

# THE GUSTAVIAN WEEKLY

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## Building Bridges Conference to address culture of sexual violence

**McKayla Murphy**  
Staff Writer  
&  
**Libby Larson**  
News Editor

For two decades, the Building Bridges Conference has fostered discussion and awareness of topics on social justice on the Gustavus campus.

The Co-Presidents for the 2014-15 conference, Kyle Maloney and Leah Soule, announced on Wednesday, Sep. 10 that the 20th annual Building Bridges Conference will address the culture of sexual violence.

The Building Bridges Conference is typically held in the spring, and involves a variety of speakers from beyond the campus as well as several additional activities and opportunities to foster discussion about the selected topic.

According to Soule, the co-presidents began to compile a list of potential topics of focus last May, and sought to select a topic which would be relatable, current, unique from recent conferences, and possess local implications.

"A strong focus, as is usually the case with Building Bridges conferences, is that we want to make a positive impact. So this



Allison Hosman

Members of the Building Bridges organization gather to experience the reveal of the topic for the 20th annual conference.

conference isn't just about letting everyone know that sexual violence exists, because everyone knows that sexual violence exists. We want to change that, we want to create action on the part of Gustavus students and the community surrounding it," Maloney said.

Soule noted that the renewed

national focus on Title IV and gender equality as well as the Not Alone Report which has recently been released by the White House make the topic particularly relevant. Soule noted the topic was also directly relevant to the Gustavus campus.

"1 in 5 women in college will

be a victim of sexual assault or attempted sexual assault. And 1 in 5 is a lot of people on our campus," Soule said.

Staff Advisor of Building Bridges and Director of Multicultural Programs of the Diversity Center Pearl Leonard-Rock, said that one of the challenges of this year's conference is the

possibility that the topic may be particularly difficult for those in the community who have been affected by sexual violence in the past.

*"This conference isn't just about letting people know that sexual violence exists... We want to create action on the part of Gustavus students and the community surrounding it."*

—Kyle Maloney

"The committee has already spoken with the support systems and the counseling center here on the campus, but I think it'll be really important for people who want to engage in the topic the way that we need for Building Bridges to be successful, that people are able to take care of themselves, because a lot of people have been impacted,"

**'Building Bridges' continued on Page 2**

## Dive policy changes attempt to create safe environment

**Christine Peterson**  
Staff Writer

Students attending the Friday night Dive will notice several changes to the atmosphere of the event.

These changes were enacted by the Campus Activities Office and Campus Safety with support by the Dean of Students Office in consultation with other colleges.

Director of Campus Safety Carol Brewer reflected on the existence of the Dive as a popular Friday night event, while addressing some concerns.

"The Dive dances are intended to be an alcohol alternative event in a safe environment. We are trying to achieve a safe environment for students to have an enjoyable time," Brewer said.

Director of Campus Activities Andrea Junso went into greater detail on what the new changes will entail.

"We are changing the capacity from 300 to 200. The dances will continue to end at 1 a.m., however no one will be allowed

in after 12:45 a.m. We will be tripling the water available. All employees will be trained on Sexual Misconduct and Over-consumption of alcohol behaviors. The lighting will change, and it will be brighter," Junso said.

Brewer attributed these changes mainly to the consumption of alcohol and sexual misconduct.

"We saw an increase in the number of incidents and complaints that we were responding to from Dive dances, both in the areas of excessive alcohol use prior to the event, suspicion of alcohol being used at or in the area of the Dive during the event, and inappropriate touching," Brewer said.

However, some students are concerned with the possible repercussions of these changes due to the fact that some may be less inclined to attend. This may then cause 'dive activities' to happen off campus in an unsupervised environment.

Sophomore, Laura Isdahl, expressed her concerns for the new changes, saying that the



Allison Hosman

Students attending the Dive on Friday nights will notice the implementation of several policy changes, including increased attention to providing water to attendees, decreased capacity, and brighter lighting.

school might regret making these changes and what it might otherwise promote.

"They might regret this decision to change things because people will find ways to have

a 'sort of dive experience'. Whether it's at school or off campus, it's probably going to happen," Isdahl said.

Agree or disagree, the new changes will be taking place

with the hopes of a safer environment for students to participate in on Friday nights.

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# Campus Safety Report

**Monday, September 1** - no incidents reported

**Tuesday, September 2**

□A Collegiate Fellow responded to a noise violation in Uhler Hall and documented a College policy violation involving one student and an alcohol violations involving two students.

**Wednesday, September 3**

□Campus Safety responded to a medical assist at Arbor View West apartments. One student was transported to the hospital by ambulance and referred for an underage alcohol violation. Campus Safety also documented a confessed alcohol violation by another student.

□A Collegiate Fellow responded to a suspected alcohol violation of unknown persons in Gibbs Hall.

**Thursday, September 4**

□Collegiate Fellows responded to a policy violation at Gibbs Hall involving two students.

□Campus Safety responded to the Post Office to investigate a suspicious package. There was determined to be no safety issue or policy violation.

**Friday, September 5**

□Campus Safety responded to suspicious activity at Southwest Hall. One student while in College View Apartments was referred to the campus

conduct system for an of-age alcohol violation.

□A visitor reported the theft of a cell phone from the Lund Center on Thursday, September 4th.

□Campus Safety responded to property damage in Sorensen Hall. A poster had been vandalized.

Saturday, September 6

□Campus Safety investigated a domestic dispute in Southwest Hall. One student was referred to the campus conduct system for an underage alcohol violation.

□Campus Safety responded to an of-age alcohol violation in Sohre Hall. One student was referred to the campus conduct system.

**Sunday, September 7**

□Campus Safety responded to an alcohol violation in Sohre Hall. Four students were referred to the campus conduct system for underage consumption. One student was transported to the hospital by ambulance.

□Campus Safety responded to a student of concern in the Jackson Campus Center. An intoxicated student was transported to the hospital by the Saint

Peter Police Department.

Note: Case dispositions are available online by viewing the daily crime log on the Campus Safety web page: <https://gustavus.edu/safety/incidents/index.php>

**Tip of the Week:**

Campus Safety Safe Rides Program – call x7000!

The Campus Safety Safe Rides van offers rides from 6:00 p.m. to 1:30 a.m. every night at the designated Safe Rides stop locations. Students calling the Safe Ride number, (x7000), will be directed to the nearest location to be picked up by the Safe Ride vehicle. All pickup points are designated by posted yellow and black "Safe Ride" signs. After picking up students the driver will take them to their requested Safe Rides designated drop off location or the driver may stop and pick up more students on the way there if room is available in the vehicle.

For Safe Rides service call 507-933-7000 (or x7000 from a campus phone) to speak to a Safe Rides coordinator.

For more information, 24-hour medical escorts, or for walking escorts after 1:30 a.m., call Campus Safety at 507-933-8888 (x8888).

### 'Building Bridges' Continued from Page 1

Leonard Rock said.

Maloney addressed the reach of the topic beyond college campuses.

"There may be some stats that are specific to college campuses, but this is something that happens everywhere. It's something that happens in schools in St. Peter, it's something that happens in work places and grocery stores and in the streets of Minneapolis," Maloney said.

**"1 in 5 women in college will be a victim of sexual assault or attempted sexual assault. And 1 in 5 is a lot of people on our campus potentially."**

—Leah Soule

The co-presidents revealed that the conference will specifically examine rape culture, concepts of masculinity, and sexual violence against men. The

concept of inter-sectionality, or the multiple elements of identity such as race, citizen status, class, and gender will also contribute to the discussion.

Maloney also noted the significance of the anniversary and the historical impact of the conference.

"This is the 20th year of Building Bridges, so it's a landmark year of a legacy now of Building Bridges identifying and confronting some of the largest social injustices of our time. And I think it has really made an impact, both through the work that is done here on campus and through alumni who go on to do work in their lives doing this kind of work throughout their careers," Maloney said.

Leonard Rock encouraged students to get involved with this year's conference, particularly students in their first year at Gustavus.

"I have really found that this is a great leadership opportunity for anyone who is new to the campus to see what is happening on campus, so I would really encourage first years to take a look," Leonard Rock said.

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# Campus discusses local and global impact of Ebola

**Libby Larson**  
News Editor

The campus community joined with public health officials to discuss the implications and conditions surrounding the ongoing Ebola crisis on Thursday, Sept. 12.

