

Martin Luther King Jr. memorial lecture:

Speaker focuses on MLK's impact on youth and social media

Tram Bui
News Editor

As Martin Luther King Jr. Day approaches approximately 30 years of celebration and remembrance, Gustavus recognizes the legacy of the civil rights leader and his non-violent activism. The school invites David and Mary Winton Green Professor of Political Science at the University of Chicago Dr. Cathy J. Cohen to deliver the 2013 Martin Luther King Jr. Memorial Lecture at 10 a.m. on Monday, Jan. 21 in Christ Chapel.

Entitled, "Dr. Martin Luther King Jr. in the Age of Obama: Building a New Movement for the 21st Century," the Martin Luther King Jr. Memorial Lecture will be the fourth of its

kind on campus. Speakers from previous years have been Pulitzer Prize winning author and historian Taylor Brown, civil rights activist and leader Bernard Lafayette Jr. and Laird Bell Professor of History at Carleton College Dr. Harry M. Williams.

A scholar, professor and upcoming expert on youth and politics, Dr. Cohen is also the author of *The Boundaries of Blackness: AIDS and the Breakdown of Black Politics* and *Democracy Remixed: Black Youth and the Future of American Politics*. She is also the co-editor of *Women Transforming Politics: An Alternative Reader*. Her areas of research and expertise include American politics, specifically African-American politics, women and politics, lesbian and gay politics and social movements. Her articles have been published

in numerous journals and volumes including the *American Political Science Review*, *NOMOS*, *GLQ*, *Social Text* and the *DuBois Review*.

"What I'm excited for this year is that she will be different from the previous speakers. While they looked to the past and their own experiences, it will be exciting to have someone who is really looking to the future, and it is perfectly appropriate to today's youth," Associate Professor of Political Science and Director of the Peace Studies Program Mimi Gerstbauer said.

Dr. Cohen also serves as the principle investigator and founder of the Black Youth Project, a project geared towards urban black youth. The core concepts of the project concentrate on knowledge, voice and action, along with concentrating on mobilizing black youth and amplifying their voices.

"She is interested in these new forms of social media and how they change the identity and participation of youth. How do social platforms like Facebook, Twitter, and such influence the urban black community?" Gerstbauer said.

Not only does the website serve as a place where black youth can connect on politics and culture, it speaks volumes on African-American youth, their political attitudes and also shows some surprising findings with their opinions, not just political, but also with issues of identity and morality. The website, in part, reflects what really most interests Dr. Cohen.

"Her work is really on participation and identity of black youth in modern America," Gerstbauer said.

For more information, visit <http://www.blackyouthproject.com/>.

First-year student and Diversity Center worker Imani James will present Dr. Cohen during Monday's Chapel service.

"I'm really nervous, but extremely excited for Dr. Cohen's

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Letters to President Ohle brings issues to public

"I applaud the advancement of Gustavus as an institution, and the celebration of its excellence, and am glad to know that excellence continues to be a priority. All the same, over the homecoming weekend and in the year since then I have found myself asking how the other four values are being advanced. As a community, Gustavus is more fragmented than I've ever seen it; too many community members feel that they aren't being valued or heard. It breaks my heart to see the very staff and faculty that taught me so much about living well near tears due to your leadership."

-Bethany Ringdal '11

Blake Van Oosbree

Alumni Bethany Ringdal is one of over thirty Gustavus students and alumni to write an open letter asking President Ohle to resign.

Ben Miller
Managing Editor

On Wednesday, Jan. 9, students and alumni posted letters written to President Ohle to their Facebook pages, Youtube channels and personal blogs. These letters, which were sent to President Ohle on Dec. 12, 2012, asked for his resignation.

"There are many things I love about Gustavus, but ultimately it's the people—the community—that make it the strong institution that it is," 2011 Graduate Bethany Ringdal said. "My life has been utterly changed by my Gustavus professors, and now I see how they—and by extension, current and future students—are being hurt by the Ohle administration."

"I chose to write a letter to President Ohle because I wanted to express to him that this isn't about him as a person, it's about his leadership style," Senior Ian Shay said. "To a certain extent, such a request isn't a positive thing, so we wanted to do this in a spirit of good will. I have found some of the

unilateral decisions he has made have been disturbing, and professors have been belittled and disheartened."

A number of students emphasized the need to respect all parties involved in this issue.

"President Ohle is a part of the Gustavus community, so we need to respect him. We attempted to resolve this issue in a positive way. We tried to find a way to ask him to resign without disrespecting him as a person," Junior Kelly Dumais said.

Each letter was personalized by its writer, and was accompanied by a gift, as a sign of good will and respect.

"What's important to note is that every student or alumni who writes a letter or signs a petition has a reason for doing so—their own story of hurt and concern regarding the Ohle Administration," Ringdal said. "Every one of us has stories of a favorite professor in tears, an institution wounded, or a budget choice poorly made that moves

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Submitted / University of Chicago

Cohen formerly served as Director of the Center for the Study of Race, Politics, and Culture at the University of Chicago.

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Campus Safety Report

Tuesday, January 8

- A student in Pittman Hall was cited by Campus Safety and the SPPD for underage consumption and was transferred by ambulance to the hospital.

Wednesday, January 9

- A minor vehicle accident was reported involving a campus vehicle.
- Collegiate Fellows responded to a College policy violation and alcohol violations in Sorensen Hall involving five students.

Thursday, January 10

- Campus Safety responded to a medical assist in Sorensen Hall.
- A Gustavus employee reported the loss of his campus keys.

Friday, January 11

- A student reported a theft to Campus Safety that occurred earlier in the week in the Lund Center.

Sunday, January 13

- Collegiate Fellows responded to a possible College Policy violation in Gibbs Hall.
- Two non-Gustavus students were issued underage consumption citations from the St. Peter Police Department and trespassing from Campus.

- Two students in North Hall were cited with underage consumption and drug/narcotic violations.

Tip of the Week:

Regular parking is enforced during January Term and Touring Week. Please park according to permit color. A parking permit is required for students and staff to park on campus. Always assume that parking is enforced. Visitor parking is closed to students and staff at all times. Come to the Campus Safety office with your vehicle information to register for a parking sticker. You can pay with a charge to your student account or a check.

- Student parking permits from the start of the Spring semester: \$115 and will be available 2/1/13 (If you already purchased your parking sticker in the Fall, it is valid through Spring 2013).
- Temporary passes are also available for \$5/weekday.

If a permit holder changes vehicles during the year, the original sticker must be turned in (or documentation regarding sale/damage of the vehicle) in order to register the new vehicle and receive a replacement sticker. There is a \$10 charge for all replacement student decals.

Contact the Administrative Assistant at 507-933-8809 or email eoctigan@gustavus.edu with questions about replacement decals. Temporary hanging passes are available for shorter-term use of alternate vehicles.

All Green (employee) and one row of Red permit parking in the Stadium (Beck) lot are marked no parking 2am-7am, 7 days a week. Vehicles left over Touring Week should park in the gravel section of the Bjorling lot. Please contact Campus Safety if you have any questions.

Correction

In the Dec. 7 issue THE GUSTAVIAN WEEKLY published the article entitled "College Chaplain search engages both the academic and spiritual parts of campus" in which we stated that the move from one to two chaplains occurred in 2005. However, this change happened in 1995 with the arrival of Brian Johnson who joined Richard Elvee. Before that, there was a long tradition of semi-nary interns, called vicars, who worked with Elvee. In every 'pairing' of chaplains, there is no hierarchical distinction between the chaplains.

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lecture," James said. "I'm really excited to meet her. I feel like this is perfect for me. I'm Hispanic, but also part black and white. I feel honored and excited to meet her especially because I'm from Minneapolis. Because I grew up in Minneapolis and went to Minneapolis schools, I feel [like I can relate to her]. I'm excited to talk with her about our experiences and our similarities," James said. In addition to Dr. Cohen's lecture, Minneapolis-based Mixed Blood Theatre

will perform "Dr. King's Dream," a performance involving an in-depth look into the life and legacy of Martin Luther King Jr. Mixed Blood Theatre veteran Marvin Grays will deliver a commanding solo performance that resonates deeply with the profound impact of King. The performance will take place in Alumni Hall at 7 p.m. on Monday, Jan. 21. Both the lecture and the Mixed Blood Theatre performance will be free and open to the public.

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us to act." Students and alumni also feel that their grievances have been ignored by President Ohle's administration.

