Women's Soccer at UW-Stout

7 p.m.





Gustavus Sports Information

Tri-sport athlete Laura Edlund '08 won the fifth annual Mankato Marathon on Sunday, Oct. 19. Edlund broke through the ribbon at the finish line with a time of 3:09:37. During her time at Gustavus, Edlund competed in Cross Country, Nordic Skiing, and Track & Field. This was Edlund's second marathon.

# Sports & Fitness

**OCTOBER 31, 2014** 

# Zach Brown leads Men's Soccer to playoffs

**MIND** "He is just thinking and anticipating quicker than everyone around him. He is like a bloodhound, even a half-chance in the box he sniffs it out and puts it in the back of the net."

#### Katie Allen Staff Writer

The Gustavus Men's Soccer team, defeat Bethel University on Tuesday, Oct. 28, to move to 12-4-1 overall and 6-2-1 in the MIAC. The Gusties

are

m a k ing a strong push towards the upcoming MIAC playoffs. The men are hoping to capitalize on their superior possession

**WORK RATE** "He's constantly working hard to class players down, and never gives defenders a rest. His work-rate is an undervalued commodity of his game, and his drive and desire is insatiable."

hoping to capitalize on their superior possession on the field and utilize star forward Senior Zach Brown in order to win the MIAC and earn a ticket to the

*we and desire ve and desire we are so good in possession...we keep the ball probably 70 to 80 percent of the game, which is* 

unheard of," Head Coach Mike Middleton said.

Although the team has been in control of the ball for most of the matches, the men are still working on using this to their advantage.

"We really haven't been outplayed by anyone yet, the games we've lost are really from not converting our possession into goals," Coach Middleton said.

The other major strength, Brown, has been a critical part of the men's soccer team. Brown is the 2013 MIAC MPV, has been awarded All-Conference in 2012 and 2013, and is also ranked in the top five Gustavus career scoring leaders. Brown has been the top scorer for the men's soccer team since 2011.

"Zach is an excellent player," Coach Middleton said when asked about Brown. "He's quick, he's dynamic, and he's good on the ball."

Senior Midfielder Eric Schneider also appreciates Brown's role on the team.

"He's very competitive, but I think that's one of the reasons why he's so good," Schneider said. "I'm glad I'm his teammate, I wouldn't want to play against him."

Still, Brown remains humble and focuses on furthering the team as a whole.

"I have been able to help our team succeed, which is really what it is all about. I just try to do everything I can to help the team win," Brown said.

Throughout his career at Gustavus, Brown has excelled on the field and has majorly contributed to the overall success of the team, including helping the men to win the MIAC tournament the past two years in a row. In addition, Brown has earned the respect of coaches and teammates alike and made many close friendships.

"He is very competetive, but I think that's one of the reasons why he's so good. I'm glad I'm his teammate, I wouldn't want to play against him." —Eric Schneider

"My favorite part of being on the team is being with the guys. The guys on the team are my best friends and I can't imagine not having them around," Brown said.

The soccer team is currently tied with Carleton College at second place in the MIAC. To secure the automatic semi-final bid to the playoffs, the Gusties need to defeat Hamline University in the last regular season game on Nov. 1, while Carleton must lose or tie to conference champions St. Olaf.



**SHOT** "He's quick, he's dynamic and he's good on the ball. He scores goals Wayne Rooney would be proud of."

Head Men's Soccer Coach Mike Middleton reflects on Zach Brown's most valuable assets.

Gustavus Sports Information

Gustavus Sports Information Zach Brown celebrating his game winner against the University of St. Thomas. Brown has been the Gusties' top scorer for the past four years and is currently leading the team with 10 goals.