Campus guards itself against H1N1

Amy McMullan  
Staff Writer

It’s inevitable; every year, students get sick. But this year, the threat of H1N1 creates additional health concerns. On top of all that, college students are more at risk than others of being infected by H1N1.

The Gustavus Pandemic Advisory Committee—led by Heather Dale, director of health services and Ray Thrower, director of campus safety—is heading the response plan for a possible H1N1 influenza pandemic on campus. “For the majority of the population, it isn’t something to be majorly concerned about,” Dale said. “We anticipate seeing [H1N1] on campus, but we are focusing on prevention.”

College preparation

“The College is taking it seriously,” Thrower said. “Gustavus didn’t just start pandemic planning this year, but it’s been in the works for the past ten years. We are constantly re-evaluating our emergency plans.”

“We are learning more every day but there is still much that is unknown [about the virus],” Dale said. “We are going to have to wait and see how [the virus] rolls out.”

Students can be assured that necessary precautions are being taken to keep the Gustavus community healthy. Campus officials are in close contact with Nicollet County Public Health and the Minnesota Department of Health. Gustavus has added more electric hand-sanitizers to public areas, including residence hall computer labs.

Though the College has no plans to close during an outbreak, it remains a possibility. “It is our full intention for [H1N1] to have as minimal of an impact as possible. We are not looking to close things down at this point,” Dale said. “But, we will modify [our plans] as necessary as we go.”

“We want our plans to be fluid so we can change with the recommendations,” Thrower said. “If colleges and high schools start closing down, it will be at the recommendation of the CDC. Right now, we are nowhere near that.”

The committee is doing its best to keep the campus community informed of developments, new requests and updated information as it becomes available. “I really appreciate the emails updating us on the steps [Gustavus is] taking and the information on what to do if you get [sick]. It makes me feel better that the College is making an attempt to ease much of the annual anguish caused by budget allocations for student programs. For the greater Gustavus community, the hits kept on coming. In March, Provost Mary Morton resigned from her post, followed by Academic Deans Eric Eliason and Marangela Maguire and Dean of Students Hank Toutain in the month of May.

Nonetheless, the new co-presidents remain unfazed. “That’s the nature of higher education, for [administration] to change when a new president comes in,” Olson said.

The two co-presidents are working diligently to encourage better communication with President Jack Ohle, as they have set up biweekly meetings with him to discuss student concerns, college issues and even the new administrators.

“Everyone kind of operates in the same capacity… there are just new faces,” Co-President Holm said on the issue.

This year, David Fienen, former music professor, will fill the role of provost, followed by John Clementsen and Barbara Knight Kaiser as associate provosts filling the dean of faculty and dean of academic programs positions, respectively. In the division of student affairs, former Career Center Director Jeffrey Stocco will fill a one-year role as dean of students.

More than anything, the two Co-Presidents stressed that while they have the utmost trust in the new administrators, they merely hope they can count on the new faces to keep them in the loop, so they can do the same for the student body. One of the biggest steps in the process will come in October, with the release of the recommendations by Commission Gustavus 150.

“What exactly [Commission Gustavus 150] entails is still kind of a mystery until all of that is revealed,” Holm said.

Besides the changing of the guard in administration, the Student Co-presidents have a lot else on their minds as well. This new academic year will be the Senate’s first full year under the new Constitution, passed on Nov. 24, 2008 with the support of the student body. Included among the changes is a decrease in the number of elected senators, as well as an adjustment in how annual elections will be held.

Student Senate Co-Presidents prepare for new year

Chris Stewart  
Staff Writer

“We have concerns, voice them. That’s why we’re in office. … We were elected by the campus, so we want to do what’s best for them.” That’s the message to all Gustavus students, upperclassmen and first-years alike, from the college’s newest Student Senate Co-Presidents, Matthew Olson and Derek Holm.

Olson, a senior economics major, and Holm, a senior management major, were elected to their positions this past March, garnering 41 percent of the student vote. The job these two will take on this year is by no means a small task. If we all recall, last year was, at the least, a tumultuous one for our campus.

For Student Senate, it was a period of recovery, as the leadership of Luke Garrison ’09 and Shawn Gryn ’09 not only worked to adopt a new constitution, but strove to ease much of the annual anguish caused by budget allocations for student programs. For the greater Gustavus community, the hits kept on coming. In March, Provost Mary Morton resigned from her post, followed by Academic Deans Eric Eliason and Marangela Maguire and Dean of Students Hank Toutain in the month of May.

Included among the changes is a decrease in the number of elected senators, as well as an adjustment in how annual elections will be held.

Olson and Holm were the first co-presidents to be elected in the spring, which changed from fall elections to reduce turnover. Elections for campus senators, including hall, class and international representatives, will be held on Sept. 28.

“If you’re interested [in Student Senate], apply and vote,” Olson said. “Good leaders need to be able to feel acclimated to the campus and have a vision for how they will step up to the plate for the College.”

One of the more exciting aspects of upcoming elections includes the way in which votes will be gathered. This year students will be able to more privately cast their votes via the Internet, as opposed to previous years of tabling outside of the Market Place with paper
Commission Gustavus 150 moves forward with new year

Students, alumni, faculty and trustees convene to discuss the future of the College

Tom Lany  
Staff Writer

Commission Gustavus 150 worked much of last year and throughout the summer to create a strategic plan for the College, which will guide the College’s path for the next several years. The College formed task forces of faculty, students, alumni, administrators and members of the Board of Trustees to work on creating this strategic plan.

The Commission’s work

Junior Religion Major Megan Myhre served on the faith task force. “We met three to four times throughout the year and over breaks. It was a bunch of alumni and faculty and students that got together. We talked about things that we thought were important, not only currently at Gustavus in faith life, but also things that would be important to continue or to develop for the future of Gustavus,” Myhre said.

“We got into groups, took our ideas and wrote proposals that would go to The Board of Trustees. We developed ideas and concepts of things that we thought were important. There were different stages like faith based on the community, ways we can develop faith in our community of St. Peter and around the world. There was a social justice focus, as well,” Myhre said.

“As the committee [we then] prioritized which ones we thought were most important,” Myhre said.

“I think there was tension between what alumni thought, tension between what the faculty thought and tension between what students thought was most important. I think that the student body has changed since a lot of the alumni were here, and they can’t possibly understand [what] is best for our campus right now,” Myhre said.

Status of the Commission

“We ended last spring with eight Commission Gustavus 150 task forces. [They] finished their work of creating recommendations for the implementation of the college’s strategic plan,” Assistant to the President for Special Projects and Executive Director of Commission Gustavus 150 Barb Larson Taylor said.

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Campus Safety Report

Monday, Sept. 7
Campus Safety officers responded to a medical assist near Confer Hall.
A theft was reported by the Director of Gustavus Technology Services.

Thursday, Sept. 10
Campus Safety responded to a report of a missing person, who was later located without incident.

Friday, Sept. 11
Campus Safety responded to a medical assist in Uhler Hall for a student having a seizure.
Campus Safety Officer was dispatched to Sohre Hall for a student who was having a panic attack.
A student was cited for an underage alcohol violation while on Campus grounds.

Saturday, Sept. 12
A Campus Safety was called to Sorensen Hall for an underage drinking violation.
One student was cited for underage consumption.