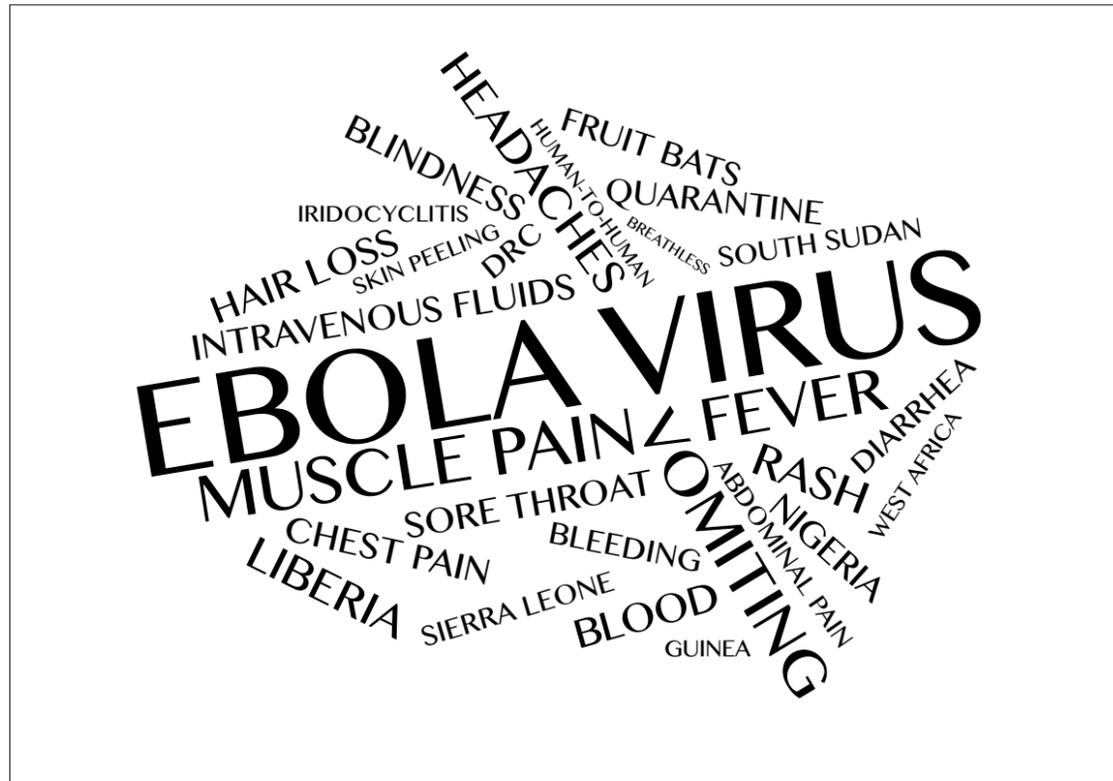
The discussion was sponsored by the African Studies Department and the Provost's Office in an effort to foster discussion about the outbreak of the disease in Western Africa.

Professor Kate Keller of the African Studies Department addressed the connections between the local community and the African outbreak.

"We have to be informed as global citizens so we bear some responsibility for things happening in other parts of the world. We should really think about how a crisis in another part of the world might impact our community because we do have African students here and we do have African communities in St. Peter and Mankato.... It's far away and it's also close," Keller said.

Director of Health Service Heather Dale joined with Mary Hildebrandt of Nicollet County Public Health and Brad Krier, an epidemiologist with the Minnesota Department of Public Health, to discuss the medical implications of Ebola.

"Ebola isn't brand new. It's been around since 1976, so I think what's new is that more people are getting it right now, but many of those people either don't have running water, don't have some of the basic means of hygiene that we do to prevent the spread of virus, and or they don't understand it. They might not have the education level or the access to education



Blake Van Oosbree

Faculty, staff, students, and visiting medical professionals discussed the various social and health implications of Ebola.

to understand how it's spread," Dale said.

According to the Center for Disease Control and Prevention, the Ebola virus is not airborne, and is only transmitted through contact with bodily fluids, infected animals, or objects which have been infected with contaminants. Symptoms of infection are characterized by fever, muscle pain, vomiting, and stomach pain, and generally appear between two to 21 days following exposure.

Dale stated there are currently no reported cases of Ebola in the United States, and addressed several of the myths which she

said have been perpetuated by the media. The organizers of the discussion expressed a desire that students and the campus community work to understand and clear up any misconceptions or questions about the Ebola outbreak and to approach the disease from a global perspective.

"I think one [myth] in general is just that anyone from Africa is infected, or is at risk, and that's just not the case. I think a myth is that if I was anywhere near someone with Ebola, I would get Ebola. That's also not the case," Dale said.

Dale said that instead of fear-

ing the disease, she hopes the campus community can focus on ways to bring education and resources to underprivileged areas.

Keller, one of the organizers of the event, said, "I really see it as part of our responsibility to get our students informed about this event, and one of the ways we imagined it was to bring together health experts and also speakers from the humanities and social sciences so that we could have different perspectives, because it is a health issue but also something that we need to think about in terms of why

does it become so endemic in Africa— why aren't there the health care resources that could be available to stop it."

Professor Sean Easton of the Classics and Peace Studies Departments and Professor Paschal Kyoore of the African Studies and Modern Languages Departments also contributed their perspectives to the discussion. According to Keller, Chaplain Brian Konkol also addressed the ethics of our responsibility to global crises.

*"We should really think about how a crisis in another part of the world might impact our community because we do have African students here and we do have African communities in St. Peter and Mankato."*

—Kate Keller

"I think it's part of what we do at a great liberal arts college. We engage you on topics and help you learn more. Learning happens inside and outside the classroom," Paula O'Loughlin, Associate Provost and Dean of Arts and Humanities said of the importance of addressing the global implications of Ebola.

Members of the campus community with questions about Ebola in relation to the Gustavus campus are encouraged to contact Heather Dale or Kate

# Memorial Garden offers space for reflection

**Libby Larson**  
News Editor

Students heading down Hello Walk have likely noticed the addition of the new sculpture and seating area circling the Columbarium adjacent to Christ Chapel. These elements officially completed the Memorial Garden space, which was begun in 2012 and dedicated June of 2014.

The new sculpture, entitled "Spirit Vessel," was crafted by Gustavus Sesquicentennial Sculptor Greg Mueller.

Mueller was a student of Paul Granlund, the sculptor of the "Luna Moth Matrix" which marks the entrance to the Memorial Garden space.

"The spirit vessel is in many ways in conversation with the lunar moth and the transport from one stage of life to the next," Chaplain Brian Konkol said.

An area recognizing students who have died while enrolled at Gustavus was also added over the summer, and currently memorializes Grace Goblrsh and Grant Rorem.

Barb Larson Taylor, director of the Center for Servant Leadership, was instrumental in the planning of the Memorial Garden.

"The discussion evolved over time as we were working with the landscape architects who designed it that we didn't have a place here that would recognize students that died while they were students at Gustavus. Fortunately that doesn't happen that often here, but when it does happen it's very impactful and very difficult for everyone in the community- current students and employees, and so the discussions when we were designing this memorial garden had been about how could this also be a place to recognize students that died, and that would be an important part of the produc-



Allison Hosman

Greg Mueller's "Spirit Vessel" is among the additions to the completed Memorial Garden space.

# New ID cards provide expanded access to residence halls

**Haley Bell**  
Staff Writer

Students on campus for the 2014-15 academic year have experienced a number of changes. A new president arrives, first years moved in and experienced the craziness of the Gustie Greeters, and all students received new ID cards.

Students are still adjusting to the new ID cards, with their access to student accounts and buildings. Unlike the old keys that allowed students to only enter the residential hall they lived in, the new student IDs allow on-campus students to access any residential hall from 8am to 11pm.

In addition to the freedom of entering any residential hall during the day, students and staff are also enjoying the new student ID cards because many of the old IDs were badly damaged.

According to staff at The Bookmark, the new cards are better for making transactions and accessing student accounts because often times ID numbers were illegible, and the student pictures were often unrecognizable.

"For security reasons, the new ID cards are great." Assistant Book Mark Manager Erin Kupper said.

Unlike Dining Services where it scans over a sensor, the Bookmark still needs to swipe the cards. The difference in the

transaction process in the Bookmark this year is that the strips are much more likely to work, and it makes things move along faster.

"It's better for speed and students are easier to recognize in the photos. We don't have to punch student ID numbers in anymore either," Bookmark Supply Buyer/Shipping and Receiving Supervisor Diane Peterson said.

"Some seniors still had their IDs from freshman year. It's easier to read the cards now, and I haven't had any issues swiping them yet," Sophomore Bookmark Employee Kevin Lungay said.

According to Director of Campus Safety Carol Brewer, if the cards are damaged there are different outcomes than with the previous cards. Since the functionality is different and there is a proximity chip embedded in the card rather than a magnetic strip, the card is less likely to remain active.

To ensure that the cards are cared for correctly, The Bookmark is looking into getting cardholders for lanyards that will fully protect a student's ID.

"It's important that they are cared for correctly. I would not recommend the lanyards where the card slips in and the strip is exposed. They tend to break the cards. I would [use] one where the card is fully protected," Brewer said.

One concern students may have about the new IDs is the



Allison Hosman

The new ID cards serve a variety of functions around campus.

school's abilities to track what buildings they go into and when. Brewer assures students that the only time this information would be looked into is when someone's safety may be threatened.

"It can be used as an investigative tool if we have a missing student. We don't have curfews or anything so we don't monitor anything like that. It's a tool that we can use if students are

in need of help," Brewer said.

Campus Safety is also insistent on making sure students understand that if a card is lost, it is crucial to report it missing.

"If you lose your card, it is incredibly important to go online and report it lost immediately. It will automatically deactivate any building access. It is protecting you, your property, and your classmate's safety," Brewer said.

In the instance where a student needs a replacement card, they can visit dining services to get a new one printed. If it is lost on a weekend, or when Dining Services are not open, students should contact Campus Safety for a temporary replacement card.

## 'Memorial Garden' continued from Page 3

tion and the design," Larson Taylor said.

Konkol also commented on the significance of the memorial area.

