A Saturday, Nov. 7. Coakley-Thompson will speak on interracial relationships.

The president for special projects, Barb Larson Taylor, assistant to the president for special projects, said.

“We were pushing for last spring,” said Larson Taylor. “It’s a very hot-button subject, as it was amongst their ranks, many people got excited. ‘[Representation on the Board] is potentially a very hot-button subject, as it was something that many students were pushing for last spring,’” Barb Larson Taylor, assistant to the president for special projects, said.

Excitement from the student body itself has also been very high. “[A student position] would provide a more open and formal line of communication and allow us to disseminate information back to the students with regard to Board meetings,” Student Senate Co-President Derek Holm said.

Kristen Weller, senior theatre major, said that having representation on the Board makes sense. “[It] just seems right. If we are the ones that [the Board of Trustees] are most concerned with, shouldn’t we be highly involved in the decision-making process?”

President Jack Ohle said that in his opinion, Board members do a good job trying to reach out to Gustavus faculty and students and hearing their voices as often as possible. “[Gustavus] form of governance is the most engaging form I have seen, as it involves a very wide base of constituents … alumni, friends and even the church in the activities of the Board of Trustees,” Ohle said.

While Trustees’ meetings are generally by invitation only, Ohle said, they are nearly always held on campus, and the reading of reports from students and faculty are welcomed and encouraged. Ohle also said that there simply isn’t enough time to address every single concern that comes from the students or faculty, because room for all major policy decisions must also be left on the Board’s agenda during the quarterly meetings.

At this point, the effort to gain student and/or faculty representation on the Board of Trustees has become two very separate issues. Students have lobbied for the inclusion of a student representative in conversations with Ohle. “[We are in discussion with President Ohle about possible solutions for student representation … We decided that a draft representation would be sent to the Board,” Olson said.

Student Senate is pursuing a tentative plan that would include representation provided by a student who would not have any voting rights on Board measures.

Continued on page 2

PSASO hosts author Wendy Coakley-Thompson in study of interracial relationships

Our Story Conference

PASO hosts author Wendy Coakley-Thompson in study of interracial relationships

Chris Stewart
Staff Writer

As many Gustavus students are aware, when concerns about College policy are raised, it is not the Student Senate or the faculty that has the authority to make sweeping changes. Instead, this power is vested in the institution’s Board of Trustees. Currently, the Board does not have a seat among its members for either direct student or faculty representation. However, the Board has recently moved to consider adding student and faculty representation.

When the news surfaced indicating that the Board of Trustees was considering creating a provision to open a seat for student and/or faculty representation amongst their ranks, many people got excited. “[Representation on the Board] is potentially a very hot-button subject, as it was something that many students were pushing for last spring,” Barb Larson Taylor, assistant to the president for special projects, said.

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Continued on page 2

Continued on page 4
Campus Safety Report

Monday, Oct. 26
A Campus Safety officer responded to a medical assist at Anderson Theater.

Wednesday, Oct. 28
A Sony projector was reported missing out of the Social Science building.

Saturday, Oct. 31
A Gustavus student was cited in the Dive during the dance by Campus Safety and Saint Peter Police for Liquor Violation/Under Age and taken to Detox.

Sunday, Nov. 1
A Pittman Hall resident was cited by Campus Safety for underage consumption.
A student while in Norelius Hall was cited for underage consumption.
A student reported her bike being stolen from the North Hall bike rack.

Tip of the Week:
• Know how to contact Campus Safety or the Saint Peter Police Department.
• Know the emergency telephone number for Campus Safety (ext. 8888) or the Saint Peter Police Department (9,911).
• Keep the emergency phone numbers near your phones (stickers, magnets, etc.).
• Program emergency phones numbers into your personal cell phone.
• Learn where the campus emergency telephones (Blue Light Telephones) are located on campus and learn how to use them.
• Learn where other emergency telephones are located throughout campus (chemistry labs, woodworking areas, etc.).
• Ensure that you are subscribed to the campus mass notification system on campus.
• Participate in any campus emergency transmitter, whistle, or other safety programs being offered.

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eaving home to go to college is a life-changing experience. Not only does it allow adolescents to mature and grow personally, it gives young adults the responsibility of making their own choices and relying on themselves. This type of growth and maturation are central to the Gustavus experience as a whole. When students are not attending class, doing homework or participating in extra curricular activities, they are learning how to become their own person in their own domain: the residence halls.

“Imbedded in the Gustavus mission and core values is a fundamental concern for the well-being of and respect for each individual within the context of the campus community. Balancing the sometimes competing interests of students as individuals and members of community is at the heart of the visitation and guest policy.” This statement is included at the beginning of the student visitation policy on the Gustus website.

The current rules of on-campus residences are as follows: Occupants of first-year campus residences are allowed to have visitors Sunday through Thursday from 9:00 a.m. until 1:00 a.m. and Friday through Saturday from 9:00 a.m. until 2:00 A.M. 24-hour visitation is permitted in the lobby, recreational space, TV lounge, study areas, computer lab and the kitchen. Hallways and section lounges are not included in the 24-hour visitation areas. Occupants of sophomore, junior and senior campus residences also have visitation hours Sunday through Thursday from 9:00 a.m. through 1:00 a.m. Friday and Saturday, however are 24-hour visitation days. 24-hour visitation is also permitted in the lobby, recreational space, TV lounge, study areas, computer lab and the kitchen. Hallways on single sex floors, however, are not 24-hour visitation areas. There are also rules that apply to overnight guests. Guests can stay no more than 48 hours consecutively, and they must be registered with Campus Safety. Failure to abide by visitation policy may result in the loss of the student’s guest privileges.

Junior History and Communication Studies Major Phil Helt is the current housing and health chair in Gustavus’ Student Senate. The student visitation policy is one of the many issues being discussed by the Senate this year. Charlie Strejy, the director of residential life and assistant dean of students, introduced the topic to Senate for discussion.

