

THE GUSTAVIAN WEEKLY

Gusties of the Week:
Class of 2016
page 3

Fall sports
preview
page 8



Established 1891

September 7, 2012

weekly.gustavus.edu

Issue 1

Rydell Professor to speak on Nobel Preview

Tram Bui
News Editor

Many people in Minnesota may wonder what the connection is between the distant oceans and our small part of the world. Chemical oceanographer and lecturer of Nobel Conference 48: Our Global Ocean William Fitzgerald will soon arrive on campus to tell us just how interconnected we all are to the oceans and marine life around us.

Chosen as the Rydell Professor for Gustavus's Nobel Conference 48: Our Global Ocean, Fitzgerald will speak on Sept. 14 in Alumni Hall at 2:30 p.m. He will discuss his work in atmospheric and marine chemistry and areas of expertise in metal cycling in marine environments.

Established in 1995 by Doctors Robert and Susan Rydell, the Rydell Professorship endowment was created to help students take advantage of the Nobel lectureship series. The endowment brings distinguished and pioneering scholars to campus to interact with students.

"I think you'll find that Bill is a really inspiring human being. He has a really positive outlook on life and being a scientist and an educator. He will inspire young scientists," Professor of Chemistry and Environmental Studies and Nobel Committee Member Jeff Jeremiason said.

Fitzgerald's role as the Rydell professor, however, will be

treated differently this year. He will play a more intricate part on campus as a preview speaker and Nobel lecturer, but he will also be on campus to interact with students and intermittently co-teach an upper level special topics oceanography course related to the conference focusing on the geology, biology, chemistry and physics of the ocean.

"This year, we are trying something different to engage the community of students," Professor of Physics and Nobel Conference Director Chuck Niederriter said.

"I describe him as outrageously approachable."

—Prof. Joel Carlin

The class will be taught in conjunction with seven faculty members of the science departments, among them Professor of Biology and Co-Chair of the Nobel Conference Joel Carlin.

"The students are expected to teach themselves the background basics, and when they come to class, we're here to guide them into the controversies about what is going on now. It will be a greater challenge, but also greater fun," Carlin said.

Fitzgerald's preview of the Nobel Conference will showcase how the different disciplines of science come together



Fitzgerald is often regarded as the "Father of Mercury Research" for his innovative, in-depth research

Submitted

to examine the interconnectedness of oceans and environmental processes that affect humans. The conference will highlight the multifaceted and often conflicting views of oceanography and the ethical ramifications of humans affecting the environment through processes like geo-engineering.

"It's a true liberal arts approach to the sciences. He's not a chemist. He's not a biologist. He's not a geologist, physicist. He's all of the above. I describe him as outrageously approachable. He is a person who talks with you, not at you," Carlin

said.

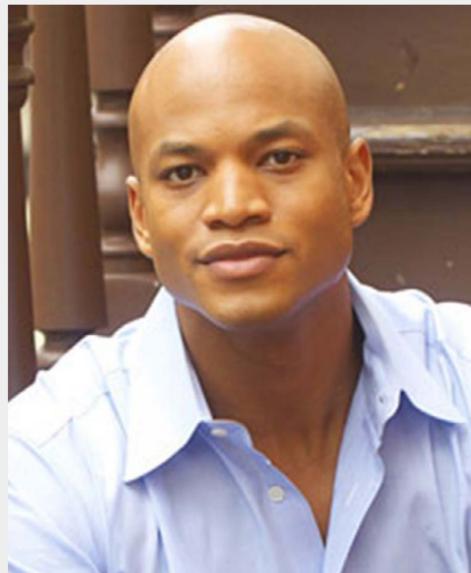
His life's work has revolved around metals in the oceans. For the preview and his lecture, Fitzgerald will be talking specifically about iron in the ocean.

"There has been an idea proposed that if iron is put into the ocean, it will change the microorganisms in the ocean and how they live. It may change the way gases work in the atmosphere. It may change the rate of climate change. It may have converse effects as well. It's a lovely idea. It will spread. Lots of people are nervous about it. Should you start cooking in a kitchen when

you don't know the recipe?" Carlin said.

The provocative argument will be just a short glimpse of the issues that will be discussed at the Nobel Conference. The conference will take place on Oct. 2 and 3. Resources will be available to students and faculty online to preview Nobel topics and interests. Contact Chuck Niederriter at chuck@gustavus.edu or visit <https://gustavus.edu/events/nobel-conference/2012/>.

Wes Moore addresses campus



Submitted

Wes Moore graduated Phi Theta Kappa as a commissioned officer from Valley Forge Military College in 1998 and Phi Beta Kappa from Johns Hopkins University in 2001 with a B.A. in International Relations.

Ben Miller
Managing Editor

Wes Moore, an army veteran and advocate for helping kids find the support they need, is the author of this year's Reading in Common book, *The Other Wes Moore*. Moore will be speaking on campus Tuesday, Sept. 11th in Christ Chapel, after which there will be an opportunity for book signing.