"The student memorial was put there recognizing that there is a particular meaningfulness when a student passes away from the college, so we felt that it was important to have this very specific area with the bench so that students could come and reflect knowing that some of these may have been classmates and that in and of itself is very significant," Konkol said.

A ceremony for the completed Memorial Garden was held during the June Board of Trustees meeting, and Paul Grandlund's remains were inurned during the ceremony.

According to Kathy Chalhou, assistant to the Chaplains, Grandlund's was the second inurnment which has occurred in the Columbarium space, and the Chaplain's office has received multiple inquiries about reserving a niche, or compartment in the Columbarium.

Konkol reflected that shifts in Christian theology have changed how many perceive

cremation and traditional burial.

"Sociologically people are moving more often and therefore might not connect with a particular congregation, mosque, synagogue, or what have you, so because they're moving so many different times they don't necessarily have a sense of place or a sense of home, which makes Gustavus in some ways people's primary location," Konkol said.

Larson Taylor noted that many for many students, the relationship with Gustavus extends far beyond graduation.

"It's sometimes easy to feel like Gustavus is about my four years, and it gives a sense of life is finite, and hopefully [the Memorial Garden will inspire students to] appreciate it while you're here, appreciate each day as a gift, but also a sense of there's a bigger family and a bigger history that goes well beyond your four years as a student, and you are now connected to that bigger history because you're a student here. Hopefully there's maybe a sense of connection to those that have come before you and a shared sense of love and passion for this community that I hope students would then imagine, wow, I hope I stay connected to Gustavus for the rest of my life too," Larson Taylor said.

Konkol said that the space



Allison Hosman

Paul Granlund's "Luna Moth Matrix" serves as the entry point to the Memorial Garden. Granlund's ashes were inurned in the Columbarium during a dedication ceremony for the space in June.

may also inspire deeper thought.

"I think that it's really a good reflection piece and since it is here, how is it that students recognize that one day our lives pass. We live in a culture that does not always have a healthy relationship with death, and this is one of those places where we can remind ourselves that there is a beginning and end, and that's ok, that death is a part of life," Konkol said.

Chalhou expressed a desire that students enjoy the peace

and beauty of the benches and the garden space.

"Hopefully it's just a nice place to have quiet conversation and be respectful of those names that they see etched in stone," Chalhou said.

According to Larson Taylor, there are 570 spaces available in the Columbarium. The cost to reserve a space is \$2,000 which Konkol noted is significantly less expensive than many cemetery plots or alternative burial options.

In the event that the current capacity is exceeded in the future, Larson Taylor said that expansion is possible on the other side of Hello Walk, and that Mueller's sculpture would serve as the gateway piece.

To inquire about reserving a space in the Memorial Garden or to learn more about the planning and construction process, contact Kathy Chalhou in the Chaplain's Office.

# GUSTIE *of the* WEEK

**Jaurdyn Dobler**  
Staff Writer

After transferring to Gustavus during January Intern Experience of her sophomore year, now Senior Maggie Kennedy felt she had flown mostly under the radar. Those who have met her would disagree, believing her genuine personality and passion are difficult to miss.

"There is much to admire when it comes to Maggie's personality and character. Some people might be hesitant toward being themselves, but Maggie knows who she is and embraces being herself. She isn't afraid to be different. What impresses me the most about Maggie is her ability and willingness to let her personality shine bright onto others. By doing this she teaches us how to do the same," Senior Colin Rieke said.

Maggie takes pride in allowing her personality to shine bright. She refers to it as her own personal mantra.

*"Some people might be hesitant toward being themselves, but Maggie knows who she is and embraces being herself. She isn't afraid to be different."*

—Colin Rieke

"I started it a year ago during my first full year at Gustavus. I was digging deeper into what I thought faith was and I realized

that I don't know everything but I do know that I just want to spread love. I think that Our Creator, whoever it is, places this love in all of us because they want us to experience life and joy with others. 'Shine bright' is a reminder to myself to let that love and joy shine out and affect others," Maggie said.

Maggie shows that love and joy at all times. She brings a positive attitude to campus, class and especially to the dance studio.

"Maggie is a bright light in the studio and is often thinking one step ahead, trying to get to the heart of any matter. I see her as a member of the community who is willing and able to share her sense of humanity with others. I also see her wanting to share her story with the community through movement," Visiting Assistant Professor in Theatre and Dance Jill Patterson said.

Maggie is beginning her final year as a dance major. Before transferring to Gustavus, she attended a dance conservatory in Seattle, Washington. She says her passion for dance has been obvious since she could walk.

"We have these video tapes of me when I was two. My parents would put on music and I would just start running around the room and dancing with my baby blanket. They hadn't shown me anything, that was just always how I had responded to music. I love being able to express myself through movement. I have a learning disability so I've always had trouble expressing myself with words. It's beautiful and calming to say what I want through movement," Maggie said.

While she may have trouble with words, Maggie has made a lasting impression on those in the dance company



Allison Hosman

*Maggie feels she can express herself more fully through dance, rather than words.*

as well as the Gustavus community through her warmth, friendliness and leadership ability.

*"I see her as a member of the community who is willing and able to share her sense of humanity with others. I also see her wanting to share her story with the community through movement."*

—Jill Patterson

"Maggie is a friend to so many people on this campus. She is always willing to stop and catch up, to give you a hug, or just listen. She is a leader in the

Gustavus Dance Company and really inspires other students to work hard and take advantage of this special community," Senior Maura Bremer said.

Maggie prides herself in making people think and it shows in everything she does. From dancing to sporting her half shaven hairstyle, she believes in being comfortable enough to be yourself and take advantage of the community at Gustavus.

"I don't need to be a life changer, but I want to give people something to think about. Gustavus is too rich in culture, experience and education. The time flies by too quickly here to not be you. Don't miss out on the connections and experiences you can make here. I want to encourage people to branch out and try new things. You never know what might happen," Maggie said.



Allison Hosman

*Maggie believes in being herself and shining bright in everything she does.*

**You can submit your nomination for Gustie of the Week at the SAO desk.**

# Quarter century later- Looking back at *The Simpsons*

**Dan Vruno**  
Staff Writer

What started with the following of a dysfunctional, working-class family slowly became a show about a town filled with

hilarious four fingered characters. Over the past 25 years, *The Simpsons* has been a critical part in pop culture, going beyond just a television show to movie, comic book series, albums, video games, toys, and apparel. Last year FX's sister channel

FX announced that they had obtained the syndication rights of all seasons of *The Simpsons*. The humongous deal was then sweetened by the announcement that they would be airing a 12 day marathon featuring all 552 episodes being played

in chronological order. Airing from Aug. 21 to Sept. 1, the marathon featured 277 hours of the show and the movie played in between the seasons it was originally released in theaters. The marathon had a strong following with over 25

million viewers over the 12 days and the channel received a 542 percent increase in viewers. Towards the end of the marathon, FX announced that they would continue to feature *The Simpsons* 24 hours worth of *The Simpsons* every week.

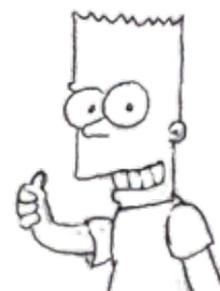
## 1. "Last Exit to Springfield"

Season 4, Episode 17, 1993. Who could have thought an episode focusing on the struggles of union work negotiations and obtaining dental care would be considered by many to be the best *Simpsons* episode and even one of the best episodes in television of all time. When Lisa discovers that she needs braces and Mr. Burns decidedly takes away dental plans from the Union, Homer becomes President of the Nuclear Plant's union to get it back. From the opening McBain movie sequence to the final facedown between Homer and Mr. Burns, the episode is stocked with jokes. The episode is flawless in representing *The Simpsons* during their prime years and its ability to continuously make relevant and surreal representations of real-world situations.



## 2. "Cape Feare"

Season 5, Episode 2, 1993. Sideshow Bob is one of the most prominent recurring characters of *The Simpsons* as the often evil genius planning revenge towards Bart for landing him in jail and ruining his career. Voiced by Kelsey Grammer, Sideshow Bob has appeared in 14 episodes throughout the seasons. As a parody of the movie *Cape Fear*, the episode sees Sideshow Bob being released from prison and from the very moment of his release, he attempts to kill Bart. Containing a prolonged gag of Sideshow Bob consistently stepping on rakes and ending with Bart's final request before being killed to have Sideshow Bob perform the entirety of an opera, the episode shows its excellent use of guest voice actors and how prominently guest characters can carry their own episodes.



## 3. "You Only Move Twice"

Season 8, Episode 2, 1996. *The Simpsons* have traveled to many countries and states over the years but during "You Only Move Twice's" original airing it really looked like *The Simpsons* were actually setting a new beginning when they moved to Cypress Creek. When Homer is offered a new, high paying job at Globex Corporation, the family says goodbye to Springfield and all of its residents. Homer quickly gets well along with his new boss and ends up loving his job, but what Homer doesn't realize is his boss is a supervillain. Consistently being one of the cleverest episodes of the series, "You Only Move Twice" is an excellent representation of how Springfield will always be the home of *The Simpsons*.