On Oct. 12, 2009, the Student Senate created the Housing Committee. This committee was put in place to research, discuss and come up with solutions to any issues students may have with housing policies. One such issue has been the student visitation policy. “Some students have voiced concerns or issues they have with this policy,” Helt stated. “It is Senate’s job to be a voice for the students to the administration.”

One such way to make your opinion heard is by filling out the online housing satisfaction survey that is sent out to Gustavus students living in residence halls. This survey is an “awesome opportunity for students who want to voice an opinion,” Helt said.

Helt, along with the rest of the Housing Committee, has been researching the visitation policies enforced by other private colleges in Minnesota and comparing them to the rules and regulations enforced at Gustavus. This research has found both stricter policies and more lenient policies than those at Gustavus. “The trick is to find the balance that is right for Gustavus students,” Helt said.

At their upcoming meetings the Housing committee will be discussing this delicate balance, taking into consideration the opinions voiced by students. No decisions about changes in the visitation policy have been made yet, but it is clear to Gustavus students that some changes may be necessary.

“There can be no doubt that the visitation policy is flawed. I do not know anyone who is happy with the visitation policy as it currently is. I see the policy as antiquated and outdated. The policy ignores the realities of student life and the responsibility of Gustavus students,” Senior Scandinavian Studies Major Andrew Nelson, co-president of Queers and Allies said.

“I believe the visitation policy restricts prospective students from having a legitimate experience on campus, therefore it keeps Gustavus from obtaining well-rounded students from all over,” Junior Health Fitness Major Kayla Tacke said.

Other students may agree with the current policy, but they have had problems adhering to it. “My guy friend came to see me and had to sleep in his car. I felt like a terrible host, and it shed a negative light on Gustavus,” Junior Psychology major Natalie Lindberg said.

Another issue with the current policy is that some students feel that it excludes homossexual students. “This policy is blatantly heterosexist because it ignores the existence of the GLTB student-population and assumes that all students on campus are heterosexual,” Nelson said. “Clearly the policy needs work; it needs to be adapted to fit the modern idea of opposite-sex, platonic friendship and to allow freedom within the scholastic environment in which we live.”

Student input is very helpful when deciding whether or not to change current policies. “Students need to let us know what they are concerned about and how they feel about certain issues. The only way the Student Senate can be a voice for Gustavus is if we’re allowed to be,” Helt said.

The Student Senate Housing Committee was designed to examine visitation issues, among other topics.

The Student Senate Housing Committee was designed to examine visitation issues, among other topics.
SAE gains national charter, becoming first national fraternity

Ally Billion
Staff Writer

Several students on campus participate in greek life, yet very few of us take the time to think about how these organizations came to be. After two years of hard work and perseverance, the Sigma Alpha Epsilon fraternity that was created in 2007 has gained national recognition.

Nov. 21, 2009 will mark their official acceptance as a national chapter of Sigma Alpha Epsilon. SAE is the only fraternity at Gustavus that can boast this national status.

The road to becoming a nationally recognized fraternity was filled with obstacles and challenges. "It’s been a lot of hard work, and it’s good to know that it has paid off," Junior Communication Studies Major John Rasmussen said, who is a member of SAE.

This hard work began with becoming a chapter-in-training, also known as a colony. "We were colonized on Oct. 19, 2007," Junior Political Science Major Brian Krahulec said, the vice-president of SAE. "From that point we were recognized by the campus as a chapter, but only as a colony of Sigma Alpha Epsilon..."

The transition from a colony to a national chapter required a strict adherence to policy and tradition. Not only did the members of SAE need to maintain the required GPA, they additionally needed to recruit enough members to be considered by the national organization. They were also required to meet with an investigation team and present their case for becoming a national fraternity. The report made by the investigation team included "a recommendation for chapter status," Krahulec said, "for which we were recommended unanimously."

The recommendation from the investigation team was then sent to the Supreme Council, along with documents from SAE demonstrating their intent. "The Supreme Council votes on whether or not to send out a mail ballot," Krahulec said. "The Supreme Council voted unanimously to send out this mail ballot, which means that they support us becoming a chapter of Sigma Alpha Epsilon," Krahulec said.

The benefits of becoming a nationally recognized fraternity are numerous. "A national fraternity can help with future careers," Senior International Management Major Ignacio Belmonde, the president of SAE said. "Becoming national means that we are accountable to a higher standard which helps us be our best."

"The national fraternities provide a support system and can give us advice," Krahulec said. This maturation into a national chapter is not only good for the SAE reputation, but is a crowning achievement for its members as well. "I’ve never been more excited," Rasmussen said. Other members echo this sentiment. "To be recognized on a national level is important to me. Everyone is held to a higher standard which accompanies the longstanding tradition of the True Gentleman code of SAE. National recognition is beneficial because it provides us with a network of alumni and active members all across the nation," Junior Health Fitness Major Dain Claussen said, a member of SAE.

Other organizations on campus are sharing in the SAE excitement as well. "It will be such a great experience for all of them. They’re going to love it," Junior Health Fitness Major Morgan Nelsen, a member of the Sigma Sigma Sigma sorority said. The Sigmas are also nationally recognized and have felt the same excitement as the SAE fraternity. "Being in a national sorority is such a cool honor because not only are you held to a higher standard, but you also have connections to people all over the country," Nelsen said.

The journey to becoming a national chapter was guided by advisers John Bulcock and Program Director for the Community Service center Dave Newell. Through this journey the members of SAE have gained a strong sense of camaraderie and brotherhood that will stay with them long after their college careers have ended.

"One of the most important things that we have is SAE for life," Belmonde said.

What do Superman, Ben Franklin and Barbara Walters all have in common?

They were all journalists.

Join the Weekly. E-mail weekly@gustavus.edu.
Gustie of the Week:

Adam Toppin: Taking Gustavus’ core values to heart

Adam draws inspiration from one of those Gustie graduates in his family. “I’ve noticed [my dad’s] work ethic, and that’s something I really admire about him … He’s taught me a lot of lessons and responsibilities. What you do affects other people.”