Gustavus student reported that a no contact order had been violated off campus.

Saturday, Sept. 13
Campus Safety responded to a medical assist at Schafer Fine Arts Music Building.
Four Gustavus students and one former Gustavus student were found on the roof of the Art building.

Tip of the Week:

Avoiding the dangers of an ATM—Part 1

Walking or driving up to an ATM to draw out cash or make a deposit can be a safe process if you follow these simple tips:

• The 24 hour auto and walk up ATM machines are much too dangerous to use after dark. Use ATM machines that are located in highly public areas during daytime.

• Select well lit walk up ATM machines that provide maximum visibility and preferably camera surveillance to discourage potential assailants.

• Avoid use of any ATM that is located at a corner of a building since it creates a blind spot close to where you either deposit or receive cash. Someone could unexpectedly come from around the corner and seize your cash before you even have a chance to sense any activity.

Continued on page 3

The Gustavus Weekly Staff

Published weekly on Fridays, except during academic breaks, by the students of Gustavus Adolphus College. Subscriptions are available from The Gustavus Weekly for $40 per year. Opinions expressed here are in not necessarily those of the institution or of its student body. The editors assume full responsibility for editorial and unsigned material. Letters to the Editor can be sent to letterttotheeditor@gustavus.edu.

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Printing policies reformed

Students print documents in a computer lab. Printing at Gustavus is limited to 600 pages per student this year. Additional printing will come at an extra cost.

Amber Hanson
Staff Writer

Printing has become a habit. Many Gusties do not think twice about it. However, students may think twice before printing off that article on Moodle or printing three copies of their paper for class this year. There has been a major change in the printing policy at Gustavus that will have an effect on the printing habits of many students.

According to the Gustavus website, each student is allotted 600 printing units per academic year at no charge. A unit is described as a single side of an 8½-by-11-inch piece of paper printed in black and white. A single side of color printing is counted as four units. Once a student goes past the 600 units, there is a charge of $0.05 per unit. Unused credits do not roll over at the end of the year.

The change is an inevitable one according to Director of Gustavus Technology Services Bruce Aarsvold. “Printing costs have been rising dramatically over the years, especially with the advent of online texts and online bibliography sources,” Aarsvold said. “Printing was rising to the point where it was starting to affect all the budgets.”

Although many students and professors were shocked to find out about the new printing policy, Gustavus is not alone in the changes. According to a handout provided by Gustavus Technology Services, the change still leaves Gustavus in the better half of printing policies adopted by comparison institutions. Hamline University does not allow students any free printing and charges $0.10 per page. Bethel has an allotment of 250 pages per semester and St. Olaf has a $275 page quota per semester. Colleges such as Luther, Middlebury and Macalester are all in the process of implementing a similar project as well.

The limit of printing also worries some professors. “600 pages is a lot of paper,” Political Science Professor Kate Knutson said. “So that is reasonable. But many professors have made decisions to post readings online, as it is cost-efficient for students. Some classes require a lot of papers and drafts. It is a disadvantage to students who are in writing intensive classes. A thesis class, for example, takes a huge amount of paper.”

Although the printing policy is here to stay for this year, it does raise awareness of the level of printing many Gustavus students have taken for granted in the past. As Aarsvold emphasized, “The end goal is to reduce waste; responsible printing.” For more information on the changes in printing policy, check out gustavus.edu/printing, or contact Gustavus Technology Services.

“Commission 150” from page 2

“In May and June, we had the opportunity for people to review a website that had all of the recommendations listed. We knew it was long [but] we wanted input on each recommendation individually,” Taylor said.

Once the survey was complete, this information was tallied and given to the Board of Trustees along with final reports from each of the task forces.

Placing recommendations into tiers

Once the recommendations had been written, the Board of Trustees met and put the recommendations into three tiers. Tier one and two recommendations will be started as soon as possible, with substantial progress shown within three and six years, respectively. Tier three recommendations will be started when appropriate, with substantial progress shown within ten years.

“Knowing that the tiers are important because … a tier one recommendation [isn’t] always philosophically more important, but the reality of a timeline of being able to show substantial progress in three years for some of these items is just not a reality,” Taylor said.

“For example, from a building perspective, the new academic building should be complete in three years. They could probably show substantial progress on at least one more, which means [things] like getting the architect hired. We are ready to go for breaking ground [on the new academic building]. [It took] substantial progress to get to this point,” Taylor said.

“I think when people start to look at the things … that fall in tier one and tier two, I think there aren’t many surprises. The things that should be there are there,” Taylor said.

Funding the Commission’s goals

“If it’s secret here at Gustavus, we have two big sources of revenue, tuition and gifts. We all know the reality of making a Gustavus education affordable. There is only so far you can go [in terms of] raising revenue [through tuition], so we are obviously gearing up for a campaign,” Taylor said.

“I think [we] originally [thought] that maybe we could launch a campaign publicly next year. I think with the economy it is clear that is not a reality. Our sesquicentennial year, the year 2011-2012, would also be a time that would be logical to be announcing a campaign. I think that would be our next target,” Taylor said.

“Involving the board, involving alumni, involving parents—that what makes this different. What did we last year was a much different process than the campus creating our strategic plan and our campaign and then going to our alumni and saying ‘Here’s what we want to do. Let me tell you all about it’. We created this together,” Taylor said.

“People give to where they feel engaged and where they feel passionate. It makes sense that we would involve the people in helping create it and get them excited about what is happening,” Taylor said.

“Everyone wants a school they can be proud of,” Sophomore Chemistry Major Audrey Messele said.

The next step

“The tasks are done. Their thinking is captured in the final report. The next step is implementations. The vice presidents will oversee [the recommendations],” Taylor said.

“The key about the next step … is that I will be compiling a status report. The status report will go out to the Gustavus community. It is holding us accountable that we will address these things,” Taylor said.

Anyone interested in following the status of the Commission or looking at the recommendations can visit the Commission website: commissiongustavus150.org.

God’s Words for a Life of Virtue, Love, Grace and Joy.

“The Lord bless you and keep you. The Lord make his face shine upon you and be gracious to you. The Lord look on you with favor and give you peace.”

Welcome Gustavus Adolphus Students!

Hold dear in your heart the teachings of the Bible. For scripture of yesterday is today in thought, word and deed. It is not generational, but everlasting.

Friend in Christ, Tommerdal@aoa.com
“HINI” from page 1

The Gustavian Weekly

Page 4

Six steps of flu prevention:

1. Wash your hands frequently and thoroughly with soap and water! Using an alcohol-based hand sanitizer is also effective.

2. Get vaccinated! The seasonal flu immunization is currently available at some locations and the H1N1 vaccine will be available at a later date, likely in October. The seasonal flu vaccine will not prevent you from the H1N1 flu, so make sure to get both vaccines.

3. Cover your mouth and nose when you cough or sneeze. Cough into a tissue or into the sleeve of your shirt.

4. Do not share beverages, Chapstick, or other personal items with others.

5. Maintaining a healthy lifestyle is important to maintaining a healthy immune system. Eat health foods and get plenty of rest. Manage stress and anxiety effectively.

