

THE GUSTAVIAN WEEKLY

Black history at Gustavus remembered
p. 6-7



Established 1891

February 15, 2013

weekly@gustavus.edu

Issue 13

Clark Johnson wins special election with help from the 'Gustie vote'



Governor Mark Dayton (far left) and Congressman Tim Walz (far right) provide support for Clark Johnson (center), recently elected to the Minnesota House of Representatives.

Linnea Moat
Sports & Fitness Editor

In the House District 19A special election, Clark Johnson's victory all came down to the "Gustie vote." When Minnesota State Representative and Gustavus Professor in Communication Studies Terry Morrow resigned, a special election was held to fill his seat in the House. After battling through an expedited campaign, the candidates and their constituents watched the election results come in on Tuesday night.

GOP candidate Allen Quist and DFL candidate Clark Johnson were neck and neck in the results until the numbers from the Saint Peter precinct came in. After that, Johnson emerged as the clear winner and ended up winning the election with 53% of the vote. Quist received 36% of the vote, and the Independent candidate, Tim Gieseke, received 10% of the vote.

"Prior to the election, there were a lot of people who were saying that the Gustie vote wouldn't matter because students were just getting back from break and wouldn't be motivated to go vote. But when the votes came in from our precinct on Tuesday night we had a majority of votes for Clark. That is really what boosted him up in

the polls. Gustavus definitely did make a difference, and we made our vote count," President of the Gustavus College Democrats Megan Nelson said.

The Gustavus Democrats have been working hard over the past month to raise awareness not only about the DFL candidate, Clark Johnson, but also about the fact that an election was happening.

"It was definitely different than the general election. It seemed like a lot of people didn't understand what a special election was, so it was critical to try to reach out to them and tell them why it was important," Nelson said.

"I will work hard for you, I will work hard with you, and I really believe that together we can create a brighter future for all of MN."

—Clark Johnson

On Monday night, the Gustavus Democrats hosted an on-campus rally for Clark Johnson, featuring Governor Mark Dayton and Congressman Tim Walz. At the rally, Johnson, Governor Dayton and Representative Walz all spoke about why Johnson should be the next state representative from district 19A.

"This is an important election. This election isn't about me, or what people think about my policies, this is about what's best for the people of Minnesota. This is about your future, about the future of the citizens of District 19A, and about the future of Minnesotans. Clark

is the candidate who is going to do what is best for this district and what is best for the state. You might think that this election doesn't matter, but it matters a lot. If you believe in a fair tax system, if you believe in funding for education, then Clark Johnson is your candidate," Governor Dayton told the crowd on Monday.

"Because the seat was vacated we have to have a special election, but this is a special election because it is a special opportunity. This legislative session has the opportunity to really change Minnesota. I want you to know that I will listen to you, I will learn from you and I really want you to understand that I will work hard. I will work hard for you, I will work hard with you, and I really believe that together we can create a brighter future for all of MN," Johnson told supporters at the rally.

Deputy Campaign Director and Gustavus Senior Karla Leitzman has a variety of reasons for supporting Clark Johnson, but says she is especially excited to see how he approaches the topic of same-sex marriage while in the legislature.

"Clark mentioned at the rally that he really believes in marriage equality. With Minnesotans voting no on the marriage amendment in November, they've really been able to keep

the momentum going and now supporters in Congress are writing a bill that would legalize same-sex marriage within the state. Since Clark [Johnson] won, I'm really enthused to see how he pushes for that because he has made it clear that it is one of his objectives," Leitzman said.

Both Leitzman and Nelson said that mobilizing the Gustie vote was essential to winning in the special election. They both credited the Gustavus Democrats' ability to mobilize Gustie voters through publicity, phone-banking and the rally for Johnson's victory.

"I think that even if people didn't go to the rally, just knowing that Governor Dayton and Congressman Walz were here to support Clark [Johnson] sent a huge message saying these two great politicians were here to support our new state representative," Nelson said.

"I'm really excited to see what happens because Clark [Johnson] is very optimistic, and I think he will do a lot of really great bipartisan stuff when he gets to St. Paul. I truly believe that Clark wants what is best for this state and for this country and therefore will be a really great representative for Gustavus and for all of district 19A," Leitzman said.

Alcohol and Drug policy change

Haley Bell
Staff Writer

Adjustments have been made to the guidelines for students that violate Gustavus' alcohol and drug policy. Changes were made to the Minimum Sanction Guidelines in the Gustavus Guide. These guidelines provide consistency to hearing officers while also giving each case individual attention.

"Originally, when a student was found responsible for a Level III alcohol violation, they were charged a \$250 fee for an Alcohol and Drug Assessment with a local agency. However, we recently hired Tricia Frederick to replace Janet DeMars, who was in charge of our High Risk Drinking Initiative," Assistant Dean of Students Pete

Meagher said.

Ms. Frederick is a licensed alcohol and drug counselor that can conduct an Alcohol and Drug Assessment, eliminating the \$250.00 fee that has been charged previously.

Pete Meagher, at the direction of Dean of Students JoNes VanHecke, pulled together a group of faculty, administrators and a student representative to discuss any possible changes.

"Pete Meagher pulled together the group to discuss what, if any changes should be made to the minimum sanctioning guidelines in light of the fact that the actual cost of an alcohol assessment was going from \$250 to \$25 with the hiring of Tricia. That group met and decided on the changes that Pete then sent to all students via email on Feb. 4," VanHecke said.

The fine was consistent with the other fines in the Minimum Sanction Guidelines. The Alcohol and Drug Advisory Committee chaired by Judy Douglas also reviewed the suggested changes and supported the change as well.

The small change will only affect around 20 students each year and is an overall improvement as an in-house Alcohol and Drug Assessment is more convenient for students and easier for staff as well.

"In the past, we worked with an agency in St. Peter called CARE, and the student was charged \$250 to have an assessment done. With Tricia working for the College, she is able to do the assessments for students herself and thus the cost is only \$25," VanHecke said.

The Gustavian Weekly Staff

Kate Plager Editor-in-Chief
 Ben Miller Managing Editor
 Tram Bui News Editor
 Beth Schmidt Arts & Entertainment Editor
 Chelsea Johnson Features Editor
 Kristina Erickson Opinion Editor
 Justin Feit Calendar Editor
 Linnea Moat Sports & Fitness Editor
 Renée Hoppe Asst. Sports & Fitness Editor
 Mara LeBlanc Photography Editor
 Vinny Bartella Asst. Photography Editor

Aaron Albani Copy Editor
 Anne Casey Copy Editor
 Rebecca Hare Copy Editor
 Nick Hamberg Web Editor
 Anna Pinske Business Manager
 (position available) Distribution Manager
 Kyle Thelemann Advertising Manager
 Blake Van Oosbree Graphic Designer
 Hayley Frederick Asst. Graphic Designer
 Sydney Seewald Staff Cartoonist
 Glenn Kranking Adviser

Published weekly on Fridays, except during academic breaks, by the students of Gustavus Adolphus College. Subscriptions are available from THE GUSTAVIAN WEEKLY for \$40 per year.

Opinions expressed here in are not necessarily those of the institution or of its student body. The editors assume full responsibility for editorial and unsigned material.

Letters to the Editor can be sent to lettertotheeditor@gustavus.edu.

If interested in publishing an ad, please contact our ad manager, Kyle Thelemann, at admanager@gustavus.edu

50¢ First copy free

Email: weekly@gustavus.edu

Web site: weekly.gustavus.edu



Campus Safety Report

Saturday, January 26

- Two students on college grounds were cited by Campus Safety for underage consumption of alcohol. One student was cited by Campus Safety for underage possession of alcohol.
- Collegiate Fellows and Campus Safety responded to a noise violation and alcohol violation in North Hall involving six students.

Sunday, January 27

- Four non-students were trespassed from campus. Two non-students were cited for public drunkenness of age and one non-student was cited for simple assault in North Hall.
- Campus Safety responded to an acci-

idental fire alarm in the Peterson House. Two students were cited for a College policy violation.

- Collegiate Fellows responded to an alcohol violation in the Carlson International Center involving one student.

Monday, January 28

- Campus Safety investigated vandalism to a College-owned vehicle.
- A Gustavus student reported vehicle vandalism in the form of a bias incident in the Sorensen parking lot.
- Campus Safety responded to a medical assist in the Lund Center.

Tuesday, January 29

- A Collegiate Fellow responded to a noise violation in Norelius Hall involving one student.