The Other Wes Moore was chosen as the Reading in Common book because it fit the goals and aims put forth by the facilitators of the Reading in Common program.

"The book focuses on relevant

issues, including transition issues and those relevant to our community and world," Director of Student Activities Megan Ruble said.

"During his speaking appearance, Moore will be going deeper into the subject matter of the book. He was also sent questions proposed by the first-year students in their book discussions and may address some of them," Ruble said.

Gustie Greeter groups discussed Wes Moore's book as part of the Orientation experience.

"Our group got down to some nitty-gritty details. It was really intriguing," Senior Joe Turner

said.

"Once I got into the book, it was a really good read," first-year Lisa Slaikeu said. "It allowed our group to have a really thought-provoking discussion."

As the school year progresses, Ruble hopes the students will keep Moore's book in mind.

"The book's themes are always relevant," Ruble said. "I think one purpose of the Reading in Common program is to meet students where they are, and push them a little beyond that. This book does that."

The Gustavian Weekly Staff

Victoria Clark Editor-in-Chief
 Ben Miller Managing Editor
 Tram Bui News Editor
 Beth Schmidt Arts & Entertainment Editor
 Chelsea Johnson Features Editor
 Kristina Ericksen Opinion Editor
 Justin Feit Calendar Editor
 Linnea Moat Sports & Fitness Editor
 Renée Hoppe Asst. Sports & Fitness Editor
 Mara LeBlanc Photography Editor
 Nick Hamberg Web Editor

Aaron Albani Copy Editor
 Anne Casey Copy Editor
 Rebecca Hare Copy Editor
 Anna Pinske Business Manager
 (position available) Distribution Manager
 Kyle Thelemann Advertising Manager
 Blake Van Oosbree Graphic Designer
 Hayley Frederick Asst. Graphic Designer
 Jade Johnson Staff Cartoonist
 Glenn Kranking Adviser

Published weekly on Fridays, except during academic breaks, by the students of Gustavus Adolphus College. Subscriptions are available from THE GUSTAVIAN WEEKLY for \$40 per year.

Opinions expressed here in are not necessarily those of the institution or of its student body. The editors assume full responsibility for editorial and unsigned material.

Letters to the Editor can be sent to lettertotheeditor@gustavus.edu.

If interested in publishing an ad, please contact our ad manager, Kyle Thelemann, at admanager@gustavus.edu

50¢ First copy free

Email: weekly@gustavus.edu

Web site: weekly.gustavus.edu



Campus Safety Report

Friday, August 31

- A Gustavus employee reported damage to college property in Chapel Circle to Campus Safety.
- Campus Safety responded to a medical assist request in Anderson Theater.

Saturday, September 1

- Campus Safety responded to a medical assist on College Grounds adjacent to Beck Hall.
- A Collegiate Fellow contacted Campus Safety to provide a medical escort for a student in Norelius Hall to Rivers Edge Hospital.

Sunday, September 2

- Five students and one non-student

were cited for underage consumption by Campus Safety in Norelius Hall. A non-student was issued a Trespass Warning, and one student was cited for two College policy violations.

- One student was cited by Campus Safety on College grounds for an of age alcohol violation. Two students were cited by Campus Safety for underage consumption of alcohol.
- Campus Safety Officer responded to a medical assist at the Jackson Campus Center.
- Campus Safety investigated a suspicious smell in Pittman Hall.
- A student was cited by Campus Safety for underage consumption of alcohol in

the Johnson Student Union.

Tip of the Week:

- Red (student) and Green (employee) permit parking enforcement begins on the first day of classes in the fall and continues through graduation.
- A parking permit is required for students and staff to park on campus. Review parking information and make sure you know the regulations so you don't get ticketed.
- Three Flags Circle is no parking any time, even with flashers on (\$50 citation).
- Green permit parking is no parking 2 a.m.-7 a.m., 7 days a week (\$30 citation).

- Visitor parking is closed to students and staff at all times (\$30 citation).

- A vehicle is not registered until the permit is properly displayed on the vehicle (right-rear bumper).

Contact the Campus Safety office 24 hours a day at 507-933-8888 with any parking related questions, or email the Campus Safety Administrative Assistant Lisa Octigan at eoctigan@gustavus.edu

Visit the Campus Safety web page for parking information, Lost Property Reports, safety videos, a map of the Safe Rides program pickup points, and more. <https://gustavus.edu/safety/>

Put Your Creativity to a Better Use Join *The Weekly!*

NEEDED:
 Distribution Manager
 Staff Writers
 Photographers
 Asst. Photography Editor

Godfather's Pizza

PHONE: **507-931-6140**

6 Inch Pizza & Drink \$4.49

FREE Party Rooms
Nightly Specials / Value Deals
FREE WiFi
Daily Lunch Buffet

Receive Hot Specials Via Text Message!
Text: gopizza To: 69302

ORDER ONLINE
www.Godfathers.com

225 SOUTH MINNESOTA, ST. PETER

Da Mob's Daily Lunch Buffet
 Includes Pizza, Salad Bar, Desserts & Pop
\$.50 Off Lunch Buffet
 Godfather's Pizza

Get Wise. Don't Compromise.
 It's the Godfather's Guarantee

\$4 Off Jumbo Pizza
 Coupon #160

\$3 Off Large Pizza
 Coupon #122

\$2 Off Medium Pizza
 Coupon #123

\$1 Off Small Pizza
 Coupon #124

Godfather's Pizza

GUSTIE of the WEEK

-Class of 2016

Beth Schmidt
A&E Editor

The class of 2016 is making Gustavus their home for the 151st academic year. More than 715 students from thirty states and nine countries have moved to the hill to start their college careers.