6. Avoid contact with sick people. If you become ill, say home and rest!

“Senate” from page 1

A pilot program, developed by Student Senate Technology Director Kevin Seitz, a senior computer science major, uses a similar platform as Gustavus’ student information system to allow students to vote online from their dorm or from public computers anywhere on campus. E-mails about the upcoming elections have already been distributed, and more will come in the near future explaining how the new voting system will expedite the process of balloting.

Another exciting element of this upcoming year is the extra funds available for mid-year budget requests for student organizations. On last spring’s co-president election ballots, another measure increasing student activity charges by $10 per student was also voted on and passed by 74 percent of voters, creating nearly $25,000 in excess funds for allocations. Organizations budgets have been a cause for frustration for many Gusties. “It seems unfair that Student Senate has enough to give almost $2,000 to every organization on average, but only allocates $50 to some and more than $5,000 to others,” Junior Secondary Math Education Major Andrew Byz-Gornia said. “I would just like to see what some of these organizations are asking money for.”

Many calls such as these have come from the student body to encourage Student Senate to make the financial allocation process more transparent. According to Student Senate’s financial statement for 2008-2009, Senate allocated over $232,000 to student organizations and granted more than $10,000 in mid-year requests. “We are trying to hear every request as unbiased and fair as we can,” Olson said. “We need to think of what is best for Gustavus as a whole.”

What we can be certain of is that the role of Student Senate is bound to remain consistent here at Gustavus. As a result, the only way in which they can best serve the student body is to remain informed. The first full Student Senate meeting will be held on Monday, October 5, 2009 and will be open to the entire Gustavus community. To chime in on the issues that matter to you, utilize the new co-presidents’ e-mail alias, olson-holm@gustavus.edu.
Evan Larkin, a Junior Philosophy and Russian Studies Major from Northfield, MN, has an interesting story about how he began his student career at Gustavus. Evan initially applied to Gustavus among several other private schools and he received a rejection letter. The rejection letter, surprisingly, is what made him want to come to Gustavus, and he was determined to be accepted. Evan’s plan was to continually send e-mails to the Dean of Students to get his attention. He ended up getting an interview, and a few days later he received an acceptance letter.

Evan chose to take a year off after he graduated from high school. He spent part of the year working as a camp counselor at the YMCA Camp Manito-Wish in Boulder Junction, WI. He led week-long wilderness trips and also taught guitar and drum lessons.

Music is Evan’s passion. He loves listening to music, playing music and talking about music. During his year off, he was a roadie for the band Skittish, which is a group he is trying to get to play at Gustavus. “I saw a lot of [the] country. Although I wasn’t paid, I had a lot of fun doing it for the experience,” Evan said.

Evan has another hidden talent: he plays online poker, and has won big in online tournaments. He is ranked in the top 100 players in Minnesota and won $4000 in just one tournament. Poker is not his blood; he learned from his father, who has played poker all his life, and his parents were married in Las Vegas.

Evan has a wide range of interests on-campus as well, but has slowly been led to his major through his life experiences. “That I have been heading towards philosophy ever since high school, it was actually the obvious choice,” Evan said.

In high school, Evan directed a play called *Waiting for Godot*, and once he was done directing it he deconstructed the play from an existentialist point of view. He compiled his information into a paper and presented his findings twice before he graduated high school.

Evan also chose to add a Russian studies major because of the enthusiasm shown in the class Russian 1, which he took with Russian Language and Literature Professor Denis Crnkovic, who is also the director of the Russian language and area studies program.

Evan is involved in a wide variety of organizations on campus, ranging from being the internal manager of KGSM to being a member of the juggling club.

Evan became involved in KGSM his first year at Gustavus and has continued disc jockeying. The current show he is involved in on KGSM is called The Emma Squire Show with Evan Larkin.

“We play random independent music and talk about things that entertain our audiences,” Evan said.

Evan also is on the Swing Club leadership team. Evan was not always so fond of dancing; he described himself as having a social phobia of dancing, but he made himself go during his first year to help overcome his phobia.

“I forced myself to go. Once I learned how to dance it made it easier to let people see me dancing,” Evan said.

A member of the juggling club, where he has learned how to juggle balls and pins, Evan is working on mastering his unicycle skills. He can currently unicycle about six feet before he falls off.

Evan Larkin is a friendly face around campus, and he likes to share his experiences with others.

“[Evan] likes to tell stories a lot. I know from being around him a lot because he tells stories to new people he meets,” Junior Physics and Spanish Major Annie Klenkschmid said.

So if you haven’t heard of some of the activities he is involved in, like the Juggling Club, Swing Club and KGSM, Evan would be a great person to talk to, in order to learn more about them.
New school year brings new exhibitions to the museum of art

Katie Volney
Staff Writer

As the 2009-2010 school year begins at Gustavus, so too does a new year of art at the Hillstrom Museum of Art, located in the lower level of the C. Charles Jackson Campus Center.

The first three exhibitions are set to run from Sept. 14 to Nov. 8, 2009, and each brings its own unique theme and tone to the Hillstrom. The first of these is titled Winds of Inspiration, Winds of Change. "The exhibit features works by Gustavus studio art faculty, local artists from the St. Peter and Mankato area and art faculty from colleges and universities across the state," Director and Senior Curator for the museum Don Myers said. The exhibit focuses on the exploration of wind turbines and their role in the environment, "as environmentally sensitive objects and as objects with a powerful, sublime presence," Myers said. This exhibit is comprised of the artwork of several Gustavus staff and faculty members who were asked to contribute pieces relating to the turbine theme, including Professors Priscilla Briggs and Nicole Hoiland. Briggs, whose video is featured in the exhibit, gives viewers a glimpse into her inspiration and insight. "Vast farmlands of corn and cows juxtaposed with the monolithic turbines create a surreal landscape ... the light at the end of the video is like an answer to the question, 'Why?'" Briggs said.

"I think thematic shows can be very interesting, and usually for the artists it can be quite fun to be able to let loose on one given idea," Hoiland said. She said her work is meant to be both "sarcastic and truthful."

The second of these upcoming exhibitions is titled Cuadros from Pamplona Alta: Textile Pictures by Women of Peru, and features the works of several women from an impoverished shantytown outside Lima, Peru. These women are burdened with a plethora of social and economic burdens and oftentimes carry the majority of responsibility in their homes. However, in their few moments of free time during the day, they enjoy sewing textile pictures that express their feelings toward their families, poverty and communities.

Some of the cuadros not featured in the exhibit are available in the Book Mark for purchase.

"[The exhibit] features works by Gustavus Adolphus College studio art faculty, local artists from the St. Peter and Mankato area and art faculty from colleges and universities across the state," Myers said. The exhibit focuses on the exploration of wind turbines and their role in the environment, "as environmentally sensitive objects and as objects with a powerful, sublime presence," Myers said. This exhibit is comprised of the artwork of several Gustavus staff and faculty members who were asked to contribute pieces relating to the turbine theme, including Professors Priscilla Briggs and Nicole Hoiland. Briggs, whose video is featured in the exhibit, gives viewers a glimpse into her inspiration and insight. "Vast farmlands of corn and cows juxtaposed with the monolithic turbines create a surreal landscape ... the light at the end of the video is like an answer to the question, 'Why?'" Briggs said.