"President Ohle is running the college from a business perspective," Dumais said. "While we understand that the business aspect is important, it cannot be pursued at the expense of our mission, our education, or our community. It is possible to pursue the business aspect in addition to this, and that is what we demand. His administration has undermined all of our five pillars. If he doesn't respect the pillars, I don't want him to represent me."

"It has now been over a month since we sent our letters, and we've received no response at all," Ringdal said. "Since a direct appeal seems to have failed, concerned students are going public with their letters and now with petitions asking for an end to the Ohle tenure. All of this is done in a spirit of shared concern, rather than one of animosity. This is not an anti-Ohle movement-it's a pro-Gustavus movement."

In addition to these letters to President Ohle being made public, two petitions on change.org (one for students and another for alumni) have been created

and are being circulated, with 85 and 97 signatures, respectively. These petitions, asking the Gustavus Board of Trustees to end President Ohle's presidency by the end of this academic year, outline the writers' opinions of the ways in which President Ohle has "undermined the pillars on which this community stands."

The students involved feel that students can provide a unique voice into this issue.

"We are the heartbeat of this institution and this community, but we aren't controlled by it,"

Dumais said.

"Our voices are credible when it comes to how the college is being run," Shay said. "The college environment has an important effect on our education. This issue is very much the business of students. It is very much our place to let our voices be heard in this discussion. I would encourage students to write letters to President Ohle and the Board of Trustees expressing their concerns, to read and sign the change.org petition, and educate themselves about this issue."

While your presidency has been very successful in fundraising efforts such as the Commission Gustavus 150 campaign, this institution is more than a business, it is a home, an experience, and a community. While these efforts are necessary for institutions such as Gustavus, they cannot define the institution and they certainly cannot be pursued at the expense of the substance of the community.

-Junior Kelly Dumais

Blake Van Oosbree

The divestment movement comes to Gustavus

Rebecca Hare
Copy Editor

A group of Gustavus students attended the "Do the Math" conference at the University of Minnesota on Nov. 30, 2012. Hosted by MN350, students, professors, and concerned citizens from around the state attended and learned about climate change and fossil fuel divestment.

Divestment is an investment term that means to sell stock in a company. The national organization 350.org is seeking to use divestment among institutions of higher education. They plan to reflect the educated public opinion that the national government needs to act on climate change.

Bill McKibben, author of the first book on climate change, explained to the crowd that fossil fuel divestment was important to send a message to both the government and fossil fuel companies. He intends divestment to lead the United States to undertake an immediate and aggressive plan to combat climate change to prevent global temperatures from rising 2 degrees Celsius (3.6 degrees Fahrenheit). This number was internationally agreed upon at the United Nations Framework Convention on Climate Change. McKibben sees the only existing obstacle to be fossil fuel companies that claim to own enough oil to raise global temperatures five times that number.

In an interview by James Stafford from Oilprice.com, McKibben said, "Profiting from

companies that are overloading the atmosphere with carbon and changing the atmosphere is wrong."

The irrelevance of fossil fuel companies' exploitation of the planet's resources at the expense of other innocent human and animal populations; that produce none or few carbon emissions, highlights the social justice aspect of fossil fuel divestment. Pacific Islanders on islands such as Tuvalu and Vanuatu have experienced such substantial devastation as a result of climate change that they have been relocated from their island homes.

This social justice element is what drives many supporters of fossil fuel divestment at both the national and local level. Junior Environmental Studies Major Jennifer Steffen is a member of Divest Gustavus, and she sees the divestment movement as an opportunity for Gustavus to affirm its values as an institution.

"Everyone needs to grapple with the severe ethical and social problems involved with climate change, looking at the facts and reality. Our generation will not have the option to say, 'It's not our problem.' Divest Gustavus is an opportunity to step up and prove ourselves as national leaders for something that really matters," Steffen said.

Another member of the group Divest Gustavus is Mathematics and Physics Major Troy Seberson. He is currently planning a project to design, build and install a dual axis solar tracker to power the outdoor fountains, which currently take a consid-

erable amount of electricity to power.

"Fifty percent of Germany's energy is produced from clean, renewable sources. Fossil fuel companies spend one hundred million dollars a day searching for more oil when it could be used more productively building and utilizing solar panels," Seberson said.

Divest Gustavus was started in December 2012 as a response to the nationwide divestment movement among institutions of higher education. So far the group has been working with Vice President of Finance Ken Westphal and Vice President for Institutional Advancement Tom Young '88 to discuss the feasibility of accomplishing portfolio divestment over a five year period.

Westphal led the Financial Transparency session last December, an open forum for students interested in the College's finances, and he explained the allocation of the endowment in mutual fund investments. Of over 30 mutual funds in which the College has investments, only one has environmentally responsible social screens, the PAX fund.

The goal of Divest Gustavus is to increase this low number and support environmentally responsible mutual fund managers. To achieve this goal the group will continue to work with both Finance and Advancement offices on preparing a proposal to submit for consideration by the Board of Trustees' Investment Committee.

Director of Johnson Center

and Implementation Liaison with the American College and University Presidents' Climate Commitment (ACUPCC) Jim Dontje has been watching the development of the divestment movement at Gustavus and sees both possibilities and obstacles in achieving its goals.

"The mechanical and organizational feasibility of divestment will be easy. But politically, not so easy," Dontje said.

In terms of "mechanical and organizational feasibility" both Hampshire College and Unity College have agreed to divest from fossil fuel companies in their portfolios since the divestment movement began. Unity College similarly invests its endowment in mutual funds, yet despite this potential obstacle, the college is going forward in its divestment decision because it is such a pressing, social justice issue.

Dontje sees divestment as both a "tool for change" and a

"sensible long-term strategy for divestment."

"The science of climate change is pointing to the need for more rapid action, and one can look at divestment as a necessary tool for change, or as a responsible investment strategy," Dontje said.

Some Gusties stayed in Minneapolis after the "Do the Math" event for the Youth Conference, "Climate Math That Works," where Sam Grant, from the Movement Center for Deep Democracy, gave the keynote address. He spoke about the immediate need for action and the collective responsibility of those present to share what they had heard: the powerful message that it is possible to halt climate change if we stop waiting and act now.

"You don't have the right to be so weak and meek in the face of such serious need for action," Grant said. "We need to build this plane while flying it."



Visit gofossilfree.org for more information.

Submitted / gofossilfree.org

GUSTIE *of the* WEEK

— Nicole Eknitphong



Nicole was crowned 2012 St. Lucia after a vote by the Gustavus community.

Submitted / Keneth LeBlanc

Beth Schmidt
A&E Editor

St. Lucia was crowned for 2012 in December, and the tradition allowed all of Gustavus and the community to meet Sophomore Nicole Eknitphong.

"Getting to be St. Lucia is an honor and really exciting. Working with The Guild and the other girls was a great experience," Nicole said.

"Nicole embodies Lucia. She does service and has compassion and really wants others to succeed. She knows that we can be better individually and collectively and that is one of her strongest characteristics," Mentoring Program Coordinator and Assistant Director of Vocation and Integrative Learning in Center for Servant-Leadership Amy Pehrson said.

A political science major with minors in peace studies and civic leadership, Nicole is involved with different groups on campus. She is a Gustavus Ambassador, a member of the Habitat for Humanity board, plays violin in the Gustavus Symphony Orchestra and is a partner in the Servant Leadership Program. Nicole also played soccer during her first year at Gustavus after playing throughout all of high school.

"Nicole is a quiet leader. She is humble about what she does and that is very powerful when you talk with her," Pehrson said. "She is a very genuine person and when she says something she means it."

The Servant Leadership Program is a way to help students

learn leadership through service. As a partner Nicole is researching the idea of civility. She is reaching out and seeing how the Gustavus community and the St. Peter community can work together.

"Nicole wants to use her skills to help people lead more meaningful lives," Professor in Political Science, Environmental Studies, Japanese Studies and Peace Studies Richard Leitch said.

"I think oftentimes youth today are told to believe not much can change with all the hurt in the world or that it is something that will continue to happen, but I am hopeful about a future that consists of humanity and good. I let that positivity shine through on my life, the work I do, the relationships I build and how I live each day," Nicole said.

Having a role on the Gustavus Habitat board has given Nicole a chance to strengthen her leadership skills and foster a passion for serving others.

"She brings so much passion to everything she does. Nicole is very reflective about what she does and how she goes about doing it. For her it is not just work, it is building a house for a family and giving the family a place in the community. She always tries to connect on a deeper level, she does service with a purpose," Senior Co-president of Gustavus Habitat for Humanity Tristan Richards said.