Many different aspects of being a first-year at Gustavus have brought the incoming class together. Unloading an entire dorm room from the family mini van may have been stressful, but the results were well worth it. First-years have set up shop in Norelius, Sohre and Pittman, now decorated with pictures of friends and family.

Their first days on campus were spent getting to know their Greeter group, having ice cream with the President and his wife, watching an improv group with an opening from LineUs, shows by *I Am We Are* and the Peer Assistants, the President's banquet and first-year Dive nights.

After an action-packed first weekend, the main goal of almost every first-year is to meet people.

"I know it sounds cliché, but I am excited to just meet new people and be part of the community," first-year Ashley Eickhoff said.

"I think it will be cool to see

and recognize how different everyone is," first-year Amy Jensen said.

Getting to know your class can be overwhelming, but with the activities that the first-years have been able to participate in, meeting new people has come easily. Gustavus is a place where hanging out with one another is made simple.

"I am looking forward to leaving my door open and being able to say hi to people I recognize," first-year Nick Dale said.

Gusties strive to be the best that they can be both in the classroom and out of the classroom.

"I'm really excited to go to my classes. I might be jinxing myself, but I'm excited to be

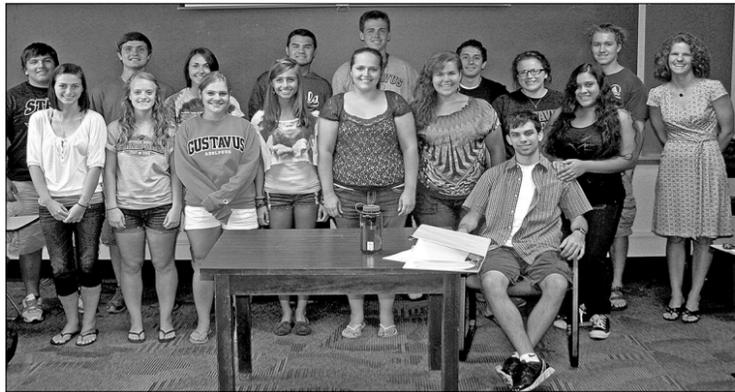
challenged," first-year Erik Hanson said.

"I think that going to different sporting events and being a super fan will be really fun," first-year Laura Johnson said.

With the first week of classes ending, the class of 2016 is realizing that having new responsibilities makes you feel grown up, keeps you on schedule and that having a fan is a must.

The Gustavus community has embraced the new generation of Gusties and has welcomed them to their home away from home.

"I'm looking forward to learning the traditions that Gustavus has and participating in the fun things that are always happening," first-year Darren Lopic said.



One of the four Greeter/First Term Seminar classes taught by Professor Sarah Ruble.

Quick Facts

- 22.5% from outside of Minnesota
- 13.7% represent racial minorities
- 27.2 is the average ACT score
- 3.66 is the average GPA



Norelius section 3A first-years bond with section games.



First-years Joe Clafin, Brian Franz and Tyler Larson hang out after the first day of classes.



Greeter games outside of the caf bring first-years together.



"The best part so far has been meeting my Greeter, Joe Turner," first-year Alex Nadeau said.

Do not watch alone in your room with the lights off



Aaron Albani
Copy Editor

The suggestion offered above is for all those Gusties out there who would like to enjoy their bedroom for the remainder of the school year. I have since had a nightlight installed.

Cabin in the Woods tells the story of five college students who decide the upcoming weekend is prime for taking a janky old motorhome to a pleasantly abandoned cabin. This cabin is conveniently far enough away from anything that if anyone needed saving for any reason at all, it would be nearly impossible.

The story follows these five friends as they enjoy their beer infused evenings of Truth or

Dare and swimming until they discover the basement of the cabin. From my comfortable bed I shouted at them not to enter the creepy, lightless cellar. But, like all stupid horror film characters, they went anyway.

The movie has two angles, or points of view, one from the victims and the other from back at headquarters. We, the audience, learn that headquarters is home to endless amounts of voyeuristic cameras and various other instruments, basically controlling the cabin and the gruesome deaths of these youths. But more is beneath their spying than just watching.

This horror film is not so gory in the first half. It does, however, unfold into one of the bloodiest scenes I think I have ever seen. And I saw *300* and *Spartacus: Blood and Sand*. From a horror film standpoint it is fairly entertaining, following all of the traditional horror film stereotypes and plotlines. All in all, it keeps you on your toes.