## 4. "Deep Space Homer"

Season 5, Episode 15, 1994. Into its fifth season and nearing one hundred episodes, "Deep Space Homer" is a prominent example of just how great *The Simpsons* was at continuously coming up with great storylines. When NASA realizes that their ratings have gotten worse, they decide to fix it by sending an average Joe, or Homer, into space. Featuring Buzz Aldrin and references to *2001: A Space Odyssey*, it is now featured in the International Space Station. The episode shows that even when the show carries an outlandish plot, it can still land a perfect landing in terms of greatness.



## 5. "Marge v.s. the Monorail"

Season 4, Episode 12, 1993. Before Conan O'Brien got his own late night show, he wrote for *The Simpsons* from 1991 to 1993. Considered to be his own baby, "Marge v.s. the Monorail" contains one of the highest ratios of laughs per minute. When the city was looking to fix itself up, a fast, talking man convinces Springfield to build a monorail that ends up being extremely unsafe. Containing a musical number, the excellent performance of Phil Hartman as the con Lyle Lanley, and Leonard Nimoy as himself, it is considered by many to be the pivotal episode of the series.



Molly Butler

# Breaking Bad, Modern Family Win Big at 2014 Emmys

**Kim Krulish**  
Staff Writer

The Emmys statuette, a winged woman holding an atom, recognizes excellence in the industry of television. The 2014 Primetime Emmy Awards ceremony was held on Monday, Aug. 25 at the Nokia Theatre in Los Angeles, California. The 66th annual ceremony was held to honor the best in U.S. prime-time television programming from June 1, 2013 through May 31, 2014. The show was broadcast by NBC and hosted by Seth Meyers.

The Emmys were filled with memorable moments and quotes. Before he presented the award for leading actress in a comedy, Jimmy Fallon added some comedy of his own.

"There's one common truth that binds us all together. None of us will ever make as much money as Kim Kardashian did for her iPhone game," Fallon said.

AMC's *Breaking Bad* was the big winner at the Emmys with a total of five wins, including its second Primetime Emmy Award for Outstanding Drama Series for the second part of its fifth season. The show's Bryan Cranston (Walter White) won the award for Outstanding Lead Actor in a Drama Series. *Breaking Bad* also won Outstanding Writing for a Drama Series (episode: "Ozymandias, written by Moria Wallery-Beckett). *Modern Family* (ABC) took home its fifth consecutive award for Outstanding Comedy Series, tying with *Frasier* as the show

with the most wins in the category. *The Amazing Race* (CBS) won its tenth Primetime Emmy Award for Outstanding Reality-Competition Program.

Jim Parsons won the award for Outstanding Lead Actor in a Comedy Series for his role as Dr. Sheldon Cooper on CBS's *The Big Bang Theory* (episode: "The Relationship Diremption"). *Sherlock: "His Last Vow"* (PBS) won three awards for Outstanding Lead Actor in a Miniseries or Movie (Benedict Cumberbatch as Sherlock Holmes), Outstanding Supporting Actor in a Miniseries or Movie (Martin Freeman as Dr. John Watson), and Outstanding Writing for a Miniseries, Movie, or Dramatic Special (Steven Moffat). The award for Outstanding Variety Series went to *The Colbert Report*

(Comedy Central).

There were some nostalgic and teary moments throughout the ceremony that did not involve an actor or actress accepting their award. Billy Crystal paying tribute to the late Robin Williams brought tears to countless eyes and sent viewers searching for a box of Kleenex.

"As genius as he was onstage, he was the greatest friend you could ever imagine—supportive, protective, loving. It's very hard to talk about him in the past because he was so present in all our lives," Crystal said.

This year's Emmys were also historic due to NBC's commitment to Sunday Night Football. The ceremony was held on a day other than a Saturday for the first time since 1976. NBC's ideal date for the Emmys was origi-

nally Aug. 24, but that plan hit a roadblock since MTV's Video Music Awards had been scheduled for that date for more than a year in advance. Host Seth Meyer took advantage of the odd timing in some of his jokes.

Scheduling of the Primetime Emmys was coordinated with that of the 66th Creative Arts Awards ceremony, held the previous weekend on August 16.

"This year we're doing the Emmys on a Monday night in August, which if I know anything about televisions means the Emmys are about to get cancelled. Of course no one remembers the 1976 Emmys, because they were held on a Monday," Meyer said.

# Efron is the new comedian on the block



Creative Commons

Zac Efron enters new territory in the comedy *Neighbors*, where he faces off with Seth Rogen in a battle for the neighborhood.

**Brady Lass**  
Staff Writer

Aside from a few hiccups like *The Green Hornet*, *Guilt Trip*, and angering the North Korean government, Seth Rogen's on a pretty solid roll in the last couple of years. He's shown talent as an actor in dramas and

comedies, provided voice work for Dreamworks films, and has shown he can write with *Superbad* and *Pineapple Express*. If *Superbad* helped boost the comedic reputations of Jonah Hill and Michael Cera, then perhaps Rogen could accomplish the same for Zac Efron in *Neighbors*. Ever since the days of *High*

*School Musical*, Efron's found himself in romantic comedies and dramas that many agree do not showcase his talent. We've seen plenty of fraternity based comedies before, but how does *Neighbors* hold up?

Rogen and Rose Byrne portray the Radners, a couple with a newborn daughter. They

discover that a fraternity led by Efron's Teddy Zanders and Dave Franco's Pete Regazolli (showing that Seth works well as long as he has a Franco), has moved in next door and have the wildest parties ever. The couple wants the music turned down for the sake of their child, but have a hard time communicating with their young and reckless neighbors. After hearing that the fraternity has a three strike limit, they go to a prank war to get them kicked out of the house. Zanders keeps his focus on throwing the biggest party of the year while also maintaining his rivalry with his new neighbors.

It's not entirely an original concept, as Hollywood's been making movies centered on fraternity parties for years, but the film does manage to succeed in terms of the writing.

The characters feel genuine as the parents display their desire to have more fun in their attempts at bringing the fraternity down. While the methods become a little out of hand, the audience sees how and why it feels great.

The character of Teddy was also successful, presenting him as the villain of the story but not as an outright jerk. He believes being in this fraternity will be the highlight of his life and wants to make the most out of it. Some comedies rely on mindless idiots to make the audience laugh, but comedies can't suc-

ceed with dirty jokes and idiotic characters (cough cough Adam Sandler...).

The comedy itself can be hit or miss, but it does have a good amount of hits, from accidents to pranks to a Robert De Niro themed party. The comedy primarily works thanks to the delivery. Rogen, Franco, and Mintz-Plasse act similar roles in other movies, but there's nothing wrong with that. Byrne is a highlight and brings a few laughs. Of course, the one that surprised everyone was Efron himself. Being a good actor isn't just being teenage eye candy, but Efron does well with the material he's given, understands his character, and has fun with the role.

*Neighbors* may not have the most original plot, but it succeeds in using the characters in a genuinely funny comedy. It's also a demonstration that even actors with a rough history can succeed if given the right material. Efron may have found his niche in the world of comedy, and hopefully he'll start down the right path. As for Rogen, it's simple. He knows what people like to see in his movies without making them question his intelligence like Sandler constantly does. He's on a roll and it doesn't look like he's slowing down any time soon.



## Tales from Abroad Adventures in the Land of 10,000 Bikes.

*Tales from Abroad* is an ongoing section in which Gustavus students share the highlights of their study abroad experiences.

**Brynn Makela**  
Guest Writer

Danes like to joke that they are born with a bike between their legs, and I must admit, the caricature holds some truth. In fact, there are more bikes than inhabitants in København, Denmark and over 50 percent of the population uses a bike during their daily commute, including me.

My day begins in the countryside town of Farum; breakfast with my host sister and brother, a cup of black coffee, and I'm out the door. The crisp, autumn wind and caffeine in my blood wake me as I pedal my rickety, one-gear bike to the station. I may pass a woman in heels with a dog in her bike basket or a teen late for class. Fat, skinny, old or hungover, everyone graces the abundant bike lanes of Denmark.

After locking my bike up in the lot, as if anyone would want the old rust bucket, I board the train to København. The public transportation is quick, relatively cheap, and accessible for anyone. I use the S-train's free wifi to finish any homework I've neglected during the 35 minute ride to Nørreport Station.

Once in the city, I make my way through the maze of construction, dodging speedy bikers and trying not to ogle too conspicuously at the culture surrounding me. In minutes I am in the center of the city, where I go to school, where 600-year-old ghosts reside in the cool, coastal breeze.

One of the best after school hangouts is Studenterhuset, where the Danish Institute for Study Abroad and København's university students get discounts on coffee and beer. From

there, one could visit a castle or the parliament building, walk along the pedestrian street or stand by the ocean, climb the spiral tower or just get lost, all within walking (or biking) distance. If it's sunny out, though, I usually go home to Farum and walk in the rolling, grassy fields or through the quiet, lakeside forest.

I miss you all on the hill and look forward to coming home, but, for now, I'm loving this Scandinavian paradise.



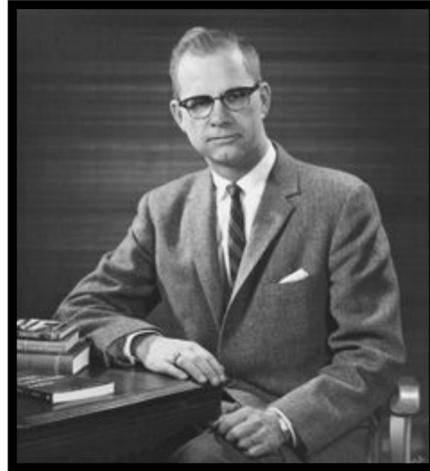
Submitted

"Fat, skinny, old or hungover, everyone embraces the abundant bike lanes of Denmark."