Upon seeing his dad in the business world, Adam was motivated to become a businessperson himself. At three years old, he dressed up in business clothes for Halloween. “I’ve been interested in business ever since I was a little kid,” he said. “I have a knack for it. I really enjoy working with other people.”

He tries to put the lessons he has learned from his dad and from himself into practice in his life to have a positive effect on the world and on the Gustavus campus. “I volunteered at an orphanage for a few weeks in Mexico,” he said. For his work in the Leadership Development Program, he likes to lead by example.

Adam isn’t always business, though. He is also a really relaxed, cool guy. He says that, though he gets down to business when the situation calls for it, you will also see him chilling out in sweats.

“One thing that sticks out about Adam is that he is a supportive friend. He is easy-going and caring.”

-Sierra Krebsbach

“Motivated and grounded, Adam Toppin is the kind of person you can really look to when in need. He finds a balance between academia, activity and leisure that can be a model for all students. “I think he’s an excellent role model for students on campus. It makes him a good candidate [for Gustie of the Week]. He exemplifies Gustavus’ five core values.”

-Steve Turner

As the eighth Toppin to attend Gustavus, Adam attributes his immense work ethic to his dad, and he has learned life lessons from him.

Adam’s friends not only admire his involvement at Gustavus, but also his dedication to his relationships with friends.
Award-winning artist Liz Miller lecture and demonstration

Katie Kaderlik  
Staff Writer

A lecture will be given today by the visiting artist Liz Miller. The lecture will be held in room 105 in the Fine Arts building from 12:30 to 2:30 p.m. Miller is an award winning artist and an art professor at Minnesota State University, Mankato who will be sharing her process for creating art and what influences her work.

“My recent work is primarily large-scale installations using non-traditional materials, such as felt, building foam and flexible plastics. My works are site-specific, meaning that they engage with the architecture of the gallery or exhibition space. The façade of my work is bold and even seductive. However, underneath the seductive façade there is a more sinister side to the work,” Miller said.

Miller realized that students are not familiar with installations, and this gives her an ample amount to discuss and an opportunity to answer any questions they may have. Nicole Hoiland, a visiting assistant professor of art and art history described Miller: “She is an installation artist who works with brightly colored papers to make very dramatic, very large installations.”

The lecture is not only for art majors, but it is open to the public. “I always attempt to speak to a broad audience—this includes both artists and non-artists. I think that this lecture would interest a lot of students and faculty on campus,” Hoiland said.

Art has been a part of Miller’s life since she was a child. She became more serious about art when she began attending the Rhode Island School of Design in 1996. “It was there that I met people who were excited about the same things I am and who pushed me to pursue this path,” Miller said.

Miller has been teaching drawing at Minnesota State University Mankato since 2005. She thought that she would never teach art, but she loves doing it. “I became interested in art because I was excited about the work of other artists and wanted to be part of the conversation they were having,” Miller said. “I was very interested in being a student and being completely blown away by the experience. I also found that art was something that completely held my attention in a way that other things did not. I knew that I’d do something creative from the time I was a small child.”

Miller sees each of her works as a new challenge, and she builds off of her past works. She is continually creating art, and once she finishes one piece, she begins the next. “I think this is partially because my work is temporary—it exists for the duration of a given exhibition and then disappears. The only record of the work exists in the form of photographs,” Miller said.

“Prawns?” It would be hard to expect anything less than an eye-popping experience coming from producer Peter Jackson, however. So, if you’re looking for something to do this Friday or Saturday night, don’t tell District 9 short as just another alien-colony-stranded-on-Earth-trying-to-get-home, action movie. Give it a try. It’s good, maybe surprisingly good.

I give it two and a half out of three crowns.

Even though District 9 may come across as just another first-person filmed, aliens attack film, it is actually surprisingly captivating and well-made.

When District 9 premiered last summer, I wasn’t going to lie: I tried to come up with an excuse not to go. After all, I do not want to pay $9 to go see another shaky camera, first-person filmed, aliens attack, Cloverfield rip off? As soon as the credits rolled, however, I was shocked at how happy I was to be wrong about this movie.

The premise of District 9, while a bit farfetched, is quite intriguing. An alien spaceship stranded over Johannesburg, South Africa, and over 1.5 million aliens lived in a refugee camp for the better part of two decades? I’m in. That’s just the beginning, though.

The core of the movie revolves around the efforts of an alien-human liaison corporation’s efforts to relocate the aliens to a camp situated more comfortably away from any major human habitation.

Spearheading this operation is Wikus Van De Merwe (Sharlto Copley), a bit of a sap who finds himself in way over his head. The plot focuses on Wikus and an extremely unfortunate accident which befalls him during the relocation program. I won’t explain any more of the story, as the script is superbly written and I wouldn’t want to give away any of the twists which pervade District 9. Action is quite intense throughout the movie and at times riveting. Oh, and one other thing, this is perhaps the most visually stunning movie I have seen in recent memory. The camera work, far from being cheesy and over the top, is very engaging. The aliens are startlingly realistic and emotional, who would have thought you could get so much emotion out of CGI creatures lovingly nicknamed District 9: Not to be underestimated

Art Center Installation. “I like the way the installation fills the space and hovers above the floor incorporating the viewer into the sculpture,” Hoiland said. To view examples of Miller’s work, visit www.lizmillerart.com.
The ninth annual Chill Out and Wellness Fair will encourage students to reflect on their lives through various activities such as arts and crafts as well as vendor booths.

The event is meant to help teach students ways to relax, as well as provide them with time to reflect on how to lead balanced and meaningful lives. With the theme “Make Your Time Count,” students are encouraged to take a moment or two out of their day and relax on the couches and play board games or just simply reflect on their lives.

“The Chill Out and Wellness Fair is basically a great big reminder for everyone to take a step back from the stress of their lives and to take some time for themselves every once in a while,” Senior Health Fitness Major and Chill Out Committee Member Mary Dierkes said.

As excitement builds for the upcoming show, the dancers are working feverishly on their routines. Contestants are given a short period of time to learn a swing dance and will perform the routine in front of a live audience and a panel of judges.

