



St. Peter community dedicates prairie restoration project

Peter Diamond
Staff Writer

The Coneflower Prairie Restoration Project's dedication occurred last Saturday, Sept. 15 in the Linnaeus Arboretum to honor the donors of the project as part of the events of the second annual Celebrate St. Peter Day.

The project, which came to fruition thanks to Professors of Biology Cindy Johnson and Pamela Kittelson, began when former Gustavus student, Althea Archer, was working on her honor's thesis in biology and suggested the land be returned to its once native state, prior to settlement.

"We followed a lot of her original suggestions," Kittelson said. "We've been looking at [her honor's thesis] and seeing what she has suggested as far as the kinds of habitats that would do well."

The prairie was planted in 2008, following extensive fundraisers and grants, one in particular given by The Carl and Verna Schmidt Foundation, which offered a matching grant of \$200,000.

The goals of the project are to

enhance and restore a native Minnesota habitat to what they would have looked like prior to settlement. At one time, the prairie extended between here and the Rocky Mountains, and even spanned from Texas to Canada.

"When you're looking for a time to take a break from school it's a great place to find a sanctuary super close to campus."

—Mary Patterson

"All of southern Minnesota used to be tall grass prairie, and so this area was really set up to represent the land that Gustavus was on," Junior Mary Patterson, a student who has been actively researching the prairie throughout the summer, said.

"Less than one percent of that habi-

Coneflower dedication continued on Page 4



Mara LeBlanc

Building Bridges announces conference topic on mass incarceration

Sandy Xiong
Staff Writer

Each year, Gustavus's student-led organization, Building Bridges, organizes a conference in an effort to promote understanding of diversity and to foster social justice. The conference's objective is to lay a foundation for opening up dialogue to the wider community, bringing together individuals from various settings, situations, and interests to discuss. The 18th Annual Building Bridges Conference for 2013 has been in the topic planning phases since this summer and is prepared for this year's topic unveiling.

They announced the topic for this year's conference last Wednesday night. The topic is entitled "Sentenced for Life: Confronting the Calamity of Mass Incarceration." Building Bridges Co-Chairs Jasmine Porter and Becca Eastwood worked over the summer to research three separate conferences. After reconvening at the start of this school year, the two students decided to make mass incarceration the theme of this year's Building Bridges Conference.

"It's an issue that is happening right in our own cities and back yard," Porter said, "but it's not being addressed."

According to the Office for Civil Rights

and their Civil Rights Data Collection, over 70 percent of students involved in school-related arrests or who get referred to law enforce are Hispanic or African American. In this report, it was revealed that African American students are over 3.5 times more likely to be suspended or expelled than their white peers.

"This is a topic that people in the community have had interactions with. Most people just never really considered this connection as a part of a larger national issue."

—Virgil Jones

"It creates a cycle that repeats itself," Eastwood said. "Certain groups of people are born into and grow up in certain circumstances and these laws disproportionately affect them. They end up entangled in the justice system and it's difficult to get out of that."

With the conference set to be in early March, Building Bridges is putting their best foot forward to gather together speakers and workshops that will kindle thought-provoking conversation while



Building Bridges Co-Chairs unveil this year's conference topic.

Haley Bell

making the community aware of issues not often discussed.

"In academia, it hasn't trickled down to the average person yet," Senior Tasha Ostendorf said, "but there's a strong view among scholars that agree on sociological issues that it's easy to say,

'obviously poor neighborhoods are going to produce more criminals,' but there is so much more behind that. You could

Building Bridges continued on Page 4

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Campus Safety Report

Monday, September 10

- Campus Safety responded to a medical assist in Norelius Hall.
- Campus Safety responded to a medical assist in the Schaefer Fine Arts Building.

Thursday, September 13

- Campus Safety investigated a report of damage to property on College grounds by the soccer fields.

Friday, September 14

- Campus Safety responded to College View apartments for a medical assist.
- A student reported the theft of an unsecured bicycle outside Pittman Hall

to Campus Safety. The bicycle was later recovered.

- A Campus Safety Officer responded to a medical assist at Beck Hall.
- Campus Safety responded to a medical assist on College grounds. One student was cited for underage consumption.

Saturday, September 15

- Campus Safety responded to a medical assist in Norelius Hall. Four students were cited with underage consumption.
- Campus Safety responded to a medical assist in Norelius Hall. One student was cited for underage consumption and underage possession of alcohol.

- One student was cited by Campus Safety for underage consumption in Norelius Hall.

- Three students were cited by Campus Safety for drug/narcotic violations in Arbor View.

- A Gustavus student reported the theft of her unlocked bicycle from the bike rack near the Jackson Campus Center.

- A Gustavus employee reported vandalism to Gustavus property.

- Campus Safety responded to a medical assist in Pittman Hall.

Sunday, September 16

- Collegiate Fellows responded to an alcohol violation in Sohre Hall involving one student.

- Collegiate Fellows responded to a College policy violation involving two students and an alcohol violation involving one student in Norelius Hall.

Tip of the Week:

September is National Preparedness Month (NPM). It was created in 2003 to help increase citizen emergency preparedness in the U.S. and focus on preparing yourself, those in your care,

and your community for any unexpected emergency.

Preparedness is a shared responsibility. It takes a whole community. This year HSEM is joining FEMA in asking the public to "Pledge to Prepare" by taking specific actions. We are asking individuals, businesses and organizations commit to doing at least one of the following:

1. Be informed: Learn about local hazards and risk and their appropriate responses at <http://www.ready.gov/be-informed>
2. Build an emergency kit: Be ready to survive on your own. Learn more at <http://www.ready.gov/build-a-kit>
3. Make a communications plan: Keep yourself and family in touch. Learn more at <http://www.ready.gov/make-a-plan>
4. Get involved: Find out about preparedness in your community at <http://www.ready.gov/get-involved>

For more information on National Preparedness Month and for help getting your family, business or community prepared, visit www.Ready.gov or call 1-800-BE-READY, 1-888-SE-LISTO, and TTY 1-800-462-7585.

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Sophomore Socials engage students and professors

Brianna Furey
Staff Writer

Sophomore Socials are a new, open-house-style events at Gustavus this year which seeks to bridge the gap between the residential and academic experiences for sophomore students, held from 3 to 5 p.m. every Friday in September and every other Friday in October in the Johns Family Courtyard (Courtyard Café if it rains).

Sophomore Socials give students a chance to interact with professors in a casual, relaxed setting. Students can get advice on majors, internships and careers as well as general academic advice. In fact, you can talk to professors no matter what your major.

Many students attending these events have been vocationally focused. "Students have asked me about the job market, careers and internships," Professor of Communication Studies Phil Voigh, who was in attendance at last Friday's Sophomore Social said.

Job-focused or major-focused, students can get their questions answered by professors at Sophomore Socials.

"This was definitely needed and very beneficial," Sophomore Madi Bongard said.

"I feel like I'm one of the few out of my friends who haven't declared. I'm still looking into majors. You can just show up



Student Dasha Grishina and history professor Sujay Rao converse in the Courtyard.

Dillon Hall

to these and find out about different majors and careers for that major. This is an invaluable resource."

Even if students have declared a major, however, they are welcome and encouraged to come to these events.

"It's an informal setting, not a whole panel of teachers in front of you. You are welcome to come and go," Bongard said. "There are a variety of teachers and even if you have a set major, you can talk about anything, including information about a minor. You would never get this opportunity at most places."

According to Education.com, "by the time you reach sopho-

more year, the thrill of being away at college and the newness of the experience have faded, leaving in their place a sense of growing urgency about deciding on a major, choosing a career path, and finding a group of friends or a romantic interest." Many know this as "sophomore slump."

For this reason, Residential Life created a position to bridge academics and the residential experience. Director of Health Service Heather Dale is the Faculty/Administrator in Residence for the Sophomore Year Experience. Dale brainstormed the Sophomore Socials idea and made it happen.

"I'm the person in charge of Sophomore Socials. I do everything from coordinating the faculty that attend and advertising to making sure the table has food on it," Dale said.

Kevin Bruins, Area Coordinator for Complex and Rundstrom Halls, is the person from Residential Life most connected to the program.

According to Dale, this event has received really positive feedback and has had a good representation of both female and male students.

"Some older students have come up to me and asked, 'Why didn't we have this when we were sophomores?'" Dale said.

"I'm probably going to go back once or twice more. If you know your professor, it's just fun to sit and talk to them for a while," Bongard said. "Plus, they could even become your advisee. This is just a great resource."

Sophomore Socials will continue throughout the fall into the end of October.

This is what students can anticipate for Sophomore Socials in the upcoming weeks, although the schedule is subject to change:

Friday, Sept. 21: Biology, CSL (Community-Based Service and Learning, Vocation and Integrative Learning and Career Development)

Friday, Sept. 28: French, German, African Studies, Philosophy and Communication Studies

Friday, Oct. 12: Spanish, Psychology, Econ Management, Geography, Sociology/Anthropology and Library staff

Friday, Oct. 26: Scandinavian Studies, Geology, Religion, Gender, Women, and Sexuality, Latin America, Latino and Caribbean studies, and Academic Advising.

If there are particular departments that you as a student are interested in conversing with that are not on the list, please email Heather Dale directly at hdale@gustavus.edu with suggestions for Sophomore Socials.

Students hold conversation workshops on respectful dialogue

Rebecca Hare
Copy Editor

Shortly after 10:30 the night of Sunday, Sept. 9, a "Vote No" poster hanging in an apartment window was vandalized on the Gustavus campus. "Vote No" has been the slogan adopted by those in opposition to the newly proposed marriage amendment that will appear on the ballot this upcoming November. The incident stunned and shocked the victims of the vandalism because it seemed out of character for a community with a reputation for warmth and friendliness.

"It was very rude, and I was surprised it would happen at Gustavus because we're such a welcoming community," one of the students whose poster was targeted said.

Senior Political Science major Eric Halvorson has reason to comment on the vandalism as well. After an internship this summer with Minnesotans United for All Families—a coalition opposed to the marriage amendment—Halvorson took it upon himself to bring the core message of the program to the Gustavus community in the form of Conversation Workshops.

"By refocusing a political issue on the personal issue that it really is, Conversation

Workshops focus on engaging citizens in respectful discussion," Halvorson said.

His response to the incident was disappointment in an opportunity lost for this type of respectful interaction. "This is hurtful to people on any side of the issue. It is not respectful, constructive dialogue," he said.

Conversation Workshops strive to provide a place to practice the type of dialogue that surrounds this highly emotionally-charged issue in a safe space that involves both role-playing and discussion. Their focus is on the importance of marriage and the human element involved in a personal issue that has become politicized.

"We talk about big ideas but forget to share our stories, stories of hurt, personal stories," Halvorson said.