Nicole is spending January Interim interning at a non-profit law firm. While there she is doing legal assisting, which has

opened her eyes to a dream job of being a civil rights/human rights lawyer, working on the pressing issues that affect the world.

"Being a civil rights/human right lawyer at this point would be my dream job if I could do anything, but I know I would be happy with a career that allowed me to thrive in service and building relationships with others, as well as, sharing my passions with them," Nicole said.

"She is a well-rounded Gustie, truly a liberal arts student. She has done many things, so she can understand the experiences that Gusties have. She shows that there is a place for everyone here and the world," Pehrson said.

When Nicole is not volunteering or leading a committee meeting, you can find her sipping coffee with friends and taking photographs and video of the people and things she does in her life.

"A couple of my friends and I have a group called the 'coffee club' where we get together on Saturday or Sunday morning and enjoy coffee with a homemade treat or go down to River Rock or the Coffee Hag," Nicole said.

With two and a half years left at Gustavus Nicole hopes to study abroad in India and continue to make deep connections with the people that she meets.

"I hope to leave a presence that is inspiring to others who begin their lives here at Gustavus and may have lost hope about the future or within their own lives," Nicole said.



Mara LeBlanc



Sophomore Political Science Major Nicole Eknitphong has focused her time at Gustavus to serving others and working to build a stronger community. She is a Gustie that truly embodies the five core values of Gustavus while maintaining a balanced life by doing crafts and having coffee dates.

Mara LeBlanc

Touring week connects musicians and communities

Heidi Ide
Staff Writer

This year the Gustavus Wind Orchestra, under the direction of Conductor Dr. Douglass J. Nimmo, will be taking a local Midwest tour through Minnesota, Wisconsin and Illinois the first week of Feb. These tours are very different from what some people experienced in a high school ensemble. There is a concert performed every day but one and the musicians stay in the homes of local community members. The day off is seen as an opportunity to visit an art museum or go see some kind of show—something that contributes to the cultural experience of the tour. Each tour is very carefully planned out so that every music cultural and relationship opportunity is maximized.

Musicians look forward to performing multiple times in very different venues. Nimmo says these tours are a chance for the students to “grow as musicians.”

Senior Antonio Herbert has been on many tours in his career at Gustavus. “On each tour you watch the band grow, each section bonds tighter, the band bonds as a whole through long bus rides, stories of home stays, and seeing family and friends from your hometown. From our music that touches the hearts and positively affects our audience, to the quick loading of heavy equipment in and out the performance space, GWO

then becomes a community of individuals who, indeed, work together to make a special life changing and life long experience,” Herbert said.

Homestays are a huge part of the ensembles tour. Many of the homestays are sponsored by local churches or high school band members. On any given tour, musicians stay and represent Gustavus in thirty different homes. “That’s where connections are made and lives are changed,” Nimmo said.

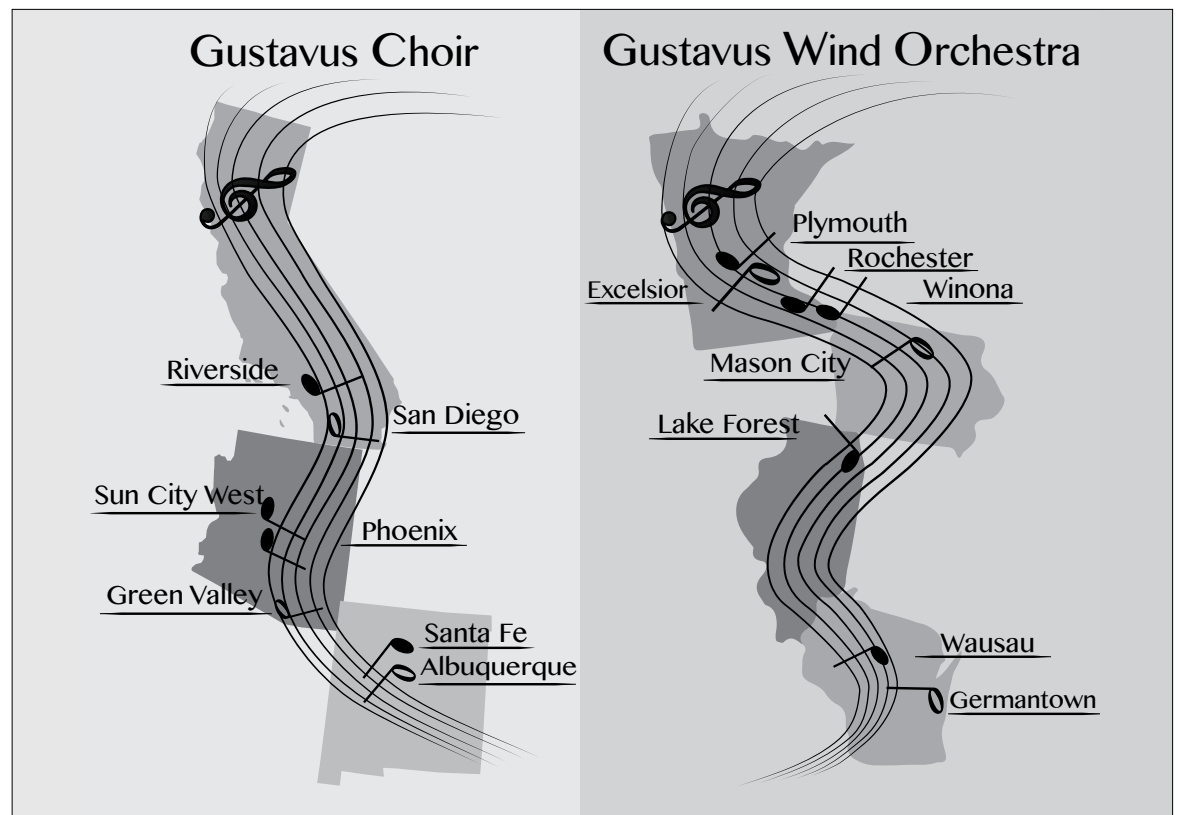
Musicians are always welcomed warmly into the homes of people who were merely strangers before the event. “The first greeting is not a ‘hello’ with words, but an overwhelming ‘hello,’ ‘thank you,’ and yet so much more, all said through music. When at the end of our concert and pack up, we meet our respective hosts, the first few phrases are something like, ‘that was incredible!’ followed by, ‘we are your hosts, come to our home... there’s apple pie waiting!’” Herbert said.

These visits allow contact through musicians and local community members.

“They have an impact on the people of the community and as a result, our lives are changed and impacted,” Nimmo said.

By playing great music really well—people everywhere, not just at Gustavus are able to build relationships through music. “Everything is about relationships,” Nimmo said.

These musicians also benefit in many other ways besides the homestays. Learning music at



The Gustavus Choir is going on tour in the Southwest while the Gustavus Wind Orchestra is on tour in the Midwest. Blake VanOosbree

such a high level and performing it multiple times is an opportunity for musicians to grow profoundly. Every new venue provides for differences in the acoustics, lighting and temperature; all of which impact the musician and how they see and hear. Being able to adjust to such radical changes allows for great personal and musical growth. First-year Rebecca Ihnen says this tour will help her grow as a musician and become more

flexible to changes in sound.

“It will also impact me to help me strengthen friendships and create new ones. I’m looking forward to meeting new people from different cities,” Ihnen said.

Indeed, many people—musicians included—will have a positive impact from these kinds of tours. The College also feels a positive impact.

“To the time the ensemble loads the bus to the time we

leave GAC, we set out on a journey to represent the college in a way that really benefits the value of a liberal arts experience,” Herbert said. “Our audiences find that we are not only musicians, but aspiring doctors, philosophers, scientists, educators, etc. This in part captures the spirit of the liberal arts experience one receives while attending Gustavus Adolphus College.”

Aaron’s top five movies to see (in no particular order)



Aaron Albani
Copy Editor

There’s always time to fit a movie into the schedule. But sometimes it’s tough to find that movie you know you’ll enjoy and before you know it you’re stuck with *New Year’s Eve*, wishing to God that someone had been a friend and recommended a damn good movie for you. Now it’s up to me to release a list of some of my own personal favorites for you to run out and rent and/or find on Netflix. Because these are five of my favorite movies, expect them all to be a raging five-star quality.