Thursday, January 31

- Collegiate Fellows responded to an alcohol violation in North Hall.

Friday, February 1

- A student was cited by Campus Safety for underage consumption and underage possession of alcohol in Norelius Hall.
- A Campus Safety Officer responded to a fire alarm at Pittman Hall. A sprinkler head discharged causing water damage.

Saturday, February 2

- Four students in Uhler Hall were cited by Campus Safety for a drug/narcotic violation.

Tuesday, February 5

- A Collegiate Fellow responded to a noise violation in Norelius Hall.

Saturday, February 9

- Six students in Gibbs Hall were cited for drug/narcotic violations and two students were cited for drug equipment violations. Campus Safety responded to a medical assist involving one student.

Sunday, February 10

- A Collegiate Fellow and Campus

Safety responded to a noise and alcohol violation in North Hall involving two students.

- Campus Safety investigated a one-car motor vehicle accident with damage to a light pole at the corner of College Ave and Campus Drive.

Tip of the Week:

If you have not already done so, please enter or update your contact information in Gustavus's password-protected emergency communication database: <https://gustavus.edu/go/emergency>

In the event of a campus emergency or when communication with you is imperative, Gustavus may seek to contact you through email, text, and/or telephone messages.

So that you can receive these messages as quickly as possible, please provide your contact information. Information that is marked as private will only be used by the College to communicate with you and will not be made available to any third party.

You may help save crucial time and more quickly receive vital information by providing your contact information and updating it whenever there are any changes.

If you have questions about the emergency communication system or alerts, please contact Campus Safety Administrative Assistant Lisa Octigan, eoctigan@gustavus.edu.

Godfather's Pizza

PHONE: **507-931-6140**

6 Inch Pizza & Drink \$4.99

FREE Party Rooms
Nightly Specials / Value Deals
FREE WiFi
Daily Lunch Buffet

Receive Hot Specials
 Via Text Message!
 Text: **gopizza** To: **69302**

ORDER ONLINE
www.Godfathers.com

225 SOUTH MINNESOTA, ST. PETER

Da Mob's Daily Lunch Buffet
 Includes Pizza, Salad Bar, Desserts & Pop
\$.50 Off Lunch Buffet
 Coupon #119

Get Wise. Don't Compromise.
 Quality & Abundance
 It's the Godfather's Guarantee.

\$4 Off Jumbo Pizza Coupon #160
\$3 Off Large Pizza Coupon #122
\$2 Off Medium Pizza Coupon #123
\$1 Off Small Pizza Coupon #124

Offer good with this coupon through 5/31/13 at participating locations. Not valid with any other coupon or special offer.

STUDENT SPECIAL!
 \$5 All You Can Bowl

LIKE US ON FACEBOOK

WI-FI AVAILABLE!

WED NITES 9PM-CLOSE

CHECK OUT OUR NEWLY REMODELED BAR-N-GRILL!

KINGPINS

Contact: 507-934-KING 1671 S. 3rd St, St. Peter

I Am We Are discusses taboo subject of 'sex' on campus

Tram Bui
News Editor

Presented in a straightforward and unabashed way, social justice theater troupe I Am We Are is bringing the touchy topic of sex to students on campus.

Publicized as, 'the sex-talk you never had,' the half-hour long show will feature a variety of skits, monologues, dialogues, poetry and conversations expressing a multitude of emotions. Traditionally, the I Am We Are cast draws from personal experiences or the experiences of close ones.

"It's been an intense creative process. We began at the end of fall semester until now sharing stories, more or less, and trying to figure out how to shape those stories into something that is accessible to the audience and send some larger messages as to how sex exists on this campus and in our society," Senior I Am We Are member Alex Christensen said.

The I Am We Are "Sex Show" will take place Friday, Feb. 15 in Alumni Hall at 7:00 p.m.

"The show is going to be really fun. It's going to be everything that sex is: awkward, weird, embarrassing, fun," Senior I Am We Are member Dan Burnett said.

The particular subject of sex has been a topic that I Am We Are had been hoping to address fully for quite some time. The group was asked by some administration members to refrain from discussing sex during the first-year orientation performances of *E Pluribus*. This decision did not sit well with many

students, faculty or alumni.

"Basically, the administration felt that sexual assault was already dealt with [by other parts of orientation] and they didn't want to overwhelm first-years," Senior I Am We Are member Karla Leitzman said.

From this, I Am We Are created a show discussing experiences with sex. They are striving to strike the balance between discussing the lighter side of sex to specifically addressing the darker, heavier side of sexual assault. For many people, the topic of sex is often still regarded as taboo or uncomfortable to discuss. This stigma, coupled with both reported and unreported sexual assaults that have occurred on campus in recent years, has made the topic more important than ever to discuss.

"Some people had been hurt by the visceral nature and [the emotional intensity of the show], but we had a really great discussion with JoNes and created a sex show, and one of the major themes of it was the idea of 'the talk.' Sex is something we talk about every day. It is something we think about every day. We are bombarded with images of it every day," Burnett said.

"The element of the show that will come out very early is the notion of 'the talk,' when your parents sit you down and discuss sexual experiences in a responsible, appropriate manner," Christensen said.

"I think that's a naïve notion because it's such a different open-ended experience. What we really want to do is expand the discussion. The content of the show is aimed at providing windows into a whole variety of



Submitted
Both the Counseling Center and SART will be present at the show to provide support and answer questions.

experiences about sex," Christensen said.

"Many groups on campus are showing support and have an emotional investment in the show. Usually we talk about sex during *E Pluribus*, but since it has been strictly for first-years, we're excited to reach out across campus," Junior I Am We Are member Tristan Fernstrom said.

"I really hope that people will learn things that they didn't know before and find answers in the pieces that we will do. Hopefully, they'll find out that

they're not alone," Fernstrom said.

The Alpha Sigma Tau Sorority, whose philanthropy concerns sexual assault and domestic abuse, will be providing publicity and co-sponsoring the event with I Am We Are.

"We want to reach as many people as possible. I Am We Are has had a great fall semester performing *E Pluribus* at orientation and for the Board of Trustees. Now we're headed into the sex show building momentum for Building Bridges,"

Leitzman, who also serves as Alpha Sigma Tau Philanthropy Committee Chair, said.

"I think that we use theater in a particular way and when we are putting these topics on, it's happening peer-to-peer and we hear first-hand stories. It's very intense, but the intensity and difficulty of the subject shouldn't prevent us from having these discussions," Senior I Am We Are member Julia Tindell said.

Investment club enables students to interact with stock market

Ben Miller
Managing Editor

The Gustavus Investment Club which was founded thanks to a large alumni donation, allows students to actively engage with the stock market. This club, which now maintains an active roster of over

20 students, primarily seeks to educate its members on the opportunities and risks involved in the domestic stock market, while also allowing its members to actually interact with the stock market, through the initial donation they received.

According to the club's website, they promote "a mature understanding of the market

that is underpinned by critical and disciplined thinking." The club is currently up to \$135,000, and all of the profits are donated to the College Scholarship Fund.

Members of the club stress the importance of learning to invest.

"All Gusties should know the importance of investing," Junior Economics Major and the club's Vice President of Education, Austin Wentzlauff said. "All Gusties will almost certainly be involved in investing one way or another at some point in their lives. For most of us, some important investing decisions will come within the next couple years, when we have to answer questions such as 'What mutual funds should I pick for my 401k?' or 'How much of my income should I contribute to my retirement each month?' Learning even the basics of investing will go a long way when we are faced with difficult investment decisions."

"Our average meeting usually goes from market news to our educational element and then to looking at stocks to add to our portfolio or reevaluating the stocks that are currently in

our portfolio," the club's Vice President of Operations, Bruce Quiram said.

"Knowing the importance of investing is important for everyone whether you are an economics/management major, or an art major because at some point in your life you will need the tools to invest," club member Eric Thorn said.

"Gusties should be aware that the younger they start saving and investing, the greater the returns they can experience."

—Bruce Quiram

"Being in Investment Club allows members to gain real investment experience without the level of risk that they would take on their own," Wentzlauff said. "Investment Club gives everyone a chance to pick an investment and watch it over a period of time. This allows them to learn from their mistakes without losing any of their own money, and it also gives them an

opportunity to become a better investor by realizing why the investment they chose did so well and how they can find another successful stock in the future."

"Investing and saving is a way for someone to benefit his or her future," Quiram said. "Gusties should be aware that the younger that they start saving and investing, the greater the returns they can experience compared to if they wait until they are older. This is due to the power of compounding."