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Winds of Inspiration, Winds of Change, currently on display at the Hillstrom, showcases works from Gustavus studio art faculty and local artists.

Dive Dance Policies
If you plan to attend a Dive dance, don't forget...

- Present your 3 Crowns Card (ID) at the door for admittance.
- Bags and backpacks are not allowed inside Dive Dances; they must be checked at the door. Outside beverages are also prohibited. Water is available inside the facility.
- Students are allowed a maximum of 3 guests. Gusties are responsible for the behavior of their guests at all times.
- Students may pre-register (obtain a complementary pass for) their guests at no cost at the Information Desk until 10pm on Friday evenings before each Dive Dance.
- If guests are not registered prior to 10pm Friday they will be required to pay $5 at the door
- All guests are required to have a photo ID (Drivers License) and sign in upon entrance to Dive Dances. Those without photo ID will be refused entry.

Questions or concerns may be directed to Megan Ruble or Andrea Junso, in the Student Activities Office. 933-7598

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Fall Hours: Sun. – Tue.: 11 AM-1:30AM
Wed. & Thurs.: 11 AM-2 AM
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Call Now!
CAB SHOWCASE
Saturday, September 19, 7 PM
Alumni Hall

• On-campus Films movie trailers
• Coffeehouse performer Billy Johnson (billyjohnsonmusic.com)
• Push-up contest with the winner taking home Wild tickets!
• Stand-up comedian Hasan Minhaj (hasanminhaj.com)

COME CHECK OUT A SAMPLING OF WHAT CAB HAS TO OFFER!

The Proposal: not just another romantic comedy

SANDRA BULLOCK RYAN REYNOLDS
THE PROPOSAL
HERE COMES THE BRIBE...

With a hilarious cast, which includes Sandra Bullock, Ryan Reynolds and Betty White, The Proposal is both refreshing and witty.

Lindsay Leilveldt
Features Editor

I propose you see this movie, especially if you’re into romantic comedies, attractive people and the ever-fantastic White. Even if you’re not into romantic comedies, two out of three isn’t too bad.

The film stars Ryan Reynolds as Andrew Paxton, the assistant to the executive editor-in-chief of a book publishing company, Margaret Tate (Sandra Bullock). Bullock’s character is bossy, vicious and hated by all her personnel, whereas Reynolds plays a nice, easy-going guy. Margaret Tate is Canadian. And unfortunately, she is being deported. In order to avoid deportation, Tate forces her assistant to marry her. Paxton must put aside his extreme dislike of Tate and go through with the engagement if he wants to keep his job (adding depth to the movie’s title, the proposal working on two levels). The government is leery of their claim to be in love and chooses to investigate. Hilarity ensues, as Tate has to accompany Paxton to his hometown in Alaska as a way to make the engagement as believable as possible.

The engagement is announced to the family, and they push for the wedding to be the next day. The couple reluctantly agrees. Naturally, the two begin to actually fall in love, which makes for an interesting surprise twist ending (which is actually not all that surprising, but still entertaining in its execution).

The two stars are friends in real life, and the chemistry between them translated onto film. Reynolds plays his character well, delivering his quick-witted lines at exactly the right moments to get under the skin of Bullock’s character. While Reynolds and Bullock are clearly the stars, it is Betty White who steals the show. Her comedic timing and overall old-lady charm is perfect for the role of Paxton’s Grandma Annie.

White plays the family matriarch, who seems to be having fun being a grandmother. The film is fun for the whole family, children of all ages and adults alike. I give it two and a half out of three crowns.
According to Princeton Review, Gustavus Adolphus College has the eighth best college cafeteria in the nation. While the food in the Market Place is indeed delicious, it can still get monotonous over the length of four years.

To keep the monotony to a minimum, many students have come up with their own recipes for new and delicious meals. Ranging from beverages to desserts, sandwiches to salads, these new recipes simply take the staples of the Market Place and add a new spin on campus cuisine. On campus teamed up with Junior Music Major Sam Grace to bring the most creative and delicious innovations in cafeteria creations to you. Grace started compiling and collecting recipes last year in the hopes of putting together a Gustavus student cookbook and has agreed to share some favorites.

This is only a taste of how creative one can get in the cafeteria. Keep an eye out for Grace’s book in the future for more tasty ideas. All recipes are student-created and made with everyday ingredients found inside the Market Place. If you have any tasty recipes you would like to suggest for the cookbook, feel free to contact Grace at sgrace@gustavus.edu.

“Fried Ice Cream”
Step 1: Fill large bowl with soft serve vanilla ice cream
Step 2: Top with Special K cereal
Step 3: Drizzle with honey, cinnamon sugar
Submitted by Kim Braun ’11

Tacos in a Bag
Step 1: Get bag of Doritos, crunch before opening
Step 2: Go to taco line
Step 3: Go crazy with toppings
Submitted by Bethany Ringdal ’11

Flatbread Pizza
Ingredients: flatbread (available occasionally), red sauce, onions, diced tomatoes, spinach, provolone cheese, Italian seasoning, garlic powder
Step 1: Spread sauce on flatbread
Step 2: Arrange onions, tomatoes and spinach
Step 3: Generously add spices and top with cheese
Step 4: Toast until done (Hint: try setting toaster higher on top than on bottom)
Submitted by Bethany Ringdal ’11

Fruit Parfait
Step 1: Yogurt of your choice
Step 2: Granola
Step 3: Fruit of your choice (strawberries available by waffles)
Step 4: Repeat layers
Step 5: Mix and enjoy
Submitted by Bethany Ringdal ’11

Garden Veggie Sandwich
Step 1: Toast one sesame seed bagel
Step 2: Add Garden Veggie cream cheese
Step 3: Add two slices provolone cheese
Step 4: Add sliced tomatoes, spinach and alfalfa sprouts
Submitted by Bethany Ringdal ’11

Southwest Chicken Sub
Step 1: Get grilled chicken from the grill. Using a knife and fork, pull the chicken apart into shreds
Step 2: Place shredded chicken on a sub sandwich bun from deli
Step 3: Add three slices pepperjack cheese and send through toaster
Step 4: Top with crinkle cut fries
Submitted by Sam Grace ’11

Bruschetta
Step 1: In fruit cup, pour about 1/4 cup olive oil
Step 2: Pour teaspoon balsamic vinegar and add a dash black pepper
Step 3: Get about seven tomatoes from the deli; dice well with butter knife
Step 4: Mix ingredients: Spread on toasted garlic bread; add parmesan cheese
Submitted by Sam Grace ’11

“Fried Ice Cream”
Step 1: Fill cup half with lemonade
Step 2: Fill rest of cup with unsweetened ice tea
Step 3: Stir and enjoy
Submitted by Lindsay Lelivelt Features Editor

Deviled Eggs
Ingredients: boiled eggs, paprika, lemon juice, mayo, honey mustard, worcestershire sauce
Step 1: Crumble egg yolk in bowl
Step 2: In separate bowl, mix honey mustard and worcestershire to correct consistency
Step 3: Mix into other bowl, make sure chunks are well mixed
Step 4: Place in eggs and add paprika for color
Submitted by Clem Auyeung ’12

Mandarin Salad
Step 1: Get some spinach
Step 2: Add some balsamic vinegar
Step 3: Add olive oil
Step 4: Scoop some mandarin oranges on top
Submitted by Bethany Ringdal ’11