November is near, voting day is closing in, and Halvorson believes it is important that students start talking now.

"Bumper stickers can't vote and neither can lawn signs. We need to engage Minnesotans in conversation," Halvorson said.

A recent attendee of one of Halvorson's Conversation Workshops, Senior Philosophy major Dan Burnett believed that the workshop was very valuable to him despite his extensive knowledge of the new marriage amendment because it was more than a mere educa-

tional lecture. Dealing mostly with discussion techniques and reflection upon values and each other's experiences, the workshop was very interactive in nature.

"One of the things Eric helped us through was really actively listening to what others have to say because their opinion is valuable in and of itself," Burnett said.

A foundation for the Conversation Workshops is the importance of sharing stories

that give dimension to the larger conversation and help frame it in terms of how the decision affects people's lives on a personal level. Burnett found this to be a crucial element that Halvorson successfully integrated into the Workshops.

"He also really emphasized the value of story. Freedoms and rights are really abstract concepts, but they are grounded in stories and human lives. If we deny other people rights, we hurt them and re-write their

story in a way that denies them happiness," Burnett said.

Halvorson has two more workshops planned to take place before Election Day. The workshops will be held Wednesday, Sept. 26 and Monday, Oct. 1 from 7-8:30 p.m. in Old Main 04. For anyone who is interested in receiving more information or getting updates on the Conversation Workshops or Minnesotans United for All Families should contact Halvorson at ehalvors@gustavus.edu.



Halvorson's workshop encourages understanding despite differences.

Submitted

G.O.L.D Program broadens leadership track

Tram Bui
News Editor

The vision of the G.O.L.D. program concentrates on student leadership development in the community. This year the program will undergo major changes to better fit the need of Gustavus students. The program encompasses Gustavus's five core values of excellence, service, faith, community and justice.

After a series of program changes, the G.O.L.D. program began collaboration with the CSL to develop the program to better serve and meet the needs of students.

Previously, the program offered bronze, silver and gold certificates. One of the major changes in the program is the identification of specific leadership tracks. The new three track system has certificate options for Self-Leadership, Servant Leadership and Exemplary Leadership.

"It makes you more comfortable as a leader, having command of yourself and how you act in situations and empower others which is something we stress."

—Allie Kaulkman

"There is a basically an opportunity for every individual to learn about themselves and efficiently maximize their leadership for all people," Assistant Director of Student Activities in Student Activities and faculty advisor to G.O.L.D. Program Andrea Junso said.

"The best part about it is that the program is literally designed for everyone: captains of athletic teams, Greeks or CFs," Junso said.

"Students can go through any of the tracks. Which track they decided on is dependent on

what type of leader you want to be, whether you want to act out your visions or work alongside a team. Again, they are all valuable resources to have," Junso said.

The three tracks are identified by distinct characteristics. The Self-Leadership track will emphasize leading others by virtue of understanding and being able to lead oneself. The sessions will utilize tools such as the Myers-Brigg Type Indicator, a well-being assessment and personal branding.

The Servant-Leadership track is based in leading others through serving others.

"When you empower others, you find out who they are. You can help them be successful, too," G.O.L.D. Program Coordinator Junior Allie Kalkman said.

The Exemplary Leadership track will help students achieve things greater than themselves and teach them to be proactive.

"This track is a juxtaposition of leadership and management. It will be more applicable to business and and is an action motivated track," Assistant Director for Community-Based Service and Learning in the Center for Servant-Leadership Dave Newell '03 said.

Newell is also the Servant Leadership speaker, along with Director Vocation and Integrative Learning in the Center for Servant-Leadership Chris Johnson '83.

"Overall, I think that this allows students to pick the classes that suit them the best. You are going through a cohesive track and are learning what you will need to do to be successful," Kaulkman said.

"You really dive in and have an in-depth leadership experience in each track," Newell said.

Other major changes to the program will include theoretical, experiential, and reflexive components to the sessions and specifically experienced speakers for each track session.

Junso and Mentoring Program Coordinator in the Center for Servant-Leadership and Assistant Director of Vocation and Integrative Learning in the Center for Servant-Leadership Amy Pehrson will co-teach the Exemplary Leadership track.

The Self-Leadership track will be taught by eight various members of Gustavus including members from the Diversity Center and faculty.

"I cannot emphasize what a valuable resource this is. They will gain many transferable skills being certified in this sort of leadership program."

—Andrea Junso

"The more you can stick through it with people, the more you can connect and the more you can learn and gain," Kaulkman said.

Each track is offered in full each semester, and to earn a certificate for each track, session goers will have to attend seven consecutive sessions of each themed course. The program members hope for more students to participate and take the long-term courses.

"It makes you more comfortable as a leader, having command of yourself and how you act in situations and empower others which is something we stress," Kaulkman said.

"The overall goal for G.O.L.D. is that is open to everybody and our hope is that it gets more people more invested in leadership," Newell said.

The program will kick off next Friday with a keynote presentation on strength-based leadership and continue with semester long, interactive sessions. It is free and open to the entire campus.

"I cannot emphasize what a valuable resource this is. People pay thousands for this type of education. Gustavus students are encouraged to take part in the program. They will gain many transferable skills being certified in this sort of leadership program," Junso said.



G.O.L.D. reinvents itself to better suit the needs of students. Submitted

Coneflower dedication continued from Page 1

that remains today, so it is a very endangered ecosystem – in fact it is one of the most endangered ecosystems in the world," Kittelson said.

"I think this is a great resource for people to learn about the place that they're living and hopefully care about it."

—Mary Patterson

Another objective, alongside increasing habitat for animals and plants, restoring diversity in the prairie, and allowing research for faculty and students, is to create recreational and aesthetic opportunities.

"I think it's a great resource for the Gustavus community, and it provides so many different opportunities – recreational, educational, and spiritual ways that allow people to go and connect with the environment," Patterson said. "When you're looking for a time to take a break from school it's a great place to find a sanctuary super close to campus."

Indeed, the prairie offers students a chance to get away from asphalt and enjoy the peaceful solitude in a place with a sense of serenity in it.

"There are so many people at this school. I feel they aren't really connected to the area

around them. I think this is a great resource for people to learn about the place that they're living and hopefully care about it," Patterson said.

However, even with the dedication, it is nowhere near the end for the prairie. "A prairie restoration project is never done; over the years we'll be fighting invasive species, burning the prairie, mowing and researching it – it's not just something that you plant and look back at," Scott Moeller, the arboretum's naturalist, said.

A restoration is a perpetual project, involving an ever-changing ecosystem. "What was phenomenal about our experience this summer was that every time we went out we found something new, whether it was a new plant or a new animal, it felt different," Kittelson said. "In June it was alive with birdsong, and in July there was this gorgeous display of flowers, of many different kinds, and in August when it got hot and dry there were just grasshoppers and insects everywhere. It has been such a privilege to see it change."

The prairie is still in its infant stage even after these years of ongoing development.

"I mean they talk about the kind of forethought it takes to plant a tree, that you'll never see its full maturity during your lifetime," Kittelson said. "I think it's the same with restoration, that you'll never completely know the future generations that will enjoy this place that you hope to create, or restore."

The restored prairie is located just past the Borgeson Family Cabin in the Linnaeus Arboretum.

Building Bridges continued from Page 1

equally find that much criminal activity in 'rich, white neighborhoods.'"

Mass incarceration calls into question how the law may be intentionally set up to disadvantage certain people who are born into and grow up in certain circumstances.

"This is a topic that people in the community have had interactions with," Director of Diversity and Office of Multi-

cultural Programs Virgil Jones said. "Most people just never really considered this connection as a part of a larger national issue."

Mass incarceration, an issue invisible public conversations, has also become a growing issue at a federal level.

"The conference should spark a discussion about whether or not there is bias that exists in the scales of justice, depending on what family you are born to and what color they were," Jones said. "The workshops, I hope will provide an opportunity

for students to think about how they can challenge the system or find ways to change it."

Building Bridges meets Wednesdays at 9 p.m. in the Board Room. They are currently taking new members through the 2012 Fall Semester. A variety of involvement is available for those interested in taking part in this year's conference.

GUSTIE *of the* WEEK

— Muresuk Mena

Katie Volney
Staff Writer

Perhaps one of the best indicators of a true Gustie is their involvement at Gustavus beyond academics. Such is true with Senior Biology major Muresuk Mena. Whether he's on the football field or in the classroom, Muresuk puts all of his energy into excelling at whatever he does.

"Suke's determination and passion for the things he admires is unbelievable," Junior Adwoa Afreh said.

Originally from Inver Grove Heights, Muresuk likes to spend his time in the music building or in the caf, hanging out with his friends and teammates. He chose to come to Gustavus because of its impeccable reputation for academics and the people he met while visiting campus, especially the football coaches.

Football has played a large role in Muresuk's experience at Gustavus.

"Football at Gustavus is more than just a sport, it's a lifestyle. Coming in I thought that I would have some fun, make some good friends, and that would be it. I have done that and more. My head coach always says we are servants, scholars and leaders, and there have been many times where our football team has used the

game to educate and also serve others," Muresuk said.

This year, Muresuk has a lot to celebrate as he is the senior quarterback on the team.

"Muresuk is a strong and trusted leader of our football team. He has worked extremely hard both on and off the field to represent his family, our Gustavus community and Gustie football with honor and class. His leadership has been key to our team's growth. Muresuk is a respected leader who makes those around him better. His play on the field is a reflection of his character and his commitment to his teammates and coaches," football Coach Peter Haugen said.

"Muresuk has proven to be a leader in the Gustavus community on and off the field. He challenges the team every day to make great decisions and [to] treat every play [like] it's their last," fellow teammate Andre Creighton said.

When he is not working hard on the field, Muresuk is also actively involved in the Pan African Student Organization (PASO). He first became a member of PASO because it reflects aspects of his own culture and he was interested in what the organization is about.

"I am so appreciative for having been his partner and Co-President for PASO for a year. He taught me how to lead by example, by doing so



Mara LeBlanc

Senior Biology major Muresuke is ready to lead the Golden Gusties to a winning season.

himself. I feel honoured to say that I worked closely with him to support an organisation we both care about so strongly. He was an inspiration throughout it all," Junior Valentina Muraleedharan said.

His ability to balance a demanding football schedule in addition to his involvement in this organization exemplify his incredible work ethic.

"I have never really seen so many positive attributes in one individual when it comes to

discipline, character, work ethic, his will and his personality. My favorite attribute about Suke that I admire most is his will to accomplish the goals he has set for himself and his will to stand against the things that he thinks will be detrimental to him and those he loves," Junior Naga Rumicho said.

Muresuk has many aspirations for the future.