1. *Cool Hand Luke* (1967)

This film is a fabulous movie about one Lucas Jackson, a man sent to prison for breaking the heads of parking meters. The basic plotline follows Luke and his prison mates as they work on the roads in the hot southern sun, until one day Luke gets some “rabbit in his blood” and bolts. It’s not long before the bosses of the prison catch up to him and bring him right back. Luke’s adventures don’t stop there. Excellent cinematography, superb acting and Paul Newman allow this movie to quickly make it into a favorites list.

2. *Secondhand Lions* (2003)

Michael Caine (*Batman Trilogy*, *The Prestige*) and Robert Duvall (*The Godfather*, *Newsies*) make this movie an absolute delight. A truly feel-good movie, *Secondhand Lions* is a story about a boy that is sent to live with his long-lost uncles, who have spent forty years adventuring in Africa and acquired a supposedly enormous fortune. The young boy, Walter (Haley Joel Osment, *Pay It Forward*), is thrown into uncomfortable situations but quickly becomes enthralled with the stories his Uncle Garth tells him about his forty years of travels in foreign lands. When conspiracies arise as to the true nature of their fortune, Walter has to choose what to believe.

3. *Moonrise Kingdom* (2012)

The most recent Wes Anderson (Director- *Fantastic Mr. Fox*, *Royal Tenenbaums*) film, *Moonrise Kingdom*, tells the rather adorable story of boy meets girl. Sam, a boy of about twelve, escapes from his Boy Scout camp and runs into the wilderness to meet up with Suzy, a girl he met one year earlier. Since they met they’ve been writing letters and planning to escape from their respective residences to meet up in the wild and survive together. The odyssey that ensues with chases and childhood romance and unexpected obstacles makes this an enjoyable and amusing film. Also worth mentioning is Anderson’s handpicked all-star cast of Edward Norton (*The Illusionist*, *American History X*), Bruce Willis (*Pulp Fiction*, *Die Hard*) and Bill Murray (*Ghostbusters*, *What About Bob?*).

4. *Shawshank Redemption* (1994)

If you haven’t already seen this film, shame on you. If you have, then watch it again. Morgan Freeman and Tim Robbins (*War of the Worlds*) star in this movie about prison inmates that spend many years in Shawshank prison. Andy Dufresne (*Robbins*), a successful and intelligent banker, is falsely accused of murder and sent to prison. While he’s there, he makes pals with a group of inmates and begins his long-term plan of escape. With Morgan Freeman narrating the story, there’s no question as to why it is the number one movie on IMDB’s Top 250. So, I repeat myself: to any of you that have not seen this brilliant film, sprint to any video store (if you can find one) or get a Netflix account.

5. *Django: Unchained* (2012)

Quentin Tarantino’s (*Pulp Fiction*, *Kill Bill: Vol. I*, *Inglorious Basterds*) new movie has raised a rather considerable amount of debate due to racial issues. *Django: Unchained* is a movie about slavery in the Mississippi Delta; however, it is not a typical slavery story. Django (Jamie Foxx, *Law Abiding Citizen*) is bought from a Dr. King Schultz (Christoph Waltz, *Inglorious Basterds*) and recruited as a bounty hunter, killing white men across the south. Fueled by the desire to rescue his enslaved wife, Django kills practically every white man he meets. And, in traditional Tarantino style, it is very vulgar and violent. Co-starring Leonardo DiCaprio and Samuel L. Jackson, *Django: Unchained* is a very good film, but not for the faint hearted.

Patricia Dawson

SART leader Patricia Dawson, known to many as Patty, has been passionate about helping victims of sexual assault since her first days of working in Health Service. As one of the first members of this group at its formation five years ago, she believes that there is a need for advocacy on our campus and more support for victims of sexual assault. Patty received her training as a licensed practical nurse at St. Mary's School of Practical Nursing in Rochester, Minnesota.



Mara LeBlanc

Kristen Nelson '06

Gustavus alumni Kristen Nelson graduated in 2006 with a History and Gender, Women and Sexuality studies double major. Before becoming the Assistant Dean of Admission and the Coordinator of Admission Marketing, Kristen was a student who was connected with an earlier version of SART to deal with sexual harassment. She currently lives in St. Louis Park with her husband and Boston Terrier.



Mara LeBlanc

Yurie Hong

Being a professor of Classics, Yurie Hong feels a strong tie between various forms of sexual assault in classical texts and the importance of realizing effects of sexual assault in modern times. Yurie is an assistant professor in Classics as well as Gender, Women and Sexuality studies.



Mara LeBlanc



Mara LeBlanc

Sara Sletten

Since 2005, Sara Sletten has been volunteering in an international women's organization and has watched her passion for helping victims of sexual assault grow. Sara has been a member since 2009 and has worked at Gustavus since 2008 as an Administrative Assistant in the Center for Servant Leadership.

Sean Easton

The only current male member of SART, Sean Easton has been a member since February, 2012. Although he began not knowing much about the group, he has taken a serious interest in helping and providing support for students. Sean teaches various culture and language courses in the Classics department.



Mara LeBlanc

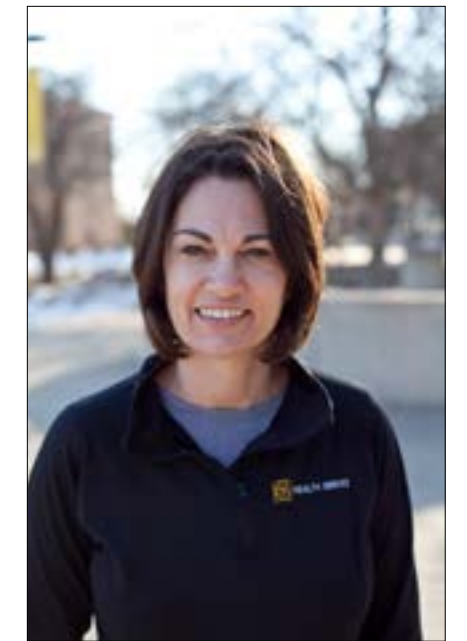
Jill VanOsdol '10

Recent graduate Jill VanOsdol '10 currently works in the Center for Servant Leadership as the office coordinator as well as being a member of SART. Jill's background in sexual assault consulting stems from her studies at Minnesota State University, Mankato, where she is working on her Masters in Counseling and College Student Affairs.



Mara LeBlanc

S.A.R.T. Sexual Assault Response Team: Meet the Members



Mara LeBlanc

Kelli Miller

Kelli is a member of the Health Service team. Her time as a medical assistant has led her to have many interactions with sexual assault victims that she hopes to help by being in SART. Kelli Miller has been in the group since its formation in 2009, and currently lives with her husband and four kids in St. Peter.

Chelsea Johnson Features Editor

One in four college-aged women report experiences that meet the legal definitions of rape or attempted rape.

With some of the highest statistics for sexual assault, college campuses around the country are working harder to provide safe resources and advocacy for their students, and Gustavus is no exception. Gustavus' Sexual Assault Response Team, (SART), is made up of seven members of staff and faculty that, by definition, are available to provide support, information and assist with resource referrals. With a member on-call every hour of the day, SART hopes to show students that there is always someone to talk to.

"We want to make sure all students understand that we are completely confidential and that we don't have an 'agenda'—We are simply there to provide possible courses of action and support them in whatever course they choose. It's never too late or too early to call," SART member Kristen Nelson '06 said.

"Being advocates, we are glad that students get help and reach out to whoever and however they feel comfortable," SART member Jill VanOsdol '10 said. "Being that we are one of the few resources on-campus that is completely confidential, safe, free, and available 24/7, we hope that students feel comfortable reaching out to us."

The seven members are passionate about helping stu-

dents feel safe to talk about their experiences, and hope their usefulness continues to grow.

"I think students are starting to realize that we are here, that they have access to us. I think we could be utilized even more by students who haven't come forward or aren't ready to talk about it yet but they should know that they can come to us and we will be confidential," SART member Kelli Miller said.

Assistant Professor in Classics and Women, Gender and Sexuality Studies Yurie Hong deals often with students that come to her with similar problems. Classic ancient texts often depict various forms of sexual assault, and being a teacher of texts such as these makes Hong very familiar with the pain that these issues bring to the surface.

"Recently there was an article where a professor talked about the fact that every time she taught certain texts, the issue of rape in its modern context would come up because of its reference in the stories. Students say to me as well as that professor that they are traumatized by the text and want to talk about the issues in both ancient and modern contexts," Hong said.

Seeing these issues in our loved ones, classes, and everyday life can be extremely difficult, but for these members it makes their sense of urgency to help others even stronger.