"The club is open to all majors and everyone is welcome to come. No previous investment knowledge is needed. Our first meeting of the second semester is Tuesday, Feb. 19. It is never too late to join. The officers of the club are willing to stay after the meeting time to help out individuals with questions that might not be covered in the club. We do our best to keep everyone on pace and make sure no one falls behind," Wentzlauff said. Students can also visit the Investment Club's website at sites.google.com/a/gustavus.edu/gustavus-adolphus-college-investment-club/home.

GUSTIE *of the* WEEK

— Lindsey Hjelm

Beth Schmidt
A&E Editor

On the ice she holds the most penalties at Gustavus, but after she takes off the helmet, Senior Lindsey Hjelm warms hearts and inspires kindness.

Lindsey has played competitive hockey since high school. She has made herself known on the ice, being named Gustavus' January Student-Athlete of the Month, the MIAC Women's Hockey Athlete of the Week and scoring her first career hat trick on Jan. 26, 2013.

"I pray a lot about the balance that I need to keep my schedule under control. I have learned a lot about time management and organization, and when I am peer mentoring I love that I have the chance to encourage others that they can do what they set their mind to, that they can reach for something better."

— Lindsey Hjelm

"Lindsey is extremely competitive and plays with a chip on her shoulder, but at the same time is a compassionate and caring teammate," Head Women's Hockey Coach Mike Carroll said.

Having the opportunity to get to know her twenty-four teammates has given Lindsey another group of friends to call family.

"It has been really great to get so close to my teammates. As a senior this time around I have enjoyed the chance to help and support the underclassmen with both hockey and academics," Lindsey said.

The women's hockey team is undefeated, with one game ending in a tie. Lindsey has ten goals so far in the season, and she is looking forward to the rest of her senior season.

"I admire Lindsey for all the different organizations, groups and activities that she is involved in besides hockey. On top of that she is a very talented student that takes no short cuts in getting great grades," Carroll said.

Off the ice, Lindsey is a pre med biology major with minors in studio art and religion. She is studying for the MCAT to reach her goal of going to med school. She is a member of Tri Beta, Fellowship of Christian Athletes and Guild of Lucia as well as a Gustie Greeter and a Peer Mentor for biology and chemistry.

Alongside a full class schedule and the time commitments with organizations, Lindsey spends two days lifting and two to three days doing yoga with teammates. With games on the weekends, the women also practice two hours each day.

"I am impressed in her priorities; academics come first. Lindsey's work ethic includes organization, perseverance, de-

termination and responsibility," Lindsey's advisor and Professor in Biology John Lammert said.

"I pray a lot about the balance that I need to keep my schedule under control. I have learned a lot about time management and organization and when I am peer mentoring I love that I have the chance to encourage others that they can do what they set their mind to, that they can reach for something better," Lindsey said.

Faith plays a huge role in Lindsey's life and joining the Fellowship of Christian Athletes gave her a support group with the same beliefs and goals.

"Being able to glorify God through athletics is wonderful because it is such a big part of my life. I am trusting that there is a plan because of how faithful God has been to me," she said.

Lindsey is leaving a mark of sincere passion and deep relationships with the people she meets inside and outside of Gustavus. Meeting people from different backgrounds has given Lindsey many great relationships that she is grateful to have.

"I want to be able to serve people through medicine. Paying it forward and helping others is very important. There is so much life to discover and I hope to plug into communities and learn about other people," Lindsey said.

"Lindsey is 'real' in everything she does. Her character, energy and integrity are always evident," Lammert said.



Being a college athlete takes a lot of discipline and Senior Lindsey Hjelm has learned how to balance her hockey and academic life with time management and organization skills. Mara LeBlanc



Mara LeBlanc



She may be intimidating on the ice but one look at Lindsey's smile shows how caring and compassionate she truly is. Mara LeBlanc



When Lindsey isn't on the ice she is busy studying for the MCAT to pursue her goal of going to med school. Mara LeBlanc

The Government Inspector Makes Way for a Russian Revolution



Sandy Xiong
Staff Writer

Set at the turn of the Twentieth century, *The Government Inspector* promises to entice audience members with an entertaining adaptation of Nikolai Gogol's satirical play.

The Government Inspector takes place in a small, rural town in Russia, where corruption brews in every crevice of the population, with most businesses, hospitals and merchants operating through bribery and dishonesty. Inviting trouble to this storyline, an incognito inspector appears on the scene to observe this corrupt lifestyle.

Directed by Assistant Professor in Theatre and Dance Henry MacCarthy, *The Government Inspector* is adapted from its nineteenth century origins to be accessible to contemporary audiences. Fast-paced and edgy, the show is meant to shine a light on Russian history and literature, and do so through a humorous lens.

"It's a comedy, first and foremost," MacCarthy said. "We wanted to make sure we kept that comedic spirit throughout the entire play. It's also a comedy of errors—mistakes are made that propels the actions forward."

In this farce, no single character is safe from being ma-

nipulated by the system of corruption that is rampant in the small town.

Students involved in the play have been intensively working all throughout January Interim to make the play a success. Rehearsing several hours a day, five days a week, the large cast has not been short of hard work.

"We're just starting to get the feel of everything," Junior Theatre Major Comfort Dolo (playing the role of the Mayor's wife) said. "We have a lot of new talents here; a lot of unfamiliar faces, and we're just beginning to see what people are bringing into every role."

As part of the largest cast that MacCarthy has ever directed at Gustavus, he's had many characters to work with. Also working closely with each cast member is Costume Designer

and Junior Theatre Major Jessica Van Kempen.

"After a lot of design conversations, we decided to appeal to the darker, realistic comedy side of the farce," Van Kempen said. "Usually you see exaggerated costumes to emphasize how ridiculous it is. We decided to go more military, classic Russian in a sense of realism instead."

Not wanting to draw attention away from the dialogue, Van Kempen has been designing costumes carefully to suit the needs of the play while maintaining as much historical accuracy as possible.

"It's a period show set at the turn of the century, and because of that, I've had to think about when zippers were designed, researching buttons and how rural Russia was dressed in this time period," Van Kempen

said.

Anticipating the production of this play for a while now, MacCarthy is enthusiastic to present this unique play to Gustavus.

"Even though it's an adaptation, the spirit of the original is kept intact," MacCarthy said. "The highlight of this show is that it's a comedic piece from the Russian repertoire. It's important that students are exposed to plays and writers across the globe and from a different time period."

The Government Inspector will be presented in Anderson Theatre Feb. 21 through Feb. 23 from 8 to 10 p.m. and Feb. 24 from 2 to 4:30 p.m. Tickets are free for Gustavus students and staff; available at the Students Activities Office or online at gustavustickets.com.



The Government Inspector, a play about turn-of-the-century Russia, is the first theatre production of spring semester.

Submitted

Do yourself a favor this weekend by seeing *Wreck-It Ralph*



Aaron Albani
Copy Editor

Wallenberg Auditorium will need additional seating this weekend to fit each and every Gustie running to see the best recent animated feature to hit the box office.

Wreck-It Ralph takes place in an arcade. More specifically, it takes place within all of the games populating the arcade. It's got all your favorites: *Dance*

Dance Revolution, *Pacman* and the like. When the lights go out at night in the arcade, the characters are free.

With no childish children to command their every movement, they're able to run and jump as they please; as long as they're back in their respective games by the time the arcade opens the next day, or the game will be out of order and unplugged.

Ralph's game, "Fix-It Felix," is comprised of Ralph systematically destroying a penthouse with various inhabitants, followed by Felix and his magic hammer systematically repairing everything Ralph has wrecked. By the end of the game, Ralph is thrown from the roof into a pile of mud while Felix is bestowed a medal for his heroism.

The opening sequence, as narrated by Ralph (John C. Riley, *Step Brothers*, *Chicago*), shows

him at a "Bad-Anon" meeting, set up much like Alcoholics Anonymous. The bad guys feel bad for being so bad and so they console themselves with their motto, "I am bad and that's not bad." Ralph, on the other hand—tired of being excluded in the "Fix-It Felix" world, tired of living alone in the garbage while he watches Felix and his friends eat cake—wants a change.

Crashing the "Fix-It Felix" 30-year anniversary party, Ralph tries to make some friends and get himself a piece of cake. Shunned from the festivities, Ralph is determined to leave the game and not return until he has a medal of his own to prove his "goodness." But he won't find a medal in his own game—oh no: he'll travel to far and distant digital worlds until he earns the medal he so craves.