"Well, I would love to become a superhero, but that's a backup plan. My main aspiration is to

become a physician's assistant or a pediatrician," Muresuk said.

He also hopes to share his generosity and kind heart with the rest of the world by joining the Peace Corps.

"He is focused, whole-hearted, and cares about every person in his life. He gives his all to everything and everyone; 100 percent," Muraleedharan said.

Facts on Muresuk

Senior Biology major

Quarterback of the Golden Gusties

Member of the Pan African Student Organization (PASO) and Mr. Gustavus 2012



Mara LeBlanc



Mara LeBlanc

Muresuk keeps it funny and real on and off the field in his involvement with the community.



Mara LeBlanc

An album to help you feel *Away from the World*



Victoria Clark
Editor-in-Chief

For those longtime lovers of Dave Matthews Band still reeling in the rougher, grittier vibe of the last few years, their most recently released album *Away from the World* comes as a breath of fresh air. Reminiscent of their more lyrically intimate beginnings, this album delivers on the kind of unbuttoned crooning, thoughtful guitar strumming, violin humming magic that made us fall in love at the start of the group's career.

This feeling of déjà vu can be partly explained by the band's reunion with producer Steve Lillywhite, who produced the group's first three albums. The reunion is definitely palpable on tracks like "Belly Belly Nice" which take us back to the pulsing rhythms and hot horn sections in songs like "Ants Marching" from DMB's first

studio album *Under the Table and Dreaming*.

The album also delivers on iconic Dave-like guitar picking in tracks like "Rooftop" and "Snow Outside," which when listened to in succession, create the feeling of driving fast down a bumpy road to suddenly being gently rocked on a ship at sea. Yeah, y'all. You heard it here first. Dave's hands can take you there.

While the group shows a return to their early years in terms of style, *Away from the World* shows the maturity of a group on their seventh studio release.

Both the group's technical prowess and emotional maturity are heard on songs like "Snow Outside:"

"Here you come, you bring me real love / From the ground beneath to the stars above / I was growing down, now I'm growing up / With you in my blood."

This song combines the rich overlapping of orchestral-like strings and rich phrases of contrapuntal horns. Plus, this track features a nice, long violin solo that only my man Boyd Tinsley can deliver.

Still other tracks, like the stripped-down "Sweet" reveal the vulnerability and intimacy characteristic of *Away from the World*. The track features the smooth, naked vocals of Dave paired with the innocence of a ukulele, the combination of which is enough to make any-

one swoon.

The tracks "The Riff" and "Belly Full" expound on this inherent intimacy, especially in "Belly Full." The combination of lyrics and lush instrumentation in this track provides the necessary, what I like to call, 'panty-dropping factor' that DMB never fails to deliver on:

"Spread yourself across my lips / And I spoon you in / The sweetest thing in all the world / Oh I want more."

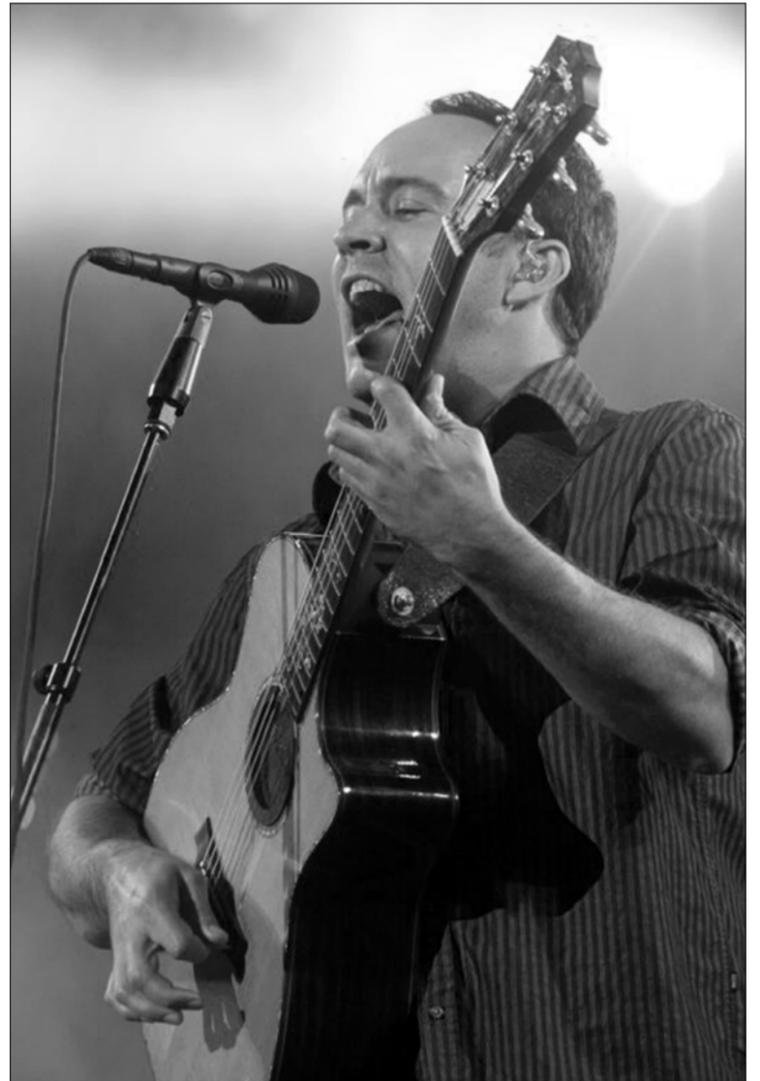
The deliciously suggestive lyrics in this track mirror those of one of the group's biggest hits "Crash Into Me" from their second album *Crash*:

"Hike up your skirt a little more / Show your world to me." In this way, Dave toes yet again the lyrical line between incredibly sexy and slightly creepy in only the way he can.

While I hate to be a buzz-kill (no need to pretend like that last paragraph didn't get you a little bothered), this album also includes a powerful ideological message about the state of the world today.

The album pairs tracks, "Mercy" and "Gaucho" to really make this message apparent. The first track, poses the question "Mercy, will we over come this / One by one could we turn it around?" and the second track seems to answer with, "We've got to do much more than believe / If we really want to see the world change."

It is this album's ability to



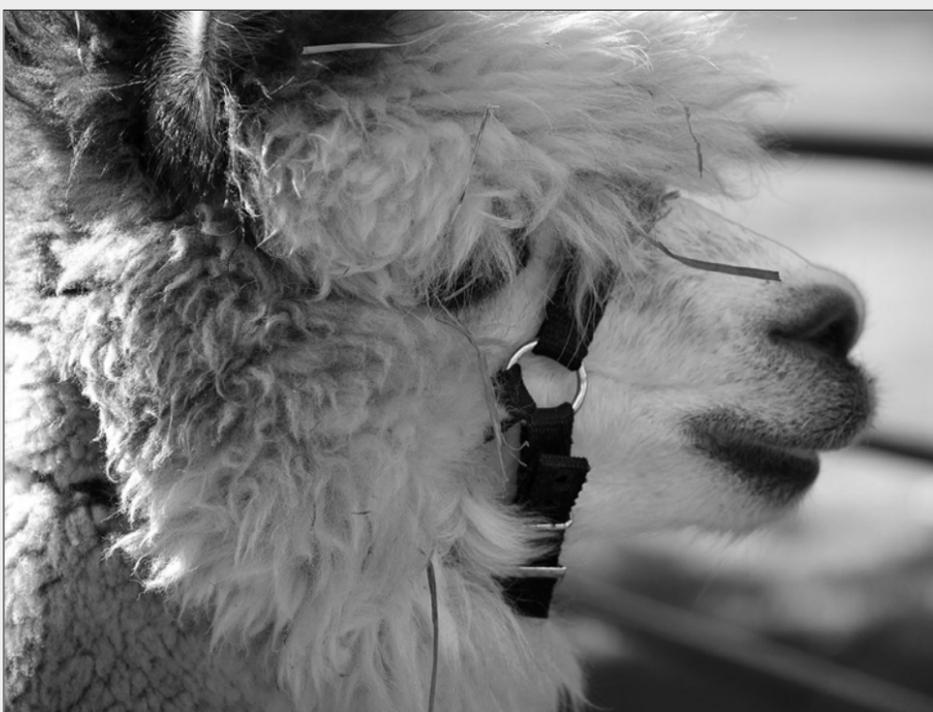
"I wish he would hold me like his guitar and stroke me into a trance of pure bliss," Clark said. Creative Commons

simultaneously "turn you on" and "lift you up" that makes it so delightful. Combine those qualities with the artful mastery of the group's seasoned musicians and you've got an experience that truly makes you feel *Away from the World*. I give this

album a shiny five out of five stars. Any haters can deal with me personally.



Community celebrates Fall Fest in Linnaeus Arboretum



Fall Fest 2012 in the Linnaeus Arboretum was host to many activities including a visit from two alpacas (pictured above). Student musicians were also heard as part of the day's festivities. Antonio Herbert and Robbie Brown are pictured performing together top right. Organic produce harvested from Big Hill Farm was also for sale. Farm interns Sophia Ogren-Dehn, Greg Wiessner, Alex Christensen and Sam Warburton are pictured bottom right with some of the harvest. All photos are courtesy of Gustavus Office of Marketing and Communication.



Students and faculty launch new Spanish online journal, *El Tintero*

Victoria Clark
Editor-in-Chief

In an effort to create a more public forum for students studying Spanish at Gustavus to publish and share their creative works, students and faculty have teamed up to launch a new film and cinema online journal called *El Tintero* (The Inkwell).

The site was launched this fall and currently includes poetry, creative writing, and cinematography created by students from past Spanish literature and film courses.

Although the idea for *El Tintero* was inspired by students' work produced in class, the faculty advisor of the journal and Professor of Modern Languages, Literatures, and Cultures Angelique Dwyer said that anyone interested in submitting work is welcome. Ian Shay (Fall Editor) and Trevor Oestenstad (Spring Editor) will oversee the editing and publishing of content to the journal.

The journal will accept submissions on a rolling basis and will publish biannually (See pull-out box for more information on submission deadlines and publication dates).

Dwyer said the concept of *El Tintero* is much like that of the English Department's biannual publication of the literary journal, *Firethorne*.

"We love *Firethorne* in that it provides a place for students to have a creative voice," Dwyer said. "We know our Spanish students have the same abilities and passions, but we currently don't have the funding for something like *Firethorne*, so we're putting it on the web."

The advantage of this type of publishing, according to Shay, is that it allows editors to update regularly and allows for larger projects like cinematic storyboards and film projects to be shared on the site.

"Having it on the web means you have this limitless supply of space, and it's visible for people around the world," he said.

The future of *El Tintero* will be greatly shaped by the support and enthusiasm of the students and faculty who inspired the endeavor. Dwyer spoke glowingly of this year's editorial team.