“Bob Douglas and I have been practicing like crazy and are ready to wow the crowd with our dance! There is no doubt that with all of this hard work and preparation, the dancers are working feverishly on their routines. Contestants are given a short period of time to learn a swing dance and will perform the routine in front of a live audience and a panel of judges.”

This Saturday six professor-student dancer pairs will perform in the fourth annual Dancing with the Profs, in which all money raised is donated to the Saint Peter United Way.

Dancing with the Prof: A new year brings a new show

Katie Volney
Staff Writer

O n Saturday, Nov. 7, students, faculty and staff alike will have the opportunity to see their colleagues compete in “Dancing with the Prof.” The annual dance competition favorite is a fundraiser started by alumnus and former CAB member Mike Marcotte. Its fourth annual show will take place in Alumni Hall at 7:30 p.m. Tickets are $2, and all the proceeds from the event will go to the Saint Peter United Way.

The dance couples who will be featured this year are Senior Psychology Major Kyle Goodfellow and Religion Professor Sarah Johnson, Senior Economics Major Matt Wood and Nursing Professor Heidi Meyer, Senior Biology Major Steve Grimsby and Admissions Staff Member Vicki Kennedy, Senior Education Major Maddie Hanks and Chemistry Professor Scott Bur, Sophomore Meghan Lee and English Professor Sean Cobb and Senior Geography Major Amy Gosewisch and Geography Professor Bob Douglas.

With all of this hard work and preparation, the dancers are bound to put on a great show. “The Gustavus community should come to the event because it is first and foremost a benefit to the St. Peter United Way; the United Way in turn gives back to Gustavus by funding the Big Partner/Little Partner program, for example,” Senior Sociology and Anthropology and Spanish Double Major Carleen Crouse said, who is also the co-executive of CAB Special Events.

Tickets for the event are available for purchase both at the SAO desk and at the door.

Take time to chill out at the wellness fair

Jenny Behan
Variety Editor

F or the past nine years, the banquet rooms of the C. Charles Jackson Campus Center have been filled with dozens of vendors from both the St. Peter and Gustavus community. These people all come together to put on the annual Gustavus Chill Out and Wellness Fair, which is sponsored by the Center for Vocational Reflection (CVR).

“The Chill Out is probably my favorite event that the CVR puts on. It is so campus-oriented and involves so many organizations that it really brings to life the strong community that Gustavus thrives upon.”

Mary Dierkes

“The Chill Out is probably my favorite event that the CVR puts on. It is so campus-oriented and involves so many organizations that it really brings to life the strong community that Gustavus thrives upon.”

Anna Swenson said.

Co-Coordinator of the Chill Out and Wellness Fair, which is sponsored by the Center for Vocational Reflection, Mary Kay Cosmetics, SAGE Therapist), Liv Aveda Salon and the Cosmetology Training Center in Mankato, a one year student membership to the Co-Op and Big Question T-shirts from the CVR,” Swenson said.

Also at the Chill Out, there will be a Relaxation Room where students are encouraged to take a moment or two out of their day and relax on the couches and play board games or just simply reflect on their lives.

“The Chill Out and Wellness Fair is basically a great big reminder for everyone to take a step back from the stress of their lives and to take some time for themselves every once in a while,” Senior Health Fitness Major and Chill Out Committee Member Megan Trahns said.

“We have quite a few raffle prizes, including gift cards to Liv Aveda Salon and the Cosmetology Training Center in Mankato, a one year student membership to the Co-Op and Big Question T-shirts from the CVR.”

Anna Swenson

Students can take a break with an event to help better their lives. The Chill Out and Wellness Fair is this Friday, Nov. 6 in the banquet rooms of the C. Charles Jackson Campus Center, from 10:00 a.m. to 4:30 p.m. The event is free and open to the entire campus.
movies have been a major part of American culture since they first appeared in the late 1800s. As films changed and developed, so have we. What we see today, however, is more and more prevalent in our society. With hundreds of movies made each year, it’s quite obvious why we, as an audience, have changed.

Movies offer a way to escape from the day-to-day hassles of life for a few hours at a time. They provide entertainment, but can also be seen as more than just a distraction. “Movies aren’t purely entertainment. They are complex and encode social, economic and political content,” Assistant Professor of English Sean Cobb, who teaches Film As Art, said. “It’s important to study film because it works to counteract the idea that films are passive entertainment. We get to work out social and political anxieties in films. They tell you something about the society in which they are produced.”

Over time, the subject matter and purpose of films has changed. “Very early films were based on attraction or spectacle. They tell you something about the industry at the time,” Cobb said.

In our own Gustavus subculture, film has created a nice little niche for itself. We’ve got weekly movies on campus, as well as semester classes and January Interim Experience courses about film. Students bring dozens upon dozens of movies with them each fall when they move in. Junior Art History Major Emma Quinn has, give or take, 120 movies with her on campus. “I enjoy a good flick, and I love a good film. I love cinema because it can be informative and thought provoking when need be or it can be hilarious, irrelevant and with a touch of nostalgia. The spectrum of emotions and ideas that movies can provoke is why I cannot get enough of them,” Quinn said.

For screenings of more current movies, film clubs take on the selection process. “We have implemented a monthly movie survey, so we take the list of movies that will be released in a given month and ask students to vote on which ones they would like brought to campus,” Cobb said.

The films committee meets to analyze the results of the surveys and makes the final selection and schedule. The more help they get from fellow students, the more successful the on-campus movie program can be.

Success is also measured by how many people attend the films. “Attendance really varies from movie to movie, but we do keep a tally at every movie showing. … I believe we had an average of about 100 people for each showing of Harry Potter and the Half-Blood Prince, Hunger and Up, but only an average of about 50 at some of the previous movies like Angol and Drones, Star 3rd and Telling of Silence 235,” Cobb said. No matter your favorite movie, genre of film, or actor—the silver screen has got something for everybody.