And so Ralph's adventure begins. He meets pals along the

way (enter the voices of Sarah Silverman, *School of Rock*; Jack McBrayer, *30 Rock*; Jane Lynch *Role Models* and Alan Tudyk, *Dodgeball*) and is discriminated against in every game he enters. He finally ends up in "Sugar Rush," a racing game in some candy land, after crashing a space ship from "Hero's Duty."

In "Sugar Rush" he meets Vanellope, who steals his medal to pay her way into the next race. Thus spurs tension not only between Ralph and his thief, but also everyone else in "Sugar Rush" and the whole of the arcade galaxy.

I realize the happenings of *Wreck-It Ralph's* plot are difficult to put into concise abbreviation while still doing it justice. What I can tell you about this particular cartoon film is that it is unexpectedly funny, delightfully whimsical and won't disappoint the average moviegoer. I've heard from sources that they

would watch it day after day due to its pleasing charismatic and cute characters.

If you're not one for happy endings, cuteness, John C. Riley, laughter or arcades, then I would tell you to see it anyway because I'd wager *Wreck-It Ralph* will change your heinous preferences. I present four and a half stars out of five.



Show Times

8:00 p.m. Friday Feb. 15

8:00 p.m. Saturday Feb. 16

2:00 p.m. Sunday Feb. 17

All shows in Wallenberg Auditorium

remembering our past to shape our future

BLACK HISTORY MONTH 2013



Gustavus Adolphus College Archives
Gustavus cheerleaders cheer at a football game against St. Johns.



Gustavus Adolphus College Archives
BSO members come together in Co-Ed for thanksgiving celebrations.



Gustavus Adolphus College Archives
A group of students from the BSO stand together for a picture.

135E Alhambra Street S. W.
Atlanta, Ga. 30310
July 30, 1974

Dear Perspective Freshman:

We understand and are pleased that you have expressed an interest in attending Gustavus Adolphus College. By this time, you should have received some information about Gustavus from the admission office. If not, please contact them immediately.

We feel that in the interest of providing you with another aspect of our campus, academic information and in order, to see the Black Student Organization (BSO), as an organization, we wish in the interest of providing the perspective through for only in the Black Society. There is a non-profit, student funded organization, which seeks to create those social and cultural elements that are missing from the subjectively white community of St. Johns.

In recent years, the BSO has had the honor of having well known Black political and social figures such as Riala Cleveland, Edith Gregory, Ralph Abernathy, John Lewis and others to visit Gustavus and participate in our numerous functions.

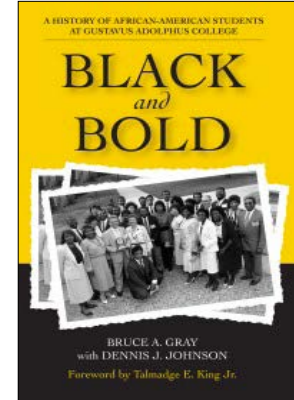
This past year, our organizational body consisted of leaders from all over the nation and the world, representing approximately 1200 members.

We are very excited that you have shown an interest in attending an institution which possesses the challenge that Gustavus presents. It has been often said that St. Johns represents a social society with great potential for change, and this is what we are about.

There is the struggle for peace, love and freedom.

Gustavus Adolphus College
Black Student Organization
Thomas S. G. Goveaux, Coordinator
Riala Cleveland, Co-coordinator

Gustavus Adolphus College Archives



Left: The members of the BSO were avid recruiters and often called, sent letters, and hosted perspective African American students. This letter was sent to potential students and members by the BSO. Below: A shot of one of the actors practicing for their next performance. Top Right: Bruce Gray's book about African American Students at Gustavus titled Black and Bold. The book is available at the book mark for \$17.



Gustavus Adolphus College Archives

Chelsea Johnson
Features Editor

A Call For Justice

"There is a possibility we have waited too long to give justice and freedom and equality to the oppressed races of the world."

The words of our ninth Gustavus president Edgar Carlson ring true today just as they did in 1957. A strong advocate for civil rights that stemmed from his Christian beliefs, Carlson created what is now known as one of the most crucial steps toward civil rights—the Black Recruitment Program.

The vision Carlson had for Gustavus was to expand its field of influence on the world and fight for civil rights by giving African Americans an equal opportunity to higher education. In a time when integration was practically unheard of, the gravity of this vision cannot go unnoticed. Its continuous acknowledgement is something that will help us move forward, just as we did then.

As every February passes, there is recognition of Black History Month—which entails small events or proceedings to honor the day. But during this February, I invite you to look deeper into the history of the college that you love and are a part of, to discover that you are a part of something bigger. To see not only how the actions of our college in history affected African American students, but also how those students have helped us to become a better college and a better community.

The Black Student Organization

During the 1960s, the beginning of active integration on campus, an organization known as the Black Student Organization (BSO) was formed and ultimately expanded into what is now known as the Pan Afrikan Student Organization (PASO). For African Americans on campus, this organization was a way to band together—by performing shows and musicals, promoting awareness weeks and organizing Black History Month activities on campus.

Bruce Gray '61, former Dean of Students and Associate in the Advancement Office, was one of the leaders in the movement to travel the country and recruit African American and non-white students. Working with former Admission Director Owen Sammelson '58, their efforts concluded in the enrollment of approximately 80 minority students on campus during the '60s and '70s. Gray is also recognized for establishing the BSO and serving as their advisor, and has since published a book that tells a history of African American Students at Gustavus, titled



Marketing and Communication
Students Bushra Wahid '13 and Muresuk Mena '13 enjoy dancing during Africa Night in 2012.

Black and Bold.

"Over the years, the group stressed the promotion of black culture which student members saw as their moral obligation to perpetuate and make manifest," Gray wrote.

Although the group was crucial to the efforts of African American inclusion on campus and recruitment overall, there were still difficulties.

"Back then our question was 'How do you engage potential African American students on campus when there's hardly any to begin with on campus?'" Assistant Dean of Students and Director of Diversity and Office of Multicultural Programs Virgil Jones said.

"It was important for blacks to be with other blacks and to bring black voices and culture to Gustavus," Gray said. "Yet it was also important for the black students to take part in the same program and activities in which other students were participating in."

The formation of this group and its continued success as an inclusion effort was one of the reasons the College continues to progress.

"Every non-white student that came here during that time and even comes here now has a different unique experience, and it depends on the Gustavus community to make them a part of it. Redefining what it means to be a 'Gustie' so that everyone in our community feels good about that label," Jones said.

Black and Bold

The College had difficulties recruiting, as expected, but was steadfast in its will to create an equal opportunity for every student who wanted to come to Gustavus, and even sought out applicants. Gray and Sammelson faced the effects of racism and prejudice in their journeys across the country as they traveled from school to school seeking out perspective students.

Although recruiting students was a challenge for Gray and Sammelson, the greater challenge was faced by the students—those who wanted a chance in higher education, but were halted by the times of mistreatment and discrimination. Those students who wanted to come to a place like Gustavus, but were afraid that they would not be welcomed.

"Their interactions [in the past] consisted of people treating them poorly. They had to be bold to come here. Black and Bold. Nobody was telling them what it would be like, but when they took the chance to see, they stayed," Gray said, citing a reference to his book.

During a tour of New York City, Sammelson recalled, "I was the only white person around. [The person I was with] noticed my unease and said to me, 'Now you know how our students feel when they arrive at Gustavus.'"

Moving Forward

Even seeing the accomplishments this college has made toward racial equality, our work is still not done. Adapting to the changing times means we have to accept that newer generations negotiate the term of diversity differently than older generations used to.

"I would like to see less of an emphasis on this institution trying to think of representation as the only way to deal with issues of diversity. They need to really think about what students of color are bringing to the institution that's valuable," English Professor and alumni Philip Bryant '73 said.

"Are we going to reflect an institution that is going to prepare students for workplaces with diverse coworkers or even working professionally in other

countries where there are other cultures?" Bryant said.

Having an open mind towards change and keeping a warm attitude towards learning and accepting others are starting points towards a better future for this institution.

"We have to ask ourselves, as a Gustavus community, what are we individually and institutionally doing about class and racial segregation?" Jones said.

Continuing to walk in the footsteps of our previous students, faculty and leaders is something that is imperative to take away from this Black History Month.

"Gustavus is at a pivotal point. I think we've done a pretty good job with the idea of diversity. The next step is creative, inclusive diversity that is consistent. We have to include people to the point where they feel like they are your family. That's going to be one of our challenges," Jones said.