Arnold Palmer
Step 1: Get grilled chicken from the grill. Using a knife and fork, pull the chicken apart into shreds
Step 2: Place shredded chicken on a sub sandwich bun from deli
Step 3: Add three slices pepperjack cheese and send through toaster
Step 4: Top with chipotle sauce from deli
Submitted by Sam Grace ’11

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Step 2: Fill rest of cup with unsweetened ice tea
Step 3: Stir and enjoy
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Submitted by Bethany Ringdal ’11
College angst
Sinister little girls

Dimitri Diamanti
Staff Columnist

Something I have noticed in the past few years has been the growing trend in the entertainment industry of showcasing sweet little girls as sinister figures of horror. There are of course earlier examples I can think of, the twins in matching Sunday dresses from The Shining for instance, but in the recent years few could deny that this practice has grown to mania proportions. In my aimless free time this topic has become an object of idle thought and I have sought to answer the following three questions: what about these figures do audiences find so scary, why has every entertainment hack decided to employ this now so much more than the past and for how long in the future am I going to be forced to listen to the sinisterly off-key humming the previews for these movies invariably have?

After a few false starts on the first question, I came with an answer I liked. It boils down to this: the things we find scariest are things that have been turned inside out. In other words, things we associate with good, turned evil. I can’t speak for everyone, but I know that my most terrifying dreams are not necessarily the ones where nuclear war destroys most of the earth and the survivors are forced to fight radioactive mutants or self-aware computers. No, the really disturbing ones are where ordinary objects try to kill or dismember me.

The lower our suspicion of an object, the greater our shock when it turns out it’s a ravenous monster bent on revenging what happened in that school cafeteria’s giant mincing machine all those years ago. I naturally expect a Great White shark to go for my brain (or whatever other vital organ takes its fancy). What I don’t expect is for the telephone I am holding to jump out of my hand and spiritedly attempt to eviscerate me. Little girls fit into this because they tend to be seen (often inaccurately) as the symbol of innocence, sweetness and youth. Media capitalizes on this by making them knowing, cruel and containing some kind of ancient nameless evil.

My answer to the second question is the life I should be living? Should I really be overloading my schedule when I don’t even like it, so I usually ignore that feeling when it comes. Besides, I still have plenty of classes yet to take, and that thesis won’t write itself.

Examining Life
Back to School

Alex Legeros
Staff Writer

I always love coming back to school. Everything is so green and vibrant, even if banana plants look a little out of place in Minnesota. The first-year class wanders about bright-eyed and bushy-tailed, wearing their lanyards around their necks and always looking a little lost in the Market Place. Each year my room gets better, and after you unpack, there’s really nothing like having all your old friends together after a summer (or longer) of being apart. Inevitably though, a certain feeling begins to sneak up on me: It’s that feeling when you look around you and begin to realize this life, this place, these people won’t always be here, and that in what will seem like too short a time, you’ll have to leave this little paradise on a hill and join the real world. I don’t like to think about it, so I usually ignore that feeling when it comes. Besides, I still have plenty of classes yet to take, and that thesis won’t write itself.
Sean Tessmer’s words of wisdom
The philosophy of conservatism

Neo-conservative, or neo-con, has been thrown around the last eight years to describe President Bush’s overall philosophy. While this is true to some extent, neo-con has turned into a dirty word used to describe all conservatives. I have breaking news for the Gustavus campus: conservative philosophy is a very large and diverse grouping of ideas. And so I find the need, after spending a summer arguing with conservatives on these very issues, to define a few key terms for the Gustavus public and explain some divisions within the conservative movement. These divisions are, at best, brief outlines. Each of the philosophies could be a thesis topic.

Let’s start with the oft-talked about, but little understood, neo-conservative standpoint that Bush was accused of exemplifying. The neo-conservative philosophy started in the early ’70s, the term itself coined as a pejorative to describe liberals who did not accept the far reaching policies of the Great Society. Irving Kristol, a founding publisher of the quarterly magazine The Public Interest, is considered to be the “godfather” of neo-conservatism. Many of these individuals were Democrats who were disheartened by the spending of Lyndon Johnson and /or the social policies of the 1960s and 1970s. They are now best known for their interventionist foreign policy, exemplified by the wars in Iraq and Afghanistan. Traditionally, a foreign policy of nation building, which is what each of those wars has become, is the province of liberal politicians. This division in foreign policy brings me to the second brand of conservative philosophy, namely paleo-conservatism. Paleo-conservatism is basically an embracement of tradition. These individuals believe in an original interpretation of the Constitution, a very strict one at that, and believe that we should follow the traditions laid down by the Founding Fathers. The foundation of paleo-conservatism would be the English lawmaker and philosopher Edmund Burke.

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William Buckley (above), Edmund Burke, Russell Kirk and Barry Goldwater all fall under various ideologies of the conservative movement, which, unbeknownst to many, has a large tradition of varying strains of thought.

Kevin Matuseski
Staff Columnist

Abraham Lincoln once said, “Don’t leave anything for tomorrow that can be done today.” Last Wednesday, when President Obama addressed the nation, he seemed to be living by those words. He is driving the country forward as a country regardless of our leaders’ policies. Crying does not pay, unless, afterwards, you dry your eyes and bust your head to make this world a better place. For instance, say a mother and father are concerned about their child’s reading ability. The mother suggests a private tutor to help the problem, but the father refuses because it is way too expensive. That is when the father should step up and say, “I will tutor him myself.” In other words, he should be willing to fix the problem, but the father outside party to fix the problem, if he is not willing to pay for an idle hands. Although the health reform bill will require the nation to spend a good chunk of our tax dollars, it will improve the lives of many deserving people.

Something is wrong in our society even though it is not necessarily our fault. We already live in an unjust world because not every American who deserves healthcare can afford it. If everything was right in the world, the government would not have to interfere so much, and protestors outside the Target Center would not be holding up signs saying, “Are you crazy! A government healthcare system would be a bureaucratic nightmare.”

Are insurance companies also large bureaucracies? Private sector ones, yes, but bureaucracies none the less.
**“Who Will Help?” from page 11**

“I had enough of Socialism in the USSR.”

However, the facts are clear: certain people need help. I would like to see that same protester writing out a check to his unemployed neighbor to cover that neighbor’s health insurance bill. When people stop helping each other, the government has to start helping people.

If you are going to get up all uptight about what Obama is doing in the White House, here is my advice to you: stop taking it so hard, and start acting on your own political beliefs. Do things that, in your eyes, will make the world a better place to live. Get out and talk to less privileged people, and ask them what you can do to help.

My idea for this week’s column was spurred when I read about one protester’s words in the newspaper. Outside the Target Center last Wednesday, someone had a sign that read, “Let me see your birth certificate.” I am outraged that some people are still hung up about whether or not Obama is a natural-born U.S. citizen. These types of protests move me very nowhere.

I would much rather be working on homework or coaching sports in the community than picketing on the streets, but I have to admit, I know what my signs would say if I am ever protesting. They would exhibit phrases like, “Volunteer at a homeless shelter!” “Teach a child to read!” “Spend time with your neighbors!” and, my personal favorite, “Find your own way to change the world, if you feel no one else is doing a good enough job.”