This weekend's movie is showing in the Arb. What a fantastic place to watch such a movie. I advise everyone to go! If you have someone you feel comfortable holding onto very

tightly, I advise you to bring this person. The scariest parts are not the typical "WHAM! A killer is behind you," complete with suspenseful symbol crash or dissonant music. Rather, they come in the disturbing moments of voyeurism. I shall say no more.

If you're one that loves horror/thriller movies, then I'd definitely point a finger in your face and tell you to go see this film. If you're not, then I'm sure you could find *Toy Story 3* at a RedBox or on Netflix. I give *Cabin in the Woods* three and a half stars out of five.



Movie Times

Friday, Sept. 7
8:00 p.m.

In the Arboretum

Saturday, Sept. 8
8:00 p.m.

Sunday, Sept. 9
2:00 p.m.

In Wallenberg



Design Team

e: blaidoinc@gmail.com

p: 507.931.5966
f: 800.440.6628

a: 219 Park Row PO Box 300
St. Peter, MN 56082

Embroidery
Engraving
Screen printing
Sublimation



NUTTER CLOTHING CO

Menswear

Alterations & Dry Cleaning
- Drop Off & Pickup

Come check out our selection of classy menswear

Mention this ad & save 15% on a clothing purchase

320 South Minnesota Ave St. Peter, MN 56082 • (507)-931-4340

MOVE-IN DAY SCHEDULE

Friday, August 31, 2012



9 a.m.–Noon **Move into Your Residence Hall**

Please register at the front desk of your residence hall to receive your keys.

Traffic Information: Cars will enter campus via College Avenue and will be directed at the main entrance of campus to proceed north (right turn) for Norelius, south (left turn) for Pittman and Sohre. Please unload your belongings to the grass or sidewalk near the residence hall, then immediately move your vehicle to a parking lot.

9 a.m.–4 p.m. **Check-In**

Jackson Campus Center, Lower Level

All students must check in at the Information Desk for student ID, voice mail information, student employment assignment, Greeter Group information, lunch tickets, and complete New Student Orientation Schedule.

11:30 a.m.–

1:30 p.m. **Lunch**

Lund Center

You and your family are guests of the college. We encourage new students living both on and off campus to join us with their families for this buffet lunch. Please pick up your tickets at the Information Desk when you check in or at the event entrance.

3 p.m. **Convocation for New Students and Families**

Christ Chapel

A ceremonial welcome and presentation of the entering class. Dress is casual.

5 p.m. **Parent/Family Dinner & Orientation***

Alumni Hall, Johnson Student Union

Advanced tickets are required and can be purchased at the Information Desk during Summer Registration or at www.gustavustickets.com. Meet some key people who will assist your student and enjoy a special transition-themed “dinner theater” presented by the Gustie Greeter staff. Space is limited, so reserve your tickets early!

*Families not attending this event should depart from campus by this time, in order to give their student time to gather for dinner. Thank you for the support and hard work that made this day possible!

5 p.m. **Pittman & Sohre Halls: Dinner with Floor/Section**

Evelyn Young Dining Room, Jackson Campus Center

Norelius Hall: “Can I Kiss You?”

Alumni Hall, Johnson Student Union

Presented by Mike Domitrz, healthy dating expert.

6:15 p.m. **Norelius Hall: Dinner with Floor/Section**

Evelyn Young Dining Room, Jackson Campus Center

Pittman & Sohre Halls: “Can I Kiss You?”

Alumni Hall, Johnson Student Union

Presented by Mike Domitrz, healthy dating expert.

7:30 p.m. **Residence Hall Activities**

This will give you an opportunity to have fun and get to know the people with whom you will be living. Your Collegiate Fellow (CF) will be your guide. Locations will be announced in each hall.

9 p.m. **Candlelight Service**

Christ Chapel

A time for quiet reflection after a busy day. Led by the Chaplains’ Office and “Gustie Greeter” orientation staff.

10 p.m. **Evening Entertainment**

Lund Center Forum



This schedule is subject to change.

To obtain a complete four-day Orientation schedule and check for updates, please log on to gustavus.edu/orientation.

And the enemy is...



Kate Plager
Staff Writer

The complication in any type of modern warfare is the identification of the enemy. In previous centuries, the opponents lined up on opposite fields and shot at each other until one side was completely dead or too injured to continue. However, in the wars of the 21st century, the enemies hide in civilian territory, jump from country to country and refuse to affiliate with a specific organization or group.

This, of course, makes the war much more dangerous. We are tricked, trapped and cornered in our chase of the elusive enemy.

The scariest aspect of the

unknown enemy is that our simple minds can't comprehend the concept. After Sept. 11, Americans across the country were blaming all Muslims for the attack because we needed to blame someone. Of course, this is an extremely ignorant stereotype that severely physically, socially and emotionally hurt thousands of Muslim Americans.