"While in college, I was able to help a close friend through a terrible experience by helping her find the support and help that she needed, [and] that is where my

interest in being a member of SART really came from," SART member Sara Sletten said.

As well as being a place to get further resources, a place to talk and not be judged, and a place to get unbiased support, SART is first and foremost an advocacy group. They advocate for your wellbeing, and your rights.

"We are not counselors or health care providers, we are advocates—we are there to walk hand in hand with students to help them work through issues regarding what happened to them," Team leader Patty Dawson said.

A member of the SART team can be reached 24 hours a day by calling 507-933-6868.



Submitted

And so it goes No quick shots with gun control



Brittany Knutson
Staff Columnist

Dec. 14, 2012 will never be forgotten. Like the Columbine shooting or 9/11, every American citizen will remember exactly where they were sitting when they heard about the slaughter of 20 elementary school students and 7 teachers at Sandy Hook Elementary School.

I was in class, expecting to spend an hour reviewing for a final, but instead, talking to my professor and peers about the tragedy.

Gunman Adam Lanza carried a Bushmaster .223 rifle, 6,000 rounds of ammunition and spent only ten minutes in the elementary school. 6,000 rounds of ammunition loaded in high capacity ammunition clips cre-

ated a lethal combination.

Ammunition and high capacity clips are sold online and at department stores purchased without background check, volume limits or IDs. I cannot walk into Walmart and buy a CD with vulgar language or Sudafed without showing my ID, but I could walk out with a cart full of ammo unquestioned.

As an NRA card-carrying member, I recognize that gun control is a sensitive issue; I recognize the importance of second amendment rights; I recognize the controversy. But I also recognize the importance of dialogue in a nation where 155 people have been killed in mass shootings in the past year.

Considering the rise of mass shootings in the United States and the importance of second amendment rights it is imperative that we start the conversation regarding gun control to find a well-balanced solution that will save lives.

We avoid controversial conversations following tragedies for two reasons: the emotional nature of these conversations and the fear of political polarization.

First, when a mass shooting takes place, it is high profile and highly emotional. This type of shooting grips the nation. Those



Creative Commons

No matter your stance on gun control, I think we can at least all agree we don't want my uncle Jimmy Bob to get ahold of one of these.

in positions of power say now is not the time to exploit these events for political purposes.

However, when the discussion is postponed, pressure comes off of policy makers, the immediacy fades and everyone turns their attention to something else.

The 'it's too early' argument is compelling, but irrational. Firearms are consumer products. If this were some other consumer product -- if this were an airplane crash, or some major car crash, or poisoned food -- people would say, 'Okay, let's look at how we prevent this from happening again.' It's only when guns are involved that people say 'it's too early.'

Second, we are afraid to approach the topic of gun control as it is a significantly polarizing conversation. Fear of political polarization comes across as an unwillingness to have this conversation in both boardrooms and living rooms.

The threat of an executive order without compromise only harms the conversation. Overwhelming political division surrounding the gun control

conversation requires a lasting compromise only possible if we are willing to engage in serious and possibly uncomfortable political dialogue. National tragedies, such as the Sandy Hook shooting transform the conversation from a theoretical debate to a necessity for action.

Stephen Barton, a survivor of the Aurora shooting remembers hearing gun shots and thinking they were fireworks. Shari Thornberg, an educational assistant at Sandy Hook remembers attributing the noise of gun shots to janitors taking down risers in the gymnasium, but following these events, Americans hear a pop in a crowded theater or a bang from the opposite end of a school building instantly freeze with fear. We must allow this fear to motivate, not stagnate, inspiring conversation.

Please share your opinions. I recognize that many people in the Gustavian community have strong opinions on this topic. I also recognize that engaging in an uncomfortable conversation with a friend, professor or rela-

tive may cause uncomfortable feelings or even fear. However, I encourage everyone to participate in this national conversation.

I hope that this article helps spur a more local conversation as well. I look forward to respond to this article, either by commenting online or writing a letter to the editor. I encourage you to raise the conversation among a group of friends in the cafeteria.

I encourage you to challenge others to think about this difficult issue and challenge yourself to share your beliefs while simultaneously exposing yourself to other beliefs. We cannot afford to allow the topic of gun control to fall off of the front page of national newspapers without finding a solution to avoid future tragedies.

Got opinions?

Apply to be a Weekly Opinion columnist.

E-mail kericks7@gustavus.edu for an application.

Deadline is Friday Feb. 1



Editorial

Behind THE GUSTAVIAN WEEKLY there is a dedicated staff of editors, photographers, writers and graphic designers.

As a staff each week we make tough decisions regarding what articles to write, how to lay out our pages and cover our stories to bring the Gustavus community a high quality campus newspaper. In order to do this, we must constantly weigh the security and sentimentality of tradition against the risk and potential of innovation.

For the past year and a half,

the woman in charge of managing these decisions has been the brilliant Victoria Clark. As editor-in-chief, she has gracefully balanced the newspaper's quality and growth in a way that has excellently served the Gustavus community.

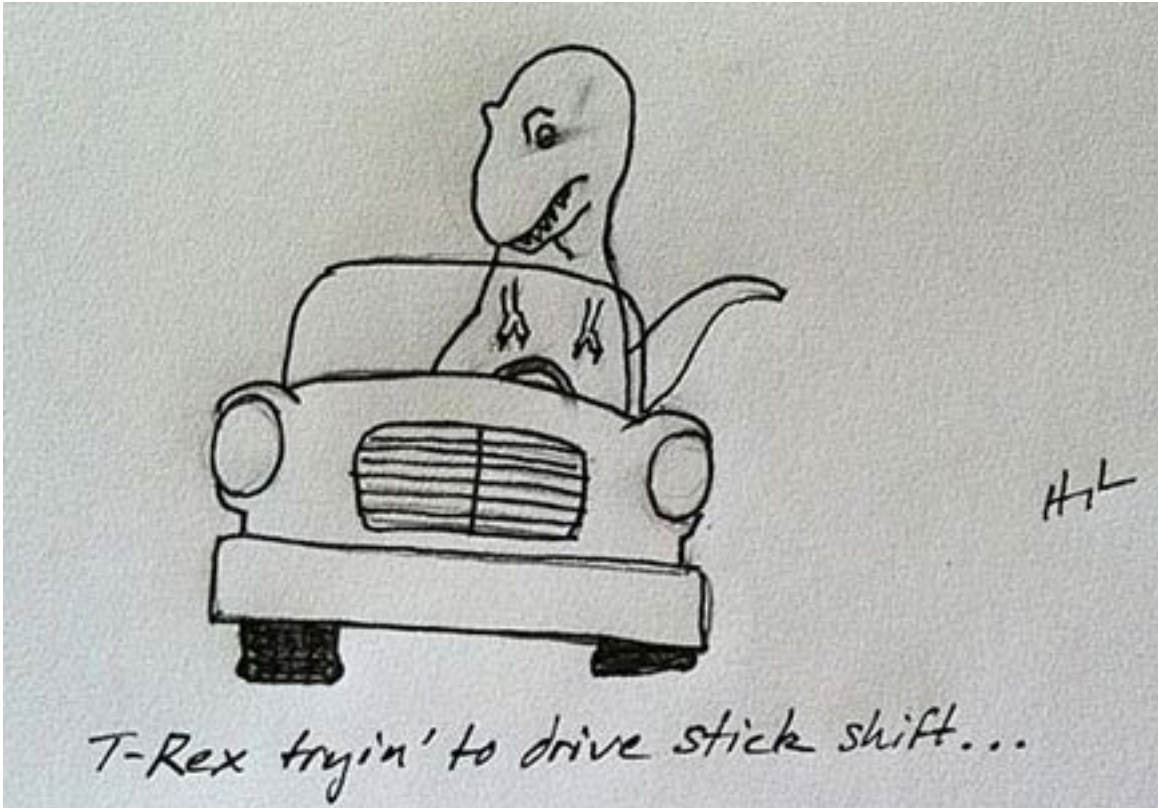
THE GUSTAVIAN WEEKLY family would like to thank Victoria for her work as she steps down from her position on the paper to study abroad in Edinburgh.

Although it will be hard to fill the shoes of Victoria, I, Kate Plager, am proud and eager to fill the role as editor-in-chief for

Spring Semester 2013. I feel confident that with the support of this strong staff, The Gustavian Weekly can continue to develop in its tradition through innovation to best meet the needs and interest of the Gustavus Community.