"We are going to eventually live in the world where we are the minority. Life, and education, is about interacting with so many different cultures and learning from each other," Gray said.



Gustavus Adolphus College Archives

CAMPUS NEWS
Corey Johnson Named All Conference In Football

This had got on to each person who know us, including especially our staff advisors for about about faculty applications. Some you know may not wish to resign their present posts but would like to take a leave of absence for a career opportunity here. In that regard, I'm pleased to report that Philip Bryant '73 will be taking such leave of absence from the staff of Gustavus Adolphus College, Chicago, for two years to join in the fall in the Department of English. This will be a time for him and the College to explore the possibilities of reestablishing for that post a faculty position to recruit more aggressively people who would come here for graduate study. A third is to see if medical school in our office, as well as other people here as guest lecturers in class, most often those in professional positions as the "Guest Case. We will look for ways to bring people in such case to support these strategies. While we desire persons from many diverse backgrounds, our target is upon African American students of the American Black experience, necessary role models to our Black students—as well as to our white students.

Now back to you. You likely know people who would be good candidates for Gustavus. Write to me about them or ask them to contact me if there are avenues we could explore. At present we have the following positions for which we are seeking faculty. Application deadlines are noted and interest is so important the work, do not quickly to those you know. Each of these has been published in the placement bulletin for the discipline involved, but since word-of-mouth contact is far more likely to produce minority applicants than is a cold advertisement.

FACULTY RECRUITMENT
by David Johnson, Dean of the College

The opportunity to be included in the "BSO Connections" is an important one for me if I am to carry out my responsibilities in being your faculty and my commitment to the increasing of the presence of minority persons in our ranks. I believe you can be of great help in this effort and I will appreciate any advice or suggestions for the future which you might send me. Before I describe our openings, let me describe our strategy to attract the minority presence in the faculty. Gustavus is in a difficult in the small Minnesota town to have the recruitment resources which institutions in metropolitan areas may have, professional opportunities for spouses and integrated neighborhoods, for example. But obviously, too, there are minority persons fiercely loyal to liberal arts church related education, who recognize the opportunities a teacher here can have to make an impact upon students as well as some advantages in living styles in a small town and college community.

TENNIS TRACK (Ph.D. or its equivalent sought)
EDUCATION (Elementary) Gustavus, March 10
ENGLISH (M.A. or M.Ed.) Gustavus, January 15
GEOGRAPHY AND ANTHROPOLOGY (Latin America, Human Ecology) February 15
PHYSICS (Experimental) February 15
POLITICAL SCIENCE (International or Asia Comparative) February 15

VISITING APPOINTMENTS FOR PERSONS ON LEAVE
ART (Studio) Gustavus, January 15
BIOLOGY (Ph.D.) Gustavus, February 15
BIOLOGY (Ph.D.) Gustavus, February 15
HISTORY (Ph.D.) Gustavus, February 15
MUSIC (Ph.D.) Gustavus, February 15
POLITICAL SCIENCE (Ph.D.) Gustavus, February 15

Gustavus College Archives

Top: The production "The Me Nobody Knows" was put on by the BSO in the 1970s. Middle: The Black Student Organization's monthly newspaper. Bottom left: African American students practice for their performance of "The Me Nobody Knows". Bottom right: A shot from of Muresuk Mena '13 during Africa Night 2012, put on by PASO.



Marketing and Communication



Marketing and Communication
PASO, which was originally the BSO, puts on an annual Africa Night at Gustavus.



Gustavus Adolphus College Archives

The job search quandry



Katie Volney
Staff Writer

As second semester begins and graduation looms on the horizon for many of us, the race to find a job or get into grad school continues. For the past three years we've placated friends and family with ambiguous answers to the question every college student hears at least a hundred times over the course of their undergraduate career: "What are you going to do after you graduate?"

For those of us who are not lucky enough to have already secured a job after graduation, this seemingly harmless question has become a dreaded one, one with the power to make even the most confident among us come unglued.

I remember when I first came to Gustavus, fed with magical notions of never having to worry about finding a job be-

cause I attended a "good" (code for "private") school. I was disappointed to find that there is absolutely nothing magical about job hunting, unless you consider a rising blood pressure and high levels of anxiety "magical."

Why is it that many of us have such a hard time finding a job after we graduate? Perhaps one of the biggest roadblocks we face is the issue of experience. New talent is often ignored because companies only look for candidates that meet the dreaded "3-5 years previous experience" requirement. Honestly, how is anyone supposed to get any experience when they are continually shunned from the job market?

Companies also seek candidates who have several internships under their belt. While this is an easy feat for most students in the Cities, who are able to intern during the school year, as Gusties living in nearly complete isolation we are limited to summer and J-term, save the lucky few who are able to score an on-campus internship.

All in all, it is safe to say that the process of finding a job in this day and age is stressful and seemingly impossible at times. Many recent grads I know have been unsuccessful (even nearly one year out from their graduation) and are forced to



Help wanted: I need a job.

apply for hourly wage jobs, jobs that certainly did not require a diploma with a whopping \$200,000 price tag.

Perhaps one of the most important things to remember when searching for a job is to be persistent - apply, apply, apply and when in doubt, apply some more. While many of us are busy wallowing in our own misery over the concept of graduating and mulling over the fact that we won't be returning to our beloved Hill next year,

we should be spending more time tweaking our resumés and cover letters, the very first items we are judged by in the application process.

While the tone of this article is largely melancholy, do not view it as some sort of harbinger of doom in your search for employment. The bottom line is that we will all get hired eventually. It just may take some extra time and effort put forth on our end. Through all the fruitless searches we can be

confident that our education at Gustavus is worth every penny. There are companies that are eager to accept new talent, they just may be harder to find. Until then, we are charged with the task of trying our hardest to become gainfully employed while trying to avoid developing stress headaches and stomach ulcers as a result of our job hunting endeavors.

Dante, divinity and other words starting with "d"



Greg Meyer
Staff Writer

I spend a lot of time on the internet. In particular, parts of the internet that aren't always polite. Ever heard of 4chan? I'm used to slurs, trolling and flamewars, rage, shock-sites and Rick-Rolling.

So when I walked into class on the first day of J-term, I was expecting something much different than what unfolded. See, this was a class on Dante Alighieri's *The Divine Comedy*, an epic poem covering Heaven, Hell and Purgatory. Now, given that *The Divine Comedy* was written by an Italian Catholic during the 1300s, it's a bit divisive. And medieval. And other descriptive words in the same vein.