In an ideological war – that is, one that does not include guns and armies but protest signs and presidential debate questions – the loss of a clear enemy is just as dangerous. In 2011, one of these ideological wars was officially declared in Minnesota.

Last year in the archives I found a letter to the editor from the 1970s discussing the rights of homosexuals. Forty years later, a pivotal battle in the war will take place. In November, Minnesotans will vote on whether marriage needs to be legally defined as a union between a man and a woman.

I support everybody's right to stand proudly with their ideological infantry, regardless of which side they're on. However, to avoid shooting at our allies, we need to make sure we know

who the enemy is. On one side we have homosexuals and their proclaimed allies. However, not all thespians, flaming liberals or even friends and families of homosexuals are going to "Vote No" this November. There are plenty of people who believe gay people should be loved and treated with respect, but gay marriage changes their beliefs of "traditional marriage," or they're afraid that gay marriage would lead to tax fraud.

Looking at the other side of the battle lines we have ... conservatives? Well, no. Republican state representatives John Kriesal and Tim Kelly both serve on the board for Minnesota United and represent a large population of fiscally conservative and socially liberal people. Christianity? There are thousands, like myself, that are both Christians and allies. I feel embarrassed when gay activists call the church hateful, and I would like to apologize for all burned bridges and offenses. I would also like to invite them all to my church, which accepts everyone fully, with open arms.

I'm excited for the lively debate I'm sure we're going to have on campus this fall regard-



Wait, so we're supposed to be spearing who now?

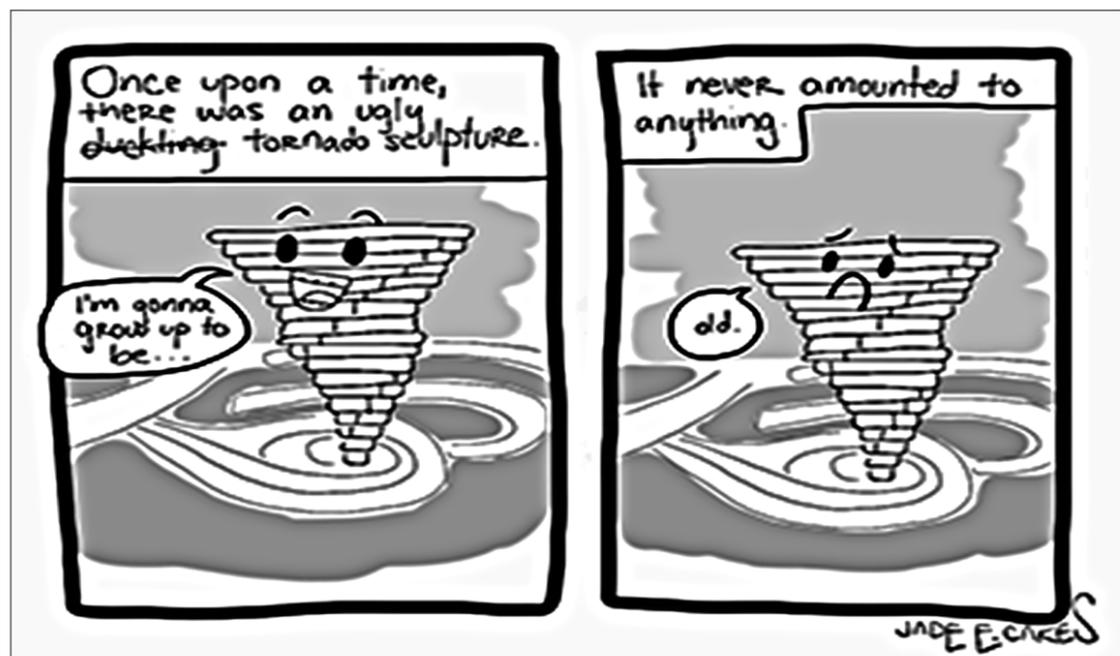
Creative Commons

ing gay rights. These moments help shape my own opinions and get people to participate in politics. But PLEASE, know that there is no single group that all share the same ideas about gay rights. Please refrain from making any sweeping generalizations. I don't want anyone to be

caught in the crossfire this fall. And, if it's not too much to ask, try to understand that your "enemy" is probably a regular, intelligent, kind human being that just happens to disagree with you on a single topic.

Despite their beliefs, treat them with respect.

Tales from tornado alley by Jade E. Cakes



Fall greeted with joy and sorrow



Aaron Albani
Staff Writer

Excitement rages through the Gustavus campus. Friends reunite themselves with those whom they've been parted from for three whole months and can now be seen anywhere at any

time. It seems nothing could go wrong for anyone. But this, the first week of class, is not so euphoric for all, dear Gusties. Our esteemed Gustie Greeters find that all they've lived to uphold for the past few weeks has fallen into a void.

With nothing to greet or advise, students fall into their own personal patterns. Days revolving around games in a cross-legged circle are forgotten as Greeters make efforts to recollect the routines they once had. But they lead different lives now. Running in a crazed circle with arms aloft, these former Greeters can be seen sometimes dazed and confused in a place that was once a home of comfort.