# Presidential History



*1st President: Rev. Eric Norelius  
1862-1863*  
He was the founder of the soon-to-be-named Gustavus Adolphus College in Red Wing, Minn. Norelius Residence Hall is currently named after the founding president.



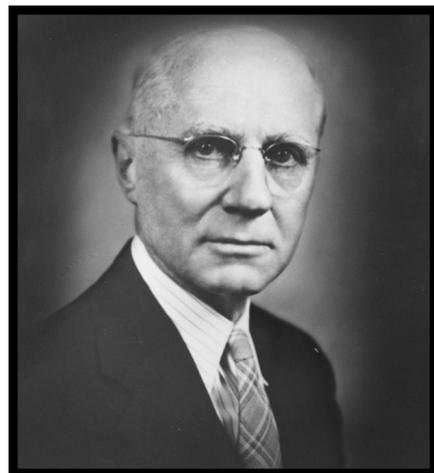
*9th President: Rev. Dr. Edgar M. Carlson  
1944-1968*  
Before becoming president, Carlson was a professor in the Christianity Department. During his presidency, Christ Chapel was erected in 1962 and Alfred Nobel Hall in 1963, which started a collaboration with the Nobel Foundation to start the Nobel Conference in 1965.



*13th President: Axel Steuer  
1991-2002*  
During Steuer's presidency, the March 1998 tornado whipped through campus, creating \$60 million worth of damage. Steuer was dedicated to rebuilding the campus. The following fall, Gustavus had a record number of 695 First-years enrolled in The College.



*17th President: Rebecca M. Bergman  
2014- present*  
President Bergman is the first female president of Gustavus. She served on the College's Board of Trustees from 2007 to 2014. She will be inaugurated on Oct. 3, 2014 in Christ Chapel.



*7th President: Rev. Oscar J. Johnson  
1913-1942*  
Johnson served as the college president for 29 years, the longest in Gustavus' history. In that time, the College improved its facilities, added more academic departments, and increased student enrollment. The O.J. Johnson Student Union is named after him.

*10th President: Frank Barth  
1969-1975*  
Barth was the first non-clergy president The College had. During his time, the Auditorium caught on fire and was completely gutted on January 8, 1970. He oversaw the construction of the Scafer Fine Arts Center, the second Folke Bernadotte Memorial Library, and Linnaeus Arboretum.



*16th President: Jack Ohle  
2008-2014*  
Ohle helped plan the College's Sesquicentennial in 2012-13. He also established Campaign Gustavus, a fundraising program for The College. The state-of-the-art Warren & Donna Beck Academic Hall was also erected during his presidency.

# Colin it like I see it A New Approach to Choosing a Major



**Colin Rieke**  
Opinion Columnist

As college students there is one thing we all have in common: a “major.” If after four years you want a diploma in your hands, then you have to put some time into deciding what major is best for you.

When we think about what we want to major in, there are certain things that come to mind: what kinds of questions do you ask yourself when deciding a major? Some might include: what would you be good at? What is your dream job? What would pay the most? What do you enjoy doing? What would your family think?

These are typical considerations that come to us as college students. Yet they can force us to take a step into the unknown. When we choose a major it's easy to place ourselves in the future. It's easy to focus on *then*, as opposed to focusing on *now*. Choosing a major is after all an important decision because it affects your future. However, we

must remember to distinguish between the “then” and “now.”

The real question is “what should I do with my life?” From here a typical process follows suit. First, you look at what the options are for each major. Then you imagine yourself ten or twenty years from now. You envision yourself as a doctor, a chef, or an accountant.

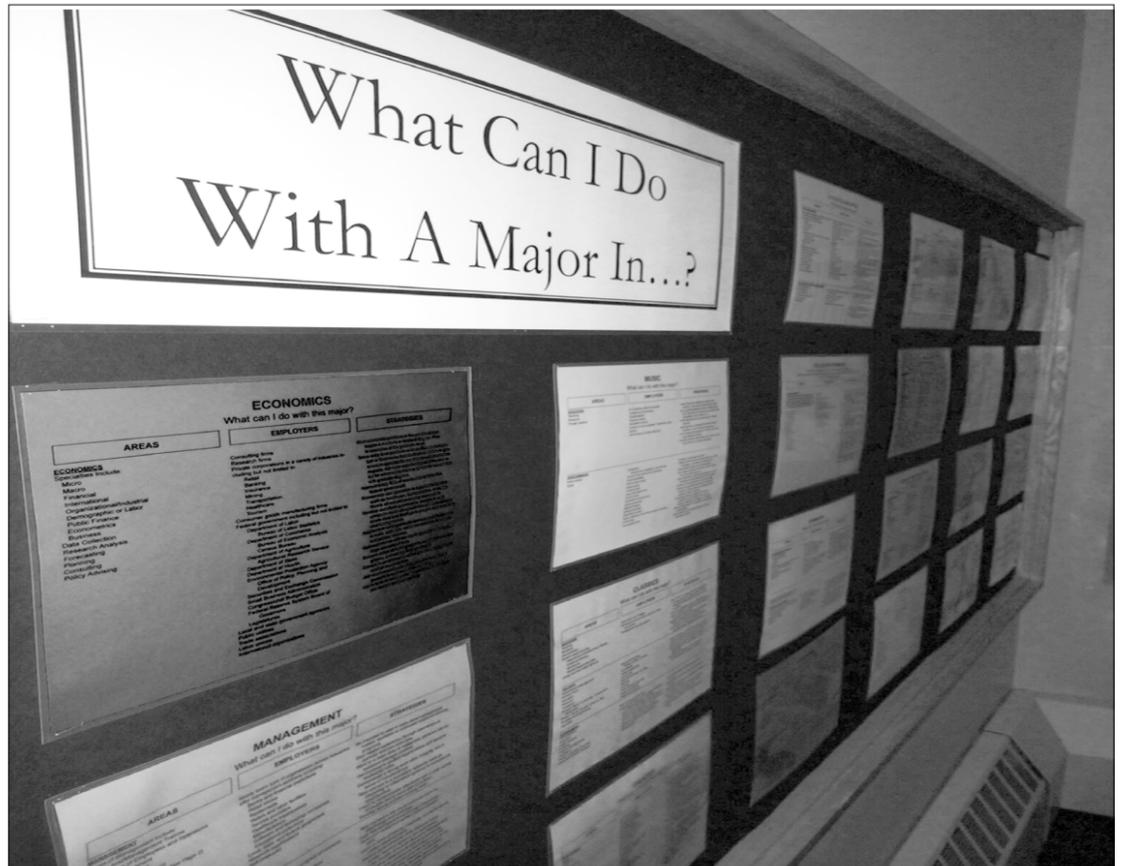
That process makes sense, doesn't it?

I suppose it does; that's how millions of people shape their lives, by asking themselves “what should I do with my life?”

When answering that question you unconsciously focus on deciphering the future. The future plays such a prominent role in your decision, your future is what affects the present. In other words “then” affects the “now,” as opposed to the other way around.

*“It would be unfortunate if you haven't asked yourself that question. However, there is a problem with using this question too much. The problem is that the present and the future are flip-flopped.”*

It's safe to say that your major does affect what type of job you will end up with, though not always. But your future job should not affect what major you choose. How can your fu-



Instead of asking “what I can do” or “what should I do,” ask “who am I?”

Colin Rieke

ture job affect your major? You don't even have that job yet. It doesn't exist!

I can see how somebody who wants to be a doctor will choose to take a pre-medicine track or major in biology or chemistry. Though, what if we lack those skills or do not finish the degree. Is your decision based on the wealth and social status it will bring you, even when you can't

stand helping others. In these situations the major is chosen based on the future job. What is forgotten is the “now.”

By obsessing over “then,” we forget to acknowledge us as we are. What are your current likes and dislikes? What do you absolutely love doing? When are you the most happy? What are you capable of doing?

These are the types of questions and things we should think about when choosing a major. They are centered on the present, around you.

So why don't we choose this other approach towards choosing a major and figuring out our lives?

Well, we get stuck obsessing over “what should I do with my life” and become trapped by indecision. We get stuck because we think too much. We make choosing a major much more difficult than it could be. Since we have the tendency to be consumed by the future, we run the risk of believing the job we are going to get after college is the job we are going to have for the rest of our life.

If I had to choose a job that I would have to do for the rest of my life, it would take me forever to make that decision! That's the type of pressure we put on ourselves, a pressure that leads to doubt and second-guessing.

The danger of focusing too much on answering, “what should I do with my life,” is the risk of making your decision on a major a “head-decision.” When you decide on a major using your head, your brain, you may actually be doing yourself a disfavor. Why? Because you didn't make a “heart-decision.” You forgot about the “now,” and listened to what your brain told you rather than listening to your heart.

I spent two and a half years of my college career listening to my brain. I made “head-decisions” that would lead me to choose a major that would potentially land me a secure job after college. The the moment I started listening to my heart, I realized I wanted to switch majors.