"Trevor really knows how to use language beautifully—in both Spanish and English," she said. "And [Shay] is truly a model student in every sense of the word. We think they're the perfect team," she said.

Shay said Dwyer's personality and teaching style will definitely have an effect on the journal.

"She is bright and approachable. She manages to mix both strong academic skills with pop culture and sharp wit. She makes classes interesting for students. This will translate into

El Tintero being very interdisciplinary and into students feeling comfortable submitting. The openness she has will translate into a lot of creative liberty for *El Tintero*."

While the physical existence of *El Tintero* is new, the stage was set for the project long ago due to a reshaping of courses within the department. When Dwyer received her position at Gustavus in 2010, she began immediately collaborating with fellow Professor Nancy Hanway who also shared Dwyer's interest in writing and publishing. The two talked about developing a course with a creative writing focus, which turned into modifying the "Literature and Film" course already in existence. Much of the material on *El Tintero* today was inspired by the creative assignment options in the new textbook for the class.

After giving students the option between more traditional options and more creative routes, Dwyer found that several of them chose the latter. It was upon reading the returned work that Dwyer thought, "we have to do something with this."

The future appears bright for *El Tintero*. Dwyer reported that they've already received submissions after having only been officially launched for a few weeks. In fact, they've even had submissions from an individual from St. Peter's sister city, Petatlán, Mexico and a poet from El Salvador.

This globalization of *El Tintero* is exciting to Dwyer who says they may consider adding a separate section on the site in

the future to include work done by those outside of the immediate Gustavus community.

"I can definitely see this as a way to build community here on campus and hopefully, as a way to build community abroad," she said. "That would be awesome."

Shay echoed these sentiments. "I hope that it becomes a well-established part of the Gustavus and St. Peter community and that we grow and keep growing," Shay said.

To submit creative works in Spanish write the editorial team at eltintero@gustavus.edu. To check out the site, visit https://gustavus.edu/mlc/spanish/eltintero/Spanish_at_MLLC/El_Tintero.html

Submission deadlines

- Fall submissions due by Nov. 5
- Spring submissions due by April 15

Publication schedule

- Fall work published in February
- Spring work published in August



Blake Van Oosbree

Presenting... S#*t of Ages



Aaron Albani
Copy Editor

To quote Jacobim Mugatu from *Zoolander*, "I feel like I'm taking crazy pills." This just about sums up my life after viewing *Rock of Ages*. I think, also, that my respect for humanity dies a little bit each time I see Tom Cruise in something new.

And I thought he could degrade himself no further.

This musical tells the story of a real-life "small town" Southern girl Sherrie (Julianne Hough) from Tulsa, Oklahoma who meets Drew (Diego Boneta) in the big city of Los Angeles. Love ensues within eighty seconds of meeting and the only way to express their ecstasy (and sorrows, eventually) is through the rendition (and possibly lip-synced?) 80s classic rock and roll songs.

Also in tow with these lovebirds is Alec Baldwin, the owner of the rock and roll joint, Bourbon; then there's Russell Brand, a musician of some sort and good "friend" of Baldwin; and finally we meet Tom Cruise who plays Stacee Jaxx, the critically acclaimed Rock God complete with a monkey pal named Heyman. As any divine Rock God

would, Jaxx seduces any and all women in sight, including a Rolling Stones reporter who goes on to shame him in her article.

All right so Drew gets really mad at Sherrie, and he's all "You're sleeping with Stacee Jaxx!" which totally isn't true, but Stacee Jaxx actually totally wants in Sherrie's pants. So Sherrie leaves Drew—yes, even after they have such a romantic montage of very cute kisses and cuddling and being in love. Oh my God, I know. Far more entertaining, however, is the growing chemistry between Alec Baldwin and Russell Brand as they sing duets and gaze into each other's eyes.

So naturally, she becomes a stripper, he joins a boy band—it's an age-old story. And I can't seem to stand one bit of

it, except the Baldwin/Brand romance. You know the ending of the story before you've gotten through the credits and opening song, which also, by the way, foreshadows every song Sherrie will sing as nasally and deserving of fast-forward.

All the while Tom Cruise is rocking onstage, and everyone else is basking in an orgy of drugs and oral sex, the mayor of LA (Bryan Cranston) and his wife (Catherine Zeta Jones) are doing all they can to run the club Bourbon into the ground due to sexual evils they are portraying. "Sex is bad!" Says Zeta Jones. But even she and her "church ladies" indulge in emotional expression through 80s rock and roll. And lo! The sex overflows from their church-going hips a-shaking.

So, I ask, why would anyone watch such a film? To pass the time, I suppose. Weekends bring with them hours and hours of time. Time with which we have so few things to do! So, I guess it's better than sitting on your

futon with a Capri Sun in hand and the wall as your oyster. Go see it if you so please! The music choices are pretty good and remind you of listening to 92.5 KQRS in your best friend's car down at the lake. But don't bring hopes with you. I reluctantly relieve myself of one star out of five.



Movie Times

- Friday 8:00 p.m.
- Saturday 8:00 p.m.
- Sunday 2:00 p.m.

All shows in Wallenberg

Semester in Malaysia: Living Diversity

Chelsea Johnson
Features Editor

With a forty year history of providing students with options to travel abroad, The Gustavus Center for International and Cultural Education is now introducing the program "Semester in Malaysia: Living Diversity." Students who sign up for this program will leave for Malaysia in spring 2014 and will experience a vast range of diversity in nature, food, biology and people. The program will be lead by Physics professor Steve Mellema and his wife, Shirley—both of whom have extensive knowledge of Malaysia and have lived there at various periods of their lives. Students will be based at the Universiti Sains Malaysia (Science University of Malaysia) on the island of Penang.

Mellema, who has traveled to Malaysia numerous times since he went into the Peace Corps 40 years ago, began the planning for this program by collaborating with the Universiti Sains Malaysia to create a program that would give students the opportunity to spend an entire semester studying both inside and outside the classroom to learn more about the country and its rich diversity. Courses will be taught on Malaysia studies, Religions of Malaysia, Tropical Ecology and studies in language.

The University, who has had a longstanding relationship with Gustavus since 1994, is one of Malaysia's most prominent universities, with 20,000 students spread across three campuses. Five faculty members, Steve Mellema, David Obermiller, Pamela Kittelson, Lynnea Myers and Thia Cooper, traveled to Malaysia to meet with the on-site partner in Malaysia and travel to areas where students will be traveling in the program. The program is not unlike Gustavus' programs in Sweden in India, which allow students to interact with an extremely vibrant culture while maintaining direct ties with Gustavus faculty and students.

"They focus on diversity at Gustavus, but they barely skim the surface of the meaning. We want to know about diversity, but there is limited diversity here." Mellema said.

According to Mellema, Malaysia is a friendly, healthy place to live and study. Students will realize what it is like

to live in a truly multi-cultural society while still being able to communicate with a society that speaks mostly English.

"My years in Malaysia have had the most profound influence on my life. You can't go to Malaysia and not understand diversity because it's the most diverse place on earth," he said.

One of the faculty who went on the trip this summer spoke to the many positive features Malaysia has to offer to students wanting to study abroad.

"There are almost no downsides. You can drink the tap water, eat street food, feel safe—the list is endless. One of my favorite parts was taking a bicycle ride through the countryside and seeing all the small towns and people coming out on their porches to say hello. It's the best-kept secret for foreign travel and study abroad," Kittelson said.

The program is open to students from any discipline. Any student with sophomore standing or above is encouraged to apply.

"It is not centered towards science students—it's ideal for a student of any type, for students who want to get credits done or simply for students who are interested in the theme of diversity—a background in science is not necessary," Director of International and Cultural Education Carolyn O'Grady said.

The semester includes a regular course load, and as mentioned before, will get the opportunity to frequently study outside of the classroom and meaningfully interact with the country's landscape.

"It's not like a regular schedule where they simply attend 4 classes a day—it's more than just 'seat time.' It's about 'seat time' and 'doing time,' in a way that you just can't do on campus because all of the students' schedules being so tight. This gives them the opportunity to explore in a different way," O'Grady said.

Field trips are an integral part of the program and students will travel to different parts of peninsular Malaysia including one of the oldest rainforests in the world.

"Malaysia has so much culture for the students to take in that there will never be a dull moment in terms of what they can explore and discover," Myers said.

For more information, please visit <https://gustavus.edu/cice/studyabroad/>

FACTS ABOUT THE PROGRAM:

-Fulfills your NASP (Tropical Ecology), NWest (Religions of Malaysia), SOSC I (Living Diversity: The Malaysian Experience) and an extra Gustavus credit (Bahasa Malaysia)

-Tentative program dates are February to May, and applications are open to all sophomores and above. Applications due March 1, 2013

-Program is estimated to cost only a little more than if you lived on campus. (Including international air fare, housing and food).