Dear Gusties, these Greeters

may be in a state of denial and post-ecstatic-stress, but it's not to be worried about. I can profess that I have many a Greeter friend and have experienced this process through my own omniscient narrator-like qualities. This stage of hopeless attempts at greeting first-years weeks into the semester (followed by efforts to greet upperclassmen or even the trees of our campus), will slowly dwindle.

So what can we do? As respectable students of this institution and members of this community, we must strive to bring equilibrium to the status quo of our fellow Greeter classmates. Practice your own greeting (in solitude, at first, until you feel ready) so that you may enter a mindset where your

Love being a Gustie?



Make a difference in someone's college decision!

BE A GUSTIE GUIDE!

The Gustie Guides are looking for current students (First Years to Seniors) who would like to share their Gustavus experience and help future Gusties by:

- Hosting a prospective student overnight, *or*
- Giving tours on Admission event days, *or*
- Driving students to/from the MPLS airport

Applications are available at the SAO DESK *or* at the Involvement Fair on Tuesday, September 11th.

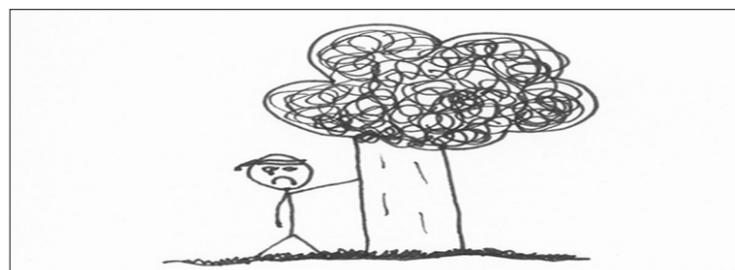
This *paid* position is a great way to get involved at Gustavus!

Applications due by 4:30pm on

Wednesday, Sept. 19th.

Questions? Contact Cynthia Yang (cyang@gustavus.edu)

or the Admission Office at x7676



BEAT 'EM BUST 'EM THA-- oh wait. Nevermind.

Aaron Albani

Greeter friends are dwelling. Then, bring that mindset to life as you approach, in the most upstanding of statures, with your greeting voiced to the heavens. You will witness the gleam in your Greeter friends' eyes, and you yourself will understand: you will have brought peace to those who had lost theirs.

You can make a difference in

a Greeter's life, dear Gusties. It's as easy as lending a hand to help a Greeter up after they've fallen from yelling and singing so loudly they've lost control of their feet. Whatever it is you do to help, remember that Gusties will shine tonight, Gusties will shine.

* The Calendar Page is considered editorial. The opinions expressed herein are not the opinions of THE GUSTAVIAN WEEKLY, but are in fact a list of all the things you really ought to do in your four years at Gustavus. Like build a fort in the Arb, sacrifice a goat, open a bazaar in the campus center and trick-or-treat at Ohle's.

Friday, Sept. 7

Sophomore Socials

Johns Family Courtyard
3:00 p.m. - 5:00 p.m.
You gotta mingle to get the Pringle.

Community Service Fair

Campus Center Upper Level
5:00 p.m.
Not as fun as it sounds. You pick up trash in between Ferris wheel rides.

WITNESSES+S'more of Jesus Bonfire

WITNESSES: Chapel, 7:00 p.m.
Bonfire: Complex Fire Pit, 8:30 p.m.
S'more of Jesus? He must have been sneaking a few extra marshmallows when no one was looking.

Theatre Auditions

Anderson Theatre
5:30 p.m.
Don't wear your heart on your sleeve. Your shirt will get all bloody, and you have to do your own laundry now.

Weekend Movie: Cabin in the Woods

Linnaeus Arboretum
8:00 p.m.
Cabin in the Woods by a cabin in the woods?! Next week they plan on showing *Twister* by that tornado sculpture.

Saturday, Sept. 8

Dueling Pianos

Alumni Hall
7:00 p.m.
Aaron Burr was killer on the electric piano.

Weekend Movie: Cabin in the Woods

Wallenberg Auditorium
8:00 p.m.
I'm glad that it will be back in Wallenberg. I was getting a sinking feeling about where they were going to show *Titanic*.

Sunday, Sept. 9

Weekend Movie: Cabin in the Woods

Wallenberg Auditorium
2:00 p.m.
Nothing gets me quite as excited as a good film about sound home architecture.

Tuesday, Sept. 11

Fall Internship Registration Deadline 2012

Center for Servant Leadership
It's called a *deadline* because that's how you'll feel after not getting paid.

Involvement Fair

Eckman Mall
4:00 p.m.
It seems like a big party when you are there, but then the unwanted e-mail hangover hits. And it hits hard.

Lecture and book signing with author Wes Moore

Christ Chapel
7:00 p.m.
Now which Wes Moore is this? The other one? I can't handle more Moore.

Thursday, Sept. 13

Teachers Talking

President's Dining Room
11:30 a.m.
To all returning students out there, this is all the first week of class really is.