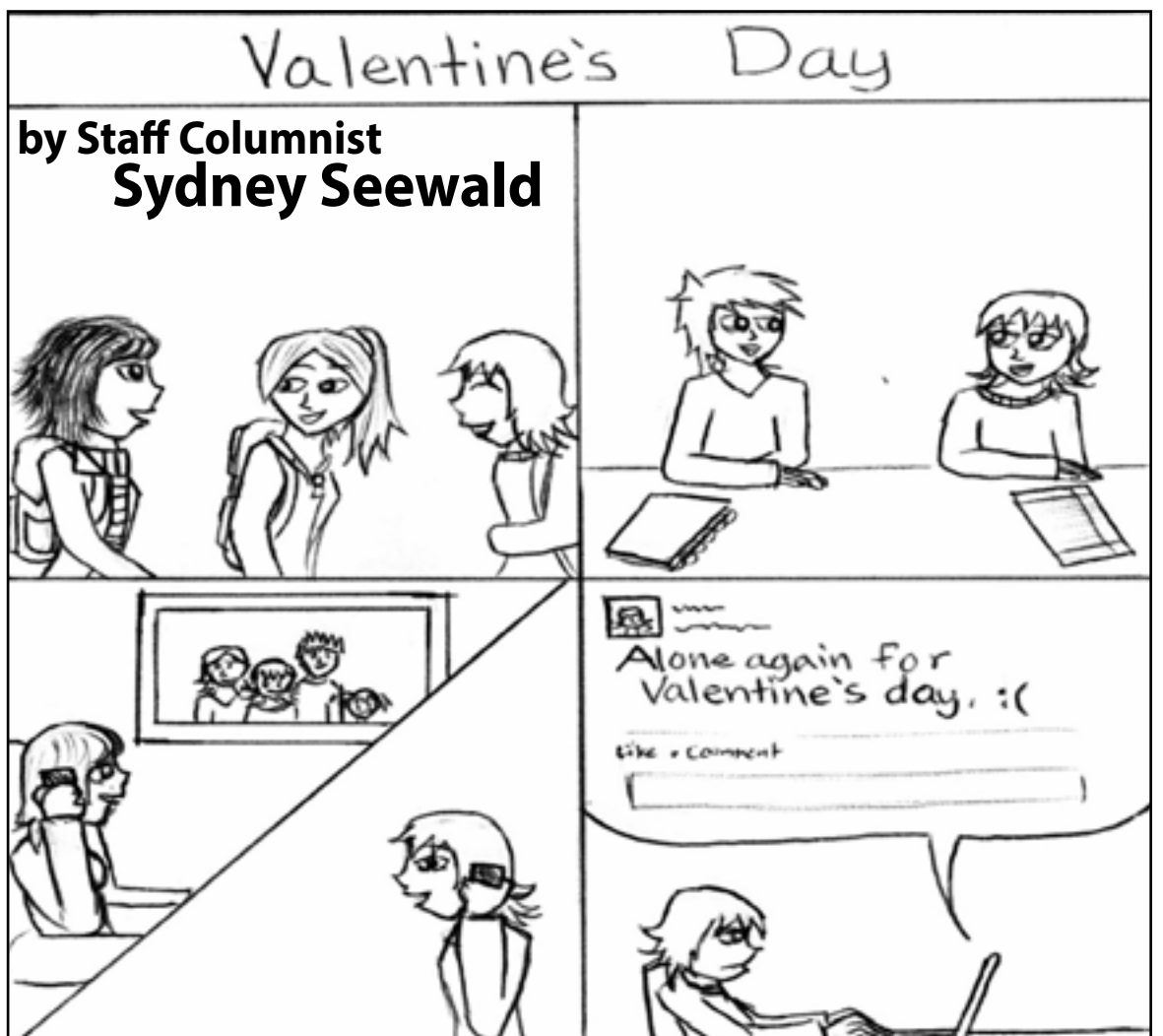
Topics like free will, whether or not God is a tyrant, the justness of Limbo, Dante's views

on suicide and homosexuality, medieval Italian politics—on the internet, any of these would start a riot. But this isn't the internet. This is Gustavus. We're civilized. No matter how passionate we are about an issue, we're respectful. Logical, reasoned discussion exists here, somehow, in a world filled with Honey Boo Boo and politicians.

Politics, religion, sports, whether or not *Twilight* deserves to be called literature—these are topics we discuss. And except for conversations involving *Twilight*, there have been no slurs, no shouting, no anger. Just logic and opinions. Honestly, it's a bit scary. It's not natural to be so polite! Or, at least, not natural on the internet. But I keep forgetting. Gustavus isn't the internet.

I don't know how we do it. Maybe, in the distant past (1862), a pact was signed with grotesque Elder Gods, granting us a haven of logic and reason among the world's irrationality. Maybe we're just smarter than the average bear. It doesn't matter. What we've got here is awesome.

Not long ago, I attended a different college. A dingy place, with pus-yellow walls, a horrid place that shall not be named. This was a school where



disagreeing with a teacher was grade suicide, where complaining to a dean got you marked "troublemaker." Gustavus isn't like that. Here, THE GUSTAVIAN WEEKLY can report on the furor surrounding President Ohle and not be censored.

And that's because of us. Well,

you. I'm too tainted by the internet. You're the ones who run GustieLeaks, you're the ones who go to meetings, you're the ones who throw out insights in class, you're the ones who make signs, you're the ones who participate. And you're awesome. Every one of you. Seniors and

first-years, English majors and Biology majors. All of you rock. Keep it up. May we keep our bastion of dialogue forever.

Now, I need to get back to 4chan. There's an Anon who needs to be told that he is wrong. Wrong! WRONG!

That joke isn't funny anymore



Peter Diamond
Staff Writer

A few weeks ago, I was out having lunch with some friends of mine when out of the blue, one of them asked me what I thought of the sandwich joke, you know, the one that tells the woman to go back to the kitchen, presuming that women are incapable of doing anything else. Of course I told her it was an overplayed, unfunny joke that has lost any humor attached to it, if there was any to begin with. Plus, didn't the joke perpetuate that very notion? So I found it odd when she disagreed with me.

Of course my friend isn't the spokesperson for all women, nor is she trying to be, but in essence she told me that by joking about something, aren't we acknowledging how wrong that very thing is? Can't jokes illuminate the fallacies hidden within stereotyping? She told me that a joke isn't a political statement or a belief, and since when have jokes held more weight than a grain of salt? Aren't jokes a coping mechanism, a way of dealing with discomfort? Can't it be that a joke can reveal the flaws of society?

I responded that there are all



I'm not laughing. But I'm getting pretty hungry.

Creative Commons

sorts of jokes, ironic to sarcastic, and at times if you're joking about something, you probably know it's wrong. I mean, just look at "#firstworldproblems" on Twitter. Does that promulgate any stereotypes of our culture? Do they do more harm than good? Does it validate the idea that it's okay to acknowledge the petty problems in day-to-day life? I'm not sure I can answer that. All jokes are different after all, as are the people they are impacting.

Jokes are a two-way street—they must be taken well and delivered without malicious intent. Self-deprecation is one thing; at times we need to be able to laugh at ourselves, but we need to have the inherent self-respect to be able to shrug the jokes off that can truly harm us. But honestly, what is the point of a joke at the cost of another person? If that is what's needed for a joke to be

funny, then it is a cheap laugh not worth having; if a joke offends you, if this seemingly endless wave has any hope of ever ending, then put a stop to it by making a point of it.

What I know is this: if stereotypes have any chance of going away, they will as the jokes go with them, and that can only occur as time moves on, as we realize how wrong it really is when it comes to attempting to categorize people. When people stop laughing, they'll stop passing them along, but that can only occur without a nervous chuckle keep a noted "offense taken."

After all, jokes are stupid. Hell—maybe the sandwich joke is the dumbest joke of all. And part of me thinks, or wishes to think, that we live in a society smart enough to realize that. So from here on out, let's tell others how dumb these jokes really are instead of laughing along.

Letter to the editor

Chair Bernhardson and the Board of Trustees,

Your recent, dismissive letter to Gustavus Alumni focused solely on the fundraising achievements of the past few years. Even in the one area he hasn't completely failed at, President Ohle has been a lackluster fundraiser. Without him, I believe our outstanding Vice President for Institutional Advancement would have had similar results. Further, I believe that the Becks showed their extreme generosity because of what Gustavus, not President Ohle, meant to them. And perhaps with a different President, Campaign Gustavus could have gone public with at least one-half of its fundraising goal met, the metric for success in large fundraising campaigns, and without stretching the definition of what had been "donated."

But I would like to focus on people, not numbers. It's not just faculty members who have told me they would be leaving if President Ohle's contract is renewed. Working within President Ohle's administration is reputedly more intimidating than being a faculty member, where tenure doesn't protect someone from speaking publically against the President or his mismanagement style. The faculty say that there will be an exodus if Ohle's contract is renewed. Members of the administration could never publicize that displeasure. This crisis is not just about faculty, but the whole Gustavus community.

Some of the administration were unable to stand even four

years with President Ohle. Hank Toutain left after nineteen years as Dean of Students. Chaplain Brian Johnson, after speaking out against him, left because of the President's disrespect. Eric Eliason and Mariangela Maguire resigned from their positions as Academic Deans shortly after Mary Morton, citing President Ohle as the sole reason.

Meanwhile the Chaplain's office has been struggling under interim Senior Chaplain Rod Anderson. Even the few members of the faculty who were otherwise neutral about President Ohle were upset when he created a new Senior Chaplain position and filled it with the man who led the search committee that appointed President Ohle. Most see an unsettling level of cronyism. And in another bow to cronyism, President Ohle replaced Chad Fothergil unexpectedly and unilaterally with the spouse of another recent Ohle hire, proving that in President Ohle's administration loyalty to Jack and loyalty to Gustavus mean two very different things.

These are just a few of the Gustavus community spurned by President Ohle. I do not know if these were mistakes of ignorance by a leader who has little respect for those beneath him or a conscious effort to use people towards some corrupt goal. In either case, he is not a business leader, he is a bad leader who is opposed to our core values. I demand that President Ohle be removed before the end of the academic year.

Nick Prince, '12

The times they are a-wastin'



Darcy Coulter
Staff Writer

There are a lot of things I could be doing right now. Even though there aren't any major papers or exams staring me down yet, I do have some reading I should do; as the PR Chair for multiple organizations, I could probably be making a poster or updating a Facebook page; and I should probably write an article for the opinion section. Instead, I've spent the last hour scrolling Pinterest.