Ask yourself “who am I?” and

*“So I have good news for you my friend! Choosing your major is not a life-or-death decision, nor a permanent one. It's a simple decision that involves focusing on you rather than what you should do. And even if you do choose the wrong major, it's okay, you have time to figure yourself out.”*

reflect on the person you have been as opposed to the person you see yourself as in the future. What kinds of things have you done or achieved in your life? What's your lifestyle? Who are you?

Pick a major that you'll enjoy because it's fun for you. If you do that, I promise you'll choose the major that's right for you. In fact, you'll even be on course towards realizing your true vocation.

## The Good, the Bad, and the Meh



THE GUSTIES BEAT CROWN COLLEGE... Wait what's Crown College?



The hangover from the first weekend. #downbutnotdead.



TAKE BACK THE DIVE.

# The Kruizer Report Can I See Your ID Please?



**Mason Kruize**  
Opinion Columnist

As the 2014-15 academic year at Gustavus begins, we are all introduced, to the euphoria of friends, activities, groups and living on our own.

There are also the toils of one hundred page reading assignments, a bad roommate, or a dreaded pop quiz. No matter the various reasons for each of us coming here, there is something to keep in mind regardless of our differences: a new year at GAC has begun.

There are also some new changes from the last year. Along with a new president and some renovations in campus buildings, all students are now able to, with their campus ID card, enter any residence hall between 8:00a.m. and 11:00p.m. This is different from last year

where you could only get in your own residence hall, needing to be let in by either friends or faculty if you were trying to enter another hall. Or, if you were the lucky, sneaky type, you could get in as someone else was opening the door.

That was the past, and we now have this ability along with several opinions as to what this means for us students at GAC. Junior Griffin Reed, a CF in Prairie View has a relatively optimistic outlook.

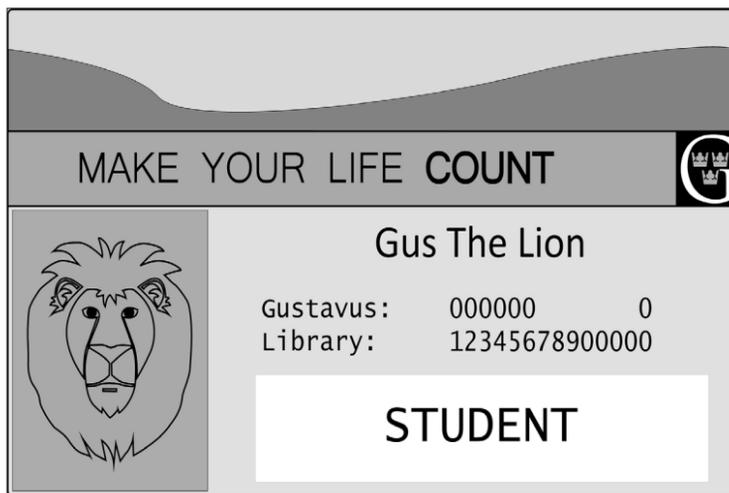
"It seems like a genuinely well intentioned and useful change from last year. The chance is there for people to take advantage of it, but most people will likely use it for the extra convenience", Reed said.

Reed continued on to say that the general feeling he had gotten from others is excitement, no longer having to wait for friends to let you in or being able to access buildings on your own if you have things to do.

Sophomore Amanda Downs, a CF in Pittman, had a more reserved perception of the new accessibility.

"It sounded cool initially, but I'm not so sure anymore. A big issue that comes to mind is that the cards are more valuable now. Someone not from Gustavus could get a fallen or misplaced card and go in anywhere."

Downs said that she feels those on her floor in Pittman



Cameron MacDonald

Is our evaluation of our education really valuing what matters?

seem responsible, however, and the feeling is "chill", but it would be foolish to believe there aren't people out there who won't take advantage of it. Still, her overall feeling is excitement and she wants to keep an optimistic view of how these cards will work out.

Andy Lupinek and Sadie Laplante, Sophomores who live in Rundstrom and Sorenson, respectively, believe it may not be necessary or worth the risk.

"It opens up more chance for trouble, even though it sounds like a great change. It can lead to theft or other things and now it's more possible that the people responsible could be from another dorm than those living wherever something hap-

pened", Lupinek said.

LaPlante was in agreement, though her thoughts were marginally less critical.

"It's iffy and definitely not as great as a lot of people are seeing it, but it has been convenient for me. Nothing has happened yet so far as I've seen", LaPlante said.

Both were also in agreement that most people wouldn't take advantage of the change in accessibility with the new cards, though you can never be too careful.

A junior from Southwest shared his love for the idea. "It doesn't have to be a problem if you look at it for the right reasons. I've heard from others they think it's risky, but it's nice

to see friends more easily without the hassle of waiting to be let in." The positives outweigh the potential negatives, and the convenience is fantastic. It's been a helpful change in this junior's opinion in comparison to the hassle from previous years where we spend a lot of money to be at college where our time as students is valuable.

Overall, there appears to be a collective consensus that while the change with cards allows the buildings to be more accessible, there are potential flaws in the new system that could lead to issues down the road. All of those interviewed stated the innovation is still quite early in its development so only time will tell how things go.

Furthermore, they all additionally agreed that there is a "safety net." The cards will let you get into any residence hall, but they will only let you into your own hall from 11:00p.m. to 8:00a.m.

That net prohibits unrestrained access, therefore there is still a sense of caution toward students potentially going where they should not and doing that which is not of the character we should see in a Gustavus student. Enjoy the new sense of freedom you've been given, but keep in mind that unlike an entitlement, violating a privilege can have unfortunate consequences.

## The Gustavian Weekly

The Opinion Section is Hiring!

Become a columnist! Email [droland@gustavus.edu](mailto:droland@gustavus.edu) for an application.

I love lamp!  
I have opinions!



Sponsored by The Gustavian Weekly

## The Facts of Life in Saint Peter

- 1 Patricks' Buffalo chips were forged by divine inspiration, I am convinced of it.
- 2 Seven mile creek is absolutely beautiful in the fall, if you're looking for a place to de-stress from classes take a friend and go for a hike!
- 3 If you are: walking in a loud group, wearing a backpack, stumbling, or carrying a water bottle, the Saint Peter police WILL stop and search you. You've been warned.
- 4 No one likes it when you hang around someone's porch or yard—get in the house or move along.

## Fancy Ain't It?

# CAUTION: Chronic Dehydration May Cause Stupidity



**Ashley Nickel**  
Opinion Columnist

Before I even start, I'll let you in on a little secret. The correct answer is: water.

Now, before you hurry to your next class and proceed to answer every question on your quiz with H<sub>2</sub>O, first consider that you will most likely fail your quiz and/or test, start the year off to a less than desirable start, and probably take my name in vain. Repeatedly.

But the correct answer is still water. This is why:

Do you ever feel achy or tired for no apparent reason? Do you get frequent headaches, joint pain, or swollen appendages? Do you have to reach for that tall double latte mid-afternoon lest you face the terrible, narcoleptic monster called fatigue prevents you from focusing enough to get anything besides a nap accomplished?

When you feel sluggish and unresponsive, do you reach for an energy drink, or maybe

a snack? Or do you just write is off as lack of sleep the night before? Maybe you blame it on age, just as sands through the hourglass, so are the days of your alertness...

If you make any excuses like the ones listed above, then you are just as incorrect as you would be if you walked into your topography class and answered every question on your "deserts of the world quiz" with "water."

That means when you are tired for no reason in the middle of the day, your body is probably trying to tell you that you should drink a glass—or eight—of aqua. Most people in America, when experiencing the effects of thirst, often think they are hungry, tired, or sick, and therefore take action to remedy all of the wrong things.

*"You would be incorrect in making these excuses because the answer to all of these physical problems is indeed water, or rather, lack of water. In the United States, as of 2011, 75 percent of people experienced symptoms due to chronic dehydration."*

But when symptoms of dehydration go unnoticed or ignored, there can be serious consequences. Not only does



*In a land rich with surface and ground water, it isn't just stupid that we don't use the resources at our disposal, it's dangerous.*

drinking water aid in burning fat, boosting metabolism, and keeping all of your hinges well oiled (so to speak), it is vital to every single mechanism in your body.

Yes, everyone knows this, or has heard it, or has been taught about the importance of water in living organisms. If you have ever taken an introductory course to biology or almost any other kind of science in your lifetime (which I am assuming almost everyone here has) then you understand this.

Without water, your body simply starts shutting down.

Dehydration causes kidney failure, as well as build up of toxins in the liver, ulcers, and high blood pressure to name a few.

All the people reading this by now are probably grumbling their annoyance. These are things that everyone knows. Obviously we need water. So get on with it.

Although the ramifications of dehydration are obvious, still no one seems to care. Or maybe on one is willing to just change their behavior. This is not only dangerous, but also—frankly—idiotic.

We know what we are doing to ourselves, so why do we continue to do it? We go about our lives, making one of the unhealthiest choices of all, and never give it a second thought. Even our campus, which is reputed to be one of the healthiest in our region—if not the country—is guilty of this.

But not only are we guilty of passively causing this problem, we also actively promote it. Before you object, think about how many times in the last week you reached for a cup of coffee, tea, soda, or an energy drink instead of a glass or bottle of water. And in this heat!