In a society so focused on the visual and technological advances, it seems only natural that movies would be one of the foremost forms of communication and entertainment. “So much of the media is focused on visual elements. There is a trend towards visual culture in general, instead of print,” Cobb said.

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Thank God my life counts at Gustavus!

Paul Huff
Staff Columnist

A bout a month ago, I awoke in a dreary daze to the screeching of my alarm clock, my body unwilling to leave the womb-like covers of my bed. My head throbbed and ached due to an over-consumption of Vault and fruit. I chose to fight the urge and instead turned on my phone to see if there was anything lying around that I could do to pass the morning away. The room reeked of Cheez-its and stale pizza. As I struggled to get conscious, I was immediately confronted by the existential quandary of my existence. For what purpose should I leave my bed at all? Is there any higher meaning to cause me to put my pants on? Was I put on this planet only to suffer a long and lonely life?

I slowly tumbled out of bed and onto the floor. Is there anything to look forward to besides more classes, more homework, more boring weekends and more studying? Is this really what I want to spend my life doing? When will I feel productive I could do with my time? Why do I even bother attending? And is anyone else struggling with this same dilemma? I see women who look like I might, yet struggled with her weight, I wonder about this. This is a mainstream magazine breaking the mold of the standard of beauty that is set by the fashion industry. Glamour magazine has decided to do it again: featuring larger women for the first time in its history.

I paced around the room for what felt like hours, feeling angry and frustrated. I couldn’t shake the feeling of hopelessness that came over me. I feel as though I am stuck in a never-ending cycle of self-hate and self-loathing. I am constantly questioning my worth and trying to figure out how to get out of this cycle.

But then something happened. I looked in the mirror and saw a woman who is beautiful in her own way. She is confident and strong. She is not afraid to be who she is. In this moment, I realized that I am not alone. There are others out there who are fighting the same battles.

Glamour magazine is a beacon of hope for all women who feel as though they don’t fit into society’s standards of beauty. They are showing us that it is possible to be happy and confident, regardless of our size.

I want to celebrate that. I want to acknowledge that there is power in being different. I want to raise up those who are often pushed down and ignored. I want to show them that they matter, that they are valuable. I want to lift them up and give them the strength to keep going.

In this moment, I realized that I am not alone. There are others out there who are fighting the same battles. I am not the only one who feels this way. I am not the only one who struggles with self-loathing. I am not the only one who wants to be happy and confident.

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A different approach

The art of intentional flailing

We’re halfway through the semester...When’s the last time you did something silly?

In the complete relaxation mode of my Reading Days, I questioned just how I was able to keep going during those previous seven action-packed weeks. How did I cope with the pressures of extracurriculars? Did I have the focus required in classes? What prodded me to walk up from the Greens House every day as I grimaced through the blinds at that jerk of a Hill?

I found that my motivation came in the art of Intentional Flailing.

You know when you think a spider is somewhere on your person and freak out? Legs jump and arms wave, your entire body in random motion? Intentional Flailing is kind of like this, except without the spider and with the addition of abundant laughter.

I choose to partake in Intentional Flailing with a friend during our late night walks around campus. Whenever we need a break from readings or e-mails or papers or thinking in general, we hit the streets (or rather sidewalks) and flail it up. We usually start with walking at whatever pace our bodies tell us, and we often find this is ridiculously slow. It’s no surprise really, since college life seems to demand our legs take us as fast as possible.

Revisit childhood with a playful romp down a nearby hill a playful skip down a sidewalk like you just don’t care.


college angst

The folly of idealism

For how many atrocities we commit in their name, it is strange, is it not, how our society views idealism in such positive light. Of course we only recognize it as such because we each have our own ideal, or at least for those less imaginative, have borrowed one from another. When I say idealism, I simply mean someone who has envisioned or been shown an ideal state and has decided to attempt to bring it into being. I have recently decided that such ideals are ultimately a detriment to us as a species, a source of collective hurt for all those involved.

But you may ask me, “Why are ideals so terrible? They show the course the future should take; they better our thoughts and actions.” I am afraid this is unfortunately not the case. In some people this may happen but in the vast majority of us they ultimately blind us to alternatives. Instead of us guiding a situation based on its circumstances, we attempt to overlay something that may not be possible over the top. We give ourselves names like capitalist, communist or anarchist and think we are being logical or morally superior. These all fail because humans aren’t particularly good at identifying our own condition or how to better it. We don’t bother to take into account all of the nuances of a particular situation and just dismiss where our ideologies fail as superfluous, statistically irrelevant phenomena that may be safely ignored by those true followers of an ideological dogma.

Why do we seek to overlay our reality with one that comes from our misguided thoughts? Should these notions of how life should be lived (which often change from day to day) constantly inform how we think everyone else should live? This is the folly of idealism, a person who disregards reality and believes his or her reality should exist oblivious to circumstance. It is sheer delusion in most cases. We create a world that cannot exist within ourselves and try to bring it into being. Whatever we wish to accomplish with our idealism can only be accomplished through viewing our reality as clear and as unhindered by delusion as it can be.

This human occupation of idealism is very similar to the idea of a plan. We create plans hoping to bring about a certain state of affairs. Ultimately the reason planning fails is because we have failed to take something into account.

College angst

The folly of idealism

Continued on page 12
“Flatlining” from page 11

When we walk without a purpose we find we are free to walk as slow or as fast as we want; we are free to stop whenever we choose so heavily influences our daily routine.

From here we usually advance to skipping. My friend tends to stick with the traditional technique with knees reaching equal height as she launches herself from the pavement. I, however, enjoy dabbling in the One-Sided Skipping method in which only one of my legs propels me forward and the other simply walks. It’s like a swagger on speed. And yes, it’s supposed to look ridiculous.

And now, my friends, we enter into complete Intentional Flailing. We find as our bodies experience more movement and height we forget about all your responsibilities!

As silly as it is, Intentional Flailing is my way of breaking free of the mold into which I squeeze my body. Not only does my mind get a sense of it, and encourage you all to mix it up.