College students—yes, that includes overachieving Gusties—love to procrastinate. We all do it, and we all have our favorite procrastinating activities. Some of us watch YouTube videos for hours, some of us scroll Tumblr, catching up on the latest



None of my top sites are the Gustavus Moodle page, and I'm proud of it.

Darcy Coulter

memes, and most of us have a TV show or two that we just can't stop watching.

We get to the point where we stop allowing ourselves to go on Facebook and Twitter (but we have to cheat) or where we resolve not to procrastinate all semester, even if it kills us. I've been thinking: maybe we

should embrace our procrastination.

Don't write me off yet—there is a method to the madness. We spend all of our time procrastinating, we feel guilty and beat ourselves up, and then we throw together a five-page paper in two hours. It is our cycle. It is the way of the college

student. But I would submit another option for consideration: embrace it. Learn to love your procrastination.

Here's how it works: the next time you find yourself opening a new tab for Facebook, Twitter, Tumblr, Pinterest, Reddit, YouTube or whatever your favorite website might be (who among

us can honestly say they haven't done some Grib-stalking?), instead of feeling a rush of guilt about the time you're about to waste, set a timer. Give yourself 15 minutes or an hour—and be realistic. This is not the time to set unattainable goals. The next step is key: enjoy it. So often we feel racked with guilt the entire time we're scrolling Tumblr and before we know it, we've sat in a puddle of self-hate for an hour. Not healthy! Give yourself the time to breathe, and then stop when your timer goes off. Stopping won't be quite as hard if you've truly enjoyed the time you've spent.

Gusties are busy. Everyone knows it. We all feel the need to take the hard classes, join every organization and find a job on or off campus. We spend so much time running from place to place, finishing readings over lunch and writing papers as fast as we can that we don't take time for ourselves. Maybe your procrastination is just a sign that your brain needs you to slow down and stop trying to do everything at once, and it's time to stop feeling bad about it. Anything can be healthy in moderation, even a little time wasting.

* The Calendar Page is considered editorial. The opinions expressed herein are not the opinions of THE GUSTAVIAN WEEKLY, but the translated manuscript of the Pope's resignation speech. He loves *Wreck-It Ralph*.

Friday, Feb. 15

Chili Cook-off & Beer Tasting

Interpretive Center
5 p.m.

I didn't know St. Peter was getting a NASCAR event!

I Am We Are Presents: The Sex Show!

Alumni Hall
7 p.m.

The religious folk thinking they are going to The Sects Show are in for a nude awakening.

Weekend Movie: Wreck-It Ralph

Wallenberg Auditorium
8 p.m.

The producers still weep at night knowing this isn't a Pixar film.

Saturday, Feb. 16

Owls of Minnesota

Interpretive Center
10 a.m.

Not to be confused with *Awls* of Minnesota, the annual cobbler's convention.

The Gustavus Wind Orchestra Home Concert

Bjorling Recital Hall
1:30 p.m.

They are unbeatable at home this year.

The Gustavus Choir 2013 Home Concert

Lund 224
7:30 p.m.

After this, the orchestra returns for a duel to determine musical dominance on campus.

Weekend Movie: Wreck-It Ralph

Wallenberg Auditorium
8 p.m.

It brings me much *Glee* to find Jane Lynch in something good.

Sunday, Feb. 17

Weekend Movie: Wreck-It Ralph

Wallenberg Auditorium
2 p.m.

Cartoons are meant for Saturday mornings ... blasphemers.

Monday, Feb. 18

Frost Week: Window Painting

Evelyn Young Dining Room
6 p.m.

The Painting Club is looking to rebound after years of disappointments in this venue.

Tuesday, Feb. 19

Weekly Meditation

Interfaith Space
7 p.m.

Bring a friend! Put the "bud" in Buddhism.

Wednesday, Feb. 20

Involvement Fair

Banquet Rooms
4:30 p.m.

For weeks, Gusties will be most involved with deleting emails from badgering groups.

Shevy Smith Show

Courtyard Café
7 p.m.

Other misspelled car company performances by Phord Phillips and Krysler Kellogg!

Thursday, Feb. 21

New Faculty Orientation Session

President's Dining Room
12:30 p.m.

Did they just forget to take this off of the calendar?

The Government Inspector

Anderson Theatre
8 p.m.

Everyone will be "Russian" to see this play!

Feit-sty Horoscope

Aries

You aren't the only one experiencing the J-Term hangover.

Taurus

No matter what I write, no joke is bigger than the Grammys.

Gemini

Finding out *Who Wants to Be a Millionaire?* actually originated in the United Kingdom will devastate you for weeks.

Cancer

Alone on Valentine's Day? Get used to it.

Leo

Zero Dark Thirty's ending was the biggest shocker since *Lincoln's*.

Virgo

GustieLeaks unfortunately won't take complaints of leaky faucets in your dorm room.

Libra

Sarah McLachlan's commercial has ruined more people's lives than the number of dogs it has saved.

Scorpio

Props for having a bad@#\$ sign of the Zodiac.

Sagittarius

They need to change the papal voting process to the *Survivor*-style voting. Put this s@#\$ on primetime.

Capricorn

I keep hoping and expecting Ohle to strut into the Caf with some music blaring like some WWE wrestler.

Aquarius

Another Ohle-Villain scenario: He shows everyone his paycheck, yelling, "Scoreboard!"

Pisces

So *Space Jam* isn't based on a true story?

Manspider doesn't appreciate professors telling him what to do. It cramps his style.



Undefeated women's hockey clinches #1 seed in MIAC

Haley Bell
Staff Writer

The women's hockey team is now focusing on finishing their last four conference games. So far the team's future looks very promising. They have been ranked number two for ten consecutive weeks by USCHO.com for Division III women's hockey, and after their first tie of the season against University of Wisconsin-Superior, they remained one of two unbeaten

teams with a record of 20-0-1.

For seniors on the team, going out with a bang is a really important goal. The women have consistently been in the Final Four and hope to finally obtain the title of national champions this year. Because this goal is so important for the seniors, many of the underclassmen have stepped up their game to make this dream a reality.

"Even though our end goals are the same, everyone works to achieve these goals in their own unique ways. This is some-

thing that we take pride in as a hockey team since everyone contributes to the team in their own way, and we need that to be successful," Senior Kelsey Kennedy said.

Although the ladies have been having a stellar season, staying focused on their goals of winning the MIAC title and doing well in the Final Four tournament has been essential to their success.

"Even though we have had three Final Four appearances the last three seasons, we know that it will only be accomplished through focusing on getting better each day," Senior Lindsey Hjelm said.

"What we'd really like to do is win the program's first national championship—something we have the potential to do," Senior Meagan Wanecke said.

The success of the women not only has come from grueling practices, but also working together as a team. Having one major goal for the end of the season has helped unite the women as a single unit, bringing success to them wherever they go.

"Our team has really come together, and the chemistry that has been created on and off the ice is a huge highlight and is a main reason we've been doing so well," Wanecke said.

For many of the seniors on the team, this season will be bittersweet. The ladies have built bonds that made them into the team that they are now and continue to make Gustavus proud. Both the coaches and



The Gustavus women's hockey team gives their all in every game, which has led to their undefeated record.



Sophomore Carolyn Drayer has been a big asset to the team as a strong offensive player.

the athletes exemplify the excellence that other MIAC athletes can only dream of obtaining.

"So far we have had many highlights. We've maintained our undefeated status so far this year and have enjoyed an amazing trip to Austria and Germany. Some of our biggest wins were against River Falls this past December as well as against Concordia this January. I am extremely proud of the way our team is continuing to become our best," Hjelm said.

Before playing in the Final Four, the Gustavus women will

play both Saint Olaf College and the College of Saint Benedict in away and home games. The first round of the MIAC playoffs will take place on Tuesday, Feb. 26, quarterfinals on Feb. 28 and Championships on March 2.

"Even though we're really excited about the Final Four Tournament, we're just trying to focus on one game at a time in order to ensure that we play our best. There's no guarantee that we'll make it but we'll certainly try our hardest," Sophomore Carolyn Draayer said.

Exercise and understanding willpower



Rebecca Hare
Copy Editor

With a new semester comes an opportunity to plan a workout regimen that fits into your new schedule and fulfills your personal goals for improved health and fitness. When looking forward to the benefits you hope to gain through regular exercise—better overall health, mood and concentration—it is essential to recognize the important role willpower plays in decision-making.