But we are not just being stupid and ignorant about this subject; we are also being selfish and ungrateful.

According to Water.org, a nonprofit organization committed to bringing water to those in need and raising awareness about the water crisis, 780 million people in the world do not have access to clean drinking water. That is in comparison to only 10 million people who don't have clean drinking water in developed countries such as the United States. Yet still 3.4 million people die every year from water related disease.

*"It is truly repulsive that when we are finally at a point in history where it is possible for almost all people to have safe drinking water, when the world has suffered through epidemics of horrendous proportions due to water sanitation issues, that we in the United States, even those of us who claim to be environmentally and health conscientious still suffer from disease and daily discomfort from lack of water when we don't have to."*

And the punch line to this appalling joke is that we actively choose to live a lifestyle where 75 percent of us are chronically dehydrated.

So either drink the water we are fortunate enough to have, or give it to someone who is in desperate need of it. Because not only is chronic dehydration sweeping the nation, but also apparently chronic stupidity is a national pandemic.

## IN NEXT WEEK'S ISSUE...

Guest speaker on "the importance of sobriety in the college experience" unable to complete lecture because she was quote "tripping balls."

Confirmed cases of Herp-bola, otherwise known as the "Ratchet Plague" at the residence "Gables"; symptoms of this illness include, but are not limited to: copious amounts of alcohol consumption and partying one's ass off.

The Caf's "Gustie Grill" is installing motion sensor cameras and lights to monitor their station 24/7 after a string of thefts by armed robber self-described as "The Hamburglar."

Per the administration's demands, all Greek organizations are hereby required to serve Greek yogurt at organization meetings. When questioned, administrators defended the policy, and asserted "it's only weird if you make it weird."

THE  
**FOURTH CROWN**  
MAKE YOUR NEWS COUNT.

The content of this page as satirical in nature and in no way reflects the views of THE GUSTAVIAN WEEKLY, Gustavus, or its faculty, students, or administrators. The Fourth Crown is not intended for readers under the age of 18.

# First-Year Student Loves Coed Floor So Much, Friendships Will Last a Lifetime

The Fourth Crown Editorial Staff

**S**AIN T PETER—Following the completion of an entire week living together in section 3C of Norelius Hall, First-Year student Christie Jensen has reached the conclusion that her section of 22 18-year-old women have made “unbreakable” bonds of friendship that are unlikely to ever be torn apart.

*“We’re a super busy bunch, but at the end of the day, we still love one another to death. It’s the best.”*

—Christie Jensen

The realization was broadcasted to the world via a Facebook post made Sunday afternoon, with an attached



Submitted

These first-year girls are TOTALLY convinced they will be ‘bffs’ throughout their four years at Gustavus.

image of seven of the section’s residents watching an animated movie in the communal lounge.

“Even though Rachel [Swenson] totally saw my post and still didn’t like

it, I’m still so confident that this group of girls will be best friends through thick and thin,” said Jensen in an interview with The Fourth Crown.

“We all just share this quirky sense

of humor—like last weekend, when we all stayed in and did arts and crafts with our CF on a Friday night. So silly!”

Jensen remains unfazed that the attendance of such gatherings has hovered around the mid-single digits.

“We’re a super busy bunch, but at the end of the day, we still love one another to death. It’s the best.”

Jensen’s comments were dissonant from many of her section mates. Rachel Swenson, for instance, tweeted “gettin F@#&ed up tonight 4 the Dive haha #GACcity” at approximately the same time the arts and crafts session was transitioning to a discussion of how confusing the Courtyard Café’s hours were.

At press time, Jensen’s post had amassed 15 likes; 7 of which came from family members.

## National Physician Shortage Traced to Gustavus Department of Chemistry

The Fourth Crown Editorial Staff

**M**INNEAPOLIS--A comprehensive study released this week by the University of Minnesota College of Medical Sciences has attributed the nation’s shortage of physicians to the Department of Chemistry at Gustavus Adolphus College in Saint Peter, MN. The research, which also included an in-depth analyses of the impact of various traditional market forces on the allure of medical careers, traced the industry’s primary bottleneck to the introduction of the term “stereochemistry” in the first semester of the Gustavus Organic Chemistry sequence.

Malpractice lawsuits, widely held to be the largest single career ending factor in the industry, fell behind the Gustavus Department of Chemistry by a wide margin.

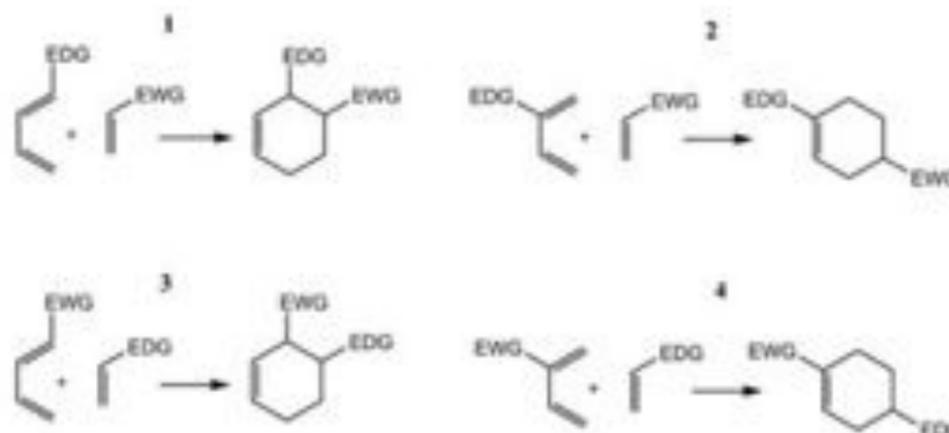
Department of Admission’s statistics report 2,800 of the approximately 2,600 students enrolled at Gustavus Adolphus College have at one point declared themselves to be pre-med, though less than five per graduating class follow through on this.

Rising Sophomore Sean Joseph, whose illustrious career as an Eden Prairie Orthopedic Surgeon was cut

short in Professor Katrina Kornopvia’s Organic Chemistry 1 course this past spring, was unsurprised by the study. Joseph still vigorously defends his pre-med status, despite a 2.9 GPA through the least rigorous courses in the Chemistry department.

Associate Professor and Chair Kelly Brando expressed her belief the report affirms the mission statement of the

Department of Chemistry, which asserts, “The Chemistry curriculum is designed to function as an integral part of the liberal arts program of the College, by driving most students far away from the sciences and back to the actual liberal arts.”



# Bored of your fitness routine? Try rock climbing!



**William Metcalf**  
Staff Writer

Ask anyone in the Midwest what they know about rock climbing and the first thing they might visualize is the colorful, plastic hold-covered indoor walls that many are familiar with. But if the person you're asking happens to be a passionate climber the story begins elsewhere.

Even though the history of climbing dates back a little bit further—John Muir is a name you'll hear often in the climbing community—the cannon of modern climbing culture was kick started on the floors and on the walls of Yosemite Valley during the golden years of the 1970s and 80s.

But even before that, Camp 4 was the place where Yvon Chouinard, founder of Black Diamond Ltd and Patagonia, first began selling equipment in the 1950s and 60s. Along with Chouinard, Royal Robbins and other "old school" climbers were the first to put up many of the Valley's first ascents on iconic big walls such as El Capitan and Half Dome.

This opened up the opportunity for a group called the Stonemasters, who opted not to use a lot of the previous generation's heavy protective equipment, to popularize the modern form of rock climbing. They were the original dirtbags, a once-derogatory term for climbers who lived cheaply, scrounging food and often camping illegally in order to avoid the nine-to-five and climb as much as possible.

Many are not interested in that extreme end of climbing culture, and with the rise of the



Gustavus Sports Information

With winter around the corner, demand for indoor activities increase. A rock climbing wall can be found in Mankato, only 15 minutes south of St. Peter.

climbing gym, one doesn't even need to leave the city in order to get in a good climbing session. The indoor gym has proven appealing, causing sport climbing to boom in popularity over the past few years.

Greg Thomsen of Adidas Outdoor, quoted in an Outside Magazine article, says "... [G]ym climbing has a very strong growth rate. Something like 1,000 people a day are starting to sport climb, according to our research."

Climbing gyms allow people who are from places like Kansas, Iowa, and Minnesota--to get into a sport once reserved for those fortunate to live out in (or persistent enough to move to) places like Utah, Wyoming, Colorado, and California.

Of course, don't take my word for it. In an interview with one of his sponsors, professional climber and sport climbing icon Chris Sharma has this to say about his own gym, Sender One: "It's definitely something I feel super connected to, to start other facilities to promote climbing and get people involved with it. It's such a positive and healthy activity."

In other words, climbing gyms are often where more seri-

ous climbers share their passion with others. They are places for the diffusion of climbing knowledge and culture, with great responsibility to send newly-minted climbers out into the world climbing safely and in ways that don't degrade the natural environment.

So why are people trying out this sport in such large numbers? Dedicated climbers often have very philosophical reasons for sticking with the sport. Getting outside and away from the craziness of modern life is also an often-cited justification. Some people are just adrenaline junkies.