Submitted



Submitted

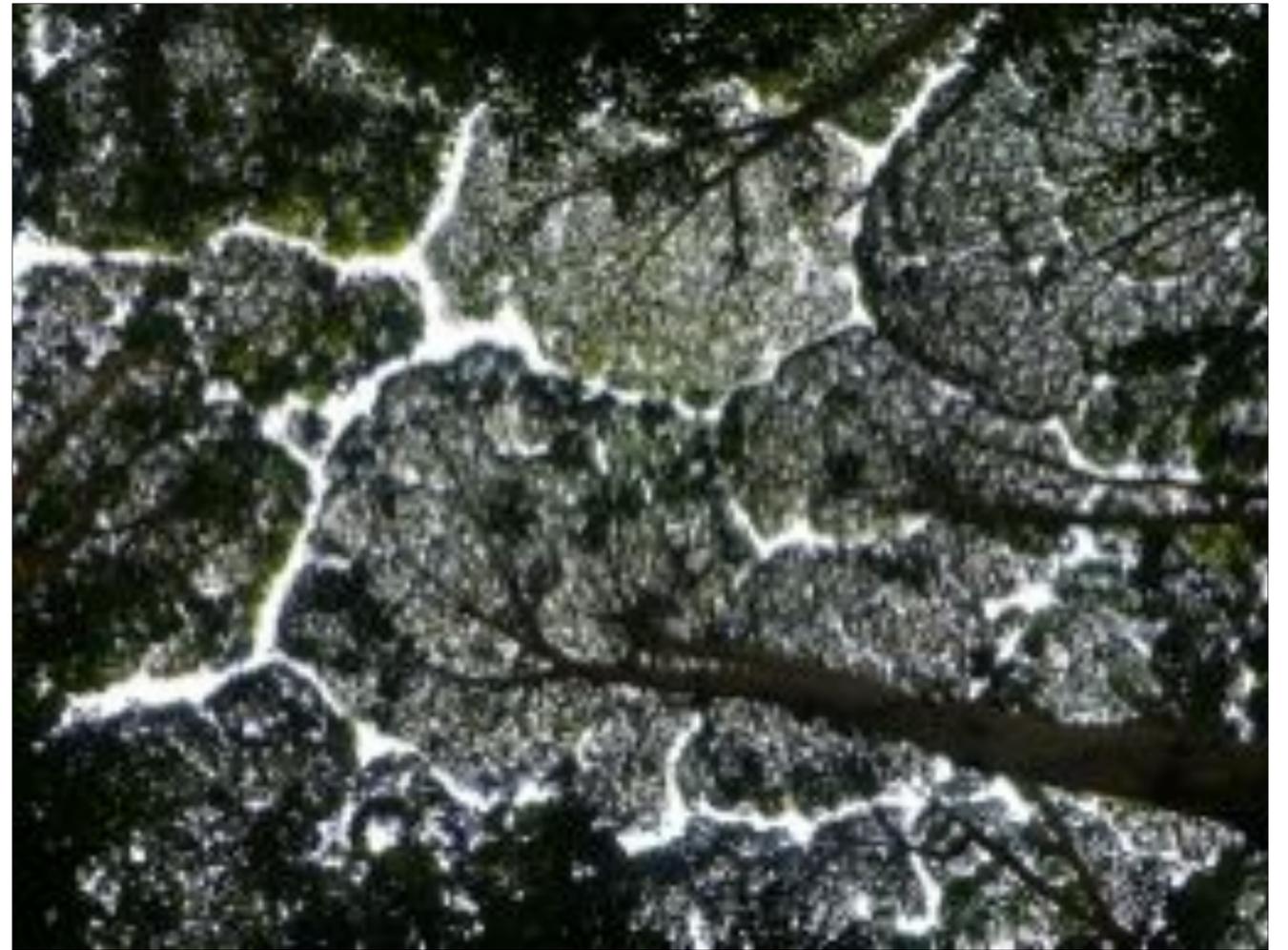


Submitted

Above: The diverse food in Malaysia is popular and safe to eat. Below: A Hindu shrine guards the entrance to the Batu Caves in Malaysia. Above Middle: Faculty members Steve Mellema, Pamela Kittelson, Thia Cooper, Lynnea Myers and David Obermiller traveled to Malaysia along with Steve's wife Shirley during the summer of 2012 in preparation for the program. Above Right: A kite maker spends hours making exquisite kites for sale.



Submitted



Submitted

Vast canopy covers the sky in the Malaysian rainforest visited during one of the scheduled course fieldtrips.

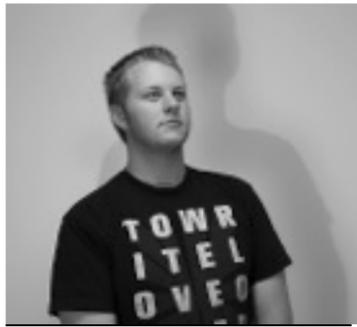


Submitted



A view of the sea and coral reef at Perhentian Island off the East Coast of Malaysia. As part of their Tropical Ecology course in 2014, students will snorkel and study the wildlife on reef like this one.

Cheer up Gusties, show me a smile



Ben Miller
Managing Editor

Oh, first-month-of-school-Gusties. I've missed you dearly these past ten months. Your willingness to lend a helpful hand, sit with a lonely person at dinner or smile as we pass each other on the sidewalk is a welcome sight after such a long hiatus.

For now, smiles abound and you are the friendliest creatures imaginable. But every year, something in you clicks, and that mood dies.

You start wearing perpetual frowns, and stop caring about anyone, but yourselves. You start leaving your dirty dishes all over the Campus Center, forcing me to clean up after you. (I've already started to notice this trend beginning again. Take your own dishes back ... Please?)

Maybe it's your busy schedules and heavy course loads. Maybe you've been sexiled by

your roommate one time too many (or weren't sexiled and wish you had been). Maybe it's the cold winter months that harden your spirits until summer. Maybe you're all upset that Peter Jackson has taken this long to make *The Hobbit* movie(s), and the only thing that will make you happy is doubling the length of your annual *Lord of the Rings* marathons.

Whatever the culprit, we're all going to turn into terrifying ogres again this year, if history is allowed to repeat itself. We're going to stay cooped up in our rooms all winter, complaining to friend A about friend B, and then later, complaining to friend B about friend A. Then when spring comes, we'll emerge from our residences, but not from our bitterness.

This year, I say defy history. Fight the inner-ogre. Emerge victorious and still smiling. Don't surrender to whatever it is that's trying to drag you down into negativity and constant unhappiness.

For the past three years, older and wiser Gusties have been encouraging my positivity and the evolution of the Gustavus community. Now they're gone, and we have to grow up and lead future Gusties to a brighter place.

Don't get me wrong, we have plenty of reasons to be upset, both inside and outside of Gustavus. Some take up arms against these unpleasant situations while others sink into spite



Let me in! I actually live here!

Ben Miller

or apathy.

Be a part of the former. If you're upset about something, strive to change it. If you have nothing to be upset about, then you need to do a bit of research and pick something to be upset

about because there are plenty of things that need to be fixed.

Whichever group you're a part of, still remember to smile (and smile often). Leave angst for the younger ones and just be happy.

Smile at each other on the sidewalk. Meet new people. Build the Gustavus community.

And please. HOLD THE F***ING DOOR OPEN.

The media diet



Riley Lass
Staff Writer

The internet is a wonderful place. The internet is a horrible place. I've read plenty of articles showing how great the web is for those without means to get a start on an entertainment career considering how quickly one can put material online. However, it is also a place where one can quickly put material online, no matter the quality. Due to the ease of placing oneself online, becoming a web celebrity has never been easier. So long as you can get others to share the word about "this weird guy" you saw on the net. It's a success strategy with which anyone can succeed when they leave a piece of dignity lying in cyberspace.

And when I say anyone, I mean anyone. Two young men from my hometown posed in a



This is my interpretation of the ASL sign for 'Netflix.'

Riley Lass

suggestive position on top of a moving vehicle to turn heads. They presented their image to *Tosh.o's* blog, and it was posted on the front page. Success! Action justified! Let's make more photos and videos!

This is a cycle that we, the bored and sleep-deprived students, enforce. I, myself, am

100 percent guilty of doing this. It's fun to see why another video that has gathered a million views got to where it is. And laughing at someone else's misfortune/poor effort is something we're practically trained to do.

Internet celebrity Maddox has issued a complaint about such

activities (if you plan on reading his articles, take things less seriously). One of his articles condemned those who support stupid videos (YouTube celebrity Fred, in this case). He showed that the videos that get the most views and are most popular will be chosen for mainstream media because that's what cor-

porate media giants like Disney think we like. In other words, by watching cat videos all day, we may be inadvertently helping to build a television show, magazine, board game, or other uninspired products with little more than goofy cats spattered all over it.

He's absolutely right. I can't be the only one who notices that Eduard Khil is mocked on *Family Guy* or that the "Thriller" inmates are dancing in a Snapple commercial. Did you know there are three *Fred* movies? Check the bowels of Netflix.

Can we stop this before *Fred 4: Rise of the Testes* is released? Yes. With ... a diet. Much like one would diet from sugary sweets in order to become more fit, I believe it is possible to treat our media experience the same way. Such that, just like we want to enforce the use of vegetables and grains in our diet more than treats, we would then want to enforce the use of thoughtful, inventive forms of media rather than stupid videos. This doesn't mean a complete removal of cat videos from your day. Just choose what you want to endorse. I mean hey, it's all your choice. *Tosh.O* is a very popular internet clip show, with *Ridiculousness*, *You Gotta See This*, *Web Junk*, and more on the rise. But then, maybe *Fred 4* won't be so bad...

Reclaiming conservatism



Josh Sande
Staff Writer



The Good, The Bad, and the guy who kind of looks like a turtle.

Josh Sande

Politics is as much a war of words as it is a forum for ideas, perhaps more so. Some of the biggest shifts in the history of American politics have come about as a result of changes in political language rather than in candidates or policies.

Candidates will come and go, but winning an election does not secure a victory for their ideas. A true and lasting victory is only achieved, as historians and political scientists

will tell us, when one party gets its opposition to accept the change it has made and to use its language in referring to that change.

For example, Republicans

raged against President Lyndon Johnson's "Great Society," a set of domestic policies largely responsible for establishing the social safety net we enjoy today. While that relentless criticism

played well for them politically, as evidenced by their huge gains in the following midterm elections, Republicans were unable to repeal those policies when they were in power.

Now, Vice Presidential nominee Paul Ryan, who many consider to be the intellectual heavyweight of traditional conservative principles in Congress, attacked President Obama for cutting funding for Medicare, one of the defining programs of Johnson's "Great Society." In this statement at least, Ryan appears to defend what his party once so vehemently opposed. The Democrats won that round.

On the flip side, when President Obama was advocating for health care reform of the Affordable Care Act, opponents worked hard to brand it as "Obamacare," seeking to link the president with the highly polarizing bill. Now seemingly everyone from the media to the President's own reelection campaign have taken ownership of that name. The Republicans take that round.

There has been a different kind of battle raging within the Republican Party, however, and it has not been over the branding of a particular person or policy, but over the very nature of their core beliefs. I would argue that the word "conservative" has recently been hijacked by politicians who are anything but.

Limited, un-intrusive government; personal responsibility; private property. These are the things conservatives say they stand for. It used to mean measured, reasonable and practical solutions to problems and unrelenting faith in the ability of individuals to rise to challenges.

Then shouldn't a conservative who embraces ideas like personal responsibility oppose the defunding of organizations like Planned Parenthood that empower women to take responsibility for their own health, and whose services do so much more to prevent abortions than administer them?

Shouldn't a conservative who realizes same-sex marriage is already banned by Minnesota

State Statute oppose an additional measure, to the State Constitution no less, just to make sure marriage can never be anything but between one man and one woman?

Shouldn't a conservative who claims to oppose the intrusive nature of government then also oppose the melding of notoriously intrusive institutions such as organized religions into a government whose job is supposedly to stay out of the way?

Most troubling of all are attempts across the country by largely Republican-controlled legislatures to impose restrictions on the most sacred right any citizen of a democratic society has: the right to vote. Why are conservatives not opposing these intrusions?