“Glamour” from page 10

If we stick with that line of logic for a bit, however fallible it may be, then doesn’t it seem to make sense that making plus-size models the norm would eliminate some of the deceitfulness of these photos? I’m still not convinced of that. Her disease wasn’t just about being skinny—she most definitely achieved that. The scariest thing about her struggle was that she could never win. Getting thinner didn’t help her stop thinking about all of the other things she didn’t like about herself, whether it be her physical appearance or otherwise. But her weight was the only thing that she knew how to control.

Featureing plus-size models might be a step in the right direction, but its not a holistic solution. I would love to see a society where women who are dealing with the deep, intense, difficult pain that drives them to eating disorders don’t have a physical standard to compare themselves to and are instead encouraged to be comfortable with their bodies and find healthier ways to cope. Every life lost to an eating disorder is one too many.

The fact that Glamour or Harp-er’s Bazaar or any other magazine is being celebrated for photographing plus-size models only highlights the sorry state of our modern media. Magazines that run pictures of these models are the exceptions for showing “fat” girls, but still follow all of the other contrived rules when it comes to showing what women should be expected to look like. Why is it all right that showing a picture of a digitally altered, overtly sexualized, outrageously idealized woman is being celebrated for showing a size six means that you deserve a pat on the back? I would love to see a society that encourages to explore as many solutions as possible.

Of course now the question I must be asked is “what do you propose instead of bequeathing all knowledge?” I simply suggest being content with guiding our lives rather than planning them as our ideologies would have.

“Life counts” from page 10

While all of these are fine and good, I don’t see anything along the lines of “Augies make their lives count.” Nice try. Augsburg St. Thomas, however, gives our school a run for its money with the tagline “Life counts” from page 10. While it’s very noble and grand, it does not change our world.” Although this tagline may seem superior in terms of ambition and compassion, it totally fails in the simplicity department since it contains five words instead of four. Again, Gustavus wins.

After rejoicing in the inherent meaning my life has at Gustavus, I began to wonder about those who haven’t attended our school. Does my life really count more than theirs? In high school, I had many talented friends who ended up at colleges across the country. I can’t imagine achieving anything greater than they could. Neither my parents nor any of my relatives were Gusties, but they all lived successful lives. My grandma, for example, served our country in postwar Germany, fathered eight kids, became a doctor and still lives an active life. I think it’s safe to say he’s made his life count.

Regardless of the money put into rebranding Gustavus, I highly doubt our lives as Gusties will become any more valuable or meaningful than individuals at other institutions. While we may gain great experiences and opportunities here, it seems arrogant to suggest that Gustavus exclusively makes life count. And the extent to which our lives do count doesn’t just depend on our education here, but also the life-long investments of our friends and family. So if you think your life suddenly matters once you step foot on campus, remember: it already did.

Eye on Gustavus

What’s up and what’s down this week at Gustavus. (and what’s ish-don’t-think-so).

HALLOWEEN

All hallows eve fell on a Saturday, all the better for causing true “boos” and “eeks”!

STRANGE MAN SIGHTED

Gusties around campus are puzzled at the goateed man we’ve never seen on campus featured in the new Gustavus “Make Your Life Count” website. Olympian Speed Skater Apollo Anton Ono did not major in philosophy and did not go to Gustavus.

SOUTHWEST PARKING LOT

Poorly laid out and awkwardly placed in relation to Southwest. Also, now that it’s cold and wet, we invariably get muddy and soaked feet. Not to mention muddy cars. Is this what we paid $200 to use?
The Calendar Page is considered editorial. The opinions expressed herein are not the opinions of THE GUSTAVIAN WEEKLY and obey no particular order of reason or rhyme, but are only contingent upon what I can think of jokes for and who I owe favors to.

Friday, Nov. 6

9th Annual Chill Out and Wellness Fair
Banquet & Board Rooms 10:00 a.m.
Cushions to relax on, free back rubs, people talking in soothing voices … sure, when you do it out of the CVR it’s fine, but when I do it out of my van suddenly I’m a “person of interest.”

Liz Miller Visiting Artist Lecture
Room 105, Fine Arts Building 12:30 p.m.
Throwing paint wildly at your medium to express your disdain for the conventional rules of art and the constraints of public opinion … sure, when you do it out of a studio it’s fine, but when I do it out of my van …

Weekend Movie - District 9
Wallenberg Auditorium 7:00 & 10:00 p.m.
One group forcing another group into a ghetto because of their appearance and customs, causing part of that group to react with violence? Someone should do a play about this.

Three One-Act Plays: Far Away, Seven Jewish Children & Seven Palestinian Children
Anderson Theater 8:00 p.m.
“Tell them he has a really good joke written for this one.”
“No, don’t tell them that.”

Saturday, Nov. 7

Our Story Conference
Alumni Hall 11:00 a.m.
One kind of interracial relationship that often gets ignored is when one of the partners is a robot. I’m working on a little song about it … well actually it’s just “Ebony and Ivory” played on a synthesizer.

Three One-Act Plays: Far Away, Seven Jewish Children & Seven Palestinian Children
Anderson Theater 2:00 p.m.
“Tell them that other joke won’t make sense unless they’ve seen the play.”
“Tell them!”

Wallenberg Auditorium 7:00 & 10:00 p.m.
The alien equivalent of Milk.

Dancing with the Profs
Alumni Hall 7:30 p.m.
Followed by a lecture, “The history of sexy. Its departure and return.”

Sunday, Nov. 8

Holy Communion
Christ Chapel 10:30 a.m.
One more thing not to do out of a van.

Friends of Linnaeus Arboretum Fall Warmer
Interpretive Center 12:30 p.m.
Fall warmer in the Arb? You cut the trees, I’ll bring the matches!

Gustavus Symphony Orchestra Fall Concert
Christ Chapel 1:30 p.m.
Ah, yes. The sounds of G-choir, the sound of the strings, and when you combine them … well, never mind.