**“Welcome” from page 10**

I was talking to a close friend the other day about their schedule, and I’m astonished by how much some people can do: athletics, music, work-study, a sorority, volunteering and she’s in more student organizations than I have ever seen on campus. On top of that, I know she has a very large circle of friends, does a lot of partying and goes to Lund at least four times a week. Oh, and did I mention she’s a junior? It boggles my mind what she does all that and gets her work done, but I hope that I have not gotten her money’s worth if she’s not getting her money’s worth—she has to try and be the SuperGustie. You may have overheard them talking on the sidewalks about “cover up.”

**“No coverage” from page 10**

About 15 percent of Americans, that’s more than 45 million people, are uninsured.

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**“Conservative Philosophy” from page 11**

I think we should get involved in other countries’ business unless they are a direct threat to the United States.

To make this little exercise even more fun, I lived in two individuals this summer, one a firm neo-con and one a firm paleo-con. These two individuals did not see eye-to-eye on many issues. Yet both of them were conservatives. The conservative movement is very interesting in that movement conservatives, basically active conservatives in politics, focus on what they disagree on and do not pay attention to what they agree on.

While I may upset a few people by referring to it, liberalism is a conservative philosophy. It is different from others in that it can be called socially liberal, depending on the instance. Essentially, libertarians believe that the law is just when it protects life, liberty and property. When it extends beyond protection of these three inalienable rights, the law becomes an instrument of injustice. The founder of the liberal philosophy is the classical liberal John Locke. For the less ambitious reader I would recommend Frederick Bastiat’s The Law. This recommendation is mostly because The Law is 76 pages and an extremely easy read. If you would like something a little more modern, William F. Buckley Jr., founder of the magazine National Review and prominent intellectual, would be a good start. If you want to go with a politician instead of an intellectual, think Barry Goldwater, who lost to Lyndon Johnson in 1964, or Ron Paul. Each of them has written prominent books that can serve as a fairly good model of libertarian philosophy. None of Goldwater’s books is actually where the name of this column comes from.

Perhaps the best way to understand the libertarian philosophy is the question Goldwater asked before voting on every piece of legislation: namely, “Will this bill expand freedom?” If the answer was yes, he would vote yes.

The religious right has become an extremely strong force in the country and their philosophy is that others. They view everything through the lens of religion, whether that is evangelical Christianity or a different faith. They tend to care most about social issues. Many people have come to regard this section of the conservative movement, most identifiable with Jerry Falwell, Pat Robertson and Sarah Palin, as the entire conservative movement. I would consider myself to be either a paleo-conservative or a libertarian, probably a hybrid of the two. I have barely scratched the surface of each of these groups, but I hope that I have sparked some interest and at least informed the Gustavus community about these three inalienable rights within the conservative movement.

**Letters to the Editor**

After reading last week’s article about the renovations of Sohe and Pittman have undergone, I must admit that I found myself feeling acutely disappointed. No, it wasn’t the way it was written, or the fact that the thirty-year dorms still have carpeting and fancy elevators. All of those things are great. What disappointed me most were the PhysEd instructors were interviewed for the story, it was never mentioned that part of the construction project was to renovate the buildings. It seems to me that at a minimum, our valued students and faculty should be informed of this sizable risk to their health. Since that seems out of the question (especially with our current administration being both incredibly secretive and seemingly obsessed with public relations) at least those Physical Education employees who were interviewed for The Weekly could have mentioned the fact that decades of Gustavus students have been living with dust in their dorm rooms. To not do so, in my opinion, an attempt at some sort of “cover up”.

Evan-Curtin ’10
* The Calendar Page is considered editorial. The opinions expressed herein are not the opinions of The Gustavian Weekly, but a figment of your imagination. Anything you dislike, therefore, is most likely your own subconscious lashing out at you for something you’ve done.

**Friday, Sept. 18**

**Daily Celebration**

Lund Center Forum All Day
You charist, I charist, we all charist for Eucharist.

**Weekend Movie - Taking of Pelham 123**

Wallenberg Auditorium 7:00 & 10:00 p.m.
Hijacking a train may seem like a good idea, but what’s step two?
“Ok, man, what do you want?”
“Um ... keep going forward I guess.”

**Saturday, Sept. 19**

**Cross Country at St. Olaf Invite**
Northfield, MN 11:00 a.m.
If you get to the finish line and run back, is it cross-country?

**Football at Hamline University**
St. Paul, MN 1:00 p.m.
Al, yes, the Hamline, named for the WWII battle in France. When the resistance ran out of sand bags on a pig farm and had to take shelter behind anything they could.

**CAB Showcase**
Alumni Hall 7:00 p.m.
It’s a preiew for upcoming attractions ... only with no movie after it.

**Weekend Movie - Taking of Pelham 123**

Wallenberg Auditorium 7:00 & 10:00 p.m.
It’s a movie ... only with no preview of upcoming attractions before it.

**Sweden’s Mattias Jacobsson, Guitar Recital**
Bjorling Recital Hall 7:30 p.m.
This school loves anything Swedish ... maybe too much. Watch this guy. He may be here to activate the Swedish sleeper cell.

**Saturday Night in Lund**
Lund Center 10:00 p.m.
Lasers should not be treated as a game. Good Storm-troopers died.

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**Sunday, Sept. 20**

**Holy Communion**
Christ Chapel 11:30 a.m.
Yo, Jesus, I’m really happy for you and I’m gonna let you finish, but I just wanna say that John the Baptist had one of the best sermons of all time.

**Esther Wang, Faculty Piano Recital**
Bjorling Recital Hall 3:30 p.m.
Hey, baby, if you got it ... “pian” it? Eww.

**Democracy Matters**
The Gustie Den 6:30 p.m.
How long do I have to wait to say something like “Democracy is as dead as Patrick Swayze?” Not that I’m saying it. It would be too soon to make a joke about democracy like that.

**Monday, Sept. 21**

**Gustavus Marketing Presentation**
Alumni Hall 3:30 p.m.
From now on all Gusties will dress like cowboys and walk around with Dustin Hoffman while listening to “Everybody’s Talking at Me.”

**Law School Information Night**
Linner Lounge 7:00 p.m.
You go ahead and major in criminal justice, I’m holding out for a vigilante justice major.

**Student Leadership Collaboration Meeting**
President’s Board Room 7:00 p.m.
Damn collaborators! Did the brave men at the Hamline die for nothing?

**LineUs Improv Comedy Troupe Auditions**
Linner Lounge 8:00 p.m.
Damn, they’re trying to replenish their numbers! We must strike now while they are few!

**Tuesday, Sept. 22**

**Ten Passenger Van Training**
Campus Safety 1:00 p.m.
Good for school trips and really earnest drive-by.

**Cover Letter Writing for Biology**
Nobel 105 6:00 p.m.
Dear sir or madam, THEY CALLED ME MAD, BUT WHO’S LAUGHING NOW?!!!

**Book Discussion for Enrique’s Journey**
St. Peter Food Co-Op 6:00 p.m.
If you get to the finish line and run back, is it cross-country? What’s the big deal about a kid taking a train? I mean, maybe you could call it hardship if he didn’t have a private sleeper car and easy access to the lounge, but come on.