Editor-In-Chief Kate Plager and The Editorial Team
weekly@gustavus.edu

A tip from your bonny lass Take pride in your funnies



If this made you laugh, you probably don't agree with me.

Creative Commons



Riley Lass
Staff Columnist

The old saying goes, "everybody's a comedian." I have known this to be true for some time. One on one, you'll find that I crack jokes often, always going for a laugh. When in the presence of a larger crowd, one might find that my disposition changes drastically. That's because instead of joking for the amusement of all, it seems a group belches anything that remotely resembles comedy in a free for all. The quality of a joke is lost as soon as it's used as a tool for attention. Jokes are gifts to lighten the hearts of others. When the gift is imposed on the self, its purpose is defeated! Despite this truth, I believe anybody would agree they would rather have a bad joke be lauded than a good joke go unappreciated. Therefore, the bulk of the jokes I hear today are quick one-liners aimed to get a forced laugh from as many idle ears as possible. It's lazy comedy, and it's the cardinal sin of any comedian. Two come to mind: references and puns.

I don't know if I've ever been amused by a pun before. Don't get me wrong, sometimes I am impressed with their cleverness, or I appreciate how well-crafted one has been put together, but in all honesty I've never heard one and thought, "What fun! More please!" A pun is less a joke and more an algorithm. They forgo the common (and

most important) rituals of a joke like timing, set up or emphasis. Instead, making a pun is more like a scavenger hunt for words of likeness. Once you have the necessary ingredients, voilà! The joke is in your hands and no more work is required.

Normally, I wouldn't get so fumed from some puns, but they're becoming more lazy. If you can believe it, the premise of a pun is being compromised to be made easier. An eruption of has appeared lately because they're easy to make, easy to distribute and since nobody takes them seriously, easy to forgive the poor soul who thought they did a good job making the pun. Hence, they're perfect for internet comics with the least bit of time and lust for attention. One of the laziest puns is a T-rex that cannot complete an action because he has small arms. That's the joke! I couldn't begin to tell how often I've seen comics of a T-rex just reaching for something. That's not a joke, it's a travesty.

Speaking of travesty, references for laughter's sake aren't any better. It's interesting to think that someone can say, "remember slap-on bracelets?" and we laugh. We laugh when we hear a pop culture reference out of nostalgia, we remember enjoying it, so we laugh at the referenced rather than the reference. Laughing at a pop culture reference also shows that we understand it. It creates a sense of inclusion; we don't want other people to think we didn't get the reference, so we laugh to show that, we, too, understand; we, too, know our culture. This also follows the algorithm, and I think it's even easier than making a pun. Probing someone's mind for a memory of a pop culture item, especially in our world of infinite connectivity to entertainment, makes for a fish-in-a-barrel type joke. What's more, they'll never die as long

as we can relate to our peers through pop culture items.

All that set-up nonsense is too much to think about when there's attention to be had. Puns and references just fit the YouTube generation so well; I'm probably rattling for naught. If anything, I won't be endorsing memes nearly as often. If it takes 200 before my comedic appetite is mildly sated, then they can't be regarded as an effective form of comedy. Humor is created by the subversion of expectation. And still we laugh at puns and references, the most predictable jokes. But then, [all that set-up nonsense...]

Letter to the editor

Please accept my thanks and appreciation for the online emendation made to Tram Bui's article concerning the chaplain search process in the 7 December 2012 issue of THE GUSTAVIAN WEEKLY, namely that the phrasing of my "abrupt departure" was made in reference to President Ohle's unilateral reconfiguration of the full-time faculty position that I had held since September 2009 rather than a singular action taken of my own accord. I also applaud Ms. Bui for the thoughtful and courteous message sent to me that very morning, a model gesture of dialogue, diplomacy, and sincerity that the President himself would do well to emulate.

I also write in response to the staff editorial published in the same issue. Though the perspectives presented here are certainly sensible and noble, I sense that the time for "pragmatism" has come and gone (that is, if such a time even existed in the first place). Unfortunately, the tensions that plague the campus are rather commonplace throughout higher education as an increasing number of news reports, peer-reviewed articles, and monographs make clear. What really allows Gustavus to stand apart is the egregious nature of the President's brazen disregard for the ethos of the "core values" displayed on campus banners and espoused in "College of the Church" literature, an implicit antagonism toward the inquisitive nature of a liberal arts education, and a troubling inability to measure or comprehend long-term consequences of his largely cosmetic and superficial handiwork.

I point, of course, to the example of my own experience as one suddenly released from serving and teaching in the Church presumably because

I would not appear as reflective of the College's heritage to visiting foreign dignitaries as others would. Moreover, the conflicting administrative rationales proffered to colleagues and myself were nothing more than unimaginative strings of psychobabble and evasive reasoning—some were outright lies. If this indeed is the President's measure of "the highest level of integrity and quality" (excerpted from his comments in another article from the 7 December WEEKLY issue), then perhaps the questionable decorum of "GustieLeaks" stands as a proportional response to the severe administrative imbalance between word and action.

Though I continue to dearly miss my students, colleagues, and friends on campus, my sadness for the state of the institution is increasingly supplanted by shame: not just a casual sense of chagrin, but a gut-wrenching and almost nauseous humiliation. I am personally embarrassed by the questionable ethics and unbecoming actions of this President and other senior administrators, devastated that Board of Trustees representatives would lend endorsement such behavior, and mortified by grammatical mistakes and the facile timbre of fundraising literature. Certainly the College will "survive" (for lack of a better term) the present leadership crisis, but it is readily apparent that the long-term healing process can only begin with a new President selected through clear and transparent means, an individual who can both lead with and embody the "highest level of integrity and quality" befitting a College of the Church.

—Former Gustavus Cantor
Chad Fothergill

Presents to the President



Blake Van Oosbree

* The Calendar Page is considered editorial. The opinions expressed herein are not the opinions of THE GUSTAVIAN WEEKLY, but rather the personal notes of President Ohle. Looks like all these people aren't going to bring him down!

Friday, Jan. 18

Cardio Mixx

Lund 224
6:15 a.m.

The best joke on this page is an event starting at 6:15 a.m. during J-Term.

Weekend Movie: *Here Comes the Boom*

Wallenberg Auditorium
8 p.m.

What gets beaten up worse: Kevin James's character in the movie or this movie by critics?

Saturday, Jan. 19

Weekend Movie: *Here Comes the Boom*

Wallenberg Auditorium
8 p.m.

But for real, Kevin James was totally snubbed by the Academy Awards.

Sunday, Jan. 20

Weekend Movie: *Here Comes the Boom*

Wallenberg Auditorium
2 p.m.

The title just references the number of times the microphone boom was accidentally on screen.

Monday, Jan. 21

Yoga with Kelly

Lund 224
5 p.m.

How many of these exercise classes survive the winter?

J-Term Yoga Class

The Dive
7 p.m.

Looks like Kelly has some competition!

Pinterest Parties: Scarves, Bracelets & Handwarmers

Courtyard Café
7 p.m.

The craft bank is charging 3.45 percent Pinterest on loans.

Tuesday, Jan. 22

Teachers Talking

Banquet Room B
11:30 a.m.

IT'S J-TERM. THE ONE MONTH WHEN THIS SHOULD NOT HAPPEN.

J-Term Sampler: Grief Healing

Linner Lounge
2:30 p.m.

Or as Charlie Brown calls it, "Good Grief!"

Wednesday, Jan. 23

Bootcamp with Brenda

Lund 224
12 p.m.

I am just loving the number of personable fitness classes!

January Reading Group: *Drive: The Surprising Truth About What Motivates Us*

Faculty Staff Lounge
3:30 p.m.

This goes against everything J-Term stands for.

J-Term Kick-Boxing and More Class

Alumni Hall North
7 p.m.

Just a class where you put trendy shoes in boxes.

Thursday, Jan. 24

Step Aerobics

Lund 224
12:40 p.m.

I was really hoping it was going to be the Russian themed "Steppe" Aerobics.

Illusionist: Jared Sherlock

Alumni Hall
9 p.m.

Not to be confused with the *Allusionist* of the same name whose performances are best known for their expansive pop-culture references.

Feit-sty Horoscope

Aries

Your broomball skills are no match for the parking lots of Gustavus.

Taurus

The fanbase of *Reading Rainbow* is stronger than any army.

Gemini

Amid allegations of horsemeat being in hamburgers, restaurants have changed one name of a common entrée to the "Filly Cheese Steak."