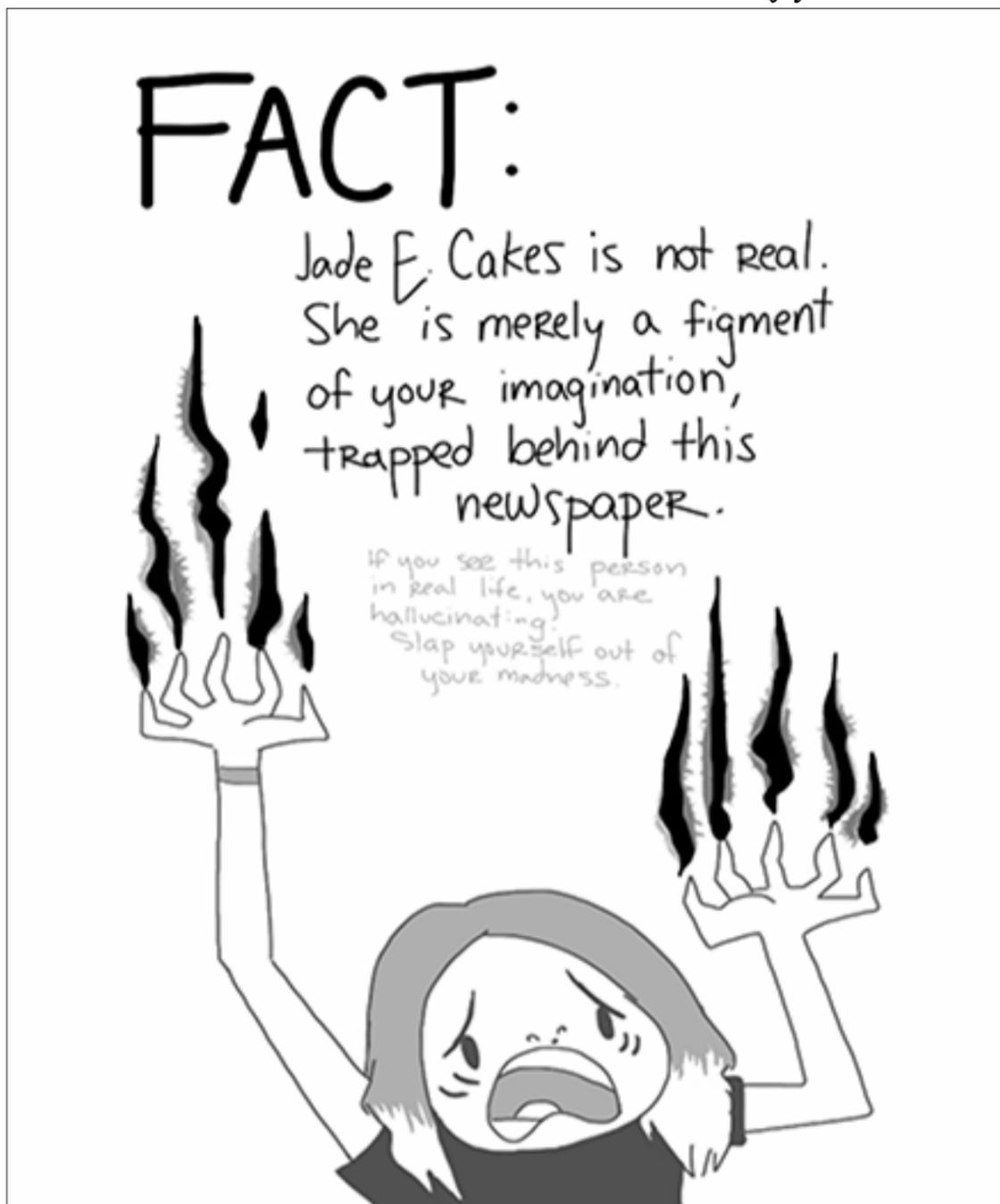
The whole premise of conservatism was to keep government and other institutions from limiting freedoms. The Constitution, which conservatives still claim to stand for, has with but a single exception only ever been used to expand and protect freedom. So why do the defenders of liberty, the advocates of freedom and personal responsibility and the crusaders against government intrusion now advocate legislating intrusion?

It's simple. The Republican Party is no longer made up of consistent conservatives, and the ones it has are being drowned out. Their core beliefs have been rebranded into something else, something far removed from limited government. We will have reasoned debate again in this country, but only when real conservatives reclaim ownership of their party and decide to oppose not just the encroachment by government on civil liberties from Democrats, but from those in their own party as well. The day that happens will be a brighter day in America, and a politically advantageous day in the Republican Party.

Until next time, Gusties: think more, believe less.

A PSA from your friendly resident comic artist

by Jade E. Cakes



Cap'n trade



Kevin Fortuna
Staff Writer

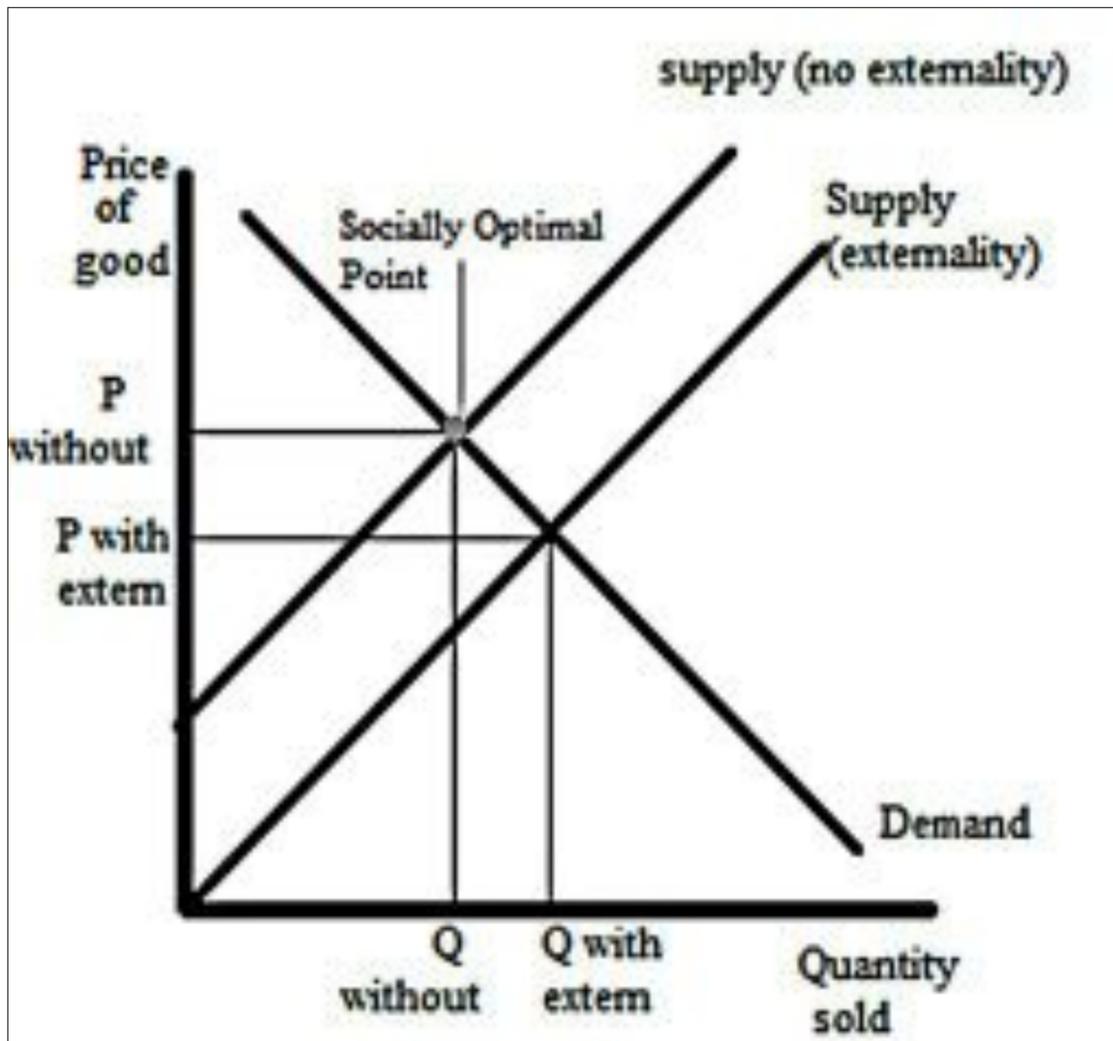
Most people would agree that climate change is a major issue in today's world that requires immediate action. One of the most prominent proposals is "Cap and Trade," also known as emission permits.

Cap and Trade is a system where the government auctions off or grants a limited number of permits to polluting companies. These permits give the company the right to discharge a certain amount of a pollutant, forcing companies to obtain enough permits to cover their pollution.

While the Democrats tend to support Cap and Trade programs, arguing that it is an effective way to reduce pollutants at the lowest cost, several groups oppose it.

Foremost amongst these groups are Republicans, many of whom claim that such a program would cause large increases in costs, and that this is not worth the reduction in pollution.

This debate often gets heated and ideological, focusing on issues not related to the validity of Cap and Trade. The question remains, is Cap and Trade a good system, or are the Republicans



Can you have a problem of externalities without knowing what they are?

Kevin Fortuna

right that the cost is too high? Central to understanding this debate is grasping the underlying economics of Cap and Trade. The problem that Cap and Trade claims to fix is a negative externality. This means that the full cost of production is not paid by the producer; some of it is borne by a third party who was not involved in the transaction. For example, if a company dumps toxic sludge into a river,

which makes people downstream ill, the company does not bear all costs of production: it doesn't have to pay for the people's medical bills.

Because the company (and consumers) are not paying the full price, they have an incentive to produce more at a cheaper price than they would if they were forced to pay the full cost. There are many theoretical

solutions to fix an externality like pollution. Strict limits on pollution means just that, and a tax simply taxes excessive pollution. Of these, cap and trade is the best option, mainly because it encourages cuts where they are cheapest.

Due to the pollution permits in a Cap and Trade system, a company that can cheaply reduce its pollution will do so, whereas companies where

reduction is expensive will buy permits because it is the cheaper option. Thus the reduction in emissions will take place where it is cheapest to do so, resulting in a smaller cost for the same amount of pollution cut. Additionally, Cap and Trade gives an extra incentive for companies to develop cleaner production methods, as it increases their profit by being able to sell more permits or buy fewer.

In more practical terms, Cap and Trade program's track record is good, with many countries having carbon markets. There is even a U.S. Sulfur emissions permit market, which has proven very successful. There has been a 50% reduction in Sulfur Dioxide emissions between 1980 and 2007 and is estimated to have been 80% cheaper than a similar reduction produced by fixed limits.

From this examination of the economics behind Cap and Trade and its proven history, it seems fairly clear that the Democrats are right on this issue. But what of the Republican's claim about the costs? It is not necessarily the case that Cap and Trade will dramatically increase costs. A study by the EPA found that the difference in GDP caused by a Cap and Trade system over a 40 year period to be small.