Feit-sty Horoscope

Aries

Yes, Sam-I-Am is dead. Pork products are not meant to be consumed when they are green. Everyone knows that.

Taurus

Cap'n Crunch has got to be pissed he hasn't moved up in the Navy after all these years.

Gemini

Behave out there. Mike English is coming for you on his Segway trike fueled by a moustache and a thirst for justice.

Cancer

Punters are the Ron Pauls of professional football.

Leo

You are probably already sick of caf food.

Virgo

My vote in November will go to the party with the best hors d'oeuvres.

Libra

Hunt's is the unloved problem child of the ketchup industry.

Scorpio

Does conserving fabric by wearing skinny jeans count as going green?

Sagittarius

I finally get why they call the chicken nuggets at McDonald's McNuggets!

Capricorn

The sesquicentennial seems like it has gone on for 150 years now.

Aquarius

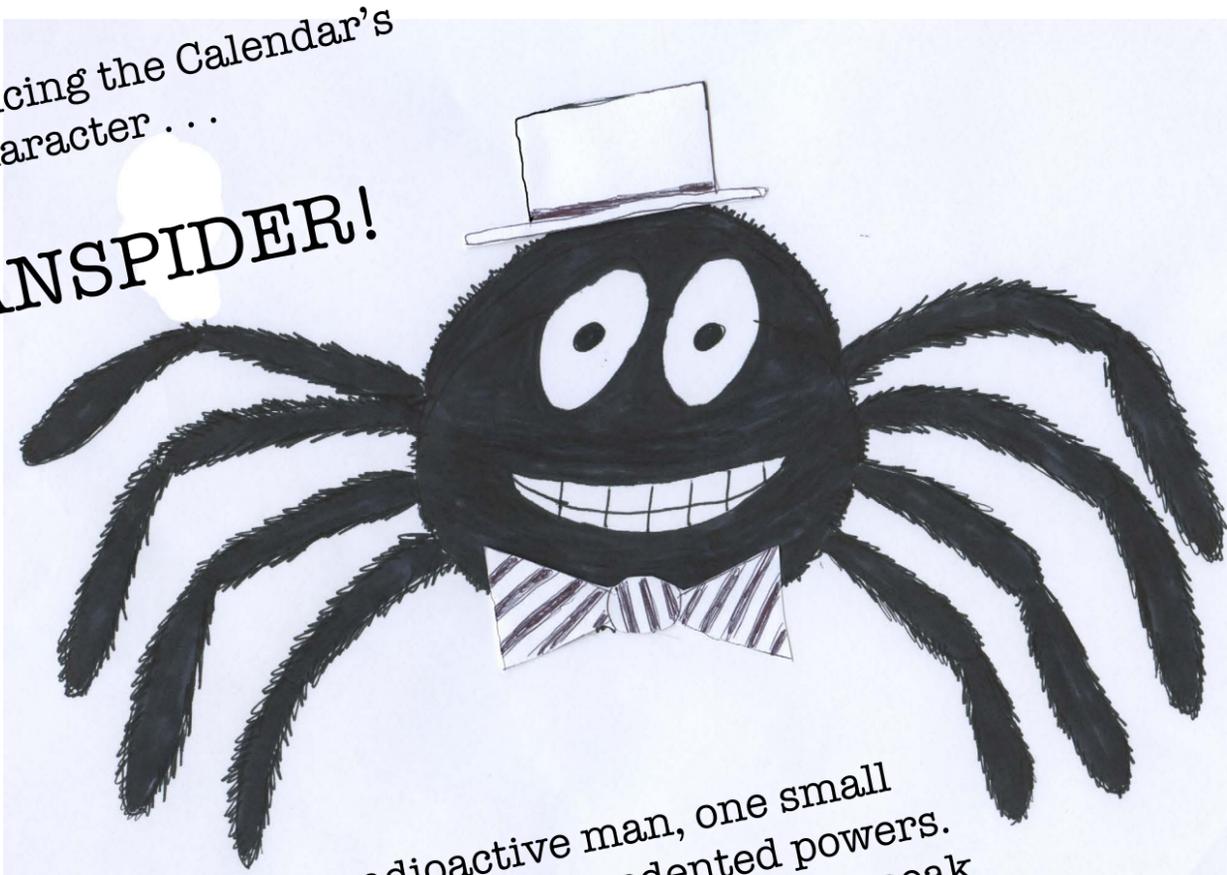
I don't care what you want to be called, if your last name is Murphy, I'm calling you "Murph."

Pisces

Your dreams of starting up a Nepalese cat store called "Catmandu" are becoming a reality, my friend.

Introducing the Calendar's new character . . .

MANSPIDER!



Bitten by a radioactive man, one small spider developed unprecedented powers. This spider developed the ability to speak and feel like any other human being.

Fall sports off to strong start

Linnea Moat
Sports & Fitness Editor

Fall sports have started off with a bang, and the coaches are enthused by what they have seen in the first few competitions.