---

**Wednesday, Sept. 23**

**How to Find an Internship Workshop**
Career Center 3:30 p.m.
A combination of grit, spunk and most of all moxie.

**IFSA - Butler Study Abroad Campus Visit**
Rundquist Conference Room 4:30 p.m.
Go to England, learn to stand around in a tuxedo and soothe your bitter resentment with the knowledge that your megillor will RUIN THIS FAMILY.

**Birdwalk**
Linnaeus Arboretum 4:30 p.m.
Somewhere an ostrich raises his head in triumph and thinks, “Yes, now it is my turn to shine.”

**Latin American Cuisine Class**
St. Peter Food Co-Op 6:00 p.m.
I lost a lot of weight on a Latin American diet. Mainly because people tend to run when they see you coming at them with a fork.

**“Can I Kiss You?” with Mike Domitz**
Alumni Hall 8:00 p.m.
After the show you can buy his twelve part DVD set running from “Can I Kiss You?” to “Can We Include Your Sister?”

**Thursday, Sept. 24**

**Free HIV testing in Health Service**
Health Service Office 9:00 a.m.
The most comfortable, relaxed twenty minutes of your life.

**Seminary & Divinity School Day**
Alumni Hall 3:30 p.m.
Do they accept my denomination? We believe that Jesus was a robot sent back in time from a world where, with no God, existential angst led to waves of mass suicide, which prevented humans from becoming the dominant species. And what about Mormonism?

**Jack El-Hai Lecture**
Alumni Hall 3:30 p.m.
Author of The Lobotomist and Lost Minnesota: Stories of Vanished Places. Maybe this guy can finally show me where Lake Wobegon is on a map.

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The shady character is really settling in to the year ... seductively
Women’s Soccer
vs. Carleton
Volleyball
@ Augsburg Inv.
8th of 14
@ Central
vs. Coe
vs. UW-River Falls
L 2-3
Volleyball
@ St. Mary’s Inv.
Women’s Golf
@ Simpson
W 5-0
Men’s Soccer
9/13
M CONCORDIA
ST. MARY’S
HAMLINE
ST. THOMAS
GUSTAVUS
ST. JOHN’S
ST. OLAF
CARLETON
BETHEL
ST. BEN’S
SCHOOL               MIAC       RECORD
MACALESTER
CONCORDIA
ST. KATE’S
ST. MARY’S
CARLETON
BETHEL
ST. OLAF
10-0-1
1-0-0
1-0-0
2-0-1
1-0-0
2-0-1
1-0-0
1-0-0
1-0-0
0-0-0
STANDINGS
FOOTBALL
SCHOOL MIAC RECORD
ST. OLAF 0-0 2-0
CONCORDIA 0-0 2-0
ST. JOHN’S 0-0 2-0
ST. THOMAS 0-0 1-0
HAMLINE 0-0 1-0
CARLETON 0-0 1-0
BETHEL 0-0 1-1
AUGSBURG 0-0 1-1
GUSTAVUS 0-0 0-1
Volleyball
SCHOOL MIAC RECORD
ST. THOMAS 0-0 8-0
ST. MARY’S 0-0 8-1
ST. OLAF 0-0 8-1
AUGSBURG 0-0 6-3
BETHEL 0-0 4-2
CARLETON 0-0 4-2
HAMLINE 0-0 3-3
GUSTAVUS 0-0 3-3
ST. BEN’S 0-0 5-4
ST. KATE’S 0-0 6-5
CONCORDIA 0-0 4-4
MACALESTER 0-0 3-6
MEN’S SOCCER
SCHOOL MIAC PTS REC
BETHEL 1-0 15 5-1
CARLETON 1-0 6 2-2
AUGSBURG 0-0 13 4-0-1
ST. OLAF 0-0 7 2-0-1
ST. JOHN’S 0-0 6 2-1
GUSTAVUS 0-0 8 2-4-2
ST. THOMAS 0-0 9 3-3
HAMLINE 0-0 9 3-3
ST. MARY’S 0-1 6 2-2
CONCORDIA 0-1 6 2-3
MACALESTER 0-0 4 1-3-1
WOMEN’S SOCCER
SCHOOL MIAC PTS REC
ST. OLAF 1-0 12 4-1
ST. BERN’S 1-0 10 3-1-2
BETHEL 0-0-1 16 5-0-1
ST. MARY’S 0-0-1 13 4-0-1
CONCORDIA 0-0 13 4-0-1
GUSTAVUS 0-0 12 4-0-1
ST. KATE’S 0-0 10 3-1-3
ST. THOMAS 0-0 9 3-2
AUGSBURG 0-0-1 5 1-2-2
HAMLINE 0-1 6 2-4
CARLETON 0-0 4 1-3-1
RESULTS
9/13
Men’s Soccer
@ Simpson
T 0-0 (2 OT)
Women’s Soccer
@ Simpson
W 5-0
Women’s Golf
@ St. Mary’s Inv.
4th of 9
9/12
Volleyball
vs. UW-River Falls
L 2-3
vs. York (NE)
W 3-0
Football
vs. Coe
L 24-27
Men’s Soccer
@ Central
W 1-0 (OT)
Women’s Soccer
@ Central
W 4-0
Men’s Golf
@ Augsburg Inv.
8th of 14
9/11
Volleyball
vs. Carleton
W 3-0
vs. Martin Luther
W 3-0
“Cross Country” from page 15
better. The alumni were able to secure first place, though, with a time of 15:26.
The Women’s team did not fare as well against the alumni, but Head Men’s and Women’s Track and Field and Cross Country Coach Dale Bahr stressed this outcome was by no means a bad thing. “With as good as our women’s team is, to have the alumni come back and still beat them, shows how strong of a team we’ve got.”

This season marks Bahr’s first as head coach for the Gusties. Bahr was a 1995 graduate of Minnesota State University, Mankato. He took over for two former coaches: Tom Thorkelson, the men’s and women’s track and field coach, and Jed Friedrich, the men’s and women’s cross country coach.

Bahr is very optimistic about the season. “I’ve never seen a team ‘gel’ this early on in the season.” Bahr, who is starting as head coach after serving as assistant coach for eight years, has high expectations for this season. “I expect to see the women move up considerably at the Conference meet.”

Similar expectations exist for the Men’s team. “The captains have done a hell of a job this year.” Bahr points out that there are some tough Men’s teams out there, but he is optimistic the men can do well against them.

Both teams are returning from first place finishes at the Northland Invitational in Ashland, Wisconsin. “Good team cohesion and fast runners,” is what Senior Steve Grimsby tied the win to, echoing the words of Coach Bahr. Grimsby set the team’s goal as the National Championships at the end of the season.

Erica Hett, a first-year, enjoys the team’s unity. Hett has been running since seventh grade, and she “likes it here. The team is very close.”

Bod Dayton, a first-year, enjoys the out-going and incoming generation of Gustie runners, but Bahr pointed out that the strength of the team, in the way of numbers, is found in the middle, with most of the runners being either sophomores or juniors.

Bahr is very excited about this year. “We’ve brought in some good recruits, and there are two [first-years] on the Women’s team and one on the Men’s team [who] are going to really help the teams out.”