Monday, Nov. 9

Daily Chapel
Christ Chapel 10:00 a.m.
It’s actually Cthulhu’s turn to use the chapel this week, so unless you’re into virgin sacrifices and rib cages piled high … midnight want to give the chapel a pass this week. Next week is Freyja’s turn though, so don’t miss that.

Fellowship of Christian Athletes Huddle Meeting
Linner Lounge 7:00 p.m.
Make sure your hips stay a bible’s distance apart, though.

Candidates Forum
Alumni Hall 7:00 p.m.
For ‘um? I’ve never even heard of ‘um!

Tuesday, Nov. 10

Daily Chapel
Christ Chapel 10:00 p.m.
Now would be a good time to repent for any inappropriate huddling. Wait … no, Cthulhu doesn’t forgive. Wait a week. Freyja might actually give you a bonus for that kind of behavior.

10-Passenger Van Training
Campus Safety 1:00 p.m.
Oh my God! … Just think of how many back rubs that thing could hold!

Tori Sanzone—Lecture/Book Reading
International Center Lounge 7:30 p.m.
Philosophy and dog training. Not a good combination.
“Sit boy, sit!”
“Why?”

Wednesday, Nov. 11

Daily Chapel
Christ Chapel 10:00 a.m.
Here is a question. We all know that if you believe in Tinkerbell she gets stronger. So if you apply the ontological proof of God to her, does she get ‘roid rage? Think about it.

CAB Coffeehouse Concert: Gustie Showcase
Courtyard Cafe 7:00 p.m.
I’ll be there, freestyling on the acoustic synthesizer.

Prepare Ministries
Linner Lounge 7:30 p.m.
If you really want to be ready for the Rapture, you might want to install a skylight. … It would suck to just bump into the ceiling.

Sacred Space
Alumni Hall 8:00 p.m.
Unless you have it in District 9. Then you’re dealing with Sacred Space invaders.

Gustavus Swing Club
Alumni Hall 9:00 p.m.
The debate between wicker and tire rages on. When will the violence end?

Thursday, Nov. 12

Daily Chapel
Christ Chapel 10:00 a.m.
You may want to get a head start on this week’s responsory:
“Ph’nglui Mglw’nafh Cthulhu R’lyeh wgah’nagl ftagn. Ia! Ia! Cthulhu Fhtagn!”
Like I said. Get a head start.

The Shady Character, now with twice the shade and twice the character!

Illustration by
David “Two Legs” Walden.
**STANDINGS**

**FOOTBALL**

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**MEN’S HOCKEY**

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**WOMEN’S HOCKEY**

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**RESULTS**

11/1

Men’s Hockey vs. Augsburg (MIAC Showcase) L 3-5

10/31

Men’s Hockey vs. Bethel (MIAC Showcase) W 4-3

Women’s Soccer vs. Hamline W 4-0

Volleyball vs. St. Thomas W 3-1

Men’s Cross Country @ MIAC Championships 8th of 11

Women’s Cross Country @ MIAC Championships 6th of 12

Football vs. Bethel L 21-33

Men’s Soccer vs. Augsburg W 1-0

10/28

Volleyball vs. St. Thomas L 1-3

Women’s Soccer @ Hamline W 4-0

**Rugged ruggers**

Seth Wisner

Sports Editor

The Gustavus Men’s Rugby club team finished up an abbreviated fall season this past weekend with a tough 14-7 loss to Southwest Minnesota State University out of Marshall, MN. The game was the last of five games on the schedule for the fall season. The Gusties also had games against St. Olaf, Macalaster, Carleton and Minnesota State University, Mankato and finished the fall season with a 2-3 record.

At the start of the season, the Men’s Rugby team had difficulty recruiting players. Not to mention, most of the players they recruited had no previous knowledge of rugby. “We lost a ton of seniors last year so it’s like a new team. There is definitely a learning curve because [our new players] had no idea what they were doing at first. It took a little while to get our team going,” Senior Billy Sheaffer said.

Nevertheless, the team battled through not only tough opponents on the pitch but also had to deal with injuries and the H1N1 virus early in the season. “St. Olaf and Minnesota State were probably our two toughest opponents this year. St. Olaf had about three times as many guys as us, and Minnesota State was also a really solid team,” Senior Brian Barnes said.

Three of our biggest guys were out early in the season with Swine Flu,” Senior Jason Quiram said. “Injuries have also been a problem; we had four starters out of our first game.”

Since the Men’s Rugby team is a club sport at Gustavus, it has an interesting history of organization. “[The Rugby team] is traded down through presidents and co-captains,” Senior Captain Ben Copeland said. “The old presidents and co-captains tell the new captains what to do and how to get set up, and that is transferred down from year to year.”

This puts a lot of pressure on the existing players to recruit on campus and introduce interested guys to the game of rugby. The Men’s Rugby roster hovered around 20 guys this fall, but not everyone can attend every game. With a relatively new roster, the team did have some highlights from the season. “The second half of the game against Carleton was a highlight of the season,” Barnes said. “Since we have a lot of inexperienced guys on the team, a lot of the new guys started to finally learn the game. We started to play well and overlaid over Carleton in the second half.”

Despite somewhat of a difficult fall season with the recruiting process, the Gustie rugby players remain optimistic about the spring season.

Continued on page 15
The Gustavus Women’s Hockey team looks to follow up NCAA Quarterfinal finish last season with fast beginning

**Becky Krocak**
Managing Editor

The Gustavus Women’s Hockey team is ready to start the 2009-10 season after a very successful season last year. Last season, the Gustie women won both the regular-season Conference title and the MIAC Tournament and ended the season in the quarterfinals against UW-River Falls. This year’s team is much younger than last season’s squad, which can be a positive and negative aspect for the team.

“We are a lot younger—the majority of players are underclass-men... but we have a lot of speed and shooting ability,” Sophomore Danielle Justice said.

“Our team is very fast, and we have a lot of very talented players. The sky is really the limit for our team,” Senior Captain Melissa Mackley said.

Both the players and Head Coach Mike Carroll are optimistic about the start of a new season.

“I think that there is a lot of excitement about the coming season,” Mackley said.