Volleyball: fresh faces fitting in well

Volleyball is off to a 3-1 start after last weekend at the UW-Whitewater tournament. Head Coach Rachelle Dosch is excited about how her team is performing already in the season.

"We are young, but at a very good spot so early in the season," Dosch said. The 2012 Volleyball team has 21 women on the roster, including 12 first-years. Despite all the new players, Dosch believes the team has bonded well.

"The team gets along extraordinarily well, and the chemistry on the court improves at every practice. New players fit in great; it's like they have been here for years," Dosch said.

Dosch feels that the strengths of the program include the young and talented players, along with their defense and their ability to adapt.

"We definitely have a tough schedule, so I am excited to see how the players develop over the season and come together as a unit on the court," Dosch said.

Men's Soccer: playing professionally

Men's Soccer has begun their season with a 1-0 loss to UC-Santa Cruz and a 3-2 overtime win over University of Puget Sound. In their first five games of the season they will play four teams who are in the top 20 in the nation.

"We are playing a schedule that is almost unparalleled. When you're playing teams that are in the top 10 or 20 in the nation, they're very difficult games," Head Coach Mike Middleton said.

Despite losing five seniors last year, the men's soccer team is still quite an established team. "It's relatively hard for a freshman to break into that environment. It's just so different, the tempo of the game is different, the speed of play is completely different, the organization is different, it's a much higher level so everything is happening much quicker than they are used to so it takes a while to adjust," Middleton said.

Unlike many of the other soccer teams in the conference, the Gusties follow a style of play that is less direct, but is modeled after professional teams.

"We are trying to play the game as a professional team would play it, rather than just get wins. It's a harder commitment from that perspective, in



David Lilly celebrated with his teammate after a 3-2 overtime victory over University of Puget Sound.

Gustavus Sports Information

that we demand more from our players. But it's a much more fun way of playing, and educationally it's a much better way of playing if they try and develop. It's quite advanced stuff really," Middleton said.

Women's golf: young and talented

Although they are a very young team, Women's Golf is already off to a strong start. They had one senior, three sophomores, and one first-year compete in the team's first tour-

nament in Eau Claire, and the Gusties finished second.

This season the team has brought in several first-year players and has also picked up a sophomore transfer student.

"I think we've added some depth on the women's side. We're going to be pretty young, but really talented," Head Coach Scott Moe said.

Moe said he is happy with how the new players are fitting in with the team. "It's going really well. Our upperclassmen have made it easy for them to fit in and get along, and I think our

captains have done a very nice job of making sure everyone's included," Moe said.

According to Moe, the team's goal is to win the MIAC in October so that they can qualify for the National tournament.

"I'm pleased with how we did the first week and I'm excited to see what we can do down the road. My goal for them is every day of the week to get better, and if we do that on a consistent basis, we'll be in a great position at Conference," Moe said.

Make your plate count

Renee Hoppe
Assistant Sports & Fitness Editor

Every fall, students come back to campus anticipating change. While some are more visually striking than others, there are many that are underutilized. One such change is the new Nutritional Guidebook near the entrance to the tray line in the Cafeteria. Prompted by student request, Nutritionist George Elliot and Head of Dining Services Steve Kjellgren began discussing the possibility of creating a nutritional guidebook that students could use to make healthy choices.

"What I continued to hear from students is that they did not necessarily want to know calories and fat (although some did) but more of what the ingredients were, or could they make a better choice based on what was in the food. Also, we have seen a growing number of students, faculty and staff with food allergies and food intolerances. By having the nutrition facts, labels, and ingredients, we can all make better informed decisions on what we want to eat," Elliot said.

For students such as Kristina Fosse '13, who eat a primarily plant-based diet, keeping track of nutritional intake is very



The new Nutritional Guidebook, which provides nutrition information on caf foods, is located near the entrance to the tray line in the Cafeteria.

Renee Hoppe

important. "I like to see which kinds of meals in the Caf have adequate amounts of protein and iron to make sure that I'm taking care of my health," Fosse said.

While this guide is helpful to students who are vegetarian or vegan, those with no dietary restrictions or allergies can benefit from it as well. Student athletes such as Zach Schendel really focus on their health when it comes time to hone in on the nuances of their sport and sharpen their competitive edge.

"It's really important to eat not only the right foods, but also to eat a lot of them so I have the energy to dominate my workouts," Schendel said.

This kind of "healthy eating"

mentality is exactly what Elliot and Kjellgren were hoping to get out of the project. While the original goal was to make necessary information available to students with allergies and dietary restrictions, they also wanted to give all students the power to make informed decisions.

"I want the information used to promote thoughtful choices, but not to take choices away from our students. Also, I am so lucky to work with a department that has a vision and continually strives to make things better. Not many campuses this size would have this specific information available," Elliot said.



Come on in today to the newest bar in town!

Tuesday Burger Baskets!
Burger Baskets starting at \$4.99!
Domestic Beer Pitchers \$4.99!
Every Tuesday Night starting at 7pm

Like us on Facebook!



814 N Minnesota Ave • St. Peter, MN 56082