The *Science Daily* article, "Tough Day at Work? You Won't Feel Like Exercising," examines a study in Psychology and Health that concluded that one has a limited supply of willpower, meaning after it has been expended in one difficult

activity, it will be unable to perform to the same standard in the second. This pertains to both cognitive and emotional stress, according to Associate Professor Kathleen Martin Ginis at McMaster University, and this may surprise some. Often we associate willpower with acts of self-regulation, challenge or patience, but it is used just as frequently in concentration, handling emotional distress and activities that require heightened brain activity.

In the study performed by Martin Ginis and colleague Steven Bray, participants were asked to complete a Stroop test—a challenging cognitive test involving words and colors—then track their exercise habits. The group that had expended their willpower in the cognitive test was less inclined to complete their workout regimen for the remainder of the study.

Cognizance Magazine published an article, "The Limits of Willpower," describing a similar experiment performed on college students that expended their willpower in a simple eating exercise. Students entered a room filled with the aroma of freshly baked chocolate chip cookies and were divided into two groups at the table. One

group was told to eat two cookies while the other group was told to eat two radishes while the researchers waited outside the room to increase their use of willpower with the opportunity to "cheat." After the first use of willpower, both groups were given impossible puzzles to solve, and the disparity between uses of willpower was measurable. Those in the cookie tasting group spent 11 minutes longer on the task than the radish tasting group, as their willpower had already been exhausted in the previous exercise.

Knowing the limits to willpower is especially important to students who seek to improve their health through exercise. It affirms a familiar reality often experienced by those who are disappointed that they don't have the drive to work out after a long day of class. If one's classes have been particularly trying, the willpower to exercise will be more difficult to summon, but this should not be an excuse to forego exercise all together.

This finding also provides an incentive for students to wake up early and exercise before confronting the stresses of a busy schedule. In fact, exercising before attending class may improve one's ability to concentrate, according to the

article "Does Exercise Improve Concentration?" by Matthew Lee. In the article Lee reports the findings of a study in 2007 that found even 15 minutes of exercise improved the concentration, memory and behavior of elementary students, and other studies have shown physical activity to benefit concentration and improve academic performance.

If waking up early is not an option, however, don't despair; seeking to improve one's willpower has proven both pos-

sible and effective. Efforts to improve willpower are likely to have positive and noticeable results if the effort becomes habitual. Recent findings by The Miriam Hospital's Weight Control and Diabetes Research Center have shown that practicing self-control through diet and exercise regimens increase one's capacity to exercise increased willpower.

"Willpower is like a muscle: it needs to be challenged to build itself," Martin Ginis said.

FIND OPPORTUNITIES

GUSTAVUS INTERNSHIP FAIR

Wednesday, March 6, 2013

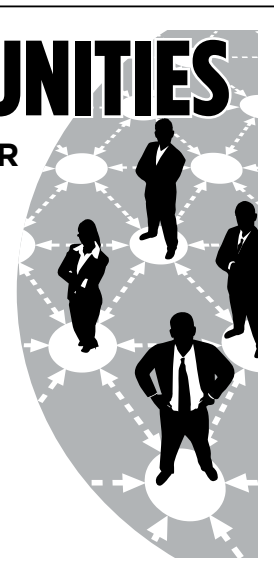
11:30 a.m.–2:30 p.m.

Heritage Room, Campus Center

Business casual dress and résumés are preferred but not required.

sponsored by:

**CENTER FOR
SERVANT LEADERSHIP**
GUSTAVUS ADOLPHUS COLLEGE



Mother Nature disappoints, the nordic team does not

Renee Hoppe
Asst. Sports & Fitness
Editor

Despite a relatively disappointing winter in terms of snowfall, the Gustavus Nordic Ski team has had an impressive showing this season. The men's and women's teams placed fifth and sixth, respectively, in the NCAA Qualifiers in January and had five skiers place in the top 30 of the second day of NCAA Qualifiers, resulting in fifth place finishes for both teams.

"I am extremely happy with how the guys stepped up this year to fill the gaps left by the graduating class last year. Half of the travel team (top 6) were seniors last year, but everyone worked hard and the training paid off. I think everyone has improved a considerable amount from last year," Senior Zach Wagner said.

In reflecting on how much off-season training has helped the team improve as a whole, a few individuals stand out as having a stellar season.

"Our men's team has improved a ton despite losing three of our top six to graduation. Sophomores Josh Blankenship, Scott Williams, Tyler Gustafson, along with Junior Tony Squillace have enjoyed huge breakthroughs this season. I couldn't be happier to see those guys step up like they have. All four of them train really well, and it sends the right message that off-season training really pays off," Coach Jed Friedrich said.

While the men's team had



Submitted
Scott Williams skis a strong second leg of the relay at Al Quaal, Michigan.

to step up to fill the places of graduated seniors, the women's team has used this season to achieve personal bests and meet individual goals.

"I had one of my career best finishes in the 5k interval start classic race [at Giant's Ridge], with a 6th place finish. For the 15k mass start skate race, I placed 9th, Marian Lund was 14th, and Meredith Bache-Wiig was 20th," Senior Erica Hett said.

Along with having strong meets, many of the skiers had opportunities to race and train at their favorite locations.

"Another highlight of our year was traveling to Utah and competing at the U.S. National Championships. It was a great learning experience to compete at the highest level in the U.S. and to ski on Olympic level trails that were used in the 2002

Olympics," Friedrich said.

For Michigan native, Zach Wagner, the Central Regional Championship race in Houghton, Michigan is an exciting opportunity to race on a course that he's familiar with. Erica Hett, on the other hand, enjoyed racing at Giant's Ridge for sentimental reasons.

"So far this season, my favorite race was the classic race at Giant's Ridge because it was a challenging course and I put in a really hard effort. I had skied the same course at the MN State High School Championships, so it was fun to be back again but racing for a college team now,"

Hett said.

Although the season is drawing to an end, the team still has two important races to look forward to. The CCSA Championships take place on Feb. 16-17 in Grand Rapids while the Central Region Championships will be in Houghton, Michigan on February 23-24.

"We are all really excited for these races because they matter the most for team points and individual qualification to the NCAA Championship. For the girls' team, I would like to see our team finish ahead of Green Bay and St. Olaf. For myself, I hope to be top 10 in the classic races and top 15 in the skate races for both weekends," Hett said.

While both the men and women have high hopes for the end of their season, Coach Friedrich is looking forward to next season and focusing on what the team can do to keep up their streak of success.

"As far as improving for next year, it's all about training in the off season. It's the obvious answer, but it's difficult to follow through. I think getting on snow early next year to really focus on technique will help, too. We haven't been able to do a lot of technique-focused work during these last two years, so a little help from mother nature could give us a little boost," Friedrich said.

SPORTS SCHEDULE

Friday, Feb. 15

Men's Swim & Dive @ MIAC Championships

Women's Swim & Dive @ MIAC Championships

Saturday, Feb. 16

Men's Basketball @ Concordia College 3-6 pm

Men's Hockey @ St. Olaf College 7:30-10:30 pm

Men's Nordic @ CCSA Championships

Men's Swim & Dive @ MIAC Championships

Men's Tennis hosts UW-Eau Claire 12:30-2:30 pm

Men's Track & Field @ Saint John's & Saint Ben's Quad

Women's Basketball @ Concordia College 1-4 pm

Gymnastics @ Best of Minnesota 6-10 pm

Women's Hockey hosts Saint Olaf College 2-5 pm

Women's Swim & Dive @ MIAC Championships

Women's Track & Field @ Saint John's & Saint Ben's Quad

Women's Nordic @ CCSA Championships

Sunday, Feb. 17

Men's Nordic @ CCSA Championships

Women's Nordic @ CCSA Championships

fab outique

15% off total purchase *OR* 25% off one item

Fashionable women's clothing at a price you can afford.

Located in Nutter's
320 S. Minnesota Ave
St. Peter

Offer expires
Mar. 1, 2013

UNIVERSITY of ST. THOMAS

M.A. degree or Certificate in International Leadership

Begin your Journey in Global Leadership

International Leadership students meeting with President Kikwete of Tanzania

Begin your journey in international leadership
Ea McMillan Porter • emporter@stthomas.edu
www.stthomas.edu/celc/ilp

Welcome to your NETWORK.

College of Education, Leadership & Counseling

SoE1018_13