“All teams are optimistic at the beginning of the season,” Carroll said. “The upperclassmen have stepped up and set the tone for the new players.”

For the past month, the team has been practicing to condition players for the start of another season. “The practices have been going well. They are really up-tempo to get us in shape,” First-year Jenna Christensen said.

In addition to conditioning, practices also help the new players learn how the team operates.

“Practices have been at a high pace to prepare us. We’ve been focusing on shooting and helping the [first-years] to learn our systems,” Justice said.

For the new first-year players, playing at the college level is “definitely different than high school. It’s more rigorous,” Christensen said.

The team will play an inter-squad game this weekend in lieu of an Alumni Game that was canceled. “We’re having an inter-squad game this weekend instead. It is like a real game, just with all our own players,” Carroll said.

The season officially opens at UW-River Falls on Friday, Nov. 13 at 7:00 p.m.

River Falls beat the Gusties at the end of last season, so the team is looking for a chance to prove themselves early on. “A lot of the returning players couldn’t ask for a better first opponent. We have to focus on the fact that it’s just one game, that it’s the first game,” Carroll said.

Gusties hope to skate past competition

The #10 ranked Gustavus Men’s Hockey team split its two games at the MIAC Showcase this past weekend. The team defeated Bethel 4-3 on Saturday, led by Ross Ring-Jarvi, who had a goal and an assist. On Sunday, the Gusties fell 5-3 to Augsburg.

“Ruggers” from page 14

“Our best season is in the spring because so many more guys come out. Many of the guys who play football in the fall will come out and add to our numbers,” Quiram said.

The spring season for the Gustavus Men’s Rugby team will also be significantly more extensive in terms of the number of games in the season. The Gusties will play anywhere from eight to ten games in the spring and a tournament with three or four games on one weekend.

With a fairly strong core of players returning in the spring, the Gustavus Men’s Rugby team will still rely on recruiting to add to the roster. “We would welcome anyone who is somewhat athletic and wants to stay active,” Barnes said. “Everyone will see playing time during games so we would like to get as many people to come out as we can, and we will be competitive.”

**SPORTS**

**Friday, Nov. 6**

Men’s Cross Country
@ Fall Finale  4:00 p.m.

Women’s Cross Country
@ Fall Finale  4:00 p.m.

Men’s Swimming
@ MSU  5:00 p.m.

Women’s Swimming
@ MSU  5:00 p.m.

Men’s Hockey
@ UW-River Falls  7:05 p.m.

**Saturday, Nov. 7**

Football
vs. St. Olaf  1:00 p.m.

Men’s Swimming
vs. St. Cloud St.  1:00 p.m.

Women’s Swimming
vs. St. Cloud St.  1:00 p.m.

Men’s Hockey
@ UW-Eau Claire  7:05 p.m.

**Monday, Nov. 9**

Men’s Basketball
@ SMSU (Exhibition)  7:00 p.m.

**JOTTINGS**

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**Next Game:**

**UW-River Falls**

**Date:** Friday, Nov. 13

**Time:** 7:00 p.m.

**Location:** River Falls, WI
The Gusties have heart

Julie Hammond
Staff Writer

A
fter last Saturday’s heart-breaking loss against Bethel College, the Gustavus Football team is recharged and eager to finish out the season with two big wins. The Gusties have gone through a lot of changes this year.

“We have learned a lot this year. Having new coaches and new plays assigned to the offense was a struggle. However, we have done a good job at overcoming those adversities,” Sophomore wide receiver Elliot Herdina said.

The team agreed that the defense had their best game of the year against Bethel College. Senior Captain Jordan Becker felt that it was disappointing that the offense could not execute any plays during the game.

“Defensively against Bethel we executed any plays and forced a lot of turnovers that were not in our favor, which is really frustrating when you’re trying to end the season strong,” Becker said.

The Gusties record of 3-5 certainly does not reflect the heart this team has for the game and they have not let it affect their competitive spirit. Senior Captain Joe Welch is confident to say that no one is giving up yet. “Now it is more important than ever to finish strong and go out on a high note. No one is going home yet,” Welch said.

Junior linebacker Zach Lundquist agreed with Welch. “Our record does not exemplify the heart that this team has. Everyone here is in this for the long haul,” Lundquist said.

The last home game for Gustavus was Saturday, Nov. 7 at 1:00 p.m. against St. Olaf College. The team felt it will be ready and that it should be a competitive game.

“Our record does not exemplify the heart that this team has. Everyone here is in this for the long haul,” Lundquist said.

The team has also struggled with achieving some of the team goals they set at the beginning of the season. Some say they set their goals too high or that they over estimated themselves. However, Stommes felt differently. “We go out with goals, and if we come up short, that’s life. We’re going to pick up and improve until we meet those goals,” Stommes said.

Nevertheless, the team achieved some of its goals this season, and because of that it has developed a strong chemistry both on and off the field. Senior Captain Cameron Maurer was particularly pleased with the way the team has developed this year. “Not every game will go our way, but somehow we are able to stay focused to the end of each game. This team has a lot of heart, [and] no one is giving up yet,” Maurer said.

Having a lot of heart is not the only thing the team has to show for this season. Becker felt that the players do not give themselves enough credit for what they have accomplished. “Because we set our standards so high at the beginning of the year, to not accomplish them is a huge let down. So whenever we accomplish something like our defense having an amazing game, it’s viewed as something to be expected instead of an accomplishment,” Becker said.

The Gusties are determined to not let a couple of frustrating games get to them. Having two more years in front of him, Herdina is especially focused on the next two games to finish out the season strong. “Next year we will have some big shoes to fill with all of the graduating seniors. Everyone will have to step up. But right now that is not really anyone’s concern. We are all focused on finishing the season even,” Herdina said.

Welch is also focused on the present and is excited for the next two games. “We’re just taking it one game at a time. No one talks about next year. We’re all living in the moment right now,” Welch said.

The Gusties next game is at home at Hollingsworth Field on Saturday, Nov. 7 at 1:00 p.m. against St. Olaf College.