The Men’s and Women’s Cross Country teams next compete this Saturday, September 19 at the St. Olaf Invitational in Northfield, MN. The race starts at 11:00 a.m.

The Gustavian Weekly
A Gustavus, athletics and academics go hand-in-hand. For the men and women of the Gustavus Men’s and Women’s Golf teams, it is a championship activity to receive good grades. Beyond the tee, these Gusties are true student athletes.

The Men’s team was chosen by the Golf Coaches Association of America (GCAA) as the Academic National Champions for Division III. To receive this honor, the men had to have a cumulative grade point average of 3.5 or higher.

Junior A.J. Olson received the GCAA All-America Scholar award for having great game-play as well as excellent study habits. The women were not far behind these achievements. “Our women finished second in Division III (3.69),” Head Coach Scott Moe said. “It was a great credit to the true student athlete.”

The women are also going the distance on the golf course. “Our Women’s team... finished first out of 21 teams at the invitational. Although both teams have performed well on the course and in the classroom, they need to keep it that way. “We need to stay consistent,” Moe said. “There is a lot of depth in the MIAC, and we have the potential to be very strong, but consistency is the key.”

In their first showing of the season, the men placed eighth out of fourteen teams at the Augsburg Invitational. Senior Ricky Copeland returns as the player with the lowest average from last year. Although both teams have performed well on the course and in the classroom, they need to keep it that way. “We need to stay consistent,” Moe said. “There is a lot of depth in the MIAC, and we have the potential to be very strong, but consistency is the key.”

Senior Kali Griggs earned All-American honors last season. She finished fourth individually at the UW-Eau Claire Invitational on Sept. 5. Griggs and the rest of the Women’s team finished first out of 21 teams at the invitational.

Experience from the upper-classmen has helped make up for losing the team’s standout players from last year. “Having the experience of juniors and seniors on the team has helped make up for losing our top players,” said Coach Stohlkl, who is in his first season at Gustavus. “It has been nice to have someone who can step up and take those opportunities.”

The team has a strong core of returning players. “We have a good mix of experience and young talent,” Stohlkl said. “We have a lot of depth and a lot of potential.”

The team is currently ranked 23rd in the GCAA Pre-season Division III Coaches Poll. The next Women’s game is scheduled for Saturday, Sept. 19 at 1:00 p.m. vs. Macalester College.

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The season just started. We haven’t even played our first Conference game yet. The final four and the MIAC playoffs would be nice, however, let’s take things one game at a time. Right now our focus is on winning this Wednesday and then we’ll go from there.”

According to Coach Stohlkl, the team is underdog for the Carleton game. “I have high expectations for Wednesday’s game. Everyone is healthy, we’ve had good performances so far and we’re a sharp team. We’ll play our best, and that’s all I can ask for,” Stohlkl said.

Judging by how the pre-season went, the rest of the season looks promising. “With five games and four wins under our belt, I hope to carry that over into Wednesday’s game and on into the rest of our conference games,” Hagen said.

The women want to finish out their season better than last year and accomplish their goal of reaching the final four in the MIAC division. Bayer commented on why she thinks this year’s team is better than in past years: “In the past Women’s Soccer at Gustavus has never been very good, but this year we have a unique team with a close bond and a fighting chance to get to the final four,” Bayer said.

The next Women’s Soccer game will be at Concordia College in Moorhead, MN on Saturday, Sept. 19 at 1:00 p.m.
Women’s Soccer team continues to shine on the field

Julie Hammond
Staff Writer

This year’s Women’s Soccer team has returned with a vengeance, winning four out of their five preseason games. These women have high expectations for their future season. Despite the loss of last year’s leading scorer, these girls have prevailed and come together as a team, thus forming a unique chemistry amongst themselves both on and off the field.

With Head Coach Mike Stehlik entering his 20th season with the Gusties, the team felt fully prepared going into its first conference game versus Carleton College on Wednesday, Sept. 16. Junior goalkeeper Chelsea Bayer felt that the past five games have helped prepare her for her role on the game on Wednesday, especially the game against Whitworth University. “[Whitworth] was probably the toughest team we will face all year, and to hold our own against a nationally ranked team like that is a huge accomplishment for us,” Bayer said.

Senior midfielder Becca Hagen and Senior Captain Kirsten Thulien both agreed that the team felt challenged against Whitworth. However, after the game they felt accomplished because the team, as a whole, stepped up and played to the best of their ability.

The only major difference between this year’s and last year’s team is there are no standout players on the field. Coach Stehlik, along with Bayer, Thulien and Hagen, unanimously agreed on the subject. “There are no stand-out players. Everyone puts in their best effort on the field. The team is there to support each other; therefore, the team stands out,” Stehlik said.

Some of the players’ best moments so far this season came this past weekend when they played in Iowa against Central College and Simpson College. The women really seemed to click on the field, making plays, setting up combinations in front of the net and capitalizing on scoring opportunities.

“We have one of the best soccer teams Gustavus has had in a long time, and we really show when we take advantage of scoring opportunities, like we did this weekend in Iowa,” Thulien said. However, there is never success without challenges along the way. Hagen and Thulien both agreed that balancing school and soccer will be the biggest challenge they will face this year. Coach Stehlik addressed the issue: “There will always be obstacles on a team, which is why you take each day as it comes and think of the season as a journey through the year.”

Stehlik went on to say that the experience and leadership of the upperclassmen has been helpful to the first-years and sophomores through this time of transition.

Although the Women’s Soccer team has not changed much in terms of strength compared to last year, they have changed in terms of numbers. This year there is not a reserves team anymore—the coaching staff consolidated the program to just a varsity team.

The women on the team had varied reactions to the consolidation; however, they all seemed to agree that the change was necessary and that having one team has brought them closer together.

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Cross Country hosts Alumni Meet

Joey Taylor
Staff Writer

At 1:00 a.m. on Saturday, Sept. 12, the campus was quiet as most students were either still asleep or just waking up. Then a shot rang out, the sound thundered and crowds cheered as the Gustavus Men’s and Women’s Cross Country team raced from the starting line at their annual Alumni Meet.

The Alumni Meet is an event in which former Gustie cross country runners are invited to come back and race against the current Men’s and Women’s teams.

While the typical distance for a Division III race is five kilometers (3.1 miles) or six kilometers (3.7 miles) for women and 8 kilometers (4.9 miles) for men, the Alumni Meet was held on a five kilometer course. The race began and ended near the President’s House, with the course set through the Arboretum.

Alumni coach Paul “Keeny” Kienberg of the class of ’05, said that his class has never lost the Alumni Meet, while on the Gustavus team and running as alumni. “Since we left, the varsity Men’s team has never won the Alumni Meet,” Kienberg said.

That record was broken this year when the Men’s team beat the alumni 33-65. Cross Country follows the same scoring as golf, meaning the lower the score, the better.

Cross Country followed the same scoring as golf, meaning the lower the score, the better.

Continued on page 14

Next Game:
Concordia
Date: Saturday, Sept. 19
Time: 1:00 p.m.
Location: Moorhead, MN

Senior Becca Hagen gets ready to take a free kick in the game against Martin Luther College on Sept. 4. The Gusties stomped the Knights 11-0 and have a mark of 4-1 overall for the season.

Several members of the Men’s team ran in the Alumni Meet on Sept. 12.