Also, it might not be a bad thing if costs increased, as the companies and consumers are not paying for the full cost of production, by increasing the cost it forces the companies to pay the full cost of production (or internalize the externality), which will reduce demand and supply to its optimal levels.

The Republican's often claim to be the party of free market economics. Hopefully they will apply these principles to areas outside of tax cuts.

The Good, the Bad, and the Meh

Week the Fourth



As of Saturday, it's officially fall. That means it's ok to pick out my Halloween costume, right?



The CAB hypnotist show. Because I want to see someone give birth on stage as I eat Buffalo Wild Wings.



254 more days of school this year. Boo to seniors. Get your life together.

IN NEXT WEEK'S ISSUE...

Sesquicentennial Plaza twister sculpture versus Wind Advisory. Who will win?

Student will probably skip class.

Attack of the officially hired Opinion Columnists—stay tuned for details.

Student trips over boulders outside of library, lawsuit to follow.

An Evelyn Young Dining Hall exposé — what's really in that week-old stir-fry

* The Calendar Page is considered editorial. The opinions expressed herein are not the opinions of THE GUSTAVIAN WEEKLY, but rather entries in the personal diary of ex-reality television star Kevin Federline.

Friday, Sept. 21

Fall Research Symposium

Nobel Hall of Science
1:30-5:30 p.m.

But will there be frost-your-owns?

Sophomore Socials

Johns Family Courtyard
3-5 p.m.

Slowly the sophomore class grows stronger and stronger, eventually taking over the campus.

Weekend Movie:

Rock of Ages

Wallenberg Auditorium
8 p.m.

Just a really long Stonehenge documentary.

Saturday, Sept. 22

6th Annual Minnesota Study Abroad Returnee Conference

University of Minnesota
1-5 p.m.

They call it "Culture Shock Therapy."

Weekend Movie:

Rock of Ages

Wallenberg Auditorium
8 p.m.

Do you think Alec Baldwin lost a bet to be in this movie?

SNL with the Hypnotist

Lund Center
10 p.m.

If you aren't already hypnotized by Tom Cruise's performance as a rock star named Stacey Jaxx, there's no hope for you.

Sunday, Sept. 23

Interdenominational Welsh Hymn Festival

First Presbyterian Church, Mankato
1:30-4 p.m.

What?

Weekend Movie:

Rock of Ages

Wallenberg Auditorium
2 p.m.

Tom Cruise, Russell Brand and '80s rock. Everything I hate in the world rolled into one.

Cardio Mixx

Lund 224
6-7 p.m.

One more "x" and I'd be there for sure. For sure.

Monday, Sept. 24

Thirty Minute Cardio Abs

Lund Center
7:30-8 p.m.

It's going to take more than thirty minutes to prevent that freshman fifteen, sweetheart.

Tuesday, Sept. 25

Careers Possible - Employer Information Day

10:30 a.m.-2:30 p.m.
Heritage & St. Peter Banquet Rooms

Careers Possible . . . It's a trap!

Wednesday, Sept. 26

Flu Shot Clinic

8 a.m-4 p.m.
Heritage Banquet Room

Shots . . . Everybody!

Chants and Seas Concert

Courtyard Cafe
7 p.m.

Not to be confused with the annual strip poker game, Chance and See.

Thursday, Sept. 27

Explorations in GWS with April Herndon

Linner Lounge - Johnson Student Union
4:30-5:45 p.m.

This talk is going to be feminasty!

New Faculty Orientation

Alumni Hall
7-9 p.m.

Shouldn't this have been done weeks ago?

Feit-sty Horoscope

Aries

Your obsession with the film *Jumanji* will be your demise.

Taurus

It's about time people stopped talking about the *Hunger Games*.

Gemini

No matter what they all say, your insistence on gaining Spiderman powers will come true.

Cancer

Saying someone is fly doesn't make sense. They are small, annoying insects.

Leo

Look in the mirror and ask yourself, "What makes the Burger King king so creepy?"

Virgo

"I see dead people." - Pac Man

Libra

In an effort to garner the child vote, the Romney campaign has published the book, *Mittens Romney Goes to Washington*.

Scorpio

What makes clowns scary is their ignorance towards the size of everyday objects.

Sagittarius

Your penchant to leave voicemails is why you have no friends.

Capricorn

There is no greater disappointment than showing up to an event with free pizza only to find caf pizza.

Aquarius

One of these days the poor economy is going to catch up with the Tooth Fairy.

Pisces

Monopoly seems to have a monopoly on the board game market.

Manspider misinterpreted "Greek Rush."



SPORTS
SCHEDULE

Friday, Sept. 21

Women's Tennis hosts
ITA Midwest Regional
Championships
Sept. 21-23

Saturday, Sept. 22

Football @ St. Olaf
College
1-4 pm

Men's Soccer vs. St. John's
University
1-4 pm

Women's Soccer @
College of St. Benedict's
1-4 pm

Volleyball vs. Macalester
College
3-5 pm

Women's Golf @ College
City Classic
Sept. 22-23

Sunday, Sept. 23

Men's golf @ UW-Eau
Claire Invitational
Sept. 23-24

Tuesday, Sept.
25

Men's Soccer vs. St.
Mary's University
4-7 pm

Wednesday, Sept.
26

Women's Soccer @ St.
Mary's University
7-10 pm

Volleyball vs. Carleton
College
7-9 pm

Friday, Sept. 28

Men's and Women's
Cross Country @ St.
Thomas/Crown College
Invitational
4-5 pm

Volleyball @ Bethel
University
7-9 pm

Volleyball team ready to bounce back

Lauren Harden
Staff Writer

As the women's volleyball team enters their fourth week of competitive play, a look at their record may offer a misleading picture of the team's potential for success. Their record stands at 6-7, with a string of recent losses negating several early wins. Nevertheless, the exceptionally young team remains optimistic as they head into the conference season.

Senior Captain Erin Sherman is confident about the team's potential.

"Although our record may not show it, we have been playing a lot of ranked teams and have done very well so far," Sherman said.

A closer look at the Gusties' record reveals the high level of the teams to which they've fallen. The most recent tournament at UW-River Falls pitted the Gusties against UW-Whitewater, ranked 10th nationally among NCAA Division III teams, as well as UW-Steven's Point, also on the national radar.

Earlier in the same week the Gusties faced St. Thomas



Gustavus Sports Information

Although Volleyball's record is 6-7, the team remains optimistic that they will "peak at just the right time," according to Senior captain Lisa Beacher.

in their home opener and first MIAC match on Gus Young Court, and put up a good fight, particularly in the first and third sets, but ultimately went 0-3 against the 8th-ranked team.

The team boasts a large number of new faces this year, with 12 first-years on the roster of 21

players. The returning players also include very few upperclassmen, but Sherman remains optimistic.

"Our first years and sophomores all bring so much talent that it isn't really anything we worry about," Sherman said. She credits the versatility of the

players and their "incredible chemistry, both on and off the court," as strengths of the team.

Senior captain Lisa Beacher also has high hopes for the rest of the season.

"I believe that as the season goes on, we will peak at just the right time and all our hard work will pay off generously," Beacher said.

Beacher points to the team's offensive strategy and tough serving as strengths.

"We also have a rare type of character on our team in that we respond well under pressure situations," Beacher said.

The difficult schedule has not yet allowed these Gusties to shine, but upcoming matches against other MIAC schools should give the volleyball team a chance to improve both their overall and MIAC records.

"We are really looking forward to applying all that we have learned by playing big teams in tournaments to teams in our conference," Beacher said. The next match on September 19 will see the team facing St. Olaf in Northfield, followed by a home game against Macalester on September 22.

Men's Golf team finding early success

Haley Bell
Staff Writer

The Gustavus men's golf team finished in first place at the Augsburg Invitational on Sept. 9 at Majestic Oaks Golf Club with a score of 600 (+24). Junior Andrew Oakes had his first win, and was named MIAC athlete of the week.

"Winning individually is not what I'm concerned with. No one on the team really is either. We would rather win as a team, but it [the individual win] was definitely a fun bonus," Oakes said.

Oakes finished with a total of 147 (+3) while Senior Captain Alex Kolquist finished second, one stroke behind Oakes with 148 (+4). Junior Tyler McMorrow finished with 151 (+7), tying for fifth place.

The second tournament of the season was held at Blackberry Ridge on Sept. 15, and at Greystone Golf Club on Sept. 16. The team completed the weekend with a win and a third place.

"I would say we haven't played our best yet. Our goals from here on out are to just be competitive every tourney and not leave any shots on the course," Kolquist said.

The team is focused on preparing for the competitions yet to come. On Sept. 23 and Sept. 24, the golfers will head off to the UW-Eau Claire Invitational. Over the following weekend, the team will be competing at the Twin Cities Classic from September 29 to October 1, 2012.

"At this point in the season we're gearing our games for conference in October so we just need to stay focused and keep playing well," Kolquist said.

MIAC Championships will take place from Oct. 6 to Oct. 8, 2012, where the team will be golfing in a very competitive atmosphere.

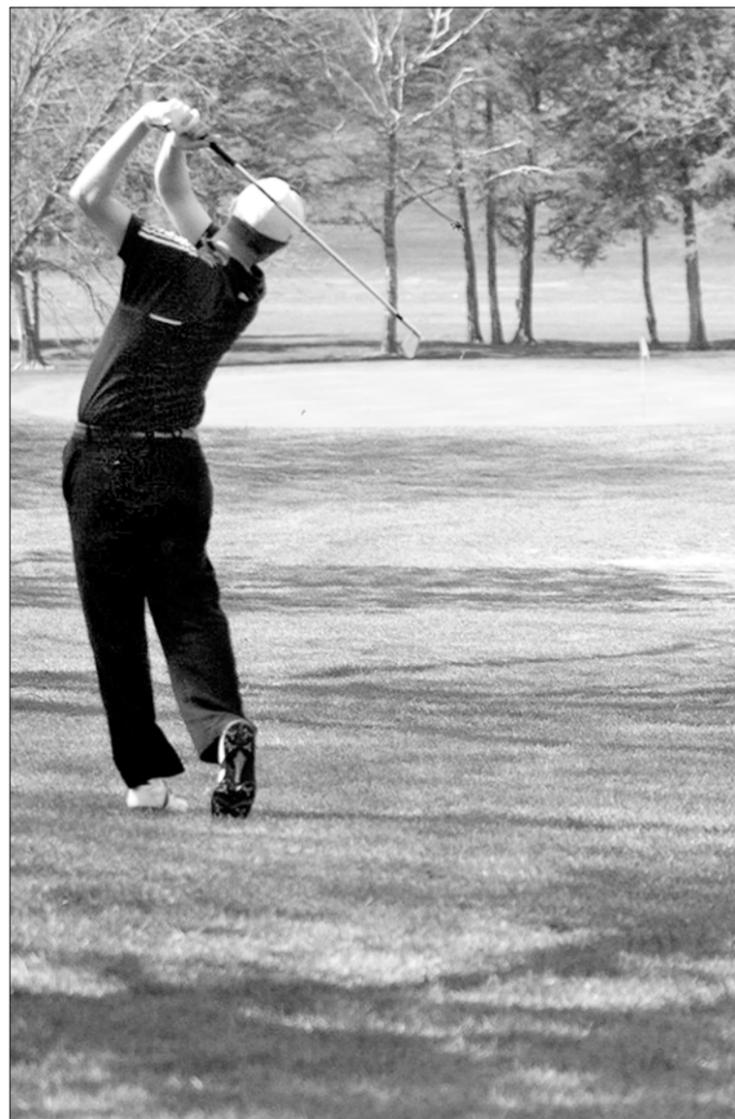
Starting off this season with first place, the Men's golf team is heading towards fulfilling their goal of getting back to the national tournament this year. The team is also working hard to finish off the conference tournament with a win for their ideal goal of earning an automatic bid to nationals.