Cancer

The NRA is the ultimate troll.

Leo

Your New Year's resolution to fail on your resolutions is going well.

Virgo

Don't tell your friends that you didn't watch *Boy Meets World*. You'll never make it out alive.

Libra

Your pitch for the mind-bending sitcom *Postmodern Family* is just ahead of its time.

Scorpio

I bet *Sports Illustrated* regrets putting Lance Armstrong on the cover so much.

Sagittarius

You'll eventually get over your rage of *Twilight* getting snubbed once again by the Oscars.

Capricorn

The brevity of J-Term was the true inspiration of Robert Frost's "Nothing Gold Can Stay." That's right, read the calendar section, get an educational lesson of a lifetime.

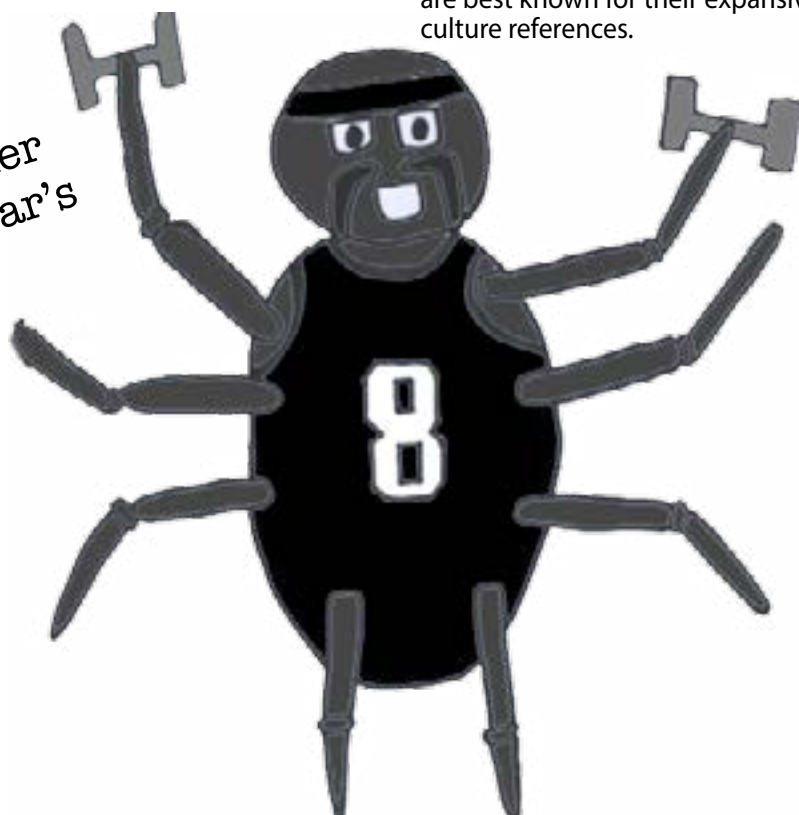
Aquarius

Perhaps the most controversial part of *Django Unchained* is that it will lead to legions of men growing extravagant beards.

Pisces

The library during J-Term is like MySpace.

You won't find Manspider slacking on his New Year's resolutions.



NHL returns to the State of ice and snow



Linnea Moat
Sports & Fitness Editor

With the signing of the Memorandum of Understanding on Jan. 12, came the end of the 119-day NHL lockout, sending teams scrambling to sign players and begin training camps before the season begins on Jan. 19. The Minnesota Wild hit the ice on Sunday with players and Coach Mike Yeo present.

Although many are relieved that the lockout is finally over, the lengthy negotiations have left many fans frustrated, with

some fans going so far as to promise to boycott the NHL this season. Excitement regarding the acquisition of defenseman Ryan Suter and forward Zach Parise remains high, however, and both players have apologized to Minnesota fans for the chaos surrounding the lockout.

"We definitely have to apologize for putting the fans through that. Then we just have to go out and play our hardest for them and know that if we play our hardest, hopefully they'll come back," Suter said in a press conference on Jan. 8.

"You apologize, and want to put a great product on the ice and slowly earn their trust back," Parise said in the same press conference.

Another way the team apologized to the fans was by holding a scrimmage at the Xcel Energy Center on Wednesday, Jan. 16 that was free and open to the public. Tickets sold out quickly, proving that although some fans are upset about the lockout and promised to boycott the season, many other fans are still excited to cheer on their home team.

Due to the length of the lockout, the NHL season will be

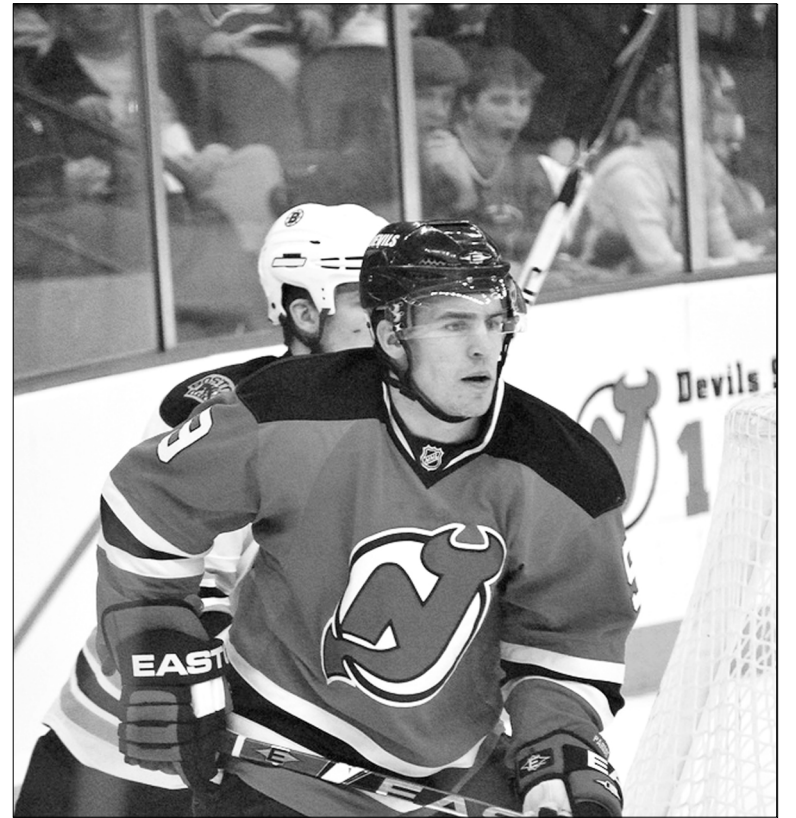
short this year, with 48 games being played in 99 days.

"It's going to be a sprint right away to get into the playoffs. Before anyone knows, the playoffs will be starting. It's going to be pretty unique," Parise said.

The Wild will kick off their season with a home stand on Saturday, Jan. 19 when they will host the Colorado Avalanche. Despite the shortened season, aspirations are high for the Wild this year. With the signing of Suter and Parise this summer came high expectations for how the team should be able to perform. The players are aware of this increased pressure and have embraced it wholeheartedly.

"More than anything else, I want to win. I think it'd even be that much more special if we can do it here. Fans here deserve a championship team. That would be the ultimate," Parise said.

Single game tickets went on sale on Wednesday, Jan. 16 and are still available.



Zach Parise, who now plays for the Minnesota Wild, is a crowd favorite and expected to do well as a forward for the team.

Women's hockey sets sight on final four goals

Imani James
Staff Writer

The women's hockey team's Head Coach Mike Carroll believes the season has been good so far and notices the building chemistry that continues to grow within the team. He believes that the younger players are working just fine with the rest of the team. The team seems to recognize their mistakes and use them as tools for learning, while they remain in control of their game and put their best foot forward.

"Each team, each year is different," Coach Carroll said.

In their recent team trip to Austria, the women's hockey

team won all three of their games played there. The team goes every three years and the goal is to give the girls the experience of going to another country. The hockey season takes up both semesters and does not allow players the opportunity to travel abroad, therefore the coaches take that opportunity upon themselves to make it work out in the best way possible. Traveling together as a team has brought the girls even closer and has been a team bonding experience.

"We really go for the experience of the players. It's more about them being able to see different parts of the world,"

Coach Carroll said.

Coach Carroll still explains even with a great season so far, there is room for improvement. The team stats need more attention and the power play percentage is not where the coaches would like to see it. Overall Coach Carroll feels the need for composure in the defensive zone. He simply hopes to continue doing well and see the team get better each day. Of course they all hope to win the last game.