But in the relative safety of the gym environment, people go for a fun and unique workout. Climbing requires the exercise of full-body strength. The first piece of advice a new climber will hear is probably, "Use your

legs more." While climbers are known for their developed upper bodies, much of the power comes from the legs.

In fact, climbing is also an aerobic activity. Jill Lee, writing for the Livestrong website, cites a study in 1997 that found "...the heart rate and energy expenditure levels of 14 experienced climbers while climbing on an indoor wall were similar to running at a moderate pace of between eight and 11 minutes per mile."

But you don't have to be an experienced climber to get that kind of benefit. If you like to think of your workout in terms of calories burned, the same article mentions that a half-hour of climbing will burn about 300 calories.

If you're interested in trying it out, one great option for climbing near St. Peter is the wall at

Minnesota State University in Mankato. While smaller than Vertical Endeavors in the Twin Cities, it has enough options to keep me busy week after week, and I can personally vouch for the facility.

For people new to climbing, the staff is incredibly helpful. They'll even belay you. But for those who are nervous about their safety being in the hands of someone they aren't familiar with, there are auto-belayers available. A day pass is only \$12, with the option to rent shoes and a harness.

Other pricing information and opening times are available on the MSU Mankato website. Keep in mind for your first visit, however, that you'll need to fill out a waiver and go through orientation. I hope to see you out there. Climb on!

## Senior Spotlight

*This recurring segment will highlight a senior Gustavus athlete each week.*

**Q: What are your expectations for the upcoming season?**

A: We have an extremely talented team. We have so many quality players that we can utilize each and every game, which makes us a very dangerous team. With that said, anything less than a Final Four appearance in the NCAA tournament would be a bit of a disappointment. I think most of us expect this from our team and believe it can be accomplished.

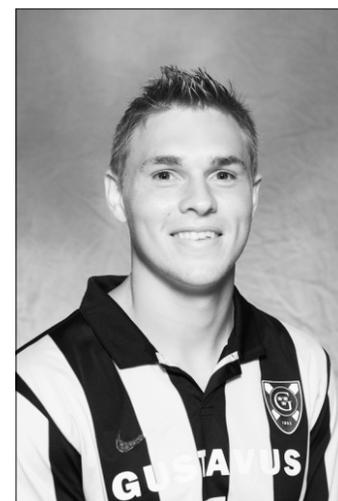
**Q: What is your best athletic memory?**

A: My best memory would be

defeating St. Scholastica in the first round of the NCAA tournament last season. It was an exhausting game and continued into overtime until Patrick Roth decided to score us the game winner. We sprinted towards the crowd and slid head first in the mud and rain. It was an experience that no one on that team will soon forget.

**Q: Why would you recommend Gustavus?**

A: For me, it's incredible knowing that my professors are more than willing to provide me with help and really care about my future. Gustavus offers countless activities where students can get involved and have a fantastic college experience. As students, we have pride in Gusta-



**Ryan Tollefsrud**

*Men's soccer - the striker from Spearfish S.D. begins his fourth year as a Gustavus student-athlete.*

vus and make it a community worth joining. I have loved making so many friends here at GAC and couldn't imagine it any other way.

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# Men's golf tees off with high expectations for the season



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Captain Ben Elvestrom strikes an iron off the fairway. "We graduated five seniors last year who were all contributors but we have five new faces this year and they can all play," Elvestrom said. The team is preparing for the tournament at Saint John's University this weekend.

**Haley Bell**  
Staff Writer

The Gustavus Adolphus Men's Golf Team began its 2014 fall season with a 286-296 loss to Minnesota State University, Mankato in a dual that took place on the afternoon of Wednesday, Sept. 3, at the Le Sueur Country Club.

The Gusties then competed on Sunday, Sept 7, 2014 at the Augsburg College Fall Invitational. The team finished with 307 in the opening round and ended the weekend with a score of 609 (+33).

*"Our bad shots need to be minimized and we need to do a better job of getting up and down."*

—Scott Moe

Leading the Gusties at the invitational was Junior Matt Spier, shooting a 7-over-par 79 on the first day, and a 1-under-par 71 on the second. Spier tied for 15 with a 6-over-par 150. Following Spier, both Junior Andrew Brandt and Freshman Chris Captain landed 25 with 8-over-par.

Coming off their first tournament, the men are looking to improve for the Saint John's University Invitational. The Invite will be held Saturday, Sept. 13 at GreyStone Golf Club in Sauk Centre and on Sunday, Sept. 14 at Blackberry Ridge in Sartell.

While looking forward to the invitational ahead of them, the Gusties are not forgetting about the conference play ahead of them.

"Our bad shots need to be minimized and we need to do a better job of getting up and down. Converting on good shots will result in low rounds, which will be needed in our tough conference," Coach Scott Moe said.

With many of the upperclassmen of the team graduating this past year, the squad now consists of many young and talented men. The team is excited to watch the young athletes improve and gain experience in college golf.

"Every week is something new, watching them develop is exciting, and watching them enjoy

success and see the results is very rewarding," Moe said.

Admitting that the team had lost some talented players, Captain Ben Elvestrom still has high hopes for himself and his teammates this season.

"We graduated five seniors last year who were all contributors but we have five new faces this year and they can all play. Although MIAC golf is always competitive, we have enough talent and experience to take the title this year," Elvestrom said.

Spier agrees with Elvestrom

and commented that he has faith in his team and believes they are capable of leading the MIAC this year. With all of the effort the team brings to the green, the team is expecting nothing less than improvement.

"Everyday at practice we all strive to play better golf. Whether we are on the practice range for a couple hours or playing, we take our day serious and are hoping to put up good numbers in the weeks to come," Spier said.

## SPORTS SCHEDULE

### Friday, Sept. 12

Volleyball hosts Gustavus Invitational

Men's Soccer hosts College of St. Scholastica

### Saturday, Sept. 13

Volleyball hosts Gustavus Invitational

Men's Golf at Saint John's University Invitational

Football @ Lake Forest College

Women's Soccer @ UW-Eau Claire

### Sunday, Sept. 14

Men's Golf at Saint John's University Invitational

Women's Golf @ O'Brien Invitational

Men's Soccer hosts UW-Oshkosh

### Monday, Sept. 15

Women's Golf @ O'Brien Invitational

### Wednesday, Sept. 17

Men's Soccer hosts Carleton College

Women's Soccer @ Carleton College

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## Men's cross country sets tone for season early

**Erika Clifton**  
Features Editor

The men's cross country team has seen a lot of improvement since the season started in August. Last season, the team welcomed a large group of runners to the team. With these now-experienced runners, the team has a positive outlook on their season.

"The team is looking good this year. We are a pretty young team but we have some strong talent. The team's goals for the season are mainly to do the little things that will keep us healthy all season and to get us where we need to be by the conference meet. As far as Conference goes, we are shooting for a top five finish this year because the MIAC is a really strong conference, with the returning National Champs—St. Olaf—and other really strong teams," Junior Nate Hanson said.

With so much to look forward to this season, the men's team has their sights set on improving upon their Conference performance from last season.

"Last year, we had a lot of our top guys injured at Conference and so we didn't do as well as I think we could have. But this



The Gustavus men's cross country teams has had a strong showing at each of the two meets so far this season. Gustavus Sports Information

year we are changing our training a little and really emphasizing how to take care of ourselves so we don't get hurt later on in the season, so I think everyone is pretty optimistic about how we will perform this year," Hanson said.

Even though they only have two meets behind them, the team has already exhibited their talent and the men are just starting to realize how much

potential they have.

"Our first meet went really well. It was our Alumni meet—the Gustie Invitational—and the alumni always have a strong showing, which makes them really hard to beat. But we were closer to beating them this year than we have been in previous years. Sophomore Thomas Knobbe took the win in the race which was really exciting for the whole team," Hanson said.

Last week-end, the team traveled to Pella, Iowa to compete in the Central Dutch Invitational. They placed third out of seven teams. It was their first 8k length race of the season.

Success has been apparent in the preseason training and in their first couples races.

Returning teammates have noticed huge differences since the season started.

"Preseason was awesome this year. A lot of guys put in a ton of mileage over the summer so it was fun to see some huge improvements from last year in our preseason workouts. This is definitely the most committed and focused I've ever seen the team in my four years at Gustavus," Senior Captain Matt Carlson.

The team may be showing

improvements, but they are also staying focused on their Conference goal. Having a younger team hasn't hurt their progress—if anything it's made the team stronger, according to Head Coach Dale Bahr.

"We're really at a turning point this season with the men's team. Last year we brought in a lot of talented First-years, which was great, but this year they have really stepped up and taken on some more of the leadership roles, which will only help the team," Bahr said.

"This year's team is pretty young but we've got a solid group of Sophomores that adapted extremely well to college running last year and they're looking to make some big strides this season and help lead our squad. I think with the amount of work that everyone put in over the summer and all of the energy and excitement that I've seen during the beginning of the season, we have the potential to have a very successful season," Carlson added.

The next two weeks provide time for the team to log more miles, hard workouts, and training in time for the St. Olaf Invitational, which will be held on Saturday, Sept. 20.

## Feature Photo: Football opens season with a 44-17 win over Crown College



Gustavus Sports Information

Junior wide receiver Matt Boyce caught nine passes for three touchdowns and 146 yards in Saturday's game. The Gusties beat Crown College 44-17 to kick off their 2014 season.