The future appears to be promising for these Gusties. With four freshmen and a lot of returning athletes, the Men's golf team is expected to finish the season with some great results.

"We have great team chemistry. It's just a blast hanging out with everybody," Oakes said.

These athletes have been working together to compete at a higher level than previous years. With some of the greatest talent the team has ever seen, the team is headed towards becoming big competition for the conference.

"Our qualifying scores were the best they've been since I've been here. Our roster is really deep. We have the most talent I have seen since I have been here," McMorrow said.



Gustavus Sports Information

With a roster filled with talented golfers, Men's Golf is enjoying a successful fall season. The team finished first at the Augsburg College Invitational and third at the Saint John's Invitational.

It's pronounced SOW-na, not SAW-na

Renee Hoppe

Assistant Sports & Fitness Editor

Sisu. The Finnish word for what Americans refer to as "having guts" is a term often applied to those who crave the beneficial, yet sweltering heat of the traditionally Finnish experience of sweating it out in the sauna.

The art of sauna bathing originated in Finland and has existed for well over 2,000 years according to Susan Nerberg's article, "Sweat Like a Finn." The original saunas came in the form of alcoves dug into hills, covered, and then heated by steam from throwing water onto hot rocks. Another common practice, called *avantouinti* involves jumping into the freezing ocean or snow between sauna intervals. This helps to stimulate the body and gives the sauna-user a rush of adrenaline. Today, saunas in Finland are so cherished that there are two saunas for every five people in the country.

Because saunas became so popular in Finland, they quickly spread to other Nordic countries before making their way to the United States via Scandinavian immigrants. Being that Gustavus is a school that is firmly rooted in celebrating and practicing its Swedish heritage, we are fortunate to have a sauna in order to practice this deeply Scandinavian tradition.

"When I studied abroad in



This pail and ladle are used for putting water on hot rocks, which creates the steam that provides sauna users with the healing properties they crave.

Blake Van Oosbree

Sweden, it was common for my family to hit the sauna after a long day. It was a great way for me to meet new people in the community and experience authentic Scandinavian culture," said Annalise Dobbstein.

In "The Benefits of Breaking a Sweat," Darren Buford discusses the many health benefits that come with sauna bathing. Acne, arthritis, sore muscles and psoriasis are just a few of the many ailments that can be treated through use of the sauna. Because thirty percent of the body's toxins (such as lead, mercury, and nickel) are excreted through the skin, sweating is a crucial bodily function. In a time when a sedentary lifestyle

is increasingly common and people are not breaking a sweat nearly as often as they should be, using the sauna can be a key component to achieving physical well being.

According to Caroline Thompson's article "Facts About Saunas", saunas help in alleviating problems associated with the respiratory tract such as bronchitis and asthma, as well as treating the common cold. This works by artificially heating up the body's internal temperature, which makes it easier for the body to fight cold symptoms. Additionally, it helps in building up cardiovascular health. In fact, spending twenty minutes in the sauna is metabolically

equivalent to spending forty-five minutes biking or swimming, which provides for a great way to get a short and healthy workout for students.

"Taking a sauna is a great way to relax. Because you are sweating, it helps facilitate the turnover of skin cells. It also helps to relax muscles that have been strained," said Sauna Society Co-President, Lizzy Brauer.

In addition to having a free sauna that is open for use by all Gustavus students, two Gusties, Lizzy Brauer and Zachary Harrison Blinkensop, are working on reviving the Sauna Society here at Gustavus. This club is made up of a casual group of students who enjoy talking,

laughing, and sweating together and are open to any newcomers who also want to experience the sauna.

"I am not sure about the original sauna society. According to a Weekly article from 2008, it was started in 1996 by Lars Hammer. It is being restarted to encourage Gusties to relax, enjoy the health benefits, and participate in something cultural all at the same time," said Brauer.

"As a regular user of the sauna, I am quite pleased that the sauna is free for students to use. I'm really busy during the week and often don't have a lot of time to relax and unwind, but the sauna is open until 9:30 p.m. most days. I would characterize going to the sauna as going to a free spa," said Blinkensop.

In addition to being physically beneficial, the sauna provides students with a wonderful place to relieve stress and unwind after a long day of classes and studying. It's a great way to hang out with friends, or escape from reality for a while in order to rejuvenate mentally.

"There is also a sort of myth that the sauna is some strange or weird place, but I can assure you that it is not. It is just a wooden room full of hot steam and benches. It may not seem like a lot, but it can really turn a bad day into a good one or a sick week into a healthy one," said Blinkensop.

MIAC athlete of the week



For the second week in a row, Andrew Oakes has been named the MIAC Athlete-of-the-Week for Men's Golf. This honor came after Oakes placed third at the Saint John's Invitational.

"Andrew is the hardest worker I know, both in golf and in school. Every day he gets to the course before the other players to get in some extra practice time. Then after practice he studies all night," said Oakes' roommate Junior Colin Roberge.

Oakes and the Men's Golf team will be competing Sept. 23-24 at the UW-Eau Claire Invitational.



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Paralympic swimmer brings home the hardware



Submitted
Anna Eames (right) embraced teammate Sophie Pascoe after they won silver in the 4x100-meter freestyle relay for Team USA.

Linnea Moat
Sports & Fitness Editor

Senior Anna Eames' story is one of perseverance and dedication. Born with a physical disability in her legs, she was unable to participate in impact sports, such as running because of the pain it caused her. When she was five, she started swimming, and by the time she was 15-years-old, she had qualified for the Paralympics.

When the pool that Eames trained at hosted a Paralympic swim meet in 2005, Eames' coach decided to see if Eames was disabled enough to qualify. Eames did qualify and has been on the National Paralympic team ever since.

In order to compete in the Paralympics you must be classified with the level of disability you have.

"For swimming there are 14 classifications and before the meet you have to be classified. Categories 1-10 are for physical disabilities, with 10 being the least severe and 1 being the most severe. Categories 11-13 are visually impaired, so 11 is completely blind, while 13 is just some sight impairment, and 14 is for cognitive disabilities. So I'm an S-10 which means I have the least severe physical disability," Eames said.

In 2008 Eames competed in

the Beijing Paralympic Games, and won the gold medal in the 100-meter butterfly and the bronze medal in the 100-meter freestyle. This August, Eames competed in the Paralympic Games in London, winning a silver medal for her team's performance in the 4x100-meter freestyle relay. Eames also competed in the 50-meter freestyle, 100-meter freestyle and the 100-meter butterfly.

Before each race Eames went through the same routine in order to prepare mentally and physically.

After waking up, Eames shaved her legs, made sure everything was in her swim bag, and then headed to the cafeteria for scrambled eggs and a banana.

Then after breakfast, Eames and her teammates headed over to the pool where they warmed up, put on their racing suits and checked-in with race officials.

"Twenty minutes before I swam I would have to go into the race-ready room, which is a blank room with plain white walls and lots of chairs, to check in. We would sit in the race-ready room, and it would be the most terrifying thing ever because people would try to play mind games. We're all friends, but when it gets that close to race time everyone gets really tense. I had friends from other



Submitted
Anna Eames represented the United States at the London Paralympic Games. After winning a silver medal in her 4x100-meter freestyle relay, Anna Eames pointed to her home country on the map of medal winners.

countries in all of my events that I knew I could talk to, and I just tried to smile and laugh before my race so I wouldn't get too freaked out," Eames said.

Before the race the athletes were paraded out of the race-ready room to wave at the cameras before getting into the pool to swim.

Eames swam the anchor leg of the 4x100-meter freestyle relay.

"We knew Australia was super far ahead, but Great Britain was in the lane next to us, and they were also pretty far ahead. My teammate caught us up a lot to the Great Britain team, and then when I dove in, we were just a little bit behind them. I remember telling myself to hold back on my legs because I knew I would get really excited and kick too hard on the first lap, but I needed to be able to finish. I've never kicked so hard in my life. With 25 meters left my legs were cramping up and I knew I just needed to relax my legs so I could finish the race. The next thing I remember, I was looking up at the scoreboard and I saw that we got second, so that was really exciting. It was fun to beat the Brits on their home turf," Eames said.

Eames said she has been overwhelmed by how much support she has received from her fellow Gusties, and especially from the Gustavus swim team.

"It was really cool to get to train alongside Anna these past few years as she prepared for London. It was inspiring to watch her dedication in the pool every day. And then to see it all pay off in London, I

couldn't have been happier for her. Our team enjoyed cheering her on from across the world, and we are so proud of her," Eames' teammate Senior Amy Beck said.

This previous Thursday, Eames was in Washington D.C. along with the other Paralympic and Olympic athletes. President Barack Obama, his wife Michelle and Vice President Joe Biden held a ceremony to honor the athletes.

"I got to shake hands with them, so that was really cool. They were super personable; it was really awesome," Eames said.

Eames said she tries to stay humble amidst all the attention. "People I barely know are saying 'good job' and 'welcome back.' I just feel so honored that people know what happened and that I got to go to the Paralympics," Eames said.

"To say I am proud of her would be an understatement. She doesn't let her disability get in the way of her hopes and dreams. She works hard and overcomes it. It is amazing how much she has already achieved in her life, and I can't wait to see what she will do in the future," Eames' friend Senior Shannon Tschida said.



Submitted
Anna Eames competed in the 4x100-meter freestyle relay, 50-meter freestyle, 100-meter freestyle and the 100-meter butterfly at the London Paralympic Games. Her relay team beat Great Britain to win the silver medal, thanks to Eames' efforts as the anchor leg of the team.