"If we win our last game of our season, that means we're doing something right," Coach Carroll said.

First-Year Forward Brianna Seebold makes it her goal to get better every practice and improve on the little things to help the team win every game. As a First-Year playing college hockey, she believes her experience has been nothing but good this season with her new team. Overall the women's hockey team is doing great with their wins, but Seebold believes there are still things to improve.

"I think our trip to Austria was a great experience, and it brought all of us together. We learned about each other in a way what would have never otherwise learned," Seebold said.

Seebold hopes to end on a good note and keep winning for the rest of the season. As a first-year here, Seebold wishes to improve in her time here, so she can be a good asset to the team every year. She looks forward to the years ahead playing for the women's hockey team.

Senior Defense Lindsey Hjelm has had quite the ride and ex-



The Gustavus Women's Hockey team gathers on the ice after practice in Vienna.

perience as she will finish her last season playing hockey here at Gustavus. Hjelm feels it is a personal goal of hers to always carry a positive attitude and encourage her teammates. She also hopes to win the MIAC and playoffs and make an appearance in the final four.

"This season there has been lots of team bonding and growing chemistry with all of the players. I think all of the girls have potential to just keep getting better," Hjelm said.

Hjelm would like to see them all continue winning games and playing well. Right now she feels they are undefeatable, and she hopes to stay on that track. As she reflects back on the trip to Austria, she feels it was an excellent experience to get to know each other better as well as learn more of one another. Hjelm is very happy

to say their team won all three of their games during their stay in Europe.

"Team travels bring the team so much closer," Hjelm said.

As Hjelm ends this season, she hopes to return to the final four this year. The women's Hockey team has made it to the final four for the past three years. She also plans to win games and set standards for the team to achieve their goals. Hjelm is a strong believer in making the most out of every game. She hopes to leave and look back on her four years on the Gustavus team fondly, remembering the many victories they achieved and bonds they made.



Melissa Doyle

While in Europe, the ladies on the hockey team had the opportunity to have fun on and off the ice.

SPORTS & FITNESS

JANUARY 18, 2013

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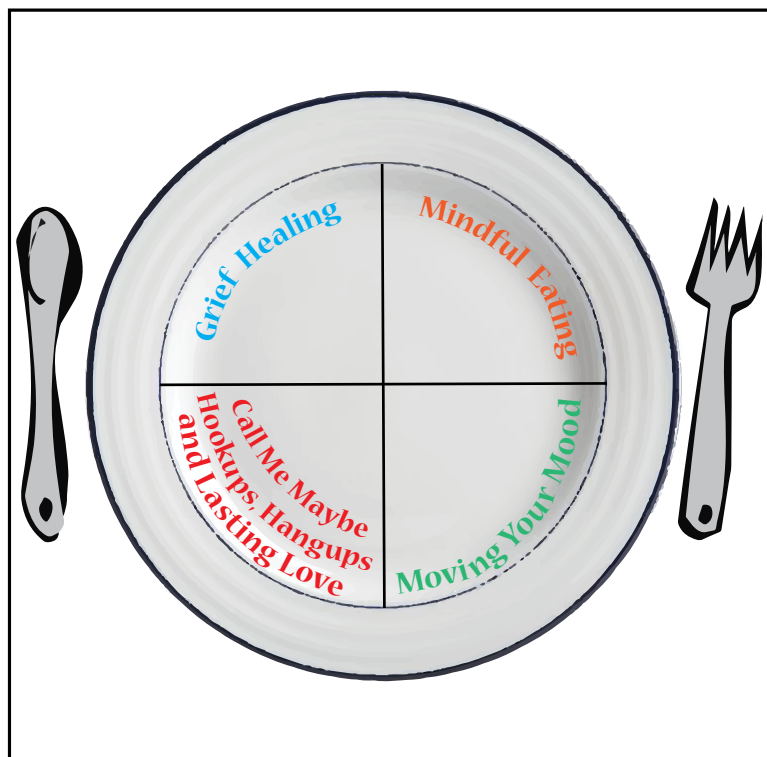
Students Sample Wellness this January

Renee Hoppe
Asst. Sports & Fitness
Editor

While many students see January Interim Experience (J-term) as an opportunity to recover from the rigors of fall semester, it can also be a time of personal growth and rejuvenation. This was this idea that sparked the Counseling Center to create the J-term Sampler series.

This four part series was created in response to common concerns they see amongst students who take advantage of the services that the Counseling Center has to offer. The first event, "Moving Your Mood," provided students with an introduction to Cognitive Behavioral Therapy in which they received advice on how to use their thoughts and behaviors to address symptoms of depression and anxiety.

The second sampler, "Mindful Eating," was centered around the idea of awareness as it pertains to students' physical and mental health through food. Because students are notorious for choosing food based on what is convenient and eat on the go, mindless eating patterns are common. As a result, many students suffer from poor nutritional health or even disordered eating habits. This workshop provided students with the tools to improve their knowledge of how to fuel their



Blake VanOsbre

Through attending these group counseling sessions, students get balanced servings of both physical and mental health.

mind and body.

Part three of the sampler, "Grief Healing," will take place from 2:30-4:30 p.m. in Linner Lounge on Tuesday, Jan. 22. This session will present students with facts about the grieving process as well as creative strategies for addressing the emotions and thoughts associated with that process.

The final portion of this sampler, "Call Me Maybe: Hook-

ups, Hang-ups, and Lasting Love," will take place on the following Tuesday from 2:30-4:30 p.m., also in Linner Lounge. The focus of this class will be creating and maintaining healthy relationships as well as strategies for when things get complicated. Additionally, students will learn techniques for identifying what makes a healthy or unhealthy relationship.

In creating this sampler series, the Counseling Center hopes to attract students who appreciate the importance of being physically and mentally healthy in order to create groups to continue with their counseling throughout spring semester. These groups would support each other as students develop as individuals.

"Unfortunately, there is a stigma against group therapy or group counseling. Because students are oftentimes unsure of what it consists of or nervous for fear of being judged, they don't realize that group therapy is both empowering and validates you as a human being," Counselor Jen Hommerding said.

In order to get more students interested in participating in group counseling, the Counseling Center is hoping to create and maintain a variety of groups for this spring. Some examples are Exploring Perfectionism, Moving Your Mood, a GLBT group and any other kind of group that students show interest in.

Although students are usually stretched for free time during spring semester, J-term can provide busy Gusties with the perfect opportunity to take some time out for themselves. By attending group counseling sessions such as these, students receive necessary tools to help them both get through the stressful times during the year, as well as enjoy the good times.

SPORTS SCHEDULE

Friday, Jan. 18

Men's Swim & Dive
@ Grinnell College
Invitational

Men's Swim & Dive
@ Grinnell College
Invitational

Saturday, Jan. 19

Men's Swim & Dive
@ Grinnell College
Invitational

Women's Swim & Dive @
Grinnell College Invitational

Men's Basketball hosts
Concordia College 3-6
p.m.

Women's Basketball
hosts Concordia College

Men's Nordic @ NCAA
Qualifier

Women's Hockey @ St.
Catherine's University

Gymnastics @ Hamline
University Triangular
6:30-8:30 p.m.

Monday, Jan. 21

Women's Basketball @
St. Olaf College 1-4 p.m.

Men's Basketball hosts
St. Olaf College 7:30-
10:30 p.m.

Wednesday, Jan. 23

Women's Basketball hosts
Bethel University 7:30-
10:30 p.m.

Men's Basketball @
Bethel University 7:30-
10:30 p.m.

Basketball season in review



Gustavus Sports Information

With many first years on the team, the men's basketball team has had some challenges this season, but continues to improve.

Men:

Games Played: 15

Wins: 10

Losses: 5

Games Remaining: 10

Highlights: On Jan. 5 the men were scheduled to play Hamline, which was cancelled due to one of the Hamline players allegedly punching a woman in the face and the team being disbanded.

Top 5 Scorers: Jim Hill, Isaac Tapp, Ben Biewen, Jordan Dick and Blake Shay

Women:

Games Played: 14

Wins: 10

Losses: 4

Games Remaining: 11

Highlights: At their Jan. 5 game against Hamline, the women dominated with a final score of 87-57, bringing them to 8-2 overall and 7-0 in the MIAC.

Top 5 Scorers: Julia Dysthe, Kelsey Florian, Abby Rothenbuehler, Karina Schroeder and Stephanie Comer



Gustavus Sports Information

For the women, this season has been marked by both big wins and big losses.